



From the Principal

Term 1 Ends



As the term winds down I would like to express my thanks and congratulations to all staff, students, coaches, parents and Old Boy volunteers for their efforts this term. It has been productive, rewarding and convivial. The school is undergoing a major maintenance program, replacing carpet in nearly every teaching space, common area and staff room. Everybody has been very cooperative and understanding about the interruptions inevitably caused during such a refit. Thank you all. Have a well-earned break!

The School Plan 2018-2020 – Part 2



What are some practical things we plan to do to achieve the goal of *greater engagement and meaning* at school.

- Lessons that focus on skill development.
- Teaching practice that centres on future focussed learning skills.
- An annual review of teaching programmes across all KLAS. Autonomy to be embedded in all teaching and learning programmes.
- Fostering better motivation with more tasks that have complexity and autonomy.
- Create experiences that develop character by promoting mindfulness (self-regulation and behaviour), curiosity, courage, resilience, ethics and leadership that benefits our students.
- Scaffolding student success – creating hierarchies of student success and broadening the meaning of success
- Broadening the practice of dispositional teaching. We need to operationalise the aspirational. Thinking routines and personalised learning help to grow learner engagement and confidence. We know what works and what to do. It is now up to us to work with each other and the students to do it.

Lighting up literacy is our second major goal. Our boys need to read and write with more

confidence, sophistication and skill. Our boys need to develop stronger, more confident voices as writers. They need more discernment so that they don't overwrite responses. They need to be pertinent and succinct according to context. We are commencing with a school wide focus on audience – writing with the intended audience in mind. Teachers will emphasise the necessity of developing an individual 'voice' in all our boys. They need to be trained to write their personal responses to questions and to give their considered interpretations or evaluations. There will be a school wide emphasis on the explicit teaching of grammar, using booklets or other means. Teachers will have a literacy focus in one of their observation lessons. Faculties have agreed to set an oracy task to build self-confidence and skill among our boys called on to speak in front of their peers. The idea of 'lighting up literacy' works hand in hand with the dispositional teaching practices that we are employing.

2017 Budget Summary

The total income from DoE, school and community sources was \$5,643,030 (2016-\$5,077,782). Within that amount, Grants and Contributions were \$1,247,462 (2016-\$1,387,296). Global Funds from DoE were \$454,459. Tied funds from DoE were \$415,532 (2016 -\$314,853) reflecting the inclusion of community engagement, school chaplain and beginning teacher payments and increased targeted equity funding. Interest earned was \$24,793 (2016-\$16,162). Trust receipts were \$615,467 (2016-\$782,166). Total funds available were \$5,643,030 (2016-\$5,683,521). Total payments rose to \$5,583,950 (2016-\$5,001,545) but there were thirteen months in the budget as we change over to LMBR. Key Learning Area expenditure was \$365,736.



Excursion expenditures were \$298,674. Extra-curricular payments were \$1,149,415 (2016-\$1,956,000). Trust payments were \$616,422. Utilities costs were \$93,834. Administration and Office expenses (excluding GST paid)

were \$363,208. Maintenance costs were \$101,461. Capital program expenditure was higher \$218,512 (2016-\$132,701). Overall, payments as a percentage of funds available are better at 84.42% (2016- 88.0%; 88.34% - 2015). **At High, the reliability of our income flows from parents has allowed this very high expenditure percentage to be maintained for 19 years.** Your support by paying your invoices helps us to maintain what we have and improve where we can.



Anzac Day Assembly

We had an early Anzac Day assembly again this year. It is an important date on the DoE calendar. Schools see this assembly as a rite of passage and an opportunity to inculcate Australian values. My speech to the assembly is reprinted below:

Distinguished guests: Colonel Brendan Casey, Commander NSW Australian Army Cadets, Lt-Col Michael Sommer, Commanding Officer- UNSW Regiment and Mr Barry Collins OAM, President Coogee-Randwick RSL Sub-Branch welcome to High. A special welcome is extended to our Old Boy guests: Commander Andrew Dale RFD RANR, Ross Whittle (Treasurer, Maroubra RSL), Alf Tremain, Ian Devereaux and Fred Kaad. Guests, staff and students, welcome to our Anzac Day Assembly. This is our last opportunity before April 25th to commemorate our important national day. On this special occasion, we remember the sacrifice of our soldiers in World War 1, particularly in the Gallipoli campaign. Also, it is appropriate at this time of year to acknowledge and applaud the work of our service personnel in harm's way. Operation SLIPPER is continuing as Australia's military contribution to the international campaign against terrorism, maritime security in the Middle East Area of Operations and countering piracy in the Gulf of Aden. Some 1550 ADF personnel are based within Afghanistan as part of Operation SLIPPER, another 830 personnel are deployed across the broader Middle East Area of Operations. Australia continues to have a presence in East Timor with 390 personnel serving as members of the International Stabilisation Force.

This morning I want to take you back one hundred years to Northern France. It was a critical stage of the war in the Spring of 1918. USA's massive deployment of troops to France would tip the balance unless a major offensive pre-empted their influence. At 0440 on March 21, General Ludendorff launched *Operation Michael* on a 50 mile front between Arras and St Quentin. He sent in 70 divisions supported by a creeping

barrage fired from 6,400 guns. New tactics were employed. Intense artillery for 5 hours along with infiltration by infantry. No more straight lines, no more being held up by strong points. The aim was to bypass obstructions and keep moving forward. The strategy was to break through the British lines, split the British and French and turn right to attack the channel ports to the north.

