

H I G H S C H O O L N E W S L E T T E R



From the Principal High Notes - last edition for 2019

This is our final edition of High Notes for 2019. I want to thank all the regular contributors who keep us all up to date with the many and varied achievements of our students at High. Thank you to our editors, Dave Te Rata and Meredith Thomas who collate and set out the articles for publication each week and to Brooke Ashton for proof reading each edition.

High Talent

Barberis Cup victory! Sydney High has not won this interschool U15s cricket cup for five years.



Melbourne High have had our measure. This was only our 10th win since we started this friendly rivalry against Melbourne in 1973. Sydney High defeated Melbourne High 3 – 0 in the matches over three days at McKay Oval. Outstanding performances for High were Albert Giles, who had a hat trick of wickets on the first day; Cody Robinson who scored 90 not out, and strong contributions from Harsh Shirodkar (57) and Aikaansh Ahi, with a quick 73 off 52 balls. A great performance, boys! At the recent five Highs tournament, High finished 3rd with a very young team. The boys beat Melbourne High to retain the Cec Rubie Trophy. Well done, boys! Our open basketball team played very close to their maximum potential to finish fourth at the National Schools Basketball Championships.



Our U17 team finished 3rd in Division 3. Congratulations to the teams and thank you to coaches Ben Hayman and Sam Higgins and to

Bruce Gordon, High's ever-reliable team manager. It is a mammoth job to organise a Nationals campaign year after year. Kevin Fernando(10T) was selected in the Performing Arts Unit 2020 Drama Company. Well done, Kevin. From the list of HSC Encore nominations, Yung Kim (11T) performance and Kent Gu (11F) composition, were selected to perform at the Opera House in Encore next year. Congratulations, boys! In the 'Flickerup' competition, James Walker (9M) was nominated for his film 'Pollution' as was Victor Zhang (10R) for his animation. Jared Smith (SHS-2019) was awarded a Macquarie University Leaders and Achievers scholarship for Marketing and Media, valued at \$50,000. Congratulations, Jared!

Interpreting Year 10 Reports – Semester 2

All Year 10 boys should now have their reports. Parents are advised to work with their sons in the process of choosing Year 11 courses. Choosing courses for Year 11 study can be assisted by evaluations of Year 10 performances. English and mathematics courses are determined by the school's pattern of offered courses and by the results of the mathematics selection process for extension 1.



Next year, an additional mathematics extension 1 class will be offered to allow more opportunity for students to prove that they can master stage 6 mathematics. For Year 12, 2021 the permitted number will be as is our custom –seven classes only. Year 10 boys should have done their *Career Voyage* questionnaire during their Transition Education periods. These results should be discussed in the light of your son's interests and abilities. Courses can be selected to underscore certain tertiary directions – e.g. chemistry for medicine, or economics for commerce degree.

As for the semester 1 report, ranks are varied by several factors. Students who have not

performed well in PE will have a reduced ATAR prediction because the calculation is made on 12.3 units (using a pro rata for PE based on time spent). Students who do the online elective receive the average of the other units so as to neither advantage nor disadvantage them, whereas they may have taken another elective and earned an above average score or a below average score. Students accelerating have a harder task than non-accelerants as they are assessed at stage 6 standard. Consequently, their scaled marks may be lower. Students may also lose interest in electives they are not continuing and record weaker results. Electives done for enjoyment are in contrast to the serious efforts that will need to be made in their stage 6 courses. I do not make a judgement on these outcomes. What matters is what happens next, in stage 6.

Interpreting Year 8 Reports – Semester 2

When coming to the end of Year 8, some boys do not put much effort into subjects they do not intend to continue. This behaviour is regrettable but understandable. Parents



should realise that such lack of interest in one or two subjects can result in big fluctuations in overall ranks. Such fluctuations will be reflected in comments on reports by teachers and by the Principal.

From one perspective, parents can appreciate better what sort of learner their son is not. It is better not to persist in a discipline that does not excite you. For other students, doing well in the Yearly examination is their objective. They can turn around their cruising first semester with a much more self-disciplined effort in the second half of the year. Elective choice going into Year 9 is very important. Students need to follow their interests in a low-stakes choice environment. Some boys change both electives again in Year 10! We offer a wide range of electives for students to experience different learning contexts, with varying content and different required skill sets. By the end of Year 8, the generalist focus for secondary education is completed. Stage 5 is characterised by learner exploration and enlargement of perspective. Of course, the core subjects are important, and students need to be held accountable for their satisfactory progress. Discuss your son's report from the two perspectives – core and future electives.

Dr K A Jaggar
Principal

Meet the 2020 Prefect Intern

What is the best thing about playing Basketball at High?

Choosing basketball as my summer sport for Sydney Boys is honestly the best decision I have made in my life. The best thing about basketball is that we come together as a family. The bonds developed between my teammates, my coaches and I make basketball so enjoyable and it is the little things that stem from this that makes basketball memorable. Especially when my team is clapped in at the beginning of the game, when we rush to help each other off the floor, the loud cheering of the bench as someone makes a three and the support we give each other whether it be basketball related or to my personal life. The family that I am a part of is most definitely the best thing about basketball.



What do you love about being at Student at High School?

I love how the school has built a supportive and competitive culture where we come together to support the boys at the events. I love our High Spirit.

What is one piece of advice you can give to a Year 7 at High?

Thinking back about my years at Sydney Boys, I could only wish it was longer because I am going to miss being in a crowd and cheering for the boys. I strongly urge all Year 7 boys to participate in as many activities and events the school offers because life is short and school life is shorter.

What can Year 7s do to reach their full potential?

Reaching your full potential is a difficult task, whether it is on the sporting field or academic. It is important to set goals for yourself, not based on what others expect from you. Setting goals just out of your current reach allows for you to push yourself because who knows, you may just be able to overcome what you originally thought was impossible. More importantly, be persistent in all of your chosen pursuits, especially in Year 7 as you have got so many years ahead of you. Remember, Rome wasn't built in a day.

How has High made you a better person?

