



## From the Principal Welcome to Term 1, 2019



On behalf of the wider school community at High, I extend a warm welcome to all new staff members, students and parents commencing with us in 2019. Where we are heading and what we are trying to achieve (2018-2020) are outlined in the updated Principal's Message on the website <http://www.sydneyboyshigh.com>. Navigate to 'About'/ Introduction/ Principal's Message 2018-20.

## Staff Changes

Ms Rachel Powell has been appointed Principal of James Ruse Agricultural High school. On behalf of the wider school community I extend to her our congratulations. Rachel had a transformative impact on our school in her years as HT History and Deputy Principal and MIC Debating. Her principal contributions were in formative assessment, collaborative professional learning, professional development plans, lesson observations, dispositional teaching, student orientation and transition, social justice and gender equality, indigenous education and inclusivity. Learning spaces for students were re-imagined under her leadership. In debating, a state level CHS or GPS trophy was claimed every year she managed the program, which grew to > 200 student participants. I admired her courage and the manner in which she cared enough to confront people about their professional and personal behaviour. She will thrive in the Principal's role. Mr Peter Loizou is relieving Deputy Principal Junior School for term 1. Mr Tom Dolan is relieving HT Social Science for term 1. Pursuant to a School Council approved resolution, Mr John Prorellis has been appointed as casual Deputy Principal Administration for 2019. Ms Julie Eggleton is relieving HT English for 2019 as Mr

Cinquetti is on leave. Our best wishes are extended to our long serving and much-admired teacher, Mr Mark Gainford, who is recovering in hospital after major surgery involving an amputation of his leg. Ms Hyminn Chan is his replacement for term 1. John James is relieving in mathematics for various leave vacancies. Jeremy Ohlback returns to the English faculty, replacing Sherrin Ayre, who is on leave.

## High Talent

News from the end of 2018. Lingyu Wong (SHS-2018) had his HSC Music Extension Composition nominated for ENCORE. Our first XI cricket team won the Sydney East final in the Davidson Shield Knockout Competition.



Our school was awarded the Kippax Cup as champion boys' school in CHS athletics. Great effort boys! Eoin Fitzgerald and Kwabena Brefo were selected in the U18 NSW metropolitan basketball team. Congratulations boys!

## Holidays Properties Changes

Over the Christmas holiday period a tremendous amount of painting work has been completed by contractors for the Department of Education. I am very pleased that the original 1928 building, the Great Hall and the



1963 Killip Wing have been painted internally for the first time since I was appointed Principal at High. In addition, staff offices, classrooms

and the administration corridor have been completed. The cloisters and outside of the Great Hall will be finished in the next couple of weeks. This major financial commitment by DoE, along with the 2018 recarpeting project, has given the school a real facelift, making it much like its original appearance. The huge investment in our school is very much appreciated by the wider school community.



### Weights Room for 2019

High's weights room offers exceptional value for money. The room has appropriate equipment for preparing the bodies of teenage boys and crucially, it is **constantly supervised**. When handling weights, technique is vitally important and boys need to learn the correct way to lift. Kurt Rich, our *Head Strength and Conditioning Coach*, is a well-credentialed and experienced trainer. His presence ensures that the boys are training safely and sensibly. So as well as getting gym facilities, clients have a supervisor and adviser to help them during their **unlimited visits**. The Weights Room operates much more effectively if all boys get their training in how to use the various pieces of equipment and in proper lifting technique, as soon as possible. Kurt Rich provides this service at the beginning of each year and can tailor individual programs for members after the introductory sessions. Having a fixed clientele makes his job more productive and leads to a better training experience for members and better strength outcomes for participants. Hence, we decided to close off memberships by the end of February each year. Boys who have not paid by that time can no longer attend the weights room.

Costs for this service are held down to a minimum and reduced by boys taking out a full year's membership. For 2019, a **full year** Weights Room membership costs **just \$252**. Boys wishing to have full year membership must register and **pay by Thursday, February 28, 2019**. There will be no extensions of time nor another window of opportunity later in the year if you forget to pay on time.

### Early Bird Discounts

In order to help all areas of the school we offer a **substantial discount** to parents who pay all their invoices in full before Thursday, February, 28. It is not only a great demonstration by them of their commitment to the ethos of the school but also it's an encouragement for others to follow their lead and it helps to create a critical mass of financial support for our programs. The annual cash contribution by the DOE finances **less than**



**one quarter** of our programs at High. The rest comes from the support of parents and the efforts made by School Family volunteers, helping in fund raising. Having substantial funds early in the year allows us to make sure that capital works are completed in the holidays, orders are made promptly and that the boys get the maximum benefit out of equipment and services deployed for them this year. Quality services, extra staff and high standards come at a high price. A very large number of parents see the package as value for money and contribute in full.

The discounts for 2019 are- Junior school \$200 and Senior School \$205. The early bird discount is available for students who were invoiced in December, 2018 or later and doesn't apply to students who were invoiced in October, 2018 and subsequently came to Orientation Day in November and had the opportunity to pay everything on the day and obtain the discount. Year 7, 9 or 11 boys who were **not** made offers before Orientation Day are eligible for the discount. Students in Years 8-12 have the chance to make a saving by paying in full by **Thursday 28 February**.