After one day, the Germans had taken 98 square miles and captured 21,000 prisoners. The British divisions withdrew and Field Marshall Haig correctly, if belatedly, perceived the depth of the crisis. Uncharacteristically, he made one of his best decisions of the war and appointed General Foch to take command of all forces in the area – British as well as French. Foch got the defence organised.

An important objective for the Germans was Amiens. If they could take it they could swing north and drive to the sea. Standing in their way were the Australians at Villers-Bretonneux. The Germans broke through at first but the Australians re-grouped and counter attacked. The German advance was halted at a critical place where Australians made history.

By April 5, 1918, *Operation Michael* ran out of momentum. Despite capturing 75,000 prisoners and taking 1,000 square miles of territory, the campaign ended in failure for the Germans. They didn't achieve the objective that may have won them the war. The Allies lost 240,000 men but the Germans lost 250,000. With the Americans arriving in large numbers every week, the Allied armies could be replenished with fighting men, whereas Germany was running out of replacements.

As we celebrate the centenary of World War I, we should remember how close the contest was and how important were the actions of individual military leaders to the outcomes of battles. Australians fought at strategically important places such as Ypres and Villers-Bretonneux. Their bravery, initiative and self-belief had considerable impact on military outcomes.

At this time of year as we commemorate Anzac Day, our feelings are often ambivalent. We are struck by the horror and waste of human life that war produces, but simultaneously, we are inspired and impressed by individual acts of human courage, stoicism and self-sacrifice.

National days are important because they offer opportunities for collective reflection on human nature at its best and worst. It is a chance to reaffirm our values, to consider what binds us as a society. On Anzac Day, even though this year it is still 12 days away, take the time for individual and family reflection. We live in a democratic society with the rule of law, separation of powers and a strong system of social justice. Be grateful for these benefits and thoughtful about those who died to defend our cherished way of life.

Dr K A Jaggar
Principal

Meet The Prefect Intern

It's interesting when I wonder what I've learned at High in my past 6 years. Sure, High has given me great opportunities in sporting, academics, music, leadership and much more, but it's not just that. High has taught me independence. In the first week of school, I



remember a teacher telling me: No

I can't help you, be independent and find your own solution. Back then I despised the word, not understanding how to finish 3 subjects worth of homework in a night clashing with training. Slowly the regret of joining the vast extra-curriculars disappeared and waking up for a 7 o'clock basketball training was weirdly enjoyable. Through this, High has taught me skills largely applicable to aspects other than school. Work ethic, social skills, teamwork, leadership and of course, independence.

I had always been interested in High's social events, especially with inter-school relations. Being in GPS basketball, volleyball and athletics for all 6 years, competing against 8 other schools every Saturday with amazing competition is truly a delight I look forward too. With countless opportunities like this, I had created many friends not only from High. External Relation is a role created this year with our public relations prefect to create more opportunities to tighten our relationships with other schools. Look forward to our projects and events with other schools!

Yirong Shen

External Relations Prefect



Letters Re Student Absence/Late Arrival/Early Leave

When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or guardian. If your son is going to be late for school a note is also required. Alternatively, you may contact the school by phone on 9662 9300 and dial "1" for the absentee line.

If your son has an early leave note he is required to have his note signed by either Mr Dowdell, Ms Powell or Mr Prorellis **before 9:00 am** and handed in to the Main Office immediately after. Each letter should be signed by a parent or guardian with the **name, date and roll class** of your son **printed clearly**. Your son needs to pick up a leave pass from the Main Office before he leaves the school.

Absences

Absences – School: absences@sbhs.nsw.edu.au

Absences – Sport: absences.sport@sbhs.nsw.edu.au

Leave

If you require **extended leave** for your son **exceeding four days** please, apply in writing, on the departmental application leave form which is available on the parent portal or front office. Your son must then present this application to Dr Jaggar for permission for extended leave. Please note that leave applications need to be submitted **four weeks prior** to your son's leave of absence.

Sharon Kearns

SAM

How To Survive The HSC?

Parents and Students: come along to meet our panel of 2017 HSC graduates who will answer your burning



questions about how to cope with the HSC – time management, nutrition, sport, sleep etc

Where: Great Hall, SBHS

When: Monday 14th May from 6.30pm – 8.00pm

For questions and RSVP please contact

P&C Secretary Kim Markworth on

Markworth.Kim@gmail.com or 0415 842 423

CASH REGISTER RECEIPTS



Cash register receipts for all items (with the exception of General Contributions and Tax deductible receipts) **are not delivered to students in classrooms**. Receipts for payments made via telephone, the online payment system or left with the office for processing will need to be **collected by the student** before the end of each term.

Receipts will be available for collection from the **McDonald Wing Office** during the following times:

Monday to Friday
Lunch 2

Uncollected receipts will be destroyed at the end of each term and copies will not be reissued.

Receipts will still be issued directly when paying in person at the register.

