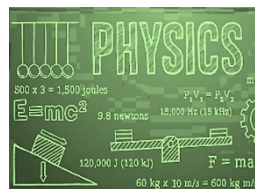




From the Principal High Talent

Congratulations to Dibyendu Roy (11E) who



has been selected for the 2017 Physics Olympiad Summer School – a fine achievement. It was a great effort by Adam Steele (10T) whose syndicate placed 1st in NSW in the ASX Share Game. He won a trophy and a cheque for \$400. In the Alliance Francaise Schools challenge, listening and speaking, Christopher Ta (9R) was awarded first place! Oscar Dumas (10E) was first among Francophone entrants in the writing challenge. Great job boys!

Student Awards Scheme

The Student Award Scheme for points to be earned for this calendar year will close on Friday 25 November. All students will have their points calculated as of this date. Year 11 Prefect Interns will have their final points calculated and must have qualified to continue as Interns by earning an award this year. Even if they have carry over points, they must earn 100 this year to stay as a Prefect. The 2017 Scheme commences on 1 December 2016. Boys who are close to getting an award should fire up now in parking, school working bees or volunteering to reach the threshold required. Check out your points tally on the student portal.

Scholarships Offered at High

SBHS offers only two scholarships/bursaries – the Phillip Day Memorial Scholarship and the Sir Roden and Lady Cutler Foundation Scholarship. All enrolled or enrolling students are eligible to apply for the **Phillip Day Memorial Scholarship**. It is a *one-year credit* on the school account for \$1,500. The



'Selection Criteria' covers talented boys in an academic area or a co-curricular endeavour. Good all-rounders qualify as do students with special needs – financial or otherwise. There are many boys in the school who would make good candidates for this award. I urge them to

take the trouble to download and complete the application form. Applications close on **Wednesday 30 November**.

The **Sir Roden and Lady Cutler Foundation Inc Scholarship** is a *two-year* award with a *credit at the school account* for \$1,500 for each Year 11 and 12. Only boys enrolled or enrolling in Year 11 are eligible to apply. The criteria for this scholarship are different. It has an emphasis on a prior record of service to others, to the school and / or the community. Boys with initiative, compassion and leadership skills are invited to apply. Look for the details on the website: www.sydneyboyshigh.com/scholarships. Do not assume that you are not worthy or eligible. Applications close on **Wednesday 30 November**.

Weights Room for 2017

High's weights room offers exceptional value for money. The room has appropriate equipment for preparing the bodies of teenage boys and crucially, it is constantly supervised. When handling



weights, technique is vitally important and boys need to learn the correct way to lift to avoid injury and to maximise their benefit from the routine. Kurt Rich, our Head Strength and Conditioning Coach, is a well-credentialed and experienced trainer. His presence ensures that the boys are training safely and sensibly. So, as well as getting gym facilities, clients have a supervisor and adviser to help them during their **unlimited visits**. The Weights Room operates much more effectively if all boys get their training in how to use the various pieces of equipment and in proper lifting technique, as soon as possible. Kurt Rich provides this service at the beginning of each year and can tailor individual programs for members after the introductory sessions. Having a fixed clientele makes his job more productive and leads to a better training experience for members and better strength outcomes for participants. Hence, we decided to close off memberships by the end of February each year. Boys who have not paid by that time can no longer attend the weights room.

Costs for this service are held down to a minimum and reduced by boys taking out a full year's membership. For 2017, a **full year** Weights Room membership costs **just \$240**. Boys wishing to have full year membership must register and pay by Tuesday 28 February 2017. There will be **no extensions of time** nor another window of opportunity later in the year if you forget to pay on time.

The Co-Curricular Supervision Levy

For us to run a six-day school with after-hours activities for 15 sports, debating, music and chess, we need to **provide a teacher/ MIC / manager for organisation of the activity and supervision of staff** to meet our duty of care obligations. Some parents are asking: 'Why should I pay this co-curricular levy when I'm paying quite a lot in co-payments for a sport or activity for a season? The money from the levy is used to pay for the time that supervising teachers/MICs have to spend: hiring and managing coaches, organising teams, fixtures and venues, buying and managing equipment, supervising coaches during training sessions, coordinating results recording / publishing, following up on attendance, awarding participation points in a text file, getting reports from captains, as well as travelling and being there for competition fixtures on Friday nights or Saturdays. All these duties take time for which personnel must have some compensation, by way of time, money or a combination of both.

In addition, the levy is **used** to pay for physiotherapy services at venues and for the extra allowance given to the Head Teacher Sport to manage the overall sports program. The levy should meet the cost of running athletics and swimming programs which are provided **free of charge** to all students. The levy does **not** cover the running costs of sports – coaches' fees, venue hire, equipment, consumables. All these have to be **funded through co-payments**.

To clarify why the levy is necessary and should be supported by all parents, I want to share with you the direct costs to the school of management, supervision and duty of care. Staff members are remunerated by way of allowances (time free from face-to-face), or the period equivalent in money or a combination of the two. Non-teachers are paid the equivalent of the period allowance that would be offered to teachers. The cost to the school for these services in 2017 will be > \$400,000. At its present level of support, the **co-curricular supervision levy** is contributing < 33% of these supervision and management costs borne by the school and **none of the coaching costs**. The shortfall must be made up from

general contributions. Please support the school and your sons in their sports by contributing to this levy each year.

