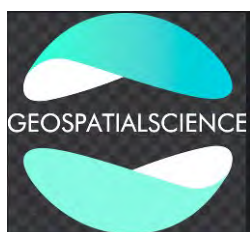




From the Principal High Talent



At the Combined High Schools Rowing Championships held at SIRC last Friday, High won the Peter Bond Trophy for the overall point score. High crews won eight gold, eight silver and six bronze medals at the championships. Congratulations to the team, MIC & coaching coordinator George Barris and his coaches. The Destination Spatial Queensland (DSQ) and the Surveying & Spatial Sciences Institute (SSSI), held the 2019 Geospatial Information Competition. Year 9 entered with the brief of "using spatial technology to solve a local geographic issue". Stan Tse (10E) and Joshua Chan's (10T) project 'Unemployment in Cabramatta' has been declared the joint second



place winner and will receive \$200 (\$100 each) and a certificate for their efforts. Ming Lee (10T) and Jarif Asad (10E) have also been recognised by the judges and been awarded Highly Commended for their work on 'Conservation of Mangroves in Sydney'. Great work, boys!

Early bird discounts have closed

Parents of students in Years 8-12 have had an opportunity to earn a substantial discount in return for paying all of the items listed in their letters. The scheme concluded at close of business on Friday 28 February. Discounts no longer apply. Thank you to so many parents who have supported the school fully in its efforts to provide high quality facilities and resources for everyone.

Funds Held in Trust for the benefit of High boys

The *Sydney High School Foundation* holds funds in trust for the benefit of the school. The **SHS Advancement Fund** enables tax-deductible donations to be made for the purposes *of school buildings, scholarships*

and student support by way of bursaries.

Audited accounts for the Foundation show that as of 31 January 2020 there were the following balances within the *Advancement Fund*: \$115,927 for the *Ethel Killip Memorial Fund*; \$126,114 for *Prizes*; \$106,578 for the *Phil Day Memorial Scholarship Fund*; \$63,637 for the *Student Support Fund* and \$8,380 for the *Mitchell Seow Memorial Prize*. In total, SHSF manages \$421,158 in funds for the school. Usually, half of the interest earned on these funds is donated to the School for uses as determined by the Fund Deeds. However, due to a sustained period of very low interest rates, interest has been retained 2014-19, in the interests of maintaining the real capital value of the funds. The Seow Fund is a specific prize commemorating the sudden death from unknown causes of a much-loved student who had just completed his HSC. The Student Support Fund supplements the DoE Student Equity Funds with direct financial help to students in necessitous circumstances. The Phil Day Memorial Fund finances an annual scholarship, worth \$1,500, in memory of an Old Boy and long serving teacher, Head Teacher and Swimming MIC. The Prizes Fund helps to pay for some of the >\$30,000 worth of prizes awarded each year to students. The Ethel Killip Memorial Fund pays for the replacement and upkeep of honour boards, memorabilia of Old Boys, photographs on walls and the school artworks collection. The *Ethel Killip Memorial Fund* purchased >\$35k (2014-19) of indigenous artworks for our Na Ngarra collection in McDonald Wing. We are always seeking donations for any of these fund purposes. If you would like to help, contact High's Development Office on 96629330 or email:

WoodsP@shsfoundation.org.au

Weights Room



Memberships for the Weights Room have now closed. Thank you to the many boys who value this facility and have joined for 2020. Quite a few

Year 7 students took advantage of our great introductory offer to join the weights room for their first year for just \$150. Kurt Rich can now focus on the personal preparation, training and

development of all members. From now on, training session times to suit all members can be allocated. Visits when space is available are unlimited throughout the year and extend to school holidays when the weights room is open but with reduced hours. The development and maintenance of core strength are enhanced through regular weights room programs.

Dr K A Jaggar
Principal

Meet the 2020 Prefect Intern



What other extracurriculars or sports are you a part of?

When I came in to the school in year 9, I knew I was at a slight disadvantage, so I put my hand up for everything I could. I instantly joined Rowing and Soccer but later joined Rugby in Winter, which I can say with confidence is a much better sport than soccer. I joined two bands, Senior Concert and Senior Stage Bands playing Clarinet and Saxophone as well as Debating which I am, as you know the Prefect of. Amongst other activities I was able to culminate a large sum of points in the point system in my first year nearly achieving Gold. My second year I Achieved Platinum and only 9 points away from the Trophy, the 6th highest award in my 3rd year.

How was your experience of transitioning into a new school in Year 9?

Being a Year 9 import was very easy. Although,

transitioning from one school to the next logistically was tricky at times, learning new classes, timetables, teachers etc. but everyone was happy to show me around whenever I didn't know where to go. Socially, the SBHS community is very inclusive. This made making friends and feeling like a true high boy a quick and easy process. I was aided by doing the sport, Rowing which throughout spending 6 days a week with my fellow rowers for the last 3 and half years, helped me make lifelong connections and experiences I will never forget. Being a part of multiple schools and seeing how different school groups manage sport and work, I can truly say that High is one of the best schools in the world, even if we tend to not come first in every rowing race.

What do you enjoy doing outside of your school life?

Being a rower at high, with 9+ training sessions per week and hours of studying during the weekends, does eat up time from your social and outside school life but doing different activities during free time is a necessity in keeping motivations high. I myself, love to skate and surf which admittedly I need to get back into. I play club Soccer and play Basketball with my mates on the weekends. Although the least productive activity possible, YouTube is a large part of my life. I like to watch Physics, Chemistry and Math videos which I can justify in my head is 'Work', though it is definitely not as well random funny videos which help my brain relax for a couple minutes during my immense weekly schedule. I also dabble in watching Netflix from time to time, but for my year 12 year, I'm trying to cut down, and instead focus on my work.

Jordan Whittaker
Debating Prefect 2020

Meet the 2020 Prefect Intern

What does High Spirit mean to you?

High spirit can be definitively encapsulated in a single word: Camaraderie. To me High Spirit is the unwavering support each boy in this school has for each other and the lengths we are willing to go to see each other succeed.

How can High Spirit be achieved?

High spirit can really be achieved by simply showing up. I mean you may not be the loudest voice in the crowd, but by simply attending the sporting events and cheering your heart out you essentially embody High Spirit.

What do you love about Sydney Boys?

I don't think I can add anything meaningful to this topic that has not already been said, only that High has provided a wealth of opportunity for me. Over the course of my time here, I've had the chance to try a plethora of GPS sports and just as many co-curriculars. A word of

advice to the 2 or 3 people who may be reading this right now -- jump at any opportunity this school provides you.



How has High shaped you as a person?

I didn't transition from primary school to high school as gracefully as my peers did. As a result, I found Year 7 particularly hard as I struggled to make new friends and get attuned to the culture. If someone told me then that one day, I would be sitting here typing up my answers to the Meet the Prefect questions I would probably have laughed at the very thought of it. High has shaped me to become a better man, I believe we all eventually undergo that transformation during the 6 years here.

If you were stranded on a desert island, what three items would you want to have with you?

The first thing I would bring is a decent waterproof camera to vlog (à la Casey Neistat) what could be the final days of my life. The second would be a boat for obvious reasons, and my final item would be a message from Mr Marcos saying I missed Saturday sport as Mr Dowdell will surely find me wherever I am to give me a morning detention.

Adin Quach
High Spirit Prefect

STUDENT ABSENCE

If your son is absent from school please call 9662 9300 dial 1 for student absence or email absences@sbhs.nsw.edu.au to explain the absence.

STUDENT LATE ARRIVAL

If your son is going to be late for school please ensure that he scans in on arrival outside the main office. The scanner will generate a late slip which needs to be signed by the teacher of the current period, parent and a Deputy Principal.

EARLY LEAVE

Students must bring a note that has been signed by **both** a **parent AND** a **Deputy Principal** to the office **BEFORE** 8.55am.

