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The Weekly Newsletter of Sydney Boys High School

Vol 23 No 04 25 February 2022

# From the Principal High Talent

A belated congratulations to Rachit Saini (11E)

who came first in the state in Hindi Continuers at the HSC in 2021 while studying the rest of his subjects in Year 10! A great effort, Rachit! High was again successful at the CHS Rowing Championships held in Grafton. Although our



preparation was disrupted by COVID, our crews performed well. Gold medals – Championship VIII, Championship IV, Pair, Quad sculls, U17s quad sculls (5). Jack Smiles (12R) and Maxime Jalbert-Locke (12S) won three gold each. Silver medals – Championship VIII, Championship IV,



U17 double, U16 quad sculls, U15 Double, U15 quad sculls (6). Well done lads. Thank you to MIC George Barris, Con Barris, John Croll and Kevin Eadie, along with the Rowing Committee for supporting this regatta.

# 2021 Budget Summary

Balance brought forward was \$975,727. The total income from DoE was \$12,035,877. Total income from school and community sources \$3,787,276, including grants and contributions (\$3,754,159), sale of goods and services (\$32,259) and investment income (\$1,858). Income from all sources was \$15,824,153. Within those totals, donations to the SHS Building Fund and to the P & C were \$496,778. Total payments were \$16,112,243, predominantly salaries and wages for staff (\$12,760,754) and operating expenses (\$3,252,702). Key Learning Area expenditure was \$238.767. Utilities costs were \$15,607. Other operating expenses were (\$637,357). Property Maintenance costs were \$578,024. Furniture and equipment (\$338,679). Funds available \$16,799,880. Overall, payments as a percentage of funds available was 95.91%, meaning we do not build up reserves beyond a carried forward operating balance. The 2021 payments percentage was higher than normal,

due to properties projects being brought forward during the period of lockdown when students and staff were not on site. At High the very strong reliability of our income flows from parents through donations and contributions has allowed this very high expenditure percentage to be maintained for 22 years. I am counting on that great support continuing in 2022!

# Junior Awards Assembly 2022 - 15.2.2022

My speech to the Junior School Student Awards Assembly is reprinted below:

'Good morning and welcome to our Awards Assembly for the Junior School. As Principal, I enjoy these assemblies because I see so many boys being recognised who embody the ethos of our school – nurturing scholar-sportsmen since 1883. We value dedication. You have shown it. When the Student Awards Scheme is taken up seriously by our students, we also do better academically. High participation rates in the Student Awards Scheme help co-curricular and academic success. Last year was another difficult year because so many events were cancelled and many fewer opportunities to participate were on offer. We had to pro rata the required points to make the Scheme equitable in a COVID-dominated environment

We want all Year 7 and later-enrolling students to take up the challenge to participate in school life. There are five good reasons you should participate. First, you will develop your social skills more quickly in more contexts to build positive relationships with more people. Second, you will learn how to manage your time better because you will be busy. Third, you will be able to explore a wide range of interests. Fourth, you will learn the value of commitment to an activity over time. Finally, your self-esteem will be lifted by your involvement with others as you grow.



You need to earn a progressively higher minimum number of points in the school year starting with 128 points for bronze. As you reach higher award levels, you need to score more points overall (128 becomes 144 then 160). For 2021, we needed to reduce the points required by 25% to allow for a term missed through lockdown.

The Student Awards scheme at High evolved from a three-level scheme to a six-level system with an honour board entry for all school trophy winners. However, Nathan McDonnell (SHS 2008) earned so many extra award scheme points that we set up a 7<sup>th</sup> level for him. The McDonnell Award became the honour board level. Shuming Wang (SHS-2013) earned a whole lot more points than the McDonnell Award required, so an 8th level was added, named after the first Principal of High, Joseph Coates. An extra board was added for this award in recognition of the wonderful involvement in school life demonstrated by the recipients. Beyond that level, recognition is sought for boys at a state level. The administration of the scheme is electronic, with a running tally of points being kept for every student. Nonetheless, it is the responsibility of each student to check his file to see if he has been awarded all the points he is entitled to. If there is an error, he should notify the Manager in Charge of the activity, to have the correct points authorised and sent to the DP.