Dr K A Jaggar
Principal

Cash Register Closing



Due to the End of Financial Year all student payments for excursions, co-payments, contributions, text books etc. must be made by **11.50am** (lunchtime)

Monday 21 November 2016.

The cash register will be closed from the end of lunch (**11.50am**) and will not reopen until after the finance rollover (approximately December 7).

Please finalise all outstanding items before the register closes and clearance forms are issued to students.

Thank you.

Sharon Kearns
SAM

Yearly Reports - Clearance Forms – Years 8 & 12 Clearance forms for report collection will be issued during the coming weeks. Please ensure outstanding payments and due book returns are received **before** the clearance form is printed.

Sharon Kearns
SAM

Meet the Prefect-Intern

When I stepped into Sydney High in Year 9, I had great expectations for what my time at High would be like. Looking back now, I can wholeheartedly say that my expectations have been greatly exceeded. Not only were the students, teachers and facilities very inclusive and friendly, but there was a uniting force connecting the Sydney Boys High community. This 'High Spirit', this strength and motivation that everyone brings to the sporting field, classroom or the junior quad is an exclusive part of the High experience.



Whilst at High, I have aimed to immerse myself in its rich community and culture by joining in as many aspects of school life as possible. Since Year 9, I have participated in debating, community service, public speaking, football and cricket and have been an avid supporter at the AAGPS carnivals. Outside of school, I enjoy reading, watching TV and spending time with my older brother playing backyard cricket.

To me, becoming a prefect is not about the tie, but rather being a role model embodying High's values and traditions. The prefect body of 2016 collectively aims to encourage and support a strong school spirit by "rallying boys young and old", and bringing positive change to High life. I greatly appreciate the experience that Sydney High offers and I would encourage everyone to get involved in as much as they can so that they can get the most out of the High experience.

Dharmesh Sharma
Senior Prefect

From the Canteen

We would like to acknowledge the following parent volunteers

MON: Grace Chung, Kunyi Ye, Grace Cochrane,
TUE: Letty Chan, Anne Chen, Mook Kooi Loo,
WED: Dimi Barlas, Yasmin Khan, Ria Lam,
THU: Jian Ping Li, Kim Ngan Do, Su L Lee, Tasio Sclavenitis
FRI: Baofeng Liu, Kath Cook, Ru Zeng Rong, Min Wei

Please speak to Karen or Tracey on 96629350 if you would like to join the roster. New parents are always welcome and full training will be provided. It is a great way to contribute as all funds raised by the canteen are redirected towards school projects.

Notice of AGM:

The canteen committee will meet in the Board Room at 2pm on Friday 18 November to re-elect members for 2017. This will be our last meeting for the year. All welcome to attend.

Usha Arvind
President Canteen Committee

Chess News



Thank you to these boys who committed their time on Sunday 30 October to play in the Schools Chess challenge at Knox Grammar School.

Amerthan Thevathasan, Mridul Pant, Dean Rong, Leo Ye, Kalaish Stanley, Ryan Lee and Matthew Ye.

Congratulations to Peter Boylan, Henry Chen and Jinghan Wu who were runners up in the competition.

R. Barr
MIC Chess

Cricket Canteen at Fairland Pavilion

The Cricket Committee will soon be trialling a cricket canteen at the Fairland Pavilion during our home games.

Cricketers, their parents and well-wishers from High as well as the opposition teams are invited to come along and purchase cold drinks, PowerAde, water, lollies and snacks at nominal prices. The generated funds will be directed towards betterment of cricket at High.

When we open, please come along and support the cricket program by making a purchase or two from the cricket canteen at every home game.
Cricket Committee



P&C

High Family



High P&C Annual General Meeting Monday 14 November 2016 6.30pm Staff Common Room

The P&C AGM is coming up – all members of the school community are encouraged to attend. Annual reports will be provided by the President and the Treasurer, before all P&C positions are declared vacant.

Elections will then be held for all offices: President, Vice President (2), Treasurer, Secretary, and Committee Members (6). P&C representatives on the following bodies will also be elected or nominated: School Council, Sports Council, High Foundation, Wellbeing Committee, Library Committee. Coordinators for P&C catering and parking will be nominated.

The P&C needs your help – there is lots to do!

If you would like to nominate for one of the above roles, or would like to find out more, please email sbhs.pandc@gmail.com. We would love to hear from you!

The AGM will be followed by a short P&C General Meeting.

This Week's News

Please 'like' the P&C's Facebook page -

www.facebook.com/sbhspandc

and keep up to date with events and other information regularly posted regarding the High Family

Upcoming Diary Dates

Monday 5 December 2016

P&C Thank You Evening

All members of the High community who have contributed to our school in 2016 are invited to celebrate another successful year – details to follow.



High Sailing

Sailing for High this week consisted of 6 boats sailing out of Rose Bay on Saturday morning. Up for an early morning, skippers and crews arrived and rigged their boats quickly, with Year 7s Leon Liu, Nithin Raghavan and Arion Sclavenitis readying their craft for their first taste of Saturday sailing.

Skippers and their crews, Alex de Araujo, Edward Heaney, Kai Huang, Kevin Chung, Patrick Han, Dallas Yan and Jarrod Khaw all sailed well amidst weakening winds.