The note must contain the student's name, ID number, roll class, date, time of departure and reason for leave. The student then returns to the office at the stated time and collects an early leave pass.

Please note: Early leave requests sent via email or telephone will not be accepted. It is the student's responsibility to bring the note and submit with signatures before 8.55am.

EXTENDED LEAVE

This form is if you require **extended leave** for your son for **five days or more** please apply in writing using the departmental application leave form available on the parent portal or front office. Your son must then present this application to Dr Jaggar for permission for extended leave. Please note: Leave applications need to be submitted **four weeks prior** to your son's leave of absence.

OUT OF SCHOOL HOURS SPORT

If your son is unable to attend sport training outside school hours or Saturday fixtures, please send an email to absences.sport@sbhs.nsw.edu.au to explain the absence.

Opal Card Reminder



Please remember to **tap on and off** when travelling with a school opal card





Thank You & Welcome

Thank you to all new parents who signed up to help at the High Canteen this year. We look forward to your ongoing support over the next six years. It is a great work environment and offers an exciting window into the world of High. Don't forget to complete a *Working With Children's Check* through Kids Guardian.

Open daily from 8.30am, the Canteen raises substantial funds for school projects each year. This is possible only due to the prudent business model adopted by canteen managers Karen & Tracey as well as the generosity of our parent volunteers, who form the backbone of school canteen.

Each day, 3-4 parent volunteers are required to help prepare our extensive menu that includes soup, salads, hot and cold rolls, sushi, wraps, sandwiches, burgers, rice and pasta. Parents also serve at canteen windows during recess & lunch. This greatly reduces our operating costs and allows canteen to revert all profits to P&C. Our extensive menu and reasonable prices can only be sustained due to the valuable contributions of the parent volunteers who so generously give their time.

If you have a few hours to spare each month, please ring **9662 9350** or email canteen@sbhs.nsw.edu.au. Many hands make light work. Full training will be provided, and language is no barrier.

The following were our parent helpers over the past few weeks:

29/1/20: Yasmin Khan, Ria Lam, Dimi Barlas,
30/1/20: Kefang (Annie) Yu, Usha Arvind,
31/1/20: Alice Wie. Min Wie,

3/2/20: Swimming carnival
4/2/20: Kathy Cowan, Shirley Garcia,
5/2/20: Belinda Whitfield, Lynn Teo, Eve Chan
6/2/20: Michele Adamson, Al Iian Qian (Irene)

10/2/20: Roman Luchlco, Lisa Fackender,
11/2/20: Satpul kaur, Kannas Pang, Genka Parthiban
12/2/20: Janet Lam, Jin Song, Rowena Dixon,
13/2/20: Jingze Jin,
14/2/20: Mook kooi Loo, Usha Arvind, Kim Xie,

17/2/20: Kelly Huang, Bavani Somavarman,
18/2/20: Vani Bhalerao, Hang Nguyen, Phan Nguyen,
Taslima Akther Chodhurry,

19/2/20: Vivian huang, Quing Chen,
20/2/20: Letty Chan, Hyun kyung Kin,
21/2/20: Kath cook, Meilan Gao, Rongmei Zhang

Seeking new committee members

High Canteen is managed by a subcommittee of P&C. We are urgently looking for parent volunteers to take on committee positions such as president, secretary, volunteer coordinator. Committee meets at school on a second Friday. Full training will be provided by outgoing members. Bulk of role can be conducted remotely. All members of current committee retire in 2020.

High Canteen is a Healthy Canteen

Please continue to support the school canteen as we expand on the healthy eating initiatives. Embracing fresh and wholesome foods, reducing portion sizes and knocking back sugary treats are the pillars on which the strategy is founded. Our already extensive menu is constantly updated with seasonal variations and daily specials. We also cater to special dietary needs. Check out the new menu. Did you know that you can pre-order online and in person before morning bell? This will also help reduce food wastage and cut back waiting times.



Cashless payments

We encourage more students to use the tap n go payment option through Student TAG. Check student or parent portal for further details. This greatly reduces waiting times and cash handling.

Usha Arvind

President Canteen Committee

STEP 1: Register for Flexischools

*Add your student, their year level and link an ID card to get started.

STEP 2: Top-Up your Account

*Choose from Visa, Mastercard, PayPal or direct deposit. Auto top-ups ensure available funds.

STEP 3: Add Daily Spend Limit

*Limit access to your Flexischools funds by adding a daily spend limit per student.

STEP 4: Student Pays with ID Card

*Funds are debited from your Flexischools balance to make on-campus purchases. There is no need to transfer funds to the card.

flexischools.com.au

P & C News

New Parents Welcome Evening

Last Wednesday, the P & C hosted a welcome evening for parents new to High, which was very well attended. We would like to thank the speakers for their insight into the school and its processes – Dr Jaggar, Jamie Kay, Geoff Waring (P&C President) and Binh Johnsun (Parent Representative). Managers in Charge of sports and activities, as well as committee members and senior students, were on hand to provide information and advice. Parents had ample time to ask questions at the co-curricular activities' stalls, talk informally to staff and mingle with each other.

The Sailing Committee provided a scrumptious array of finger foods and the students from the sailing squad did

an outstanding job as waiters. Thank you to Julia Zhu and Chi Nguyen for coordinating the catering and the following parents who prepared or contributed food: Alan, Andrea, Andy, Annie, Arudsothy, Belinda, Brett, Chika, David, Florence, Gabriel, Hsiu Lin, Janet, Jo, Joanna, John, Juni, Justine, Marina, Mary, Michelle, Shirley, Wendy and Yong.

We would also like to thank the following parents (and their respective sons) who helped with set up, serving drinks and clean up after the event: Binh Johnsun, Felix Tjandrawibawa, Jessica Pu, John Donohoe, Kim Puah, Kim Xie, Lancy Zhang, May Wu, Shirley Dai and Usha Pachapakesan.

Eleanor Tan
P & C





Student Absences for Private Instrumental Lessons + Music Ensembles

Students and/or Parents and Guardians are responsible to notify their absences directly to their Private Instrumental Tutor and/or Music Ensemble Conductor.

Private Instrumental Lessons: Please contact the tutor directly, 24 hours prior if student is unable to attend their lesson. Students will be charged for the full lesson if notified less than 24 hours.

Music Ensembles: Please contact the ensemble conductor directly (via email or if conductor has another method of communication) if you are unable to attend the ensemble rehearsal. 80% attendance is required across a semester (i.e. students can only miss 2 rehearsals each semester and must supply a medical certificate and/or a written letter from parent/guardian). Years 7-9 are NOT excused during examination periods during the year.

Chamber Choir

Due to the choral conductor's schedule and student commitments before school, Chamber Choir will not be running till further notice. Students, parents and guardians will be notified via the Student Daily Notices/High Notes/SZapp/Parent Guardian Music Contact List Email, when Chamber Choir is back up and running.

Apologies for the last-minute notice and any inconvenience caused.

European Music Tour Rehearsal: Sunday 8 March

9.30am-12.30pm: Percussion Ensemble (Room 201)

9.30am-10.30am: Clarinet Sectionals (Room 101)
10.00am-12.00pm: Brass Sectionals (Great Hall)
10.30am-11.30am: Clarinet & Saxophone Combined Sectionals (Room 101)

11.30am-12.30pm: Saxophone Sectionals (Room 101)
Rehearsal is compulsory for European Music Tour Students. Rehearsal date(s) was notified last year.

2020-2021 Parent/Guardian Music News and Future Notifications

In addition to the weekly High Notes, there are currently TWO communication methods the Music Department is notifying parents and guardians regarding upcoming Music Events e.g. Music Camp/Music Workshops/Music Committee Meetings.

PLEASE NOTE: All future music news and notifications will be transitioned to **SZapp** at the start of 2021.