Last year students in Years 7 & 8 earned 184 bronze medallions, 49 silver, 20 gold medallions, 1 platinum and even one plaque – 255 awards in all.

I want to thank each **student** receiving an award today. You showed by your broad participation in school life that you understand our driving purpose here – to grow as people, caring about other people and collaborating or cooperating with them. We want you to build **respectful relationships** with others through participation. We hope you will show **compassion** through school or community service. We want to enlarge ourselves. Our goals are collegial as well as individual. Get involved this year for the first time or stay committed to the



Scheme if you are in it. If you do, you will feel a greater sense of belonging to the school; and you will also understand better what we mean when we say, that we have the High spirit'.

Dr K A Jaggar Principal

# **Presentation Night Photos**

Students can find unedited photos from the night here W:\Photo Archive\2022\Events\Presentation Night\unedited Jenni May Photographer



# **Healthy Menu**

High Canteen is so proud of our healthy menu and earning the certificate and badge of being an accredited "Healthy School Canteen".

Sydney Boys website > About > Parents and Students > Canteen (www.sydneyboyshigh.com/school/canteen)

#### **Canteen Lunch Orders**

Lunch orders can be placed between 8:30am and 9:00am

in person or online via flexischools.com.au.



To speed up lunch order collections, have your Student ID card ready to show the canteen staff.

#### **Flexischools**

When setting up your Flexischools account, it is better to increase the automatic top up trigger amount – suggested amount is \$10. This will ensure the student have sufficient funds to make purchases at the canteen window.



## **Committee News**

A special thanks is extended this week to Tania Kirkland



(Matthew 12R and Ryan 9S), who stepped down as the President of the High Canteen Committee at the end of 2021 to further her studies and career. We are so deeply

grateful for the commitment and time she graciously dedicated to making certain High Canteen ran like clockwork – thank you lovely lady!

We are still seeking expressions of interest for the President and Vice-President positions for 2022. Please email <a href="mailto:canteen@sbhs.nsw.edu.au">canteen@sbhs.nsw.edu.au</a> if you are interested.



# **Appreciation**

This week the High Canteen says thank you to the following wonderful group of dedicated volunteers:

# 14-Feb

Lisa Fackender (Yu Ming Lee 12T), Jessica Tam (Kayden Jay Santoso 8M), Grace Guan (Ethan Paw 8F), Kerrie Lane (Oscar Greville yr11).

# 15-Feb

Chulamanee Kow (Hoger 9T), Hanh Nguyen (Michael Truong 7M), Sandy Sha Sha (Kai Wen Wang yr7).

#### 16-Feb

Emily Kuo (Joshua Harrison Kuo 7R), Juliet Zhu (Leqi Wu 8R), Likang Wang (Ethan and Glyn 12S & 12E), Jessica Pu (Jayden Chen 10F), Qihua Xu (Jiekai Miao 7E).

# 17-Feb

Sandra Jouravlev (Micah Jouravlev 9R), Victoria Panevin (Michael Lippa 8E), Angela Soo (Kenzie Max Yuan 7S), Anandalakshmi Thevampalaya (Thilak Velliangiri yr12).

#### 18-Feb

Cynthia Leung (Lachlan Leung 9E), Kaddy Zhou (Ethan Yu 7F), Meilin Gao (Jerald Yu 9F).



# Volunteers - Important



We ask all volunteers to please continue to check-in using <u>both</u> Service NSW and Canteen QR Codes. The Service NSW check-in is required for COVID regulations, and the school is required to keep a record of all volunteers on site.

It is essential you do not attend the canteen if you:

- have tested positive to COVID-19.
- are a close contact of someone who has tested positive for COVID-19.
- have been tested for COVID-19 and are awaiting test results.

Please follow NSW Health guidelines on what you need to do before returning on site. Please inform the volunteer co-ordinator, before your scheduled shift, if you are unable to attend.

