



From the Principal Welcome Back To Term 2



After what I hope was a relaxing break, I welcome staff, students, coaches, parents and Old Boy employees to what is always a hectic term two. Our newly appointed Deputy Principal, Junior School, Mr Jamieson Kay took up his position this week. We welcome back Jamie, formerly a social science teacher and Head Teacher Student Welfare at High, after his tenure at Northern Beaches – Manly Selective – as Head Teacher of HSIE. In English, Vivian Paul (SHS-2002) is replacing Anna Hitchcock for Term 2.

This week Year 9 had their half-yearly examinations. They will be followed by Year 8 next week. Year 12 reports will be collated next Friday for distribution and discussion in week



three. From Tuesday of week 3 until Monday of week 4 (14-20.5) Years 7 and 9 will be having their NAPLAN tests. Students need to make sure they know when and where their testing will occur as the exam periods are staggered to accommodate online delivery. Year 7 exams commence immediately after NAPLAN on May 21. Year 11 have their exams beginning in week 6 (3.6). Year 10 exams begin on Friday 7.6. Year 12 examinations commence in week 8 (17.6).

In term two, students need to be well organised and must plan for all their commitments – academic, sporting and co-curricular. It is easy to fall behind if you do not allocate your time and

anticipate the time demands that will be placed on you for each week. I urge parents to get involved and to discuss personal organisation with their sons.

High Talent

Dean Nguyen (9S) was awarded a gold medal and perfect score in the National Latin Exam this year. A marvellous effort, Dean! Congratulations to Isaac Ayoubi (9F) and Izak Taylor (9F) on their selection in the NSW U15 basketball team. Well done to Lachlan Ho (11T), Ethan Kwan (11M), Adrian Leong (11F) and Matthew Pellen (11R) who represented Australia in the Oceania Cadet Fencing Championships in Wellington, New Zealand.



Lachlan won gold in the teams' event and bronze in the individual foil. Matthew won silver in the teams' épée event. Adrian and Ethan won gold in the Men's Sabre Teams event, while Adrian won bronze in the individual event.

Ground Improvements

During the holidays, quite a few areas of the school were concreted. The long jump pit next to the barbecue shack was filled in to make the area more usable. A pathway and drain were installed beside the COLA up to the shower/toilet steps to prevent gravel from being dragged onto the new artificial grass and to facilitate drainage in major weather events. A pathway was laid around the gate leading to The Flat, to make access easier and to stop erosion of the bank caused by heavy pedestrian traffic. The new electric boom gate was protected by a bollard set in a concrete pad. The UTS gymnasium had the exhaust fans replaced in the second week of the holidays – a major undertaking. Conditions for players in the gym will be much improved. On behalf of the High community I want to thank UTS for the improvements made at considerable expense.

Student Awards Scheme - NAPLAN Results Bonus Points

Boys in Years 7 and 9 sit the NAPLAN tests this month. The idea behind NAPLAN is for all boys to try their best in each test to prove to themselves that they are progressing well at school, from Year 5 to Year 7 or from Year 7 to Year 9. They can demonstrate growth. Regrettably, often boys do not treat the tests as seriously as they might – rushing through just to finish early or working carelessly because the results do not count on their reports. We need to convert more Year 7 Band 9 results into Year 9 Band 10 results. Our policy is that we do not teach to the test. Skill development is supposed to be included in our subject programming. However, some boys need help refining their skills. There are many suggested activities and resources available on the NAPLAN website to help boys to help themselves to improve their basic skills. Go to www.nap.edu.au/naplan/the-tests if you would like to do some preparation or to hone your skills.

We decided to incentivise wholehearted student performances in NAPLAN tests. We offer up to a maximum of 20 **Student Award Scheme** points for the **four** tests – 5 points each. Students maintaining their expected growth trajectory will receive three points and those exceeding it, five. We want to give boys an extra reason to try hard, to progress to the highest level possible, to use all the available time and to check their answers for careless errors or mistakes of logic or judgement. In short, we want to nurture the process of performing to your best ability under pressure. We want to make your growth as a learner **visible** to you.

Dr K A Jaggard
Principal

Transport Levy

Football and Rugby Students

Parents, you may have noticed a transport levy of \$40 for Football and Rugby Students. This levy is for the season and covers essentially a shuttle Bus run on Monday and Wednesday afternoons at 5pm. The Bus will begin its run at Centennial Park then pick up students who will be training on MPW and drop them off at Central station.

We have provided this service to ensure students are making their way home before sunset. We also understand that not every student will require this service

therefore we have adjusted this rate to cover any and all bus usage throughout the season. Students will require using the bus service for, KO CHS fixtures, trial matches and special training sessions at various locations.

Please contact Head Teacher Sport Mr S. Marcos if you wish to gain further information regarding this.

Thank You
Mr S. Marcos
Head Teacher Sport



WET WEATHER SPRAY JACKET

The High Store will have in stock a Water Proof Jacket for use **ONLY** on rainy days, to protect your school pullover & school blazer.

- *Water proof nylon
- *Two external slash pockets
- *Draw cord with lock adjusters
- *Mobile phone pocket

Available for purchase on the 1st week of Term 2.

Dark Navy with S.H.S crest embroidered.

Limited stock, so be quick not to miss out!

\$55
Michelle Gentile
High Notes

Half Yearly Reports - Clearance Forms - Years 8 & 9

Clearance forms for report collection will be issued during the coming weeks. Please ensure outstanding payments and due book returns are received **before** the clearance form is printed.

