



From the Principal High Talent



Well done to Isaac Ayoubi (11F) on his selection as a reserve for the open NSWCIS basketball team. Congratulations to our Athletics Age Champions from our School Athletics Carnival. 12 years – Max Gao (7R); 13 years – Athithan Mayuran (7F); 14 years - Aiden Lee (9R); 15 years – Ryan Yu (9T); 16 years – Xavier Nath (10E); Opens – Thomas Brcic (12F).

Respectful Relationships Education

On 26 March, the Heads of the three school systems in NSW co-signed a 'Statement of Intent: Our shared commitment'. It addressed the role of schools in strengthening students' understanding of consent and preventing and responding to sexual assault and sexual violence among young people. There will be a system response in due course. The Senior Executive at High took the decision to act immediately to reinforce our respectful relationships education offerings.

We are responding to concerns expressed to us from various sources that Sydney Boys has been perceived as having a culture of sexual harassment and underlying sexism that has led to some incidents of behaviour involving sexual assault and of breaking consent requirements. Sexual consent is mutual agreement between people to engage in sexual activity. Consent needs to be both clear and enthusiastic. It needs to be voluntary, without fear, coercion or pressure. The person has to be capable of giving consent, so they cannot be intoxicated,

drugged, comatose or asleep. Consent can be withdrawn at any time and consent for one activity does not imply consent for another. Silence is not consent – shock, fear or anxiety may render some people silent in some situations. Students in our senior school need to ask themselves whether they have complied with these legal requirements in their relationship with their partners.

Despite the fact that we have endeavoured to address behaviours around consent through our PD/H/PE units and through our Values Education program since 2002, our messages have not cut through comprehensively in the area of consent. It was put to me that whilst there was exposure to the issue in Year 8, there was not enough follow up in Years 9-12 to embed the principles of consent and prevention of sexual assault in the hearts and minds of our students. Consequently, we have taken affirmative action towards cultural change through structural modifications to our curriculum. Underpinning our new Strategic Improvement Plan 2021-2024 are our agreed school values – compassion, respect, integrity and dedication. We are taking a whole-school approach to inculcating these values over the life of the Plan.

Our programs this year will include the following topics. In **Year 7** Values Education, students will read and discuss 'Brave' by Svetlana Chmakova (10 lessons). In **Year 8** PDHPE,



'sexual health' (8 lessons), focusses on understanding consent, featuring the 'tea consent' video and In **Year 8** Values Education, students have a lesson on the responsible use of the internet and social media, including sexting. In **Year 9** PDHPE there is a unit on sexual consent (4 lessons) with a focus on sexual assault and having a criminal record. In **Year 9** Values Education there will be a unit of work on the book 'Welcome to Consent' (10 lessons). In **Year 10** Transition Education students

will watch and discuss the movie 'The Confirmation', concerning allegations of sexual harassment (3 lessons). In the **Year 10** Life Ready Course students will participate in Brent Sander's 'Life Choices for Young Men' workshop (1.5 hours). In addition to reinforcing student understanding of consent and sexual assault in our teaching and learning programs, we are using the resources of 'Consent Labs' to hold workshops for our students. **Year 8** – 'Consent Foundations'. **Year 9** 'Consent Foundations and sexting'. **Year 10** – 'Consent Foundations and sexting' and **Year 11** - 'Consent Foundations and recognising sexual harassment and assault and responding to sexual harassment and assault'. In **Year 12** 'Consent Foundations -drugs, alcohol, sexual assault or harassment'.

Also, the Deputy Principal, Junior School, visited each Year 9 class and spoke to the boys about the need to be respectful and compassionate towards everyone. He listed examples of hurtful and inappropriate actions – body shaming, photographing without permission, ranking girls, telling sexual jokes, starting rumours about other students or teasing them.

Our intention is to respond to what we have read and heard about toxic cultures in single sex boys' school. We are investing c.\$25k in extra resources to address the issue strongly. We are also working with parents through the P & C using Consent Labs and with staff using material from a Law Sense Webinar, dealing with sexual assault between students and navigating consent. I trust that the immersion of students in the area of consent and respectful relationships more generally, will work toward High being a more respectful and compassionate workplace for students and staff.

Interpreting Semester 1 Year 12 Reports

All Year 12 students should have their reports. For the first time during their high school life, the students have an ATAR calculation based on their best ten units. However, not all parts of their courses have been examined at this time. The full examination doesn't happen until the Trial HSC in August. A limited number of topics have been completed in the HSC courses so far this year. Despite these limitations, the May report is extremely important as a yard stick for possible HSC performance. Every year I would love to be proved wrong. Every year I would be glad to applaud students who do much better than their ATAR prediction derived from their April performances. Inevitably, if nothing changes in the students, the predictions will be accurate, assuming our quantum and spread of marks earned this year are similar to those earned in last year's HSC.

