

# Swimming Report 2016



## School Swimming Carnival 2016

The school swimming carnival was held on Monday the 1<sup>st</sup> February at Des Renford Pool, Maroubra. It was great to see so many boys participating in so many events despite the wet weather. All results can be viewed via this link.

<http://www.sydneyboyshigh.com/documents/carnivals/2016/swim/>

In Summary:

### HOUSE POINTS

#### Overall Statistical Summary - Ordered by Grand Total

PLACE	TEAM	TOTAL	EXTRAS	GRAND TOT.	% TOTAL
1	Rubie	223	0	223	0
2	McKay	156	0	156	0
3	Saxby	84	0	84	0
4	Torrington	80	0	80	0
5	Eedy	65	0	65	0
6	Fairland	49	0	49	0

Congratulations Rubie

### RECORDS

#### Backstroke 50-100m

DIVISION	COMPETITOR	TEAM	RESULT	DATE
12_U Male	James LUO	McKay	'38.00 Mins	3/02/2014
13 Male	Allen GUO	Fairland	'36.20 Mins	3/02/2014
14 Male	Leonard MAH	Rubie	0'34.25 Mins	14/02/2011
15 Male	ELLIS LOUIE	Eedy	'32.03 Mins	4/02/2003
16 Male	Christian HADD0	Eedy	1'10.70 Mins	3/02/2014
17_0 Male	Christian HADD0	Eedy	1'10.54 Mins	2/02/2015

#### Breaststroke 50-100m

DIVISION	COMPETITOR	TEAM	RESULT	DATE
12_U Male	Nathan WANG	Rubie	0'41.78 Mins	1/02/2016
13 Male	Allen GUO	Fairland	'38.34 Mins	3/02/2014
14 Male	William (Geon) LEE	Rubie	0'34.78 Mins	1/02/2016

15	Male	Andrew REIS	Eedy	'33.44	Mins	3/02/2004
16	Male	Andrew REIS	Eedy	1'10.00	Mins	8/02/2005
17_O	Male	Benjamin CHOW	Rubie	1'05.00	Mins	8/02/2005

### Butterfly 50-100m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	'35.87	Mins	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	'32.47	Mins	14/02/2011
14	Male	James LUO	McKay	0'31.69	Mins	1/02/2016
15	Male	Christian HADDO	Eedy	0'29.80	Mins	4/02/2013
16	Male	Ellis LOUIE	Eedy	1'03.90	Mins	3/02/2004
17_O	Male	Thomas MILLER	Torrington	1'02.25	Mins	3/02/2004

### Freestyle 100m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	1'09.00	Mins	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	1'05.05	Mins	14/02/2011
14	Male	William (Geon) LEE	Rubie	1'01.90	Mins	1/02/2016
15	Male	Christian HADDO	Eedy	0'58.30	Mins	4/02/2013
16	Male	Kalem BEST	McKay	0'59.00	Mins	2/02/2015
17_O	Male	Thomas MILLER	Torrington	0'55.57	Mins	3/02/2004

### Freestyle 200m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	2'31.00	Mins	3/02/2014
13	Male	Brandon YOON	Eedy	2'28.00	Mins	4/02/2013
14	Male	Kalem BEST	McKay	2'17.80	Mins	4/02/2013
15	Male	Jake ROWLANDS	Rubie	2'10.00	Mins	3/02/2014
16	Male	Christian HADDO	Eedy	2'10.00	Mins	3/02/2014
17_O	Male	Thomas MILLER	Torrington	2'05.41	Mins	3/02/2004

### Freestyle 400m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
15_U	Male	Jake ROWLANDS	Rubie	4'38.02	Mins	3/02/2014
16	Male	Andrew REIS	Eedy	4'26.33	Mins	8/02/2005
17_O	Male	G BREWER		4'12.00	Mins	31/01/1976

### Freestyle 50m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	31.50	Secs	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	29.50	Secs	14/02/2011
14	Male	Leonard MAH	Rubie	27.94	Secs	14/02/2011
15	Male	Christian HADDO	Eedy	26.80	Secs	4/02/2013
15	Male	Leonard MAH	Rubie	26.80	Secs	6/02/2012
16	Male	Tom MILLER	Torrington	26.15	Secs	6/02/2002
17_O	Male	Thomas MILLER	Torrington	25.18	Secs	3/02/2004

