



From the Principal



This will be the final edition of High Notes for 2020. In this most unusual year for the students and staff of High, I have been inspired by the resilience and collaboration exhibited by the High community in their adjustment to the changes, restrictions, additional work and stress, generated by government responses to the pandemic. I regret the lack of personal interaction with students and parents that has been necessary due to DoE restrictions and the diminished 'rites of passage' that our Year 12 and Year 7 students experienced this year. Everyone helped each other with good cheer, and we made it through the year. Thank you to High Notes editors Meredith Thomas and Dave Te Rata and proof-reader Brooke Ashton for their work in producing this publication each week.

High Talent

At the recent NSW All Schools Athletics Championships, Kane Shields won the 16 years



1500m Gold with a time of 4:00.66 and scored Silver in the 800m with a time of 1:55.69. Max Russell (9T) won Silver in the 15 years Steeplechase (6:01.17) and in the 3000m (9:11.12). Kane Ni (11F) also competed in the 100m but was unplaced. Congratulations boys!

Andrew Nguyen (12F) who won the 2020 Games category of the Bright Awards. He won \$1000 in prize money for himself and \$3000 for the school. Congratulations on your success Andrew!

Caught Doing the Right Thing

I received the following email from a commuter last week. I would like to congratulate all the students involved. *"Last Thursday 26 November I was catching a bus back to the city from Moore Park at around 3.30 pm, there were members of the public and students waiting to board the bus as the light rail was not running. One student asked me to go before him and then told the other students to stand back and let the public board first. The other students all stood back as they had been asked to do. I think they then found out the bus was not the right one for them."*



I was very impressed with the good manners of the students and yes, they were students and obviously excited as their day had finished, however their manners towards the public were impeccable. I would be grateful if you could pass on to the students my gratitude for making a rare visit, I have made to Sydney a much more enjoyable one due to their manners. You should be very proud of your students".

Interpreting Year 10 Reports – Semester 2

All Year 10 boys should now have their reports. Parents are advised to work with their sons in the process of choosing Year 11 courses. Choosing courses for Year 11 study can be assisted by evaluations of Year 10 performances. English and mathematics courses are determined by the school's pattern of offered courses and by the results of the mathematics selection process for extension 1. Year 10 boys should have done their *Career Voyage* questionnaire during their Transition Education periods. These results should be discussed in the light of your sons interests and abilities. Courses can be selected to underscore

certain tertiary directions – eg chemistry for medicine, or economics for a commerce degree.

As for the semester 1 report, ranks are varied by several factors. Students who have not performed well in PE will have a reduced ATAR prediction because the calculation is made on 12.3 units (using a pro rata for PE based on time spent in class). Scaled marks make comparison between subjects possible in terms of their relative ATAR contribution. Students accelerating have a harder task than non-accelerants as they are assessed at stage 6 standard. Consequently, their scaled marks may be lower for the stage 6 course than for their stage 5 ones. Students may also lose interest in electives they are not continuing and record weaker results. Electives done for enjoyment are in contrast to the serious efforts that will need to be made in their stage 6 courses. I do not make a judgement on these outcomes. What matters is what happens next, in stage 6.

Weights Room for 2021

High's weights room offers exceptional value for money. The room has appropriate equipment for preparing the bodies of teenage boys and crucially, it is constantly supervised. When handling weights, technique is vitally important, and boys need to learn the correct way to lift. Kurt Rich, our Head Strength and Conditioning Coach, is a well-credentialed and experienced trainer. His presence ensures that the boys are training safely and sensibly. So, as well as getting gym facilities, **members have a trained supervisor and adviser to help them during their unlimited visits.** The Weights Room operates much more effectively if all boys get their training in how to use the various pieces of equipment and in proper lifting technique, as soon as possible. Kurt Rich provides this service at the beginning of each year and can tailor individual programs for members after the introductory sessions. Having a fixed clientele makes his job more productive and leads to a better training experience for members and better strength outcomes for participants. Hence, we decided to close off memberships by the end of March each year. Boys who have not paid by that time can no longer attend the weights room.

Costs for this service are held down to a minimum and reduced by boys taking out a full year's membership. For 2021, **a full year** Weights Room membership costs **just \$268.** Boys wishing to have full year membership must register and pay by **Friday 26 March 2021.** There will be no extensions of time. For 2021 we are trialling a second weights room option for terms 3 and 4. Payment must be made by August 31. Thereafter, membership applications will close for the year.

Dr K A Jaggar
Principal

HIGH STORE

Year 9 Students

Senior Uniform 2021

Purchase your senior uniform NOW to avoid long queues.

Senior Tie	\$31.50
Senior Trousers.....	\$82
Short Sleeve White Shirt	14-22 \$30, 24-28 \$32
Long Sleeve White Shirt	14-22 \$32, 24-28 \$34

HIGH STORE HOLIDAY OPENING TIME

Monday 18 January 2021 Hours 10.30am – 1.30pm

This day is allocated only to current students for purchase of additional uniform & senior uniform.

NEW Students entering Year 7 or Year 9 or Year 11 in 2021 will not be processed on this day

Michelle Gentile
High Store Manager

CASH REGISTER CLOSING



Due to the end of school/financial year all student payments for excursions, co-payments, contributions, text books etc. must be made by **1.20pm** (lunchtime) **Friday 11 December 2020.**

The cash register and online payment system will be closed from the end of lunch (1.20pm) and will not reopen until school resumes in January 2021.

Please finalise all outstanding items before the register closes.

Thank you

Last Day Term 4 for Students

School finishes for students at 12:30pm on Wednesday 16 December.

School finishes for staff on Friday 18 December.

School Year 2021

School resumes for staff on Wednesday 27 January 2021.

Years 7, 11 and 12 resume on Friday 29 January 2021. New enrolments in Years 8 and 9 2021 will also commence on this day.

Years 8, 9 and 10 will resume on Monday 1 February 2021. (The School Swimming Carnival will be held on that day at the Des Renford Aquatic Centre, Heffron Park, Maroubra.