Sharon Kearns
SAM



From the Canteen

Did you know that every dollar earned by the canteen goes back to student community via earmarked projects?

This is because of the ongoing support of parent volunteers, who help prepare the bulk of fresh foods on site and serve at canteen windows during recess and lunch. This has been a long-standing tradition at High and one that we hope will continue in the future.

Please ring canteen managers on 96629350 if you have a few hours to spare each month. Canteen is a friendly & inclusive work environment and offers excellent insights into the High community. We are very flexible about hours and offer full training. No prior experience is required and language is no barrier.

Working with Children's Check

All canteen volunteers need to complete a working with children's check. It is simple, secure and easy to complete. Forms are available at canteen. Don't forget to lodge relevant documents with front office.

We would like to acknowledge the following helpers over the past few weeks:

MON: Belinda Whitfield, Rowena Dixon, Likang Wang,
TUES: Lin Yang, Tara, Chicka Mishima,
WED: Fan Chen, Linna Wang, Polly Lee,
THUR: Vani Bhalerao, Thuy Lam, Kathy Wu,
FRI: Min Wei, Anika Verma, Vivian Yip, Alice Wei,

MON: Winnie Chan, Susan Mitchell Anju Sharma,
TUE: Letty Chan Anne Chen, Mook Kooi Loo,
WED: Mary Chen, Ria Lam, Yasmin Khan,
THUR: Annie Yu, Jun Wang, Su L Lee,
FRI: Dimi Barlas, Ru Zeng Rong, Vani Bhalerao

MON: Susan Mitchell, Winne Chan, Qing Zha
TUE: Letty Chan, Anne Chen, Mook Kooi Loo
WED: Dimi Barlos, Yasmin Khan, Ai Lian Qian (Irene)
THUR: Su L Lee, June Wang
FRI: Jin Feng, Li Jing Gao,

MON: Razni Nazar, Anita Bu, Iryma Leslichynska, Pam Jepson, Kim Jikai Xie,

TUE: Vivian Huang, Shirley Garcia,
WED: Lynn Teo, Eve Chan, Joanne Wong,
THUR: Letty Cahn, Stella Tsui, Hang Nguyen,
FRI: Jocelyn Palpal Latoc, Fiona Yang, Usha Arvind

Our particular thanks to Stephanie Fung & Letty Chan, who always watch out for and stock up on supermarket specials as well as sushi supplies.

Don't forget Tap n Go payments options now available.

Usha Arvind

President Canteen Committee

STEP 1: Register for Flexischools

*Add your student, their year level and link an ID card to get started.

STEP 2: Top-Up your Account

*Choose from Visa, Mastercard, PayPal or direct deposit. Auto top-ups ensure available funds.

STEP 3: Add Daily Spend Limit

*Limit access to your Flexischools funds by adding a daily spend limit per student.

STEP 4: Student Pays with ID Card

*Funds are debited from your Flexischools balance to make on-campus purchases. There is no need to transfer funds to the card.

flexischools.com.au



Sydney Boys High School Parents and Citizens Association

General Meeting

5.30 – 6:30pm, Monday 13 May 2019

Venue: The Great Hall



Agenda

1. Welcome and Present and apologies
2. Minutes of last meeting & matters arising
3. Treasurers Report
4. Other Business
 - a. Can the P&C invest \$299 and annual fee of \$599p.a. for Schoolzine parent communication app? Daniel
 - b. Can we have a P&C careers event? Vivian
 - c. Can we officially nominate Vina Lee as P&C representative on the school council? Geoff
 - d. Can Emma Lawson from Ways give a seminar on Gaming Addiction Thu 29 Aug 6pm? Vivian
 - e. Can we accept the Constitution for the Foundation for when they convert to a Public Company Limited by Guarantee? Geoff
 - f. Can we have an event “How to be part of our Community” on Fri 28 June? Geoff
 - g. Can each P&C Exec member document their duties? Geoff
 - h. What can we do to prevent bullying of teachers by parents? Geoff
5. What did we do well or poorly this meeting? How can we do it better?
6. Meeting close

Next P&C Meeting 19 June

Monday	19 June	5:30 – 6:30pm	P&C Joint Governors Centre Fundraising event with SGHS
Monday	19 June	7:00 – 8:30pm	P&C joint with SGHS at SGHS Campbell Hall on “Wellbeing in High Performing Teens”

**Sydney Boys High School P & C
Sub Committees information Evening
6.30 - 8pm, Monday 13 May 2019
The Great Hall**



Agenda

1. Welcome – Saravana Sivaraman , P&C Vice President (2 minutes)
2. Managing stakeholders – Geoff Waring, P&C President (10 minutes)
3. The School's expectation from the P&C sub-committees – Dr Kim Jaggar, Principal (10 minutes)
4. Individual P&C sub-committee's common issues - Representatives of each sub-committee (15 minutes)
5. Suggested Solutions – Saravana to facilitate (35 minutes)
6. Lessons to takeaway – (10 minutes)

Tea, Coffee and light supper to follow.



MUSIC NOTES

Term 2 Music Performance Program

Welcome back to Term 2. Hope you have had a restful break!

Music Ensembles and Private Instrumental Lessons have commenced this week i.e. Week 1, unless advised by the ensemble conductor / tutor of an alternate start date.

Please note, Years 7-9 are NOT excused during the Half-Yearly Examination period.

