

The Weekly Newsletter of Sydney Boys High School

#### From the Principal High Talent



Timothy Hanna (8R) earned three awards at the STANSW Young Scientist Awards Presentation Night; 1st Place in Chemistry 7-8, 3rd Place in Biology 7-8 and the Broadcom Masters International Honourable Mention. He qualified as reserve on the team to attend the Broadcom Masters International Program in Phoenix Arizona next year. Great work, Tim! Kieran Guan (10R) competed in the 2018 Australian Open Short Track Speed Skating



competition. Kieran took the challenge to skate up in the open age group, where he took 5th place in overall ranking. After his results in both training and competitions in this year, Kieran has been selected for the national team to attend the 2019, junior world championship in Montreal, Canada in January 2019. A terrific effort Kieran! Aryan Jani (11F) was one of 30 out of 175 students from across NSW schools who were selected for the next round of the Constitutional Convention. The 30 selected students will head to Parliament House, Canberra, in March 2019. Well don, Aryan! Archie Fox (SHS-2018) has been awarded a



NSW Schools blue for Rowing – quite an honour! Congratulations, Archie.

# Year 11 – Sir Roden & Lady Cutler Foundation Collection

Congratulations to the Year 11 students and Ms Luu, their Year Adviser, for collecting \$9800 last Friday in extreme heat and blustery wind. Half as many students raised 44% more money than last year, indicating that including only students who want to participate is easier and more efficient all round. I know CEO Vince Del Zio was very pleased with the effort.

#### Scholarships Offered at High

SBHS offers only two scholarships/bursaries the Phillip Day Memorial Scholarship and the Sir Roden and Lady Cutler Foundation Scholarship. All enrolled or enrolling students are eligible to apply for the Phillip Day Memorial Scholarship. It is a one-year credit on the school account for \$1,500. The Selection Criteria covers talented boys in an academic area or a co-curricular endeavour. Good all-rounders qualify as do students with special needs - financial or otherwise. There are many boys in the school, who would make good candidates for this award. I urge them to take the trouble to download and complete the application form. The Sir Roden and Lady Cutler Foundation Inc Scholarship is a twoyear award with a credit at the school account for \$1,500 for each Year – 11 and 12. Only boys enrolled or enrolling in Year 11 are eligible to apply. The criteria for this scholarship are different. It has an emphasis on a prior record of service to others, to the school and / or the community. Boys with initiative, compassion, a record of school or community service and leadership skills are invited to apply.

Look for the details on the website <u>www.sydneyboyshigh.com/scholarships</u>. Do not assume that you are not worthy or eligible. Applications close on November 30.



N O T S

G

#### Student Awards Scheme

The Student Award Scheme for points to be earned for this calendar year will close on Friday, November 30. All students will have their points calculated as of this date. Check your points' status on the Student Portal to see how close to an award you are so that you can make up the difference. If you see something missing, contact the MIC for the activity to make sure a text file is created and sent to Mr Dowdell. Year 11 Prefect Interns will have their final points calculated and must have qualified to continue as Interns by earning an award this year. Even if they have carry over points, they must earn 100 this year to stay as a Prefect Intern. The 2019 Scheme commences on December 1, 2018. Boys who are close to getting an award should fire up now. Look for service areas in parking, school working bees or volunteering to reach the threshold required.

#### Year 11 Reports

Too many students have not yet discussed their progress with me. *Clearance Forms* have been issued to all boys and they should be meeting their commitments. The students are deciding on their courses for the HSC and it is imperative that I speak to them all before Tuesday, November 27, the day of the first Year 12 HSC Assessment examinations. Please ask your son for his report and his plans for courses for 2019. Students need to start focussing on the important months of HSC learning ahead! As from the morning of November 27, strong negative consequences will have to be applied to force boys to comply with school policy. They will be considered not to have commenced Year 12 if they have not met their commitments for Year 11.

Dr K A Jaggar Principal

#### Meet the Prefect-Intern



Over the years, Sydney High has both inspired the drive in me to mature physically and mentally and provided the opportunities to do so. I came into High as most students do - with a confusing lack of direction or purpose, overwhelmed by all the school has to offer. I ended up trying out rowing and rugby. Despite unsteady beginnings, the last five years have been a period of tumultuous change. Never could I have imagined finding my place in the boat in front of thousands of supporters, or on the field, lining up amid the school's chants, or in the weights room, exceeding my own expectations with the loud support of my friends and coaches.

It was difficult at times to pursue what felt like an entirely unattainable version of myself, but the sense of community I shared with everyone around me, all experiencing the same struggles, made everything possible. In this way, I've learnt that welfare involves not only valuing one's own identity, but also the preparedness to accept change. In light of this, my message as weights room and welfare prefect to the student body is that the High identity isn't simply adopted - it is the product of careful cultivation by each and every one of us in the constant pursuit of bettering ourselves. This collective mentality is the first step towards greatness.

#### Christopher Ta

Weights Room & Welfare Prefect

#### Meet the Prefect Intern

I have not always been a High boy, arriving as a member of the Year Nine intake, but this fact has not stopped the school's primary value of scholar sportsmanship from growing near and dear to me.

Rowing has been an enormous part of my life so far at High; it is where the seeds of many of my current friendships were planted, it has taught me discipline and it has instilled in me resilience in both the physical and mental sense. Rowing links closely to this year's prefect focus of 'Brothers in Blue & Brown', as -- I'm sure you have heard this before -- rowing is a tough and gruelling sport for all, especially High.



When we row, we must row for each other and for the school, in the name of High Pride. We do it for the brothers in blue and brown who row with us and those who cheer us on from the shore. To me, what makes me proud to be a High boy -- a High rower -- isn't where we finish at the Head of the River, but how far we have come. It is how far we rowers have progressed and how far our school will travel just to support us as we fight our battle. It is this sense of unity that our cohort's prefect body wishes to capture in the coming year and this is why I am proud to be joining them.

James Appleton Rowing Prefect

#### Meet the Prefect Intern

*"It is possible for ordinary people to choose to be extraordinary"*. Sydney High facilitates this choice through the plethora of activities it offers, allowing students from all walks of life to unite and succeed.

Sydney High also breeds scholar-sportsmen. Whether in the classroom or on the sporting fields, High boys excel in all facets of school life. At first, I was overwhelmed by the opportunities available to students, enrolling in sports, music, debating and who knows what else. I was fully aware that my time at High would only last six years and determined to make the most of it.

I had never played rugby before coming to High. It would



be a completely new experience for me -- a decision I wasn't even entirely sure about. In that final moment, as I was about to commit to my first ever season, the wise words of my mother convinced me: "You will never know until you try". Although I don't think playing rugby is what she meant, I did end up playing rugby. I still play

rugby. And I will always play rugby. Rugby built within me confidence, determination and resilience. Never did I see myself as a rugby player, nor playing for the 1st XV for two years, and neither did anyone else. But choosing to give it a try blossomed into an experience that I will never regret.

