

The Weekly Newsletter of Sydney Boys High School

Vol 18 No 42 09 February 2018

# From the Principal High Talent

Congratulations to our 1st XI cricket team for



their win this week against Picnic Point High. They have now qualified for the quarter finals of the Davidson Shield. At the recent international NZ Queen's shoot for the best target rifle shooters from around the world, three Old boys were sponsored by the Sydney High School Rifle club to compete in the event. Jeremy Chan (SHS-2014) won the C grade competition with Wilbert Wu (SHS-2013) runner up. In the more challenging open B grade Wentao Ruan (SHS-2017) finished 19th.

# **School Swimming Carnival**

At the School swimming carnival this week, school records were broken by Patrick Yi (8F) in the 50m backstroke (34.24), 50m butterfly (31.22) and the 200m freestyle (2.17.41); David Goh (11R) 17 years 400 individual medley (5.45.00). Age Champions were: 12 years Kaden Kuang (7E), 13 years Jaden Yi (7T), 14 years (Patrick Yi (8F), 15 years Ike Matsuoka (9M), 16 years Derek Sae-Jong (10T), 17 years David Goh (11R), 18 years Luke Posumah (12E). congratulations to all these athletes and to Mr Loizou and the High staff for organising and managing a great event.

# **Year 7 Transition**



At the Year 7 First day Assembly, Ms Powell, our Junior School Deputy Principal, demonstrated a thinking routine called

'Compass Points' with the entire audience in the Great Hall. N- What do you need to know? E- What are you excited about? S- What suggestions do you have? At the end of the transition program, the students had their questions answered (87%), 85% said their worries were removed. During the Transition time in week one, we focussed on the Wresponses to the question -what are you worried about? The boys were worried about: getting lost at school, making new friends and managing the workload. Over coming weeks, we will work more on providing information about our academic expectations. I want to congratulate and thank Ms Powell and her team for the success of our Transition Program for Year 7. Although only in its second year, it will become an annual and important variation to our process for welcoming new students to High.

I welcome your feedback and suggestions about how your son has settled into school life and how we might improve our practice.

# New Students' Parents Welcome Evening

Tuesday evening was very well attended by our incoming parents. The speeches were kept to a minimum so that parents had well over an hour to talk to each other, to other parents, to staff and to our boys who helped out at activities stalls or with serving the supper. I want to thank our speakers, Gavin Thomson (Development Director), Professor Ron Trent (P & C President) and Charlie Appleton (Parent Representative) for their insightful contributions to the evening. In particular, my congratulations and thanks go to Ms Angela Lam and her Committee for their most effective organisation and management of the evening. As always, the Sailing Committee provided the catering, which was up to the usual high standard for innovative canapés and finger food. Thank you to the parents and boys in the sailing program for their support.

# **Traffic Movement on School Grounds**

Staff members have complained that car spaces in the Cleveland Street car parking area are unavailable in the mornings due to parents occupying the spaces waiting in their cars or parents blocking access to spaces. School policy is that parents are asked to enter

from Cleveland St. via gate one and drop off boys at the



end of the tennis courts and then proceed out through gate two. Cars driving through the car park and doing three-point turns near the bus bay and driving out

again cause congestion and can prove hazardous to pedestrian traffic through the area. The safety of our students is paramount. Parents are asked to try to stay out of the car park area around the gym and to observe school policy concerning dropping off students.

# The Sydney Boys High Student Research and Resources (Public Library) Fund

The Sydney Boys High School Student Research and Resources Fund is a fund to resource our two school libraries. Purchases of books, e-books, subscriptions to magazines, databases and streaming services and minor equipment can be made from the Fund. In addition, the wages of a second Librarian and staff employed to extend library hours and run Library archives, are paid for from the Fund. As contributions to the Fund are tax deductible, it provides a very cost-effective way for parents and Old Boys to help fund an important and growing area of school life – online learning. As well, 248 boys can enjoy the library facilities simultaneously. Your support will be greatly appreciated.

# Collection of Reports

All boys should have collected their reports. Regrettably, there are still many boys who have not fulfilled their commitments and completed their Clearance Forms and booked an appointment time to see me to discuss their progress at school. This is an important step in our feedback loop and I insist on speaking to boys personally. Boys can come and get their reports before or after school and at lunch or recess on most days. There are also sheets provided for 'Stragglers' Reports' for an hour on selected days. Boys just need to make an effort to comply with policy and come and see me. Once I have had a short feedback session with each boy, his report is loaded online against his personal file on *Find a Student*. Appointments can be made in the new school year by filling in one of the sheets on the Waterhouse desk in the corridor or just drop by before school, during recess and at lunch (except Tuesdays). The benefits of my interactions with boys lessen if the discussion is too far removed from the assessment events being discussed.

Dr K A Jaggar Principal

# Meet The Prefect Intern

"I think everyone can agree to the experience of feeling invincible, unconquerable and having everything going

right for you one day only to witness that happiness tumble down the next. It's a common occurrence because life has it's ups and downs, regardless of age. It's relevant to understand this because year 7 to me holds a lot of significance, in fact year 7 was one of my messiest years. It was this crazy concoction of utilising and pursuing various academic, sport and holistic opportunities provided by the school, facing a shift in what I knew the world to be and simply fitting in. As we're older now, some of us are inclined to mock younger kids for their supposed struggles but that to me is quite thoughtless. I remember clearly as a skinny young boy there were a lot of times where I felt like I didn't belong or have the ability to compete with my peers nor was I sure of my actions. It placed an unpleasant weight on my shoulders and really dragged down my spirits. What didn't make me feel any better was the thought that if I couldn't cope with year 7 how could I ever grow up to be like the older boys. However with the aid of teachers and older peers who had already gone through what I had felt at the time, I was slowly guided through the transition of high school and shown how to open the doors for improvement.