Bring Your Own Device 2021

PRODUCT OPTIONS

Our **recommended** devices are designed to simplify your choices and purchasing processes. A range of devices in a range of form-factors are available. All meet the school's Device Specification. All have no moving parts to ensure reliability and all are backed by a multi-year warranty where the school will act as warranty agent on your behalf. Sydney Boys High School has partnered with JB Hi-Fi Education to make our recommended devices available:



Lenovo ThinkPad Yoga L13

\$1297

- Multi-touch with full keyboard
- 1920 x 1080 pixel screen
- 8GB RAM + 256GB Storage
- 360 degree rotating hinge
- Windows 10
- 3 Year warranty, school-supported



Microsoft Surface Laptop 3

\$1760

- Multi-touch with full keyboard
- 2256 x 1504 pixel screen
- 8GB RAM + 256GB Storage
- Conventional laptop form-factor
- Windows 10
- 3 Year warranty, school-supported



Microsoft Surface Pro 7

\$2016

- Multi-touch with keyboard cover
- 2736 x 1824 pixel screen
- 8GB RAM + 256GB Storage
- Detachable keyboard cover
- Windows 10
- 3 Year warranty, school-supported



Apple MacBook Air 13"

\$1554

- Conventional laptop
- 2560 x 1600 pixel retina screen
- 8GB RAM + 256GB Storage
- macOS 10.15 'Catalina'
- 3 Year warranty, school-supported

HOW TO BUY

- Visit the JB purchasing portal at <https://sbhs.co/bbuy>
- Log in with code **SBHS2021**
- Purchase using a credit card, BPAY or on interest-free terms
- Pick up from your local JB Hi-Fi store



SYDNEY BOYS HIGH SCHOOL

Nurturing scholar-sportsmen since 1883

JB HI-FI SOLUTIONS
FOR EDUCATION



FROM THE JUNIOR LIBRARY

THE LIBRARY SURVEY OF THE JUNIOR SCHOOL

Approximately 1/3 of the boys in Years 7, 8 and 9 responded to this survey which was very generous of them. This survey was anonymous and therefore I was unable to award points for answering it. **Thank you, all those boys**, who now deserve to know the results of the survey! *The Librarians will consider library issues surveyed. I am compiling a report to examine your comments right now.*

THE COVID LEARNING EXPERIENCE (Juniors-7,8,9) *Older boys coped better.*

- 7% of respondents really missed their friends
- 13% never want to learn online again (Interestingly the anguish was twice as bad for Year 7 as for Year 9 – 20% (7's), 12% (8's), 9% (9's))
- 18% thought a 50% online learning future would be OK. 15% thought 80% online learning would be a good thing.
- 21% liked getting homework finished earlier. Early homework was more easily achieved the older you became. 29% (9's), 20%(8's), 16% (7's)

ADJUSTING TO MY ONLINE LIFE (Year 9 only surveyed)

- 33% felt they spent too much time online
- 36% do turn their phone off at night
- 17% never turn their phone off
- 13% are gaming to the detriment of their homework
- 51% felt they were socialising too much online

GROUP WORK – Year 9 only – *a positive experience for most*

- 34% felt seeing others work helped them
- 30% preferred to work privately, especially to find out marks privately
- 55% were ambivalent about privacy
- 15% were annoyed that other people pretended your work was theirs
- 45% liked group work

SOCIAL MEDIA FAVOURITES – Year 9 (*only 2!*)

- You Tube 89%
- Instagram 62%



ATTITUDE TO READING – Years 7/8/9 – *Fabulously positive attitudes to reading!!!*

- 6% do not read
- 60% reported themselves reading 10 plus books per year
- 31% reported themselves reading 3/5 books per year

BOOKS FROM?? Years 7,8,9 - Local libraries and home libraries very important!



- 5% self-purchase books
- 19% only read paper books purchased by their family
- 44% read both paper and eBooks
- 36% only read paper books from anywhere
- 27% read paper books from their local library. There is dramatic local library use from the younger boys – 38%(Yr7), 29% (Yr8) 15%(Yr9)
- Years 8 and 9 do make use of local library eBooks



Forty five junior boys met the challenge of reading over 20 books a year and entering this challenge in 2020. Please congratulate your son on any Reading Certificates he has brought home lately.

This morning the special medals and certificates for entering this Challenge for 7 years and 4 years arrived at our school and the following boys have been recognised for this very considerable achievement each year from Year 3- Year 9.

- 7-Year medals were achieved by Adit Mahidadia Year 9, Matthew Lam Year 9, Taran Shah Year 9, Ewen Ji Year 9 and William Nguyen Year 9
- 7-Year Platinum Certificates were awarded to Dane Hong Year 7, Ben Whitfield Year 9 and Haoran Zhang Year 8
- 4-Year Gold Certificates were awarded to Siddharth Gadela Year 9, Alex Huang Year 7,
- Kridaya Singh Year 8, Max Wang Year 7 and Landrie Zuo Year 9.



CLICKVIEW INCREASINGLY SUCCESSFUL / USE BY STAFF IS VERY PLEASING

A hot off the press analysis of ClickView **annual use statistics** reveals that an amazing 21,062 SBHS video watching sessions occurred in 2021.



SBHS Staff are using ClickView very professionally and are responsible for students viewing 10,808 of the videos viewed by students. (50% of the overall videos viewed) SBHS Library staff have been busy **adding new videos to ClickView for you to look at during the holidays.** So, remember to click into ClickView over the holidays and use your school email to log in on your Smart TV for your family to watch advertisement free videos and not only films. **HAVE A GREAT HOLIDAY**

Mrs Crothers
Librarian



Reminder

Limited canteen services on the last day of school

The canteen will only be open for breakfast and recess on the last day of school.

Thank you

On behalf of our Canteen Managers, Karen Barry and Eirini Kallia we would like to thank our volunteers for their continued support of the canteen throughout 2020. Each day, three volunteers work in the canteen to help prepare and serve food. It's a huge effort and we thank the following people for their time and commitment.



Thanks to Our Volunteers!

Alice Wei
Ananthi Velliangiri
Anita Bu
Anju Sharma
Anna Huaping Xu
Annie Liuu
Annie Yu
Annupa
Arti Shah
Bavani Somavarman
Beer Know
Belinda Whitfield
Cecilia Chan
Chamila Jayawardhana
Clara Qiao
Daisy Du
Dimi Barlas
Eve Chan
Fan Xie

Fiona Yang
Genka Parthiban
Hang Nguyen
Helen Hee Yon Choi
Helen Xiao
Irene Ai Lian Qian
Janet Lam
Jenny Jin
Jessica Pu
Jing Chen
Julian Xi Chen
June Wang
Kannas Pang
Kate Park
Katherine Khoo
Kathryn Cook
Kathy Cowan
Kelvin Russell
Kim Le
Kim Xie
Likang Wang
Lynn Teo
Mei Lan
Meilan Gao
Melissa Barks
Michele Adamson
Min Ying Lin
Mook Kooi Loo
Nhung Nguyen
Nicole Ma
Olga Sukhovskaya
Penny Shi
Phan Nguyen
Polly Lee
Qing Chen
Rasni Nazar
Roman Luchko
Rongmei Zhang
Rosaline Perry
Roy Du
Sandra Jouravlev
Selvy Wijaya
Shirley Dai
Sophia Gong
Su Lee
Su Ren
Sunny Ma
Sunny Song
Tania
Tasilma
Vani Bhalerao
Vivian Huang
Wei Gao
Yan Liu
Yogita Sawant

Our apologies if your name does not appear on this list, please know we are grateful for all your hard work.