For now, there are two communication methods for parents and guardians, please see the two options below.

Option #1: Please download **SZapp** from the Apple App Store or Google Play and subscribe to **MUSIC**. Installation guide is in High Notes

Option #2: Please send the following details to music@sbhs.nsw.edu.au if you would like to receive emails regarding the Music Performance Program only [i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.].

- Email Subject Line: Music Contact List
- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address

If you would like to be removed from the Parent/Guardian Music Contact List, please email

music@sbhs.nsw.edu.au



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Intermediate Concert Band Room 201 7.45am - 8.45am	Senior Concert Band & Symphony Orchestra Room 201 7.45am - 8.45am	Junior Stage Band Room 101 7.45am - 8.45am	Intermediate Stage Band Room 101 7.45am - 8.45am	Senior Strings Ensemble Room 101 7.45am - 8.45am
*Guitar Ensemble Room 202 7.45am - 8.45am	**European Music Tour String Ensemble Room 204 7.45am-8.45am	Senior Stage Band Room 201 7.45am - 8.45am		***Marching Band MPW 8.00am - 9.00am <i>Term 1 & 4 ONLY</i>
Chamber Choir 7.45am-8.45am Room 203	*Guitar Ensemble Room 202 3.30pm - 4.30pm	**European Music Tour Stage Band Room 201 7.45am-8.45am		
	**European Music Tour Concert Band Room 201 [Term 1] 3.30pm - 4.30pm	Philharmonic Orchestra Room 204 7.30am - 8.30am		
	***Marching Band Room 204/GH/MPW 3.30pm-4.30pm <i>T1 & T4 ONLY</i>	Percussion Ensemble Room 201 3.20pm - 4.20pm		Jazz Ensemble Room 201 3.30pm-4.30pm

Please note the schedule is subject change. Please check with Ensemble Conductor and/or the Music Department
PLEASE CHECK THE DAILY NOTICES-HIGH NOTES-SZAPP-MUSIC PARENT/GUARDIAN EMAIL FOR UPDATES/NOTIFICATIONS/CHANGES

*Guitar Ensemble [2 Sessions]: Students who are unable to attend one of the rehearsals can join the alternate session.

**European Music Tour [EMT]: Rehearsals will only run till the end of Term 1 in 2020. No EMT rehearsals in Terms 2-4.

***Marching Band will commence from Term 4 in 2020. No rehearsals in Term 1 due to the 2020 European Music Tour. Rehearsals will commence in Term 4 in 2020. Compulsory attendance is required for students in Concert Band, Stage Band and selected Percussion Students [no piano students].

✓ Students need to remember to schedule lessons at a different time to music ensemble rehearsals.

✓ An attendance rate of 80% per Semester [i.e. 2 absences per Semester only] is necessary to obtain Award Scheme Points

✓ Music Packet: Attendance of 5 full years is required. New Students in Years 8-11 will need to speak with the Music Department

2020 Music Ensemble Schedule

Music Storage Room

To all students who carry music instruments only: Please place your instruments in the music storage room (located next to Room 101). Please do not block the pathway and make sure the door is closed at ALL TIMES.

2020 Term 1 Music Events Calendar

Week	Date	Event	Music Students Involved
Week 6C	Sunday 8 March	European Music Tour Ensemble Rehearsals	EMT Students
Week 8B	Monday 16 March	ENCORE, 7pm at Angel Place City Recital Hall	Elective Music Students Years 10-12 only
Week 8B	Tuesday 17 March	European Music Tour FINAL MEETING prior to departure	All 50 European Music Tour Students and at least one parent/guardian
Week 8B	Friday 20 March	Rowing Assembly 10.15am, Great Hall	Musicians TBC
Week 9C	Sunday 29 March	European Music Tour Farewell Concert, 1.30pm Great Hall	EMT Concert Band EMT Stage Band EMT String Ensemble EMT Percussion Ensemble
Week 11B	Wednesday 8 April	Anzac Day Assembly	Musicians TBC
-	Saturday 11 April - Saturday 25 April	2020 European Music Tour Finland, Estonia & Russia	EMT Concert Band EMT Stage Band EMT String Ensemble EMT Percussion Ensemble

Music Events are continually added and are subject to change

Music Department

P: (02) 9662 9300

E: music@sbhs.nsw.edu.au



CHS Rowing Championships Report

Last Friday saw a select group of Sydney High rowers embark to the regatta centre in Penrith for the annual Combined High Schools regatta. In the week approaching the regatta, the senior A squad worked diligently in their new small boat combinations, understanding the day's significance as the second most important regatta of the season and therefore not wishing to waste any opportunity at medals.

A routine 5AM wake-up for the seniors and year 10s after a Thursday night camp meant there was plenty of time for breakfast and cleaning up before leaving. As parents rushed in and out of the sheds, packing seemingly endless amounts of food for a long day of racing, the rowers climbed to the top of the ramp in order to jump onto the bus.

Racing began for high at 8:10, the first race seeing Fraser Wait, who later went on to win the event, grab an easy win in his heat for the U16 single scull. An hour later, Adrian Wong won his heat in the U17 single scull, with Lachlan Wu and Klim Tsoutsman also advancing into the final with him.

Midday approached and the senior rowers came to their first race of the day, the Championship Men's Coxed Quad Scull, an event which High had narrowly missed out on securing for the past 2 years. In the end, 2 of the 3 High crews sat in the gold and bronze medal positions, a Sydney Secondary College crew closely edging out the bronze medal crew by 0.53 seconds, with the third High crew sitting in 4th place by 0.56 seconds. Soon afterwards, the Championship Men's Pair, consisting of Jordan Whittaker and Ben Kernohan, easily grabbed the gold medal over a Sydney Secondary crew.

The Year 8 and 9 Quads found themselves in plenty of medalling position in the U15 and U16 Coxed Quad Sculls respectively, further adding to High's medal tally. The seniors also found further success, with very good placings in the Championship Men's Four and Championship Men's Eight, with our last race of the day, the Championship Men's double Scull, seeing Angus Henningham and Lawrence D'Mello push themselves into a silver medal position amongst a large field.

The final presentation at the end of the regatta marked slight disappointment within the squad as best junior rower was awarded to two boys from Northern Beaches Secondary College and it was announced that the awardee for best senior rower was still to be decided. However, it came time for the announcement of the official standings in points. Sydney Girls sat in 1st place amongst the girl's schools with a total of 40 points but, for the first time since 2014, we sat just slightly ahead of them with a total of 42 points. To much celebration and applause, High accepted the Peter Bond Trophy for CHS Point Score Champions.

A big thank you to all those who were involved in the regatta, especially all of the parents who gave up their day to prepare an assortment of fresh foods for the boys, the coaches who provided their support and dedication, the rowers who put on a great performance, and of course, Mr Barris for his excellent organisation of our program, without which such success would not have been possible.

Alan Jessup, Captain of Boats

Crew of the week – Fraser Wait – CHS Under 16 single scull Gold

Key Dates Coming Up

Event	Who
Riverview Gold Cup – 29 February	Selected crews
Kings/PLC Regatta – SIRC – 7 March	Seniors/Year 10 Vllls
All schools Regatta - H+C – 7 March	Year 8 and 9 Quads
AAGPS Head of the River – 21 March	Seniors/Year 10 Vllls
Rowing Dinner – 28 March	Everyone



SGHS/SBHS Co-Production 2020



Calling in Players - Years 9 to 12

The SGHS/SBHS Co Production begins with all potential performers from week 5 MONDAY 24th February - thence every MONDAY after - some upcoming Sundays in late Term 1 and Term 2

OPEN TO ALL

TECH and PRODUCTION - week 5 Term 2 (27th May - 2nd June)

contracts and parental permissions available from first week (Monday 24/2/20)

Workshop process –MEET – Campbell Hall, Sydney Girls HS

Players - Ready to improvise / devise / playbuild and create
musos/stage crew

WEEK 1 – GENERAL INTRO AUDITION

(you are welcome to change into comfortable workshop clothes)

Bring a performance piece – ie: poetry slam/rap/monologue/tell a short tale/story/joke (choose carefully) /sing a song

Just bring something to show us

Surbey/Schlam



HIGH SAILING

Last Saturday was an important and rewarding session for our boys, giving us some crucial experience in light wind sailing in both a fleet and teams environment.



