

The Weekly Newsletter of Sydney Boys High School

Vol 20 No 14 17 May 2019

From the Principal High Talent

Congratulations to Hunar Verma (12T) on his



selection in the U19 NSW cricket team. Well done also to Aikaansh Ahi (9E) on his selection in the U15 Thunder Cricket NSW Academy. High's representatives in the Open CHS Volleyball team are Joshua Reid (10F), Oliver Yang (11T) and Samuel Yu (12T) –

Congratulations! Julian Markworth-Scott (12E) was selected in the CIS open basketball team to play CCC and CHS in early June. Well done, Julian! Thank you so much to Andy Xia (9R) for his outstanding work in submitting a detailed proposal with drawings for the re-modelling of the Library staff room and storage space.

Interpreting Semester 1 Year 12 Reports

All Year 12 students should have their reports. For the first time during their high school life, the students have an ATAR calculation based on their best ten units. However, not all parts of their courses have been examined at this time. The full examination doesn't happen until the Trial HSC in August. A limited number of topics have been completed in the HSC courses so far this year. Despite these limitations, the May report is extremely important as a yard stick for possible HSC performance. Every year I would love to be proved wrong. Every year I would be glad to applaud students who do much better than their ATAR prediction derived from their April performances. Inevitably, if nothing changes in the students, the predictions will be accurate, assuming our quantum and spread of



marks earned this year are similar to those earned in last year's HSC. The first report in Year 12 is

often a wakeup call for boys who have been coasting. Many teachers are frustrated because of the number of students who have not taken advantage of practice tasks or early submission of drafts of essays to receive very useful feedback prior to submission. Individual Faculties also provide targeted coaching for students with weaknesses in the period up until the HSC Trial examination. Students with their backs to the wall start to listen when we talk to them about study routines, life balance and focus. I hope parents will support us once again this year by impressing upon their sons how important it is from now on to get themselves organised, stick to a study routine and find the time each week to work hard.

Technology-Free Days – Junior School

Parental responses and a recent survey of faculties by Head Teachers have confirmed that from an adult perspective, technology-free days are beneficial for student social interactions. Whilst the students might complain about an infringement of their liberties, the school has a



genuine concern for their health and wellbeing. The school executive decided to extend the device-free days for students in the junior quad to three days –

Monday, Wednesday and Friday. In their free time, at lunch or recess, students ought to be away from their screens and interacting with others. They spend too much time with their eyes glued to screens. Students are reminded that they are not allowed to be in school corridors during recess or lunch unless a wet weather day has been declared, and even in that case, they are assigned to particular corridors. Our hope is that, in Years 7-9, our students will have more active break times and get to know each other a little better.

VALE Alan Grover SHS - 1961

Alan Grover passed away on Sunday 12 May 2019 after a long battle with illness. Alan Grover was Sydney Rowing Club's principal coxswain in the 1960s and through into the 1970s. He joined the club after coxing Sydney High's eight in 1961. He was a man of outstanding ability, highly respected by his colleagues and peers. He was a triple Olympian, coxing the Australian coxed four in Tokyo in 1964, the Australian eight in Mexico in 1968 (silver medal) and the Australian eight in Munich in 1972. For NSW,

Alan steered two winning Penrith Cup lightweight fours in 1965 and 1967, and the winning King's Cup crews of 1968 and 1972. He steered five King's Cup crews in the period 1968 to 1980. Alan was the cox of numerous successful Sydney Rowing Club crews over that period. In his business career, Alan Grover was a marketing executive and spent many years employed by the Australian Olympic Committee.

Dr K A Jaggar Principal

Device Free Playground Days for Years 7-9

Clearly there are a lot of benefits from students having access to devices, such as research, school projects, use of software and a means of communication with others. This allows the boys to best prepare for a technology-based future, developing the skills required to succeed in a future career certain to require digital literacy. However, research also indicates there are numerous benefits of unplugging from devices for periods of time each day, breaking free from what can often be considered an addiction. Some of these benefits include:

- Encouraging children to actually talk to each other – this will improve their social skills and two-way communication, skills vital for their future employment.
- 2. Reduces FOMO social media creates a real "fear of missing out", particularly with teenagers. Unplugging regularly reduces this struggle and the anxiety that can be associated with device use
- Encourages creativity students learn to enhance their problem solving skills using a variety of methods without resorting to technology.
- 4. <u>Fosters emotional intelligence</u> by encouraging students to look each other in the eye (the eyes can register 36,000 visual messages an hour) students begin to understand each other on a deeper level and develop the ability to better read human emotions.
- 5. <u>Calms the mind</u> unplugging is like a reboot to the brain and allows us to focus on the present, without distractions and to relax. Several studies have shown that the average person checks their smartphone over 40 times a day!
- 6. <u>Being more active</u> you are more likely to be physically active when not using devices and getting out in the playground has numerous physical and mental health benefits.