## Freestyle 800m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
16_U	Male	B EBEL		9'16.34	Mins	31/01/2003
17_O	Male	S CROFT		9'30.91	Mins	31/01/2003

## Individual Medley 200-400m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
16_U	Male	Andrew REIS	Eedy	2'28.00	Mins	8/02/2005
17_O	Male	Barry DUBOVSKY	Torrington	6'17.83	Mins	3/02/2004

## Records

Congratulations to all participants, especially those recording their personal best. A special mention to the swimmers who broke records on the day: (As per table of Record Holders)

## Age Champions 2016

- 12 Years - Nathan Wang
- 13 Years - Ike Matsuoka
- 14 Years - James Luo
- 15 Years – David Goh
- 16 Years - Adam Feng
- 17 Years – Kalem Best
- 18 Years – Christian Haddo

## The GPS relay (4X100m) medley (finished 3<sup>rd</sup>).

A promising HIGH team was unable to overcome a strong SHORE team who went on to win the event by the narrowest of margins. Congratulations to them. However, SBHS finished a pleasing 3<sup>rd</sup>. Well done boys.



From left to right:: Kalem Best (freestyle), Andrew McNaughton (captain), Christian Haddo (backstroke,) Jake Rowlands (butterfly) and Kevin Guo (breaststroke)

## GPS Captains dinner (St Ignatius) - Monday night 8th<sup>th</sup> Feb 2016

Congratulations to Andrew McNaughton (Captain) and Haddo (Vice-captain) who represented our school with such pride at the captain's dinner on Monday night. They were all fine ambassadors for the school. Andrew's speech emphasised the importance of passion, teamwork, attitude, training, his swimming journey from a young age, HIGH's improvement in swimming, commitment and never give up a and always performing to the best of your ability. He also focused on the benefits of the GPS competition. Well done.



Andrew McNaughton (Captain) Christian Haddo (Vice Captain)

## GPS Swimming Report: Carnival 1 – SOPAC – February 12<sup>th</sup> 2016

The first GPS swimming carnival of the 2016 season created an atmosphere of excitement as a promising senior division looked forward to improving on their 3rd place at the SBHS carnival and they didn't disappoint finishing pleasing 2<sup>nd</sup>. a great start also to William Geon Lee for his amazing swim to break and now hold the GPS 14 years 50m breaststroke record.

Congratulations team and to the following swimmers who managed a 1<sup>st</sup> place on the night.

### Event 27 Boys 14 Years 50 Metre Breaststroke

Name	Age	Team	Finals Time
1 Lee, William (Geon)	14	Sydney Boys High	<b>33.30 GPS RECORD</b>

### Event 28 Boys 15 Years 50 Metre Breaststroke

Name	Age	Team	Finals Time
1 Guo, Allen	15	Sydney Boys High	34.27

### Event 49 Boys 16 Years 50 Metre Backstroke Championship

Name	Age	Team	Finals Time
1 Feng, Adam	16	Sydney Boys High	32.15

### Event 56 Boys 14 Years 4x50 Metre Freestyle Relay

Team	Relay	Finals Time	
1 Sydney Boys High		1:58.50	
1) Sae - Jong, Derek 14	2) Luo, James 14	3) Lee, William (Geon) 14	4) XU, Jimmy 14
27.67	31.18	30.62	29.03

### Event 59 Boys 17 Years 4x50 Metre Freestyle Relay

Team	Relay	Finals Time	
1 Sydney Boys High		1:45.90	
1) Best, Kalem 17	2) Haddo, Issac 17	3) Rowlands, Jake 17	4) Schofield, Luke 17
26.93	27.31	26.25	25.41

## GPS Swimming Report: Carnival 2 – Newington College – February 19<sup>th</sup> 2016

Following the 2<sup>nd</sup> place finish in the GPS Opens relay at SOPAC, higher expectations were placed on the High swimmers to deliver at this carnival. The competition was intense at this preliminary carnival as all schools wanted to make a point for the season ahead and cement their position in the GPS relay trophy. A great swim by our seniors saw us finish first but were unfortunately disqualified for an early break in the exchange. A real blow to our chances for winning the trophy.