WE LOVE OUR VOLUNTEERS

New volunteers are always welcome, if you would like to join the team next year, please email:

canteen@sbhs.nsw.edu.au

Our volunteers are assisted by the Prefects and SRC representatives, thank you boys, your help is much appreciated!



Also, thank you to our outgoing Year 12 parent volunteers, Winnie Chan, Anne Chen, Letty Chan, Ria Lam, Yasmin Khan, Min Wei and Stephanie Fung, who have continued to assist at the canteen although their boys have finished HSC. We wish you and your son(s) every success in your future endeavours.

Finally, a special thank you to Usha Aravind, outgoing President of the Canteen Committee. Usha has worked tirelessly over the years to support our canteen managers and promote the canteen as a wonderful opportunity for parents to be involved in their son's education. We wish her well.

We look forward to your patronage next year. Please do consider placing a recess or lunch order. This will greatly reduce waiting times and food wastage. Cashless payment options, through the school TaG system (Student ID) and EFTPOS are available.

Wishing everyone a safe and happy holiday season.
P& C Canteen Committee



Meet the Prefect Intern 2021



What is your favourite thing about Athletics at High?

There's nothing more thrilling than when the butterflies in your stomach evolve into a surge of excitement. Athletics is a group of sporting events that involve running, jumping, and throwing. I love how Athletics at High is a sport for athletes of all backgrounds. During the intense GPS Athletics season, athletes push their physical and mental boundaries. Hard work pays off. This makes the Athletics season at High exciting.

However, there's only one thing better than training – competing. It's AAGPS day. Crouched down and hips rocked forwards, I try to hold myself ready at the hundred metre start line. I glance behind my shoulder, nod, and turn back. I nod to thank the coaches that helped me throughout the season. I nod to the High crowd to let them know that the spirit in their cheers reside within me. I nod to let them know my palpating heart has not taken control over my body. I hold myself ready. Bang! The butterflies in my stomach vanish and excitement takes over. It's exhilarating. Your efforts in training are brought to light. My favourite thing about Athletics at High is experiencing the moment of joy knowing that you've given it your all.

What advice would you give to a Year 7

First of all, welcome to High. As a scholar student, immerse yourself in the activities that High has to offer. There are so many extracurricular at High! Participate in a range of activities such as sports, music, community services, debating, and cadets. Join as many as you can and pursue the ones you enjoy most. The first few weeks will feel strange as you adapt to high school life.

High school is more than increased amounts of homework and moving to different classrooms – high school is a rollercoaster. Welcome aboard. We'll show you the various facets of High, but it's your role to snatch them up. Only stop and look back to see how far you've come.

Where do you see yourself in five years?

In five years, I may be graduating from university with a degree in engineering. I may decide to further pursue studies in engineering or even begin a different course. I may be starting my career in the work force. I may even be studying, working, and living in another city.

In five years, I will be with friends both old and new. I will be participating in club activities I have yet to discover. I will be travelling to better understand the perspective of different cultures. I will be exploring what this world has to offer.

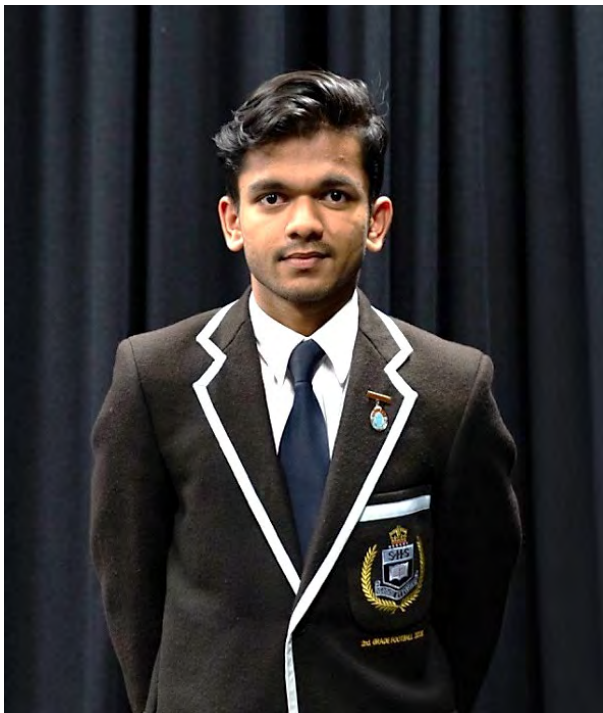
Well... five years. In five years, I'll still be looking back to these days at High. I'll relive the ups, the downs, the joys, and the pains. And I will not regret these experiences, I will embrace them. They make me who I am – a High boy. This is where I see myself in five years.

Justin Nonis

Athletics Prefect 2021

Year 7 Prefect 2021

Meet the Prefect Intern 2021



What do you love about performing?

Personally, it isn't just the minutes on the stage that mean

something. I love the endless rehearsals with countless fits of laughter, which have become some of the most memorable experiences I've had in my life. As weeks prior to the performance shrink down to minutes, the excitement expresses itself in nervous sweats and deep breaths. And finally, instead of performing our parts for each other, it's time to perform in front of an actual audience. The sensation of lights focussed on you leaves little room for comfort, but in that moment of complete concentration you forget everything about yourself as a person, and indulge into the character. Despite knowing life will resume the following day, the moments on the stage are all that seem to matter. The ability to evoke certain emotions through some dialogue and actions makes me feel like I have a sort of super power. Post-show, after the final words are said and the lights turn off, I'm left feeling melancholy knowing it's all come to an end. But it's all these little aspects that add up to create an adventure that leaves me desperate for another.

Why is High Spirit important to you?