It is without a doubt that I have changed since when I first came to Sydney Boys in Year 7. Through the experiences developed from my peers and teachers, during sport, lunchtimes and classes, I have matured both emotionally and physically, enabling me to be the best person I can be. In general, I believe that every boy leaving Sydney Boys would have left a better man.

Ivan Liang

Basketball Prefect 2020

Year 7 Prefect 2020



High Store

Year 9 Students Senior Uniform

Senior Trousers \$79

Short Sleeve White Shirt 14-22 \$30, 24-28 \$32

Long Sleeve White Shirt 14-22 \$32, 24-28 \$34.

Senior Tie \$31.50

Purchase your senior uniform NOW to avoid long queues.

HIGH STORE HOLIDAY OPENING TIME

Monday 20 January 2020, Hours 10.30am – 1.30pm

This day is allocated only to current students for purchase of additional uniform & senior uniform.

NEW Students entering Year 7 or Year 9 or Year 11 in 2019 will not be processed on this day

CASH REGISTER CLOSING

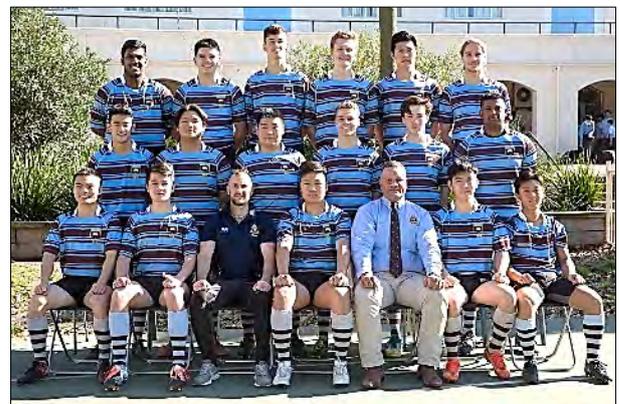


Due to the end of school/financial year all student payments for excursions, co-payments, contributions, text books etc. must be made by **1.20pm (lunchtime) Friday 13 December 2019.**

The cash register and online payment system will be closed from the end of lunch (1.20pm) and will not reopen until school resumes in January 2020.

Please finalise all outstanding items before the register closes.

Thank you



PHOTOS, PHOTOS, PHOTOS

All GPS Sport, Music & Co-Curricular Photos are now ready to view and order.

To view and purchase Sports/Music/Co-Curricular photos for 2019 please go to:

www.melbastudios.com.au

then to School Orders,

Password to use is: high.



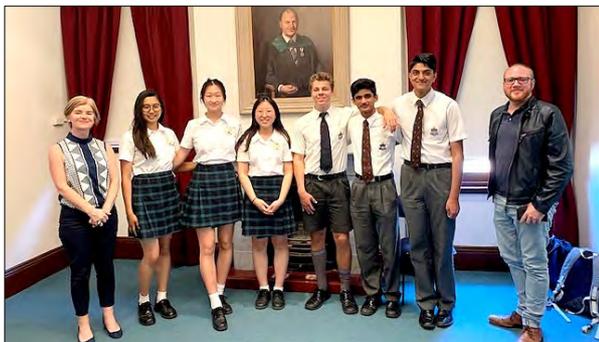
DEBATING

With the year nearly over, an update on Debating.

Firstly, I am very excited to announce that Hugh Bartley will be joining the Debating program as Head Coach in 2020. I am sure that Hugh will bring his usual passion and flare to the role.

Trials for Senior Teams will happen early next year – announcements will be made on Daily Notices and on the SZapp.

As mentioned last week, Tim Hanna was selected in the Sydney Team in the State Debating Championships who were undefeated. Well done, Tim.



Finally, Rachel Powell, Principal of James Ruse, invited the Year 12 debaters over to James Ruse for lunch and a debate on Thursday 5 December. A good debate ensued and our team (Abdullah Khan, Angus Henningham and Gautama Desaraju) were successful on the day.

Wishing everyone a relaxing holiday and looking forward to a successful 2020 in Debating.

Madeleine Rigby
Head Teacher History and Libraries
MIC Debating and Prefects



2019 Year 7 Chin Up Championship

During Lunch on Tuesday the 10 December the Year 7 weights members escaped the smoke and came into the weights room. They gathered to witness the annual Year 7 Chin Up Championship. For the 3rd time in its 5-year history it was tied. This year our joint winners were Luc Tran and Jayden Ho (Jayden's older brother Lachlan was also a joint winner in 2015).

Kurt Rich
Head Strength & Conditioning Coach



Year 7 Weights Room members 2019



Alan Ji – Weights Room Prefect & 2015 co-champion, Luc Tran co-champion and Jayden Ho co-champion with coach Kurt Rich.

Bring Your Own Device 2020

PRODUCT OPTIONS

Our **recommended** devices are designed to simplify your choices and purchasing processes. A range of devices in a range of form-factors are available. All meet the school's Device Specification. All have no moving parts to ensure reliability and all are backed by a multi-year warranty where the school will act as warranty agent on your behalf. Sydney Boys High School has partnered with JB Hi-Fi Education to make our recommended devices available:



Lenovo ThinkPad Yoga L390 **\$1276**

- Multi-touch with full keyboard
- 1920 x 1080 pixel screen
- 8GB RAM + 256GB Storage
- 360 degree rotating hinge
- Windows 10
- 3 Year warranty, school-supported



Microsoft Surface Pro 7 **\$1976**

- Multi-touch with keyboard cover
- 2736 x 1824 pixel screen
- 8GB RAM + 256GB Storage
- Detachable keyboard cover
- Windows 10
- 3 Year warranty, school-supported



Apple MacBook Air 13" **\$1955**

- Conventional laptop
- 2560 x 1600 pixel retina screen
- 8GB RAM + 256GB Storage
- macOS 10.15 'Catalina'
- 3 Year warranty, school-supported

Alternative, Base Model:

Lenovo ThinkPad L390 **\$1004**

- Conventional laptop
- 1366 x 768 pixel screen
- Windows 10
- 3 Year warranty
- 4GB RAM + 128GB Storage