Dr K A Jaggar  
Principal

### From the Outgoing Deputy Principal

I have been lucky enough to be given the Principal position at James Ruse Agricultural High School. As some of you know this is the result of one year's hard effort, applying for nine positions and honing my application to suit the often-conflicting feedback given to me by panels and colleagues.



I leave Sydney Boys High School after nine years first as Head of History and then as Deputy Principal. I have thoroughly enjoyed my time at High and have been extremely lucky to have worked with such a wonderfully generous staff, such committed parents and such amazing students. I will really miss all of you.





As Deputy Principal, I am proud of work that has been achieved in many key areas. I don't seek to claim credit for all of it, but I do feel that I have played a part in some of it and I am confident that with so many committed and hardworking staff, the school will keep evolving after I leave. There are many staff who have been instrumental in the changes that I will speak about, but I don't want to name any of you for fear of missing one person out. I hope that along the way I have given due thanks and praise to those of you who I have worked with over the last nine years.

In particular I know that SBHS is a more inclusive school than it was ten years ago: the equality team, on line reporting or racism and homophobia, the anti-bullying work, the assemblies for Sorry Day, IDAHOT and International Women's Day, Wear it Purple Day, the move from *Master* in Charge to *Manager* in Charge and the move to remove gender bias in staffing roles at the carnivals are all seemingly small changes but together they reflect a cultural shift at High of which I am very proud.

I am happy that with the development of thinking routines and PEWCC skills, teaching and learning at High is becoming more student focused and that student engagement is greater than it was when I arrived – both in History and across the school.

I feel like what we have achieved with our professional learning with the administration, the smooth transition to and the gaining of accredited hours for school staff development such as PLEs has allowed us to transition to the new world of PDPs and to eTAMS more smoothly than other schools. I would like to think that the collaborative staff development days between us and SGHS continues to help build improved relationships for staff and students.

Leading a range of teams has also been a real joy for me and I encourage all teachers to engage with one of the teams. The cyber management, quality teaching and anti-bullying teams have made a real difference to areas of school life and it has been really enjoyable working with staff across faculties. One of my regrets at leaving will be not being able to work with the Literacy Team who have got some great plans to move literacy forward in 2019.

Finally, for someone who had never even watched a debate before I arrived at SBHS, I think I did a pretty good job of running the program as both a highly inclusive and highly competitive one. Some of my best memories are of seeing ex- students spending hours with their new teams. I remember clearly watching Khushal Vyas, who I had taught for two years as a Modern History Student and who I had driven around to each debate for PDC in Year 12, giving feedback to his Year 7 team after their first Friday debate and I could not have felt prouder. The old boy coaching model is very special and unique to High and it exemplifies 'You can't buy High Spirit' which is the sense of pride we have about working and studying at High. Although, I will welcome getting my Friday nights back, I will absolutely miss the camaraderie, the competition and the commitment shown by all of those in the debating program. I did say I would retire when we won the triple though so now I am keeping my word!



I am eternally grateful to Dr Jaggard for giving me the opportunity to work at High. Kim is by the far the best Principal I have worked for. He is generous and funny. He is the cleverest person I know: a great mind, a deep thinker, a big thinker, a futures thinker. Characteristically his ability to listen carefully and understand new ideas and concepts very quickly and very deeply, allowed him to see beyond my lack of NSW experience and to see that I had skills and knowledge that would suit the staff and students in the History Faculty at High. He has time for the big picture and the fine detail. He has spent hours and

hours helping me to develop my skills in preparation to be Principal.

He has instilled me with a sense of confidence in my own abilities and has provided me with full support at every step of the way. When Kim offered me the position of Deputy Principal (DP) he said, "Just do 3-4 years as DP and then you should apply for principal positions." Now some of you might think it sounded like he was trying to get rid of me, but to me I was just pleased that he thought so highly of me as to even suggest such a plan.

I would like to publicly thank Kim for being so supportive and inspirational and say that if, in the future, I can contribute fifty percent of the time, commitment, passion, thought and energy to public education that he does, then I will be very proud of my achievements.

It is ironic that the painting of the school (which was one of my goals when I became DP) is almost complete as I leave. I am happy to see that High will be restored to its former glory but sad to leave my beautiful office as it will look so stunning.

However, I know that life is much more than bricks and mortar. It is relationships that make life worth living and it is the relationships that I have formed with the students, staff and parents at SBHS that I will cherish for years to come.

I wish you all the very best in 2019.

**Ms R Powell**

**Principal**

**James Ruse Agricultural High School**

(Photos placed by ed)



### From the Canteen

Welcome back to another busy year at High. It is particularly exciting to see new cohort join the High community and forge lasting relationships.

Run by the P&C, the High canteen not only provides an extensive range of healthy hot and cold options for our hungry boys but also raises substantial funds for specific projects. This is possible primarily due to the support of our dedicated parent volunteers who assist canteen managers Tracey and Karen. Infact, we are one of the few high school canteens to do so. If you have a few hours to spare each month, please do consider joining our canteen

roster by calling 96629350. Besides keeping costs low, it is a great way of making new friends and staying in touch with extended High family. Language is never a barrier and full training will be provided. Any volunteers have not completed their Working with Children's Check are requested to contact the front office as early as possible. It is mandatory.