While we were able to start the first race, the drop-in wind from 7 knots to 2 knots only allowed us to sail briefly before returning to shore with the other competing boats from Cranbrook, Scots and Ascham schools. Unfortunately, no races could be finished before sailing was cancelled for the day due to a lack of wind nevertheless, it was good for our Year 7 sailors to experience the unpredictability of the weather in sailing and to also gain some valuable hands on practice preparing and getting acquainted with their boats.

Special thanks to Jack Vorgias for filling in as an impromptu crew member after one sailor had become ill.
M Cotton



HIGH TENNIS

1st Grade Tennis Report

Round 2 of the GPS trial season saw the Firsts take on Grammar at home. The team for this round was Stevie Young, Matthew O'Sullivan, Andre Putilin, Samuel Yu, Antonio Li, and First grade debutant Justin Liu. For the second week in a row the day began with wet weather but cleared in time for the day's play. For the second week in a row, we dominated our opposition - even more so than last week - winning all our matches in straight sets and by clear margins. We were so dominant that our number four player Samuel, was almost inconsolable for a short while after his match. Despite winning 6-0, 6-1 he was upset because he felt he had played very badly, by his own standards, due to having served an unusually high number of double faults. Some of those double faults led to him losing that solitary one game in the last set.

We need to remain focused and not get too carried away with these wins because other teams will no doubt provide much stiffer competition. It is pleasing though that we retain a perfect record early in this term and remain on track for a very good season.

Scores :

Doubles

1. Stephen Young & Andre Putilin: 6-4 6-3
2. Matthew O'Sullivan & Samuel Yu: 6-1 6-0
3. Antonio Li & Justin Liu: 6-3 6-1

Singles

1. Stephen Young – 6-0 6-4
2. Matthew O'Sullivan – 6-3 6-0
3. Andre Putilin – 6-1 6-0
4. Samuel Yu – 6-0 6-1
5. Antonio Li – 6-0 6-0
6. Justin Liu – 6-2 6-4

Matthew O'Sullivan (10S)

2nd Grade Tennis Report

Another week, another trial match. This time, 2nd Grade had the pleasure of playing at Sydney Grammar's home courts and tasting their...sumptuous food. That day, we also had the pleasure of seeing Danny winning two sets in 29 minutes, Khobi breaking two sets of strings and Cyrus scoring a quad bagel!

Congratulations to all our 2nd Grade players who won their games 11-1.

Scores:

Doubles

1. Wanyu Tang & Khobi Deep: 6-0 6-1
2. George Ge & Cyrus Dadgostar: 6-0 6-0
3. Danny Yu & Aaron Tang: 6-1 6-2

Singles

1. Wanyu Tang 3-6 6-3 6-4
2. Khobi Deep 3-6 6-7 (4-7)
3. Cyrus Dadgostar 6-0 6-0
4. Danny Yu 6-0 6-0
5. George Ge 6-1 6-2
6. Aaron Tang 6-2 6-3

George Ge (11S)

MIC Tennis Report -Trial Round 3 High vs Grammar

It was great to see the boys on the courts with the sun out after what was miserable morning weather. All grades were able to play their matches with the exception of the U14's who were cancelled at their Weigall venue. 3rd – 6th Grade put on a solid performance winning 6-0 in all grades on home soil and were looking almost as sharp as the squeegeed blue courts of High.

3rd Grade won 6-0

4th Grade won 6-0

5th Grade won 6-0

6th Grade won 6-0

16's learnt a valuable lesson in arriving on time to warm up, boys in 16's arriving late were not allowed to play. This meant a complete reshuffle creating mismatches across the entire age.

16A Lost 4-2

16B Lost 0-3

16C Lost 0-6

16D Lost 1-5

15's tried hard in the frustrating wet synthetic courts at Moore Park going down to Grammar this round.

15A Lost 1-5

15B Tied 3-3

15C Lost 1-5

15D Tie 3-3

It is essential that boys arrive on time for training and warm-ups before matches. Arriving as the 1st serve is delivered is not a recipe for a successful point, game, match or season and will not be accepted. Please ensure

your son is arriving no later than 40mins prior to start time. If an unfortunate mishap does occur, then your son is to contact the MIC, coach or a team mate to communicate this. Coaches should not be left standing one minute prior to start time with missing tennis players.

Saturday 5 November Fixtures –

Tennis - Trial 4			
Team	Opponent	Venue	Time
1 st	Top 6 Tournament	Kings	8am-5pm
2 nd	Newington	Newington Courts 1-4	11.30am
3rd & 4th	Newington	SBHS 1-4	12.00am
5th & 6th	Newington	SBHS 1-4	2.00pm
7 th & 8 th	Newington	Camperdown	12-2pm
16A & B	Newington	Moore Park Courts	8.00am
16C & D	Newington	Moore Park Courts	10.00am
15A & B	Newington	Newington Courts 1-4	8.00am
15C & D	Newington	Newington Courts 1-4	10.00am
14A & B	Newington	SBHS 1-4	8.00am
14C & D	Newington	SBHS 1-4	10.00am

K Rich

MIC of Tennis



PDHPE – Fitness Assessment September 2016

The final fitness assessment of our Year 7 – 10 students was carried out during September. In 2016 personal goal times were again set to encourage each student to improve and maintain a higher level of aerobic fitness. It was very pleasing to see 233 students (30%) achieve their personal goals. Congratulations to the goal achievers listed below as well as all the students who “had a go”.