7. <u>Provides challenge</u> – successfully de-plugging creates a sense of achievement in students, the same as reaching other challenging goals.

Due to the above benefits and concerns of numerous parents, the school is reinforcing the policy of students in Years 7, 8 and 9 not permitted the use of devices during recess and lunch across school grounds on Monday, Wednesday and Friday each week. Those students needing to use devices for academic purposes have access to the Junior Library, and there are various clubs and extra-curricular activities for students to participate in during these break times as well.

To help student's transition to the new policy, for Week 4, boys using devices during recess and lunch will be given a warning by teachers and told to put them away. From Week 5, students will be referred to the Deputy Principal Junior School for further action.

Some resources relating to the above benefits for further reading include:

https://www.kidsnews.com.au/technology/study-finds-compulsive-phone-use-leads-to-low-levels-of-wellbeing/news-story/41801a6752e43d87c0ca0eaf04dc96f8

http://newsroom.ucla.edu/releases/in-our-digital-world-are-young-people-losing-the-ability-to-read-emotions

https://theworldunplugged.wordpress.com/

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5800562/

https://www.tandfonline.com/doi/abs/10.1080/01443410 32000060129

If you have any questions about the new policy or concerns about your child's computer usage, please do not hesitate to contact the school.

Mr Jamie Kay Deputy Principal Junior School

Half Yearly Reports - Clearance Forms - Year 7

Clearance forms for report collection will be issued during the coming weeks. Please ensure outstanding payments and due book returns are received **before** the clearance form is printed.

Sharon Kearns SAM

PARENT TEACHER INTERVIEWS

Years 9 and 12 will take place on Monday 27 May 2019 3.00pm – 7.00pm

Years 7 and 8 will take place on Monday 24 June 2019 3.00pm – 7.00pm

Years 10 and 11 will take place on Tuesday 30 July 2019 3.00pm – 7.00pm

Booking interviews with your son's teachers

This year we will again use a web based electronic scheduling system for arranging interviews. This produces better results for all participants, especially more compact time schedules for both parents and teachers. The system works as follows –

- On Tuesday 21 May all parents of boys in Years 9 and 12 will sent by email details of the scheduling system and a unique code to be entered at https://spring.edval.education.
- This email will be sent to the address currently held by the school. If you have not received this
 email by Wednesday 22 May or if your email address has changed from what had been previously
 advised to the school, you should notify the school at ptnight@sbhs.nsw.edu.au advising of this.
 Please indicate your son's name and roll class or date of birth so that the information can be
 forwarded to you.
- On the Edval website you will see your son's teachers listed and you will be able to select those with whom you require an interview. (If you hover over a teacher's name, the subject involved will be shown.) At the same time you can indicate your availability between 3:00 pm and 7:00 pm. You should provide this information by 6pm on Thursday 23 May.
- Once the majority of parents have requested interviews, the overall schedule will be generated by the school and your individual schedule should be available for you to download and print from Friday 24 May.
- Periods will be shortened on the days of the interviews. Boys from all Years will be dismissed from class at 2:35pm each day. School Special buses will run to normal schedules and there will be supervision available in the Junior Quad of boys waiting for these buses.
- Interviews should not exceed five minutes' duration. If there is insufficient time, a further appointment may be made for a later date, or contact by telephone arranged.

Similar arrangements will be in place for Years 7 and 8 interviews on Monday 24 June and Years 10 and 11 interviews on Tuesday 30 July.

R Dowdell Deputy Principal



From the Canteen

Nurturing healthy eating continues to be our top priority at High Canteen. We have expanded the range of nutritious yet reasonably priced food items available to our scholar sportsmen. Our canteen managers ably assisted by team of parent volunteers serve a variety of hot and cold, recess and lunch options, most of which are prepared daily on site. All profits go back to school community. By supporting the canteen, boys directly help raise money for targeted projects that will in turn benefit them. In fact, we are one of very few high school canteens to continue to do so. We could not exist without the ongoing commitment of our volunteer base.