Thank you to all our parents, who have committed to another year and to the new parents, who have already signed up for the monthly roster and as emergency contacts. We appreciate your ongoing commitment to High cause.

Canteen is open daily before bell time and during recess and lunch. Please consider pre-ordering before morning bell to avoid missing out on popular items.

We would like to acknowledge the following parent helpers for the last few weeks of 2018:

**MON:** Lisa Fackender,  
**TUE:** Thajeewa Pingamage, Jin Song,  
**WED:** Jenny Chan, Linda Ji  
**THUR:** Arti Shah, Stella Tsui,  
**FRI:** Anika Verma, Lin Yang

**MON:** Pam Jepson, Belinda Whitfield, Susan Mitchell,  
**TUE:** Tara Yi, Vivian Huang,  
**WED:** Eve Chan, Fan Chen  
**THUR:** Melanie Chan,  
**FRI:**

**MON:** Belinda Whitfield, Winne Chan,  
**TUE:** Mook Kooi Loo

High Canteen strives to be an inclusive one. If your son has allergies or special dietary requirements, please consider visiting the canteen premises to discuss options. Karen & Tracey are always ready to accommodate special requests and value suggestions/feedback.

**Usha Arvind**

**President Canteen Committee**



### Opal Card Reminder

Please remember to **tap on and off** when travelling with a school Opal card





# Sydney Boys High School

1883

Phone: (02) 9662 9300

Fax: (02) 9662 9310

[www.sydneyboyshigh.com](http://www.sydneyboyshigh.com)



Sydney Boys High School  
Moore Park  
Surry Hills NSW 2010

Dr K A Jaggar  
Principal

## New Parent Information Evening & Welcome Supper

**Tuesday 5 February 2019**

**The Great Hall  
6.00pm - 8.00pm**

27 November 2018

Dear Parents

This is an important date for your 2019 diaries. On this evening next year - Tuesday 5 February - we take the opportunity to welcome you as new parents in your son's first week at Sydney Boys High School and set out for you how the school works and how to maximise your son's all round education at High.

The New Parent Information Evening will cover:

- Academic curriculum
- School expectations
- Sport program and policy
- Co-curricular Activities
- School organisation
- Tips and support for new parents

I will be in attendance to meet with you personally, along with the 2019 Year 7 Advisers, Head Teachers for our various co-curricular programs, representatives from the P&C and other fellow High parents.

Welcome drinks and supper will be served following our presentations and we look forward to meeting as many of you as possible.

Please RSVP via the internet at <https://goo.gl/2bQLeL> by 31 January 2019.

Please note that this event is intended for parents / carers of new students. We would encourage you to make other arrangements for children, if possible.

Yours sincerely

Dr K A Jaggar  
Principal



# Bring Your Own Device 2019

## PRODUCT OPTIONS

The Sydney Boys High School BYOD program applies across all year group. If you're looking at replacing your existing device for the 2018 school year, consider purchasing a recommended device.

Recommended devices meet the school's Device Specification, so no worrying about whether the device is suitable. All feature a three year warranty and optional insurance for peace of mind, and the school will act as your warranty agent.



### Lenovo ThinkPad Yoga L380

- Multi-touch with full keyboard
- 1920 x 1080 pixel screen
- 360 degree rotating hinge
- Windows 10
- 3 Year warranty, school-supported

#### Variants:

- 4GB RAM + 128GB Storage:
- 8GB RAM + 256GB Storage:



### Microsoft Surface Pro

- Multi-touch with keyboard cover
- 2736 x 1824 pixel screen
- Detachable keyboard cover
- Windows 10
- 3 Year warranty, school-supported

#### Variants:

- 4GB RAM + 128GB Storage:
- 8GB RAM + 256GB Storage:



### Apple MacBook Air 13"

- Conventional laptop
- 2560 x 1600 pixel retina screen
- macOS 10.14
- 3 Year warranty, school-supported

#### Variants

- 8GB RAM + 128GB Storage:
- 8GB RAM + 256GB Storage:



### Microsoft Surface Book 2

- Multi-touch with full keyboard
- 3000 x 2000 pixel screen
- Windows 10
- 3 Year warranty
- 8GB RAM + 256GB Storage

### Lenovo ThinkPad L380

- Conventional laptop
- 1366 x 768 pixel screen
- Windows 10
- 3 Year warranty
- 4GB RAM + 128GB Storage



## HOW TO BUY

- Visit the JB purchasing portal at <https://sbhs.co/bbuy>
- Log in with code **SBHS2019**
- Purchase using a credit card, BPAY or on interest-free terms
- Pick up from your local JB Hi-Fi store