Year 7 sailors in the optimist boats.

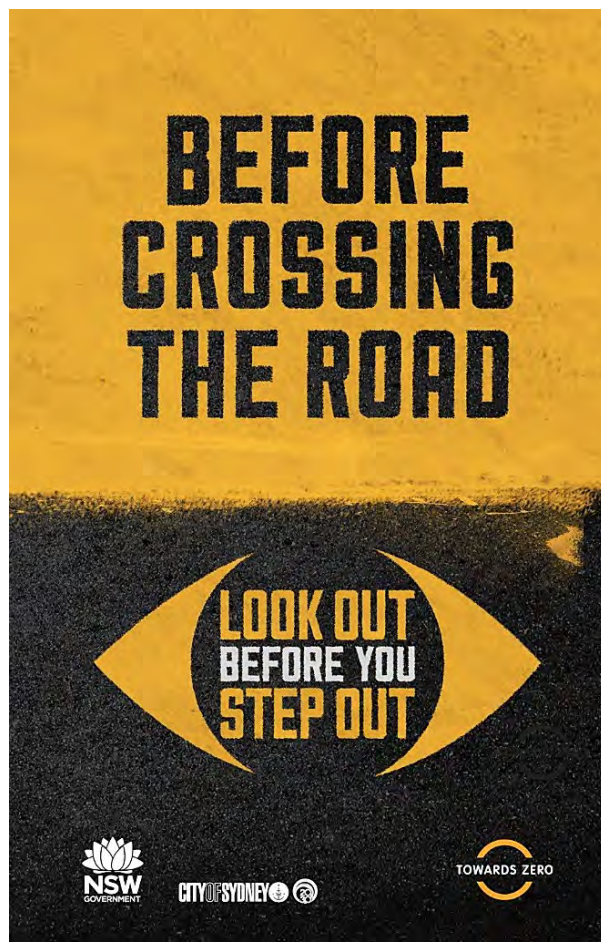
The morning's fleet racing against Scots and Cranbrook brought many notable results for our school. Despite the light conditions, we were able to fit in two races, and we maintained very strong positions in both. Arion Sclavenitis (11) took the 1st place position in the first race, and I won the second race. Jarrod Khaw (12) and Julian Alcorn (12) also held top three positions in both races.

In the afternoon we took part in a Teams racing training session. We refined our approach to the all-important start sequence, and practiced mark traps and penalties as well. This was a very rewarding session for those doing teams, and for the nine committed juniors who stayed back to practice their technique and boat speed.

Thank you again to our coaches Johanna and Hugo, our MIC Mr Cotton, and old boy Jack Vorgias for making sure things ran smoothly on Saturday.

Nicolas Palmer

1st Grade Vice Captain



SHOOTIN'

261 HOOPS

Welcome back to newest edition of Shootin' Hoops. AAGPS Basketball is probably the strongest school Basketball competition in Australia. This weekend our School opposed one of the strongest School's we've seen recently, Riverview College. With slightly more losses than wins, we didn't have a great weekend but every team is looking to improve from this and grab a win next week regardless of how they went this weekend. ***Our First's had an amazingly tight WIN with a HUGE crowd as an audience and the score being close the entire game.*** Even though their Riverview First's were able to gain a decent lead at the end, Kwabena Brefo, Eoin Fitz-Gerald



and Mitch Sawyer were all able to perform under pressure and take back the lead with a few clutch points within the last minute. Adam Gordon was also one rebound short of the SBHS All-Time rebound record. Second's also had an entertaining game, however due to Riverview's physical defence which Second's wasn't used to their plays began to not work as efficiently.

This week firsts played against Riverview. Coming off a narrow win in the preseason, the boys knew View were going to be much more improved. High aimed to improve transition defence, whilst executing their set plays to counter this quick, passing View team. High gained a quick lead at the beginning, although it was back and forth

in the first quarter. In the second quarter, View gained a noticeable lead, but High resiliently stuck with their game plan through the half. Playing more energetically in the 3rd quarter, with a trapping defence, High gained back the lead, increasing this to 12 up, before View called a timeout, where they switched their defensive game plan to a 1-3-1 zone. It was here, View had a little run, once again overtaking High. Mr Hayman called a time out and changed High's defence and offense and the lead was reduced to a 8 point lead, leading into the final minute. Once again Mr Hayman called a time out and extended the defence and set up a new attacking strategy for Eoin Fitz-Gerald who pulled up quickly to hit a quick transition three, before High played incredible hustle defence, allowing Eoin to hit another unbalanced, pull-up 3. High were down 2, 15 seconds left in the game, and there was still hope. On a narrow miss, Mitch Sawyer grabs the rebound, heroically putting the ball back in for 2, tying the game up with 10 seconds left. Hitting a free throw each,

High and View are tied, before a final timeout by Mr Hayman to draw up a play for Eoin. Eoin ran the play to perfection, drawing a foul, and hitting a free throw with 3 seconds left, allowing High to take a miraculous, and hard fought win. Special mention to Adam Gordon, with 14 points, 25 rebounds and a whopping 36 productivity, as well as Kwabena for his impactful 14 productivity. We play Grammar next week who will be excited for the battle of the selective High Schools and we will be looking to use the momentum from the Riverview game to push through the season.

Seconds had a tense game on the weekend, however unfortunately barely losing at the end. We started out the game in the first half strong, evenly competing with Riverview. However when Riverview began to turn their attention to their defence which then transitioned into their momentum on offence, we began to fall off due to the fact that we weren't used to running the plays with that kind of pressure. Shoutout to Andrew Kim with a solid 12 points, we eventually lost to the Riverview side 42-58, however in the next week through vigorous training, Seconds will come out on top.

The 15s had a luckless Saturday, with only the C and E team snatching the lead at the end of the game when opposing Riverview. However it wasn't all down hill on the

weekend, even though the 15s aren't experienced with playing against the kind of the team with *huge players that apply constant pressure on defence, every single game was still intensely close by the end of the game.* With every loss only being by a few points the 15s are going to use that anger as fuel for next week and make sure they come out strong.



Our 16s teams all had an unfortunate weekend with most of their games not in our favour, ultimately only obtaining two wins, that being said shout out to the 16 C's and D's for being able to shut down Riverview. It is blatant that most of our teams were unable to perform our best, and in most cases it was due to the immense defensive pressure in which Riverview's teams possess along with their big players. However in training our teams are looking to improve from this and be learn how to perform normally or even better under defensive pressure like Riverview's this weekend.