HOW TO BUY

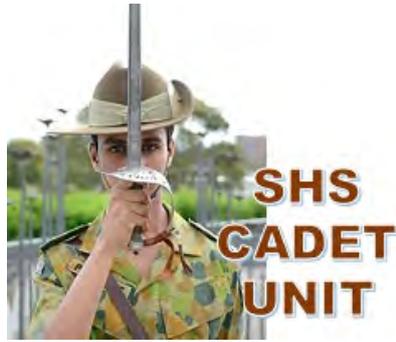
- Visit the JB purchasing portal at <https://sbhs.co/bbuy>
- Log in with code **SBHS2020**
- Purchase using a credit card, BPAY or on interest-free terms
- Pick up from your local JB Hi-Fi store



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Cadet Recruit Bivouac 2019

On the afternoon of Friday 29 November, 30 cadet recruits and a handful of NCO's gave up their weekends and hopped on a bus to Holsworthy Army Barracks for a Recruit BIVOUAC, a sort of induction for recruits to become a fully-fledged cadet. While on the bus, it was clear everyone was hyped for the camp. Snacks were shared and excitement buzzed through the air.

Upon arriving at our campsite, the first thing we noticed as we walked past the Enviro-Loo was the reeking smell emanating from it. Literally a wooden hut with a hole in the ground for you know what. At the campsite, we paired up and set up our hutchies. That proved to be more of a challenge than we thought. There were ants the size of your pinkie everywhere. When night came, we returned to our hutchies for lights out. For most of us recruits, this would be our first night under the stars, and we were less than prepared. The ground was hard and lumpy to sleep on and even though I fumigated the place with mozzie repellent, we were still eaten alive.

Day two, the NCO's conducted intriguing lessons and activities that introduced us to the basics of field training.

Activities such as employing camouflage techniques and applying first aid gave recruits the opportunity to experience first-hand what life in the field is like. At lunch, we were all issued ration packs. For many of us it would be the first-time trying ration pack food and I must say, it wasn't too bad. By night, we played 'Lantern Stalk', a traditional activity at every biv. Recruits utilized and applied their knowledge of concealment by night to reach glow sticks. Lying on your belly crawling through bindies was less than ideal but a very exhilarating experience. On the second night, we were also introduced to the piquet, where a couple of recruits take in shifts to stay up at night for a couple of hours and stand guard over your fellow recruits as they slept. Many of us were very excited for our first-time experiencing piquet, but little do we know what the real deal is like.

After we packed up and while waiting ready to leave, we had an interesting yoga session with Corporal Cheng. This experience put us all to the test but in the end, all good things must come to an end. My first camp experience in cadets has left me with memories I will never forget.

Harry Liang
CDTREC
SHSCU



SHS Cadets Bivouac Report 2019

On Friday afternoon (29/11/19), Recruits from the Sydney High School Cadet Unit set out to the Holsworthy Barracks for a 3 day, 2-night bivouac.

Upon arrival at the grounds, we all helped each other to set up our hutchies — tent-like shelters where we would be spending our nights — but not before learning about the basics of being on camp.

The platoon were woken at 0600, and so began our busy and event-filled day. The recruits were taught by their section commanders on skills such as searching and scanning, radio communications, camouflage, first aid and movement throughout the day and night.

These lessons were executed in the field, where we completed radio checks, used cam paint (a paint used to camouflage the face) practiced first aid drills and played games that showed our stealth capabilities in the dark and during the day.

During the night, operating in shifts, a couple of recruits and NCO's would need to stay awake and complete a piquet duty — they stayed up and kept guard over the rest of the unit ensuring that everyone was kept safe and well as they slept.

SHSCU 3 Platoon reluctantly departed the bivouac grounds on Sunday morning, but not before playing field-related games and relishing their last moments at BIVOUAC 2019.

Jennifer Le
CDTREC
SHSCU





Term 4 Wrap Up & 2020 Term 1

It has been a fantastic and a very busy year!

The Music Department would like to THANK students, parents, guardians, the music committee and all music staff involved in the Music Performance Program for their efforts this year!

All ensembles and private instrumental lessons in 2020 will commence from WEEK 2 in Term 1 (i.e. Tuesday 4 February 2020, Monday 3 February – school swimming carnival).

THANK YOU again for another successful year, we wish you a MERRY CHRISTMAS and an awesome start to the NEW YEAR! Hope you have a wonderful and restful break!

Music Storage Room

Students are to make sure instrument[s] are taken home over the school holidays, during the Term 4 break.

Students, parents and guardians are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property.

Parking – Award Scheme Points given

Parking event (Cricket Day 5 Test Match Australia vs New Zealand) on Tuesday 7 January 2020. If students would like to sign up for parking duty, please see Ms Kim directly in the Music Department.

2020 Term 1 European Music Tour Rehearsals

All European Music Tour ensembles will continue rehearsing, same time/day in Term 1 next year (from Week 2). Any ensemble changes will be notified to students as soon as possible.

In 2020, there will be TWO weekend rehearsals and a Farewell Concert before the tour departs. Please save the following date[s]:

*Sunday Rehearsal (all touring ensembles): Sunday 16 February 9.30am-3.30pm

*Sunday Rehearsal (all touring ensembles): Sunday 8 March 9.30am – 3.30pm

*EMT Farewell Concert (all touring ensembles): Sunday 29 March 1.30pm-3.30pm

NB: *Rehearsal day(s) will not change, but time(s) may vary and will be notified to students, parents and guardians.

SZaPP- Music Announcements

For the latest news and notifications, please download SZapp from the Apple App Store or Google Play and subscribe to MUSIC. Installation guide is in High Notes

2020 Term 1 Music Events Calendar

Week	Date	Event	Music Students Involved
Week 1A	Friday 31 January	Welcome to new Year 7 students Summer Sports Assembly	Rhys Shariff (11S) Kalaish Stanley (11T)
Week 2B	From Tuesday 4 February	All instrumental private lessons + ensembles commence rehearsing	Instrumental private lessons Music Ensembles
Week 2B	Tuesday 4 February	Welcome to new Parents Evening	Kalaish Stanley (11S) Andrew Gu (11F)
Week 2B	Thursday 6 February	Music Recruitment Night, 6.30pm Great Hall	Music Prefects, Music Staff
Week 3A	Sunday 16 February	European Music Tour Ensemble Rehearsals	EMT Concert Band EMT Stage Band EMT String Ensemble EMT Percussion Ensemble

Music Events are continually added and are subject to change.