Sydney High is full of experiences just waiting to happen. All you have to do is try! Jevon Somanader Rugby Prefect

#### SBHS Football Committee AGM



Date: Tuesday 13 November 2018 Time: 5.00pm Venue: Gymnasium - Room 901 All Welcome

Winston Loke SBHS Football Committee

#### Untangling your Teen from *Technology*: Practical Strategies for Parents

7-9pm Wednesday 14 November 2018

#### Junior Library

Presenter Jocelyn Brewer registered psychologist and creator of "Digital Nutrition" followed by question and answer

Understand why technology is so seductive to teens.

Learn healthy online habits. Build communication skills with your

teenager.

Learn how to implement strategies for online and offline behaviour.

#### Parents welcome

Brought to you by SBHS P&C and Wellbeing Team



# Notice of SBHS P&C Association Meeting

There will be a SBHS P&C Meeting on Monday 12 November 6.30 to 8.00 PM. It will be our last P&C meeting in 2018 and held in the Staff Common Room at SBHS. A light supper with Christmas drinks will be served from 7.00 PM.

Agenda for the 12 November SBHS P&C meeting.

- 1. <u>6.30 PM to 7.00 PM</u>: P&C Annual General Meeting (details sent by email and copies available on the day)
- 2. <u>7.00 to 8.00 PM</u>: Light Super with Christmas drinks, "Thank you to Year 12 Parents"

Ron Trent, President, SBHS P&C Association. ronald.trent@sydney.edu.au

Kim Markworth, Secretary, SBHS P&C Association. <u>markworth.kim@gmail.com</u>

Fred Shao, Communications, SBHS P&C Association. <u>maobinshao@optusnet.com.au</u>



#### Year 9 Students Senior Uniform

Purchase your senior uniform NOW to avoid long queues.

Senior Tie \$31.50

Senior Trousers \$79

Short Sleeve White Shirt 14-22 \$30, 24-28 \$32

Long Sleeve White Shirt 14-22 \$32, 24-28 \$34.

Michele Gentele High Store



#### From the Canteen

As one of very few P&C run high school canteens in NSW, High Canteen is indeed privileged to share a wonderful rapport with the school community. The proactive threeway partnership between staff, students and families allows us to constantly expand our extensive menu, while heavily subsidising fresh and wholesome lunch options. This is in line with the Healthy Canteen Agenda that NSW government rolled out two years ago to address growing childhood obesity. We continue to turnaround tidy operating profit each year, all of which is donated to the school for well-deserved projects. This is only possible due to the generosity of our parent volunteers who serve on the canteen roster.

If you have a few hours to spare each month, do call canteen managers Karen or Tracey on 96629350. Full training is provided and language or prior experience is not a barrier. Karen and Tracey are always open to ideas and suggestions and welcome feedback. Don't forget to discuss your son's special dietary needs. High Canteen is a very inclusive one with several halal and vegetarian options.

We are also looking for new members to join the canteen committee. Vacancy exists for assistant treasurer/book keeper. The committee meets once a month on the second Friday at 2pm.

**Urgent reminder:** All new volunteers and those who have not previously registered with the front office are requested to do so immediately for the mandatory 100 point check. It is a legal requirement for anyone in a childrelated work environment. Documentation that needs to be sighted could include birth certificate, passport, driver's licence, Medicare card, bank statement etc. It is easy, quick and completely confidential. Personal details are securely managed by designated school staff and cannot be accessed otherwise. Alternatively volunteers could apply for a FREE Working With Children's Check through www.kidsguardian.nsw.qov.au.

We would like to acknowledge the following parent helpers for last few weeks:

- Mon: Janet Lam, Binita Ghosh, Yan Liu
- Tues: Jin Wang, Kanas Pang, Chika Mishima
- Wed: Su Hyeon, Polly Lee, Grace Chug
- Thurs: Annie Yu, Kim Ngan Do, Su Ren
- Fri: Anika Verma, Bidisha Roy Chaudbury, Olexandra Putilina
- Mon: Anita Bu, Razni Nazar, Susan Mitchell, Belinda Whitfield
- Tues: Tara Ge, Holly Zheng, Stephanie Funs, Karthika Viknorasah
- Wed: Penny Chan, Fan Chen, Mark Zhu, Vivian Huang, Stephanie Fung
- Thurs: Ria Lam, Melanie Chan, Thuy Lam
- Fri: Fiona Yang, Kim Nguyen, Lien Tran
- Mon: Diep Do, Winnie Chan, Derek Wang
- Tues: Letty Chan, Anne Chen, Mook Kooi Lo
- Wed: Eve Chan, Yasmin Khan, Qing Chen
- Thur: Su Lee, Kim Ngan, Jun Wang
- Fri: Vivian Yip, Min Wei

Mon: Rowina Dixon, Judy Zhu

- Tues: Kannas Pang, Dimi Barlas
- Wed: Wendy Wang, Polly Lee, Su Hyeon Kim
- Thurs: Pit Trent, Becky Ralph
- Fri: Olexandra Putilina, Elaine Tang

#### Usha Arvind

President Canteen Committee



#### **European Music Tour – Nomination Form**

Results of the Music Tour Auditions have been distributed to students, please ensure nominations forms and payment are sent to Angus Travel by Friday 16 November.

The Music Department would like to thank students, parents and guardians for your overwhelming support for the European Music Tour in 2020.

#### End Of Year Concert

There will be an End of Year Concert on Sunday 25 November at 1.30pm in the Great Hall. All ensembles will be performing at the concert. Entry Fee: \$5 per person OR \$10 for a family of three. All funds raised, will go to support the Music Performance Program. Performance Uniform for Students: School Uniform [white shirt], blazars are not required at this event. Mandatory attendance for all students in the Music Ensembles Program at SBHS.

#### Marching Band

Marching Band rehearsals have commenced on Tuesday afternoon from 3.20pm – 4.20pm in Room 204 [Great Hall not available due to HSC Exams]. Mandatory Attendance for students in Intermediate Concert Band, Senior Concert Band, Junior Stage Band, Senior Stage Band and selected Percussion Students.

Music Events Calendar							
Date	Event	Music Students Involved					
[By] Friday 2 November	European Music Tour Audition Results handed out	Students who auditioned for the Music Tour					
Wednesday 7 November	Meet the Music Concert #4 at the Sydney Opera House, 6.30pm	Elective Music Students in Years 9-12					
Friday 9 November	Remembrance Day Assembly, MPW 11.00am	Trumpet: Anthony Wang [Year 8]					
Sunday 25 November	End of Year Concert, Great Hall at 1.30pm	All students involved in Music Ensembles Years 7-12					
Tuesday 27 November	Annual Music Assembly 9.55am, Great Hall	2 x Piano Elective Music Students Senior Strings Percussion Ensemble Students receiving awards will notified in advance					
Wednesday 19 December	Last Day Term 4	All Students					

Music Events are continually added and are subject to change.