Though the outcome wasn't amazing most losses came close at the end and due to that we're going to come in next week heated and ready to play regardless of who we're playing. Every team is looking forward to go up against a Grammar side next week and are also looking to grab some big wins. **Remember to get your shots up, play hard, play smart, and play together. Go HIGH!**

1st	WIN	73-72	E.FITZGERALD 29, K.BREFO 16, A.GORDON 25 REBOUNDS AND 36 EFFICIENCY!
2nd	LOSS	42-58	A.KIM 12
3 rd	LOSS	36-44	J.BARUAH 9
4th	WIN	44-36	S.MONTALBO 15
5th	WIN	40-25	R.BAO 7
6th	WIN	36-34	A.NG 9
7TH	WIN	19-28	TEAM EFFORT
8TH	WIN	34-24	TEAM EFFORT
9TH	LOSS	35-37	C.HO 12
10TH	WIN	25-20	L.SENG 10
16A	LOSS	24-48	TEAM EFFORT
16B	LOSS	28-52	TEAM EFFORT
16C	WIN	33-30	P.FANG 12
16D	WIN	30-20	TEAM EFFORT
16E	LOSS	17-52	I.CHEN 6
16F	LOSS	25-34	TEAM EFFORT
15A	LOSS	36-43	D.VASILSEVIC 14
15B	LOSS	19-23	J.MATTHEWS 8
15C	WIN	36-29	R.ZHOU 12
15D	WIN	29-19	TEAM EFFORT
15E	WIN	28-26	E.HAN 12
15F	LOSS	22-39	TEAM EFFORT
14A	WIN	46-38	R.CHAE 8
14B	LOSS	30-38	J.PAN
14C	LOSS	38-30	H.ZHANG 13
14D	LOSS	26-28	R.KORATALA 12
14E	RAIN		
14F	RAIN		
13A	LOSS	19-59	L.ADAMSON 12
13B	LOSS	8-41	A.KWOK 8
13C	LOSS	11-42	W.FAN 9
13D	LOSS	15-46	E.SONG 5
13E	DRAW	31-31	A.CHU 11
13F	LOSS	10-43	G.WANG 4

Go HIGH!
 Play Hard, Play Smart and Play Together!
 Thanks to everyone who makes Shootin' Hoops possible
 Brought to you Brian Tran and Edward Ly.



1st Grade Report

In Round 4 of the GPS season, High played Riverview at their home ground. We went into the fixture as heavy favourites after a triumph over Scots last Saturday. Our dominance in the doubles was shown immediately, with every pair taking the first set 6-1. Our number one and three doubles cruised through 6-1 6-2 each. However, our number two pairing consisting of Khobi and Andy saw a different story. Their opponents turned on another gear, clinching the second set 6-4. Not backing down, Khobi and Andy fought back to take the super tie-break 10-7, exhibiting some clutch tennis. Singles followed a similar narrative. Hikaru, Andy, Zac and I took command in our singles, dropping no more than 4 games respectively. Stepan saw a stronger challenge at number 5, taking the rubber 6-4 6-2. Despite a strong start of 5-2, Khobi lost the first set 7-5 in his singles. But he regrouped and took control of the rest of the match – winning 6-1 in the second and third sets.

Next week, High will battle Grammar and continue to hunt for the premiership.

Antonio Li

Tennis Captain


2nd Grade Report

This week 2nd grade played against St Ignatius' College. The day started off with two close doubles matches, with Julian and Lawrence coming back from one set down to win in three sets, while Jo and Ronald were overcome by their higher seeded doubles opponents. In singles, St Ignatius proved to be tough players, but everyone managed to secure two set wins, bringing us closer to the ultimate goal of the premiership. I would like to commend Ronald, who incredibly won 5 and 6 consecutive games in the first and second set respectively to win both sets despite being down, as well as Jo, who chased down every single ball his hard-hitting opponent could throw at him, his efforts finally paying off in the form of a victory. Overall, 2nd grade won this fixture 8-1 and hopefully we will be able to continue our winning streak for the rest of the season.

Blair Zong

2nd Grade Captain -

Full Results

<i>Season Week 4 Saturday - High v Riverview</i>			
	Total Matches Won	Total Matches Lost	Winning Percentage
1st Grade	9	0	100%
2nd Grade	8	1	89%
3rd Grade	2	4	33%
4th Grade	1	5	17%
5th Grade	3	3	50%
6th Grade	4	2	67%

16 A	5	1	83%
16 B	5	1	83%
16 C	1	5	17%
16 D	3	3	50%
15 A	1	5	17%
15 B	1	5	17%
15 C	4	2	67%
15 D	6	0	100%
14 A	0	6	0%
14 B	2.5	3.5	42%
14 C	0	6	0%
14 D	3	3	50%
13 A	5	1	83%
13 B	3	3	50%
Total	66.5	59.5	53%

Week 6 Schedule Below

Term 1 Week 1 - 7					
Group	Monday	Tuesday	Wednesday	Thursday	Friday
1st-3rd	School 7:15-8:45am		School 1-3pm	Eastcourts 1-3pm	School 7:15-9am
4-8th	<u>All Tennis Players Attend Sprints Monday's 3:15-5pm at MPW</u>	School 7:15-8:45am	Moore Park 1-3pm	School 7:15-8:45am	
16's			Eastcourts 1-3pm	Moore Park 7:15-8:45am	
15's			Moore Park 7:15-8:45am	Eastcourts 1-3pm	
14's			School 7:15-8:45am	Moore Park 1-3pm	
13's		Moore Park 7:15-8:45am		School 1-3pm	
Development Squad		Development Squad are to train with the 4-8th grade in the mornings and 15's During Sport Time. They will also have a session every Saturday at Moore Park 12-2pm			

Remember if your son cannot attend a training session or Saturday fixture, an email must be sent to Absences.Sport@sbhs.nsw.edu.au

Kurt Rich
MIC Tennis

Sydney High Annual Basketball Dinner 2020

Celebrate another fantastic year of basketball at High by organising your team to attend the **15th Annual Basketball Dinner and finish the year in winning style!**

Every team will receive trophies for the Most Valuable Player and Most Improved Player. Speeches will be made by staff members about their age groups and players will be able to show their thanks to them as well (**buy your coach a present**). There will be a big screen projection of the **Annual Highlight video presentation** and the best meal in the history of the dinner.

When: Friday 27/3/20. Commences at 6:00pm, Concludes at 9:15pm

Where: Great Hall, Sydney Boys High School

Who: Players, parents, friends, supporters and coaches of all teams!

Why: 1. Because the friendships made through SBHS Basketball last a lifetime
2. Because the program has improved significantly again this season and requires your support for this

to continue



STUDENTS TO ATTEND IN SCHOOL UNIFORM

All drinks will be provided on the night. Advise when booking if any specific meal details are required.

230 seats only – limited seats – pay at the office today, especially if you won an award.

Please pay ASAP. NB: Proceeds from ticket sales etc. go into the Basketball program to help improve future basketball experiences for our students- SBHS Basketball Committee.

Please return the slip below with \$40/per person to the front office by 20/3/20

Sydney High Basketball Dinner

STUDENT SCHOOL ROLL NAME/S: _____ **TEAM:** _____ e.g. 15F

Type of payment: Cheque ☐ Cash ☐ Credit Card ☐

Card Type: Mastercard ☐ Visa ☐ Expiry Date: ____ / ____

Ticket cost: \$40 No. of tickets: _____ Total cost: _____

Card Number: _ _ _ _ _

Cardholder's Name: _____

[please print]

Cardholder's Signature: _____ Bus. Phone: _____

_____ (Office Use Only)

Please complete the following for office staff/parent committee as we need these details to allocate tables:

Student School Roll Name/s: _____ Basketball Team _____ e.g. 15F

Number of adults: _____ Number of students _____

Do you have dietary requirements or require a vegetarian meal? _____



SBHS Weights Room

The Weights Room is free to trial all of February. It is open Monday to Friday 7-9am and Monday to Thursday 3:15-5pm. Boys are highly encouraged to participate in this program. The full year membership (finishes February

2021) is \$258 which includes holiday training. Fees must be paid at the school office.