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2020
6–10 January

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Where young musicians come together in ensembles and learn to extend their skills, including a HSC preparation stream. The week culminates in a concert held at the Sydney Conservatorium of Music, showcasing the highlights from the week.



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Sydney Light Rail

Tram Testing

- Tram testing and commissioning of systems is underway across the CBD and South East Light Rail route ahead of its opening tomorrow.
- With cyclists, pedestrians, drivers and trams interacting together, it's important we all play our part to stay safe around light rail.
- Whether you're walking or riding your bike, avoid distractions and cross the tram tracks safely. Drivers should be aware that road conditions have changed and to follow traffic signals.

Key links:

- [Youtube](#) Tram safety video Cyclists
- [Youtube](#) Tram safety video Motorist
- [Transportnsw.info](https://transportnsw.info) safety tips page
- <https://sydneylightrail.transport.nsw.gov.au/safety>

Important:

- Be aware at intersections for trams, and follow traffic signals.
- Always use designated crossing points, push the signal button and wait for the green signals before crossing the road.
- Step over tracks as they can be slippery when wet.
- Always look both ways and remember trams can approach from both directions.
- For prams, cyclists and wheelchairs, cross tracks on an angle to avoid wheels getting stuck in the tracks.
- If you need further information, please contact projects@transport.nsw.gov.au





SBHS U14 Water Polo Report Undeclared in 2019

On Saturday 30th November we were all buoyed with confidence before playing the last game of the year against Cranbrook School at Knox and to continue our undefeated run for 2019. That was until our coach told us that Cranbrook has some state swimmers on their team, we freaked out a little. However, we remained assured that with help from our Year 8s, who were all very good swimmers, we were going to be fine.

The game started out fairly evenly with both teams enjoying possession of the ball, but that situation didn't last long. The scoreboard showed how even the game was going but as we started using our bench wisely, we began to dominate the ball and pool. Scoring goals became easier as we wore down our opponents who

were tiring quickly. Despite the score that we posted, the Cranbrook School still put up some good competition.

In the end, we won 10-2. That game sealed us the Sydney Boys High School U14 Water Polo team of 2019, Undeclared for 2019. A great result that everyone is proud of. What a fantastic finish for the last game of the year!

Well done to the whole team and thank you to our coaches and a special mention to our parents who take the time every weekend to drive us to and from our games. Thanks everyone, have a relaxing holiday and come back fresh and ready to start again next year.

Eric Scholten (7R)

Jessica Millar

MIC Water Polo

Sorry, no photos of the game but here's one we played not long ago when we dominated against Shore School.
Ed



SHOOTIN' 257 HOOPS

SBHS Indoor Basketball

Welcome back to yet another new edition of Shootin' Hoops. This weekend our Opens and 15s CHS teams went to the 2019 Australian School's Championships where they went up against the toughest competition in Australia. Our Open's after playing a series of overwhelming games ended up placing 4th in Australia in the Championship Men's division. Our 15s also played well going up against teams much older than us in the 17's competition, ultimately ending up bringing home the bronze medal.

Brian Tran



Fourth out of all schools in Australia in the Championship Division. This result shows just how strong the AAGPS Basketball competition is. Visit SBHS basketball Instagram for details.

The Opens played the best teams from around Australia and were still able to grab a few wins and give every team a hard time. Their first game was against Ignatius Park where they collectively played brilliantly at both ends of the court, grabbing a win 98-76 with Eoin Fitzgerald 25 points and 12 rebounds, Adam Gordon with 17 points and 15 rebounds, Julian Markworth Scott with 16 points and 5 rebounds and Kwabena Brefo achieving 14 points and 6 rebounds. Their second game was against Willetton in which they only lost by a couple points, even with Adam Gordon popping off with 25 points and 17 rebounds, Eoin Fitzgerald with 20 points and 6 rebounds and captain Kwabena Brefo with 17 points and 7 rebounds. This was upsetting for the team, making their desire to win the next

even stronger. Yet, our team was set to go up against arguably the toughest team in the competition, Box Hill. A team filled with talent, however our boys knew it was a winnable fight and gave it everything they had unfortunately losing by only 15 points. Kwabena Brefo led our team with 22 points and 9 rebounds, while Adam Gordon again put on a strong performance of 10 points and 8 rebounds. Then our team went against two AIS players in Lake G Academy where we put up a good fight but unfortunately let their lead expand by the end of the match even with Kobe Shannon's 17 points. Our Open's then went up against Trinity College for the bronze medal match and sadly fell by only 5 points going home with 4th place even with Eoin Fitzgerald playing the whole 40 minutes and achieving a double-double of 30 points and 10 rebounds and Kwabena Brefo with 20 points and 5 rebounds.



SBHS receives its 10-year participation award and banner.

Our 15s CHS team who faced off competition in the 17s division ended up bringing home the Bronze Medal after a series of mixed games. Their first game was against Aquinas College where they were yet to get comfortable in Melbourne, only ending up losing by 6 points with Blake Mulholland getting 16 points. Then we went against Mosman Sonic's grabbing the win 56-43 with Izac Taylor leading with a strong 13 points. Next, we went up to face a challenging team, Doncaster Secondary College and ended up losing 58-67 with Blake Mulholland again leading with 16 points. Their next match was against an extremely tough TSS team as they rained on us with deep three pointers we achieved a loss 81-57 with Izac Taylor

leading with 13 points. Then our team went against Damascus College getting the strong lead over them 72-49 with Ryan Mulholland getting a huge 20 points. The Semi – finals we were up against PEGS where through a series of unfortunate events lost our lead and ended up falling to them by 1 point, 45-44 with Ryan Mulholland, Will Jovanovic and Yi Tian Zou all leading with 10 points. That placed us in a bronze medal match against

Tenison Woods College where we won by 1 point in a great finish, 59-58, Ryan Mulholland and Izac Taylor leading both with 14 points.