#### Parent/Guardian Music Contact List

Please the following details send to music@sbhs.nsw.edu.au if you would like to receive emails regarding the Music Performance Program only [i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.].

- Email Subject Line: Music Contact List •
- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address

If you would like to be removed from the Parent/Guardian Music Contact List, please email music@sbhs.nsw.edu.au



#### SYDNEY BOYS HIGH SCHOOL PRESENTS

# END OF YEAR CONCERT

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SUNDAY 25/11/18 1:30PM

**)**:

CLASSICAL.

ROCK. JAZZ.

CHOIR.

AN AFTERNOON OF ENJOYMENT.

ENTRY \$5 EACH OR \$10 FOR FAMILY OF 3 LIGHT REFRESHMENT PROVIDED.



#### SAILING

Last weekend was a continuation to fleet sailing, but much to our disappointment, there was a continuation of low winds throughout the early morning. Many sailors had trouble racing, especially those with larger weight combinations of skipper and crew, something a lot of skippers need to be mindful of. Despite this, Arion Sclavenitis proceeded to nab second place in one of his races, once again showing to be one of our best fleet sailors.



Teams sailors had their first day of training on Saturday, which proved to be a great success, as later in the day, the wind picked up to a healthy 15 knots, thus making it a very worthwhile training session. Our teams' sailors are looking forward to the competitive season ahead, with many weeks of teams racing against schools like Scots and Ascham, and ending with the NSW Secondary Schools Teams Racing Championships.



Last Saturday brought along a welcome change, as the wind was a lot more preferable than in previous weeks. A steady 10-15 knots meant we were in for some exciting and fast-paced races in the morning. Some of our boys sailed quite well, with Jarrod Khaw, Arion Sclavenitis and myself all consistently placing in the top 10 for both fleet races. Our new coach, Dan, helped give some of the less experienced sailors a few useful tips on how to sail optimally in a fleet race, including how to sail the shortest path to the upwind mark without pointing too far into the wind.

Later in the day the first grade boys went out to sail more fleet races in heavier winds among more experienced sailors from the other schools, proving to be a challenge for all of us. These afternoon races were a part of the first week of the Tri Series, a competitive form of fleet racing that will occur every second week for those chosen for teams racing, with every other week being the teams races against the other schools.

Jack Vorgias Sailing Captain









Welcome everyone once again to this week's edition of Shootin' Hoops! Another successful week for High Basketball. This week, the 15's CHS set off to Terrigal for the CHS State Knockout Tournament, where they came home with a bronze medal. Congratulations to Kristian Lisica, Alec Ryan, Alex Zhou, Jordan Gao, Yitian Zou, Sean Giang, Melvin Chan, Will Jovanovic, Roy Pachon and Eric Cao for

a resilient effort throughout a the whole tournament. The team's efforts and results are well credited to Mr Hayman's coaching and also the leadership and maturity which Kristian showed, which brought the team together for good. Under guidance, the boys were able to find their ultimate cohesion as a team in these two days ups and downs, which eventually showed in their final game against Byron Bay, and ultimately allowed the team to come home with a well-deserved bronze medal. This is well summarised in a team report by Kristian:

Captaining the SBHS 15s CHS team which finished 3rd in the state this year was an unforgettable, and super fun experience where I learnt some great lessons through basketball that relate to and help with many aspects in life. I can still remember the very first training session we had, and with only 3 players who played in the team last year, it was difficult to see this team doing well with a bunch of basketballers running in circles not really knowing what was going on. However, with continuous time, effort and great coaching by Mr. Hayman, the team progressed over time into a team which would surprise many at the top 8 schools in the state tournament, and finish in 3rd place. At the tournament itself, we had many ups and downs, playing super well in some games and getting unlucky in some others. It was through this adversity that we became very closely knit as a team, learning not to get angry over little things, and to work together and stick to what we practised repeatedly for the past few months. All these things came together in our final third place game, where we had a great victory over a strong team. It's definitely the lessons that involve fighting through adversity, never giving up and working together with those you trust, that relate to many aspects in life, including school and work where there will always be challenges that need to be overcome.

#### Kristian Lisica SBHS 2018 15s CHS Team Captain

That's all for this week. Next up, Grammar. It won't be easy, but let's show them what we're really made of. Train hard, keep the team together, and only good things can come from it. And remember, as always: Play Hard, Play Smart, Play Together.



Go HIGH! Play Hard, Play Smart and Play Together! Thanks to everyone who makes Shootin' Hoops possible Brought to you by Adam Gordon, Alex Zhou and Joshua Suto



Update – 2018 Term 4

Cricket Results/News

Week 4

# Saturday 20th October 2018 – Round 1 of the GPS Cricket Competition 2018/19 vs. St Ignatius College (Riverview)

	Score	Result	Highlights
1 <sup>st</sup> XI	Sydney High School 10/214 def. Menai High School 7/144	WIN	Saarangan Arvind 46 Hunar Verma 34 Cameron Pereira 51* Vivek Mahajan 3/28
1 <sup>st</sup> XI	Sydney High School 10/192 def. St. Ignatius College 1/258	WIN	Menuja Goonaratne 33 Saarangan Arvind 38 Arvin Niranjan 67 Adhirath Senthil 4/17
2 <sup>nd</sup> XI	Sydney High School 9/126 def. by St. Ignatius College 7/127	LOSS	Jackson Gan 38* Harris Memon 29 & 3/22 Rohan Vashisht 28*
3 <sup>rd</sup> XI	Sydney High School 10/88 def by. St. Ignatius College 2/89	LOSS	
4 <sup>th</sup> XI	Sydney High School 10/72 def. St. Ignatius College 10/32	WIN	Stephin Robinson 3/9 (Hat-Trick) Jeff Ding 3/12
5 <sup>th</sup> XI		No Game	
16A	Sydney High School 10/108 def. by St. Ignatius College 10/206	LOSS	Pulkit Balhra 31
16B	Sydney High School 0/83 def. Knox Grammar School 10/79	WIN	Shivraj Dave 54*
16C		Win (F)	
15A	Sydney High School 10/84 def. by St. Ignatius College 4/137	LOSS	
15B	Sydney High School 10/63 def. by. St. Ignatius College 5/111	LOSS	
15C		No Game	
14A	Sydney High School 3/141 def. St. Ignatius College 5/140	WIN	Chris Roussos 71 not out Pranav Sampath 32
14B	Sydney High School 10/110 def. St. Ignatius College 10/83	WIN	Ramin Hossain 36 & 5/32
14C		No Game	
	W/O = Washed Out N/A = Not available due to two-day match WIN (F) = Win on Forfeit		

#### First XI Match Report

After a string of close losses against St Josephs and Newington College, the 1st XI side was ready for a tough first round match against reigning champions St Ignatius College. We won the toss and decided to bat first on a dicey McKay wicket.