Anzac Day: Marching Band & Cadets

The SBHS Marching Band and Cadets marched and performed at the Anzac Day City Parade on Thursday 25th April, during the 2nd week of the school holidays. The boys performed outstandingly. Well done to all the boys for their hard efforts and big thanks to Mr Vandegraaff (Marching Band Conductor) and Ms Thomas (MIC Cadets). Thank you to all parents and guardians for supporting our boys at this year's Anzac Day City Parade.



2019 Sydney Boys High School Marching Band & Cadets. Drum Major: Ha Minh Nguyen (12S)



Music Camp

Music Camp Consent/Medical/Dietary Forms + Payment DUE next Friday 10 May (Term 2, Week 2). Please submit all forms directly to the main office (music camp letters were distributed last term, spare copies located outside the Music Department).

Compulsory attendance for ALL students involved in the Music Ensembles Program at SBHS (i.e. Intermediate Concert Band, Senior Concert Band, Junior Stage Band, Intermediate Stage Band, Senior Stage Band, Senior Strings, Philharmonic Orchestra, Symphony Orchestra, Percussion Ensemble, Guitar Ensemble, Jazz Ensemble & Chamber Choir).

The Annual Music Camp will take place from Tuesday 25 June – Thursday 27 June 2019 (Term 2, Week 9B) at The Tops Conference Centre: 51 Bendena Garden, Stanwell Tops, NSW 2508. As usual, there will be a Camp Concert in the Great Hall, 6.30pm on Thursday 27 June (Gold Coin Entry)

Music Storage Room

To all students who carry music instruments only: Please place your instruments in the music storage room (located next to Room 101.) Please do not block the pathway and the door must be closed at ALL times. Students and parents are reminded that SBHS does not provide instrument insurance or cover. The Music Department will not take responsibility for loss or damage whether on or off the school property. It is important for all students to have a nametag on their instrument(s).

Parent/Guardian Music Contact List

Please send the following details to music@sbhs.nsw.edu.au if you would like to receive emails regarding the Music Performance Program only (i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.). If you would like to be removed from the Parent/Guardian Music Contact List, please email music@sbhs.nsw.edu.au

- Email Subject Line: Music Contact List
- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address

Term 2 Music Events Calendar

Week	Date	Event	Music Students Involved
1C	Tuesday 30 April	All music ensembles and private instrumental lessons commence from Week 1 (unless advised by ensemble conductor and/or music tutor)	Music Performance Program
2A	Wednesday 8 May	Meet the Music Concert #2 at the Sydney Opera House, 6.30pm	Years 9-12 Elective Music Students only
5A	Tuesday 28 May	HSC Music 1, 2 & Extension Composition + Performance Workshop, 9.00am – 3.15am Great Hall	HSC Music 1, 2 & Extension Students: James Ruse Agricultural High School, Sydney Girls High School & Sydney Boys High School
5A	Thursday 30 May	Leadership Assembly, 9.55am Great Hall	2 x Piano Students TBC
5A	Friday 31 May	Winter Sports Assembly, 10.15am Great Hall	2 x Piano Students TBC
9B	Tuesday 25 – Thursday 27 June	Annual Music Camp at The Tops Conference Centre	All students in the Music Ensemble Program at SBHS
9B	Thursday 27 June	Music Camp Concert, 6.30pm Great Hall	All students in the Music Ensemble Program at SBHS

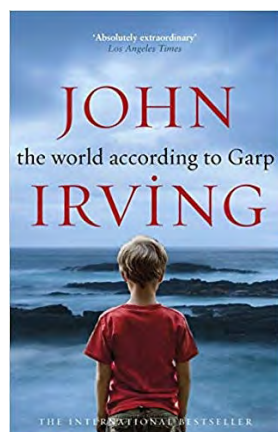
Music Events are continually added and are subject to change.



Love your library

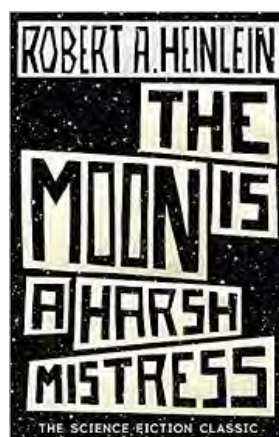
FROM THE JUNIOR LIBRARY IT IS SUCH A JOY TO FIND AND READ A GREAT BOOK

One of the best things about being a school Librarian is that you come across fabulous books and you can regard it as "homework" to try them out. Last school holidays and this term I have been lucky enough to have read one fabulous book after another.



After reading *A Prayer for Owen Meaney* I thought John Irving was very worth following and I have embarked on *The World According to Garp*. In his novels Irving explores controversial issues for his time such as unmarried single parents and very thoroughly examines the pervasive role of religious belief in small town America. On the way his comments on various current political issues over a lifetime give us an insight into our history and an analysis of American politics and foreign affairs. His characters are hilarious. This book could be read by advanced juniors as the main character is a child but is a senior fiction. Year 9/10 readers would also find it is very relevant to their experiences.

On totally another tack and on another level I would recommend Robert A Heinlein's *The Moon is a Harsh Mistress*. This classic Science Fiction is also hilarious. It examines the idea of political revolution, colonial attitudes, and traditional marriage all while taking us on a wild ride with the first group of lunar inhabitants – amusingly called Loonies. This book would suit good junior readers, the mid school and seniors.



Burial Rites by Hannah Kent has won a lot of awards. I decided to risk Scandi Noir depression and see how I coped with a terrible story of an abused woman in harsh 1800's Iceland. While this was a story of the harsh life of the north and the dreadful fate of children born outside marriage Agnes the woman sentenced to death emerges as a blazing force. Apart from Agnes and her wonderful passion the issue being examined is really the dangers in the behaviour of Natan Ketilsson and anyone with his mischievous behaviour to people around him – sexual partners in particular.