Heidi Yuen (Lachlan Yuen 8S) Canteen Committee Rep







# **IMPORTANT - Covid Requirements**

\*Students who do not feel well should NOT be at school and therefore should not be attending ensemble rehearsals and/or private instrumental lessons.

\*Students will need to bring their own instrument(s)/equipment/accessories (e.g. guitar picks/drum sticks/guitar leads etc.) - items will NOT be loaned and/or supplied by the Music Department

\*Masks must be worn indoors, however, removal of masks will be permitted for the playing of woodwind and brass instruments but must be worn immediately before and after playing.

\*Parents and Guardians are not to be onsite before/during/after ensemble rehearsals and/or private instrumental lessons.

## Music Storage Room

A reminder to all students:

\*The music storage room is ONLY for instrument(s)

\*Do not block the pathway when leaving instrument(s) in the Music Storage Room.

\*Please make sure to place your instrument(s) neatly in the appropriate instrumental bay(s).

\*Please ensure students have a clear name tag with their name/year on their instrument case.

\*Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

## Parent/Guardian/Student Communication

<u>Parents and Guardians</u>: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

<u>Students</u> will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.

Attention Music Ensemble Students: If you are in the Music Ensembles Program and have not yet received a Music Performance Program Canvas invitation, please email the Music Department: <a href="mailto:music@sbhs.nsw.edu.au">music@sbhs.nsw.edu.au</a> Please note: Students will also be notified of any music related events during ensemble rehearsals.



## 2022 Music Ensemble Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band & Symphony Orchestra 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Senior Strings Ensemble 7.45am – 8.45am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.45am – 8.45am Room 201	Philharmonic Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior Strings Ensemble 7.45am – 8.45am Room 203 Term 1 & 2 only	Marching Band 8.00am – 9.00am MPW Terms 1 & 4 only
Guitar Ensemble 3.20m – 4.20pm Room 201	Marching Band 3.30pm – 4.30pm Great Hall <i>Terms 1 &amp; 4 only</i>	Percussion Ensemble 3.20pm – 4.20pm Governors Centre	Ī	Jazz Ensemble 3.30pm – 4.30pm Room 201

# Please note:

## 2022 Term 1 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
Week 4A	Monday 21st February	HSC Encore, Angel Place (time TBC)	Elective Music Students in Years 10 – 12
Week 7A	Friday 18 <sup>th</sup> March	Head of the River Assembly, 10.15am Great Hall	Elective Music Students TBC
Week 10	Friday 8th April	Anzac Day Service, 10.55am	Trumpet Student TBC

# 2022 Term 2 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
Week 5C	Thursday 26 <sup>th</sup> May	Leadership Assembly, 9.55am Great Hall	Elective Music Students TBC
Week 5C	Friday 27 <sup>th</sup> May	Winder Sports Assembly, 10.15am Great Hall	Elective Music Students TBC
Week 10B	Thursday 30 <sup>th</sup> June	NAIDOC Assembly, 9.55am Great Hall	Elective Music Students TBC

<sup>\*</sup> The above schedule is subject to change. The Music Department will inform students asap via the CANVAS Music Performance Page and the school's daily notices if there are any changes

<sup>\*</sup> Guitar Ensemble: Students who are unable to attend one of the rehearsals can join the alternate session

<sup>\*</sup> Marching Band: Rehearsals only run in Terms 1 and 4 only. Compulsory attendance is required for students in Concert Band, Stage Band and selected Percussion Studently (no piano students)

<sup>\*</sup> Students must schedule private instrumental lessons at a different time to music ensemble rehearsals

<sup>\*</sup> An attendance rate of 80% is required per semester to obtain Award Scheme Points

<sup>\*</sup> Music Pocket: Attendance of 5 full years is required. New students in Years 8-11 will need to speak with the Music Department



