



The Weekly Newsletter of Sydney Boys High School

Vol 22 No 32 22 October 2021

From the Principal

High Talent

Congratulations to Patrick Chen (10F), Wilson



Sun (10S), Justin Vu (10F) and Tony Wang (10M) who were declared the Year 10 NSW winners of the Business Idea-Marketing-Finance-

Human Resources – elevator pitch. Their idea: 'Vuhoo cups' – folding, reusable, washable cups attached to a key ring. Congratulations, boys!

Returning to School Monday 25 October



We are very pleased to be able to resume full school operations as from next Monday. In preparation, all our ceiling and wall fans have been tested and are working. All windows are operable. Staff will try to have as much ventilation in rooms as possible. Mr Prorellis and Mr Barris have designed and distributed plans for cohort separation throughout the day. They have established recreation areas and protocols for parents to be able to drop off and pick up their sons. Parents and students are advised to keep soft copies of these plans on their cell phones for reference. Arrival to school will be staggered: Years 9 & 10 at 0840, Years 7 & 8 at 0850 and Year 11 at 0900. Years have assigned areas to go to after signing on. The roster for the canteen is Recess 1 and Lunch 1 - Years 8 & 10; Recess 2 and Lunch 2 - Years 7 & 9; Year 11 access in study periods. We urge all students to order their lunches. It is a guick and efficient way to access your order. At the end of each day, Years 10 & 11 will be dismissed at 1505: Years 7 & 8 at 1510: and Year 9 at 1515.

AAGPS Sports Update

The AAGPS Chairman Mr Mark Ticehurst, and Executive Officer Mr Nigel Price, in consultation with the GPS Headmasters' Standing

Committee wish to provide the following update regarding AAGPS sporting programmes in 2021:

'Considering current COVID-19 **NSW** Government and Health regulations, and in the best interest of our staff, students, volunteers, the entire AAGPS community and our many families and friends, it is with regret that the GPS Headmasters' Standing Committee has announced that the AAGPS 2021 Athletics Championships have been cancelled. All other Term 4 summer sport fixtures will remain suspended until further notice. The AAGPS will continue to work within NSW Government and Health guidelines in preparation for the recommencement of sporting programs and fixtures when it is deemed appropriate to do so. The AAGPS acknowledges that advice and the current situation has and will continue to change rapidly. As the situation evolves, the AAGPS will continue to monitor, and act accordingly throughout the remainder of 2021'. (15 October 2021). [Nb School sport will recommence as from 25.10.21 in cohort-based training sessions.

Mock HSC Examinations

Our Year 12 students have taken full advantage of the mock HSC examinations, held under HSC-style invigilation, with all boys wearing masks. Each day they came in and chose a paper to tackle in the three-hour time set aside for the practice session. Around 100 boys have taken the opportunity to practise under examination conditions each day. We have learnt that over extended periods of time, mask wearing can be irritating and dehydrating. We advise students to carry adequate water supplies with them during the HSC examination period.

Interpreting Year 11 Reports - Semester 2

Teachers record individual marks for courses, and these are run against an ATAR predictor program. All the raw marks are converted into scaled marks per unit. In the iterative scaling process, students' marks in one course are compared against all the other students who completed the same course and against their performances in their other courses. The data we use are last year's HSC results for High.

The essential comparative assumption is that boys will perform at the same standard this year as they did last year. Means and standard deviations are derived from our HSC results from the previous year and applied to our results in the current year. A scaled score out of 50 is calculated for each course on a one-unit basis. Where candidatures are very small - eq visual arts and LOTEwe use historical results in that course in our school to calculate the mean and standard deviation to be applied to this year's results. We use all 12 Preliminary Units to calculate our ATAR estimate for two reasons. First, we would like students to receive a realistic appraisal of their progress in state terms as well as relative to their peers at High. Second, we want them to know their relative performance in each of their courses, to inform their subsequent choices. Next April, the estimate process will be moderated against the 2021 HSC results and recalculated for the best ten units for each student.