The first report in Year 12 is often a wakeup call for boys who have been coasting. Students ought to take advantage of practice tasks, opportunities for re-writes or early submission of drafts of essays to receive very useful feedback prior to submission of their work. Lunchtime workshops are also offered for some courses. Individual Faculties also provide targeted coaching for students with weaknesses in the period up until the HSC Trial examination. Students with their backs to the wall start to listen when we talk to them about study routines, life balance and focus. I hope parents will support us once again this year by impressing upon their sons how important it is from now on to get themselves organised, stick to a study routine and find the time each week to work hard. It is equally important to maintain co-curricular activities and to sleep well.

NAPLAN Testing

Students in Years 7 and 9 will have their NAPLAN tests next week. I urge all students to try their best during these tests to reach their personal bests. Use all the time available and plan your time allocation. We expect that you will work carefully and methodically. In multiple choice questions, select your answers after weighing up all the options. Watch out for distractors – answers that have elements of truth or parts of the answer to the question but are incomplete. They are there in order to entice you to pick them because you have not thought through the problem fully. If any time remains when you have finished, check your answers for any careless errors or omissions. Remember that the purpose of the tests is entirely diagnostic. That is, the tests are used to show you and your family how far you have progressed on the national learning continuum since Year 5 or Year 7. Stay calm and focussed during the busy week ahead – good luck!

The Governors Centre – Temporary Closure

On Monday this week a main sewer blockage developed some two kilometres from our site. However, sewerage backed up and forced its way up through the lower ground floor drains of the Governors Centre, which is located at a low point in the area. Contaminated water found its way under the hollow stage which is the lowest point of the building. Floors and carpets were also affected in the change rooms, green room and lower ground foyer areas. Sydney Water was called and commenced pump out and clean-up operations. The Department of Health became involved, and the building was closed to students, on their advice. The damage will be covered by insurance. The building will be out of action for most of this term. *Matilda the Musical* with SGHS has been postponed until the rights to perform can be renegotiated to a changed date.

Dr K A Jaggar
Principal

PARENT TEACHER INTERVIEWS

Years 9 and 12 will take place on
Monday 17 May 2021
3.00pm – 7.00pm

Years 7 and 11 will take place on
Monday 21 June 2021
3.00pm – 7.00pm

Years 8 and 10 will take place on
Tuesday 20 July 2021
3.00pm – 7.00pm

Booking interviews with your son's teachers

We use a web based electronic scheduling system for arranging interviews. This produces better results for all participants, especially more compact time schedules for both parents and teachers. The system works as follows:

- On Tuesday 11 May, **all parents of boys in Years 9 and 12** will be sent via email details of the scheduling system and a unique code to be entered.
- This email will be sent to the address currently held by the school. If you have not received this email by Wednesday 12 May or if your email address has changed from what had been previously advised to the school, you should notify the school at office@sbhs.nsw.edu.au advising of this. Please indicate your son's name and roll class or date of birth so that the information can be forwarded to you.
- On the Edval website you will see your son's teachers listed and you will be able to select those with whom you require an interview (if you hover over a teacher's name, the subject involved will be shown). At the same time you can indicate your availability between 3:00 pm and 7:00 pm. You should provide this information **by 6pm on Thursday 13 May**.
- Once the majority of parents have requested interviews, the overall schedule will be generated by the school and your individual schedule should be available for you to download and print from Friday 14 May.
- Periods will be shortened on the days of the interviews. Boys from all Years will be dismissed from class at 2:35pm each day. The light rail will run to normal schedules and there will be supervision available in the Junior Quad of boys waiting for these services.
- *Interviews should not exceed five minutes' duration.* If there is insufficient time, a further appointment may be made for a later date or communication by telephone arranged.

Similar arrangements will be in place for **Years 7 and 11 interviews on Monday 21 June** and **Years 8 and 10 interviews on Tuesday 20 July**.

Mr J Kay
Deputy Principal



SBHS P&C – Notice of General Meeting

6.30pm, Monday 10 May 2021

Online via Zoom Meeting

All parents and friends are invited to our next P&C meeting on **Monday 10 May at 6:30pm** where we have scheduled two special presentations:

The Effects of Physical Activity on Brain and Mental Health by Dr Daniel Hermens

Dan Hermens is Professor of Youth Mental Health and Neurobiology at the University of the Sunshine Coast. He studies brain development, as well as the onset and trajectories of mental and substance use disorders in young people. His current research includes a prospective cohort study of early adolescents from the Sunshine Coast region. With a focus on neuroimaging and cognitive assessment, this study will examine the factors associated with mental health and wellbeing in the adolescent period. His research program also includes specialised imaging studies examining neurotransmitters and other brain effects of novel treatments.