That is essentially what Sydney Boys did for me, the school system presented challenges but the community provided the support and quide to overcome these challenges and grow. As the Year 7 welfare prefect, I'm honestly keen to pass down the help that was given to me. I believe through the spirit of just being an older brother for the upcoming and current Year 7s, provides our future generation stability, comfort and an outlet to which they can gain further perspective and understanding. I am more than happy to spend time with them alongside the other welfare prefects to gain understanding of new issues that weren't there for us five years ago. To help them prioritise, to help them see the bigger picture and ensure that their sense of self isn't undermined rather developed. I believe through recognised mentor programs and support sessions held openly and weekly, our younger students will never feel as if they are in the dark. I ensure that rather than feeling burdened our Year 7s will stay on track, have their spirits lifted and glowing smiles"

Rakin Rahman Year 7 Welfare Prefect

# 2017 Year 7 Transition Program Evaluation

For the second year we have run a Transition Program for our new Year 7 students. This has been positively received by students, staff and parents. Here are the results of the thinking routines and survey that we did. The Compass Points activity allows us to directly address the concerns that the students have within their first two days. We thank parents and students for taking the time to give us feedback and the Transition team will certainly discuss your suggestions in order to make further improvements in 2019.

With Compass Points participants are asked (at the very start of Day One) to write one thing they are worried about, one thing they are excited about, one thing they need to know and one suggestion. We collected their answers. The Year 7 survey was completed at the very end of Day Two.

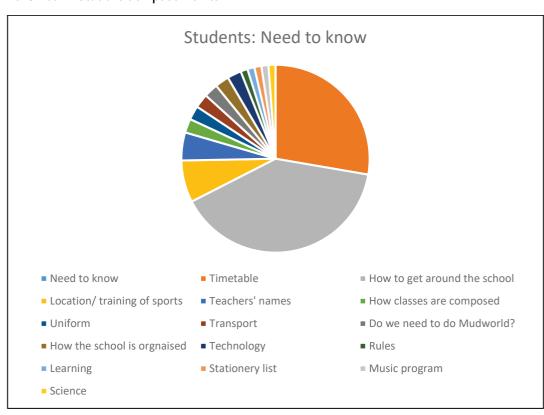
Rachel Powell Deputy Principal

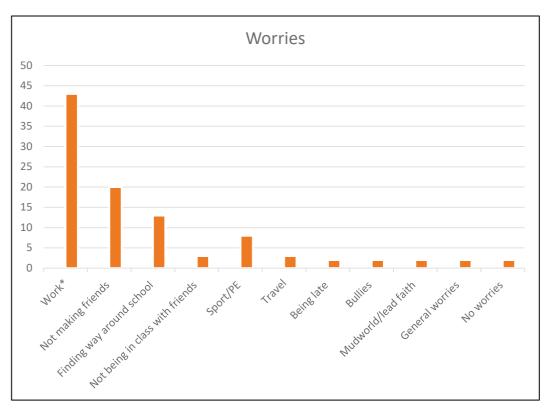
# **Compass Points: Parents**

•	
Excited Going to High School Sports Specifically SBHS Friends Growing up/independence New experiences New Learning experiences	11 9 7 6 4 3 3
Suggestions Communication & Admin School App/Digital reminders More info - general, curriculum Transition Day arrangements in the pack More info on school website eg School times, School Bus, High Store Opening Times More info about Sport/Current info is contradictory Better enrolment prices - less forms, more online	6 5 1 3 4 4
Better payment systems /individual accounts  Travel  Buses to GPS Sports  Have staff at station to show students where to get the bus	2 1 2
Facilities Air conditioning Renovations Behaviour	3 2
Screen time control Tell boys not to swear on public transport	1 1
Need to know Sport choices/practice times/is Saturday compulsory?/Questions about particular sports School Routine/timetables	10 6

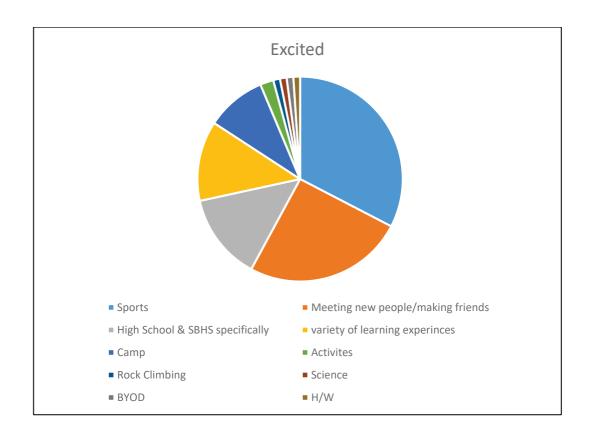
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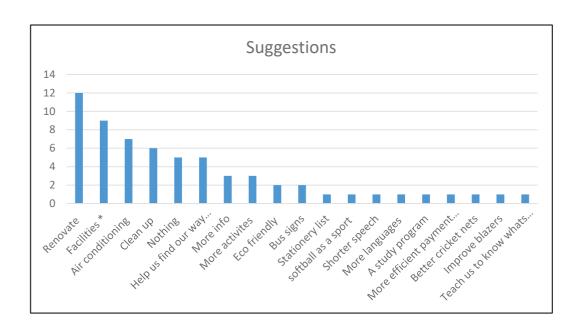
# 2018 Year 7 Student Compass Points





\*Work load, difficulty, quantity, H/W, exams, falling behind, not being 'good enough'.





* Facilities = 3 suggested a swimming pool, 1 eating areas with table	les	
* help us find our way = maps on walls		

# 1 Did not like to 5 Loved it!

Using 4 and 5 as positive, the following results of the % of students who rated the activity positively.