\* Pricing with bundled warranty TBC



## SYDNEY BOYS HIGH SCHOOL

Nurturing scholar-sportsman since 1883





# Notice of SBHS P&C Association Meeting

General Meeting  
6.30 - 8pm, Monday 11 February 2019  
Venue: The Great Hall

## Agenda

1. Welcome and Present and apologies
2. Minutes of last meeting & matters arising
3. Treasurer's report (5 mins) Chuhong Chen
4. Foundation report (5 mins) Geoff Waring
5. School Council / Sports Council Report (5 mins each) Ron Trent/Charlie Appleton
6. Principal's Report (5 mins) Kim Jaggar
7. Other Business
  - a. How should we communicate with parents? (10 mins) Fred Shao and Vivek Suri
  - b. What Wellbeing committee events should we fund? (10 mins) Kim Markworth
  - c. Can I pay the SGHS book keeper \$40/hour for about 1 to 2 hours to do a review of the SBHS canteen to ensure the finances are well managed and compliant? (3 mins) Geoff Waring
  - d. How should co-curricular committees manage reduced parking revenues for 3 years? (5 mins) Geoff Waring
  - e. How should the school balance English v strength in Maths and Science? (10 mins) Geoff Waring
  - f. Should we install wall mounted pin-secured key safe for 5 P&C keys? (3 mins) Geoff Waring
  - g. When should we hold the biennial co-curricular P&C meeting? (5 mins) Geoff Waring
8. Meeting close

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## Next P&C Meeting

Monday 11 March	5:30 – 6:30pm	P&C Executive Meeting (Great Hall)
Monday 11 March	6:30 – 8pm	P&C GM Great Hall

## Peer Mentoring Program @ High

Belong | Inspire | Grow

### Recruiting Year 8 Peer Mentees!



This is a new program started last year. The rationale behind this program is to:

- Provide growth and learning opportunities for both mentors and mentees, nurturing the importance of peer relationships for adolescents.
- Capitalising existing resources at High: existing students at High have the first-hand experiences to mentor the younger students due to the unique nature of SBHS.
- Older mentor (Year 10) is matched with a younger student (Year 8) for the purpose of guiding and supporting the mentee in the development of areas such as;
  - academic (academic resilience, study skills, subject selection),
  - social (social media, friendship) and
  - emotional (family dynamic, help seeking behaviour)

Some of the benefits for Peer Mentees are:

- Connectedness to school and peers
- Feelings of competency and self-efficacy
- Academic improvement
- Prosocial behaviour and attitudes

Students will meet for six sessions during the Year 8 Values Education classes in Term 2 and 3. The ratio of mentor to mentee is roughly one mentor to two or three mentees. Students will go through a workbook (designed by student mentors). This is like a scaled down version of Peer Support. It is a small group and intentional meeting. The idea is that students will grow their friendship (like big brothers) beyond the six sessions.

The feedback from the peer mentors and mentees in 2018 were:

- On a scale of 1-5, how do you rate your peer mentoring experience?  
3 out of 42 students said 3 and 39 students said 4 and above.
- How to rate the peer mentoring program (the actual program)?  
1 student said 2.5, 8 out of 42 students said 3 and 33 said 4 and above.
- Did peer mentoring meet your expectations?  
20 out of 42 students TOTALLY, 19 MOSTLY and 3 SOMEWHAT

We are looking for forty Year 8 peer mentees, anyone can sign up to this program. Please see Mr A. Wang (Peer

Mentoring Coordinator) in the Mathematics Staffroom to sign-up.

Miss Joanna Chan

Head Teacher Student Wellbeing

### Letters Re Student Absence/Late Arrival/Early Leave



When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or guardian.

If your son is going to be late for school a note is also required. Alternatively, you may contact the school by phone on 9662 9300 and dial "1" for the absentee line.

If your son has an early leave note he is required to have his note signed by either Mr Dowdell, Ms Powell or Mr Prorellis **before 9:00 am** and handed in to the Main Office immediately after. Each letter should be signed by a parent or guardian with the **name, date and roll class** of your son **printed clearly**. Your son needs to pick up a leave pass from the Main Office before he leaves the school.

### Absences

Absences – School: [absences@sbhs.nsw.edu.au](mailto:absences@sbhs.nsw.edu.au)

Absences – Sport : [absences.sport@sbhs.nsw.edu.au](mailto:absences.sport@sbhs.nsw.edu.au)

### Leave

If you require **extended leave** for your son **exceeding four days** please, apply in writing, on the departmental application leave form which is available on the parent portal or front office. Your son must then present this application to Dr Jaggar for permission for extended leave. Please note that leave applications need to be submitted **four weeks prior** to your son's leave of absence.



**RIFLE SHOOTERS**



### To All Rifle Shooters

There will be car parking available at school on Saturday 2 February 2019 at 4.00 pm. Please check Moodle for any changes

Mrs C Meany





### 2019 Welcome Back

We hope you have had a wonderful and restful break over the holidays. Also a warm welcome to new parents, guardians and students! We have an exciting and a very full year ahead of us in the Music Performance Program, especially with the upcoming European Music Tour in 2020!

### Music Ensembles & Private Instrumental Lessons

Private Instrumental lessons and most ensembles will commence from Week 2 [no lessons/ensembles will run on Monday 4<sup>th</sup> February, due to the swimming carnival].