Late last year, we partnered with *Flexischools* to deliver cashless payment methods. We are delighted to report that the Tap n Go (Student Tag) payment option has been well received, particularly among junior boys. Special thanks to David Isaacs for driving this initiative. We encourage more boys to take it up.



WE L VE OUR VOLUNTEERS

Urgent Reminder

It is mandatory that all parent volunteers complete a Working with Children's Check. If you have not already done so, please contact canteen managers (9662 9350) or school office (96629300) for necessary paperwork. 100 points of ID will be required for verification. This could include driver's licence, passport, Medicare. These documents need to be sighted by the office while completing the form.

Usha Arvind President Canteen Committee



CHANGE OF ADDRESS or CHANGE OF CONTACT DETAILS

If you have moved or changed your contact details please notify the school via email at office@sbhs.nsw.edu.au

To ensure your contact details are correct, please check the parent portal located through www.sydneyboyshigh.com. At the bottom left of the page there is a link to registration for new parent portal users and a log in for current users. Click the relevant link and go to the Student Details section. If the details showing require updating, please contact us via email at office@sbhs.nsw.edu.au. Alternatively, send a note to school (including your son's name and roll class) detailing the changes.



Music Camp

Thank you to all students, parents and guardians for submitting their Music Camp forms and payment on time. The Annual Music Camp will take place from Tuesday 25 June – Thursday 27 June 2019 (Term 2, Week 9B) at The Tops Conference Centre: 51 Bendena Garden, Stanwell Tops, NSW 2508. As usual, there will be a Camp Concert in the Great Hall, 6.30pm on Thursday 27 June (Gold Coin Entry).

Students have been advised to check the 'daily notices, high notes and student emails' regarding Music Camp changes and updates. There will be no music ensemble rehearsals running in Week 9 & 10 (due to music camp).

Parent/Guardian Music Contact List

Please send the following details to music@sbhs.nsw.edu.au if you would like to receive emails regarding the Music Performance Program only (i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.). If you would like to be removed from the Parent/Guardian Music Contact List, please email music@sbhs.nsw.edu.au

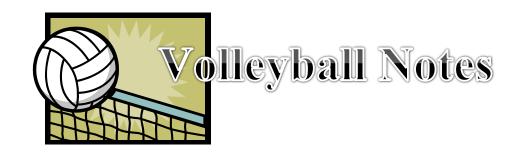
- Email Subject Line: Music Contact List
- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address

Term 2 Music Events Calendar

Week	Date	Event	Music Students Involved		
5A	Tuesday 28 May	HSC Music 1, 2 & Extension	HSC Music 1, 2 & Extension Students:		
		Composition + Performance	James Ruse Agricultural High School,		
		Workshop, 9.00am – 3.15am	Sydney Girls High School & Sydney Boys		
		Great Hall	High School		
5A	Thursday 30 May	Leadership Assembly, 9.55am	Jeremy Tan (10T)		
		Great Hall	Rhys Shariff (10S)		
5A	Friday 31 May	Winter Sports Assembly,	Jeremy Tan (10T)		
		10.15am Great Hall	Rhys Shariff (10S)		
9B	Tuesday 25 – Thursday	Annual Music Camp at The Tops	All students in the Music Ensemble Program		
	27 June	Conference Centre	at SBHS		
9B	Thursday 27 June	Music Camp Concert, 6.30pm	All students in the Music Ensemble Program		
		Great Hall	at SBHS		

Music Events are continually added and are subject to change.





HIGH VOLLEYBALL

Volleyball Results SHS vs KGS/SGS Saturday 4th May (Term 2 Week 1) 2019

1sts to 4ths Opens, 16As & 16's, 15As & 14As vs KGS at KGS. 15Bs & 14Bs vs SGS at SGS.

1sts to 4ths Opens, 16As & 16Bs, 15A's & 14As all had 3 – 0 Wins. 15Bs had a 1-2 Loss. 14Bs had a 0-3 Loss.

1st Grade: 25-11; 25-15; 25-17. 3-0 Win. 2nd Grade: 25-11; 25-14; 25-21. 3-0 Win.

3rd Grade: 25-20; 25-9; 25-15. 3-0 Win. 4th Grade: 25-9; 25-10; 25-8. 3-0 Win.

16A: 25-14; 25-20; 25-7. 3-0 Win. 16B: 25-10; 15-16; 25-14. 3-0 Win.