	2018
Try Sport	91%
Orientation Hunt	57%
Learning the School Song	70%
Peer Support Session	69%
Meeting my Year Adviser	65%
Meeting new friends	82%
Getting to know your way around school	66%
Finding out important information about how SBHS works	85%

Last year we had the "Finding My Voice Workshop" where some of the debating coaches came in and ran workshops for the boys on how to confidently state an opinion etc. This scored a positive rating of 55%. This year we ran the Big Fish Little Fish Program which was an external program. This also scored a positive rating of 55%.

# On Monday, you were asked to write your worries about SBHS. Do you still have the same worries?

85% of those that wrote an answer said that they had their worries removed by the transition program, 10% said they hadn't and most of these were worries about getting lost and work load, routines etc., one student said he had new worries and 7% said that some/most of their worries

had been removed even though they had been asked to write only one and not many wrote more than one.

# On Monday you were asked to write down what you needed to know about SBHS. Did your questions get answered?

87% of those that answered said their questions had been answered.

The two questions that were highlighted as not being answered were 'what should be on my stationery list' and 'do we need to do mud world?'

# Any more feedback on the Transition Program

Only a small number of students wrote anything here. Almost all were complimentary and the core suggestion was that we extend the program either to three days, four days or even a week: 'Maybe make it a three days, actually four days transition program – including how to manage work.'

Other suggestions included: more sport time, a suggestion that students are allowed to study to see what it is like and also to have prefects at Central Station to guide them in the morning. 'You could make students choose what house and class to be in.'

# A good summary is:

"I think this transition program was excellent and is at its highest level for children to make friends and learn about SBHS."

Rachel Powell Deputy Principal







We have got off to an excellent and very early start this year. With our Year 11 and Year 12s already trialled at the end of 2017, we were able to head straight into coaching and did so last week. This is the earliest start to coaching that we have ever had.

Year 8s and Year 9s start coaching on 9 February and Year 7s and Year 10s on 16 February. All coaching will begin with a Year group meeting in the Great Hall (apart from Year 10 who will meet in the Junior Library).

The sign up for Year 7 students was on 9 February at lunch time. If you forgot to attend then you must come and see me by Wednesday 14 February otherwise you will not

be able to be part of coaching this year.

We hold an annual Parents Information Evening for debating which contains essential information for all of you with sons who wanting to be debaters. This is on Monday 19 February at 2018.

The best way to keep informed about debating is to send an email to <a href="mailto:SBHSdebating@gmail.com">SBHSdebating@gmail.com</a>. You need to let me know your son's name and year group and then you will receive our weekly email. Your son can also be part of the email group – he needs to send his email to me as well.

Rachel Powell

Deputy Principal and Debating Manager In Charge

# Interest Based Learning Week

In the last week of the fourth term in 2017, we held our inaugural Interest Based Learning week for Year 10. Students were offered a choice from a wide range activities designed to engage them in areas that are not usually covered in the school curriculum. Whilst many students left school to take part in the Year 10 camp, other students were able to choose between being on a series of history excursions, a certified First Aid course and learn martial arts, undertake the production of a mural or landscaping to improve the school environment, write hip hop/ slam poetry, extend their skills in robotics, complete a series of MOOCs. The result was an innovative week with individual students developing new skills, and the school benefiting from some amazing collaborative projects. Here are reports from students who participated in activities.

## Life Preservation

The life preservation program offered students an opportunity to study first aid and martial arts for self-defence. The program took place over 5 days, with 3 days of martial arts and 2 days of first aid. By the end of the program, students were qualified to perform first aid in any situation. The first aid section of the program was covered by Safety Corp. The lessons were insightful and provided a comprehensive knowledge of first aid in emergency situations. Topics covered included: Trauma, bites and stings, treating victims, basic life support and legal issues in first aid. Students participated in acting out real life situations to familiarize themselves with protocol during an emergency.

Self-defence and martial arts were taught at the Whiplash facility by highly qualified instructors and former world champions. We were familiarized with several self-defence motions such as takedowns and holds. Students were actively engaged in physical activity throughout the entire course.



## Skulk - Street Art

It has been a great honour for all of us in the street art workshop to be able to work with SKULK. His work, which is inspiring and filled with limitless creativity allows us to be able to contribute to his work. His art work, a mural next to the canteen has been an eye opening experience. For it to adorn our walls is simply a privilege that one can learn from one of the very sources of abstract artwork. On the first day, SKULK introduced us to his drawings, and we studied his sketches and different types of works. We started off taping the sides of the wall and painting the walls in plain white to begin with a base. Once that was done, SKULK drew up a creative sketch outline on the white walls for us to paint on. The first and second day were spent painting layers of colours on the wall with different shades of blue and green and also with a touch of yellow.

On the third day, the spray paint was used. With the spray paint, we created patterns and new shapes on the wall, adding more texture and design to the mural. SKULK taught us all about the spray paint, teaching us techniques and different caps to use to spray. With the spray paint, additional volume and patterns were included into our wall, creating a more lively look. On the fourth day, we used the black spray paint to outline all of the shapes and patterns. This emphasised all the designs within the wall, finalising the mural. After this was done, all the tape was ripped off the walls unveiling the "Aquatic Abstract". The completed product would not be where it is without SKULK continuously teaching and guiding us.