High Spirit isn't a commodity. High Spirit isn't an artefact. High Spirit is that instinctive reply you give with a smile every time one of your peers says hi to you in the school corridors or on the field on Saturday. High Spirit is that smirk you can't hold back when you hear High's name in a public conversation. Although I was unaware of it at the time, it has been influencing me from the seconds I took my first steps as a year 7 student. High Spirit is important to me because I see it as the only asset I will retain for eternity. It fosters my drive to consistently push myself to improve and nurtures a sense of trust in those I surround myself with at school. The importance of High Spirit is a direct consequence of the way High has raised me and continues to raise students each year.

Why did you want to become a Prefect?

Becoming a prefect wasn't in my list of goals until quite recently. The start of stage 6 made me reflect on my time at High and conclude that I did not want to finish my time here without trying to give back something to what's more than just a school to me. I remembered being elected to give orientation day tours in year 7, and whilst working with the prefect cohort of 2016, I discovered the honour in representing Sydney Boys High School. That sense of pride grew over the years and I was convinced that becoming a prefect would be an experience that may never be matched by any other position I may be entitled to in the future. This feeling was the primary reason behind this desire and grateful for the opportunity, I aim to fulfil my responsibilities as best I can and hopefully inspire some younger boys to do the same.

Arnav Bansal

Performing Arts Prefect 2021

High Spirit Prefect 2021

Meet the Prefect Intern 2021



What is your favourite thing about Volleyball?

There are many things I love about volleyball. The bonds that are formed as a result of playing in a team sport, consolidated over years of playing with your teammates; the exhilaration of winning, whether it's in the GPS finals against Grammar, at a State Cup, or at nationals; the feeling of growing into a senior player, a First grader like the ones I used to admire and look up to as a junior. But for me, none of these are my favourite aspect of volleyball. What I love most about volleyball is that it teaches you to believe in your teammates. In year 7, I came into Sydney High as a tennis player. In an individual sport like tennis, there's no one else to rely on but yourself. Your performance is only as good as you are. But in volleyball, you have 5 other players on court beside you, and up to 5 more on the bench, cheering you on, all aiming a common goal. Over the years in volleyball, I've learnt to trust my teammates. To trust that the receiver beside you will pass the ball just as well as you can; to trust that when the ball is tipped over your block, the libero behind you will be able to chase the ball down and get it up; to trust that your setter will be able to give you a set that you want; to trust that even when the ball is not set to you, your teammate will be able to swing at that ball and score. Volleyball is about trusting that each and every player, when they go on, will be able to play and score just as well as the starting 6; trusting that even on your worst days, your team will be there to pick you up and push you to play better. To me, having belief in your teammates is the most precious lesson volleyball has taught me.

What does High Spirit mean to you? I believe that High Spirit is about the relationships we form throughout the years. To me, it is the feeling of camaraderie you experience as you talk to your peers. It is the crowd that gathers to cheer you on at the annual High vs Grammar volleyball match. It is the huddle of every sports team, as they come together to chant "1 2 3 High". It is the endless greetings you see between students, in the hallways, in the mornings, during breaks. To me, High Spirit is the unbreakable bonds that are formed over years, the atmosphere of competitiveness that you feel from a sports team every time you walk onto a sports field.

What made you want to be prefect?

My impression of the prefect body was greatly influenced by the prefects when I was in year 7. They were kind and welcoming, and always helpful towards us. I still remember moments such as the personal school tour one of the Schofield brothers gave me when I came late to the year 7 orientation day, or Andrew McNaughton talking to me and my mum about the High swimming culture one Friday night after a GPS swimming carnival at SOPAC. It was these moments that stuck with me throughout my high school life, and the qualities that I wished to embody as a prefect of Sydney High: being kind and helpful at all times, and displaying school pride in all my actions.

Blair Zong
Volleyball Prefect 2021

Photos, Photos, Photos!



Summer Sports Photos: Available for Order

Summer Sports photos for 2019/20 season are captioned and ready for viewing/ordering

To view & purchase your photos go to
www.melbastudios.com.au

School Orders

Password: high



Term 4 (2020) – 2021 Term 1 Music Performance Program

This year has been a challenging year for everyone, and the Music Department would like to THANK YOU for your support for the Music Performance Program at Sydney Boys High School.

ALL music ensembles and private instrumental lessons will recommence from Term 1 Week 2 i.e. from Tuesday 2 February (Please note: Monday 1 February – school swimming carnival).

Thank you again for your support this year. We wish you and your families a wonderful Merry Christmas and a great start to the New Year!

Music Committee- AGM

The Music Committee will be holding an AGM on Monday 14 December at 7.00pm via Microsoft Teams. Parents and Guardians are more than welcome to attend. If you would like to attend, please email Mrs Carrie Waring: carriewaring@hotmail.com

Music Parking

Upcoming Parking event on Monday 11 January 2021 from 8.00am-12pm. To sign up, please enter your details into the Google Doc:

<https://docs.google.com/spreadsheets/d/1ml91zXhQBo0fWTKTQtbH2a5-YKqa79DTfSol4DCIO0/edit?usp=sharing>

(Please note: As this is a Day 5 Cricket Test Match, there is a chance that it won't go ahead. Mrs Carrie Waring will inform volunteers prior to the day)

Music Notification 2020-2021 Transition

Please consider downloading **SZapp** as soon as possible as all future music news and notifications will be transitioned to **SZapp** at the start of 2021. Emails will no longer be sent to parents/guardians from 2021. Please download **SZapp** from the Apple App Store or Google Play and subscribe to "MUSIC". Installation guide is in High Notes.