Remember, immediately after the holiday break, we come back to school where the Basketball season starts again, so make sure you use the summer as an opportunity to get better. Get your shots up so we can smash the competition.



Nationals Opening Ceremony, crowd and court feel.

Go HIGH!
Play Hard, Play Smart and Play Together!
Thanks to everyone who makes Shootin' Hoops possible
Brought to you Brian Tran and Edward Ly.



Back To The Sheds Report

The Outterside Centre saw much excitement last Saturday, the date marking the annual school shed race and Back to the Sheds Day for old boys. The day began in a frenzy with all rowers from year 7-11 arriving around the same time in the morning, helping to unload cars filled with food and memorabilia in preparation for the arrival of the old boys. Although the smoke haze had lingered over the Parramatta River for the past few days, this particular morning was clear and the shed race was confirmed to be proceeding: and so began the long process of getting every single crew in the school onto the water.

Once on the water, all crews proceeded down the river towards Silverwater, making their way to the start line 3.5km away. Once everyone arrived at the start after a thorough warm-up, racing began. The shed race is conducted in a time trial manner, with all crews starting at different times, the goal being to see all crews finishing in front of the sheds together. So, a double from the senior B squad commenced the race, followed closely by the Year 8 quads, Year 9 quads, Year 10 Vllls, and finally, the Senior Vllls. Crews of note included the double, who took away a convincing win, the mighty 2nd VIII, who pulled back numerous places, finishing 3rd after starting 2nd last, and the Year 10 1st VIII, who fought hard to stay with the 2nd VIII.

Upon arriving back at the pontoon at the sheds, it was clear to see that some of the old boys had arrived. Men from the 1989/90 and 2005/06 rowing squads were due to make a special appearance for a race between themselves and the current school 1st VIII. The old boys from the 2005/06 squad had arrived and made their presence apparent, towering over everyone else and boasting raging muscles as they helped crews off the water. It was easy to see that they meant business and had once established themselves as some of the best High rowers in recent history. Once they had the space, they promptly got a boat onto the water to begin warming up.

Soon after, the 1989/90 old boys arrived, still looking amazingly strong. The senior squad were eager to interact with them and took them upstairs for a 100m erg competition among themselves and a tour around the sheds. The erg competition saw blindingly fast times, assuring the old boys that power was something they had

not at all lost. The winning time was 15.8 seconds.

After the tour was complete, the 2005/06 crew arrived back from their paddle and it was soon time for all crews to get on the water. The 1st VIII was filled with nerves as head coach Gareth Deacon assured them that the key would be to maintain a high rating and skill through the stroke. They made their way onto the water first to begin warming up. The race would only be around 600m, a power-driven and not so fitness intensive distance, and so, a recent old boys crew was put together in the last minute.

At the start line, the 2005/06 crew looked over at the 1st VIII, aiming to intimidate and somewhat accomplishing this as they sat proud and tall above the boat. The recent old boys sat ahead of everyone else and refused to move back to be level, intent on winning, even through cheating. As the start of the race began to be called, they started abruptly, prompting the 2005/06 crew to start, followed by the 1st VIII. The 1989/90 crew started quickly with immense power and took a small lead against the first VIII. The first VIII consisting of Year 11s dug deep and focussed, overtaking the 1989/90 crew once power was no longer vital and instead, anaerobic fitness kicked in. Unfortunately, they were not able to take down any more crews, the recent old boys crossing the line first, followed by the 2005/06 crew, and then the 1st VIII. However, the recent old boys were promptly disqualified for refusing to sit even and for a false start.

Once off the water, the top three crews were awarded prizes by John Croll (SHS 1981) and the President of the Rowing Committee. Photographs were taken with the Old Boys Challenge VIII oar as the morning began to wind down. Numerous other old boys who had not been racing had now arrived and were welcomed enthusiastically by coaches and parents alike. A notable appearance was Mr Gainford, who had not been seen at the sheds for the best part of a year, due to his illness. The senior rowers were happy to speak with all of the boys, who managed to pass down some of their wisdom and interesting stories. Some old boys even walked away with wooden oars as a reminder of their time rowing at High.

Overall, the day ran with a couple of hiccups, but was enjoyed by all who attended. The seniors were very lucky to have interactions with the old boys, and I thank them

for coming. I would also like to extend my thanks to Dr Jaggar, Mr Paul Harapin (President of the Old Boys Union), and Mr Marcos for their support of the event and Anna Egeressy, Leslie Wait, Leslie Cheng, Binh Johnsun, and all the other parents from the rowing committee who

helped to organise the event, and of course, Mr Barris for overseeing the event. Thank you all.

Alan Jessup
2019-2020 Captain of Boats



Recent Old Boys Crew



2000-2006 crew – winning crew

January 2020 Training Schedule

Date	6-Jan	8-Jan	10-Jan
Day	Monday	Wednesday	Friday
Session	Weights	Weights	Weights
Time	7-9am	7-9am	7-9am
Coach	Nigel	Archie	Nigel
Date	13-Jan	15-Jan	17-Jan
Day	Monday	Wednesday	Friday
Session	Weights	Weights	Weights
Time	7-9am	7-9am	7-9am
Coach	Kurt	Kurt	Kurt
Session	2019 New Boy Weights	Sprints	2019 New Boy Weights
Time	9:30-11am	9:30-11am	9:30-11am
Coach	Kurt	Kurt	Kurt
Date	20-Jan	22-Jan	24-Jan
Day	Monday	Wednesday	Friday
Session	Weights	Weights	Weights
Time	7-9am	7-9am	7-9am
Coach	Archie	Archie	Archie
Session	2019 New Boy Weights	Sprints	2019 New Boy Weights
Time	9:30-11am	9:30-11am	9:30-11am
Coach	Archie	Archie	Archie



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GERRIC Student Programs

School holiday program for gifted students

Are you a student in Year 3 – 10 at an Australian school? Are you bright, intellectually inquisitive and looking for something more challenging, more intellectually demanding, and more fun than you may sometimes experience in school? Would you like to take part in program that will really stretch your mind?