Veronica Crothers
Librarian
Junior Library

Oceania & NZ Cadet 2019 Championships, Wellington, New Zealand

26 – 28 April 2019

Congratulations to Lachlan Ho (11T), Ethan Kwan (11M), Adrian Leong (11F) and Matthew Pellen (11R) for representing The Australian Fencing Team at the recent Oceania & NZ Cadet 2019 Championships held at Wellington, New Zealand with outstanding results in both individual and team events.

Cadet Men's Sabre Event:

3rd place - Adrian Leong 5th place -
Ethan Kwan

Cadet Team Men's Sabre Event:

1st place – Adrian Leong & Ethan Kwan

Cadet Team Men's Epee Event:

2nd place – Matthew Pellen

Cadet Men's Foil Event:

3rd place – Lachlan Ho

Cadet Team Men's Foil Event:

1st Place – Lachlan Ho



Mr D Huynh
MIC Fencing



1.00 - 3.00 pm
Monday 13 May 2019
Ms Dam & Mr Prorellis

CHS Selection Trials

This year, the Cross Country event will involve **the whole of Year 7**, all **NEW** students to the school, **20 students** from **each** competing age group and 7 staff members. The carnival will be held at Centennial Park, McKay Oval & fields. Students selection will be based on the top 10 places from the previous year's cross country event and a further 10 competitive students who would like to register and compete in this year's event.

Students interested in trialling for the CHS Cross Country representative team are to see Ms Dam in the IA Department, to register their interest. If your name is not on a registration list, you do NOT trial.

Parents:	Your son will be dismissed earlier than usual on <i>Monday 13 May 2019</i>			
Program:	1.00 pm	17 & 18 years	6 km	3 Loops
	1.20 pm	16 years	4 km	2 Loops
	1.40 pm	15 years	4 km	2 Loops
	2.00 pm	14 years	4 km	2 Loops
	2.20 pm	13 years	2 km	1 Loops
	2.35 pm	12 years	2 km	1 Loops

Directions:	<ul style="list-style-type: none"> Students are to attend regular classes for periods 1 & 2 (recess). Students leave for Centennial Park at the start of Period 3 for the Cross Country CHS Trials. On the day of the carnival, Year 7 students are to wear either PE gear or sportswear for the day. Students are to cross the road at lights only. Runners should eat their lunch at the recess break, so not to get sick while competing in the race. New students will have a pre-race course walk to familiarise themselves with the course. Stay in supervised viewing area and watch the other years until your race is called. When your race is called go to the starting area. At the finish you will be given a place ticket. If you are in the first 15 places you go to the first 15 table to have your position recorded, and then proceed to your House Roll Table. All runners to proceed with finish ticket to your House Roll Table to have your attendance marked. Tell the teacher your name, roll class and finishing position. After the race you will be dismissed by a teacher.
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Rules:	<ul style="list-style-type: none"> All Year 7 attends and must compete <u>unless you have a doctor's medical certificate for illness.</u> Students with a Medical certificate must hand it in to Ms Dam by 9am on Friday morning. You must run in shoes. Stay on the course and follow directions from course marshals. Spectators must stay within the viewing area and are not permitted on the course. Winning house determined by the lowest total of the first ten runners to finish. To qualify for the Award scheme you must compete & finish. Top ten runners will comprise the provisional school team to compete at the zone. Only the first 15 places will be timed. Cross Country Champions will be selected from this event. Any MIC ruling is final.
Additional Info:	<p>The School Cross Country is the first qualifying event within the CHS Competition.</p> <p>The first 10 runners for each age division will make up the school team for the Eastern Suburbs Zone Carnival. The first 10 runners at the Zone Carnival will compete at the Sydney East Regional Carnival and the first 10 runners from Regional Carnival go on to the NSW All Schools Carnival.</p>

Blue track used for all age groups.

Anti-clockwise direction.