### **Exploration and History**

The exploration and history workshop was an engaging and interactive week that was offered to year 10 students for their interest based learning week. Monday through to Thursday the group got to visit many places mainly focusing on museums. On Monday students visited the Microsoft Store, we got a brief insight into databases the cloud and programming bots and had a small hand on session where students built a finger sensor. Tuesday we visited the Nicholson Museum, compared to Monday it was a more interactive, hands on and relatable experience. Student got to handle artifacts and look at many more on display related to Pompeii, Egypt and Greece collected by USYD. On Wednesday we visited the Justice and Police Museum where we followed the murder case of Linda Agostine also known as the pyjama girl and acted out a small section of a court scene. The workshop was wrapped up by a visit to the Australian Museum and it was a great way to send off the year and Year 10 elective History.

Rachel Powell Deputy Principal

# 226 H O O P S

Hello all! Welcome to the first edition of Shootin' Hoops for the year. And a big welcome to all the new Year 7 students, as well as any new Year 9 and 11 students, to the High basketball program. We hope nothing but the best for you and your teams. But for now, let's recap the many events that went on over the holiday break.

The First and Second grade sides were hard at work with preseason carnival games at Newington and Trinity. Make sure to get behind them as they get to the pointy end of the GPS comp.

### **USA Tour**

New Year's Day saw 23 students flying from Sydney to the USA for a tour around Los Angeles, Arizona and Nevada. The two teams had a successful run against local opposition (one highlight in particular was against a strong Varsity side in Vegas who had won their competition's Championship outright the season before); seeing some high-level NBA games (Memphis Grizzlies vs LA Clippers, OKC Thunder vs Phoenix Suns, Houston Rockets vs LA Clippers); going to factory outlets to get cheap high-quality shoes and gear; visiting the Grand Canyon, Santa Monica Pier, Joshua Tree National Park, Disneyland, Universal Studios; training at high-level training facilities such as Shoot 360; the list of highlights

goes on. There was a lot to get out of the tour, and if this opportunity is available again in a few years time, don't hesitate to show interest.

The NBA has released the All-Star Weekend players. It's team LeBron James vs team Stephen Curry in the All-Star Game! The 3-Point Contest has young stars like Devin Booker facing off against experienced players like Paul George. Aaron Gordon is back to snatch the Dunk Contest after being snubbed of it 2 seasons ago. And who will take out the Skills Challenge? Tune in from the 16-18 February to find out!

That's all for this week. Make sure to continue to put the effort in at training this week, so High can continue a strong run into the future. Year 7s should try to spend as much time as they can gelling as a team and developing their skills; and don't be disheartened by results at first, because if the effort is there, things can only go up. And remember: Play Hard, Play Smart, Play Together.

USA Basketball Tour photos, brought to you by Alan Wong coming soon.

Click on the link below.

https://drive.google.com/drive/folders/1S4CsDC16 114B Ce-DulW7ayaYSrmZsr7?usp=sharing



### Go HIGH!

Play Hard, Play Smart and Play Together!
Thanks to everyone who makes Shootin' Hoops possible
Brought to you by Adam Gordon and Alex Zhou



# Cricket Results - 2018 Term 1 Week 1

# Saturday 3rd February 2018

Team	Score	Result	Highlights
CHS	SBHS 5 – 128 vs Picnic Point 10 -126	Won	Aditya Shiva 34, Saarangan Arvind 30, Nick Leong 3-20
1st XI	SBHS 10 – 64 vs Riverview 1 - 65	Lost	Aditya Shiva 30
2 <sup>nd</sup> XI	SBHS 10 – 55 vs Riverview 1 - 56	Lost	
5 <sup>th</sup> XI		W/O	
16A		W/O	
16B		W/O	
15A		W/O	
15B		W/O	
15C		W/O	
14A	SBHS 10 – 80 vs Riverview 5 - 87	Lost	Mithilesh Lekhi 30
14B	SBHS 10 – 54 vs Riverview 4 - 186	Lost	
14C		W/O	
	W/O = Washed Out		

# Cricket Report

For 1st and 2nd XI GPS points ladder please go to: http://aagps.nsw.edu.au/summer-sports/cricket/

This week saw the first GPS match of the year against Riverview and an Alan Davidson match against Picnic Point High.

### 1st XI Report

Starting the year off against Riverview, one of the stronger batting line-ups in the competition, meant we needed to come out all guns blazing. Our team was blooding two new members in Bilal Abbasi and Arvin Niranjan and had some momentum coming off a strong back end effort last year. Early morning showers pushed the start time to 11:20, as the match got reduced to 48 overs per innings. Having won the toss and deciding to bat, we needed our batsmen to apply themselves against Riverview's triad of spinners. From the offset, the decision to bat first proved to be misjudged as the pitch provided extra bounce and at times no bounce for the bowlers. Our top order were picked apart by a combination of accurate bowling and uneven pitch effects causing poor decisions in our shots. Unfortunately, the only consolidation in our batting came

through small 20 run partnerships by Aditya Shiva and the lower order. A failure to apply ourselves and adapt to the conditions of the pitch was the reason behind our collapse. Hoping to exploit similar pitch demons when bowling, we only managed one wicket before Riverview's McElduff and Fanning finished the job and secured Riverview the bonus point.

# **CHS Report**

On Monday, our 1st XI team defeated Picnic Point High to advance into the quarter finals of the Davidson Shield. Playing at Padstow Park, we were faced with an uneven, skidding outfield and hoping to recover after Saturday, we were hungry to progress. Bowling first, we started proceedings with a first ball wicket courtesy of Cameron Pereira. Slowly we picked apart their team with all bowlers picking up at least 1 wicket. Our batting at the top built small partnerships to chase a total of 126 quite easily. Aditya's big hitting and some smart batting from Arvin got us over the rope within 32 overs of a 50 over game. Hopefully, we carry this CHS momentum into our next round against Bomaderry High, which if we win, will see us reach the semi -finals of the Davidson Shield for the first time in a long while. Keep it up boys!