Please see the ensemble schedule below. Most ensembles will be running at the same time as last year's schedule, though, due to a few changes, some ensembles may not commence till later. It is important for all music students in the music performance program to check the daily notices regularly for updates and/or to ask the Music Department. Students need to remember not to schedule private instrumental lessons during ensemble rehearsal time[s].

### Music Recruitment Night

The Music Recruitment Night will be held on Thursday 7<sup>th</sup> February, 6.30pm in the school's Great Hall. The Music Department will discuss the school's Music Performance Program [including music ensembles and private lessons]. A letter will be distributed to all new students to Sydney Boys High School within the week. In addition, it is never ever too late to start learning an instrument and/or join an ensemble!

### New Students joining the Music Performance Program

Please do not hesitate to come and speak with the Music Department with any music enquiries. Please ensure to check daily notices every day for Music Performance Program announcements [i.e. music ensembles, music events, music payments etc.]

### Music Storage Room

To all students who carry music instruments only: Please place your instruments in the music storage room [located next to Room 101. Please do not block the pathway and make sure the door is closed at all times.

### Music Events Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Jazz Ensemble</b> Room 101 7.45am-8.45am	<b>Senior Concert Band</b> Room 201 7.45am – 8.45am	<b>Junior Stage Band</b> Room 101 7.45am – 8.45am	<b>Symphony Orchestra</b> Room 201 7.45am – 8.45am	<b>Senior Strings Ensemble</b> Room 101 7.45am – 8.30am
<b>Intermediate Concert Band</b> Room 201 7.45am -8.45am		<b>Senior Stage Band</b> Room 201 7.45am – 8.45am	<b>Junior Strings Ensemble</b> Room 203 7.30am – 8.30am	<b>Marching Band</b> MPW 8.00am – 9.00am <i>Term 1 &amp; 4 ONLY</i>
<b>Guitar Ensemble 1</b> Room 203 7.45am – 8.45am		<b>Philharmonic Orchestra</b> Room 203 7.30am – 8.30am		
<b>Guitar Ensemble 2</b> Room 203 3.30pm – 4.30pm				
<b>Percussion Ensemble</b> Room 201 3.30pm – 4.30pm	<b>Marching Band</b> Room 204/GH/MPW 3.30pm-4.30pm <i>Term 1 &amp; 4 ONLY</i>			

*Please note that the schedule is subject change (Check with Ensemble Conductor)*

Marching Band is on Tuesday afternoons 3.30pm-4.30pm & Friday mornings 7.45am-9.00am for ALL of Term 1 & 4. The Marching Band performs in the Sydney City March on Anzac Day (25<sup>th</sup> April) each year.  
\*Students need to remember to schedule lessons at a different time to music ensemble rehearsals. An attendance rate of 80% is necessary to obtain Award Scheme Points and a Music Pocket for senior students  
EUROPEAN MUSIC TOUR STUDENTS: Rehearsals will be communicated via Daily Notices, Email & High Notes

### Parent/Guardian Music Contact List

Please send the following details to [music@sbhs.nsw.edu.au](mailto:music@sbhs.nsw.edu.au) if you would like to receive emails regarding the Music Performance Program only [i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.].

- Email Subject Line: Music Contact List

- Student Name
- Student Year

- 1 x Parent/Guardian Name
- 1 x Contact Email Address

If you would like to be removed from the Parent/Guardian Music Contact List, please email [music@sbhs.nsw.edu.au](mailto:music@sbhs.nsw.edu.au)



### Captain of Boats report

In recent memory there hasn't been a holiday more productive than this. Heading into the break the entire Sydney High shed were determined unlike previous years to not maintain but improve throughout the 6 weeks knowing this would likely have an unprecedented bearing on the final Head of the River result. Ultimately following an extremely successful 6k erg Test which featured the entire 1st VIII improve over the Christmas block, this would culminate in the January camp in Canberra, unarguably the hardest week of training for the season. Throughout 6 days at over 30 degree heat the Boys undertook 3 sessions a day rowing on the magnificent

Lake Burley Griffin, as well as trips to swim, shopping and bonding time. The pieces and kilometres ultimately saw massive fitness and strength gains throughout the 2nd VIII whom improved greatly as well as the continual build for the 1st VIII leading up to Joeys Regatta in week 1. The highlights of the camp including the free afternoons spent watching movies, playing cards and 1 minute pieces rating 40 made this camp both productive as well as memorable for the weeks to come

Leo Ye









## WEIGHTS ROOM



An exciting opportunity awaits your son to become involved in the extra-curricular activities at Sydney Boys High School. Every Monday to Friday from 7am – 9am and Monday to Thursday 3:15-5pm the weights room is available under the guidance of our *Head Strength and Conditioning Coach* Mr Kurt Rich and/or assistant who will guide them through the fundamentals of strength and conditioning. This is a fantastic opportunity for your son to become involved in the program and enhance their strength & fitness in preparation for their sport choice & life. Additionally, your son's PDHPE assessment in Years 7 to 10 is partially based upon his fitness level and this opportunity could assist your son to improve his grades in this subject area. For more information, please email Mr Kurt Rich: [richk@sbhs.nsw.edu.au](mailto:richk@sbhs.nsw.edu.au)

At the start of the school term, students can enrol for a **full year** membership at the Weights Room for **\$252**. Boys wishing to have full year membership must register and **pay by 28 February 2019**. Your son can commence or try weights training before the payment is due. There will be no payment extensions of time nor another window of opportunity later in the year if you forget to pay on time. This system ensures that the Weights Room operates much more effectively, with all boys getting their training in how to use the various pieces of equipment and in proper lifting technique, as soon as possible. Kurt Rich provides this service at the beginning of each year and can tailor individual programs for members after the introductory sessions. Having a fixed clientele makes his job more productive and leads to a better training experience for members, allowing everyone to progress consistently throughout the year.