GERRIC offers a range of school holiday programs for gifted and talented students (generally students who are capable of performing in the top 10% of their age-peers) for students from years 3 -10. The GERRIC holiday programs will open students' minds to abilities they may have not suspected they possessed, and opportunities to use those abilities to the fullest during a 3 day program at the UNSW Kensington Campus or at our partner school, Matraville Sports High School.

WHY?

Giving gifted students an avenue to explore their passions and potential helps extend their thinking and reignite a passion for learning. We offer workshops in a huge range of topics, from art to artificial intelligence, with everything in between!

Gifted learners are provided with the opportunity to be surrounded by and engage with like-minded peers who share their interests.

JUNIOR SCIENTIA

Years 3-6

The courses in Junior Scientia are developed and presented by teachers qualified in gifted education and aim to encourage the interests and curiosity of gifted children. The level of difficulty in the courses is generally two years above the enrolled school level of the child, offering a challenge for gifted students.

SCIENTIA CHALLENGE

Years 7-10

The courses in the Scientia Challenge are developed and presented by practising experts from academia or industry. The level of difficulty in the courses is again pitched higher than the students' grade level, providing a rigorous and challenging program that goes beyond the scope of their school curriculum to engage and pique students' interests.

EQUITY

Scholarships and advanced placement are available.

P: (02) 9385 1972

REGISTRATION: <https://tinyurl.com/JAN2020GSP>

FURTHER INFORMATION

W: arts.unsw.edu.au/education/professional-learning/gifted-education-research-resources-information-centre/gifted-students

E: gerric@unsw.edu.au

P: 02 9385 1972

Spatial Storytelling with Dean Utian

Have you ever considered how the buildings and spaces you occupy have embodied stories?

Have you noticed how architecture and the built form are often key characters in movies?

Film is an artform closely connected to architecture. Both create and define experiences of place and space.

Digital film making is highly accessible with our mobile phones enabling cinematic production. In this workshop, you will learn principles of filmmaking, architectural design and storytelling. We will critique films for their spatial meaning and create our own that tell a spatial story. Through the process, you will gain a deeper understanding of spatial experience and meaning, develop technical skills in digital video editing, and filmmaking capabilities to tell your own stories.

Beware, after this workshop you may never see movies in the same way.

Dean is both a Sessional Academic and Educational Designer in the Built Environment. His teaching covers digital communication, filmmaking, games and immersive environments. Dean supports the Faculty in staff capacity building, digital uplift, development of fully online courses, as well as best practice in technology enhanced learning and teaching. A recipient of the Vice Chancellor's Award for Teaching Excellence, he is passionate about education and the use of current and emerging technologies to enhance the student experience and learning outcomes.



Flex Your Wii Muscles with Heba Khamis

Can you play Nintendo's "Mario Kart" using only signals recorded from the human body? If you believe that you can, then you may well be destined to design the machines of the future. The future promises the integration of electronics and technology with the human body to improve the quality of life of the sick or disabled. The human body is alive with the most amazing range of electrical signals. Our brains are impressive computers that use electrical signals to transmit and process information – that is, to think! Our brain sends electrical signals to our muscles to instruct them to contract, or to our vital organs to regulate chemical levels. Our senses convert light, sound, touch, smell, taste, balance and acceleration, and temperature to electrical signals for our brains to process – this is how we perceive the world around us.

This workshop straddles the important interface between human physiology and electronic system implementation, which is of huge importance in all medical instrumentation design. The goal of the workshop is to control a modified computer game (Nintendo's "Mario Kart") using only signals recorded from the human body. You'll pair up in teams of two and compete (race) in a final session. The basic electronic design elements will be provided and you'll construct the final circuit and write a simple computer program to interpret the recorded signals, such that you can control the modified game console. The associated lectures will discuss the basis of the how the recorded biosignals are generated in the human body and the principles upon which the recording equipment operates.

Heba is a lecturer in the Graduate School of Biomedical Engineering, UNSW Sydney and a Research Associate with Neuroscience Research Australia. Her start up Contactile, a revolutionary approach to tactile sensing for robotic and prosthetic applications, was selected in top 6 in Best New Idea category for St George Bank Kickstart Competition 2019, at TedEx Sydney. Heba's primary research interests revolve around the application of signal processing and pattern recognition techniques to solve or understand biomedical engineering problems, including analysis of EEG, ECG, neural spike trains and inertial signals, as well as image processing, sensor design and robotic control.

Introduction to Artificial Intelligence Techniques using Logic Programming with Vladimir Tomic

You might have watched a science-fiction movie with intelligent machines or heard that artificial intelligence (AI) will change the world. In this workshop, you will be introduced to some of the techniques used to make computers behave more intelligently (e.g. to beat humans in challenging games like chess or to make complex decisions in stock markets) by leveraging logic programming in the programming language Prolog.

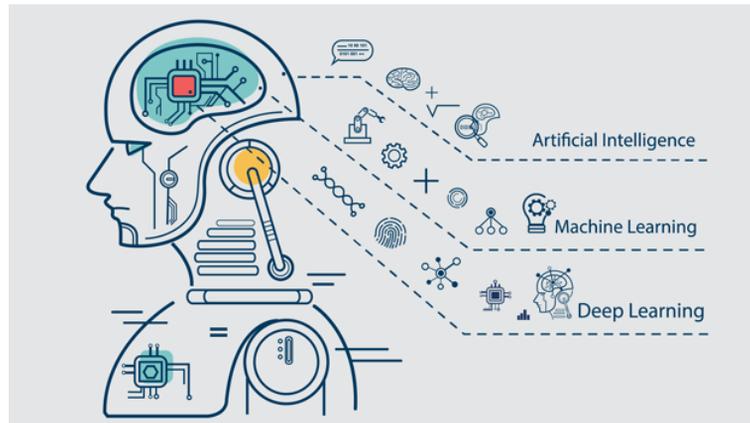
You will learn the basics of Prolog and will spend the majority of the workshop writing Prolog programs (of increasing complexity) using a free online programming environment. No prior programming experience in any programming language is necessary! (If you already have programming experience in another language, note that Prolog requires a different way of thinking and programming, useful for solving artificial intelligence problems.) Using Prolog examples, you will also learn about how artificial intelligence programs represent knowledge, how they solve problems by searching among potential solutions, how they make optimal decisions in game playing, and how they learn from experience.