Year 7 (37 students)
Ghazi Arasyid, He-shyan Balnave, Richard Bao, Ohm Bhandari, Saakif Bin Mashiur, Leon Chai, Athan Chen, Vincent Cheng, Andrew Gu, Chris Ho, Huaichen Huang, Dylan Huyhn, Androsh Kandiah, Ronald Lim, Jack Lin, Leon Liu, Zachary Liu, Jordan Ly, Yutian Mai, Ike Matsuoaka, Leo Meng, Antoine Nguyen, Ben Nguyen, Tony Nguyen, Ryan Ong, Roy Pachon, Joshua Reid, Rhys Shariff, William Tang, So Ninh Tran, Samir Uddin, Aaron Xu, Adam Yan, Aryan Zaman, Daniel Zheng, Lawrence Zhuang and Blair Zong
Year 8 (84 students)
Ritchie Ah-Koon, Dhruv Agrawal, Ozan Akarsu , Cullan Ariyawanse, Sahithyan Baskaran, Vikas Bolisetty , Matthew Bui, Felix Cao , Harry Chen, Owen Chen, William Chen, Sam Colgan, Khobi Deep, Lawrence D'Mello, Ikko Ehode Arimoto, Michael Gao, Menuja Goonaratne, Jonathan Gu, Kieran Guan, Edwin Guo, Angus Henningham, Lachlan Ho , James Huang , Steven Huang, Anton Joseph, Jarrod Khaw, Ethan Kwan, Alex Lai, Kevin Lam , Samuel Lee, Harry Li, Edmond Liang, Ivan Liang, Anthony Lin, Guancheng Lin, Jeffrey Lin , Roy Lin, Xi Liu, Vivek Mahajan, James Maniaci, Hirosh Manoharan, Kenneth Mao , Kelvin Meng, Matthew Moloney, Braveen Murugathas , Harris Nguyen, Hoang Nguyen, Andrew Nguyen, Nicholas Palmer, Hao Pan, Mridul Pant , William Pham, Varunkrishna Premkumar, Theodore Qian, Varun Rana, Mohamed Rizme, Noah Robertson, Keenen Roshan, Adhirath Senthil, Varun Sharma, Yishan Shen , Chong Shi, Shuming Song, Daniel Suttner, Kevin Tong, Jonathan Tran , Kevin Tran, Aryan Verma, Samuel Vu, Shangwei Wang, Alan Wong, Bill Wong, Lucas Wong, Toby Wu, Richard Xue, Alex Yeung, Nelson Zhai, Henry Zhang, Joshua Zhang, Owen Zhang, Ramon Zhang, Edwin Zheng, Alex Zhou and Richard Zhou.
Year 9 (64 students)
Nayar Alam, Srikar Burju, Ryan Chan, Andrew Chang , Timothy Chen, Marcel Chew, Rongxuan Chong , Edison Dorahy, Warren Du, Aryan Dutt, Louie Flint, David Goh , Campbell Green, Carl-Joshua Gunther, Eddy Her, Henry Ho, Eric Holmstrom , Patrick Huang, Aryan Jani, Ryan Jepson, Chris Jin, Akif Kazi, Ryan KC, Sang Lee, James Li, Jeff Li, Kevin Liao, Kenny Lin, Gary MacNamara, Arshad Mohamed , Joon Moon, Terence Mui, Maadhavan Nadeswaran , Howard Ng, Dylan Ngui, Francis Nguyen , Kris Parekh, Jack Parsons, Brian Pham , Andre Putilin, Stephin Robinson, Vasco Santos-Dwyer , Thomas Schanzer , Adam Simic , Arnav Sojan, Soneeshun Selvarajah, Jevon Somanader, Alex Tan, Geoffrey Tan, Amerthan Thevathasan, David Tsai, Hunar Verma, Jack Vorgias, Daniel Wang, Jimmy Wang, Abraham Wono, David Wu, Jonathan Wu, Jayden Xian, Jinmin Xu , Yu Chen Xu, Jason Yu, Samuel Yu and Jason Zhang
Year 10 (48 students)
Rudraksh Ahi, Oliver Avdi-Ohlsson , Naveen Avula , Daniel Bounitch , James Bui, Damian Chan , Vincent Chen, Alexander De Araujo, Rishi Dhushyandan, Andrew Guang , Allen Guo , Alan Ho , Jack Horton , Jaden Kim, Brendan Kwan, Dev Lalwani, Timothy Lam, Jonathan Lee , Ricky Li, Timothy Li, Genting Lu, Kai Mai, Ashwin Muthayya, Keanne Nguyen , Daniel Ma, Matthew O'Sullivan , Theodore Pericleous , Kinzey Rahardja, Aaron Ruan, Luis Sales, Dimas Sanjoyo , Vishesh Sarda , Abhijot Singh, Matthew Tang, Timothy Trent, Maxwell Wiles, Denzel Wong, Lingyu Wong, Pak Hei Woo , Sampson Xie , Tony Xu, Nelson Zeng, William Zeng, Jason Zhang , Jeremy Zhang , Alan Zhao, Hugh Zhou and Gorden Zhuang

Personal goals have been set since 2011. The boys highlighted in bold have achieved their personal goals on two occasions. The following boys have achieved their personal goal in three consecutive years. Year 9: Nikhilesh Belulkar, Daniel Bounitch, Damian Chan, Archie Fox, Ryan Ho-Shon, Kevin Li, Leonardo Wang, Jason Wei and Hanqing Yi. Year 10: Elliot Love, Kevin Zhang and Tim Zhang.