Our openers got us off to a perfect start, getting to drinks unscathed and with over 50 runs on the board. After both openers, Menuja Goonaratne (Year 10) and Saarangan Arvind (Year 10), were dismissed in their 30s, we lost a few quick wickets to leave us at 94/4.

Josh Lau (Year 9) and Arvin Niranjan (Year 11) then came together and had a crucial partnership, before they were both dismissed, the latter finishing up on 67, continuing his magical touch.

Some handy runs from the tail allowed us to scrape our way to 193, a formidable total, especially at McKay Oval.

We headed into the bowling innings with high hopes of knocking off the champions, and got off to a decent start with Riverview getting to drinks 2 down for 40 runs, courtesy of wickets from some quality bowling from openers Hunar Verma (Year 11) and Cameron Pereira (Year 11).

Nick Leong (Year 11) and Adhirath Senthil (Year 10) kept the foot on their throat with constant wickets before Vivek took 2 wickets in one over, to leave Riverview 7/103, requiring 91 runs off less than 20 overs.

A few nervous moments, including dropped catches and some commendable batting from the Riverview tail gave them a sniff of a victory. However, Adi proved to be the hero, taking the last 2 wickets, giving himself 4 for the match and ensuring a victory for us by a margin of 40 runs.

An awesome performance from the lads, with everyone chipping in with the bat or ball. It was a perfect way to start the season and surely, we can take this momentum heading into Round Two against Tournament favourites Shore College.

Arvin Niranjan & Cameron Pereira First XI Co-Captains

#### Second XI Match Report

Heading into our first game of the GPS season for 2018/19, we were eager to start with a win. After losing the toss and being put into bat on a scorching hot day, we knew we had to bat time and rotate strike in order for us to post a substantial total. Unfortunately, that did not happen, when both of our openers failed to capitalise on

some good bowling from Riverview, resulting in the loss of both batsmen in the 2<sup>nd</sup> over. After a few maidens as a result of some consistent tight bowling from Riverview, our top order fell cheaply and we suddenly found ourselves 4 wickets down for 19 runs by drinks (17<sup>th</sup> over).

A few good shots combined with some hard running between the wickets by myself and Mukund Rangarajan (Year 10) took some pressure off our shoulders however, it didn't last long. As a result, some resilience was offered as a partnership of 25 was salvaged, and with the loss of Mukund's wicket, it was not looking good for High. Being 6 wickets down for 47 runs, Jackson Gan (Year 10) steps up alongside myself with the need to post quick runs. But, with the loss of my wicket for 29, it came down to the tail, with High being 9 wickets down for 56 runs by the 2<sup>nd</sup> drinks break (34<sup>th</sup> over). Come in Rohan Vashisht (Year 11), our number 11 batsmen. Along with Jackson, they combine for an innings saving partnership of 70 runs, that included Rohan hitting a huge six, and with that helping High to a defendable 9 for 126.

With some late momentum swinging in our favour, we knew that we had to take early wickets and bowl extremely tight for us to have a chance of winning. After keeping them 1 wicket down for 32 runs by the end of the first passage of play (17th over), we knew we had to continue to push and really put the brakes on Riverview. Luckily, with some tight bowling from myself, Ramana Paheerathan (Year 11) & Rohan Vashisht (Year 11), we achieved this as the maiden overs started to pile up. resulting in Rohan and myself each picking up a vital wicket. After that the momentum was with us, with 2 wickets in consecutive balls from myself bringing the game right back in our hands and consequently Riverview being 4-67 by the 2<sup>nd</sup> drinks break (34<sup>th</sup> over). Coming into the last session of play with Riverview requiring 60 runs from 16 overs with 6 wickets in hand, the game came right down to the wire. By the end of the 40<sup>th</sup> over, Riverview's required run rate climbed to 4 runs an over. Unfortunately, Riverview held their nerve, with some good shots from them and some misfields from us, giving them the win in the end.

Nevertheless, a huge improvement was made from last week and for us to take the game all the way to the 48<sup>th</sup> over was a massive effort. We can now look at the many small mistakes that we made that made us lose very narrowly in the end and we are confident as a team that we can bounce back next week.

Harris Memon 2<sup>nd</sup> XI Captain

## CHS Alan Davidson Regional Qualifying Final Knockout Tournament

Congratulations to the 1<sup>st</sup> XI who were successful into moving to the CHS Regional Finals after achieving victory in their match against Menai High School last Friday.

#### Match Report

The 1st XI headed into the 4th round of the Alan Davidson Shield full of confidence after a resounding win against Caringbah High School. The match was again played at MPW against Menai High School on the synthetic wicket. Luckily for us we were able to win the toss and bat first.

Our openers got our side of to a solid start, and our top order capitalised to have us at 90/2 after 18 overs. However, a collapse, mainly brought by false strokes left us 6 wickets down, with less than 130 on the board, with our opening batsman Saarangan Arvind (Year 10) falling for 46.

Hunar Verma (Year 11) and Cameron Pereira (Year 11) then sought after rebuilding the innings through some aggressive stroke play putting on an excellent stand before Hunar Verma (Year 11) was dismissed for 34. Adhirath Senthil (Year 10) who then joined the onslaught and helped see the team through the 40 overs with a huge 214 on the board, after Cameron Pereira (Year 11) managed to bring up his 50 of the last ball of the innings. Once again, we got off to a brilliant start, putting up with the tough conditions, where the temperature reached 35 degrees. Constant wickets kept Menai out of the game, before off spinner Vivek picked up three quick wickets to strangle the visitors and limit them to 144 for the loss of 7 wickets.

This was a great win for the boys, and we will hope to be at our best for the Sydney East final against Kirrawee High School.

Arvin Niranjan & Cameron Pereira First XI Co-Captains



Sydney High's First XI team after a wicket

#### Teams of the Week:

#### 14As

Round 1 saw us playing Riverview at home. We lost the toss and were sent in to field in the hot weather.

Solid batting by Riverview placed them 0/61 after 12 overs with a decision that it was time to bring on the spinners!

Varenya Taneja (Year 7) and Samanth Bodidi (Year 7) bowled 7 maidens in a row and 4 wickets between them, with Zane Hakim (Year 7) and Taran Shah (Year 7) assisting with line and length.

We held them at 4/70 in the 22nd over, however Riverview finished on 5/140.

Our openers got off a to a nice start, but 2 wickets saw us at 2/41 in the 11th over with Chris Roussos (Year 7) and opener Pranav Sampath (Year 7) putting on an amazing 98 run partnership!

Chris Roussos (Year 7) scored 71 runs not out and Pranav Sampath (Year 7) a tidy 32, totalling 3/141 another win for High in a nail-biting finish! Chris Roussos Captain



The 14As after their win against Newington last week.

#### 14Bs

Coming into this match with a win and a close loss, we were a confident side, looking to win at Riverview. We started well with the bat, with Chandrashekhar Patel (Year 7) (our new opener) scoring a four, but we lost a couple of wickets. Ramin Hossain (Year 7) was the standout batsmen with 36, and as wickets fell around him, we managed to score 110 of 32 overs.