Congratulations team and to the following swimmers who managed a 1<sup>st</sup> place.

### Event 4 Boys 14 Years 50 Metre Freestyle Championship

Name	Age	Team	Finals Time
1 Luo, James	14	Sydney Boys High	28.18

### Event 18 Boys 14 Years 50 Metre Breaststroke Championship

Name	Age	Team	Finals Time
1 Lee, William (Geon)	14	Sydney Boys High	33.52

### Event 21 Boys 17 Years 50 Metre Breaststroke Championship

Name	Age	Team	Finals Time
1 Guo, Kevin	17	Sydney Boys High	33.36

### Event 25 Boys 14 Years 4x50 Metre Medley Relay

Team	Relay	Finals Time
1 Sydney Boys High		2:12.16
	1) Luo, James 14 2) Lee, William (Geon) 14 3) Sae - Jong, Derek 14 4) XU, Jimmy 14	

### Event 35 Boys 17 Years 50 Metre Backstroke

Name	Age	Team	Finals Time
1 Rowlands, Jake	17	Sydney Boys High	31.54

### Event 37 Boys 12 Years 100 Metre Freestyle

Name	Age	Team	Finals Time
1 Wang, Nathan	12	Sydney Boys High	1:12.30

### Event 52 Boys 14 Years 4x50 Metre Freestyle Relay

Team	Relay	Finals Time
1 Sydney Boys High		1:58.51
	1) Luo, James 14 2) Lee, William (Geon) 14 3) Sae - Jong, Derek 14 4) XU, Jimmy 14	

### Event 55 Boys 17 Years 4x50 Metre Freestyle Relay

Team	Relay	Finals Time
1 Sydney Boys High		1:45.55
	1) Best, Kalem 17 2) Haddo, Issac 17 3) Rowlands, Jake 4) Schofield, Luke 17	

## Zone swimming – 1<sup>st</sup> March 2016

As expected, High was the champion school at zone level in swimming. Zone age Champions were:

- 12 Years – Nathan Wang (7R);
- 13 years – Ike Matsuoka (7M);
- 16 years- Adam Feng (10S) and
- Opens – Andrew McNaughton (12S).

Zone records were broken by:

- Nathan Wang [100m breaststroke 1.31.78 & 50m freestyle];
- SBHS Open 6 x 50M freestyle relay team – 2.48.46;
- SBHS 15 years 4 x 50 m freestyle relay team – 1.55.43; and
- SHS opens freestyle relay team – 1.47.49.

Congratulations to all concerned.

## Swimming news for Carnival 3 at SOPAC , Carnival 4 at Riverview and Opens Relay at the Regionals.

As the competition intensifies and given the disappointment of our DQ ( Opens Relay) the team did well to maintain a positive attitude and perform well at the following carnivals. Well done swimmers.

1<sup>st</sup> place finish for the following swimmers and events.

### *Carnival 3 at SOPAC 26<sup>th</sup> February 2016*

Event	Student	Time
17 years 100 m freestyle	Kalem Best	57.30
12-14 years 200 m IM	James Luo	2.39.51
17 years and over 200 m IM	Jayden Schofield	2.40.27
12 years 50 m freestyle	Nathan Wang	32.82
17 years 50 m freestyle	Kalem Best	25.84
18 years 50 m freestyle	Christian Haddo	25.32
14 years 50 m breaststroke	William Lee	34.05
17 years 50 m breaststroke	Kevin Guo	32.39
12 – 14 years 100 m breaststroke	William Lee	1.16.15
12 years 50 m butterfly	Nathan Wang	39.48
14 years 4 x 50 m medley relay	J Luo, W Lee, D Sae Song, J Xu	2.15.60
17 years 17 x 50 m medley relay	L Schofield, I Haddo, K Guo, J Rowlands	2.02.75