At this stage of the year, every Year 11 student faces a choice, some have more choices to make than others. Will I do 12 units, 11, ten or less? For those students who have a guaranteed entrance into Extension 2 mathematics, they can drop two courses immediately (Extension English and a 2-unit course) and still have ten units to present at the HSC. Students who really want to exit a course and have made the rank cut -off for extension 1 mathematics, can keep their Extension English and drop a course. Most accelerants remain doing ten units until their HSC results in the acceleration course are published. Acceleration students have a choice to reduce their load to 8 units if they believe their HSC marks for their chosen course are high enough. Students qualifying and choosing to do four units of English can drop one course. High performing students tend to use acceleration results as insurance and do ten units for the HSC anyway. Others want to be rid of a weak course and explore choosing others – eq picking up one or two-unit studies of religion, or taking an extension unit in history, music or LOTE. Students I speak to when discussing their reports are thoughtful about their strengths and weaknesses and mindful of their preferred tertiary options. Pragmatism often informs their decisions. At this important time, future tertiary intentions are important considerations. Choices are made to maximise enjoyment, ATAR ranks or both. I hope all Year 11 students choose sagely. Doing ten or 11 units usually maximises individual ATAR performance.

Dr K A Jaggar Principal



Term 4 Music Performance Program

Private instrumental lessons will remain ONLINE this term.

Due to ongoing covid restrictions, all music ensemble rehearsals are suspended until further notice.

Updates regarding the Music Performance Program will be notified to parents and guardians via SZapp and High Notes. Students will be notified via the Music Performance Canvas page.

Parent/Guardian/Student Communication

<u>Parents and Guardians</u>: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes.

<u>Students</u> will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.

Attention Music Ensemble Students: If you are in the Music Ensembles Program and have not yet received a Music Performance Program Canvas invitation, please email the Music Department: music@sbhs.nsw.edu.au Please note: Students will also be notified of any music related events during ensemble rehearsals.





Welcome Back!

With students and staff returning to school for face-to-face learning this week, the High Canteen is now back in operation after an extended closure since the beginning of Term 3.

Please observe the following Canteen Procedures as per the "SBHS Return to school protocols" that was emailed to parents and carers this week:

A new bell will be temporarily added to mark each half of recess:

- Recess 1 & Lunch 1 Years 8 and 10
- Recess 2 & Lunch 2 Years 7 and 9

Year 11 students are asked to use the canteen during study periods where possible, to decrease congestion during breaks.



It would greatly assist the canteen if students could order their lunch online where possible. This will minimise the need for students to order their lunch in person before school.

Students are not to remain in the canteen area, or amphitheatre.

The Canteen will be operating on a limited menu until the end of the year. We aim to minimise wastage and therefore thank you for your understanding and support.

COVID-19 Information for Volunteers

We are excited to welcome back our team of dedicated volunteers!

High Canteen is following the NSW Health advice to ensure everyone stays safe. Under the NSW Public Health Orders, from 18th October, anyone (including volunteers) working on a NSW school site must be fully vaccinated to help protect the health and safety of staff and students. When attending a school site, you will need to show evidence of vaccination (immunisation history statement, or a COVID-19 digital certificate, or a medical contraindication certificate from a medical practitioner in a form approved by the Chief Medical Officer) to our Canteen Managers.

While in indoor settings in school, masks or face coverings are required for all volunteers.

It is essential you do not attend the canteen if you:

- have tested positive to COVID-19
- are a close contact of someone who has tested positive for COVID-19
- have been tested for COVID-19 and awaiting test results

Please follow NSW Health guidelines on what you need to do before returning on site. Please inform the volunteer co-ordinator, before your scheduled shift, if you are unable to attend.

Notice of Canteen Committee Annual General Meeting

The Canteen Committee will be holding its Annual General Meeting (AGM) on Wednesday, 10 November 2021, at 6:00pm, via Zoom. This is where P&C members can self-nominate and vote for volunteer positions on the SBHS Canteen committee. Vacancies exist for Committee President, Vice-President, Secretary, Treasurer, and Volunteer Coordinator.

Everyone is welcome to join the Committee. It is a great way to meet other parents, learn new skills and contribute to the running of the school canteen. Training and support are provided, and it is possible to job share positions. Our meetings are held via Zoom on the second Wednesday of every month for an hour, starting at 6:00pm.



Canteen Volunteer

Our Canteen is always in need of helpers as we require three to four volunteers each day to function smoothly, so please consider joining our team of volunteers. We are extremely flexible and will gratefully accept any time you can donate to the Canteen and the students. If you have an hour, or more, to spare on a regular or ad hoc basis, please contact us by any of the following means:

- fill out the Canteen Volunteer Registration form
- send an email to canteen@sbhs.nsw.edu.au
- call us on 9662-9350

It is a great opportunity to meet other parents, share stories and learn from each other. No prior experience is required as we will provide full training.