# 2<sup>nd</sup> XI Report:

The 2<sup>nd</sup> XI played at McKay Oval for their first game of the year and were similarly unable to apply themselves to batting time and against some quality bowling. A few misplaced shots and perhaps some bad luck meant we got bowled out for 55. Riverview chased it down quite easily.

# Shoutout of the Week: Hunar Verma, Nick Leong, Abhijot Singh

Shoutout to these boys for being nominated to try out for the GPS team on Sunday at SCG indoor nets. They gave it their all at the trial and hopefully we see them in the final squad! Good luck boys!

This coming week against SHORE will be Round 5 of the GPS competition and hopefully we see more action than last week. Good luck to the U13s who will be eager to start their GPS career with a win! Remember to work hard and play hard!

To all parents and players, don't forget to go through the points below:

 If the weather is inclement on a Saturday, you can find any changes to the fixtures on the SBHS website on the home page. No changes = game is definitely on.

- Please make sure that all the boys wear SBHS logo hats and tops.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- For training sessions (outside of school hours) and Saturdays, parents are to email through the specific details of absence (Student number, name, sport, team, reason and date of absence to absences.sport@sbhs.nsw.edu.au
- Remember all cricket games are important to attend to each Saturday, otherwise you are letting your team down. A 100% attendance record equates to 5 Award Scheme points for juniors.
- Please notify their coach if they are unable to attend training or their fixture.

David Smith MIC Cricket Abhijot Singh Cricket Prefect



1<sup>st</sup> XI playing vs Riverview away

Big Bash concluded this week with the Adelaide Strikers claiming their first title



# SBHS WEIGHTS ROOM



An exciting opportunity awaits your son to become involved in the extra-curricular activities at Sydney Boys High School. Every Monday to Friday from 7am – 9am and Monday to Thursday 3:15-5pm the weights room is available under the guidance of our *Head Strength and Conditioning Coach* Mr Kurt Rich and/or assistant who will guide them through the fundamentals of strength and conditioning. This is a fantastic opportunity for your son to become involved in the program and enhance their strength & fitness in preparation for their sport choice & life. Additionally, your son's PDHPE assessment in Years 7 to 10 is partially based upon his fitness level and this opportunity could assist your son to improve his grades in this subject area. For more information, please email Mr Kurt Rich: richk@sbhs.nsw.edu.au

Upon the start of the school term, students can enroll for a **full year** membership at the Weights Room for **\$246**.

Boys wishing to have full year membership must register and pay by 28 February 2018. Your son can commence or try weights training before the payment is due. Payment must be made at the office by the closing date to continue past February. There will be no payment extensions of time nor another window of opportunity later in the year if you forget to pay on time. This system ensures that the Weights Room operates much more effectively, with all boys getting their training in how to use the various pieces of equipment and in proper lifting technique, as soon as possible. Kurt Rich provides this service at the beginning of each year and can tailor individual programs for members after the introductory sessions. Having a fixed clientele makes his job more productive and leads to a better training experience for members, allowing everyone to progress consistently throughout the year.

K Rich Strength an Conditioning Coach

# Weights Room Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
7-9am	7-9am	7-9am	7-9am	7-9am
3:15-5pm	3:15-5pm	3:15-5pm	3:15-5pm	3:15-5pm (For New Boys Only - until March)

For information on youth resistance training please see link on school website for weights training.





# Interested In Doing a Triathlon?

Meet Mr Rich outside weights room office, Monday 12th Lunch 1.

# 2018 NSW All Schools Triathlon Championships

Juniors 12, 13, 14 years 400 m SWIM 10 Km CYCLE 3 Km RUN Intermediates 15, 16 years 600 m SWIM 15 Km CYCLE 4 Km RUN

Seniors 17, 18, 19 years 750 m SWIM 20 Km CYCLE 5 Km RUN

Relays - (Juniors) 400 m SWIM 10 Km CYCLE 3Km RUN

- (Intermediates/Seniors) 600 m SWIM 15 Km CYCLE 4Km RUN

# 28 February to 1 March 2018

# SYDNEY INTERNATIONAL REGATTA CENTRE PENRITH LAKES

There have been some expressions of interest, particularly in the relay events. We are definitely looking for some cyclists to complete the teams.

E.g. Intermediate Boys (15/16 years old) Relay.

Swim 600m Ike Matsuoka

Cycle 15km ?

Run 4km Rhys Shariff

# The event is on:

Date: 1 March 2018 Time: 9:30 am

Venue: Sydney International Regatta Centre

Cost: \$45/team

# Online entry and fee dateline is 21 February 2018

Link to the above event <a href="https://app.education.nsw.gov.au/sport/File/2656">https://app.education.nsw.gov.au/sport/File/2656</a>



# Term 1 Tennis Trials

Term 1 has kicked off and there is a lot of interest in High Tennis. Our U13s trials had 46 boys contesting for 20 positions and our U15s has received extra numbers from our year 9 intake to create more competition for available spots.

Saturday's trial fixtures were largely washed out. Our 1-6<sup>th</sup> grade did manage to get on with pleasing results. There were a few boys pushed up to trial a new position. This upcoming Saturday will be a competition fixture as our boys take on Shore in round 3 to push for a title position.

	Total Matches Won	Total Matches Lost	Winning Percentage
1st Grade	6	2	75%
2nd Grade	3	1	75%
3rd Grade	3	3	50%
4th Grade	5	1	83%
5th Grade	5	1	83%
6th Grade	6	0	100%





Try Rowing Day
The past week saw every Year 7 student try rowing for the first time. The team of ten dedicated coaches and five student helpers allowed each group of two classes to boat in eights and fours over the course of the day. The boys were given morning tea and had a fun time learning about rowing at the Outterside Centre.