CHS Selection Trials



SHS Cross Country



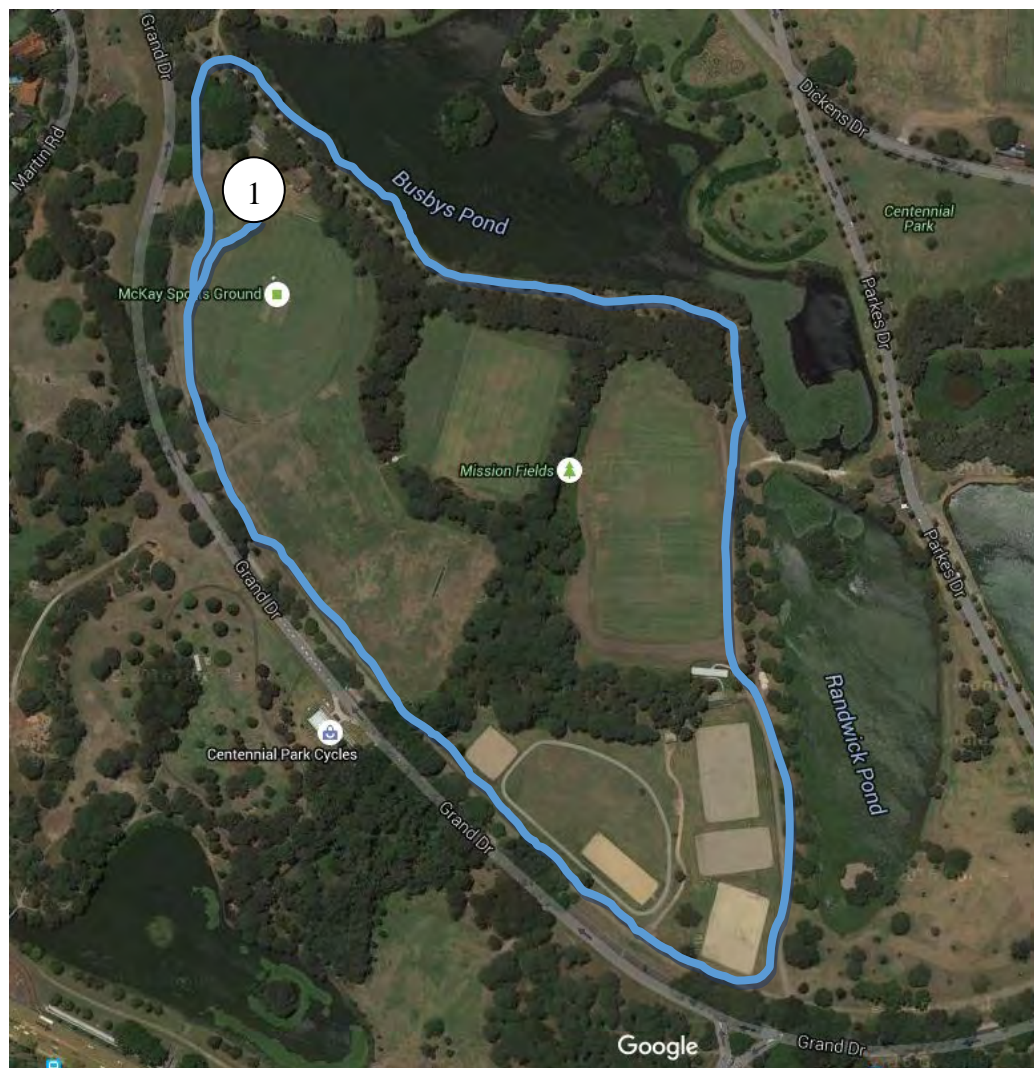
Course Map & Directions

1

Start and finish.

Parents:				
Program:	1.00 pm	17 & 18 years	6 km	3 Loops
	1.20 pm	16 years	4 km	2 Loops
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	2.20 pm	13 years	2 km	1 Loops
	2.35 pm	12 years	2 km	1 Loops

Your son will be dismissed earlier than usual on *Monday, 13th May 2019*





HSCAND CAREERS EXPO 2019

The biggest careers
and education event
in New South Wales

Sydney Boys High School, Special Free Session

Thursday 30 May 4:00pm - 6:00pm

**Hordern Pavilion,
Moore Park, Sydney**

Year 12 *expected* to attend. Parents welcome.

hscandcareers.com.au



Seminar Program and Exhibitor List

Exhibitors include providers of HSC resources, universities, TAFE and training colleges **PLUS** seminars on HSC subjects, tertiary courses, career, gap year and study advice

Seminars on HSC subjects and topics including:

- English
- Mathematics
- Biology
- PDHPE
- Chemistry
- course and career advice
- study tips and time management advice
- subject selection advice for Year 10 students
- The ATAR and UAC application processes
- gap year options
- resume writing and job interview advice

Exhibitors including:

- universities, tertiary institutions and training colleges
- HSC textbook and study guide publishers
- providers of career and employment advice
- providers of gap year and student exchange programs
- apprenticeship and employment organisations

Go to hscandcareers.com.au or contact

Resources for Courses on **1300 190 290**



YOU'RE INVITED USA College Fair

Monday 6 May 2019
5.30-7.30pm

Redlands Hall
272 Military Road, Cremorne 2090

In its 7th year, the Redlands USA College Fair aims to give Australian students an understanding of what makes an undergraduate degree in the USA unique, as well as showcase the wide range of options available. Universities participating in 2019 are:

Amherst College
Boston University
Claremont McKenna College
College for Creative Studies
Cornell University
Davidson College
Embry-Riddle Aeronautical University
Georgetown University
Hofstra University
Northwestern University
Princeton University
The School of Visual Arts

Syracuse University
Transylvania University
University at Buffalo, State University of New York
University of California Berkeley
University of Hawaii at Manoa
University of Oregon
University of Michigan
University of Notre Dame (Indiana)
University of Pennsylvania
Whitworth University
Yale University
....and many more to come....

Registration essential: <https://www.trybooking.com/BBOVC>
More information: Simone Salier ssalier@redlands.nsw.edu.au



CBD & South East Light Rail

Tram testing

Stage 3 safety notification

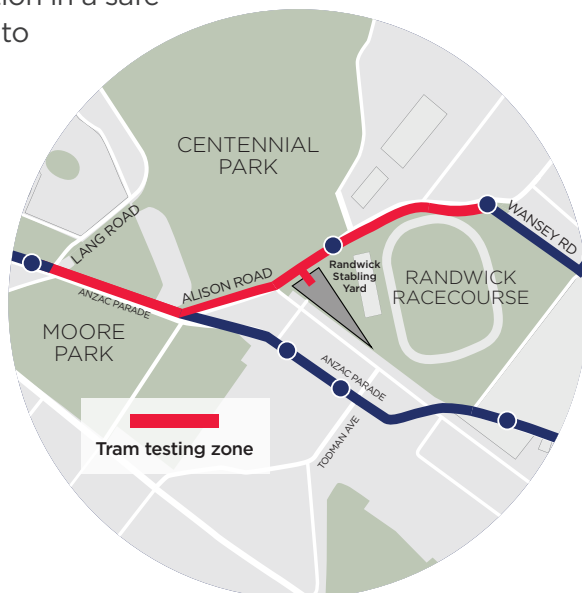


Tram testing is starting along Alison Road and Anzac Parade between Lang Road and Wansey Road in Randwick and Moore Park.