Tania Kirkland President Canteen Committee



Summary of Positions Available in SBHS P&C Committee Come join us!

On **Monday 8 November 2021**, SBHS P&C will hold its Annual General Meeting (AGM). All positions in the P&C Committee will become vacant, nominations and election of parents/guardians to those positions will occur at the AGM.

Taking up a position in the P&C Committee is a great way to engage with the school executive team, contribute to the direction of P&C activities as well assist parents in their journey at High.

All formal nominations must be received 7 Days prior to the November AGM. Please self-nominate via the following link:

https://docs.google.com/forms/d/1JhAluCqE97imdib6XANinz27-sfu7bjJwx_7bU1tD2c

Please nominate for multiple positions if they are of interest to you as this will give you more options.

Below are the available positions in SBHS P&C. If you would like to find out more about taking on one of these positions, please email P&C at sbhs.pandc@gmail.com.

Position	Short Description
President – Office Bearer	 Part of P&C Executive Team Be spokesperson for P&C at key events (eg Presentation Night, New Parent Welcome Evening) Set strategic directions/topics for P&C monthly meetings Chair monthly P&C online meetings Develop working relationships with Principal & Deputy Principals, School Office Ask teaching staff to present at P&C Meetings Submit articles to Flying Higher Magazine Submit article for The Record
Vice President (Compliance) – Office Bearer	 Part of P&C Executive Team Co-host online Meetings with President Compliance for events, sub-committees Compliance for insurance (risk/liabilities assessment, notice of events to insurance company)
Vice President (Child Protection & Canteen) – Office Bearer	- Part of P&C Executive Team - Child protection compliance and reporting - Canteen compliance (eg employee contracts) - Service NSW account holder
Treasurer – Office Bearer	- Part of P&C Executive Team - Monthly report at P&C meetings - Annual Audit with external auditor - Payments and collections
Secretary – Office Bearer	 Part of P&C Executive Team Take minutes of meetings Co-host online Meetings with President Set up online meetings, polls Monitor emails to SBHS email address and physical mail Mail chimp email blasts Maintain Parent Contact List

Position		Short Description		
Canteen President		- Manage canteen employees		
		- Manage parent canteen volunteers		
		- Chair monthly canteen committee meetings with canteen employees and Principal - Monthly report to Vice President (Child Protection & Canteen)		
		- Worthing report to vice r resident (Child r rotection & Cariteen)		
Communications	Chairperson	- Part of P&C Executive Team		
Committee		- SZapp, P&C Facebook, online meeting pre-reel, Annual P&C Survey		
		- Create and manage Year 7 WhatsApp Parents Group Chat - Update forms, flyers for Open Day, Orientation Day, New Parent Welcome Evening		
		- Chair regular communications committee meetings		
		- Provide regular update to P&C Executive Team		
	Voor Croup Dono	Post in Parant Vear Crown Chata		
	Year Group Reps Coordinator	- Post in Parent Year Group Chats - Manage year reps' participation in Year Parent Group Chats		
Events	Chairperson	- Part of P&C Executive Team		
Committee	·	- Open Day, Orientation Day, New Parent Welcome Evening, Y12 Farewell Tea		
		- Develop project plans, run sheet, event budget		
		Liaise with P&C Executive Team, Principal, Deputy Principals, School Admin Chair regular events committee meetings		
		- Provide regular update to P&C Executive Team		
	Catering Coordinator	- Sourcing supplier & budgeting for catering for each event		
	Events Coordinator	- Recruit and manage volunteers for each event		
Parking Events Co	oordinator	- Recruit and manage volunteers for the parking events allocated to P&C		
P&C Rep to School	ol Council	- P&C President or a nominee + 4 other P&C representatives		
		- Attend monthly school council meetings		
		- One of the representatives to report back to P&C after attending a Foundation meeting		
P&C Rep to Sports	s Council	- P&C President or a nominee + 3 other P&C representatives		
		- Attend sports council meetings		
		- Regular report back to P&C after attending a Sports Council meeting		
P&C Rep to S	ydney High School	- P&C President or a nominee + 3 other P&C representatives		
Foundation Ltd		- Company director position so governance duties		
		- Ensure parent donations to building fund are used for building, renovations and maintenance as required by School Building Fund taxation office requirements TR 2013/2.		
		- Attend Sydney High School Foundation meetings		
		- Participate on one of their subcommittees such as fundraising or rowing facility.		
		- Represent P&C views in meetings		
		- One of the representatives to report back to P&C after attending a Foundation meeting		
P&C Rep to Gover	rnors Centre Ltd	- 1 P&C representative		
		- Company director position so governance duties		
		- Help manage Governors Centre use and maintenance with SGHS representatives Represent P&C views in meetings		
		- Regular report back to P&C		
Library and Literacy Coordinator		 Meet with librarian to decide where library needs parent help. Work with Deputy Principal (Seniors) and Head of English to support literacy among boys. 		
		work with Deputy 1 micipal (Semors) and Flead of English to support literacy among boys.		
Sub- Committees Coordinator		- Manage reports from sports/co-curricular activity presidents		
		- Provide support for co-curricular sub committees (how to's, manage insurance risk etc)		
		- Facilitate requests from sub-committees into the P&C for funding (events, equipment etc)		
Working with	Children Check	- Assist Vice President (Child Protection & Canteen)		
Compliance Coord	linator			