Special congratulations to Year 10 students Sadin Safar, Jason Feng, Terrence Feng, Connor Fisher, Ray Gu, Kevin Guo, Shadman Habib, Harrison Li, Rahul Prabhu, Nathan Quan, Wanyu Tang, Charlie Weng, Ruilin Zhang, Jeffrey Zheng and Jonathan Zheng, who achieved their personal goals in four consecutive years, which has been a sustained effort of high achievement over an extended period.

The personal challenge will continue in 2017. I look forward to more students taking up the 1.6k challenge and achieving their personal best times next year. The complete 1.6k run results for 2016 follows.

An assessment of 90% or better required a student to run the 1.6km in a time of 6 mins 30 secs. 50% or better, required a time of between 7 and 8 minutes. 10% or less means the 1.6km run was completed in a time greater than 9 mins 30 seconds.

Percentile Band Results For 2016

Percentile band	No. of students in each percentile band							
	Year 7		Year 8		Year 9		Year 10	
	Feb	Sept	Feb	Sept	Feb	Sept	Feb	Sept
70th – 99th band	16	48	32	72	46	60	43	60
40th – 69th band	31	43	58	53	53	55	46	44
5th – 39th band	124	87	81	50	109	86	96	101
Non-starters	9	2	9	5	2	8	24	4

Mean results for each year group 2013, 2014, 2015 and 2016

	Feb 13	Sep 13	Feb 14	Sep 14	Feb 15	Sep 15	Feb 16	Sep 16
Year 10	46%	53%	51%	50%	50%	55%	51%	53%
Year 9	49%	69%	50%	68%	51%	70%	48%	50%
Year 8	38%	60%	47%	61%	40%	55%	49%	64%
Year 7	32%	62%	34%	53%	31%	57%	34%	51%

1.6km Run – Best Performances and Record Holders (2003 – 2016)

Date	Year 7	Year 8	Year 9	Year 10
2003	Danny Fu 6m 55s	Quan Nguyen 6m 04s	Andrew Reis 5m 44s	Paul Watzlaff 5m 00s
2004	Alasdair Brown 6m 13s	Alastair Taylor 5m 39s	Richard Xu 5m 53s	Attila Szabo 5m 11s
2005	Keiran Taylor 5m 55s	Cameron Reeves 5m 35s	Alastair Taylor 5m 45s	Harry Walker 5m 28s
2006	Andrew Ye 6m 15s	Stephen Yoon 5m 56s	Jeremy Ireland 5m 38s	Matthew Fsadni 5m 33s
2007	Andreas Purcal 6m 07s	Sam Lane 5m 28s	Michael Ambrose 5m 24s	Jeremy Ireland 5m 03s
2008	Arjun Punekar 5m 47s	Anton Brokman 5m 41s	Sam Lane 4m 53s	Michael Ambrose 5m 24s
2009	Eugene Lee 5m 43s	Oliver Kirk 5m 37s	Lloyd Perris 5m 00s	Sam Lane 4m 54s
2010	Luke Hoad 5m 43s	Eugene Lee 5m 12s	Jonathan Clements-Lendrum 5m 10s	Adam Booth and Lloyd Perris 5m 01s
2011	Steven Xue 5m 50s	Wesley Beare 5m 32s	Ned Anson 5m 08s	Jonathan Clements-Lendrum 5m 04s
2012	Kevin Guo 5m 54s	Nafis Rahman 5m 47s	Bailey Musulin 5m 29s	Ned Anson 5m 00s
2013	Daniel Bounitch 5m 46s	Elliot Love 5m 33s	Luke Schofield 5m 04s	Jonathan Chew 5m 36s
2014	Eric Holmstrom 5m 12s	Ryan Ho-Shon 5m 34s	Stephen Young 5m 07s	Luke Schofield 4m 49s
2015	Vikas Bolisetty and Jonathan Tran 5m 47s	Eric Holmstrom 5m 01s	Michael Pak-Hei Woo and Jonathan Lee 5m 25s	Stephen Young 5m 00s
2016	Rhys Shariff 5m 36s	Matthew Moloney 5m 18s	Eric Holmstrom 4m 49s	Lachlan Goff 5m 19s

It is interesting to compare a Year group over time against themselves, as well as against previous Year groups.

The highest Year mean ever recorded was 72% by Year 10 in 2003. In 2015 Year 9 equalled the highest ever Year 9 mean of 70% set in 2002. This year, Year 8 set the highest mean recorded for Year 8 of 64%. Congratulations to Year 8. Hopefully they can continue the good work next year.

G. Stein,
HT PDHP

SHOOTIN' HOOPS

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High vs Grammar Term 1, 2016