Kurt Rich

Head Strength & Conditioning Coach



Year 7 Weights Room Members 2019



SBHS Weights Room



Cricket Results/News Update – 2020 Term 1 Week 5

GPS Cricket Competition 2019/20 vs. The Scots College (TSC) Day 2

	Score	Result	Highlights
1 st XI	Sydney Boys High School (10/243) vs. TSC (6d-266)	LOSS	A Srivatsen 48 V Mahajan 32 E Pathak 49 M Goonaratne 51 & 3/43
2 nd XI	Sydney Boys High School (10/154) vs. TSC (10/219)	LOSS	J Gan 44 C Clay 30
4 th XI	Sydney Boys High School (5/140) Def. St Ignatius (10/69)	WIN	M Pellen 40 & 5/9
16 B	Sydney Boys High School (10/101) Def by TSC (3/230)	LOSS	
16 C	Sydney Boys High School (10/95) Def by TSC (2/98)	LOSS	
15 A	Sydney Boys High School (10/228) vs. TSC (4/170)	WIN	Xavier 76 Sumanth 50
15 B	Sydney Boys High School (7/148) Def St Ignatius (10/83)	WIN	Adit M 43 Dihindu W 5/9
15 C	Sydney Boys High School (5/90) vs. Kings (10/146)	LOSS	D Ang-Lavreski 3/5 R Mahir 3/32 M Son Nguyen 49
14 B	Sydney Boys High School (10/32) Def by St Ignatius (10/124)	LOSS	P Manandhar 4/36
	N/A = Not available due to two-day match		

1st XI Report

Continuing on from day 1, Sydney High 1st XI were already 2 down and required 256 runs for the win.

Aditya Srivatsan and Saarangan Arvind saw us off to a decent start, facing up to the new bowlers with the swinging ball. However, the wicket of Saarangan fell earlier than we would have liked, sending in captain Vivek Mahajan to consolidate the innings with Adi. The two fought diligently through lunch, although soon afterwards Vivek was dismissed on a solid score of 32. The immediate wicket of Bilal Abbasi meant that the job was

dependent on the bottom half of the order. Eshaan Pathak managed to stabilise the collapse and rotate the strike until Adi was given out LBW on a hard earned 48.

Menuja Goonaratne walked in next with only a handful of overs to tea. However, Eshaan was unable to tame his hunger, as he was dismissed on 49 sending in Josh Lau to survive the next few overs. Josh and Menuja managed to survive through to tea with 97 runs required of 40 odd overs, a rather simple task. The pair did well, however Josh was unable to middle the ball and was caught behind with 20 overs remaining in the day. With around 30 runs left and only 1 wicket in hand, the job was looking difficult for Adhirath Senthil and Menuja Goonaratne.

The pair ticked the runs over until Menuja brought up a half century with 10 overs to go in the day. To our despair, Adhirath's wicket fell, giving Scots a hard-fought victory. Although we lost the game, there were a lot of positives that we took from it and can take into our grudge match next week against Grammar.

Vivek Mahajan

1st XI Captain



The victorious 14Cs of 2019

2nd XI Report

After bowling out Scots College for 219 in the first week of our two-day match, we looked to capitalise on our overnight score of 2-38. Overcast conditions and a damp outfield meant scoring was difficult, adding to the pressure of the chase. The first session belonged to High with Jackson and Charlie both digging in, dispatching any loose balls. With the run rate at a high, and several wickets at bay, High were on track for a comfortable chase. Until the second session, where a monumental collapse saw High lose 7 wickets for 40 runs. Poor shot selection combined with a few questionable decisions allowed Scots to regain control of the game and eventually take the victory. High bowled out for a meagre 154. Disheartened with the result, we look to rejuvenate and regather our plans and thoughts for our next match against our rivals Sydney Grammar.

Harris Memon

2nd XI Captain

Team of the Week – 15Bs

After one weather-affected match and one bye, it was fair to say that all the team was eagerly anticipating this match. It was an overcast and drizzly morning, but the rain didn't dampen our spirits – we lost the toss but got the result we wanted, to bat first.

Our openers produced a slow but steady start, however we lost two wickets in quick succession to good balls. An unfortunate incident then occurred, Krish Suri, who was set and batting well, had two nosebleeds and was forced to retire hurt. This brought in Adit, who batted very slowly but refused to get out. He batted through the innings with good support from Affan, Zayan and Chanakya at the other end. After repeated failed advances to the spinners and missed pull shots, SBHS began to accelerate, and Riverview started making errors in the field. In one instance giving away five runs via an overthrow.

We finished on 7/148 in 32 overs, with Adit not out on 43 off 66. The opening bowlers from our team started in a similar fashion to our batting openers, except it was the opposing batsmen that were slow. Aryan bowled a brilliant three over spell going for an economy of under 0.5, picking up some wickets along the way. However, the best performance of the day was yet to come. Dihindu, who was playing his first match for our team this season, consistently bowled a good length and challenged the batsmen. He got four wickets in reward, with one over still to go. At this point, the match was ours with little doubt, so Dihindu came on to bowl with the aim of picking up the first five-fer of the season so far. With two balls left, he bowled a full one at the batsmen's pad, who in turn mistimed it just over Krish at midwicket. Just over? No. He leapt high into the air, taking a screamer by the tips of his fingers, and fell back to the ground hitting his head hard. We all jumped onto him in celebration, for Dihindu had picked up his five-wicket haul in spectacular fashion, and also because we had won the match. We completely forgot about the possibility that Krish was concussed, luckily, he wasn't.

Our team aim is to win the David Smith Cup, and we hope to do this through the support of David Smith himself, as well as Charles Clay, the cricket prefect

Adit Mahidadia
15Bs Captain

To All Parents And Players, Don't Forget To Go Through The Points Below:

- If the weather is inclement on a Saturday, you can find any changes to the fixtures on the SBHS website on the home page. No changes = game is definitely on.

- Please make sure that all the boys wear SBHS logo hats and tops.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- For training sessions (outside of school hours) and Saturdays, parents are to email through the specific details of absence (**Student number, name, sport, team, reason and date of absence to absences.sport@sbhs.nsw.edu.au**)
- Remember all cricket games are important to attend to each Saturday, otherwise you are letting your team down.
- A **100% attendance record** equates to **5 extra Award Scheme points** for juniors.
- Please notify their coach if they are unable to attend training or their fixture.

Play Hard, Play with Sportsmanship & High Spirit and most importantly have fun with your cricket!
Best of luck on your GPS match this Saturday!

David Smith MIC Cricket

Charles Clay Cricket Prefect 2019/2020



With the ball, 15Bs Dihindu Weeraman (9M), bowled magnificently capturing 5 wickets conceding only 9 runs!



End of Season 2019-20 Dinner

All players and parents are warmly invited to help celebrate Sydney Boys High School annual dinner marking the end of cricket season for 2019-20. The night is an opportunity for all players, parents and coaches to come together and celebrate our boys cricketing achievements during the season while enjoying some mouth-watering food (vegetarian and halal options available).

When: 21st March 2020 @ 6.15pm for a 6.30pm start.

Where: The Great Hall, Sydney Boys High School

Cost: \$20 for students (or any child under 12), \$30 for each adult

RSVP: Latest by Mon 16th March 2020

Dress code: Students must wear full school uniform. Smart casual for others.

Please ensure you book your tickets early by calling the school office or by filling the below form and returning it to the office.