# Cricket Results – 2022 Term 1 Week 3 GPS Cricket 2021/22 vs. Newington College

	Score	Result	Highlights
1 <sup>st</sup> XI	SBHS 10/135 <b>def. by</b> NC 6/136	Lost	X Nath 2/20
2 <sup>nd</sup> XI	NC 9/138 <b>def. by</b> SBHS 5/139	WIN	V Taneja 52 V Anand 40
3 <sup>rd</sup>	NC 9/146 <b>def</b> . SBHS 10/120	Lost	Chanakya 2/11
4 <sup>th</sup>	SBHS 10/58 <b>def</b> . <b>by</b> NC 3/59	Lost	
5 <sup>th</sup> XI	NC 2/188 <b>def</b> SBHS 5/87	Lost	
16A		Lost	
16B	NC 8/149 <b>def</b> . SBHS 9/119	Lost	
15A		Lost	
15B		No	
		game	
14A	SBHS 8/109 <b>def</b> NC 108	WIN	B. Saha 5/8
14B		No game	
13A		Lost	
13B		Lost	

# 1st XI Report

HIGH won the toss and elected to bat in our first home game of the season, hosting Newington College. As is the unfortunate pattern for HIGH, our top order crumbled against the relentless Newington bowling attack. Pranav Sampath (YR11) [20 (64)] and Raunak Roy (YR11) [29 (87)] stabilised the ship with a rigorous batting display, however, they failed to go on. Our keeper-batsman, Aayush Madan (YR11), had been retired hurt early in the innings, and with the score at 8/101, he returned to the crease showing true HIGH spirit. In a display of grit and resilience, Aayush [23 (44)] and our fast-bowling veteran Albert Giles (Yr12) [10\* off 18] constructed a last wicket partnership of 30 runs to post a competitive total and bring us back into the game. HIGH finished 10/135 off 49.2 overs.

We looked in contention early in the start of the second innings with Xavier Nath (YR11) snatching two wickets in quick succession, however, the experience of the opposition captain allowed them to pull through and stay ahead of the run rate throughout the innings. Some athleticism, and aggressive spin bowling saw HIGH claw our way back into the game, with Avi Ahi (YR12) breaking the partnership and Anay Baruah (YR12) claiming their captain's wicket with a stunning runout. However, 135 runs wasn't enough to defend at the end of the day and Newington claimed the win by 4 wickets. Special mention to Udey Gill (YR11) who was unfortunate not to get more overs, as he finished with outstanding figures of 0/5 off 3 overs, and as usual our quicks Xavier and Albert shone with the ball with figures of 2/20 (9) and 0/19 (8), respectively.

A disappointed HIGH continue to search for their first win of the season. Onto to next week!

Anay Baruah 1st XI Captain

# Team of the Week-2nd XI

Newington College had won the toss and elected to bat first on what seemed to be another game affected by rain. Sydney Boys opened the bowling with Nish Regulagedda (Y11) and Kavin Maran (Y11), keeping the runs tight and taking an early wicket with a sensational outswinger getting an edge from Nish and a good catch from Varenya Taneja (Y11) in slips. However, Newington's conservative batted limited the wicket-taking opportunities, as Sydney Boys bowled 17 more overs without a wicket. Atharv Ramakanth (Y12) made the breakthrough with a sensation delivery dismissing the number 3 batsman for little runs. Sydney Boys continued to control the run rate with Zayn Hakim (Y11) getting two successive wickets with a good catch from Taran Shah (Y11) and a caught behind from Raghav Malhotra (Y12). The bowling unit continued to stay strong, with brilliant fielding from Zayn Hakim, Ayaan Hafiz (Y10) and Ansh Marken (Y10) to frustrate the batsman and allow for the bowlers to take 3 wickets in 3 overs, and a run-out last ball by Raghav to finish up the innings. Newington finished 9-138 (50): N. Regulagedda 2/17 (10) [3 maidens], Zayn Hakim 2/26 (7), A. Ramakanth 1/13 (9) and T. Shah 1/28 (9). A brilliant bowling effort backed up by sensational fielding.