1st	WIN	60-41	O.DUMAS 25, L.SCHROEDER 17
2nd	WIN	56-35	C.GREEN 13, A.RANKIN 9
3rd	WIN	43-17	H.BARTLEY 14
4th	WIN	34-25	A.LEE 8
5th	WIN	25-24	D.NGUYEN 8
6th	RAIN		
7th	RAIN		
8th	RAIN		
9th	RAIN		
10th	RAIN		
16A	WIN	38-36	TEAM EFFORT
16B	WIN	39-33	F.FANG 11
16C	WIN	51-13	J.KIM 14
16D	WIN	26-8	TEAM EFFORT
16E	WIN	15-5	JEREMY MA 6
16F	RAIN		
15A	WIN	51-17	CJ.GUNTHER 20
15B	WIN	26-8	J.WU 8
15C	WIN	33-18	TEAM EFFORT
15D	WIN	15-9	TEAM EFFORT
15E	LOSS	16-29	TEAM EFFORT
15F	LOSS	18-25	TEAM EFFORT
14A	LOSS	17-54	TEAM EFFORT
14B	LOSS	18-39	A.WONG 7
14C	LOSS	28-33	W.LI 6
14D	WIN	30-10	TEAM EFFORT
14E	WIN	25-8	TEAM EFFORT
14F	RAIN		
13A	LOSS	13-42	S.JIANG MVP
13B	LOSS	8-41	A.CHEN 4
13C	LOSS	4-36	B.NGUYEN 4
13D	LOSS	4-43	R.WIG MVP
13E	LOSS	0-52	TEAM EFFORT
13F	RAIN		

High vs Grammar Term 4, 2016

1st	WIN	72-58	O.DUMAS AMAZING PERFORMANCE
2nd	WIN	54-41	N.CASACLANG 11
3rd	WIN	36-22	A.LEE,S.LI 7
4th	WIN	50-35	H.VYE 10
5th	LOSS	19-24	D.THICH 6
6th	LOSS	26-20	A.ZAFAR/S.NGUYEN 6
7th	WIN	37-16	M.NGO 13
8th	RAIN		
9th	RAIN		
10th	RAIN		
16A	WIN	35-16	ALL PLAYERS SCORED
16B	LOSS	24-27	J.XIE 10
16C	LOSS	12-17	J.LUO 6
16D	RAIN		
16E	RAIN		
16F	RAIN		
15A	LOSS	23-47	A.GORDON MVP
15B	LOSS	21-28	A.ZHOU 7
15C	WIN	28-24	G.WONG 13
15D	WIN	29-27	TEAM EFFORT
15E	WIN	46-12	TEAM EFFORT
15F	WIN	27-20	A.MASEN 8
14A	RAIN		
14B	RAIN		
14C	RAIN		
14D	RAIN		
14E	RAIN		
14F	RAIN		

A great week against Grammar for High basketball, with only 5 losses overall. It's important to note how many times the results table has 'team effort'. Well done to all teams. It's so important that everyone chips in and represents High with pride. The sum of the individuals is greater than the sum of its parts. This week, both firsts and seconds played outstanding games, with firsts blowing Grammar out by 14 points and seconds winning by 13. Congratulations to Oscar Dumas for yet another amazing performance, playing like he did last time we played Grammar. Congratulations to Noah Casaclang for dropping 11 points in the second's game as well! Mr Hayman also noted CJ Gunther's 13.5 efficiency game in the seconds was its grades' best performance thus far.



Tunnel for the firsts with Mr Shirley

There was a fantastic show of people at the tunnel from the changerooms against Grammar, let's have similar numbers for this week!



Oscar Dumas with a baseline jumper

One person does not make a team. It's important that boys are representing High basketball outside school in their local clubs as well as in the GPS. Many basketball stadiums are hosting representative trials, and this is a great way to publicize the spirit of High basketball. If



Angus Rankin taking free throws

others hear about the terrific basketball program that High has to offer, then they can further their basketball skills more than they thought possible. Good luck to all trialling

This week we are playing Newington at home. Let's ensure we have the same numbers as we did last week; stands were completely full! Don't forget to also be there for the tunnel at the firsts game. Many thanks to Mr Hayman, coaches and the rest of the high basketball community for making this week possible! Don't forget to tune in for next week's edition of *Shootin Hoops*!

NBL News

Now tuning to the world of the NBL, where the Sydney Kings beat the Brisbane Bullets to make it five wins from 5! Former Los Angeles Lakers Steve Blake brought a wave of excitement through the NBL, where he led the Kings to an impressive 97-78 win. The Kings are also now the NBL tittle favourites, which is a great redemption from last season's disappointing end. The Kings avenged their first-round loss to the Bullets to record their fifth straight win in the club's best start to a season since 2007. This is a huge feat!



Steve Blake (left) and Josh Powell enjoy a good laugh during the game against the Bullets on Sunday.

Blake reinforced that the fans were the reason that keeps the team enthused, and that is what encouraged them to pursue the win on Brisbane. With a "fan base" and undefeated win streak like Sydney High's, I guess the High Basketball Community are not much different to the Sydney Kings in that sense.

Go HIGH!

Play Hard, Play Smart and Play Together!

Thanks to everyone who makes Shootin' Hoops possible

Brought to you by Adam Gordon and Alex Zhou



VERITATE ET VIRTUTE



Cricket Results – 2016 Term 4 Week 2: 22nd October, 2016

Team	Score	Result	Highlights
1 st XI	SBHS 10 – 120 v Grammar 3 – 123	Lost	Sabesh Murugananthan 46
2 nd XI	SBHS 10 – 73 v Grammar 1 – 76	Lost	
5 th XI		W/O	
16A		W/O	
16B	SBHS 10 – 57 v Grammar 5 – 211	Lost	
15A	SBHS 3 – 98 v Grammar 10 – 95	Won	3 run-outs, Menuja Goonaratne 36*
15B	SBHS 10 – 100 v Grammar 3 – 105	Lost	
15C	SBHS 1 – 62 v SBHS 14C 6 – 60	Won	
14A	SBHS 8 – 122 v Grammar 4 – 126	Lost	
14B	SBHS 10 – 36 v Grammar 4 – 231	Lost	
14C	SBHS 6 – 60 v SBHS 15C 1 – 62	Lost	

Cricket Report

For 1st and 2nd XI GPS points ladder please go to:
<http://aagps.nsw.edu.au/summer-sports/cricket/>

We had our first round of the GPS competition against Grammar. The 1st XI had an evenly fought contest with both teams fielding very inexperienced sides. We elected to bat first and Sabesh Murugananthan once again scored in the 40's helping the boys set a reasonable target. Unfortunately, the bowling was not aggressive enough at the stumps and Grammar chased down the runs.