Sharon Kearns
SAM



ISC FOOTBALL TRAINING MESH

For all A & B Teams

Now Available for Purchase from the High Store

\$35

M Gentile



High Store CHESS NEWS

Congratulations to the boys who were successful in making a team for the NSW Junior Chess League Inter-School Competition which begins on Friday 11 May. These are our teams for 2018:

SENIOR A

Peter Boylan
Ryan Kc
Henry Chen
Amerthan Thevathasan
David Zeng Yin

SENIOR B

Nishant Suriyadeepan
Lenard Jia
Nam Anh Dang
Dean Rong
Vishesh Sarda
Oscar Dumas

INTERMEDIATE A

Kerwin Ma
Ryan Lee
Justin Wayne-Lowe
Kalaish Stanley
Jinghan Wu

INTERMEDIATE B

Mridul Pant
Simon Wu
Matthew Ko
Mathew Ye
Derick Lin

JUNIOR A

Jack Keating
Austin Liu
William Wibawa
Maroun Rahme
Dean Nguyen

JUNIOR B

Harry Lao
James Kim
Tri Nguyen
Michael Boylan
Andre Baruah

Rowena Barr
MIC Chess

MUSIC NOTES

Term 2

All ensembles and private instrumental lessons commence from Week 1 [i.e. from Tuesday 1st May] in Term 2 [unless advised by ensemble conductor and/or tutor]. Years 7-9 are not excused from ensemble and instrumental lessons during the Half-Yearly Exam period [this does not include Years 10-12].

Annual Music Camp 2018

Consent and Medical Forms are due by Thursday 3 May [Term 2, Week 1] to the main school office. Letters have been distributed to students and have also been sent to Parents and Guardians on the Music Contact List. Mandatory attendance is required for all students in music performance ensembles at SBHS i.e. Concert & Stage Bands; String & Orchestra; Jazz, Guitar and Percussion Ensembles.

Marching Band

There are 2 COMPULSORY holiday rehearsals during the Term 1 break before the Anzac Day City March on Wednesday 25 April 2018.

- Thursday 19 April: 9.30am- 12.30pm [Mufti]
- Monday 23 April: 9.30am-12.30pm [Full School Uniform]

Students marching on Anzac Day are dressed in FULL SCHOOL UNIFORM [white shirt, long grey trousers, tie, black shoes & BLAZER]. If you do not own a blazer, please ask Junior/Senior Student[s] who may be willing to lend their blazers and/or purchase from the Uniform shop. Letters have been distributed to students and have been sent to Parents and Guardians on the Music Contact List. Consent Forms are due by Thursday 19 April to the Music Department.

Music Storage Room

Students have been informed to take their instrument[s] home over the holidays. Do not leave them in the Music Storage Locker Room during the term 1 break.

Parent/Guardian Music Contact List

Please send the following details to music@sbhs.nsw.edu.au if you would like to receive emails regarding the Music Performance Program only [i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.].

- Email Subject Line: Music Contact List
- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jazz Ensemble Room 101 7.45am	Senior Concert Band Room 201 7.45am	Junior Stage Band Room 101 7.45am	Symphony Orchestra Room 201 7.45am	Senior Strings Room 101 7.45am
Intermediate Concert Band Room 201 7.45am		Intermediate/Senior Stage Band Room 201 7.45am	Junior Strings Room 203 7.30am	Marching Band MPW 8.00am <i>Term 1 & 4 ONLY</i>
Guitar Ensemble Room 203 8.00am		Philharmonic Orchestra Room 203 7.30am		
	Percussion Ensemble Room 201 3.30pm			
	Marching Band GH 3.30pm <i>Term 1 & 4 ONLY</i>			

Please note that the schedule is subject change (Check with ensemble conductor)

*Marching Band is on Tuesday afternoons 3.30pm-4.30pm & Friday mornings 7.45am-9.00am for ALL of Term 1 & 4. The Marching Band performs in the Sydney City March on Anzac Day (25th April) each year.

*Students need to remember to schedule lessons at a different time to music ensemble rehearsals. An attendance rate of 80% is necessary to obtain Award Scheme Points and a Music Pocket for senior students

2018 Music Ensemble Schedule

Music Events Calendar

Date	Event	Music Students Involved
Friday 13 April	Anzac Day Ceremony, Great Hall	Piano Players & Trumpet TBC
Thursday 19 April	Marching Band Holiday Rehearsal #1, 9.30am-12.30pm [GH/MPW]	Intermediate & Senior Concert Bands, Junior & Intermediate/Senior Stage Bands, selected Percussion Students
Monday 23 April	Marching Band Holiday Rehearsal #1, 9.30am-12.30pm [GH/MPW]	Intermediate & Senior Concert Bands, Junior & Intermediate/Senior Stage Bands, selected Percussion Students
Wednesday 25 April	Anzac Day City March, time TBC	Intermediate & Senior Concert Bands, Junior & Intermediate/Senior Stage Bands, selected Percussion Students
Tuesday 1 May	Term 2 Commences	All private lessons and ensembles commence Week 1 in Term 2
Monday 4 June- Wednesday 6 June	Music Camp at Merroo Christian Centre [182 Mill Road, Kurrajong NSW 2758]	All Music Ensembles [mandatory attendance Years 7-12]
Wednesday 6 June	Music Camp Concert, 6.30pm – Great Hall	All Music Ensembles [mandatory attendance Years 7-12]

Music Events are continually added and are subject to change.





1.00 - 3.00 pm
Monday 14 May 2018
Ms Dam & Mr Prorellis



CHS Selection Trials

This year, the Cross Country event will involve **the whole of Year 7**, all **NEW** students to the school, **20 students** from each competing age group and 7 staff members. The carnival will be held at Centennial Park, McKay Oval & fields. Students selection will be based on the top 10 places from the previous year's cross country event and a further 10 competitive students who would like to register and compete in this year's event.