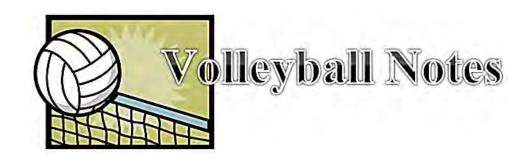
15A: 25-10; 25-7; 25-6. 3-0 Win. 15B: 17-25; 28-30; 25-22. 1-2 Loss.

14A: 25-15; 25-11; 25-? 3-0 Win. 14B: 16-25; 17-25; 17-25: 25-22. 0-3 Loss

Statistics for the 1st and 2nd Grade teams are shown in the table below:

Area	First Grade	Second Grade
Serving (/3)	Oliver YANG – 2.8 (4)	Alec NG – 2.4 (17)
	Weixuan LI – 2.3 (8)	Jadon YANG – 2.25 (12)
	Kent GU – 2.1 (7)	Sean GIANG – 2.0 (21)
Serve Reception (/3)	Joshua REID – 2.4 (5)	Zachary LIU – 2.8 (8)
	Billy NGUYEN – 2.0 (5)	Alec NG – 2.0 (3)
	Zachary LIU – 1.9 (10)	Yishan SHEN – 1.8 (5)
	Henry HAN – 1.9 (8)	Adrian PANAS – 1.8 (4)
Freeball Passing (/3)	Zachary LIU – 2.5 (2)	Lawrence ZHUANG - 3.0 (2)
	Billy NGUYEN – 2.3 (3)	Adrian PANAS – 3.0 (1)
		Zachary LIU – 2.9 (8)
Outside and Opposite Hitting (/3)	Henry HAN – 2.6 (12)	Yishan SHEN – 2.4 (10)
_	Josh REID – 2.5 (17)	Sean GIANG - 2.4 (7)
		David ZHOU – 2.0 (5)

Mr Coan



HIGH VOLLEYBALL

Volleyball Results SHS vs TKS/KGS/BC Saturday 11th May (Term 2 Week 2) 2019

1sts to 3rds Opens, 16As, 15As & 14As vs TKS at TKS. 4ths vs BC at BC.15Bs vs KGS at KGS.

1sts to 3rds Opens, 15As, 15Bs & 14As all had 3 – 0 Wins. 16As had a 2-1 Win. 4th's had a 1-2 Loss. 14Bs and 16Bs had Byes.

1st Grade: 25-14; 25-11; 25-9. 3-0 Win. 2nd Grade: 25-15; 25-11; 25-17. 3-0 Win. 3rd Grade: 25-7; 25-14; 25-18. 3-0 Win. 4th Grade: 17-25; 14-25; 15-11. 1-2 Loss. 16A: 12-25; 25-14; 25-14. 2-1 Win. 16B: Bye. 15A: 25-15; 15-6; 25-6. 3-0 Win. 15B: 25-21; 25-19; 25-20. 3-0 Win. 14A: 25-21; 25-18; 25-22 3-0 Win. 14B: Bye.

Statistics for the 1st Grade team are shown in the table below:

VOLLEYBALL SKILL	First Grade – Best Performances The maximum score is 3 For serving and spiking a score of 3 means every serve/spike was a kill. For passing a score of 3 means every pass was perfect.		
Serving (/3)	Weixuan LI – 2.4 (9) Ryan CHAN – 2.4 (11) Robert CHAN – 2 (1) Blair ZONG – 2 (14)		
Serve Reception (/3)	Ryan CHAN – 3 (3) Robert CHAN – 2.9 (7) Zach LIU – 2.6 (10)		
Freeball Passing (/3)	Weixuan LI – 3 (3) Zach LIU – 2.5 (12) Robert CHAN - 2.1 (8)		
Outside and Opposite Hitting (/3)	Blair ZONG – 2.6 (10) Robert CHAN – 2.2 (5) Henry HAN – 2.1 (11)		

Mr Coan.



LASTING FRIENDSHIPS- HIGH SPIRIT- PASSION - RESPECT - TEAMWORK - DISCIPLINE - INTEGRITY

High Spirit SBHS vs Kings Results

13s

Our 13s ventured out and performed outstandingly well in their first ever game. We are all so proud of how you played. A special mention goes to the performances of our men of the match, Chris Santoso and George Chen. We look forward to the rest of the season and hope you continue to forge great friendships through the game. Thanks to all the parents that came along to watch!!



14s - W 42 - 15

As we lined up on the halfway line at the start of the match, we could see they were a physically stronger team. However, I knew that if we played as a team coupled with the confidence of winning our last game we would be more than up for the challenge.