Riverview started strongly, getting through the new ball with only one wicket, but Ramin Hossain (Year 7) (who performed well with the bat) struck and took multiple quick wickets with the deteriorating ball. After drinks, Riverview consolidated, and we were getting frustrated. A decision by Zayan Farazi (Year 7), our vice-captain, to bowl Samin Hossain (Year 7), worked out. First, the batsmen edged it behind to the wicketkeeper. Then, there was a run out and a LBW. Finally, there was a catch at midwicket. All of these four wickets in the same over.

It was insane, to have our first GPS win in the season in this spectacular fashion.

#### Adit Mahidadia 14Bs Captain

#### High Cricketer of the Week

#### Arvin Niranjan (1<sup>st</sup> XI)



Arvin Niranjan has consistently lead the First XI and thus, the High Cricket from the front. He has let his batting do the talking throughout his first full season at High resulting in a match-defining knock against GPS 1<sup>st</sup> XI defending champions Riverview last week with a 67.

He is in terrific form with scores of 41, 70, 39 in addition to his innings against St. Ignatius have revealed a batsman of a rare calibre comparable to Sabesh Murugananthan who dominanted the GPS competition and last played for the school 1<sup>st</sup> XI in the 2016-17 season.

We hope that you continue your brilliant form for the next couple of weeks and continue leading the school in cricket from the very front. Jamie Nguyen Cricket Prefect

Congratulations to the senior teams who haven't won against renowned St. Ignatius College for upwards of 11 years. Wonderful effort boys!

Congratulations again to the junior teams for recording wonderful results as well. Terrific Job!

The second GPS round against Sydney Church of England Grammar School (SHORE) will consist of Two-Dayers for many of the higher-grade junior teams (As) and First and Second Grade teams.

All other teams will play variants of T20 Matches to 1 Dayers (32 overs) against SHORE.

To all parents and players, don't forget to go through the points below:

- If the weather is inclement on a Saturday, you can find any changes to the fixtures on the SBHS website on the home page. No changes = game is definitely on.
- Please make sure that all the boys wear SBHS logo hats and tops.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- For training sessions (outside of school hours) and Saturdays, parents are to email through the specific details of absence (Student number, name, sport, team, reason and date of absence to <u>absences.sport@sbhs.nsw.edu.au</u>
- Remember all cricket games are important to attend to each Saturday, otherwise you are letting your team down.
- A 100% attendance record equates to 5 extra Award Scheme points for juniors.
- Please notify their coach if they are unable to attend training or their fixture.

Play Hard, Play with Sportsmanship & High Spirit and most importantly have fun with your cricket! Good Luck! David Smith MIC Cricket





#### Tennis Update

All High Tennis boys set out to improve on last week's performances. 1<sup>st</sup> & 2<sup>nd</sup> Grade won their trials despite missing 4 key players, well done to all the boys, particularly those moving up higher in the ranks including 2 boys from the 15A's Julian and Ronald.

These opportunities help them develop their skills and confidence against harder competition in longer matches. Well done to all boys competing valiantly against Riverview across all age groups.

#### All boys are reminded they need to attend 3 training sessions per week

Trials Wk 3 Saturday - High v Riverview							
S-HI-S S-HI-S TOTOLOGY	Total Matches Won	Total Matches Lost	Winning Percentage				
1st Grade	6	3	67%				
2nd Grade	6	3	67%				
3rd Grade	0	6	0%				
4th Grade	3	3	50%				
5th Grade	4	2	67%				
6th Grade	5	1	83%				
7th Grade	5	1	83%				
8th Grade	5	1	83%				
	5	÷	0070				
16 A	3	3	50%				
16 B	1	5	17%				
16 C	0	6	0%				
16 D	3	3	50%				
15 A	4	2	67%				
15 B	5	1	83%				
15 C	1	5	17%				
15 D	5	1	83%				
14 A	2	3	40%				
14 B	5	1	83%				
14 C	3	3	50%				
14 D	6	0	100%				
Total	72	53	58%				

	Year 9 Exams - Wk 3 Monday 29th October to Thursday 1st						
Starting Date	Year 7 Exams - WK 4 Monday 5th to Thursday						
Group	Monday	nday Tuesday Wednesday Thursday				8th November	
1st-3rd	School 7:15-8:45am		School 1-3pm	Eastcourts 1-3pm	School 7:15-9am	Year 8 Exams - WK 5	
4-8th			Moore Park 7:15- 8:45am & 1-3pm	School 7:15-8:45am		Monday 12th to Thursday 15th November	
16's	All Tennis Players	School 7:15- 8:45am		Eastcourts 1-3pm		Year 10 Exams - Wk 5 Friday 16th - Wk 6	
15's	<u>Attend Sprints</u> Monday 3:15-		School 7:15- 8:45am	Moore Park 1-3pm		Friday 22nd November	
14's	<u>5pm @ MPW</u>	Moore Park 7:15-8:45am		School 1-3pm		Year 11 Exams - Wk 6	
Junior Development Squad			School 7:15- 8:45am	Eastcourts 1-3pm		Monday 19th - Wk 7 Friday 30th November	

#### Kurt Rich MIC Tennis

## Letters Re Student Absence/Late Arrival/Early Leave



When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or guardian. If your son is going to be late for

school a note is also required. Alternatively, you may contact the school by phone on 9662 9300 and dial "1" for the absentee line.

If your son has an early leave note he is required to have his note signed by either Mr Dowdell, Ms Powell or Mr Prorellis **before 9:00 am** and handed in to the Main Office immediately after. Each letter should be signed by a parent or guardian with the **name**, **date** and **roll class** of your son **printed clearly**. Your son needs to pick up a leave pass from the Main Office before he leaves the school.

#### Absences

Absences – School: <u>absences@sbhs.nsw.edu.au</u> Absences – Sport : <u>absences.sport@sbhs.nsw.edu.au</u>

#### Leave

If you require **extended leave** for your son **exceeding four days**, please apply in writing on the departmental application leave form which is available on the parent portal or front office. Your son must then present this application to Dr Jaggar for permission for extended leave. Please note that leave applications need to be submitted **four weeks prior** to your son's leave of absence.

S Kearns SAM



Sydney Boys High would like to remind all students participating in GPS sports that we have an onsite physiotherapist every Monday morning from 7am – 9am. The School has covered this cost so it is free for your child.

Our physiotherapist Mr Mark Beaven has quite extensive experience in physiotherapy and we are very lucky to have him here at Sydney Boys High School. Mark is from South Sydney Sports Medicine and is a physiotherapist with expertise in hand therapy, musculoskeletal physiotherapy, occupational health, orthopaedics and sports physiotherapy. Mark's experience includes being a club physiotherapist for South Sydney Rabbitohs Rugby League club for 15 years as well as spending 5 years as the physiotherapist for the Australian Kangaroos Rugby League team. He was also the touring physio with the Australian Fijian and Maori Rugby League teams, and has been three times to Europe with the A.I.S. U/18 Rugby League team.