Varenya Taneja and Vishruth Anand (Y10) started the innings beautifully, wearing down the new ball, and despite the drizzle making the outfield slow, the openers kept the runs flowing. The chemistry between these two batsmen allowed them to bring up a classy 103 run opening partnership for the first time in the 2nd XI in at least 5 years: an incredible achievement. Varenya finished on a well-deserved 52 (99) with Vish being a catalyst to this achievement with a strong 40 (108) himself. Ansh backed it up with 19 (33), getting run out for Ilyaan Raza scoring the final couple runs to win the game comfortably. Despite too many wickets taken in our batting innings, Sydney Boys won by 5 wickets, 5-139

(45.2). Although it was a very solid win and overall incredible team performance right from the start, Sydney Boys look to use this game as a base to work from to get increasingly better for the last 4 games. With 2 games won out of 3 games, Sydney Boys are positive going into next week.

Raghav Malhotra 2<sup>nd</sup> XI Captain



Varenya Taneja after scoring 52



Anay Baruah, Xavier Nath and Albert Giles (left to right) representing the GPS against the NSW U17 Invitational XI on Sunday.

David Smith MIC Cricket Albert Giles Cricket Prefect 2021/2022



## **HIGH SAILING**

Sailing at SBHS has taken to a flying start for 2022. It has been great to see a large turn up for Saturday's racing-training sessions. With some challenging conditions on Saturday, our boys persevered through and still managed to hit the water.

A special shout out to our senior sailors Liem and Saxon who travelled to Lake Macquire last weekend to take on the Mirror State Championships. The Mirror class is one that is commonly shared between families with parents sailing alongside their children and transferring valuable knowledge. The two High boys were a vibrant resemblance of how far the SBHS sailing program has come. Competing in a State Championships contributes to a hopefully extensive sailing career for these boys. Liem and Saxon endured challenging conditions up in Lake Macquire but showed determination, nevertheless.

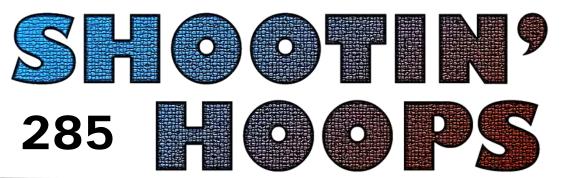
I would also like to give a special shout out to Ying Wu and Roman Luchko who volunteered their Friday evening contributing over 3 hours of their time to the sailing program and managed to help raise much-needed funds for the sailing program at High. Thank you to all the other boys and parents who volunteered their time your efforts have not gone unnoticed to the sailing program and will not be forgotten.

Things are beginning to ramp up for the racing perspective at High. With the GPS Teams Racing States insight, teams racing training has begun as we try to get an upper hand on the other schools. Fleet racing has also commenced with Saturday mornings filled with good results for the High team.

Samuel Ezra

Please note the Sailing AGM is Saturday 5 March at Woollahra Sailing Club- Rose Bay 8.30am start. It is a great opportunity to see how the program works and meet the other parents. We always need more volunteers and helpers to make this opportunity for the boys happen so please try to make time to come if you can. Any questions please get your son to ask or contact the Parent President Khiem Tran or myself Mr Cotton. Thanks.

Matthew Cotton MIC Sailing



It was another amazing week for basketball at HIGH this week. HIGH faced off against Newington and played



exceptionally well! An unlucky week for the Firsts and Seconds with both teams just losing to Newington, but not without learning some valuable lessons in the process. Isaac Ayoubi had an amazing game with 42 points, 8 rebounds and 8 steals showing Newington how it's done. Edward Ly also had an outstanding

game by dropping 50 in the 5ths, securing the win! The 15b's also had a great win managing to Play Hard, Play Smart and Play Together to secure the win. Remember, as Mr Hayman said at Future Firsts, a win or a loss is an educational learning experience for us to improve together as a team, playing HIGH basketball. We are sure to win next week against Joeys!