We started off well, putting a couple phases together before Oliver Sun crashed over in the corner before our man of the match Jack Mulder converted from out wide.

Kings hit back strongly with two quick tries in the first half and we were trailing by three points at half time. Even though we were behind we knew that if we improved our breakdown and tackling we would more than match them.

This was evidence with us controlling the game at their end of the field for much of the second half where we crossed for four more tries in the second half. The final score being a 42-15 win. With Jack Mulder kicking 6/6. Other notable mentions include Subhan Mustafa for his hard running and go forward. Aryan Verma for his lineout throws and rucking work as well as Matthew Lam for his pressure in defence and his ball skills setting up tries. The score really didn't show the actual closeness of the game and we are ready for more hard work at training to ensure we improve as the season progresses.



16As - L 15 - 24

Player of the Match - William Cui

Leading up to this week's match, we felt prepared for the first game back from the holidays. We had great turn ups in training, which was ideal, as we were facing a worthy TKS side. Our first half of the match was arguably the best we have ever played, with our defence and offensive structure prevailing to be two of our strongest aspects, leading to a 15-7 lead by halftime. But a few key injuries to the 'big guys' of the team as well as TKS bringing their unfatigued side on, led to a collapsing of what was going to be our first win of the season. In training this week, we will focus on our ruck work, defence and fitness to change our strong performance into a win. Thank you to all the parents who came down to support and hopefully the boys will be able to reward them with a victory

Vincent Dorahy 11S

2nd XV - L 0 - 30

Coming back from the offseason, the 2nd XV welcomed in some fresh faces to the side to play against the King's School. For most of the first half, we had the upper hand but unfortunately we were unable to execute the pressure into the score line. Some unlucky shifts in momentum gifted Kings with opportunities near our line where they were able to put points on the board. The 2nd XV showed some great defence in this game but we still have a long road ahead of us. Thanks to the boys from the 3rd XV that stayed back.

Matt Cotton MIC Rugby



1st XV – before the big one vs. Grammar 2018.



Sports Physiotherapist

Sydney Boys High would like to remind all students participating in GPS sports that we have an onsite physiotherapist every Monday morning from 7am – 9am. The School has covered this cost so it is free for your child.

Our physiotherapist Mr Mark Beaven has quite extensive experience in physiotherapy and we are very lucky to have him here at Sydney Boys High School. Mark is from South Sydney Sports Medicine and is a physiotherapist with expertise in hand therapy, musculoskeletal physiotherapy, occupational health, orthopaedics and sports physiotherapy. Mark's experience includes being a club physiotherapist for South Sydney Rabbitohs Rugby

League club for 15 years as well as spending 5 years as the physiotherapist for the Australian Kangaroos Rugby League team. He was also the touring physio with the Australian Fijian and Maori Rugby League teams, and has been three times to Europe with the A.I.S. U/18 Rugby League team.

If you would like an appointment to see the physio please see Mr Marcos.

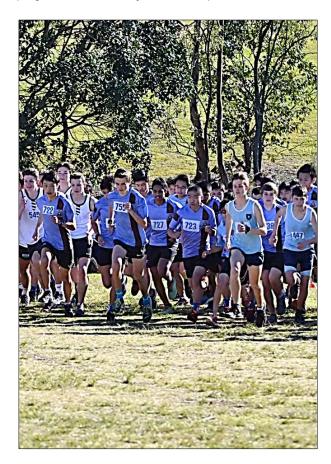
Mr S. Marcos Head of Sport



Race Report: St Ignatius Invitational

Last Saturday, the High cross country team raced on the grounds of St Ignatius College, Riverview. As always, the course was a challenging one, with the first half of each two-kilometre lap being a continuous climb of over thirty metres from the lowest to the highest point in the school. It was clear on the day that athletes who could crest the hill and attack on the downhills would be the most successful.

Our Under Fourteen team, composed mostly of new students, demonstrated that they had improved a great deal since the start of the season. Everyone arrived on time and was able to do a thorough warm up, as practised in training. Ashwin Barrett ran strongly as usual to finish eighteenth in the GPS, with Declan Wong and Danny Pan close behind in twenty-first and twenty-second respectively. It was clear that the team lacked experience with hills, but these skills will be developed as the season progresses and the boys should be proud of their efforts.