### *Carnival 4 at Riverview – 4<sup>th</sup> March 2016*

Event	Student	Time
14 years 50 m breaststroke	William Lee	33.80
12 years 50 m breaststroke	Xuecheng Liu	49.12
14 years 50 m breaststroke	James Luo	36.32
12 years 50 m butterfly	Nathan Wang	38.66
14 years 50 m butterfly	William Lee	29.97
14 years 4 x 50 m freestyle relay	J Luo, W Lee, D Sae Song, J Xu	1.56.96

Congratulations to the Opens 4 x 50 m freestyle relay team of Christian Haddo, Andrew McNaughton, Luke Schofield and Kalem Best for their record at the regional swimming carnival with a time of: 1:43:05

### Swimming news for Carnival 5 at SOPAC, CHS, CIS and All schools

The competition on the final carnival was fierce and all the swimmers ought to be congratulated for their strong performance on the night. Thank you to all the parents for supporting the swimming team throughout the season, Mr Pavone and Dr Jaggar who attended the final carnival to lend his support. Well done swimmers.

1<sup>st</sup> place finish for the following swimmers and events.

#### Carnival 5 at SOPAC

##### Event 11 Boys 17 Years 50 Metre Freestyle Championship

Name	Age	Team	Finals Time
1 Best, Kalem	17	Sydney Boys High	25.17

##### Event 18 Boys 14 Years 50 Metre Breaststroke Championship

Name	Age	Team	Finals Time
1 Lee, William (Geon)	14	Sydney Boys High	32.64

##### Event 19 Boys 14 Years 50 Metre Breaststroke Division

Name	Age	Team	Finals Time
1 Luo, James	14	Sydney Boys High	36.71

##### Event 20 Boys 15 Years 50 Metre Breaststroke Championship

Name	Age	Team	Finals Time
1 Guo, Allen	15	Sydney Boys High	33.92

##### Event 21 Boys 15 Years 50 Metre Breaststroke Division

Name	Age	Team	Finals Time
1 Tsui, Irvin	15	Sydney Boys High	35.28

##### Event 27 Boys 18 & Over 50 Metre Breaststroke Division

Name	Age	Team	Finals Time
1 Haddo, Christian	18	Sydney Boys High	34.34

##### Event 39 Boys 17 Years 4x50 Metre Medley Relay Championship

Name	Relay	Finals Time
1 Sydney Boys High	1) Rowlands, Jake 17 2) Guo, Kevin 17 3) Schofield, Luke 17 4) Best, Kalem 17	1:56.53

##### Event 59 Boys 14 Years 50 Metre Butterfly Division

Name	Age	Team	Finals Time
1 Lee, William (Geon)	14	Sydney Boys High	29.90

##### Event 65 Boys 17 Years 50 Metre Butterfly Division

Name	Age	Team	Finals Time
1 Schofield, Luke	17	Sydney Boys High	29.10

## **GPS Representatives**

This year we saw a very strong SBHS swimming team gaining GPS representation. Our SBHS GPS representatives were;

Nathan Wang, Ike Matsuoka, William Lee, James Luo, Derek Sae –Jong, Jimmy Xu, Allen Guo, Irvin Tsui, Kalem Best, Kevin Guo, Jake Rowlands, Luke Schofield, Christian Haddo and Andrew McNaughton.

## **The Opens Relay at CHS and CIS**

Congratulations to the Opens 4 x 50 m freestyle relay team of Christian Haddo, Andrew McNaughton, Luke Schofield and Jayden Schofield for their bronze medal at the CHS carnival with a time of 1:43:57.

In their final swim for High, the 4 x 50 relay team of Kalem Best, Christian Haddo, Luke Schofield and Andrew McNaughton, set a time of 1.42.41 to beat the other two GPS representatives at the CIS Swimming Carnival, finishing a close 4th to the CAS schools. They have claimed the record for the fastest relay swim ever by High boys! Great job! Well done.

## **CIS and All Schools**

After some strong performances at CIS it was outstanding to see some of our swimmers qualify at All Schools and includes Nathan Wang (13 years ) and William Lee (14 years), breaststroke and Jake Rowlands (17 years) for the individual medley.

Congratulations TEAM

**P Loizou**

**MIC Swimming**