High	Vs	Newington	Term 1, 2022 (this week)
TEA M	RESULT	SCORE	COACH'S BEST PLAYER
1st	LOSS	90-71	I.AYOUBI 42, B.MULHOLLAND 16
2nd	LOSS	58-23	TEAM EFFORT
3rd	LOSS	28-47	TEAM EFFORT
4th	LOSS	30-40	TEAM EFFORT
5th	WIN	54-40	E. LY 20
6 <sup>th</sup>	LOSS	20-40	TEAM EFFORT
7 <sup>th</sup>	LOSS	23-27	TEAM EFFORT
8 <sup>th</sup>	WIN	28-19	TEAM EFFORT
9th	WIN	25-24	TEAM EFFORT

10 <sup>th</sup>	WIN	39-22	TEAM EFFORT
16A	LOSS	20-22	R.CHAE 9
16B	LOSS	22-24	A.LI 10
16C	LOSS	18-32	J.ZHOU 6
16D	LOSS	24-30	G.LIU 6
16E	LOSS	24-30	A.WANG 6
16F	LOSS	27-34	G.JIANG 9
15A	LOSS	30-47	J.QIU 7
15B	WIN	19-27	M.KARKI 6
15C	LOSS	14-26	D.WU 5
15D	LOSS	8-39	K.GUO 4
15E	LOSS	43-32	J. HO 12
15F	WIN	37-23	S. YUE 12
14A	RAIN		
14B	RAIN		
14C	LOSS	12-17	TEAM EFFORT
14D	LOSS	12-24	Z.QIN 6
14E	RAIN		
14F	RAIN		
13A	RAIN		
13B	RAIN		
13C	WIN		
13D	LOSS	12-24	V.LUONG
13E	RAIN		
13F	RAIN		



## **NBA NEWS**

In NBA news this week, Miami Heat and the Chicago Bulls are neck-and-neck at the top of the Eastern Conference, with the Phoenix Suns maintaining their lead over the Golden State Warriors in the Western Conference. But the big news over the weekend was the 75th anniversary All Stars game! In an action-filled game with a huge scoreline, Team LeBron took out Team Durant 163-160. Stephen Curry made 16 3-pointers and scored 60 points, to receive the Kobe Bryant MVP trophy. Patty Mills was edged out of the 3PT challenge final by Karl-Anthony Towns who scored one more point in the eliminations. KAT went on to win the trophy.

#### **NBL NEWS**

Sydney have clawed their way into 4th, but the two Melbourne teams are at 1 and 2, with Perth in 3rd. The Kings' Jaylen Admas is currently in 3rd place in the league for points per game, while leading in assists.



## Go HIGH!

Play Hard, Play Smart and Play Together! Thanks to everyone who makes Shootin' Hoops possible Brought to you Xavier Perry and Lucas Adamson.



# **High Water Polo**

The Under 13's Water Polo game against Newington was an exhilarating experience. First quarter we dominated

with great passing, defending, and creative plays to win the first quarter 2-0. The next quarter was interesting. They managed to score two goals, but that wouldn't stop us. Our six men turned the tables scoring another 3 goals. Going into the second half, we looked very strong, but they had a trick up their sleeve. Scoring two more goals to none in the third quarter, the match had not been won yet. Luckily, in the last quarter, we pulled it through, scoring two goals to result in a seven to four win from our boys. The man of the match was Ron Xian with his outstanding performance in goals.

Nicholas Peakall 7E





# GPS Swimming Report - Carnival 2 at SHORE

The second swimming carnival of the 2022 AAGPS swimming season took place last Friday evening at the Shore school. This second meet showed the boys building on their performances with particularly strong performances from the Junior and Intermediate Divisions continuing their strong momentum from the first competition. The meet was highlighted by four consecutive wins in the championship 50m butterfly, reflecting strong performances and efforts from the junior boys. Jiazi Chen also swum brilliantly winning in the 50m butterfly, backstroke and freestyle and taking second in the 50m breaststroke in the 14s age group. Congratulations to all boys who competed.