The Under Sixteen race saw another strong performance from High; the boys came third overall with a total of fifty-five points. This team also has some new runners who are to be commended for their efforts to fill the shoes of the boys who have been moved up to the Open team. Well done in particular to Ethan O'Young on placing ninth in the GPS. Michael Lo, James Walker and Vitaly Kovalevskiy rounded out our top four.

This being the first week with all our key team members present, High was hoping to edge out Grammar to win the pointscore and reduce the nine-point deficit from the previous week at North Ryde. However, the course and conditions got the better of a few of our top athletes. Veteran Open runner Eric Holmstrom just missed the podium, coming fourth, and the young but talented Kane Shields had an excellent race to finish seventh in the GPS. Thankfully, our Open team has better depth than any other school and the rest of the team pushed up to minimise losses: a performance for which they deserve just as much credit as our top athletes.

Results

Team	Points	GPS Place
U14	89	5th
U16	55	3rd
Open	34	2nd



2018 Cross Country race



Congratulations to all Students listed, who have qualified for the Zone Cross Country Carnival on Tuesday 28th May. Collect the permission & Info sheet from the IA staffroom ASAP.

Name	18 Years	Grade
Eric	Holmstrom	12T
Thomas	Schanzer	12F
James	Li	12S
Jason	Yu	12R
Anthony	Vlantko	12F
Name	17 Years	Grade
Khobi	Deep	11R
Ozan	Akarsu	11S
Jonathan	Tran	11E
Dhruv	Agrawal	11R
Joshua	Lam	11F
Gordon	Huang	11M
Titus	Zhao	11T
Haruk	Yin	11M
Joshua	Johnson	11F
Name	16 Years	Grade
Rhys	Shariff	10S
Steven	Meng	11S
Kelvin	Meng	11T
Kalaish	Stanley	10T
Felix	Cao	11T
James	Huang	11R
He-Shyan	Balnave	10T
Xi	Liu	11F
Auguste	McNally	10T
Jason	Luo	11R
Name	15 Years	Grade
Kane	Shields	9R
Ethan	O'Young	9S
Rowan	Tan	10M
Michael	Lo	9M
James	Walker	9M
Ryan	Mulholland	9T
Isac	Taylor	9F
Nathan	Wang	10R
Nhien	Hoang	9F
Klim	Tsoutsman	9S

Name	14 Years	Grade	
Ashwin	Barrett	9M	
Declan	Wong	9E	
Edward	Ly	8M	
Adison	Chen	9F	
Danny	Pan	9T	
Jayden	Yi	8T	
Joshua	Suto	9S	
Ryan	Woo	8F	
Timothy	Arsecularatne	8R	
Victor	Yan	9S	
Name	13 Years	Grade	
Justin	Yi	7F	
Daming	Zuo	8F	
Jason	Xu	7E	
Geoffrey	Yang	8F	
Brian	Ahn	7M	
Max	Li	8M	
Ranaveer	Thorat	7M	
Andrew	Lee	7F	
Allan	Tan	8M	
Will	Sun	7M	
Name	12 Years	Grade	
Ansh	Marken	7T	
Stephen	Li	7S	
James	Bourillon	7S	
Aiden	Lee	7R	
Ijal	Shrestha	7M	
Brian	Li	7F	
James	Law	7R	
Xi Lin (Steven)	Zheng	7M	
Eric	Scholten	7R	
Jonathan	Li	7M	
Joshua	Tang	7R	
YuFeng	Xiao	7T	
Ryan	Liu	7S	



The biggest careers and education event in New South Wales

Sydney Boys High School, Special Free Session Thursday 30 May 4:00pm - 6:00pm Hordern Pavilion, Moore Park, Sydney

Year 12 expected to attend. Parents welcome. hscandcareers.com.au











Seminar Program and Exhibitor List

Exhibitors include providers of HSC resources, universities, TAFE and training colleges **PLUS** seminars on HSC subjects, tertiary courses, career, gap year and study advice

Seminars on HSC subjects and topics including:

- English
- Mathematics
- Biology
- PDHPE
- Chemistry
- course and career advice
- study tips and time management advice
- subject selection advice for Year 10 students
- The ATAR and UAC application processes
- gap year options
- resume writing and job interview advice

Exhibitors including:

- universities, tertiary institutions and training colleges
- HSC textbook and study guide publishers
- providers of career and employment advice
- providers of gap year and student exchange programs
- apprenticeship and employment organisations