Instruments - Music Storage Room

Please ensure students take their music instrument(s) home over the school holidays, during the Term 4 break. Students, parents and guardians are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

Music Performance Program – CANVAS

Attention Music Ensemble Students: If you are in the Music Ensembles Program and have not yet received a Music Performance Program Canvas invitation, please email the Music Department: music@sbhs.nsw.edu.au

2021 Music Ensemble Schedule (TBC)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Intermediate Concert Band 7.45am – 8.45am Room 201	Senior Concert Band & Symphony Orchestra 7.45am – 8.45am Room 201	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Senior Strings Ensemble 7.45am – 8.45am Room 101
Guitar Ensemble 7.45am – 8.45am Room 202		Senior Stage Band 7.45am – 8.45am Room 201		Chamber Choir 7.45am – 8.45am Room 201
		Philharmonic Orchestra 7.45am – 8.45am Room 204		Marching Band 8.00am – 9.00am MPW Term 1 & 4 only
Guitar Ensemble 3.20pm – 4.20pm Room 202	Marching Band 3.30pm – 4.30pm Room 204 / Great Hall Term 1 & 4 only	Percussion Ensemble 3.20pm – 4.20pm Room 201		Jazz Ensemble 3.30pm – 4.30pm

Please note:

*The above schedule is subject to change. The Music Department will inform students asap via the CANVAS Music Performance Page and the school's daily notices if there are any changes

*Guitar Ensemble: Students who are unable to attend one of the rehearsals can join the alternate session

*Marching Band: Rehearsals only run in Terms 1 and 4 only. Compulsory attendance is required for students in Concert Band, Stage Band and selected Percussion Students (no piano students)

*Students must schedule private instrumental lessons at a different time to music ensemble rehearsals

*An attendance rate of 80% is required per semester to obtain Award Scheme Points

*Music Pocket: Attendance of 5 full years is required. New students in Years 8-11 will need to speak with the Music Department

2021 Term 1 Music Events Calendar

Week	Date	Event	Music Students Involved
2B	From Tuesday 2 February	All Music Ensembles & Private Instrumental Lessons resume	Music Students Years 7-12
2B	Thursday 4 February	Music Recruitment Night (for new students, parents and guardians) 6.30pm, Governor's Centre	Year 12 Music Prefects Yeongmeng Li (12S) Jivan Naganathan (12R) Aaron Xu (12T)
4A	Tuesday 16 February	Years 10-12 Awards Assembly, 9.55am, Great Hall	2 x Elective Piano Students (TBC)
4A	Tuesday 16 February	Presentation Night, 7.00pm, Great Hall	Senior Strings (TBC) 2 x Elective Piano Students (TBC)
4A	Wednesday 17 February	Years 7-9 Awards Assembly, 9.55am, Great Hall	2 x Elective Piano Students (TBC)
7A	Wednesday 10 March	Small Ensemble Concert, 6.30pm, Governors Centre	Guitar Ensemble Philharmonic Orchestra Senior Strings Percussion Ensemble

Music Events are continually added and are subject to change.





MEMO TO PARENTS

SUBJECT: SYDNEY BOYS HIGH SWIMMING CARNIVAL 2021

The School Swimming Carnival will be held at the **Des Renford Aquatic Centre (Heffron Park Pool)** Robey Street, Maroubra on **Monday 1 February 2021**.

The carnival will commence at 8:45 am and finish by 2:45 pm (approximately).

ALL students will make their own way to and from the Swimming Pool.

Public transport is available from Central Station and City to Maroubra Junction and Eastgardens. Students will then make the short walk to Heffron Park (Des Renford Aquatic Centre). The pool is located between Bunnerong Road and Anzac Parade, with the entry located on Robey Street. Planning their trip can be done through the transport NSW website.

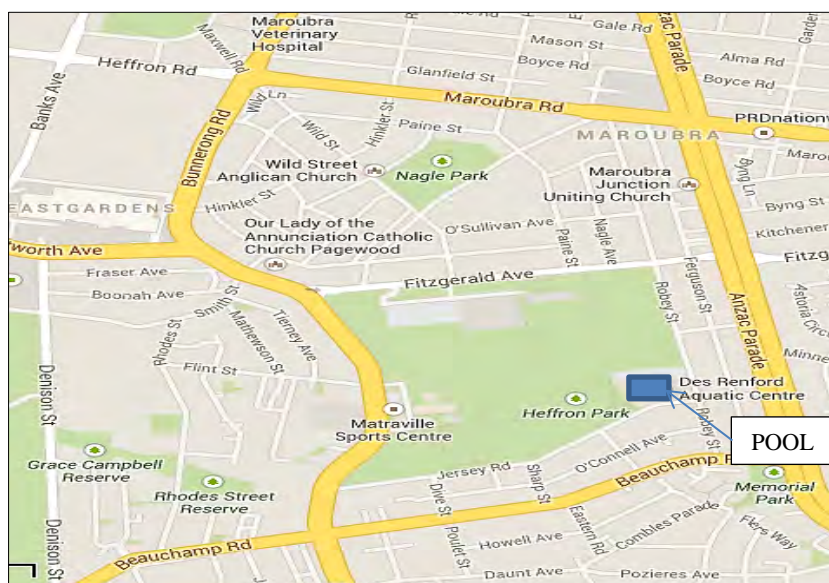
https://tp.transportnsw.info/nsw/XSLT_TRIP_REQUEST2?language=en

The roll will be marked electronically upon entry to the pool, so please bring your student ID card.

School uniform is **NOT** required. Students should wear their House colours (PE uniform), a hat and sunblock should be used as shady areas are limited. Food will be on sale from the canteen at the pool. **The Carnival will be held "rain, hail or shine!"**.

Important NOTE: Due to a DoE Staff development date change, this will be the 1st day back to school for Years 8, 9 and 10 and 2nd day back for Years 7, 11 and 12. Please bring your 2020 or 2021 school ID card with you, so you can scan your attendance.

P Loizou
Swimming Co-ordinator



ORDER OF EVENTS - NOTE: The age group you compete in is the age you turn this year

Event:

1	12years	200m	Freestyle
2	13 years	200m	Freestyle
3	14 years	200m	Freestyle
4	15 years	200m	Freestyle
5	16 years	200m	Freestyle
6	17+ years	200m	Freestyle
7	12 years	100m	Freestyle
8	13 years	100m	Freestyle
9	14 years	100m	Freestyle
10	15 years	100m	Freestyle
11	16 years	100m	Freestyle
12	17+ years	100m	Freestyle
13	12 years	50m	Breastroke
14	13 years	50m	Breastroke
15	14 years	50m	Breastroke
16	15 years	50m	Breastroke
17	16 years	100m	Breastroke
18	17+ years	100m	Breastroke
19	12 years	50m	Butterfly
20	13 years	50m	Butterfly
21	14 years	50m	Butterfly
22	15 years	50m	Butterfly
23	16 years	100m	Butterfly
24	17+	100m	Butterfly
25	12 years	50m	Freestyle
26	13 years	50m	Freestyle
27	14 years	50m	Freestyle
28	15 years	50m	Freestyle
29	16 years	50m	Freestyle
30	17+ years	50m	Freestyle
31	12 years	50m	Backstroke
32	13 years	50m	Backstroke
33	14 years	50m	Backstroke
34	15 years	50m	Backstroke
35	16 years	100m	Backstroke
36	17+ years	100m	Backstroke

**The 4 x 100m GPS Medley Relay takes place at 2pm
Carnival ends at 2;30pm, but these events take place from 2;30pm
The Year 7 swim test will be held from 2;30pm to 3;00pm**

37	16 years	800m*	Freestyle
38	17+ years	800m*	Freestyle
39	15 years	400m	Freestyle
40	16 years	400m	Freestyle
41	17+ years	400m	Freestyle
42	16 years	200m	Individual Medley
43	17+ years	400m	Individual Medley

* 800m and 400m swimmers will be timed in the SAME event time permitting

NOTE: 1. All places will be decided by times.