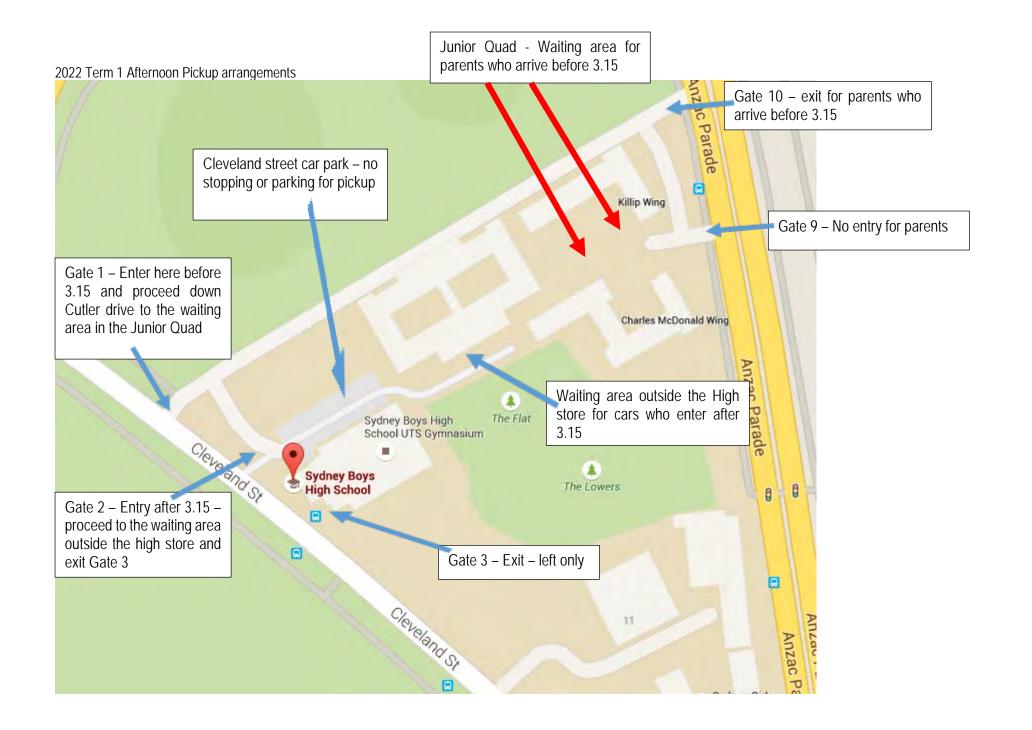
Adam Davies Swimming Co Captain

Age	Event	Place	Name
12	50m Freestyle	1	Ryan Chai
	division		_
15	50m Freestyle	1	John Hong
	division		
14	50m Freestyle	1	Jiazi Chen
12	50m	1	Jan Kester
	Breaststroke		
12	50m	1	Ryan Chai
	Backstroke		
14	50m	1	Jiazi chen
	Backstroke		
12	50m Butterfly	1	Jan Kester
13	50m Butterfly	1	Mark Yan
14	50m Butterfly	1	Jiazi Chen
15	50m Butterfly	1	Jinu Shin