Daniel Johnsun
P&C Communications

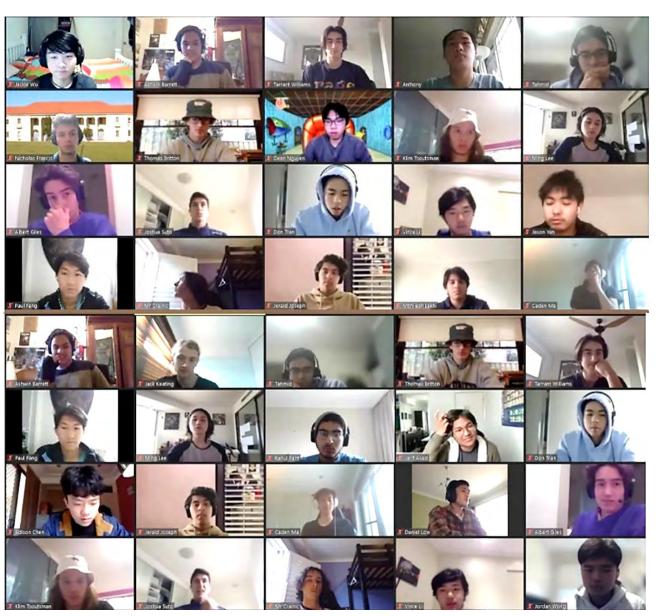


Prefect Training Day

Last Tuesday (12/10/21) the Prefects of 2022 underwent a training course with Burn Bright, an organisation which

provides programs for young emerging leaders. The instructors (Harry, Belle, and Jackson) at Burn Bright allowed the prefects to realise the importance of leading by example, how their actions and reactions influenced those around them. The experience enabled our prefects to reconnect and strengthen bonds which may have withered due to lockdown. The Burn Bright program provided a unique view on leadership, how it can be interpreted and represented in different ways. The instructors provided an insight on what it means to be a leader in such difficult, and complicated times, teaching the prefect body fundamental skills on what it means and takes to become leaders. The activities in which the prefects partook showed them the qualities of leading through action, becoming role models we expect aspiring leaders to emulate.