This marks an exciting milestone for the project. It is important that everyone remains safe during this testing period and are aware of new safe work zones (hazard zones). We will test all functions including vehicle movements, electrical systems and traffic integration in a safe environment prior to services starting.

Night-time testing

Tram testing will initially start at night between 9pm and 4am. Trams will be operating at low speeds, gradually increasing as we head towards daytime testing.



Daytime testing

As tram testing moves into daytime hours, tram movements will become more frequent with more trams tested on the tracks. **Look up and stay safe!** Please be mindful of your environment and always keep a safe distance from the trams.

Be aware, stay clear of tracks and stops

With the start of daytime testing, construction fencing and barriers will gradually be removed along the alignment, exposing some of the newly completed tracks and stops. It is important to remember that trams are not servicing passengers and that we are still testing the system. Please do not approach stops or trams during this period.



How will this affect me?

- **Tram movements**
Trams move quickly and quietly in both directions so always be mindful of your surroundings when near the light rail.
- **High voltage wires overhead** – remember to look up and stay safe. Overhead wires carry 750 volts DC. Always keep a safe distance from the wires and never come into contact with anything in their immediate vicinity.
- **Always respect hazard signs.**
Please pay attention to hazard signs along the alignment. Signs have been installed where trams are being tested and warn of electrical and other hazards, including tram movements.
- **A height restriction of 4.6m** (unless otherwise signposted) applies to all road users where wires have been installed. If you operate an oversize vehicle or are carrying a tall load, please contact Roads and Maritime Services to plan your route. For more info visit rms.nsw.gov.au or call **13 22 13**.
- **As fencing and barriers are gradually removed** you will begin to see the light rail tracks and stops. **Always be mindful of light rail tracks** and only cross at designated pedestrian crossings.
- **Remember to follow NSW road rules** when driving or cycling near the light rail.

Working safely

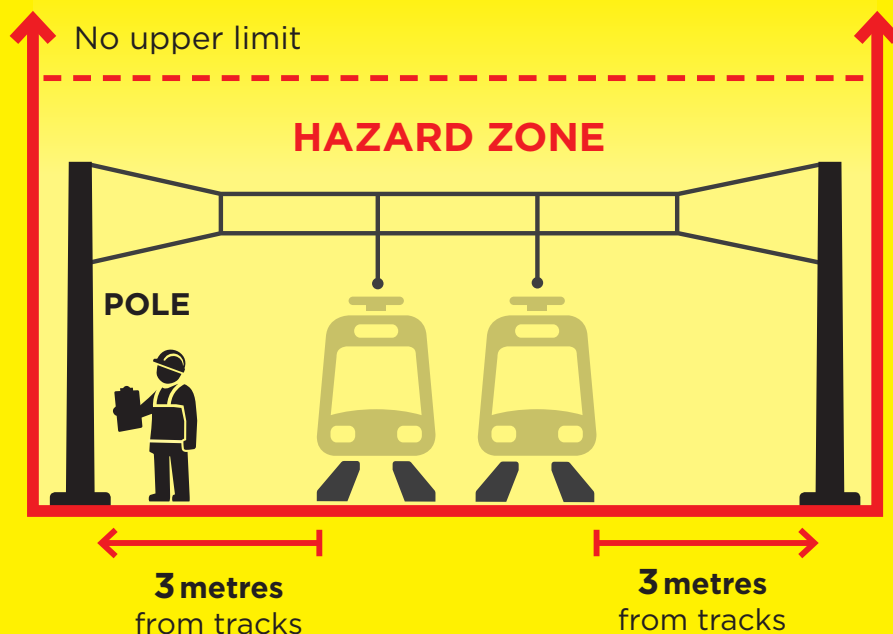
What is the hazard zone?

During testing and commissioning of the light rail, hazard zones are established to help identify areas of increased hazards including electrical hazards and tram movements. A hazard zone includes an area three metres either side of the tracks and near all wires and poles. Any works inside the hazard zone will strictly require a **Permit to Work**.

A **Permit to Work** is also required where excavating:

- within **3 metres** of all poles
- within **1 metre** of any feeder cable.

For more information, visit sydneylightrail.com.au/safety



Permit to Work

A Permit to Work is now required for any work that may take place in or around the hazard zone. The hazard zone includes an area three metres either side of the track and near all light rail poles. If you wish to work in or around the hazard zone please apply for a Permit to Work by contacting **1800 684 490** or emailing SLRcommunity@acciona.com.

More information, including a full list of the types of work that require a Permit to Work can be found at sydneylightrail.com.au/safety.



More information

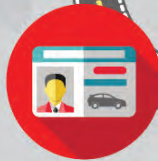
For further information visit sydneylightrail.com.au or contact **1800 684 490** or email SLRcommunity@acciona.com. We will provide further notifications to keep you informed on the next stages of the project.

IMPROVE
CONFIDENCE
AND LEARN
TECHNIQUES
FOR SAFER
DRIVING



PCYC POLICE CITIZENS
YOUTH CLUBS

SAFER DRIVERS COURSE FOR LEARNER DRIVERS



THE SAFER DRIVERS COURSE INVOLVES TWO MODULES



MODULE ONE:

A three-hour facilitated group discussion on how to manage risks on the road.