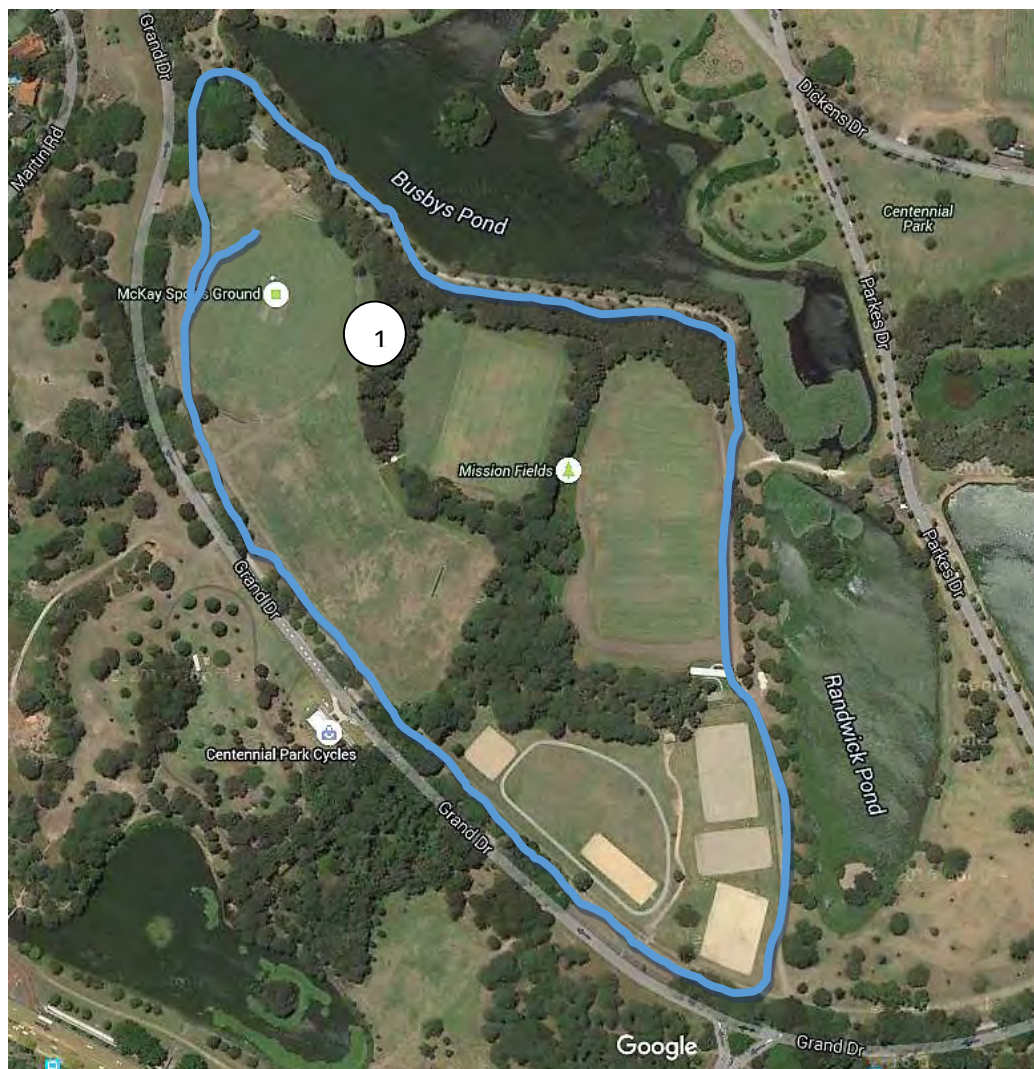
Students interested in trialling for the CHS Cross Country representative team are to see Ms Dam in the IA Department, to register their interest. If your name is not on a registration list, you do NOT trial.

Parents:	Your son will be dismissed earlier than usual on <i>Monday, 14th May 2018</i>			
Program:	1.00 pm	17 & 18 years	6 km	3 Loops
	1.20 pm	16 years	4 km	2 Loops
	1.40 pm	15 years	4 km	2 Loops
	2.00 pm	14 years	4 km	2 Loops
	2.20 pm	13 years	2 km	1 Loops
	2.35 pm	12 years	2 km	1 Loops
Directions:	<ul style="list-style-type: none"> Students are to attend regular classes for periods 1 & 2 (recess). Students leave for Centennial Park at the start of Period 3 for the Cross Country CHS Trials. On the day of the carnival, Year 7 students are to wear either PE gear or sportswear for the day. Students are to cross the road at lights only. Runners should eat their lunch at the recess break, so not to get sick while competing in the race. New students will have a pre-race course walk to familiarise themselves with the course. Stay in supervised viewing area and watch the other years until your race is called. When your race is called go to the starting area. At the finish you will be given a place ticket. If you are in the first 15 places you go to the first 15 table to have your position recorded, and then proceed to your House Roll Table. All runners to proceed with finish ticket to your House Roll Table to have your attendance marked. Tell the teacher your name, roll class and finishing position. After the race you will be dismissed by a teacher. 			
Rules:	<ul style="list-style-type: none"> Everyone attends and must compete <u>unless you have a doctor's medical certificate for illness.</u> Students with a Medical certificate must hand it in to Mr Barris by 9am on Friday morning. You must run in shoes. Stay on the course and follow directions from course marshals. Spectators must stay within the viewing area and are not permitted on the course. Winning house determined by the lowest total of the first ten runners to finish. To qualify for the Award scheme you must compete & finish. Top ten runners will comprise the provisional school team to compete at the zone. Only the first 15 places will be timed. Cross Country Champions will be selected from this event. Any MIC ruling is final. 			
Additional Info:	<p>The School Cross Country is the first qualifying event within the CHS Competition.</p> <p>The first 10 runners for each age division will make up the school team for the Eastern Suburbs Zone Carnival. The first 10 runners at the Zone Carnival will compete at the Sydney East Regional Carnival and the first 10 runners from Regional Carnival go on to the NSW All Schools Carnival.</p>			

Blue track used for all age groups.