Go to hscandcareers.com.au or contact

Resources for Courses on 1300 190 290



a 2019 Co-Production presented by



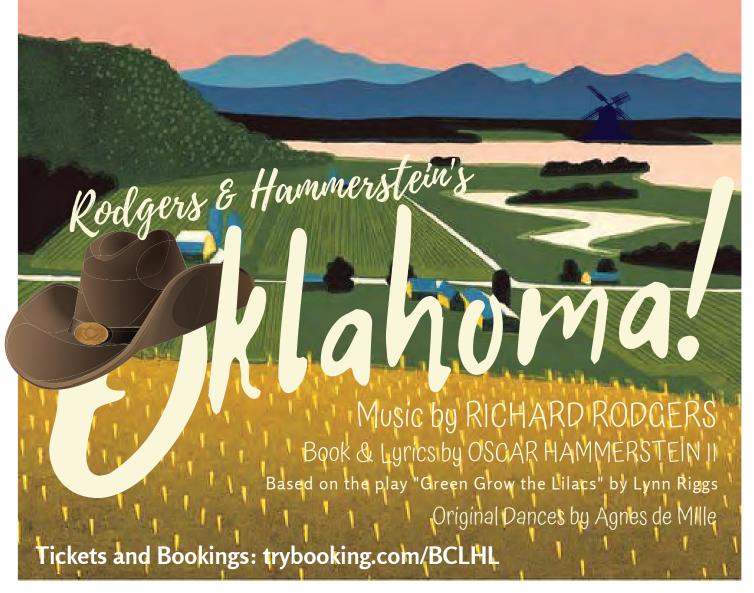
SYPNEY GIRLS and BOYS HIGH SCHOOLS

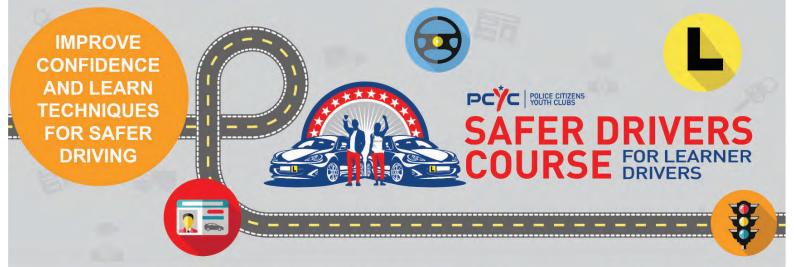
the SGHS Multipurpose Hall

Thursday

Friday

Saturday 30th May – 7pm 31st May 12pm 1st June 12pm and 7pm





THE SAFER DRIVERS COURSE INVOLVES TWO MODULES



MODULE ONE:

A three-hour facilitated group discussion on how to manage risks on the road.

This will involve a maximum of 12 participants and will be delivered by a facilitator.



MODULE TWO:

A two-hour, in-vehicle coaching session to develop low-risk driving strategies.

This will involve two participants and a coach.

LEARNER DRIVERS WHO COMPLETE THE COURSE WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.



Next course date: Saturday 15th of June 2019

ALL PARTICIPANTS MUST:

Hold a valid NSW Learner Licence, be 16-24 years of age and have completed a minimum of 50 hours of actual on-road driving hours in their Learner Logbook (not including bonus hours).

Book online at www.saferdrivers.org.au



02 9314 2536

easternsuburbs@pcycnsw.org.au







Safer Drivers Course

The Safer Drivers Course is an RMS approved course designed to give young people a relatable and supportive road safety program.

The course helps learners to:

- Recognise the links between driver behaviour and increased crash risk.
- Learn how to lower the risks they face by adopting time tested low-risk driving behaviours and minimising their on-road risk taking
- Have strategies to help them cope with typical lifestyle pressures (drugs, alcohol, late-night driving, fatigue, etc.) and be better prepared against these risk taking behaviours

Receive 20 hours of credit towards your logbook*

Courses cost \$140.00 and are available one Saturday per month - BOOK NOW - spots are limited!