This will involve a maximum of 12 participants and will be delivered by a facilitator.



MODULE TWO:

A two-hour, in-vehicle coaching session to develop low-risk driving strategies.

This will involve two participants and a coach.

**LEARNER DRIVERS WHO COMPLETE THE COURSE
WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.**

\$140

Next course date: Saturday 11th of May 2019

ALL PARTICIPANTS MUST:

Hold a valid NSW Learner Licence, be 16-24 years of age and have completed a minimum of 50 hours of actual on-road driving hours in their Learner Logbook (not including bonus hours).

Book online at www.saferdrivers.org.au



EASTERN SUBURBS

Safer Drivers Course

The Safer Drivers Course is an RMS approved course designed to give young people a relatable and supportive road safety program.

The course helps learners to:

- Recognise the links between driver behaviour and increased crash risk.
- Learn how to lower the risks they face by adopting time tested low-risk driving behaviours and minimising their on-road risk taking
- Have strategies to help them cope with typical lifestyle pressures (drugs, alcohol, late-night driving, fatigue, etc.) and be better prepared against these risk taking behaviours

Receive 20 hours of credit towards your logbook*

Courses cost \$140.00 and are available one Saturday per month - **BOOK NOW** - spots are limited!

For course dates, registration and more information please visit www.saferdrivers.org.au

* conditions apply

a: 26A Bunnerong Rd, Daceyville 2032

t: 9314 2536 e: easternsuburbs@pcycnsw.org.au



As a service to the High Family

A FULL PAGE ADVERTISEMENT



can be placed for a fee of \$50.00 (GST incl.)
for a full page ad in two weeks' publication

Whether it be a business service,
educational course/s or something for sale.

Contact :

Dave Te Rata or Meredith Thomas - High Notes Editors

P: 9662 9300

F: 9662 9310

Email: highnotes@sbhs.nsw.edu.au

N.B. Content is subject to approval

Canteen Price List 2019	
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Breakfast		Lunch and Recess Items			Hot Food	
		*So you don't miss out on what you want for lunch, make sure you ORDER it before school				
Cheese Toast	\$1.80				Chicken Fingers	\$2.00
Cheese & Tomato Toast	\$2.00				Chicken & Corn Roll	\$2.00
Ham & Cheese Toast	\$2.20				Chicken Burger	\$4.50
Cheese/spinach/tomato toast	\$2.20	Sandwiches / Wraps / Rolls		Rolls	Chicken Mayo Roll (hot)	\$4.00
Bacon & Egg Muffin	\$3.20	Buttered Roll		\$1.50	Chicken Mayo Sandwich (hot)	\$3.20
Hot Chocolate (Term 3 only)	\$1.00	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00
		Cheese & Salad (v)	\$3.00	\$3.60	Focaccia - chicken/avo/cheese	\$3.50
		Chicken & Coleslaw	\$4.00	\$4.60	Focaccia - chicken/mayo/cheese	\$3.50
		Chicken & Lettuce	\$4.00	\$4.60	Garlic Bread (v)	\$2.00
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese/teriyaki don, noodles etc	\$5.00
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$3.50
Fruit Salad	\$3.00	Dagwood Roll		\$3.80	Noodles In A Cup	\$2.80
Banana Bread	\$2.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade small	\$4.00
		Egg & Salad (v)	\$3.00	\$3.60	Pasta - homemade large	\$5.00
assorted snacks at various prices		Ham & Tomato	\$3.40	\$4.00	Pide - sausage, chicken/mushroom	\$2.50
		Ham & Salad	\$4.00	\$4.60	Pide - spinach/cheese (v)	\$2.50
		Roast Beef & Tomato	\$3.40	\$4.00	Pie - Garlo's (halal)	\$4.50
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pie - meat (sauce+20c)	\$3.80
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Pie - Pizza	\$3.80
300ml Flavoured Milk	\$2.20	Salad (v)	\$2.80	\$3.40	Pie - potato	\$4.50
600ml Plain Milk	\$2.00	Salmon (red) & Salad	\$4.00	\$4.60	Pizza Slab	\$3.20
600ml Flavoured Milk	\$3.00	Vegemite	\$1.20	\$1.50	Rice Box - homemade	\$4.00
Up & Go	\$2.00	Turkey cranberry & lettuce	\$3.80	\$4.40	Sausage Roll	\$3.00
Water - Spring	\$1.50	Wraps	\$3.80		Spinach Ricotta Roll (v)	\$3.00
Water - Pump	\$3.00	Anari	\$3.60		Steak & onion roll	\$4.00
Juice Bomb	\$2.50	Sushi	\$3.60		Sweet Chilli Chicken Wrap	\$4.20
Appletiser	\$2.50	Vietnamese Rolls	\$3.60		Traveller Pies	\$3.80
Berri Juice	\$2.50				Falafel Wrap	\$4.20
Bottles Diet Coke 300ml	\$3.80					
Cans Diet Coke	\$3.00					
Chill Aloe Vera	\$2.50				Miscellaneous	
Chill Ice Tea	\$3.50	Salad Boxes(meat or egg)	\$6.00		Tissues	\$0.60
		Salad Box (plain)	\$5.00		Spoons / Forks	\$0.05
					(supplied free with meal purchase)	
Special Orders					Seasonal Foods	
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.					**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.	