# Cohort Areas before School and During Breaks





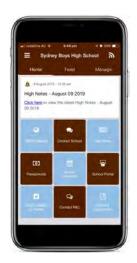
		Canteen Price	List 20	)22		
Breakfast		Lunch and Recess Items		Hot Food		
Ham & Egg Muffin	\$3.20	*So you don't miss out on what you want for lunch, make		Butter Chicken - Homemade	\$5.00	
- 00		sure you ORDER it before		icii, iliake		
Toast - Cheese	\$2.00	·			Chicken Burger	\$4.50
Toast - Cheese & Ham	\$2.50	Sandwiches / Rolls / Wraps S/W ROLL		Ü		
Toast - Cheese & Tomato	\$2.50	Buttered Roll		\$1.50	Chicken Fingers	\$2.00
Toast - Cheese Spinach & Tomato	\$2.50	Cheese & Tomato (v)	\$2.50	\$2.80	Chicken Mayo Roll (hot)	\$4.00
		Cheese & Salad (v)	\$3.20	\$3.60	Chicken Mayo Sandwich (hot)	\$3.50
Hot Chocolate (Term 3 only)	\$1.20	Chicken & Coleslaw	\$4.00	\$4.60	Chicken Schnitzel Roll	\$4.00
		Chicken & Lettuce	\$4.00	\$4.60		
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Falafel Wrap	\$4.50
Assorted Snacks @ Various	Prices	Curried Egg & Lettuce (v)	\$3.20	\$4.00	Garlic Bread (v)	\$2.00
		Dagwood Roll		\$4.00		
Banana Bread	\$1.20	Egg & Lettuce (v)	\$3.20	\$4.00		
		Egg & Salad (v)	\$4.00	\$4.60		
Fruit - Apple/Orange/Banana	\$1.00	Ham & Tomato	\$3.40	\$4.00	Noodles In A Cup	\$2.80
Fruit Salad	\$3.00	Ham & Salad	\$4.00	\$4.60		
	70.00	Roast Beef & Tomato	\$3.40	\$4.00	Pasta - Homemade - Small	\$4.00
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00		7
21111110		Roast Beef & Salad	\$4.00	\$4.60	Pide - Sausage, Chicken/Mushroom	\$3.50
Chill - Aloe Vera or Ice Tea	\$3.50	Salad (v)	\$3.20	\$3.60	Pide - Spinach/Cheese (v)	\$3.50
	70.00	0.00	40.20	"	i iac opinacii eneces (i)	70.00
Juice	\$2.50	Turkey Cranberry & Lettuce	\$3.80	\$4.40		
Juice Bomb	\$2.50	Turkey eranberry a zerace	ψ0.00	ψ11.10	Pie - Traveller	\$4.20
0.000 200	72.00				Pizza Wrap	\$4.00
LA Ice	\$2.50					7
27100	Ψ2.00				Rice Box - Homemade	\$4.00
		Salads			Tide Box Floridinade	ψ 1.00
Milk Flavoured 300ml	\$2.30	Salad Box (meat) - Small		\$4.50	Sausage Roll	\$3.20
Milk Plain 600ml	\$2.20	Salad Box (meat or egg) - Large	 	\$6.00	Spinach Ricotta Roll (v)	\$3.20
Milk Flavoured 500ml	\$3.50	Salad Box (plain)		\$5.00	Sweet Chilli Chicken Wrap	\$4.50
Will Tid Vou Cu 300mi	ψ3.30	Salad Dox (plain)		\$5.00	Sweet Griiii Griicken Wap	Ψ4.50
Up & Go	\$2.00	Sushi & Roll	S		Teriyaki Don, Noodles etc - Homemade	\$5.00
Water - Pump	\$3.00	Sushi - Homemade		\$3.00	Miscellaneous	
	\$1.50	Sustil - Homemade		\$3.00	Spoons / Forks - supplied free with meal puchase	¢0.10
Water - Spring Waterford	\$1.50				Spoots / Forks - supplied free with meal puchase	\$0.10
waterioru	\$2.50	Nachae w .	0.5.1		Tiegues	\$0.60
		Nachos - Wednesdays	& Fridays		Tissues	\$0.60
Special Orders					Seasonal Foods	
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.		Nachos - Homemade (Halal)		\$5.00	**Our homemade Chicken and Beef dis HALAL food items are available all the time. For examp style lunch boxes - pasta, rice, salads, soup et seasonal. Please check with the canteen before	**Not all le, home c are all
		2022 PRI				,
8.30	0 to 9.0	0 am *Breakfast is availal	ole * Ti	me to p	lace lunch orders	

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT

# Stay up to date with SZapp

Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

# **Installation Instructions**





#### 1. DOWNLOAD SZAPP

Search the App Store / Play Store for **SZapp**. Download and install SZapp. **Install is Free**.











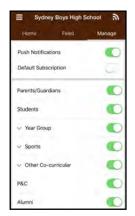






#### 2. FIND OUR SCHOOL

Select Region: Asia Pacific Sydney Boys High School





## 3. REGISTER A USER

You will need to register a user with your email or sign in with Google or Facebook.





#### 4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.

# 5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.