Sydney Boys High School Cricket Dinner 2020

Student name: _____ **Roll Class:** _____

of Tickets (students and anyone 12 years or under): _____ tickets @ \$20 per ticket.

of Tickets (adults): _____ tickets @ \$30 per ticket

Total Amount Paid: \$ _____

Payment: Cheque ☐ Cash ☐ Credit Card ☐ Card Type? *Mastercard* ☐ *Visa* ☐

Card Number: _____ Expiry _____ / _____

Cardholder's Name: _____

Cardholder's Signature: _____ Phone: _____

SYDNEY BOYS HIGH STORE & CLOTHING POOL
SPRING / SUMMER PRICE LIST 2019 - 2020

SCHOOL UNIFORM			SPORT UNIFORM		
BLAZERS	6 weeks delivery from date of order		PE / HOUSE SPORT	PE Polo	\$40.50
	From	\$295.00		Black Short with logo	\$40.50
				Sport Socks	\$9.90
PANTS	Trousers - Junior, Dark Grey	\$79.00			
	Trousers - Senior, Light Grey	\$79.00			
SHORTS	Grey College	\$55.00	TRACKSUITS (sold as separates)		
				Microfibre Jacket	\$95.00
BELTS	Black Leather	\$20.00		Microfibre Pant	\$65.00
SHIRTS	Sky Blue & White, Short Sleeve with Crest				
	Sizes 10 - 14	\$28.00			
	Sizes 16 - 22	\$30.00	BASKETBALL	Singlet	\$60.50
	Sizes 24 - 28	\$32.00		Short	\$60.50
				Sport Socks	\$9.90
	Sky Blue & White, Long Sleeve with Crest				
	Sizes 10 - 14	\$30.00			
	Sizes 16 - 22	\$32.00			
	Sizes 24 - 28	\$34.00	CRICKET	Shirt (ventilated with SHS Crest)	
				Short Sleeve Playing Shirt	\$42.00
JUMPERS	Up to Size 14	\$94.00		Long Sleeve Playing Shirt	\$49.50
	Sizes 16 -22	\$97.00		Academy Training Shirt	\$55.00
	Sizes 24-26	\$100.00		Hat (Natural) - Greg Chappell	\$22.00
SOCKS	Anklet SHS Colours	\$9.90			
	Knee High SHS Colours	\$15.00			
	Sport Socks	\$9.90	ROWING	Zoot Suit	\$80.00
				L/S Rowing High Top	\$55.00
TIES	Junior	\$28.50		Socks	\$18.50
	Senior	\$31.50			
	Prefect	\$27.50			
	SRC	\$29.50			
	OBU	\$27.50	SWIMMING	High Trunk	\$55.00
	GPS	\$40.00		Towel Crested	\$55.00
CAPS	SHS Cap	\$22.00			
BAGS	Backpack with Lap Top Section	\$95.00	SAILING	Singlet	\$49.50
	Hav-a-Sak	\$33.00			
	Sports Bag	\$71.50			
ART	Paint Brush Size 6	\$3.75	TENNIS	Top	\$55.00
	Progressor 2B Pencil	\$2.95		Socks with SHS Colours	\$9.90
	Progressor 4B Pencil	\$2.95			
	Visual Art Diary A3	\$11.00			
	Visual Art Diary A4 120 page	\$9.90			
			WATER POLO	HIGH Trunk	\$55.00
DESIGN & TECHNOLOGY				Water Polo Shirt	\$68.00
	DT Apron	\$12.00		Towel Crested	\$55.00
MATHS	Calculator	\$40.00			
	Compass	\$1.55			
	Grid Book 96 page	\$2.95	ATHLETICS	Singlet	\$55.00
	Protractor	\$0.65		Shorts	\$49.50
				Training L/S top	\$77.00
MUSIC	Music Book	\$2.95			

SYDNEY BOYS HIGH STORE & CLOTHING POOL

SPRING / SUMMER PRICE LIST 2019 - 2020

CRESTED MEMORABILIA

Bridge Scorer	\$11.00	Letter Opener	\$6.50
Car Number Plate Cover	\$39.95	Mug (boxed)	\$25.00
Car Sticker	\$4.50	Pencil Case	\$12.50
Cufflinks (stainless steel)	\$66.00	School Centenary Book	\$15.00
Drink Bottle (Stainless Steel) - new	\$20.00	Spoon	\$5.50
Framed Aerial School Photo Shots	\$55.00	Sticker	\$1.10
Golf Umbrella	\$33.00	Wine Glasses (set of two - boxed)	\$44.00

OLD BOYS MEMORABILIA

OBU Tie	\$27.50
GPS Tie	\$40.00
Sydney High Hoodie Grey Marle	\$77.00

CLOTHING POOL

A recycled section operates within the High Store Shop. Items such as blazers, shorts, trousers, jumpers, rugby/soccer tops & boots, tracksuits, can be sold on a commission basis - The High Store Shop retaining 1/2 of the sale price.

Please ensure that when sending items for sale you include your name and address.

All items sent should be clean and in good condition. Shirts are gladly accepted as donations.

PAYMENT

Cash, Eftpos, Mastercard, Visa or Cheque payable to HIGH STORE

GOODS & SERVICES TAX (GST)

GST is included on all prices listed

BLAZERS

GPS Pocket	\$31.00
Music Pocket	\$35.00
Prefect Bottom Pocket	\$52.00
Prefect Top Pocket	\$31.00
Service Charge	\$39.50

Dry Cleaning	\$16.50
Full Braiding	\$90.00
Embroidery Line	\$22.00
Embroidery Line Removal	\$33.00
Crossed Rifles or Swords	\$38.50
House Badge (cloth)	\$12.50

BADGES

Basketball (metal)	\$7.70
Cricket (metal)	\$7.70
Debating (metal) with attachment	\$8.95
Fencing (metal)	\$7.70
Orchestra (metal)	\$4.40
Rifle (metal)	\$7.70
Rowing (metal)	\$7.70
SBH Lapel Pin (metal)	\$2.75
SHS (metal)	\$7.70

OPENING TIMES

Open During School Terms Only

Monday, Tuesday, Wednesday & Friday 10.30am to 1.30pm

Telephone 9662 9360

Canteen Price List 2020	
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		Lunch and Recess Items						
Breakfast					Hot Food			
		*So you don't miss out on what you want for lunch, make sure you ORDER it before school						
Cheese Toast	\$1.80						Chicken Fingers	\$2.00
Cheese & Tomato Toast	\$2.00						Chicken & Corn Roll	\$2.00
Ham & Cheese Toast	\$2.20						Chicken Burger	\$4.50
Cheese/spinach/tomato toast	\$2.20	Sandwiches / Wraps / Rolls		Rolls	Chicken Mayo Roll (hot)	\$4.00		
Ham & Egg Muffin	\$3.20	Buttered Roll		\$1.50	Chicken Mayo Sandwich (hot)	\$3.20		
Hot Chocolate (Term 3 only)	\$1.00	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00		
		Cheese & Salad (v)	\$3.00	\$3.60	Focaccia - chicken/avo/cheese	\$3.50		
					Focaccia - chicken/mayo/cheese	\$3.50		
		Chicken & Coleslaw	\$4.00	\$4.60	Garlic Bread (v)	\$2.00		
		Chicken & Lettuce	\$4.00	\$4.60	Japanese/teriyaki don, noodle setc	\$5.00		
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Lasagne/Macaroni Cheese	\$3.50		
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Noodles In A Cup	\$2.80		
Fruit Salad	\$3.00	Dagwood Roll		\$4.00	Pasta - homemade small	\$4.00		
Banana Bread	\$2.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade large	\$5.00		
		Egg & Salad (v)	\$3.00	\$3.60	Pide - sausage, chicken/mushroom	\$2.50		
assorted snacks at various prices		Ham & Tomato	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$2.50		
		Ham & Salad	\$4.00	\$4.60				
		Roast Beef & Tomato	\$3.40	\$4.00				
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pie - meat (sauce+20c)Garlo's	\$4.00		
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Mexi Wrap	\$4.20		
300ml Flavoured Milk	\$2.20	Salad (v)	\$2.80	\$3.40	Pie - potato	\$4.50		
600ml Plain Milk	\$2.00	Salmon (red) & Salad	\$4.00	\$4.60	Pizza Wrap	\$4.00		
500ml Flavoured Milk	\$3.00	Vegemite	\$1.20	\$1.50	Rice Box - homemade	\$4.00		
Up & Go	\$2.00	Turkey cranberry & lettuce	\$3.80	\$4.40	Sausage Roll	\$3.00		
Water - Spring	\$1.50	Wraps	\$3.80		Spinach Ricotta Roll (v)	\$3.00		
Water - Pump	\$3.00	sushi (homemade)M T W	\$3.00		Steak & onion roll	\$4.00		
Juice Bomb	\$2.50	Sushi (Thur Fri)	\$3.80		Sweet Chilli Chicken Wrap	\$4.20		
Appletiser	\$2.50	Vietnamese Rolls	\$3.80		Traveller Pies	\$3.80		
Juice	\$2.50				Falafel Wrap	\$4.20		
LA Ice	\$2.50							
Cans Diet Coke	\$3.00							
Chill Aloe Vera	\$3.50				Miscellaneous			
Chill Iced Tea	\$3.50	Salad Boxes (meat or egg)	\$6.00		Tissues	\$0.60		
Waterford	\$2.50	Salad Box (plain)	\$5.00		Spoons / Forks	\$0.05		
					(supplied free with meal purchase)			
Special Orders					Seasonal Foods			
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.					**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.			