# Kings/PLC Regatta

Congratulations to the 1st VIII and 2nd VIII in gaining 3rd place in the under 19 VIIIs races at the Kings/PLC regatta. Both crews held off fast finishing Grammar and Canberra Grammar, in their respective races, to achieve a podium finish.







		Canteen Price	List 2	2018		
Breakfast		Lunch and Rec	ess l	tems	Hot Food	
		*So you don't miss out on	what you	want for		
Cheese Toast	\$1.80	lunch, make sure you ORDE	R it befo	re school	Chicken Fingers	\$1.80
Cheese & Tomato Toast	\$2.00				Chicken & Corn Roll	\$1.80
Cheese/spinach/tomato toast	\$2.20				Chicken Burger	\$4.50
Bacon & Egg Muffin	\$3.20	Sandwiches / Wraps / Rol	ls	Rolls	Chicken Mayo Roll (hot)	\$4.00
Hot Chocolate (Term 3 only)	\$1.00	Buttered Roll		\$1.50	Chicken Mayo Sandwich (hot)	\$3.20
Ham and cheese toast	\$2.20	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00
		Cheese & Salad (v)	\$3.00	\$3.60	Foccacia - chicken/avo/cheese	\$3.20
		Chicken & Coleslaw	\$4.00	\$4.60	Foccacia - chicken/mayo/cheese	\$3.20
		Chicken & Lettuce	\$4.00	\$4.60	Garlic Bread (v)	\$1.80
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese don, noodles	\$5.00
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$3.50
Fruit Salad	\$3.50	Dagwood Roll		\$3.80	Noodles In A Cup	\$2.80
Banana Bread	\$2.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade small	\$4.00
Glazed boston	\$2.50				Pasta- homemade large	\$5.00
Custard tart	\$3.80	Ham & Tomato	\$3.40	\$4.00	, and the second	
Donut	\$3.50	Ham & Salad	\$4.00	\$4.60	Pide - sausage, chicken/mushroor	\$5.00
Custard Ball donut	\$3.80	Roast Beef & Tomato	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$5.00
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pie - Garlo's (halal)	\$4.50
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Pie - meat (sauce+20c)	\$3.80
300ml Flavoured Milk	\$2.20	Salad (v)	\$2.80	\$3.40	Pie - Pizza	\$3.80
600ml Plain Milk	\$2.00	Red Salmon & Salad	\$4.00	\$4.60	Pie - potato	\$4.50
600ml Flavoured Milk	\$3.00	Vegemite	\$1.20	\$1.50	Pizza Slab	\$3.20
Up & Go	\$2.00	Turkey cranberry Lettuce	\$3.80	\$4.40	Rice Box - homemade	\$4.00
Water - spring	\$1.20	Wraps	\$3.80		Sausage Roll	\$3.00
Water - Pump	\$3.00	Anari	\$3.60		Spinach Ricotta Roll (v)	\$3.00
Water - Quench carbonated	_	Sushi	\$3.60		Steak & onion roll	\$4.00
Berri Juice	+	Vietnamese Rolls	\$3.60		Sweet Chilli Chicken Sub/Wrap	\$4.20
Appletiser	\$2.20				Traveller Pies	\$3.80
Bottles Coke 600ml	\$3.80				Falafel wrap	\$4.20
Cans coke 375ml	\$2.50				'	
Chill Aloe Vera	\$2.50					
Chill Ice Tea	\$3.50				Miscellaneous	
Powerade	\$3.80				Tissues	\$0.60
		Salad Boxes(meat or egg)	\$6.00		Spoons / Forks	\$0.05
	1	Salad Box (plain)	\$5.00		(supplied free with meal puchase)	, = .00
Special Orders		· · · · · · · · · · · · · · · · · · ·			(	
# If you have specific dietary n	eeds or				Seasonal Foods	
your favourite sandwich is no					**NB Not all food items are	
menu - all you have to do is a	ask! We				available all the time. For	
may be able to make it for you					example, home style lunch boxes -	
sure you order before sch	ool.	Prices subject to change			pasta, rice, salads, soup etc are	
2019 DDICE ALL CANTEEN PR					ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR	
8.30 to 9.00 am *	Break	fast is available * Tin	ne to p	olace lu	nch orders	