If you would like an appointment to see the physio please see Mr Marcos. Mr S. Marcos Head of Sport





#### CHS Water Polo Report (Monday 5/11/18)



The 15 and under water polo team attended the annual CHS competition. The competition was held at the outside pool of the Angelo Anestis Aquatic Centre, Bexley. The first two games were very close, but the other teams managed to edge us out in the dying minutes. Despite the

first two games, our final game resulted in a win (8-2). All the boys played extremely well and I thought that the competition allowed us to improve in certain things, such as formations, passing and shooting. Ike Matsuoka





#### **Boat Naming**

On Saturday 3 November, Sydney Boys High School Rowing thanked Tracy Whittaker for her dedication as President of the Committee for 3 years. We did this by naming a new quad after her. It is with parents like Tracy

that High rowing can survive and the naming of a boat after her follows the long tradition of High rowing naming boats after those that have had such involvement with the rowing program.



Tracy Whittaker with her sons – Matthew (SHS 2017) and Jordan (currently Year 10)

#### Key Dates in Term 4

Event	Who
Grammar Regatta – SIRC – November 10	Senior A, Year 10 1 <sup>st</sup> VIII, Year 9 1 <sup>st</sup> /2 <sup>nd</sup> Quad
Scots Regatta – SIRC – November 17	Senior A, Year 9 1 <sup>st</sup> /2 <sup>nd</sup> Quad
Melbourne Exchange – November 14-17	Year 10 VIIIs
Newington Regatta – Hen and Chicken Bay – November	All crews
24	
Back to the sheds race – December 1	All crews

		Canteen Price	List 2	2018		
Breakfast		Lunch and Rec	ess l	ltems	Hot Food	
		*So you don't miss out on	what you	want for		
Cheese Toast	\$1.80	lunch, make sure you ORDE	5		Chicken Fingers	\$1.80
Cheese & Tomato Toast	\$2.00				Chicken & Corn Roll	\$1.80
Cheese/spinach/tomato toast	\$2.20				Chicken Burger	\$4.50
Bacon & Egg Muffin	\$3.20	Sandwiches / Wraps / Rol	ls	Rolls	Chicken Mayo Roll (hot)	\$4.00
Hot Chocolate (Term 3 only)	\$1.00	Buttered Roll		\$1.50	Chicken Mayo Sandwich (hot)	\$3.20
Ham and cheese toast			Chicken Schnitzel Roll	\$4.00		
		Cheese & Salad (v)	\$3.00	\$3.60	Foccacia - chicken/avo/cheese	\$3.20
		Chicken & Coleslaw	\$4.00	\$4.60	Foccacia - chicken/mayo/cheese	\$3.20
	Chicken & Lettuce \$4.00 \$4.60 Garlic Bread (v)		\$1.80			
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese don, noodles	\$5.00
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$3.50
Fruit Salad		Dagwood Roll		\$3.80	Noodles In A Cup	\$2.80
Banana Bread		Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade small	\$4.00
		33			Pasta- homemade large	\$5.00
		Ham & Tomato	\$3.40	\$4.00		
		Ham & Salad	\$4.00	\$4.60	Pide - sausage, chicken/mushroor	\$5.00
		Roast Beef & Tomato	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$5.00
Drinks		Roast Beef & Mustard & Lettuce		\$4.00	Pie - Garlo's (halal)	\$4.50
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Pie - meat (sauce+20c)	\$3.80
300ml Flavoured Milk		Salad (v)	\$2.80	\$3.40	Pie - Pizza	\$3.80
600ml Plain Milk	-	Red Salmon & Salad	\$4.00	\$4.60	Pie - potato	\$4.50
600ml Flavoured Milk		Vegemite	\$1.20	\$1.50	Pizza Slab	\$3.20
Up & Go		Turkey cranberry Lettuce	\$3.80	\$4.40	Rice Box - homemade	\$4.00
Water - spring		Wraps	\$3.80	ψτ.τυ		\$3.00
Water - Pump	\$3.00		\$3.60		Sausage Roll Spinach Ricotta Roll (v)	
Water - Quench carbonated		Sushi	\$3.60		Steak & onion roll	\$3.00 \$4.00
Berri Juice	\$2.20	Vietnamese Rolls	\$3.60 \$3.60		Sweet Chilli Chicken Sub/Wrap	\$4.00
Derrijule	φ2.30		\$3.00		Traveller Pies	\$3.80
					Falafel wrap	\$3.00
					гааны мгар	\$4.ZU
					Miscellaneous	
					Tissues	\$0.60
	+	Salad Boxes(meat or egg)	\$6.00		Spoons / Forks	\$0.05
		Salad Box (plain)	\$5.00		(supplied free with meal puchase)	ΨU.UJ
Special Ordere			ψυ.00		Seasonal Foods	
Special Orders # If you have specific dietary needs or		Prices subject to change			**NB Not all food items are	
your favourite sandwich is not on the					available all the time. For	
menu - all you have to do is ask! We					example, home style lunch boxes -	
may be able to make it for you. Make sure you order before school.					pasta, rice, salads, soup etc are	
					all seasonal. Please check with	
					the canteen before you order.	
2018 PRICE					ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR	
8.30 to 9.00 am	1	*Breakfast is avai	lable	*Ti	me to place lunch ord	lers

# SCHOOL HOLIDAY COURSES Dec 2018 - Jan 2019

# Image: Constrained state stat

### FOR KIDS AND TEENS (Grades 5-12)

HSC Video Intensive / Stop Motion / Real Filmmaking / Video Editing with Premiere Pro / Blood & Guts Movie Makeup / Young Filmmakers Boot Camp / Special Effects Make-Up / AFTRS Film Club / Teens Digi Animation

PH: 1300 065 281

aftrs.edu.au

AFTRS

Australian Film Television and Radio School

# PARTICIPATE IN RESEARCH

# We need your help

## The Children's Cardiovascular Health Study

We are developing a simple method to measure aortic blood pressure in CHILDREN & TEENS to help identify early risk of adult heart disease.



We are seeking volunteers aged **9-15 YEARS** to take part in our research. The study will take place during a single visit. If you would like to participate or would like to enrol your child to participate, please contact us for more information.

Please contact Melinda:





02 86271924



This study has been approved by the Human Research Ethics Committee, Sydney Local Health District (Protocol No X16-0065 & HREC/16/RPAH/80) Version #3, 24/08/2018





#### Boden Institute of Obesity, Nutrition, Exercise & Eating Disorders

#### Validation of clinical tools for central blood pressure and vascular stiffness assessment in children

#### INFORMATION FOR PARENTS AND CAREGIVERS

#### Introduction

You and your child are invited to take part in a research study into cardiovascular health in children. The objective is to investigate whether non-invasive tools to measure cardiovascular health in adults can be similarly effective in children.