Anti-clockwise direction.

CHS Selection Trials



1 Course Map & Directions

Start and finish.

Parents:				
Program:	1.00 pm	17 & 18 years	6 km	3 Loops
	1.20 pm	16 years	4 km	2 Loops
	1.40 pm	15 years	4 km	2 Loops
	2.00 pm	14 years	4 km	2 Loops
	2.20 pm	13 years	2 km	1 Loops
	2.35 pm	12 years	2 km	1 Loops

Your son will be dismissed earlier than usual on
Monday, 14th May 2018

GPS Swimming Season 2018

This year, the GPS season followed the traditional approach, starting with the Newington and Riverview qualifying carnivals, followed by the three competition carnivals at SOPAC. Qualification from here follow through to CIS and All Schools State finals.

After a few strong seasons, the rebuilding of strength needs to take place. This season, the focus was to gain GPS selections based on individual performances rather than relays. Our relay teams have performed credibly throughout, finishing on average in 5th to 6th position missing selections. Over the qualifying carnivals at Newington and Riverview our performances were strong, but those results did not eventuate at the championship carnivals 1, 2 and 3.

The atmosphere on the last carnival at SOPAC was electrifying with over 250 supporters showing up which made the night special for our team of swimmers.

A special thanks to Dr K Jaggar, Mr S Marcos, Mr M Aldous, Ms J Eggleton and Ms Loizou for supporting the team and to the parent community who go to extra lengths to facilitate the swimming needs of their children.

The 2018 GPS team was made up of the following boys:

12 Years – Kaden Kuang and Ryan Dinh

13 Years – Jaden Yi, Fraser Wait, Sean Lim, Alexander Lee and Mahmoud Adel

14 Years – Song Chen, Jason Yan, Patrick Yi, Nathan Wang and Adam Davies

15 Years – Blair Zong, Ike Matsuoka, Dean Casarotto, Jack Nguyen and Lachlan Ho

16 Years – Derek Sae-Jong, Jimmy Xu, James Luo, Yung Kim and Matthew Maloney

17 Years – William Amos, Irvin Tsui, David Goh, Allen Guo, Brendan Purdon and Pico Dos Santos

18 Years – Adam Feng, Luke Posumah, Jonathan Zheng, Eric Holmstrom and Jack Horton.

All GPS/CIS/All School carnival results for the 2018 season can be viewed on the AAAGPS website:

<http://aagps.nsw.edu.au/summer-sports/swimming/results/>

The following swimmers gained selection in the GPS team and competed at CIS

Adam Feng, David Goh, Ike Matsuoka, Patrick Yi and Jaden Yi. Good luck to them all in the upcoming CIS carnival leading to All Schools State championships.

P Loizou

MIC Swimming



SHOOTIN' 232 HOOPS

After another wonderful Basketball Dinner, we would like to thank all the organizers who made it possible, and as smoothly as possible. Congratulations to Adam Gordon on receiving MVP and Jevon Somander on receiving MIP for second grade. Finally, congratulations to Sebastian Diaz, who received the most valuable player for firsts. Sebastian is now recorded as one of the most efficient players statistically in High history! Well done! While we're on the topic, our very own Mr Hayman arrived back the same morning of the day of the dinner from an NABC (National Association of Basketball Coaches) Convention in the USA. Aside from meeting the likes of Patty Mills, Gregg Popovich, arguably one of the best coaches in basketball history and seeing the NCAA Final Four, the meeting was important for improving the High basketball program, furthering contacts and allowing more students to be exposed to more opportunities to play basketball overseas, whether by a College scholarship or otherwise.

That's all for now... again. Make sure to put in work during the offseason, and come back better than before. High basketball has gained more and more momentum after each season due to hard work and chemistry in our teams. **Thank you to Mr Hayman, Mr Higgins** and all the coaches of the teams. Thank you to the statistician, video recorders, families that run the barbeque and contribute to High basketball. Thanks to all the parents, and finally, thank you to all the players. To finish things off, we would like to present a speech from the Captain of High Basketball, Oscar Dumas

Good evening Dr Jaggar, teachers, coaches, parents and comrades,

Basketball is the beating heart of this school. Saturdays being the heart attack. The ethos of High basketball is

winning and we are notorious for achieving this by playing hard, smart and together. As well as adhering to the principles of our coach Mr Hayman.

It is widely known in the basketball sphere that the most professional team prevails. For the first grade team, we were quite professional this year. Our season was characterised by sore limbs, countless hours spent in Room 901, tape ripping hair out of our ankles. What defined us is that we became comfortable with being uncomfortable and understood the feelings of the basketball.

As the team welded closer into a family, our identity was conceived. We maintained this throughout the season, as bodies grew and minds matured. All tactics and strategies stemmed from this identity we had formed, which involved a fast-paced game, aggressive defence and relentless rebounding. A wonderful moment was when we discovered how to play fast-paced while being structured and not forgetting the ball behind us as we ran up the court. That is when we started playing the 'Highway.'