Anthony Wang Prefect of Basketball & Public Relations

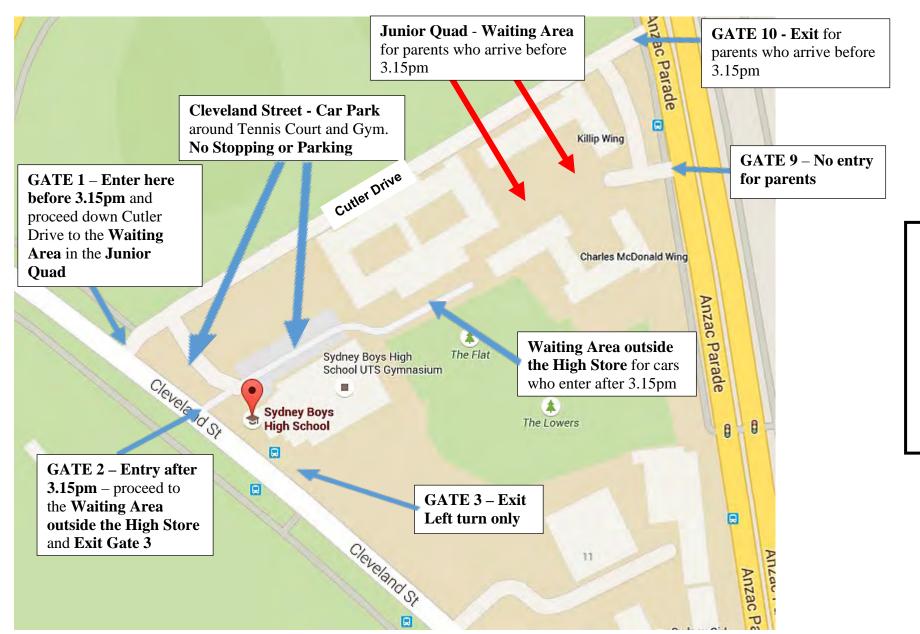


		Canteen Price	e List 20	21			
Breakfast		Lunch and Rece	ss Iten	Hot Food			
		*So you don't miss out on what	you want for I				
Cheese Toast	\$1.80	sure you ORDER it before school			Chicken Fingers	\$2.00	
Cheese & Tomato Toast	\$2.00				Chicken & Corn Roll		
Cheese/spinach/tomato toast	\$2.20			Chicken Burger \$4.			
Bacon & Egg Muffin	\$3.20	20 Sandwiches / Wraps / Rolls Rolls Chicken Mayo Roll (hot)		Chicken Mayo Roll (hot)	\$4.00		
Hot Chocolate (3rd Term)	\$1.00	Buttered Roll		\$1.40	Chicken Mayo Sandwich (hot)	\$3.20	
Banana Bread	\$1.20	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00	
		Cheese & Salad (v)	\$3.00	\$3.60	chicken wings	\$2.50	
		Chicken & Coleslaw	\$4.00	\$4.60	nachos	\$5.00	
		Chicken & Lettuce	\$4.00	\$4.60	Garlic Bread (v)	\$2.00	
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese/teriyaki don, noodles	\$5.00	
Fruit - apple/orange/banana	\$1.00	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$3.50	
Fruit Salad	\$3.00	Dagwood Roll		\$4.00	Noodles In A Cup	\$2.80	
Banana Bread	\$1.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade	\$4.00	
		Egg & Salad (v)	\$3.50	\$4.20	Pide - sausage, chicken/mushroom	\$3.50	
assorted snacks at various prices		Ham & Tomato	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$3.50	
		Ham & Salad	\$4.00	\$4.60	Pie - Garlo's (halal)	\$4.50	
		Roast Beef & Tomato	\$3.40	\$4.00	Pie - meat (sauce+20c)	\$4.00	
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pie - Pizza	\$4.00	
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Pie - potato	\$4.50	
300ml Flavoured Milk	\$2.20	Salad (v)	\$2.80	\$3.40	Pizza wrap	\$4.00	
600ml Plain Milk	\$2.00	` ,			Rice Box - homemade	\$4.00	
600ml Flavoured Milk	\$3.00				Sausage Roll	\$3.00	
Up & Go	\$2.00				Spinach Ricotta Roll (v)	\$3.00	
Water - spring	\$1.50	Wraps	\$4.00		Steak & onion roll	\$4.00	
Water - Pump	\$3.00	'			Sweet Chilli Chicken Sub/Wrap	\$4.50	
cans - carbonated	\$2.50	Sushi	\$3.00		Traveller Pies	\$4.00	
Berri Juice	\$2.50	Salad Boxes(meat or egg)	\$6.00		Falafel Wrap	\$4.50	
	†	Salad Box (plain)	\$5.00		i i	1	
		Vietnamese Rolls	\$3.40			1	
	†		, -			\top	
					Miscellaneous		
	1				Tissues	\$0.60	
	1				Spoons / Forks	\$0.05	
	1				(supplied free with meal purchase)	1	
	1				(11 - 12 - 13 - 13 - 13 - 13 - 13 - 13 -	+-	
Special Orders					Seasonal Foods		
# If you have specific dietary needs favourite sandwich is not on the m you have to do is ask! We may be make it for you. Make sure you orde school.	enu - all able to	time. For example, home style pasta, rice, salads, soup etc a			**NB Not all food items are available time. For example, home style lunch pasta, rice, salads, soup etc are all se Please check with the canteen before order.	nilable all the lunch boxes - e all seasonal.	