All records can be viewed on the school website and student portal.

SHOOTIN' 275 HOOPS

As this half of the GPS season comes to an end, we are excited about the possibilities for the beginning of next year. Last week, HIGH played strongly against St Joseph's College and competitively throughout the season so far. As this year comes to a close, there are many B-ball things to be thrilled about in the holidays.

Last week, HIGH achieved 14 wins! The Firsts won against St Joseph's College, again, and their top scorers were A.Kim, again, who shot 17, I.Taylor, who scored 14, and I.Ayoubi, again, with 12 points and 11 assists for the school they love. The FIRSTS are on top of the table in the first half of the season! Excellent work!

The FIRSTS are Top of the Table! (Source: <http://aagps.nsw.edu.au/wp-content/uploads/2020/11/AAGPS-Basketball-Competition-Round-3-Term-4-2020.pdf>)

First Grade

	Played	Won	Lost	For	Against	Points
High	3	3	0	228	174	6
Shore	3	3	0	213	181	6
Newington	3	2	1	176	138	5
St. Ignatius'	3	1	2	195	186	4
Scots	3	1	2	215	229	4
Grammar	3	1	2	197	211	4
St. Joseph's	3	1	2	144	195	4
Kings	3	0	3	207	261	3



High VS St Joseph's College Term 4, 2020
(Saturday 5 December)

TEAM	RESULT	SCORE	TOP SCORER
1st	WIN	69-46	A.KIM 17, I.TAYLOR 14, I.AYOUBI 12PTS AND 11 ASSISTS!
2nd	LOSS	44-51	D.VASILIEV 13, J.SUTO 11
3rd	WIN	54-44	TEAM EFFORT
4th	LOSS	36-24	TEAM EFFORT
8th	LOSS	35-34	TEAM EFFORT
9TH	LOSS	17-44	TEAM EFFORT
16A	WIN	33-20	J.MULDER 10 AND 10 REBS
16B	WIN	40-23	O.ZAPATA 13
16C	LOSS	19-21	E.BROWNLIE 6
16D	WIN	21-15	T.LIANG 7
16E	WIN	35-32	E.KWAG 14

16F	WIN	28-15	J.PANG 9
15A	LOSS	40-42	TEAM EFFORT
15B	WIN	29-10	K.DAHIYA 11 REBOUNDS
15C	WIN	35-25	H.ZHENG 14
15D	LOSS	26-29	TEAM EFFORT
15E	WIN	39-12	V.GUO 14
15F	WIN	34-16	V.SOMAVARMA N ON FIRE!
14A	LOSS	36-44	GREAT TEAM EFFORT
14B	WIN	23-16	M.ELGAWLY 10
14C	DRAW	18-18	TEAM EFFORT
14D	WIN	33-6	TEAM EFFORT
14E	WIN	39-4	TEAM EFFORT
14F	DNP		

Although the AAGPS games take a break until Term 1, there are two big events coming up - from 9am-12pm on December 12, the Years 7-9 tournament and - maybe the event of the year - the Seniors vs Coaches game. **It's free!** Register now! See your email.

<https://www.trybooking.com/events/landing/687375>

And, there is Marquis Training: in addition to the training before and after school, read your email and register to bring your game to the next level. School Holiday Point Guard Camp will run on 7 and 8 January in our gym. Don't forget, also, to register your interest for Summer Holiday Training. Ask Mr Hayman!

There will be a lot of Basketball to watch in these holidays! The NCAA and WNBL have already started; the NBA begins on 22 December and the NBL begins in mid-January, however the pre-season games are being played.

The 2020-2021 season has been going well so far and this trend will continue. Thank you to all the parents, organisers, coaches and players who make our Basketball program possible and make a great first half of the season. We hope you have an excellent holiday and we look forward to the outstanding second half of the season ahead. And the holidays, don't forget to play as a 'WE' team not a 'ME' team: **Play Hard, play Smart and play Together!**

Go HIGH!
Play Hard, Play Smart and Play Together!
Thanks to everyone who makes Shootin' Hoops possible
Brought to you Xavier Perry and Lucas Adamson.



High Tennis End of Year Wrap Up

With no competitions for the rest of year the high tennis program provided some fun activities at training on Thursday 3 December. The 14, 15 & 16 B, C & D participated in fun tennis activities/games with coaches

Monique and Christelle. The 14, 15, 16A's and Junior 2nd grade boys participated in a mixed doubles tournament. (top of 2nd grade with bottom of 14s etc) It was great to see and hear the boys having so much fun on the courts.

Congratulations to Raymond Qi Y7 & Harry Lao Y9 (pictured below) for winning the mixed doubles tournament.





I hope all Tennis boys and parents have enjoyed this season so far. Enjoy the holidays and hopefully you all get some much-earned rest.

Merry Christmas & Happy New Years

Kurt Rich

MIC Tennis





Sydney Boys High School

1883



Rampho Lott

The Sydney Boys High School

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Sydney Boys High School
556 Cleveland St
Moore Park NSW 2021

Dr K A Jaggar
Principal

Dear Student & Parent/Guardian,

The High Tennis program relies on fundraising to function at the high level it currently does. One of the most direct and easiest ways to fundraise is by attending parking duties. I am asking for volunteers both student and parent to attend 1 or more of the following parking duties:

- Sunday 24 January 5:15-7:15pm

All parking duties have an experienced paid attendant to assist you.

Please return the bottom slip to Mr Kurt Rich by Monday 7 December 3:15pm alternatively you may email me on richk@sbhs.nsw.edu.au

(Please Tick)

☐ **No.** No one from our family can attend.

☐ **Yes.** I/we can attend.