Note: You will need to bring a fully-charged laptop or tablet.

Vladimir is an ICT educator with diverse teaching experiences, both at universities (in Europe, Canada and Australia) and in NSW secondary schools.

He is currently a Casual Academic at the UNSW School of Computer Science and Engineering where he lectures, tutors or mentors students part-time per year and has taught many gifted and talented Ph.D, Masters, and Honours university students. In addition to this, he also works full time as an IT Teacher at Taylors College.

Vladimir has taught artificial intelligence and logic programming both in NSW secondary schools and within undergraduate/postgraduate subjects at 2 universities (including tutoring UNSW COMP3411/9414 Artificial Intelligence). He is looking forward to helping GERRIC students start to learn and love this exciting area of human creativity.



Critical Thinking; Ethics; Philosophy and how to Debate an Issue Brilliantly with Michele Waterson

This program aims to develop in our children, qualities of strong critical thinking, philosophical contemplation and ethical consideration of the global issues that they, as global citizens, will encounter each day.

We begin by acknowledging: "That in a free state every man may think what he likes, and say what he thinks..." - Benedict de Spinoza

However, as citizens in a 21st Century reality of information overload, we must ensure that we are discerning consumers of information. People need to validate 'facts' and 'arguments' presented to them in order to justify all claims and assertions in line with their own world view and personal values.

Students will develop skills of: critical thinking, ethical accountability and philosophical reflection. Students will learn to delve for accountability from all facts and arguments presented to them through all media forums. Students will use these skills to build arguments and debate those arguments effectively and ethically.

Michele is the debating convenor at St Pius X College and an experienced GERRIC presenter.

The Brain in Health and Disease with Ken Ashwell

We'll study the structure and function of the normal brain and spinal cord and then consider types of disease that can affect the brain and spinal cord. The classes will explore the structure of the nervous system at the microscopic and naked eye level, and we'll discuss how function is localised in the brain. You will have the opportunity to practice clinical examinations of the nervous system on classmates and analyse how brain disease or damage might be prevented or repaired. You'll also have the opportunity to make diagnoses and recommend treatment for patients with brain disease.

Ken is a professor in the School of Medical Sciences at UNSW and a researcher of Comparative and Evolutionary Neuroscience. He is an experienced GERRIC presenter and author of textbooks.



Cinematic Sounds with Anthea and Rodney Wikstrom

Think of your favourite movie. If it had no sound or music, would it still have the same impact on you? Film music and cinematic sounds enhance character, create mood and heighten emotion in films. A soundscape can make or break a film. In this workshop, you will explore the work of film score composers, Foley artists, and the impact technology has had on the history of film music. Using computer software, you will learn to produce and arrange sounds, compose and record music, synchronize sounds to video, and create a film score soundtrack. Film composers of the future, come on down!

Anthea is a graduate of the Conservatorium High School, and of the University of NSW in violin performance, film & composition. She has performed in many interesting roles including the Edinburgh Military Tattoo, Anthony Callea and various rock & country bands. Anthea currently performs with country music act Jackie Dee, and The Real Mexico Mariachi Band. She is a trained school teacher and taught at the Conservatorium High School, accompanying students to Shanghai Conservatorium and World Expo. Anthea's enthusiasm is infectious, and is an inspiration to her violin students.

Rodney is also a passionate music educator with an interest in gifted education, and has studied with internationally respected violin pedagogues. He teaches violin privately, and is also a trained high school music teacher experienced with all levels up to HSC Music 2.



Page + Stage: Poetry and Spoken Word with David Stavanger

Step up to the mic/and let the words/take flight

In this workshop you will work on both sides of the art form – the written & spoken – to develop a small body of poetic work either for the page and/or the stage. With one of Australia's most dynamic teachers in this field, you will have fun as you learn how to tune into your creativity and find your own voice through a series of individual & group exercises exploring writing, editing and performance technique. You will also learn about the history of poetry slam before you run your own live slam on the final day, performing your original work. David will perform pieces for you, show a series of spoken word videos, as well as using a range of prompts to get the words & images flowing.

No writing or performance experience needed. At the completion of this workshop, students will also have poems that can be published online or entered into poetry writing competitions.

David Stavanger is a poet, performer, cultural producer, editor and former psychologist. In 2013 he won the Arts Queensland Thomas Shapcott Poetry Prize, resulting in the release of *The Special* (2014, UQP), his first full-length collection of poetry which was also awarded the 2015 Wesley Michel Wright Poetry Prize. David was Co-Director of QLD Poetry Festival 2015-2017, a period known for inclusive programming and stronger focus on CALD and First Nation voices. David was selected as a 2018 Melbourne Visiting Poets Program: 2018 Regional Resident by RMIT non/fiction Lab and Australian Poetry and his poem 'Octonaut' was recently short-listed for the 2019 Moth Poetry Prize (Ireland). He has been a feature at many major festivals including, Dark MOFO, Brisbane Writers Festival, Sydney Writers Festival, Tasmanian Poetry Festival, National Folk Festival, NT Writers Festival, NightWords at the Sydney Opera House, TEDx and was the first Australian to have work selected for The Spoken Word Revolution which showcased the world's best spoken word artists.