14Bs against SGS

The 15As have started the season strongly beating a well matched Grammar team. We are hoping for a strong season for this team, so it was great to see them get off to a flying start.

The 15Cs and 14Cs played an internal match that was played in great spirit. After the 15Cs won the match the boys decided to play on, resulting in Tarun Saravanakumar Gomath taking a hat-trick.

To all parents and players, don't forget to go through the points below:

- Please make sure that all the boys wear SBHS logo hats and tops.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- Please notify their coach if they are unable to attend training or their fixture.

Geoff Tesoriero
 MIC of Cricket



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Discounts available for SBHS/SGHS students and all Old Boys/Girls and staff members.

Off street parking available by prior arrangement.



Have you ever wanted to be part of a World Record?

I have buddied up with The World's Greatest Shave Leukaemia Foundation to attempt a Guinness World Record for the most heads shaved in one hour. I need your head more than ever, please help create awareness for Leukaemia Foundation. Be brave and be bald the current record stands at 75. That's a lot of heads... Please spread the word to your family, friends and work colleagues to be part of this World Record Attempt.

Details:

Location: RAW Anthony Nader Salon, 100 Commonwealth St, Surry Hills

Date: Sunday 13th Nov @11am

Hosted by Tom Williams Channel 7 (The Daily Edition, Winner of dancing with the stars)

Here's how you can help....

If you are keen to get your head shaved as part of this Guinness World Record attempt, then please JOIN my Team. www.worldsgreatestshave.com/signup/97959

Or contact **Marc Armstrong 0422 012 583**

www.facebook.com/WorldsGreatestShaveGuinnessWorldRecordAttempt/

If you would like to show your support you can donate to the Leukaemia Foundation website... my.leukaemiafoundation.org.au/marcarmstrong1



Leukaemia Foundation
**WORLD'S
GREATEST
SHAVE**

Free Graduated Licensing Scheme Workshops for Learner Driver Parents in Woollahra



Young drivers are three times more likely to be involved in casualty crashes. That's why the Roads and Maritime Services has introduced a new licensing scheme, with more supervised driving practice for learner drivers.

To help parents in supervising learner drivers, the Roads and Maritime Services has set up a FREE 2-hour workshop for parents that offers practical advice on how to help learner drivers become safer drivers.

A FREE parents' workshop will be conducted by David Riches on Monday November 28 at the Rose Bay Sailing Club from 6.00 pm – 8.00 pm.

Early bookings are essential, by phoning David on 0434 964764 now to reserve your place, or email saferlearnerdrivers@gmail.com

MOLLUSCUM CONTAGIOSUM

Key Features of Molluscum Contagiosum

- Molluscum contagiosum is a contagious skin virus
- Incubation period minimum 2-8 weeks
- Raised smooth bumps with a white dimple when developed
- Bumps start pin sized, grow to 1-4 mm over several weeks
- Usually clusters of 2-10; extensive infections 20-50+ bumps
- Average resolution 12 months & in 13% of cases more than 24 mths
- Bumps may be inflamed and/or surrounded by eczema
- Not generally itchy or painful; itchiness may be associated eczema
- People pre-disposed to eczema have more molluscum for longer
- Molluscum transmitted to other children in 40% of families



Typical molluscum bumps

Children & Molluscum

- Usually found on the torso, thighs and face
- Scratching bumps spreads infection
- Children do not need to be excluded if precautions taken

Molluscum in Adults

- Usually found around the genitals if caught as an STD
- Parents & carers often get molluscum on face and scalp



Cluster of inflamed molluscum

How is Molluscum Spread?

- Direct skin to skin contact
- Hands and fingernails
- Towels, face cloths, soap bars, clothes, toys, baths, pools

Stopping the Spread - Precautions

- Cover molluscum bumps with clothing or Band-aids/Elastoplast
- Don't share towels, toys, clothes, etc with infected person
- Wash hands frequently; wash towels, clothes, toys often
- Use liquid soap, not soap bars
- Don't share baths; shower if possible
- Avoid skin to skin contact with infected areas



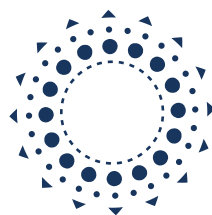
Eczema associated with molluscum

TREATMENT OPTIONS

- **Do nothing:** runs risk of spreading infection over the body and to family & friends.
- **Cryotherapy:** freezing molluscum bumps.
- **Surgical scraping:** with a curette or scalpel.
- **Laser:** pulsed dye laser.

Above medical procedures treat each individual bump.

- **Topical Lotions & Ointments:** Allow more bumps to be treated at the same time.
- **Mollenol Sensitive** ointment for children 4 years & under and **Mollenol** for older children and adults.