The study is being conducted within this institution by Associate Professor Michael Skilton and his team. Mr Tommy Cai, Ms Hasthi Dissanayake, Ms Alice Meroni and Dr Melinda Phang will be undertaking the investigations under the supervision of Associate Professor Michael Skilton.

The study is part of a national collaborative study coordinated by Australian Researchers at the University of Sydney, Macquarie University, Royal Prince Alfred Hospital, and the Childrens' Hospital at Westmead.

The study is being supported by a Research Development Project Grant from the NSW Cardiovascular Research Network.

#### Study Procedures

This study will take place on a single visit and require no more than 2 hours. If you agree to allow your child to participate in this study, you will be asked to sign the Parent Consent Form.

- Complete some questionnaires. These seek information on your child's medical and exercise history and your medical and pregnancy history. You and your child will be asked to complete two questionnaires – a Participant/Maternal Medical Questionnaire and a Physical Activity Questionnaire. <u>If possible, we ask that you bring your child's blue book to help complete parts of the Medical questionnaire.</u>
- 2. Blood pressure analysis. Using a non-invasive painless technique called applanation tonometry, which uses a pencil shaped probe placed on the skin above the pulse at your child's wrist, neck and arm. With this we are able not only to measure your blood pressure, but also the shape of the pulse at different locations as the heart pumps blood through the body.

- 3. Blood flow speed. Using a blood pressure cuff on the thigh and a pencilshaped transducer on the skin of at the neck, we are able to measure the speed at which blood travels through the abdominal aorta (the main blood vessel in their tummy). These measurements are quick, non-invasive and painless, and well allow us to study the main vessels of the body. This procedure will not require undressing.
- 4. (Optional) Manual measurement of blood flow speed. Use of a pencilshaped transducer on the skin of the thigh and the neck, as well as three ECG leads attached to the chest, will be used to manually measure the speed of blood through the abdominal aorta. This procedure will require partial undressing for placement of ECG leads on the chest and to access the main artery in the upper thigh.
- 5. Blood pressure control with exercise. A blood pressure cuff with an infrared light detector will be placed around your child's wrist, and a 3-lead ECG attached to your child's chest to measure their heart rate. We will continue to measure this blood pressure before and during a short period of physical activity (ie. Exercise bike) over a period of 20 minutes. <u>Please bring a comfortable pair of sneakers for your child for this part of the study.</u>
- 6. Ultrasound of the heart and blood vessels. This involves a safe ultrasound test to image your heart, abdominal aorta (the main blood vessel in their abdomen) carotid arteries (blood vessels in the neck) and brachial artery (blood vessel in the arm). This test uses a similar machine to the ultrasound used during pregnancy. When looking at the artery in the arm, we will inflate a blood pressure cuff over the area for 5 minutes, which may cause slight discomfort, but is otherwise harmless.
- 7. Body dimension measurements. We will measure your child's height, weight, hip circumference. Furthermore, we will use a device (BODPOD) in order to characterize your child's body-fat percentage. The BODPOD is a capsule-shaped device in which your child will sit. In order for the BODPOD to measure body-fat percentage accurately the participant must not be wearing loose-fitting clothing (appropriate clothing include swimwear, lycra exercise clothing, etc) and be wearing a swimming cap (which we will provide) for this part of the study. We will ask that you bring such clothing on the day, if available.

#### Risks

There are minimal risks of participating in this study, including:

- The sensation of the ultrasound gel and transducer on the skin, and the inflation of the blood pressure cuff around your child's arm, can cause some discomfort.
- Manual measurement of blood flow speed (optional). This is a non-invasive procedure that will not cause any harm, but will require partial undressing to uncover the chest and femoral artery in the upper thigh.
- For one of the ultrasound measurement, it will be required that we inflate a cuff on the arm for a short period of time. This will temporarily reduce blood flow to that arm and may cause slight numbness and tingling for a short

#### period after the measurement.

#### **Benefits**

While we intend that this research study furthers medical knowledge and may improve the tools used for early recognition of cardiovascular disease in children in the future, it will not be of direct benefit to you. However, if you wish, we can provide you with a copy of your child's body composition report at the end of the study.

#### Costs

Participation in this study will not cost you anything, nor will you be paid. However, you will be reimbursed for your travel expenses for study visits. As gratitude, we will offer you movie tickets at the end of the study.

#### Voluntary Participation

Participation in this study is entirely voluntary. You do not have to take part in it. If you do take part, you can withdraw at any time without having to give a reason. Whatever your decision, please be assured that it will not affect your medical treatment or your relationship with the staff who are caring for you.

We estimate that this study will take approximately 2 hours to complete. During this time your child could get distressed or upset. Please note that you have the right to cease participation or withdraw from the study without any consequence at any time.

#### Confidentiality

All the information collected from you for the study will be treated confidentially, and only the researchers named above will have access to it. The study results may be presented at a conference or in a scientific publication, but individual participants will not be identifiable in such a presentation.

#### **Further Information**

When you have read this information, Dr Melinda Phang, Ms Alice Meroni, Mr Tommy Cai or Ms Hasthi Dissanayake will discuss it with you further and answer any questions you may have. If you would like to know more at any stage, please feel free to contact Dr Melinda Phang on 8627 1924.

If you require directions to Charles Perkins Centre/RPA clinic or intend to drive, please let us know and we can provide you with details regarding directions and potential options for parking.

This information sheet is for you to keep.

#### **Ethics Approval and Complaints**

This study has been approved by the Ethics Review Committee (RPAH Zone) of the Sydney Local Health District. Any person with concerns or complaints about the conduct of this study should contact the Executive Officer (Sharon Falleiro) on 02 9515 6766 and quote protocol number X16-0065.

# 

# CAMBRIDGE MARKETS | EQ wednesday & saturday 8am-2pm

# SYDNEY BOYS HIGH SCHOOL Sir Roden Cutler and Lady Cutler Foundation **Scholarship**



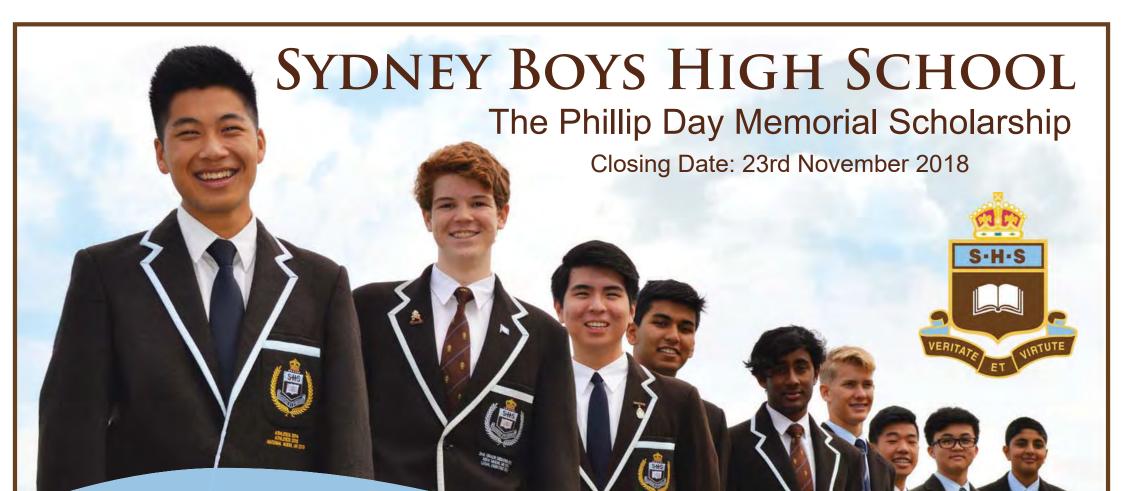
# Nurturing Scholar Sportsmen Since 1883