An inertia in our focus resulted in losses in Melbourne at the National Championship and the first two games of the GPS season. However, a change of commitment sparked a great leap forward and we won the last five games of the season in convincing fashion. It can be read on the AAGPS website that we achieved 5 wins and 2 losses - 3rd place on the ladder.

Looking back at the lessons we have learnt, the friendships we have made and the memories we will retain, I can say in certitude that this has been a successful season.

I congratulate all teams from 13s to opens and As to Fs. Well done on a victorious and memorable season.

I would like to thank Dr Jaggar for his diligent efforts as principal of this school and for always supporting the students. I also want to celebrate the following people tonight: Tom Neale, Bruce Gordon, Eric Dorbek, the janitors and cleaners, the referees and supervisors, the statisticians and bench staff, the teachers and coaches, the mums and dads. Good luck and goodbye.

(Speech edited by High Notes Editor)



(Left to right) Dr Jaggar, Chris Chiam, Tom Neal, Mr Marcos, Mr Higgins



Mr Hayman at the Final Four



Mr Hayman with Patty Mills



Mr Hayman and Mr Higgins with Seconds MVP Adam Gordon



First Grade at the basketball dinner



Mr Hayman and Seb Diaz



Second grade at the basketball dinner

Go HIGH!
Play Hard, Play Smart and Play Together!
Thanks to everyone who makes Shootin' Hoops possible
Brought to you by Adam Gordon and Alex Zhou



SBHS FC

Hello Football Community

For those who I haven't met, my name is Jason Hayhurst and I am the new MIC and Football Coordinator for the school program. I would like to welcome you all on board as we look forward to working with your sons over the coming season. We had our first run out last Saturday where most of our senior grades and our A and B junior grades played Cranbrook school in trial games. The rest of us played internal games. Whilst most results weren't what we are looking for, there is certainly a lot of promise as we move towards the start of the busy season term 2 and 3. At this early stage, I would like to take this opportunity to discuss communication channels and some general housekeeping. Firstly all the boys and yourselves as parents should have downloaded "TeamApp" from:.

<https://www.teamapp.com/clubs> to your mobile phones. Please search for Sydney Boys High School, where I can approve your application. The players will add a second team to the app, as their coaches should invite them



to connect. All communication is then under one app. Parents please feel free to join both. We would really like to see more parents getting involved on game days. Your support is invaluable to the success of what we accomplish on the pitch. We ask that all appointed captains get their parent/s involved as team managers to help with the smooth running of the team's activities on game day. The more people that help the easier it becomes for all of us.

School Holidays

We now move into our Term 1 holiday break. Over the Autumn break we have our football camp for all players. If you are not registered, please do so by Friday 13 April.

Our senior squad will be attending a football camp at Football NSW's Valentine Park and will be participating in the annual St Andrew's Cup on 17 &

18 April. Please feel free to go and support them as the boys would very much appreciate it.

Training will re-commence on Wednesday 2nd May with another trial match against Scots on Saturday 5 May. Thank you to everyone for a great start to the season. Enjoy your well-deserved break and let's be fresh and ready to go for term 2. Keep up the good effort and I am sure SBHS FC will continue to have a successful season.

Jason Hayhurst
MIC Football

Jottings

On Monday 19th March, our 1st XI played their first round of the CHS Knockout Tournament against Cronulla High. It was a particular tough assignment as High went down 1-0 to a very good team. We will aim to do better next time.

There is football parking this Saturday 14 April 2018. Please help by volunteering. Every dollar earned goes back to the football program.

MANGA SBHS FC



TO BE CONTINUED...



High Spirit

SBHS v's

Results

13A 12-15L MOM Anthony Wang

14A 19-27L MOM- Adrian Wong

15A 19-22L MOM William Cui

16A 14-17L Joshua Zhang

3rds 7-35L MOM Albie

2nds 5-29L MOM Billy Matsos

1sts 7-56L MOM Will Choi



1st XV Report

Following fifteen minutes of solid defence against St Josephs, the First XV let in a careless try. After this, a combination of limited training together and a lack

of game fitness allowed Joeys to win the game 56 – 7. We were happy with a very strong first quarter of the game, and from this, we saw that the entire team was willing to work for each other. Man-of-the-match was Will Choi, who was all over the field making tackles and putting in a great effort all round. It's now just a matter of training together, getting our fitness up, and refining game skills as the season progresses to allow us to put more points on the scoreboard and hold out our opponent's offence for even longer.

Archie Fox (12T)

Team of the Week 15As

With a beautiful day in our hands the 15As were ready to play. Our teams' set plays were magnificent with Sam Colgan linking up with William Cui who burst through the line on numerous occasions. Our line speed was a massive improvement in result of the hard work in training. With a few sloppy tries and some lacklustre defence around the ruck, allowed Joeys to scrape the victory by 3 points.

2nd Grade Match Report

Our first full game of the year was up against the 7th Grade Joeys team. We had an average first match considering the fatigue from the offseason

along with everyone being relatively new to playing with each other. For the majority of the match we held possession of the ball and managed to push them fairly hard with Billy Matsos managing to go over for our only try, however Joeys proved to be too much for us and showed we have a lot to work on before our next match.

Peter Boylan (11R)



3rd Grade Match Report

In our first game as a team the 3rd XV learnt a lot and are looking to improve for the coming season. Today's loss against St. Joseph's was hard but an important experience for the members of our team who have never played rugby before. MVP is Albie



as halfback for his many passes off the ruck and facilitation of our offense.

