

PDHPE Course Overview

The PDHPE Syllabus includes two 120 hour courses.

The Preliminary course consists of two core modules representing 60% of course time. An options component representing 40% of course time includes four options of which students are to study two.

The HSC course consists of two core modules representing 60% of course time. An options component representing 40% of course time includes five options of which students are to study two.

Preliminary Course	HSC Course				
<table border="1"><thead><tr><th data-bbox="193 792 743 846">Core Strands (60% total)</th></tr></thead><tbody><tr><td data-bbox="193 846 743 1070"><ul style="list-style-type: none"><li data-bbox="193 882 743 958">• Better Health for Individuals (30%)<li data-bbox="193 994 743 1034">• The Body in Motion (30%)</td></tr></tbody></table>	Core Strands (60% total)	<ul style="list-style-type: none"><li data-bbox="193 882 743 958">• Better Health for Individuals (30%)<li data-bbox="193 994 743 1034">• The Body in Motion (30%)	<table border="1"><thead><tr><th data-bbox="799 792 1350 846">Core Strands (60% total)</th></tr></thead><tbody><tr><td data-bbox="799 846 1350 1070"><ul style="list-style-type: none"><li data-bbox="799 882 1350 958">• Health Priorities in Australia (30%)<li data-bbox="799 994 1350 1070">• Factors Affecting Performance (30%)</td></tr></tbody></table>	Core Strands (60% total)	<ul style="list-style-type: none"><li data-bbox="799 882 1350 958">• Health Priorities in Australia (30%)<li data-bbox="799 994 1350 1070">• Factors Affecting Performance (30%)
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