2021 PRICE LIST

8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT



Returning to School after Lockdown and Isolation

You and your child might be worried about heading back to school. Below is some information and strategies for you and your family to use to get ready for a return to school.



Talking to your child is one of the best ways to work through fears and anxieties. Use language they can understand to discuss returning to school. This is an excerpt and image above from DHHS Victoria.

Early Primary School

- Balance plans to return to school with reassurances that their schools and homes are safe
- Remind them that adults are there to keep them healthy and to take care of them
- Discuss handwashing as a step in staying healthy at school and home
- Use language such as 'adults are working hard to keep you safe'

Upper Primary School

- They may be more vocal in asking questions about whether they truly are safe and what will happen if COVID-19 comes to their school or community
- They may need assistance separating reality from rumour and fantasy
- Discuss efforts of school and community leaders to prevent germs from spreading

High School

- They may be able to discuss COVID-19 in a more in-depth fashion and can be referred directly to appropriate sources of information
- Provide honest, accurate information about the current status of their schooling. Having such knowledge can help them feel a sense of control
- Plan together what the return to school will look like



Plan Ahead: Check uniforms, equipment, bags and other resources.



Name the possible support people at school, home or care.



Talk to your child about going back to school and that things may look different.



If you are concerned that your child is not coping, seek further help. See details the difficulties you have been through. on the next page.



Eat well, sleep well and be active.



Take care of yourself and acknowledge

If you need further support

Coronavirus Mental Wellbeing Support Service (Beyond Blue)

1800 512 348

However the pandemic is affecting your mental wellbeing, you can talk it through with a counsellor who will provide advice and support based on your needs. 24/7

Lifeline

13 11 14

Provides suicide and crisis support if you are experiencing emotional distress 24/7

Suicide Call Back Service

1300 364 277

Domestic Violence Line

1800 737 732

Keeping safe is a priority. If you or someone in your home is experiencing domestic violence, please contact the Domestic Violence line for support.

Parent Line

1300 1300 52

Parent Line is a free telephone counselling and support service for parents and carers with children aged 0 to 18 who live in NSW. 9am to 9pm Weekdays, 4pm to 9pm Weekends

Kids Help Line

1800 55 1800

Provides free online support and counselling for children and young people aged 5-18 across Australia

Translating and Interpreting Service

131 450

If you require an Interpreter, please contact the Translating and Interpreting Service TIS.



Wellbeing Apps

Smiling Mind

Meditation app, with programs available ages 7+. Available in some Aboriginal languages.

Insight Timer Meditation FitOn

App

This app has over 25000 free guided meditations and guidance. Ages 12+

Free workout app with a variety of fitness options. Yoga, Cardio, Strength, Barre, Pilates and more. Videos range from 10 minutes to full workouts.

Niggle

An app for kids to work on their wellbeing. It includes games and puzzles and videos. Produced by Kids Helpline.

Web resources

Sydney Children's Hospital Network. This website has a variety of reliable COVID-19 resources for yourself, your children and your family including links to mental health resources.

https://

www.schn.health.nsw.gov.au/ covid-19-information

Reach Out

Helps under 25's with tough questions and through difficult times. They also have a page for parents.

WayAhead

Mental health support and information.

https://wayahead.org.au/

SANE Australia

Counselling support, Peer support, live blogs moderated by health professionals. Visit www.sane.org

Head to Health

Links a variety resources https:// www.headtohealth.gov.au/

Brave Program

Program for children and young people with anxiety. Can also be completed by parents and carers.

http://

brave4you.psy.uq.edu.au/



If you need more support, you can contact your GP to talk about receiving a mental health care plan with a psychologist or support from a Psychiatrist.

Bring Your Own Device 2022

PRODUCT OPTIONS

Our recommended devices are designed to simplify your choices and purchasing processes. A range of devices in a range form-factors are available. All meet the school's Device Specification. All have no moving parts to ensure reliability and all are backed by a multi-year warranty where the school will act as warranty agent on your behalf. Sydney Boys High School has partnered with JB Hi-Fi Education to make our recommended devices available:



Lenovo ThinkPad Yoga L13

\$1774

- Multi-touch with full keyboard
- 1920 x 1080 pixel screen
- 8GB RAM + 256GB Storage
- 360 degree rotating hinge
- Windows 10
- 3 Year warranty, school-supported.