Dev Lalwani (12S)

16As Match Report

This weekend we had a disappointing loss to Joeys. After allowing them to score a very soft try in the first few minutes we were on the back-foot right from the start. For the first half we defended our line hard and managed to keep Joeys out, eventually getting some possession and scoring a converted try, putting us ahead. In the second half Josh Z stormed over the line off of a penalty tap to put us a try up. Soon joeys clapped back with a try of their own but Mitchel's conversions put us ahead and we simply needed to keep the ball under control for the final 6 minutes. This feat was easier said than done as joeys mounted the pressure and forced an error off of our scrum in our own red-zone and soon they went over to score the winning points.

Noah Robertson (10S)

13As Match Report

After a positive start to the season, Sydney High U13s wanted to continue to improve and develop into better rugby players. We started well, with a great run from Anthony Wang which set up a try for Don Tran in the corner. St Joseph's college put up great attacking raids and our defence was tested. A well drilled Joeys side, in the end defeated us, 15 - 12. However, Sydney High didn't go down without a fight. We showed great determination, led by our man of the match, Anthony Wang, who led from the front in defence, putting on some big hits and also fitting into positions unfamiliar to him whilst playing exceptionally well. Sydney High U13s continues to show great signs of improvement.

Saxon Gerstl (7M)



SBHS WEIGHTS ROOM



<u>Holiday Weights Training Schedule</u>			
Week 1			
Day	Monday	Wednesday	Friday
Date	16-Apr	18-Apr	20-Apr
Time	7-9am	7-9am	7-9am
Coach	Rick	Rick	Rick
Week 2			
Day	Monday	Wednesday	Friday
Date	23-Apr	25-Apr	27-Apr
Time	7-9am	7-9am	7-9am
Coach	Kurt	Rick	Kurt

Continue your training and progress by coming into the weights room during the holidays.

"Talent you have naturally. Skill is only developed by hours and hours and hours of beating on your craft" -Will Smith.



Old boy Rick Saha representing the school weightlifting club and Australia last year.

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Canteen Price List 2018

Breakfast		Lunch and Recess Items			Hot Food	
		*So you don't miss out on what you want for lunch, make sure you ORDER it before school				
Cheese Toast	\$1.80				Chicken Fingers	\$1.80
Cheese & Tomato Toast	\$2.00				Chicken & Corn Roll	\$1.80
Cheese/spinach/tomato toast	\$2.20				Chicken Burger	\$4.50
Bacon & Egg Muffin	\$3.20	Sandwiches / Wraps / Rolls		Rolls	Chicken Mayo Roll (hot)	\$4.00
Hot Chocolate (Term 3 only)	\$1.00	Buttered Roll		\$1.50	Chicken Mayo Sandwich (hot)	\$3.20
Ham and cheese toast	\$2.20	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00
		Cheese & Salad (v)	\$3.00	\$3.60	Foccacia - chicken/avo/cheese	\$3.20
		Chicken & Coleslaw	\$4.00	\$4.60	Foccacia - chicken/mayo/cheese	\$3.20
		Chicken & Lettuce	\$4.00	\$4.60	Garlic Bread (v)	\$1.80
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese don, noodles	\$5.00
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$3.50
Fruit Salad	\$3.50	Dagwood Roll		\$3.80	Noodles In A Cup	\$2.80
Banana Bread	\$2.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade small	\$4.00
					Pasta- homemade large	\$5.00
		Ham & Tomato	\$3.40	\$4.00		
		Ham & Salad	\$4.00	\$4.60	Pide - sausage, chicken/mushroom	\$5.00
		Roast Beef & Tomato	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$5.00
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pie - Garlo's (halal)	\$4.50
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Pie - meat (sauce+20c)	\$3.80
300ml Flavoured Milk	\$2.20	Salad (v)	\$2.80	\$3.40	Pie - Pizza	\$3.80
600ml Plain Milk	\$2.00	Red Salmon & Salad	\$4.00	\$4.60	Pie - potato	\$4.50
600ml Flavoured Milk	\$3.00	Vegemite	\$1.20	\$1.50	Pizza Slab	\$3.20
Up & Go	\$2.00	Turkey cranberry Lettuce	\$3.80	\$4.40	Rice Box - homemade	\$4.00
Water - spring	\$1.20	Wraps	\$3.80		Sausage Roll	\$3.00
Water - Pump	\$3.00	Anari	\$3.60		Spinach Ricotta Roll (v)	\$3.00
Water - Quench carbonated	\$2.20	Sushi	\$3.60		Steak & onion roll	\$4.00
Berri Juice	\$2.50	Vietnamese Rolls	\$3.60		Sweet Chilli Chicken Sub/Wrap	\$4.20
					Traveller Pies	\$3.80
					Falafel wrap	\$4.20
					Miscellaneous	
					Tissues	\$0.60
		Salad Boxes(meat or egg)	\$6.00		Spoons / Forks	\$0.05
		Salad Box (plain)	\$5.00		(supplied free with meal purchase)	
Special Orders					Seasonal Foods	
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.		Prices subject to change			**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.	
2018 PRICE					ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR	
8.30 to 9.00 am		*Breakfast is available			*Time to place lunch orders	

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Email: highnotes@sbhs.nsw.edu.au