# SYDNEY BOYS HIGH STORE & CLOTHING POOL SPRING / SUMMER PRICE LIST 2017 - 2018

SCHOOL UNIFORM			SPORT UNIFORM			
BLAZERS	6-8 weeks delivery from date of order		PE / HOUSE SPORT	PE Polo	\$40.50	
	From	\$295.00		Black Short with logo	\$38.50	
				Sport Socks	\$9.90	
PANTS	Trousers - Junior, Dark Grey	\$75.00				
	Trousers - Senior, Light Grey	\$75.00				
	Ţ,					
SHORTS	Grey College	\$50.00	TRACKSUITS (sold a	as separates)		
	, ,		,	Microfibre Jacket	\$95.00	
BELTS	Black Leather	\$18.50		Microfibre Pant	\$65.00	
SHIRTS	Sky Blue & White, Short Sleeve with	Crest				
	Sizes 10 - 14	\$27.00				
	Sizes 16 - 22	\$29.00	BASKETBALL	Singlet	\$60.50	
	Sizes 24 - 28	\$31.00		Short	\$60.50	
				Sport Socks	\$9.90	
	Sky Blue & White, Long Sleeve with	Crest				
	Sizes 10 - 14	\$29.00				
	Sizes 16 - 22	\$31.00				
	Sizes 24 - 28	\$33.00	CRICKET	Shirt (ventilated with SHS Crest)		
	1.2021 20	+ 30.00		Short Sleeve Playing Shirt	\$42.00	
JUMPERS	Up to Size 14	\$88.00		Academy Training Shirt	\$55.00	
JOINI LIKE	Sizes 16 -22	\$90.00		Senior Playing Shirt S/S	\$72.00	
	Sizes 24-26	\$92.00		Senior Playing Shirt L/S	\$77.00	
	31203 24 20	Ψ72.00		Hat (Natural) - Greg Chappell	\$22.00	
SOCKS	Anklet SHS Colours	\$9.90		Trat (Natural) - Greg Chappen	ΨΖΖ.00	
JUCKS	Knee High SHS Colours	\$15.00				
	Sport Socks	\$9.90				
	Sport Socks	<b>\$7.70</b>	ROWING	Zoot Suit	\$77.00	
TIES	Junior	¢27.F0	ROWING		\$77.00	
IIES		\$27.50		L/S Rowing High Top		
	Senior	\$29.50		Rugby Jersey 34/85 - 38/95	\$80.00	
	Prefect	\$26.50		Rugby Jersey S – XL	\$80.00	
	Old Boys	\$27.50		Rugby Jersey XXL - XXXL	\$85.00	
	SRC	\$29.50		Socks	\$17.50	
0.100	LUQUE I	405.00				
CAPS	HIGH Beanie	\$25.00				
	SHS Cap	\$22.00				
			SWIMMING	High Trunk	\$55.00	
BAGS	Backpack with Lap Top Section	\$89.50				
	Hav-a-Sak	\$30.00				
	Sports Bag	\$65.00				
			SAILING	Singlet	\$33.00	
ART	Paint Brush Size 6	\$3.75				
	Progressor 2B Pencil	\$2.95				
	Progressor 4B Pencil	\$2.95	TENNIS	Junior Shirt Year 7	\$55.00	
	Visual Art Diary A3	\$11.00		Junior Polo Shirt Years 8-9	\$49.50	
	Visual Art Diary A4 120 page	\$9.90		Grade Polo Shirt Years 10-12	\$44.00	
				Socks with SHS Colours	\$9.90	
DESIGN & TE	ECHNOLOGY					
	DT Apron	\$12.00				
			WATER POLO	HIGH Trunk	\$55.00	
MATHS	Calculator	\$35.00		Water Polo Shirt	\$68.00	
	Compass	\$1.55				
	Grid Book 96 page	\$2.95				
	Protractor	\$0.55				
			WET WEATHER	Spray Jacket (by order only)	\$55.00	
MUSIC	Music Book	\$2.95	1	Umbrella (Golf)	\$33.00	

# SYDNEY BOYS HIGH STORE & CLOTHING POOL SPRING / SUMMER PRICE LIST 2017 - 2018

	CRESTED MEM	IORABILIA	
Bridge Scorer	\$11.00	Mug - new	\$22.00
Car Number Plate Cover	\$39.95	Pen	\$8.80
Car Sticker	\$4.50	Pencil Case	\$9.90
Cufflinks	\$16.50	School Centenary Book	\$15.00
Drink Bottle (Stainless Steel) - new	\$18.50	Spoon	\$5.50
Foldable Chair	\$49.50	Sticker	\$1.10
Letter Opener	\$6.50	Wine Glasses (set of two) - new	\$44.00

### **OLD BOYS MEMORABILIA**

OBU Tie \$27.50

Supporter Polo Fleece Jumper \$69.00 on SALE now \$50.00

Sydney High Hoodie Grey Marle \$75.00

# **CLOTHING POOL**

A recycled section operates within the High Store Shop. Items such as blazers, shorts, trousers, jumpers, rugby/soccer tops & boots, tracksuits, can be sold on a commission basis - The High Store Shop retaining 1/2 of the sale price.

Please ensure that when sending items for sale you include your name and address.

All items sent should be clean and in good condition. Shirts are gladly accepted as donations.

# **PAYMENT**

Cash, Eftpos, Mastercard, Visa or Cheque payable to HIGH STORE

# GOODS & SERVICES TAX (GST)

GST is included on all prices listed

BLAZERS		
GPS Pocket	\$29.50	
Music Pocket	\$33.50	
Prefect Bottom Pocket	\$47.50	
Prefect Top Pocket	\$29.50	
Service Charge	\$39.50	
Dry Cleaning	\$16.50	
Full Braiding	\$90.00	
Embroidery Line	\$22.00	
Embroidery Line Removal	\$33.00	
Crossed Rifles or Swords	\$38.50	
House Badge (cloth)	\$12.50	
BADGES		
Basketball (metal)	\$7.70	
Cricket (metal)	\$7.70	
Debating (metal) with attachment	\$8.95	
Fencing (metal)	\$7.70	
Orchestra (metal)	\$4.40	
Rifle (metal)	\$7.70	
Rowing (metal)	\$7.70	
SBH Lapel Pin (metal)	\$2.75	
SHS (metal)	\$7.70	

# **OPENING TIMES**

Open During School Terms Only

Monday, Tuesday, Wednesday & Friday 10.30am to 1.30pm

Telephone 9662 9360

# Bring Your Own Device 2018

# PRODUCT OPTIONS

The Sydney Boys High School BYOD program applies across all year group. If you're looking at replacing your existing device for the 2018 school year, consider purchasing a recommended device.

Recommended devices meet the school's **Device Specification**, so no worrying about whether the device is suitable. All feature a **three year warranty** and optional insurance for peace of mind, and the school will act as your warranty agent.