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November/December 2016

04-11-2016

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 C	7 Attendance and Progress Review (all Years) Year 11 English Excursion: Discovering Discovery, Wesley Centre, All day Art Excursion: City, all day, Selected year 10 Year 8 Yearly Exams	8 Year 8 Yearly Exams Year 10 Peer Mediation Day, 203, 09:00-15:20 School Council Meeting, Board Room, 17:30-19:00 Landscaping: Cricket nets (COLA) garden, 07:00-15:00	9 Year 8 Yearly Exams Landscaping: Cricket nets (COLA) garden, 07:00-15:00 Rowing: Committee Meeting, room 901, 19:00	10 Sports Council Meeting, Board Room, 07:30 Landscaping: Cricket nets (COLA) garden, 07:00-15:00 Year 8 Yearly Exams Bake Sale: Recess and Lunch Evacuation Drill, end of P2 Welcome evening organisation, staff common room, 16:00-18:00	11 Landscaping: Cricket nets (COLA) garden, 07:00-15:00 Remembrance Day Ceremony, 10:45 (all school) Debating: Sydney Regional Debating, 16:00-17:00 (rooms 104,105)	12 Sport: Group 1 SJC v SHS, Group 2 SJC v SHS Rowing: Grammar Regatta, SIRC	13 Great Hall Booking: 06:00-18:00 Parking: Sydney FC v Perth Glory, 17:00 (Rowing)
6 A	14 *** Year 7 Meeting, Great Hall, 09:55-10:20 Class test: 10MaC-P3 P+C Executive Meeting, Board Room 17:30 P+C Annual General Meeting, Staff Common Room, 18:30 P+C Year Rep meeting, Staff Common Room Stewart House Day Mufti/BBQ (Y7 community service) Online Selective Schools	15 *** Year 9 Report Interviews Music Awards Assembly, Great Hall, 09:55-10:40 (8, 10, 12) Amnesty International Schools Conference (selected students) Year 7 and other new students in 2017 Orientation Afternoon, 14:00-18:30 Fundraising Management Committee meeting, 17:30-18:30	16 Year 10 Meeting, Great Hall, 10:00-10:25 Meet The Music, Opera House, 18:30-20:15	17 Year 9 Meeting, Great Hall, 09:55-10:20	18 Year 7 vaccinations, Years 8 and 11 catch up, Jnr Library, 09:30-13:00 Year 10 Yearly Exams AAGPS General Committee Meeting, 14:30 Debating: Sydney Regional Debating, 16:00-17:00 (rooms 104,105)	19 Sport: Group 1 SHS v Shore, Group 2 SHS v TSC Rowing: SJC Regatta, SIRC	20
7 B	21 Year 10 Yearly Exams Tri-State Cup (Year 9 Cricket, water polo, table tennis and tennis)	22 Year 10 Yearly Exams Tri-State Cup (Year 9 Cricket, water polo, table tennis and tennis) Year 7 Report Interviews	23 Year 10 Yearly Exams Rowing: Melbourne High Exchange Year 11 Study Day Tri-State Cup (Year 9 Cricket, water polo, table tennis and tennis) Cricket: SE SSA Trials	24 Year 11 HSC Assessment Exams Year 10 Yearly Exams Rowing: Melbourne High Exchange	25 Year 10 Yearly Exams Year 11 HSC Assessment Exams Rowing: Melbourne High Exchange GPS Summer Sports Assembly (Basketball, Cricket, Swimming, Sailing, Tennis, Water Polo), Great Hall, 10:15-11:00 (7, 8, 9) Debating: Sydney Regional Debating, 16:00-17:00 (rooms 104,105)	26 Sport: Group 1 SHS v Shore, Group 2 SHS v Shore Rowing: Melbourne High Exchange Rowing: Scots Regatta, Hen and Chicken Bay Parking: Sydney FC v Adelaide United, 19:50 (Music)	27 Cricket: East Coast Cup, Years 7, 8 and 9 Great Hall Booking: 06:00-23:00
8 C	28 Year 11 HSC Assessment Exams Basketball: National School Championships (tbc) Cricket: East Coast Cup, Years 7, 8 and 9 Cricket: Leadership Day, Selected students	29 Year 11 HSC Assessment Exams Year 8 Report Interviews Music Parents Support Group AGM, Staff Common Room, 18:30-20:00 Basketball: National School Championships (tbc) Cricket: East Coast Cup, Years 7, 8 and 9	30 Closing date for Awards Scheme 2016 Year 11 HSC Assessment Exams Basketball: National School Championships (tbc) Cricket: East Coast Cup, Years 7, 8 and 9	1 Opening date for Awards Scheme 2017 Year 11 HSC Assessment Exams SBHS Fitness Expo, PDHPE Year 10 Elective, 09:00-11:30 Year 10 Senior Production: The Venetian Twins Basketball: National School Championships (tbc)	2 Year 11 HSC Assessment Exams Year 10 Senior Production: The Venetian Twins Basketball: National School Championships (tbc)	3 Honeybees Concert, Great Hall, 12:00-24:00 Year 10 Senior Production: The Venetian Twins, 19:00 (tbc) Water Polo: Thomas Whalan Cup	4 *** Cricket: Five Highs, Perth Jazz Workshop: 13:00-15:00 Jazz in the Courtyard, Rooms 101 + 201, 15:30-17:00, Great Hall, 15:30-17:00 Parking: Australia v New Zealand