Name(s) of those attending: _____

Kurt Rich

MIC Tennis



CHS Selection Day

The CHS rowing trial for 2021 that occurred last Friday was a new and thrilling event for the first two Year 8 Quads, and the first three Year 9 Quads. We tried many new and exciting things. During the rowing sessions that we've had over the past term, we have been practising in quads, boats with four people, however, many people had the opportunity to try single and double sculling in the

hope of possibly competing against other schools. As we have never tried these before, many of us capsized, which was amusing for the people watching, but not as entertaining to the person in the water. Overall, even though not everyone made a team, we all had plenty of fun and it was a fascinating and unique experience for everyone.

Boris Zhang (7E)



Shed race

All crews lined up at kissing point for the 2020-21 shed race. With a staggered start no crew knew who would cross the line first after a gruelling 3km race. Congratulations to the year 9 4th quad who were successful.



Holiday training Program

It is important the boys maintain their fitness and rowing skill during the holiday period. All crews will have training through the holidays to start term 1 racing as well as possible.

Week beginning January 4	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior A		Coogee stairs - 8am	Row - 7am	Row - 7am		Row - 7am
Senior B				Row - 7am		Row - 7am
Year 10 Vllls			Row - 7am			Row - 7am
Week beginning January 11	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior A	Camp starts 8am	January Camp	Camp finishes 11am		Row - 7am	Row - 7am
Senior B	Row - 8am		Row - 7am		Row - 7am	Row - 7am
Year 10 Vllls	Weights - 7am		Row - 7am		Weights - 7am	Row - 7am
Year 9 Quads	Weights - 7am		Row- 8.30- 10.30		Weights - 7am	Row - 7.30
Year 8 Quads	Weights - 7am		Weights - 7am		Weights - 7am	
Week beginning January 18	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior A	Weights	Camp starts 8am	Camp	Camp finishes 11am	Weights	Row - 7am
Senior B		Rowx2 - 7am	Rowx2 - 7am	Rowx2 - 7am		Row - 7am
Year 10 Vllls		Camp starts 8am	Camp	Camp finishes 11am	Weights	Row - 7am
Year 9 Quads	Weights	Row – 8.30am	Row – 8.30am	Row – 8.30am	Weights	Row - 7.30am
Year 8 Quads	Weights	Row – 8.30am	Row – 8.30am	Row – 8.30am	Weights	Row – 8.30am
Week beginning January 25	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior A	Row - 7am		Row - 7am	Row - 7am	School Begins Weights	Row - 6.30am Row - 9.30am Finish - 11.30am
Senior B	Row - 7am		Row - 7am	Row - 7am	School Begins	Row - 6.45am Erg/run - 9.30am Finish - 11am
Year 10 Vllls	Row - 7am		Row - 7am	Row - 7am	Weights	Row - 6.45am Erg/run - 9.30am Finish - 11am
Year 9 Quads	Row – 8.30am		Weights		Weights	Row - 7.30am Finish - 10am
Year 8 Quads	Row – 8.30am		Weights		Weights	Row - 8.30am Finish - 11am

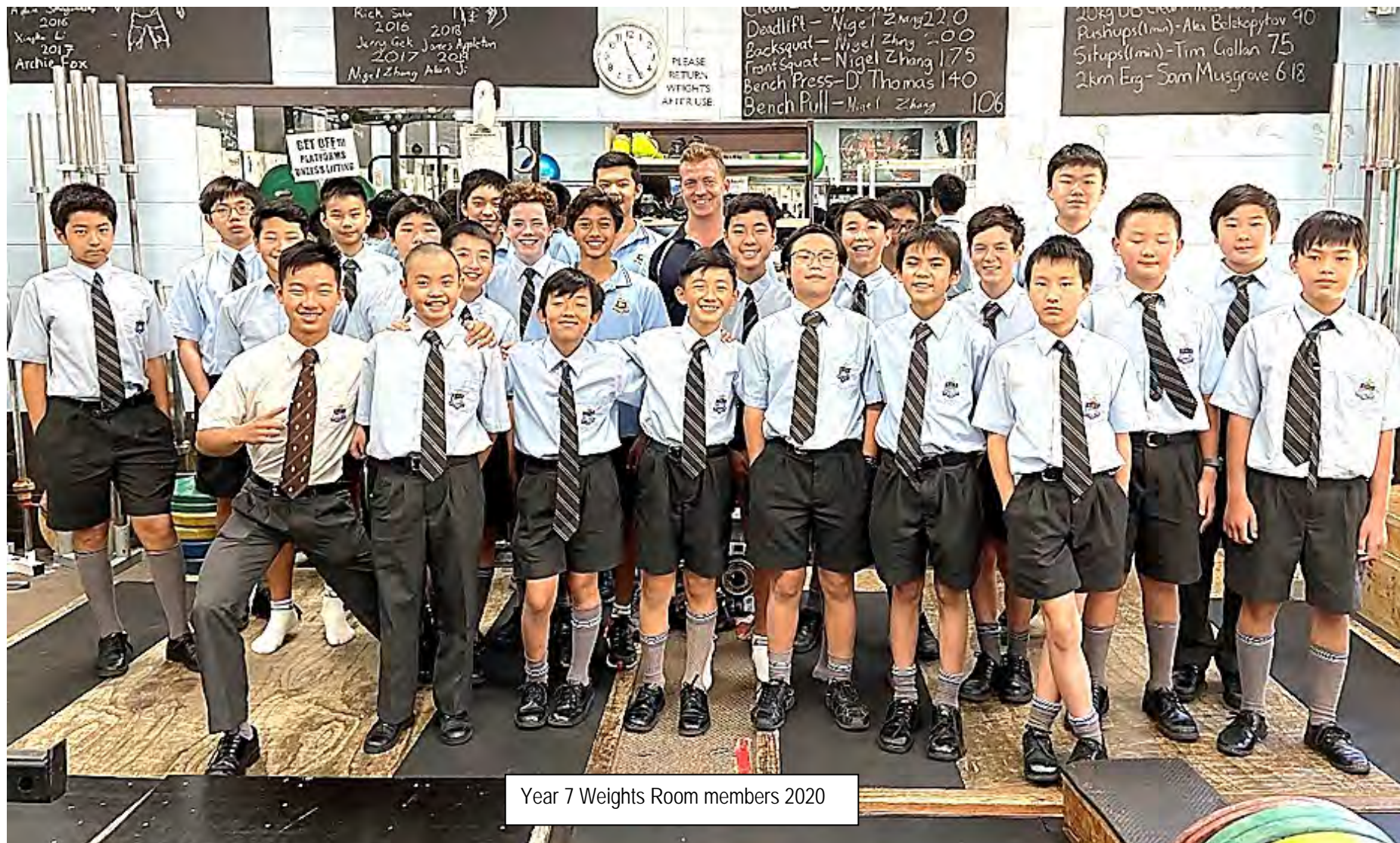
Year 7 Chin-Up CHAMPIONSHIP 2020

Year 7 Chin Up Championship 2020

The Year 7 Chin up Championship of 2021 has been won by Dylan Dutt (7F) with a Year 7 record of 18 successful chins. The previous record holder was Nelson Cheng (10T) who won in 2017 with 15 repetitions. Both are

pictured below. Dylan Dutt is involved in 3 GPS sports, comes to the weights room 2-3 times a week, and has topped his year academically. Well done Dylan!