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Closing Date: 23rd November 2018

556 Cleveland St, Moore Park NSW 2021

Ph: 9662 9300



# NURTURING SCHOLAR SPORTSMEN SINCE 1883

To apply for a scholarship visit **www.sydneyboyshigh.com/scholarship** for full details 556 Cleveland St, Moore Park NSW 2021 Ph: **9662 9300** 

#### November/December 2018

09-11-2018

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 C	<pre>12 Attendance and Progress Review (all Years) Year 8 Yearly Exams Online Selective Schools Application for Year 7 2020 close Class tests: 10MaB-P5, 10MaC-P5 P+C Executive Meeting, Board Room 17:30 P+C Annual General Meeting, Staff Common Room, 18:30</pre>	<pre>13 Year 8 Yearly Exams Year 10 Peer Mediation Day, Room 203, 09:00-11:10 School Council Meeting, Board Room, 17:30-19:00 Marching Band Rehearsal, MPW, 15:30-16:30 Excursion: English: Macbeth, Year 9, Lunch, 11:10-15:20</pre>	14 Year 8 Yearly Exams Rowing: Melbourne High Year 9 Exchange Wellbeing workshop for parents: Untangling your teen from technology: practical strategies for parents, 19:00-21:00, Junior Library	Room booking, 506, 801,	16 *** Rowing: Melbourne High Year 9 Exchange Change of bell times: p1-9:30-10:25, p2-10:30-11:25, Lunch 11:25-12:05, P3 12:05-1:00, recess-1:00-1:20, p4-1:20-2:15, p5-2:20-3:15 Stewart House Day Mufti/BBQ (Y7 community service) Excursion: English	<pre>17 Sport: Group 1 SHS v Shore, Group 2 Shore v SHS Rowing: Scots Regatta, SIRC, (Senior, Yr 9 Quads) Rowing: Melbourne High Year 9 Exchange</pre>	18 Barberis Cup (Year 9 Cricket)
6 A	<pre>19 Year 10 Yearly Exams UNSW UN School Day, selected students Barberis Cup (Year 9 Cricket) Excursion: Ethical Leadership Day, The Sydney Jewish Museum, selected students</pre>	20 Barberis Cup (Year 9 Cricket) Year 10 Yearly Exams Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30 Marching Band Rehearsal, MPW, 15:30-16:30	21 Year 10 Yearly Exams Barberis Cup (Year 9 Cricket) Rowing: Committee Meeting, Staff Common Room, 19:00	22 Year 10 Yearly Exams Room booking, 506, 801, 16:30-19:45	23 White Ribbon Day, Coogee Beach, 07:00 Marching Band Rehearsal, MPW, 08:00-09:00 Year 10 Yearly Exams	24 Sport: Group 1 TSC v SHS, Group 2 SHS v NC Rowing: Newington Regatta, Hen and Chicken Bay (Junior Regatta) Room Booking: Grad ready, Classrooms, 08:00-20:00 OBU event: 1998 reunion, The Great Hall, 13:00-19:00	25 *** Cricket: East Coast Cup, Years 7, 8 Room Booking: Grad ready, Classrooms, 08:00-20:00 Jazz Workshop: 10:00-12:00 Jazz in the Courtyard, Rooms 101 + 201, 10:00-12:00,
7 B	26 Year 10 Meeting, Great Hall, 09:55-10:20 Mufti Day: Red, black and yellow day Cricket: East Coast Cup, Years 7, 8	27 Music Awards Assembly, Great Hall, 09:55-10:40 (8, 10, 11) Year 9 Meeting, Great Hall, P3 Cricket: East Coast Cup, Years 7, 8 Orientation Afternoon for Year 7 and other new students in 2019, 15:50-18:30 Public Speaking competition: Senior Library, 18:00-20:00	28 Year 11 HSC Assessment Exams Year 10 camp briefing-P1, Senior Library Cricket: East Coast Cup, Years 7, 8 Brainstorm Productions: Verbal Combat, Year 9, 14:15	29 Year 11 HSC Assessment Exams Geography Excursion: Year 10 elective, Urban Planning, Observatory Hill Environmental Education Centre, 10:00-15:00 iiate STEM, Technology, Engineering, Industrial Arts conference	30 Closing date for Awards Scheme 2018 Year 11 HSC Assessment Exams Marching Band Rehearsal, MPW, 08:00-09:00 iiate STEM, Technology,Engineering, Industrial Arts conference	1 Sport: Group 1 TSC v SHS, Group 2 SHS v TSC, Raschke Cup Honeybees Concert, The Great Hall Room Booking Room Booking: Grad ready, Classrooms, 08:00-20:00 iiate STEM, Technology,Engineering, Industrial Arts conference	2 Cricket: Five Highs, Adelaide Room Booking: Grad ready, Classrooms, 08:00-20:00
8 C	3 *** Opening date for Awards Scheme 2019 Year 10 Outdoor Education Camp Year 7 Meeting, Great Hall, 09:55-10:20 Chinese Excursion, selected 7+10 students, Chinese Garden of Friendship, 11:10-15:20 (teachers TBC) Cricket: Five Highs, Adelaide Basketball: National	Camp	5 Year 10 Outdoor Education Camp Cricket: Five Highs, Adelaide Basketball: National School Championships, Melbourne (15s+Opens) (tbc)	6 Year 10 Outdoor Education Camp Cricket: Five Highs, Adelaide Basketball: National School Championships, Melbourne (15s+Opens) (tbc) Class of 1961 cocktail party, room tbc, 17:00	7 Year 10 Outdoor Education Camp Marching Band Rehearsal, MPW, 08:00-09:00 Cricket: Five Highs, Adelaide Basketball: National School Championships, Melbourne (15s+Opens) (tbc)	8 Room Booking: Grad ready, Classrooms, 08:00-20:00	9 Volleyball: Australian Volleyball Schools Cup (AVSC) Room Booking: Grad ready, Classrooms, 08:00-20:00 Lunch: Rifle Shooting, The Great Hall, 11:00-16:00