YOUTH IN THE CITY



cityofsydneyyouth



CITY OF SYDNEY

HIGH SCHOOL HOLIDAY PROGRAM

FOR YOUNG PEOPLE AGED 13—18 years (Or younger if in high school)

Week 1		Week 2		Week 3	
Monday 6 January		Monday 13 January		Monday 20 January	
Cost \$8	10.30am - 4pm Movies at Fox Studios BYO lunch or money to buy	Cost \$5	10.30am - 4pm Cooking at Ultimo community centre	Cost \$13	10.30am - 4pm Ice Skating at Canterbury BYO lunch, drink or money to buy.
Tuesday 7 January		Tuesday 14 January		Tuesday 21 January	
Cost \$15	9.30am - 4pm Surf lessons at Maroubra BYO lunch or money to buy, drink, swimmers, sunscreen, hat and towel	Cost \$25	9.30am - 4pm Raging Waters BYO lunch or money to buy, drink, sunscreen, swimmers, towel and hat	Cost \$2	9.30am - 4pm Frisbee at Coogee beach BYO lunch or money to buy, drink sunscreen, swimmers, towel and hat
Wednesday 8 January		Wednesday 15 January		Wednesday 22 January	
Cost \$17	10.30am - 4pm Rock climbing + Fencing BYO lunch or money to buy and wear appropriate shoes	Cost \$2	10.30am - 4pm Sports Gala Day at Perry Park Lunch provided	Cost \$15	10.30am - 3pm Escape room BYO Lunch, drink or money to buy
Thursday 9 January		Thursday 16 January		Thursday 23 January	
Cost \$2.	10.30am - 4pm Sports at Maybanke Community centre Lunch provided	Cost \$2	10.30am - 4pm RSPCA BYO lunch or money to buy, wear enclosed shoes, change of clothes—OPTIONAL—washing dogs	Cost \$15	10.30am - 4pm Taronga Zoo BYO lunch or money to buy, drink, sunscreen, towel and hat
Friday 10 January		Friday 17 January		Friday 24 January	
Cost: \$5	9.30am - 4pm Des Renford Pool BYO lunch or money to buy, drink, swimmers, sunscreen, towel and hat	Cost \$2	9.30am - 4pm Snorkelling at Clovelly BYO lunch or money to buy, drink, sunscreen, swimmers, towel and hat	Cost \$2	9.30am - 4pm Bronte to Bondi walk and Swimming BYO lunch or money to buy, drink, swimmers sunscreen, towel and hat

BOOKING AND PAYMENT SYSTEM:

TO BOOK ONLINE: WWW.CITYOFSYDNEY.NSW.GOV.AU

<http://www.cityofsydney.nsw.gov.au/school-holidays>

FOR MORE INFORMATION CONTACT 8512 8771

Youth Services has several convenient pick up and drop off locations for the School Holiday Program: Sydney, Erskineville, and Ultimo

**Please note that bus pick up and drop off times may vary for each location*

January/February 2020

13-12-2019

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 A	<p>27 Australia Day observed - Public Holiday</p>	<p>28 Staff Development Day</p>	<p>29 Years 7, 11, 12, and new Year 8 and 9 students resume school Year 7 Transition Program PDHPE: 1600m Run, Y7 to Y10 Rowing: Committee meeting, staff common room, 18:30</p>	<p>30 Years 8, 9 and 10 resume school PDHPE: 1600m Run, Y7 to Y10</p>	<p>31 Assembly to Welcome Year 7 + Summer Sports Assembly (Basketball, Cricket, Tennis, Waterpolo, Sailing, Swimming), Great Hall, P3 (7, 11, 12) PDHPE: 1600m Run, Y7 to Y10</p>	<p>1 Sport: Group 1 Shore v SHS, Group 2 Shore v SHS TBC Water Polo: SHS v SJC Rowing: Joeys Regatta, SIRC</p>	<p>2</p>
2 B	<p>3 Medical Booklet Update School Swimming Carnival, Des Renford Pool (Heffron Park), Maroubra Tennis: SE Trials</p>	<p>4 Welcome to New Parents of Incoming Students 2020, Great Hall, 18:00-20:00</p>	<p>5 Rowing: Year 10 Visit by Melbourne High</p>	<p>6 Year 7 Meeting, Great Hall, 09:55-10:20 Rowing: Year 10 Visit by Melbourne High Year 7 Music Recruitment Night setup, Great Hall, 11:00 Year 7 Music Recruitment Night, Great Hall, 18:30</p>	<p>7 Rowing: Year 10 Visit by Melbourne High Excursion: Year 8, Art + History, AGNSW, 09:30-14:45</p>	<p>8 Sport: Group 1 Shore v SHS, Group 2 SJC v SHS Rowing: High Regatta, Hen and Chicken Bay Rowing: Year 10 Visit by Melbourne High</p>	<p>9</p>
3 C	<p>10 Year 7 Outdoor Education Camp (Morisset) P+C Executive Meeting, The Great Hall, 17:30 P+C Meeting, The Great Hall, 18:30 Swimming: GPS Annual Dinner, St. Joseph's College Parlour, 18:00</p>	<p>11 Year 7 Outdoor Education Camp (Morisset) School Council Meeting, Board Room, 17:30-19:00 The Great Hall: Prefect afternoon tea, 15:15-18:00</p>	<p>12 Year 7 Outdoor Education Camp (Morisset) Cricket: Committee meeting, 901, 18:00</p>	<p>13 Sports Council Meeting, Board Room, 07:30 Elevate: New Year 9 (Time management), P1, selected students</p>	<p>14 Debating: FED Newington v SHS</p>	<p>15 Sport: Group 1 SHS v TSC, Group 2 SHS v TSC Rowing: All schools Regatta, Hen and Chicken Bay</p>	<p>16 European Music Tour Rehearsals, 09:30-15:30, rooms 101+201</p>
4 A	<p>17 Rugby: Yr 7 house 7's, lunch 1+2, E+F</p>	<p>18 Years 10, 11 and 12 Awards Assembly, Great Hall, 09:55-10:40 Rugby: Yr 7 house 7's, lunch 1+2, M+R Presentation Night rehearsal (All prize winners), Great Hall, 11:50-12:50 Presentation Night, Great Hall, 19:00-21:00</p>	<p>19 Years 7, 8 and 9 Awards Assembly, Great Hall, 09:50-10:35 Rugby: Yr 7 house 7's, lunch 1+2, S+T</p>	<p>20 Elevate: Kickstart, Year 7, P1, all students in normal classrooms</p>	<p>21 Basketball: CHS Opens KO Round 1 (tbc) Rowing: CHS, SIRC Volleyball: SE Trials, Olympic Park Debating: FED SGHS v SBHS Swimming: GPS Qualifying carnival, 18:45 (NC)</p>	<p>22 Sport: Group 1 SHS v TSC, Group 2 SIC v SHS Rowing: Newington Regatta, Hen and Chicken Bay Rowing: SRC Regatta, SIRC</p>	<p>23</p>