Year 7 Weights Room members 2020

A lot of good times was had by these boys this year, given the break during the middle of the year they have been impressive with their progress. Many boys come to the weights room multiple times a week. If you're staying in Sydney during the holidays, I encourage all boys to come in when we're open to continue your training into the new year.

Kurt Rich

Head Strength & Conditioning Coach

Holiday Weights Training

Please see below for the upcoming holidays weights room opening times for members.

December Sessions:

Friday 18. 9-11am

Monday 21. 9-11am

Wednesday 23. 7-9am



WEIGHTS ROOM

January 2021 sessions:

	<u>Monday</u>	<u>Wednesday</u>	<u>Friday</u>
	<i>11 January</i>	<i>13 January</i>	<i>15 January</i>
1	7-9am	7-9am	7-9am
	<i>18 January</i>	<i>20 January</i>	<i>22 January</i>
2	7-9am	7-9am	7-9am
	<i>25 January</i>	<i>27 January</i>	
3	7-9am	7-9am	

School Gym returns to normal hours Tuesday 2 February

*Monday 1 February is the school swimming carnival

Kurt Rich

Head Strength & Conditioning Coach



December 2020

11-12-2020

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10 B	14 Life Ready, Year 10, The Great Hall Excursion: Prefect Volunteering Centennial Parklands	15 Life Ready, Year 10, The Great Hall	16 Life Ready, Year 10, The Great Hall Last day of Term 4 for students (Years 7-11)	17 Staff Development Day	18 Staff Development Day Release of HSC results, 06:00 Release of ATAR results, 09:00 Year 12 Brunch - HSC/ATAR results, 11:00 LAST DAY OF TERM 4 (Staff)	19 The Great Hall: Rifle Shooting coaching course	20 The Great Hall: Rifle Shooting coaching course

January/February 2021

11-12-2020

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 A	25	26 Australia Day - Public Holiday	27 Staff Development Day Water Polo: Training, 1sts, 2nds, 16s, Ashfield Aquatic Centre, 09:00-12:00	28 Staff Development Day Water Polo: Training, 15s, 14s, Ashfield Aquatic Centre, 09:00-12:00	29 Years 7, 11, 12, and new Year 8 and 9 students resume school Year 7 Transition Program PDHPE: 1600m Run, Y7 to Y10 PDHPE: 1600m Run, Y7 to Y10	30 Sport: Trial: SIC v SHS Water Polo: TBC	31
2 B	1 Years 8, 9 and 10 resume school Medical Booklet Update School Swimming Carnival, Des Renford Pool (Heffron Park), Maroubra GPS Open Relay 1, SBHS Invitation, 14:00 Tennis: SE Trials (tbc)	2 Welcome to New Parents of Incoming Students 2021, The Great Hall, 18:00-20:00 Marching Band Rehearsal, room 204, The Great Hall, 15:30-16:30	3	4 Year 7 Meeting, Great Hall, 09:55-10:20 Year 7 Music Recruitment Night setup, Great Hall, Governors Centre, 11:00 Year 7 Music Recruitment Night, Great Hall, Governors Centre, 18:30 Swimming: GPS Annual Dinner, St. Joseph's College Parlour, 18:00	5 Marching Band Rehearsal, MPW, The Great Hall, 08:00-09:00 Assembly to Welcome Year 7 + Summer Sports Assembly (Basketball, Cricket, Tennis, Waterpolo, Sailing, Swimming), Great Hall, 10:15-11:00 (7, 11, 12)	6 Sport: SHS v SIC Rowing: High Regatta, Hen and Chicken Bay	7
3 C	8 Year 7 Outdoor Education Camp (Morisset) P+C Executive Meeting, Zoom video conference, 17:00 P+C Meeting, Zoom video conference, 18:30-20:00	9 Year 7 Outdoor Education Camp (Morisset) The Great Hall: Prefect afternoon tea, 15:15-18:00 School Council Meeting, Board Room, 17:30-19:00 Marching Band Rehearsal, room 204, The Great Hall, 15:30-16:30	10 Year 7 Outdoor Education Camp (Morisset) Cricket: Committee meeting, 901, 18:00	11 Sports Council Meeting, Board Room, 07:30 Elevate: New Year 9 (Time management), Pl, Junior library	12 Marching Band Rehearsal, MPW, 08:00-09:00 Rowing: CHS, SIRC, selected rowers Swimming: GPS Qualifying carnival	13 Sport: SHS v Shore Rowing: Shore Regatta, Hen and Chicken Bay (Quads) Rowing: Kings/PLC Regatta, SIRC (Year 10 VIIIs/Seniors)	14
4 A	15 Rugby: Yr 7 house 7s, lunch 1+2, E+F	16 *** Years 10, 11 and 12 Awards Assembly, Great Hall, 09:55-10:40 Rugby: Yr 7 house 7s, lunch 1+2, M+R Presentation Night rehearsal (All prize winners), Great Hall, 11:50-12:50 Presentation Night, Great Hall, 19:00-21:00 Swimming: GPS Qualifying carnival Marching Band Rehearsal,	17 Years 7, 8 and 9 Awards Assembly, Great Hall, 09:50-10:35 Rugby: Yr 7 house 7s, lunch 1+2, S+T Tennis: CIS Championship	18 Elevate: Kickstart, Year 7, Pl, all students in normal classrooms	19 Marching Band Rehearsal, MPW, The Great Hall, 08:00-09:00 Volleyball: SE Trials, Olympic Park (tbc) Basketball: CHS Opens KO Round 1 (tbc) Debating: FED NC v SBHS	20 Sport: Trial: SGS v SHS Rowing: Riverview Gold Cup	21