Microsoft Surface Laptop

- Multi-touch with full keyboard
- 2256 x 1504 pixel screen
- 8GB RAM + 256GB Storage
- Conventional laptop form-factor
- Windows 10
- 3 Year warranty, school-supported



\$2054

Microsoft Surface Pro

- Multi-touch with keyboard cover
- 2736 x 1824 pixel screen
- 8GB RAM + 256GB Storage
- Detachable keyboard cover
- Windows 10
- 3 Year warranty, school-supported



Apple MacBook Air

\$1482

- Laptop with Apple's M1 processor
- 2560 x 1600 pixel retina screen
- 8GB RAM + 256GB Storage
- macOS 11 'Big Sur'
- 3 Year warranty available, school-supported (you must select the 3 year warranty to receive support from the school)

HOW TO BUY

- Visit the JB purchasing portal at https://sbhs.co/bbuy
- Log in with code SBHS2022



SYDNEY BOYS HIGH SCHOOL

Nurturing scholar-sportsmen since 1883



Stay up to date with SZapp

Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

Installation Instructions





1. DOWNLOAD SZAPP

Search the App Store / Play Store for **SZapp**. Download and install SZapp. **Install is Free**.











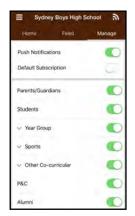






2. FIND OUR SCHOOL

Select Region: Asia Pacific Sydney Boys High School





3. REGISTER A USER

You will need to register a user with your email or sign in with Google or Facebook.





4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.

5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.



SYDNEY BOYS HIGH SCHOOL

The Phillip Day Memorial Scholarship Closing Date: **30 November 2021**



Nurturing scholar-sportsmen since 1883
Applications available at: sydneyboyshigh.com/scholarships
556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300

SYDNEY BOYS HIGH SCHOOL

Sir Roden Cutler and Lady Cutler Foundation Scholarship



Nurturing scholar-sportsmen since 1883

To apply for a scholarship visit www.sydneyboyshigh.com/scholarships
Applications Close 30 November 2021

556 Cleveland St, Moore Park NSW 2021 | Ph: 9662 9300



The Entertainment Book

With restaurants and other activities opening up again, families may be interested in gaining a wide range of discounts for various venues. *The Entertainment Book* is available for purchase by families, providing significant savings for you while simultaneously raising funds for the school.

For those of you who haven't experienced the benefits of the *The Entertainment Book* for a while, it is now offered in digital form using their easy-to-use app. Once you've discovered the benefits of the digital version, you'll find it far easier to utilise and gain the benefits of than the old book version.

A few benefits of the digital version are:

- ✓ You don't need to carry around the book
- ✓ You get access to it almost immediately just download *The Entertainment Book* app so no need to wait for the actual book
- ✓ You can easily see on a map all the eligible restaurants and activities (e.g. cinemas) around your current location or in a specific area
- ✓ You can easily look up if the restaurant you are currently eating in has a discount before paying the cheque
- ✓ You can share it amongst a few people with access on up to FIVE devices to use any
 time they're out
- ✓ Memberships are now valid for 12 months from date of activation
- ✓ You can monitor how much use you're getting out of it

There are three different options, with 20% of all sales going to the school while only a few nights out throughout the year will easily recoup the initial cost.

- 1. Single City for \$69.99
- 2. Multi-City for \$119.99
- 3. Multi-City for TWO YEARS for \$229.99

So, if you're interested in helping the school out while making some big savings, use the following link to order your copy:

https://www.entertainmentbook.com.au/orderbooks/2h19779

Jamie Kay Deputy Principal





As a service to the High Family

A FULL-PAGE ADVERTISEMENT



can be placed for a fee of \$50.00 (GST incl.) for a full-page ad in two weeks' publication

Whether it be a business service, educational course/s or something for sale.