Weights Room Timetable:

Monday	Tuesday	Wednesday	Thursday	Friday
7-9am	7-9am	7-9am	7-9am	7-9am
3:15-5pm	3:15-5pm	3:15-5pm	3:15-5pm	3:15-5pm (For New Boys Only - until March)

Kurt Rich



## SBHS TENNIS

2019							
Term 1 Wk 2 - 7						Monday 4th February All School Swimming Carnival = No Training	
Starting Date	4-Feb	Fixtures (Ongoing trials)					
Group	Monday	Tuesday	Wednesday	Thursday	Friday		
1st-3rd	School 7:15-8:45am		School 1-3pm	Eastcourts 1-3pm	School 7:15-9am		
4-8th	<u>All Tennis Players Attend Sprints Monday's 3:15-5pm @ MPW</u>		Moore Park 1-3pm & Moore Park 7:15-8:45am	Moore Park 7:15-8:45am			
16's			Eastcourts 1-3pm	School Court 7:15-8:45am			
15's			School 7:15-8:45am	Eastcourts 1-3pm			
14's		School 7:15-8:45am		Moore Park 1-3pm			
13's		Moore Park 7:15-8:45am		School 1-3pm			
Junior Development Squad			School 3:15-5pm	Eastcourts 1-3pm			

Kurt Rich  
MIC Tennis

# SHOOTIN' HOOPS

## 242



Second Grade brought a squad of 13 into the competition, and played two strong games against Kings and Barker College, winning by considerable margins, though lost in a close game against a taller and bigger Scots side. Although unable to win against an extremely well-oiled and skilled Riverview team in the quarter-finals, Seconds were able to redeem themselves in their last game of the tournament against Knox. Gaining a strong lead to start the game, our side continued to push the pace against the slower team, leading to quick and easy baskets, and even a ferocious Tyler Harapin dunk. Congratulations on the efforts boys, and let's continue this success into the GPS season.

This week High faces Newington. Be sure to get your shots up this week in preparation for the start of the official GPS season, and remember to play hard, play smart, and play together.

Welcome to another year, and another year of Shootin' Hoops. Hopefully everyone had a good break, and spent some time putting up shots and keeping fit, because the official GPS season is upon us.

First Grade and Second Grade competed in the Annual Trinity Basketball Challenge over two days. Despite a few injury problems, First Grade breezed through their pool games, winning against Barker and St Patrick's by considerable margins, and pulling away to beat a tough St Ignatius' side (who was missing their best player). Day two saw the team competing in the Quarter-Finals, and once again easily winning, this time against St Aloysius'. They competed in the Semis against King's and were able to come together in the second half to finish with a win. In the finals High faced off against a depleted Newington side, were dominant throughout the entire game, and managed to win the whole competition.



**Go HIGH!**

**Play Hard, Play Smart and Play Together!**

Thanks to everyone who makes Shootin' Hoops possible  
Brought to you by Adam Gordon, Alex Zhou and Joshua Suto