2020 PRICE LIST	
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8.30 to 9.00 am *Breakfast is available * Time to place lunch orders
ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT

March 2020

28-02-2020

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 C	2 Winter Sports Selections (online) Class tests: 7MaM-P1, 8MaA-P2, 10MaL-P3, 10MaS-P3, 9MaP-P4, 9MaS-P4, 8MaL-P5 Excursion: Cultures Collide Conference, James Ruse Agricultural High School (selected students)	3 Excursion: HSC/Preliminary DT Seminar, 08:00-12:00 Water Polo: Sydney East CHS Open KO, Sutherland Leisure Centre Tennis: NSWCHSSA Individual Tennis State Championships, North Parramatta Class test: 8MaP-P4	4 *** Summer Sports Photos, 09:00-12:30 Basketball: CHS knockout, 13:00-14:00 Class test: 9MaU-P5 Excursion: Aussie Linguistic Olympiad, SBHS, 13:00-15:15 The Great Hall: 13:00-15:00, Youfitt Rowing: Committee Meeting, Staff common room, 19:00 Room booking, 204, 205,	5 Year 7 Meeting, Selected Locations, 09:55-10:20 Photos: Rowing, 14:00, Abbotsford The Great Hall: Piano Tuning, 11:15-17:00, room 101+201+Great Hall Parking: Women's T20 World Cup	6 *** Winter Sports Selections close (online) Basketball: CHS Opens KO Round 2 (tbc) Morning collection: Bandage Bear Day, 07:30-09:00 Excursion: Year 9 Science, Long Reef Class test: 7MaR-P3 Debating: Eastside SBHS v Cranbrook Debating: Fed SHS v MLC Swimming: GPS Competition	7 Sport: Group 1 SGS v SHS, Group 2 SHS v NC Rowing: Kings/PLC Regatta, SIRC Rowing: All schools Regatta, Hen and Chicken Bay	8 The Great Hall: European Music Tour Rehearsals, 09:30-15:30, rooms 101+201
7 A	9 Mufti Day BBQ - Lak Saviya/KRMV (Y10 Charity) Class tests: P1-9ZH1, 9ZH2, P3-9XH1, 9XH2, 10MaB-P3, 7MaF-P4	10 *** School Council Meeting, Board Room, 17:30-19:00 National Latin Exam (compulsory for students studying Latin from Year 9-12 inclusive), P1-2, Senior Library Class tests: P1-9YH1, 9YH2 Volleyball: CHS Inter-Regional Carnival, Warriewood (tbc) Fencing: Meeting for NSW Schools' Fencing League,	11 *** Last day of Summer Sport (Years 10-12)(non-rowers) Years 7 vaccinations and Year 8 catch ups, room 801, 09:00-13:00 Class test: 9WHs-P1 Class task: Year 10 Drama-P2 The Great Hall: Sydney Swans + The Blackdog Institute Presentation, Year 12, P2 Cricket: Committee	12 Selective Schools Entrance Test for Year 7 2021, Great Hall, 08:00-15:20 Class task: Year 10 Drama-P5 Last day of Summer Sport (Years 7-9) Volleyball: CHS Inter-Regional Carnival, Warriewood (tbc)	13 Worlds Greatest Shave Preliminary assessment: Ancient History-P4 Preliminary assessment: Modern History, Part A due Debating: Eastside SBHS v SGHS Debating: FED Trinity v SHS Parking: ODI v New Zealand, 14:30	14 Sport: Group 1 SHS v TKS, Group 2 SHS v TKS Water Polo: Thomas Whalan Cup (1st Grade)	15 Parking: ODI v New Zealand, 10:30
8 B	16 Class tests: P1-11Ec2, P2-11Ec1, P4-11Ec3, P5-11Ec4 Incursion:International Mathematics Modelling Challenge (IMMC), selected year 10+11 teams, 09:00-15:15 Basketball: GPS try-outs, Riverview, 16:00-18:00 Music: ENCORE, City Recital Hall, Angel Place Sydney, 19:00	17 Class task: Year 10 Drama-P1 Excursion: Year 10 Advanced Film, Fairland Pavilion, 09:30-16:45 Class test 7MaR-P4 The Great Hall: Final 2020 European Music Tour Meeting, 18:30 Foundation meeting, 18:30-20:30	18 *** Year 11 Meeting, Great Hall, 09:55-10:20 Class test: P1-10YHs Incursion:International Mathematics Modelling Challenge (IMMC), selected year 10+11 teams, 09:00-12:30 Summer Sport Reports to be submitted to W drive Summer Sport record reports Change to Winter Sport (Years	19 *** Elevate: Memory and mnemonic, Year 9, P1, selected students Preliminary assessment: Studies of Religion, Task 1 Excursion: Alliance Francaise French Film Festival, 09:10-12:10 Year 12 Meeting, Great Hall, 09:55-10:20 Class test: P1-10ZHs Change to Winter Sport (Years 7-9)	20 *** Incursion:International Mathematics Modelling Challenge (IMMC), selected year 10+11 teams, 09:30-15:15 Rowing: Assembly, Great Hall, 10:15-11:00 (9, 11, 12) Rowing: HoR competitors preparation day, 12:00-18:00 Preliminary assessment: Modern History, Part B due	21 Rowing: GPS Head of the River, SIRC Cricket: Dinner, Great Hall, 18:30-21:30	22
9 C	23 Excursion: Art Camp Bundanon Y10/11 VA, VD Preliminary assessment: Drama-P3 P+C Executive Meeting, The Great Hall, 17:30 P+C Meeting, The Great Hall, 18:30	24 Excursion: Art Camp Bundanon Y10/11 VA, VD Year 8 Geography/History Excursion Harmony Day Basketball: GPS v ISA	25 Excursion: Art Camp Bundanon Y10/11 VA, VD Basketball: GPS v CAS Room booking, 204, 205, 16:30-20:30	26 Geography Competition, all Years, P1 HSC Assessment Task: Ancient History, P1 Preliminary assessment: Legal Studies-P3 Excursion: Alliance Francaise Film Festival, Year 10 French, 12:30-15:20	27 *** Preliminary assessment: Modern History, Part C due Preliminary assessment: Drama-P3 Basketball: Dinner Set-up, 13:00-17:00 Basketball: Dinner, Great Hall, 18:30-21:30 Swimming: GPS Competition 3, 18:30 (SOPAC) Debating: Eastside Reddam v SBHS Debating: FED Tara v SHS	28 Football: Trial game Rugby: Trial game Cross Country: Trial 1, Newington, Sydney Park, 10:00 Volleyball: Waverley v SHS Fencing: 07:30-13:00, COLA Rowing: Dinner, Great Hall, 17:30-21:30 Parking: Waratahs v Sunwolves, 19:15	29 European Music Tour Farewell Concert, Great Hall