Contact:
Dave Te Rata or Meredith Thomas - High Notes Editors

P: 9662 9300 F: 9662 9310

Email: highnotes@sbhs.nsw.edu.au

N.B. Content is subject to approval

Youth Services Virtual Drop-in



Join in on a range of free online activities and virtual events for young people aged 12-25 living in Bayside Registrations with proof of age and residency are essential at http://baysideyouthservices.eventbrite.com

OCTOBER 2021

MONDAY



Yoga & Meditation 5:30pm - 6:00pm

Start your week with movement, meditation, and breathing techniques. Improve your flexibility, balance, and strength through Yoga.



WEDNESDAY

6 13 20 27 oct oct

Cooking @ Home 5:30pm - 6:30pm

Online cooking workshop, learn easy, low cost and healthy recipes you can repeat when you're in need for a feed. Enjoy all new recipes.



THURSDAY



Filmmaking on your Phone 5:30pm - 6:30pm

Filmmaking on your phone. Learn the fundamentals of filmmaking, character creation, storytelling, acting and editing.



FRIDAY NIGHT VIRTUAL EVENTS



8 Escape Hunt 5:30pm - 6:30pm

Escape the room in the new adventure! You have been identified as having the perfect skill set to take part in one of the most daring heists of all time.



A professional magician live on your screen, enjoy an entertaining and interactive magic show.

22 Virtual Escape Room

6:15pm - 7:30pm

As a team, you will solve riddles and complete puzzles against the clock, with the goal of 'escaping the room'. You will need to work with your team to crack the code.



Masterpiece in 60 Minutes 6:00pm - 7:00pm

Get creative and paint the Mona Lisa in an hour, art pack will be sent out. RSVP by 1pm Friday 15 October.



TUESDAY



Fit @ Home 5:30pm - 6:00pm

Fun, high energy and strengthening fitness classes. These will include HIIT, pilates, zumba, and tabata.

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 A	25 Prefect Induction, lunch time, The Great Hall	26	27	28	Year 8 Meeting, Selected locations, 10:15-10:40 World Teachers' Day	30 The Great Hall: Rifle Shooting, 13:00-17:00	31
5 B	1 Year 8 Yearly Exams, online, 09:00-15:15 HSC Legal Studies assessment 1 progress task, due 09:00 on CANVAS Prefect Investiture, 11:10-11:50	2 Year 8 Yearly Exams, online, 09:00-15:15	3 Year 8 Yearly Exams, online, 09:00-15:15 Rowing: Committee Meeting, Zoom, 19:00	4 Year 8 Yearly Exams, online, 09:00-15:15	5 Year 8 Yearly Exams, online, 09:00-15:15 Class tests: 10XRb-P1, 10ZRb-P2	6 Cricket: SHS v TSC Basketball/Tennis: SHS v TSC Rowing: Training	7
6 C	8 Year 10 Mathematics exam P+C Executive Meeting, Zoom video conference, 17:00 P+C Meeting Annual General Meeting, Zoom video conference, 18:30-20:00	9 HSC Exams begin, 09:50-11:30 - English Advanced Year 10 Yearly Exams, online, 09:00-15:15 School Council Meeting, zoom, 17:30-19:00	10 Year 10 Yearly Exams, online, 09:00-15:15 HSC exams, English Advanced - 09:25-11:30, Music 1 - 13:55-15:00, Music 2 - 15:25-17:00	11 Year 10 Yearly Exams, online, 09:00-15:15 Remembrance Day Ceremony, 10:45am HSC exams, Economics - 11:25-14:30	12 Year 10 Yearly Exams, online, 09:00-15:15 HSC Legal Studies assessment 1, due 09:00 on CANVAS HSC exams, Software Design and Development - 09:25-12:30	13 Cricket: SHS v TSC, SHS v SJC Basketball: SHS v TSC Rowing: Training	14
7 A	15 Foundation meeting, 18:30-20:30 HSC exams, Mathematics Advanced - 09:20-12:30, Mathematics Ext 2 - 13:50-17:00	16 HSC exams, Ancient History - 09:25-12:30	17 HSC exams, PDHPE - 09:25-12:30 Year 7 2023 selective schools applications close	18 Sports Council Meeting, Board Room, 07:30 HSC exams, Engineering Studies - 09:25-12:30, Latin Extension - 09:30-11:40, Legal Studies - 13:55-17:00	19 White Ribbon Day HSC exams - Mathematics Ext 1 - 13:50-16:00	20 Cricket: SHS v NC Basketball/Tennis: SHS v NC Rowing: Training	21