2019 PRICE LIST

8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT

May/June 2019

03-05-2019

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 A	6 Year 8 Half Yearly Exams Class Tests: 7GyR, 7GyF-P1, 10MaB-P5, 10MaU-P5 GPS Swimming meeting, 13:30	7 Year 8 Half Yearly Exams Class tests: 7GyT-P1, 10Ygy-P1, 10XGy-P2, 7MaS-P3, 9MaC-P4, 10ZGy-P4 Basketball: Year 7 House Competition, lunchtime	8 Year 8 Half Yearly Exams 2019 Meet the Music Concert Series, Sydney Opera House, 18:30-20:30 Room booking, 204, 205, 16:30-20:00 2019 Secondary Schools Student Leadership Program, Parliament House, 09:00-16:00 (selected Prefects)	9 Year 8 Half Yearly Exams Debating: Year 11 Metro Debate, Round One v Rose Bay Secondary College, 09:00-13:00	10 Year 8 Half Yearly Exams Class tests: 7MaE-P5, 7MaR-P5 Debating: Eastside SCEGGS v SHS Debating: FED (tbc) Lawrence Campbell Oratory Competition, The Great Hall, 18:30-22:30 Parking: Swans v Essendon, 19:50	11 Football: SHS v Shore (Trial) Rugby: SPX v SHS Cross Country: SIC, Riverview, 09:00 Volleyball: TBC	12 Mothers' Day
3 B	13 Music Extension: The Great Hall, 08:00-09:00 Cross Country: School Carnival, Centennial Park (pm) P+C General Meeting, The Great Hall, 17:30 P+C Co-curricular Meeting, The Great Hall, 18:30 Basketball: CIS Trials, Newington, 10:00-15:00 Swimming: NSW All Schools, 08:00-16:00	14 Year 7 NAPLAN-P1-4 School Council Meeting, Board Room, 17:30-19:00	15 Year 9 NAPLAN-P1-5 Class test: 10MaA-P2 Room booking, 204, 205, 16:30-20:00	16 Sports Council Meeting, Board Room, 07:30 NAPLAN catch-ups Debating: Year 11 metro debate, 09:00-13:00 OBU industry talks: 08:30-09:00-Y12, P1 - Senior Transition, Senior Library Year 12 meeting: 10:10-10:40, Senior Library	17 NAPLAN catch-ups Debating: FED QF, SBHS Debating: Eastside Semi Final, SCEGGS	18 Football: SHS v NC (Trial) Rugby: SHS v SJC Cross Country: Scots, Competition 4, Upjohn Park, 09:00 Volleyball: TBC Cantonese + non-native Chinese Eisteddfod, Birrongo Boys High School	19 Rifle Shooting: Fullbore, Cessnock Open Prize Meeting
4 C	20 Year 7 NAPLAN-P1-4 Preliminary HSC Ancient History, Oral Task, P1, 404	21 Year 9 NAPLAN-P1-4 Year 7 Half Yearly Exams Preliminary HSC Ancient History, Oral Task, P3, 504 Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30 Rugby: CHS, Warriewood	22 Year 7 Half Yearly Exams Class test: 9MaL-P1 Excursion: Academy Conferences, selected students, Ascham (Room booking, 204, 205, 16:30-20:00 Rugby: CHS, Warriewood	23 Year 7 Half Yearly Exams Rugby: CHS, Warriewood	24 Year 7 Half Yearly Exams Preliminary HSC Ancient History, Oral Task, P2, 205 Debating: PDC year 9+10, 09:30-14:00 Debating: FED Semi Final Parking: Swans v Collingwood, 19:50	25 Football: TKS v SHS Rugby: TKS v SHS Cross Country: Knox, St Ives, 09:00 Volleyball: (tbc) Mandarin Eisteddfod, Birrongo Boys High School	26 Salvos Red Shield Appeal
5 A	27 Music Extension: The Great Hall, 08:00-09:00 Attendance and Progress Review (all Years) Year/Class Photos Years 7-12, 09:00-12:30 Parent/Teacher Night (Years 9 and 12), Great Hall, 15:00-19:00 Debating: Year 11 PDC, SBHS v SGHS, 12:45	28 *** Cross Country: Zone carnival, Centennial Park Music: HSC Music 1, 2 + Extension Workshop, The Great Hall (SBHS, SGHS, NSBH, NSGH, JRHS) Basketball: Year 7 House Competition, lunchtime Excursion: Da Vinci (Selected students years 7-8) Tennis: SE Boys Tennis Knock Out - Stan Jones	29 Tennis: SE Boys Tennis Knock Out CVD Excursion: Da Vinci (Selected students years 9-10) TEDx: The Great Hall, 08:30-14:00 Room booking, 204, 205, 16:30-20:00	30 Leadership Assembly, Great Hall, 09:50-10:35 (9, 11, 12) SBHS HSC and Careers Expo 2017, Royal Hall of Industries, Moore Park, 16:00-19:00 Tennis: SE Boys Tennis Knock Out CVD (tbc)	31 Winter Sports Assembly (Rugby, Soccer, Cross Country, Fencing), Great Hall, 10:15-11:00 (7, 10, 12) Excursion: Year 9 History, Anzac Memorial Excursion: Year 9 Geography, Blackman Park, Lloyd Rees Drive, Lane Cove West Debating: Eastside Final, SCEGGS	1 Football: SHS v SJC Rugby: SHS v SJC Cross Country: Shore, Long Reef, 09:00 Volleyball: (tbc)	2 Music: European Music Tour Rehearsal, 09:30-12:30, room 101, 201