**SYDNEY BOYS HIGH STORE & CLOTHING POOL**  
**SPRING / SUMMER PRICE LIST 2018 - 2019**

SCHOOL UNIFORM			SPORT UNIFORM		
<b>BLAZERS</b>	6 weeks delivery from date of order		<b>PE / HOUSE SPORT</b>	PE Polo	\$40.50
	From	\$295.00		Black Short with logo	\$40.50
				Sport Socks	\$9.90
<b>PANTS</b>	Trousers - Junior, Dark Grey	\$79.00			
	Trousers - Senior, Light Grey	\$79.00			
<b>SHORTS</b>	Grey College	\$55.00	<b>TRACKSUITS</b> (sold as separates)		
				Microfibre Jacket	\$95.00
<b>BELTS</b>	Black Leather	\$20.00		Microfibre Pant	\$65.00
<b>SHIRTS</b>	Sky Blue & White, Short Sleeve with Crest				
	Sizes 10 - 14	\$28.00			
	Sizes 16 - 22	\$30.00	<b>BASKETBALL</b>	Singlet	\$60.50
	Sizes 24 - 28	\$32.00		Short	\$60.50
				Sport Socks	\$9.90
	Sky Blue & White, Long Sleeve with Crest				
	Sizes 10 - 14	\$30.00			
	Sizes 16 - 22	\$32.00			
	Sizes 24 - 28	\$34.00	<b>CRICKET</b>	Shirt (ventilated with SHS Crest)	
				Short Sleeve Playing Shirt	\$42.00
<b>JUMPERS</b>	Up to Size 14	\$92.00		Academy Training Shirt	\$55.00
	Sizes 16 -22	\$96.00		Senior Playing Shirt S/S	\$72.00
	Sizes 24-26	\$100.00		Senior Playing Shirt L/S	\$77.00
				Hat (Natural) - Greg Chappell	\$22.00
<b>SOCKS</b>	Anklet SHS Colours	\$9.90			
	Knee High SHS Colours	\$15.00			
	Sport Socks	\$9.90			
			<b>ROWING</b>	Zoot Suit	\$79.00
<b>TIES</b>	Junior	\$28.50		L/S Rowing High Top	\$55.00
	Senior	\$31.50		Socks	\$18.50
	Prefect	\$27.50			
	SRC	\$29.50			
	OBU	\$27.50	<b>SWIMMING</b>	High Trunk	\$55.00
	GPS	\$40.00		Towel crested	\$55.00
<b>CAPS</b>	SHS Cap	\$22.00			
			<b>SAILING</b>	Singlet	\$49.50
<b>BAGS</b>	Backpack with Lap Top Section	\$95.00			
	Hav-a-Sak	\$33.00			
	Sports Bag	\$71.50	<b>TENNIS</b>	Top	\$55.00
				Socks with SHS Colours	\$9.90
<b>ART</b>	Paint Brush Size 6	\$3.75			
	Progressor 2B Pencil	\$2.95			
	Progressor 4B Pencil	\$2.95	<b>WATER POLO</b>	HIGH Trunk	\$55.00
	Visual Art Diary A3	\$11.00		Water Polo Shirt	\$68.00
	Visual Art Diary A4 120 page	\$9.90		Towel crested	\$55.00
<b>DESIGN &amp; TECHNOLOGY</b>					
	DT Apron	\$12.00	<b>ATHLETICS</b>	Singlet	\$55.00
				Shorts	\$49.50
<b>MATHS</b>	Calculator	\$40.00		Training L/S top	\$77.00
	Compass	\$1.55			
	Grid Book 96 page	\$2.95			
	Protractor	\$0.55			
<b>MUSIC</b>	Music Book	\$2.95			



# SYDNEY BOYS HIGH STORE & CLOTHING POOL

## SPRING / SUMMER PRICE LIST 2018 - 2019

### CRESTED MEMORABILIA

Bridge Scorer	\$11.00	Letter Opener	\$6.50
Car Number Plate Cover	\$39.95	Mug	\$22.00
Car Sticker	\$4.50	Pencil Case	\$12.50
Cufflinks (stainless steel)	\$66.00	School Centenary Book	\$15.00
Drink Bottle (Stainless Steel) - new	\$18.50	Spoon	\$5.50
Framed aerial school photo shots	\$55.00	Sticker	\$1.10
Golf Umbrella	\$33.00	Wine Glasses (set of two) - boxed	\$44.00

### OLD BOYS MEMORABILIA

OBU Tie	\$27.50
GPS Tie	\$40.00
Sydney High Hoodie Grey Marle	\$75.00

### CLOTHING POOL

A recycled section operates within the High Store Shop. Items such as blazers, shorts, trousers, jumpers, rugby/soccer tops & boots, tracksuits, can be sold on a commission basis - The High Store Shop retaining 1/2 of the sale price.

Please ensure that when sending items for sale you include your name and address.

All items sent should be clean and in good condition. Shirts are gladly accepted as donations.

### PAYMENT

Cash, Eftpos, Mastercard, Visa or Cheque payable to HIGH STORE

### GOODS & SERVICES TAX ( GST )

GST is included on all prices listed

### BLAZERS

GPS Pocket	\$31.00
Music Pocket	\$35.00
Prefect Bottom Pocket	\$52.00
Prefect Top Pocket	\$31.00
Service Charge	\$39.50

Dry Cleaning	\$16.50
Full Braiding	\$90.00
Embroidery Line	\$22.00
Embroidery Line Removal	\$33.00
Crossed Rifles or Swords	\$38.50
House Badge (cloth)	\$12.50

### BADGES

Basketball (metal)	\$7.70
Cricket (metal)	\$7.70
Debating (metal) with attachment	\$8.95
Fencing (metal)	\$7.70
Orchestra (metal)	\$4.40
Rifle (metal)	\$7.70
Rowing (metal)	\$7.70
SBH Lapel Pin (metal)	\$2.75
SHS (metal)	\$7.70