For course dates, registration and more information please visit www.saferdrivers.org.au *conditions apply

a: 26A Bunnerong Rd, Daceyville 2032

t: 9314 2536 e: easternsuburbs@pcycnsw.org.au





Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	17-05-2019 Sunday
4 C	Year 7 NAPLAN-P1-4 Preliminary HSC Ancient History, Oral Task, P1, 404	Year 9 NAPLAN-P1-4 Year 7 Half Yearly Exams Preliminary HSC Ancient History, Oral Task, P3, 504 Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30 Rugby: CHS, Warriewood		NAPLAN catch-up exams Year 7 Half Yearly Exams Rugby: CHS, Warriewood Mock Trial: Staff common room, 17:30-19:30	Year 7 Half Yearly Exams HSC Modern History: Historical Analysis submission Preliminary HSC Ancient History, Oral Task, P2, 205 Class tests: 10MaC-P3, 10MaL-P3 Debating: FED Semi Final Parking: Swans v Collingwood, 19:50	25 Football: TKS v SHS Rugby: TKS v SHS Cross Country: Knox, St Ives, 09:00 Volleyball: (tbc) Fencing: NSWSFL Epee Team Premiership: Round 3, SBHS v KNOX v SAC, 08:00-12:30 Mandarin Eisteddfod, Birrong Boys High School	26 Salvos Red Shield Appeal
5 A	Music Extension: The Great Hall, 08:00-09:00 Attendance and Progress Review (all Years) Year/Class Photos Years 7-12, 09:00-12:30 Parent/Teacher Night (Years 9 and 12), Great Hall, 15:00-19:00 Debating: Year 11 PDC, SBHS v SGHS, 12:45	28 *** Cross Country: Zone carnival, Centennial Park, 09:30-14:30 Music: HSC Music 1, 2 + Extension Workshop, The Great Hall (SBHS, SGHS, NSBH, NSGH, JRHS) Basketball: Year 7 House Competition, lunchtime Excursion: Da Vinci (Selected students years 7-8) Excursion: Latin and Greek Reading	Tennis: SE Boys Tennis Knock Out CVD Excursion: Da Vinci (Selected students years 9-10) TEDx: The Great Hall, 08:30-14:00 Room booking, 204, 205, 16:30-20:00	30 Leadership Assembly, Great Hall, 09:50-10:35 (9, 11, 12) SBHS HSC and Careers Expo 2017, Royal Hall of Industries, Moore Park, 16:00-19:00 Tennis: SE Boys Tennis Knock Out CVD (tbc)	31 *** Winter Sports Assembly (Rugby, Soccer, Cross Country, Fencing), Great Hall, 10:15-11:00 (7, 10, 12) Musical: Matinee performance of 'Oklahoma' co-production, 12:00-15:00 Excursion: Year 9 History, Anzac Memorial Excursion: Year 9 Geography, Blackman	1 Football: SHS v SJC Rugby: SHS v SJC Cross Country: Shore, Long Reef, 09:00 Volleyball: (tbc) Fencing: 07:30-12:30, COLA	Music: European Music Tour Rehearsal, 09:30-12:30, room 101, 201
6 B	Year 11 Half Yearly Exams Basketball: NSW All Schools, CIS v CCC v CHS, Terrigal (tbc) Excursion: Year 9 History, Anzac Memorial Excursion: Year 9 Geography, Blackman Park, Lloyd Rees Drive, Lane Cove West	4 Year 11 Half Yearly Exams Basketball: Year 7 House Competition, lunchtime	Year 11 Half Yearly Exams HSC Assessment: 12LST-P1 Class tests: 9YH1-P2, 9YH2-P2, 9XH1-P3, 9XH2-P3, 9ZH1-P5, 9ZH2-P5 Room booking, 204, 205, 16:30-20:00	Year 11 Half Yearly Exams Class test: 9WHs-P1 Years 7, 8 and 9 Dance, SBHS and SGHS, Multi-Purpose Hall (SGHS), 18:00-21:00	7 Year 11 Half Yearly Exams Year 10 Half Yearly Exams	8 Rifle: Wingham Prize Meet	9 Rifle: Wingham Prize Meet Parking: Swans v Eagles, 15:20
7 C	10 Queen's Birthday - Public Holiday Rifle: Wingham Prize Meet	11 Athletics: Zone carnival, ES Marks Year 10 Half Yearly Exams HSC Assessment Task: Economics, hand in task Basketball: Year 7 House Competition, lunchtime School Council Meeting, Board Room, 17:30-19:00	Year 10 Half Yearly Exams HSC Assessment: 12EST-P1 Room booking, 204, 205, 16:30-20:00	Year 10 Half Yearly Exams Preliminary HSC assessment: SoR, P4, rooms 205+402	14 Year 10 Half Yearly Exams UNSW Programming Competition, selected students (tbc) Debating: FED Grand Final Year 7 Visual Arts Excursion, Art Gallery of NSW, 08:55-14:45	Rugby: TSC v SHS Cross Country: Kings Relay, Kings, 08:00	16