N.B. Content is subject to approval

April/May 2018

13-04-2018

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 C	30 Staff Development Day	1 School resumes Year 9 Half Yearly Exams HSC Assessment: Ancient History, Oral Presentations Assessment Task 3, P4 PDHPE 1600m runs HSC Personalised Exam Timetable available HSC Exam Timetable available on BoS website	2 Year 9 Half Yearly Exams, Great Hall, 09:00-15:20 Year 11 Half Yearly Exams HSC Assessment: English Extension 2, Report Submission Fencing Committee meeting, Board Room, 18:00	3 Year 9 Half Yearly Exams Year 11 Half Yearly Exams Year 10 Half Yearly Exams Debating: Hume Barbour PDC Round 2, 08:45-12:00, SBHS HSC Assessment: Ancient History, Oral Presentations Assessment Task 3, P1 Room booking, 506, 801, 16:30-19:45	4 Sailing: NSW teams racing Morning collection: Starlight foundation Year 9 Half Yearly Exams Year 11 Half Yearly Exams Year 10 Half Yearly Exams PDHPE 1600m runs HSC Assessment: Ancient History, Oral Presentations Assessment Task 3, P2 Debating: Eastside RBHS v SHS Debating: FED SBHS v Knox	5 Sailing: NSW teams racing Football: TSC v SHS (Trial) Rugby: SIC v SHS (Trial) Cross Country: Barker, Competition 2, 09:00, North Ryde Common Volleyball: SHS v TKS Parking: Swans v Kangaroos, 19:25	6 Sailing: NSW teams racing Parking: Roosters v Sea Eagles, 16:10
2 A	7 Year 11 Half Yearly Exams Year 10 Half Yearly Exams Year 8 Geography/History Excursion	8 Year 11 Half Yearly Exams Year 10 Half Yearly Exams Class Tests: 8MaA-P3, 8MaS-P3 EVATT competition, SBHS, 10:00-14:00 School Council Meeting, Board Room, 17:30-19:00	9 Year 11 Half Yearly Exams Year 10 Half Yearly Exams Philosophy Conference, Ascham (selected years 8 and 9)	10 Year 11 Half Yearly Exams Year 10 Half Yearly Exams Music: Meet the Music, Sydney Opera House, 18:30 (Elective Music Students Years 10-12) Economics: UNSW Economics Competition, Years 11 and 12 Room booking, 506, 801, 16:30-19:45	11 Year 11 Half Yearly Exams Year 10 Half Yearly Exams Science: Year 8 Excursion, Australian Museum and Botanical Gardens, all day Swimming: All-Schools Swimming, SOPAC Debating: Eastside SHS v SCEGGS Debating: FED catchup	12 Football: SHS v SGS (Trial) Rugby: SHS v SPX (Trial) Cross Country: Knox, Competition 3, St Ives, 09:00 Volleyball: TSC v SHS Fencing: Friendly, SBHS Great Hall Room Booking: Classrooms	13 Mothers' Day
3 B	14 Basketball: CIS Trials, Newington, 10:00-15:00 Debating: Hume Barbour, round 3, 09:15-14:00, RBHS Cross Country: CHS Trials, Centennial Park (12:00-15:00) P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Staff Common Room, 18:30	15 *** Year 9 National Assessment Exams Writing, Great Hall, 09:00-11:00 Year 7 National Assessment Exams Writing, Great Hall, 11:00-13:00 Year 8 Meeting, Selected Locations, 09:55-10:20 Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting,	16 Year 9 National Assessment Exams Reading, Great Hall, 09:00-11:00 Year 7 National Assessment Exams Reading, Great Hall, 11:00-13:00	17 Sports Council Meeting, Board Room, 07:30 Year 9 National Assessment Exams Numeracy, Great Hall, Year 7 National Assessment Exams Numeracy, Great Hall, Business Studies: UNSW Business Studies Competition Years 10-12 Room booking, 506, 801, 16:30-19:45	18 International Day against Homophobia Assembly, Great Hall, 09:50-10:35 (9, 10, 11) Debating: FED Semi Final 1 Newington	19 *** Football: Shore v SHS (Trial) Rugby: TSC v SHS (Trial) Cross Country: Scots, Competition 4, Upjohn Park, 09:00 Volleyball: WC v SHS Chinese Eisteddfod: Cantonese and Mandarin (Non-native Speakers), Birrong Boys High School Parking: Waratahs v Highlanders Parking: Swans v Dockers,	20
4 C	21 Year 7 Half Yearly Exams	22 Geography Competition, all Years, P2 Debating: Metro Debating Round Two, 10:45-13:00 Year 7 Half Yearly Exams Excursion: Da Vinci (Selected students years 7-8)	23 Year 7 Half Yearly Exams Excursion: Da Vinci (Selected students years 9-11) Rugby: CHS Opens Trials, Dubbo	24 Year 7 Half Yearly Exams Year 8 Half Yearly Exams Room booking, 506, 801, 16:30-19:45 Rugby: CHS Opens Trials, Dubbo	25 Year 7 Half Yearly Exams Year 8 Half Yearly Exams Debating: Eastside Semi Final, Reddam Debating: FED Semi Final 2 SJC Rugby: CHS Opens Trials, Dubbo	26 Football: SHS v SIC (Trial) Rugby: NC v SHS (Trial) Cross Country: Cranbrook, Competition 5, Mutch Park, 09:00 Volleyball: SHS v SIC Fencing: Freindly, SBHS Great Hall Chinese Eisteddfod: Mandarin (Native Speakers), Birrong Boys High School	27