## OPENING TIMES

Open During School Terms Only

Monday, Tuesday, Wednesday & Friday      10.30am to 1.30pm

Telephone 9662 9360

# January/February 2019

31-01-2019

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> <b>A</b>	<b>28</b> Australia Day observed - Public Holiday	<b>29</b> Staff Development Day Parking: Sixers v Strikers, 19:00	<b>30</b> Years 7, 11, 12, and new Year 9 students resume school Year 7 Transition Program PDHPE: 1600m Run, Y7 to Y10	<b>31</b> Years 8, 9 and 10 resume school Year 7 Transition Program PDHPE: 1600m Run, Y7 to Y10	<b>1</b> Assembly to Welcome Year 7 + Summer Sports Assembly (Basketball, Cricket, Tennis, Waterpolo, Sailing, Swimming), Great Hall, P3 (7, 11, 12) PDHPE: 1600m Run, Y7 to Y10	<b>2</b> Sport: Group 1 NC v SHS, Group 2 NC v SHS Water Polo: SHS v SJC Room Booking: Grad ready, Classrooms, 08:00-20:00 Rowing: Joeys Regatta, SIRC Parking: Sixers v Thunder, 19:00	<b>3</b> Room Booking: Grad ready, Classrooms, 08:00-20:00 Booking: The Great Hall, 15:30-23:00
<b>2</b> <b>B</b>	<b>4</b> Medical Booklet Update School Swimming Carnival, Des Renford Pool (Heffron Park), Maroubra Tennis: SE Trials	<b>5</b> Year 7: Try Rowing, 7E, 7F Welcome to New Parents of Incoming Students 2018, Great Hall, 18:00-20:00 Marching Band Rehearsal, room 204, 15:30-16:30	<b>6</b> Year 7: Try Rowing, 7S, 7T HSC Assessment: SoR Task 1 due Rowing: Committee Meeting, Staff common room, 19:00	<b>7</b> Year 7 Meeting, Great Hall, 09:55-10:20 Year 7 Music Recruitment Night setup, Great Hall, 11:00 Year 7 Music Recruitment Night, Great Hall, 18:30	<b>8</b> Marching Band Rehearsal, MPW, 08:00-09:00 Year 7: Try Rowing, 7M, 7R	<b>9</b> Sport: Group 1 NC v SHS, Group 2 TSC v SHS Rowing: Junior Regatta, Hen and Chicken Bay Room booking, 506, 801, 09:00-12:30	<b>10</b>
<b>3</b> <b>C</b>	<b>11</b> Year 7 Outdoor Education Camp (Morisset) P+C Executive Meeting, Board Room, 17:30 P+C Meeting, The Great Hall, 18:30	<b>12</b> Year 7 Outdoor Education Camp (Morisset) Managing HSC Stress, The Great Hall, pl-2 Marching Band Rehearsal, Great Hall, 15:30-16:30 School Council Meeting, Board Room, 17:30-19:00	<b>13</b> Year 7 Outdoor Education Camp (Morisset) Rowing: Year 10 Visit by Melbourne High Cricket: Committee meeting, 901, 18:00	<b>14</b> Sports Council Meeting, Board Room, 07:30 Elevate: New Year 9 (Time management), P1, selected students Rowing: Year 10 Visit by Melbourne High	<b>15</b> Debating: Show Debate for Juniors, Great Hall, 12:40-13:20 Marching Band Rehearsal, MPW, 08:00-09:00 Rowing: Year 10 Visit by Melbourne High Swimming: GPS Competition/Qualifier 1, 18:45 (SOPAC) Prefect afternoon tea, The Great Hall, 15:30-18:00	<b>16</b> Sport: Group 1 TKS v SHS, Group 2 TKS v SHS Rowing: High Regatta, Hen and Chicken Bay Rowing: State Championships, SIRC Rowing: Year 10 Visit by Melbourne High Room Booking: Grad ready, Classrooms, 08:00-20:00	<b>17</b> Room Booking: Grad ready, Classrooms, 08:00-20:00 Room Booking: The Great Hall, 08:00-20:00
<b>4</b> <b>A</b>	<b>18</b> Viva Touch Yr 7 house, lunch 1+2, E+F Debating: DSG Meeting, Common Room, 18:00 Debating: Information evening, Great Hall, 19:00-20:00 Music: Encore, Sydney Opera House, elective music students, 19:00-21:00	<b>19</b> Years 10, 11 and 12 Awards Assembly, Great Hall, 09:55-10:40 Viva Touch Yr 7 house, lunch 1+2, M+R Presentation Night rehearsal (All prize winners), Great Hall, 11:50-12:50 Presentation Night, Great Hall, 19:15-21:00 Marching Band Rehearsal, room 204, 15:30-16:30	<b>20</b> Years 7, 8 and 9 Awards Assembly, Great Hall, 09:50-10:35 Viva Touch Yr 7 house, lunch 1+2, S+T	<b>21</b> 2019 Meet the Music Concert Series, Sydney Opera House, 18:30-20:30 Elevate: Kickstart, Year 7, P1, all students in normal classrooms	<b>22</b> Basketball: CHS Opens KO Round 1 Volleyball: SE Trials, Olympic Park Marching Band Rehearsal, MPW, 08:00-09:00 Debating: FED SHS v Newton Swimming: GPS Qualifier 2, 18:45 (SIC)	<b>23</b> Sport: Group 1 TKS v SHS, Group 2 SHS v Shore Rowing: Kings/PLC, Seniors Rowing: GPS Junior Regatta, H&C Bay Room Booking: Grad ready, Classrooms, 08:00-20:00	<b>24</b> Room Booking: Grad ready, Classrooms, 08:00-20:00 Rowing: CHS, Grafton