# Lenovo ThinkPad Yoga 370

- Multi-touch with full keyboard
- 1920 x 1080 pixel screen
- 360 degree rotating hinge
- Windows 10

- 3 Year warranty, school-supported
- Available Models :-

Basic: 4GB RAM + 128GB Storage Advanced: 8GB RAM + 256GB Storage



### **Microsoft Surface Pro**

- · Multi-touch with keyboard cover
- 3000 x 2000 pixel screen
- · Detachable keyboard cover
- Windows 10

- 3 Year warranty, school-supported
- Available Models :-

Basic: 4GB RAM + 128GB Storage Advanced: 8GB RAM + 256GB Storage



# Apple MacBook Air 13"

- Conventional laptop
- 1440 x 900 pixel screen
- macOS 10.13

- 3 Year warranty, school-supported
- Available Models :-8GB RAM + 128GB Storage 8GB RAM + 256GB Storage



### Lenovo Thinkpad 13

- Conventional laptop
- 1366 x 768 pixel screen
- Windows 10

- 3 Year warranty, school-supported
- Available Models :-4GB RAM + 128GB Storage

# HOW TO BUY

- Visit the school's JB purchasing portal at <a href="https://sbhs.co/bbuy">https://sbhs.co/bbuy</a>
- Log in with code **SBHS2018**
- Purchase using a credit card, BPAY or on interest-free terms
- Pick up from your local JB Hi-Fi store





Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MEEV	12	13	14	15	16	17	18
3 C	Year 7 Outdoor Education Camp (Morisset) P+C Executive Meeting, Board Room, 17:30 P+C Meeting, The Great Hall, 18:30 Swimming: GPS MICs, Captains + Vice-Captains Annual Dinner, The Parlour, St Joseph's College, 18:00	Year 7 Outdoor Education Camp (Morisset) Marching Band Rehearsal, Great Hall, 15:30-16:30 School Council Meeting, Board Room, 17:30-19:00	Year 7 Outdoor Education Camp (Morisset) Elevate study skills: Selected Year 9 students, P1 Rowing: Year 10 Visit by Melbourne High Cricket: Committee meeting, 901, 18:00 Parking: Sydney FC v Sumon Bluewings, 19:30	Rowing: Year 10 Visit by Melbourne High	Swimming: GPS Qualifying 1, 18:45, Newington College Marching Band Rehearsal, MPW, 08:00-09:00 Rowing: Year 10 Visit by Melbourne High Basketball: CHS knockout, 14:00, SBHS gym	Sport: Group 1 Shore v SHS, Group 2 SGS v SHS Rowing: High Regatta, Hen and Chicken Bay Rowing: State Championships, SIRC Rowing: Year 10 Visit by Melbourne High Parking: AFL X, 16:10	10
4 A	19 Class test: 10MaU-P3 Debating: DSG Meeting, Common Room, 18:00 Debating: Information evening, Great Hall, 19:00-20:00 Music: Encore Performance, Sydney Opera House, 19:00 (Elective Music Students Years 10-12)	20 Years 10, 11 and 12 Awards Assembly, Great Hall, 09:55-10:40 Presentation Night rehearsal (All prize winners), Great Hall, 11:50-12:50 Presentation Night, Great Hall, 19:15-21:00 Tennis: SE Tennis Boys' Trials	21 Years 7, 8 and 9 Awards Assembly, Great Hall, 09:50-10:35	22 Music: Meet the Music, Sydney Opera House, 18:30 (Elective Music Students Years 10-12)	23 Marching Band Rehearsal, MPW, 08:00-09:00 Swimming: GPS Qualifying 2, 18:45, SIC Prefect Afternon Tea: The Great Hall, 15:00-18:00 Volleyball: SE Volleyball Boys' Trials + KO (tbc) Debating: FED SBHS v SGHS		25 Rowing: CHS lunch, The Great Hall, 12:00-16:00 Parking: Sydney FC v WSW, 19:00
5 B	26 Attendance and Progress Review (all Years) Rowing: CHS, SIRC Year 10 Meeting, Great Hall, 09:55-10:20 Wallarugby House Oztag Lunchtime competition, Y7 Rugby: Committee Meeting, Staff Common Room, 18:00	27 Year 9 Meeting, Great Hall, 09:55-10:20 Wallarugby House Oztag Lunchtime competition, Y7 Marching Band Rehearsal, Great Hall, 15:30-16:30 Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30	28 Wallarugby House Oztag Lunchtime competition, Y7 Waterpolo: Opens Knockout	1 Year 7 Try Rugby Day, McKay, P1-3 Year 8 Meeting, Great Hall, 09:55-10:20 Elevate study skills: Selected Year 10 students, P1	2 Marching Band Rehearsal, MPW, 08:00-09:00 Clean up Australia Day, 06:30-09:00 Chess Selection Trials, Great Hall, 09:00-15:20 Debating: Eastside TSC v SHS Debating: FED SJC v SBHS Swimming: GPS Competition 1, 18:45 (SOPAC)		4
6 C	5 Winter Sports Selections (online)	6 Swimming: Zone Carnival, Botany Pool (tbc) Marching Band Rehearsal, Great Hall, 15:30-16:30 Cricket: NSW Schoolboys Carnival (tbc)	7 ***  Summer Sports Photos, 09:00-12:30  Elevate study skills: Selected Year 8 students, P1 Last day of Summer Sport (Years 10-12)(non-rowers) Water Polo: SE KO (tbc) Cricket: NSW Schoolboys Carnival Rowing: Committee Meeting, Staff common room, 19:00	Sports Council Meeting, Board Room, 07:30 Year 7 Meeting, Selected Locations, 09:55-10:20 HSC Assessment: English Extension 1, P4 Junior Rowing Photos, Abbotsford, 14:00 Last day of Summer Sport (Years 7-9)	9 Marching Band Rehearsal, MPW, 08:00-09:00 International Women's Day Assembly, Great Hall, 10:15-11:00 Swimming: GPS Competition 2, 18:45 (SOPAC) Debating: Eastside SHS v Cranbrook Debating: FED SBHS v Newington	Hen and Chicken Bay Great Hall Booking: Grad	11