The Strength and Conditioning Program at SBHS by Mr Kurt Rich

Kurt Rich is PDHPE & PASS Teacher, Year 7 Advisor, Head Strength & Conditioning Coach. Mr Rich has a Bachelor of Exercise Science and a Diploma in Education. His other roles include MIC Athletics, MIC Tennis, Football (Soccer) Coach, Photo, and NAPLAN & PDHPE Canvas coordinator.

To join our May P&C meeting on Monday 10 May, please register at the following link <https://au01web.zoom.us/meeting/register/u50tduGhpz4pE9bmU6mObUQQHbUeZRisJc94>

After registering, you will receive a confirmation email containing information about joining the meeting. Please also note that the agenda, last minutes and other documents are available on the parent portal under "P&C Association".

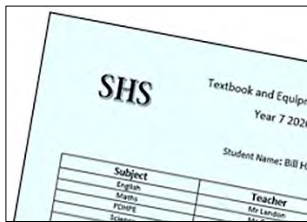
SBHS P&C Association
sbhs.pandc@gmail.com



Sydney Boys High School P&C have a page on Facebook. Please like our Facebook page to view updates on the latest news and events of interest to the High community:

<https://www.facebook.com/sbhspandc>

Half Yearly Reports - Clearance Forms – Year 7



Sharon Kearns
SAM

Clearance forms for report collection will be issued during the coming weeks. Please ensure outstanding payments and due book returns are received **before** the clearance form is printed.

We are hosting the Eastside semi-final this Friday 7 May. Teams and their coaches will be coming here. Our year 8, 10 and 11 teams are in the semis. Parents are encouraged to watch but could we please limit family spectators to TWO people per debater as all debates will be held in classrooms. There will not be any suppers provided at these events. (We are hoping that by the time we get to the GPS competition we can be back to normal).

Please remember to check in using the COVID check-in and be patient as you are temperature checked.

The following week, 14 May, we are hosting the FED Quarter Finals and then on 21 May we are hosting the Eastside Grand Final.

I look forward to seeing you all back at Debating.

Madeleine Rigby
MIC Debating

DEBATING

Last week saw the final round of the Eastside Debating Competition. We had wins in Years 8, 9, 10 and 11.

Both Eastside and FED head into their finals over the next few weeks'

VOLUNTEERING

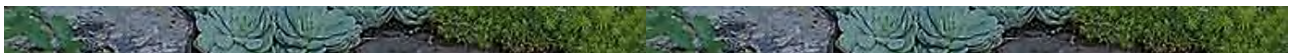
On Monday 19 April, the Prefect body volunteered at Centennial Parklands. We engaged in habitat restoration and bush revegetation activities including mulching and weeding in preparation for the Guriwal Trail opening in mid-May. Friday, 23 April was a Year 12 and Prefect volunteering day.

Thirty passionate non-Prefects complemented our previous

work at Centennial Parklands, whilst the Prefects worked with Randwick City Council to vegetate Heffron Park. Both days were fantastic, bringing about a positive impact onto the community.

Without a doubt, everybody's efforts were admirable.

Jie Rui Lin 12F
Community Service Prefect





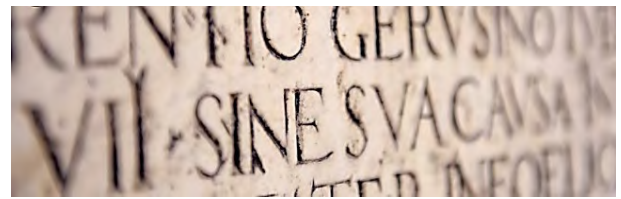
NATIONAL LATIN EXAM 2021

In March this year, all students studying Latin from Years 9 to 12 inclusive participated in the National Latin Exam, an international competition that involves over 100 countries that is organised by the University of Mary Washington in Virginia, United States. Students are required to answer 40 multiple-choice questions in 40 minutes: the questions assess the students' knowledge of grammatical constructions, vocabulary and culture at the level appropriate to their years of study.

Very few students achieve a perfect score, but this year Kenny Chen of Year 9 has done just that: 40/40. Kenny will receive a special award from the University in Virginia. Congratulations to Kenny and to the following students who have received medals:

GOLD MEDALLISTS

Kenny Chen
Adrian O'Young
Ethan Pham
Kiran Nayager
Tian Yang
Samuel Hui
Samid Hasan
Yousha Kabir
Matthew Lee
Nicholas Arvanitellis
Lachlan Cook
He-Shyan Balnave
Nathaniel Jones
Liem Tran
Eddie Zhang
Yu Ming Lee
Dylan Freeman
Aditya Parekh
Mithilesh Lekhi
Felix Yi
Eugene Kwag
Ryan Woo



SILVER MEDALLISTS

Ijal Shrestha
Daniel Donohoe
Yu Zhang
Akila Gunaratne
Divindu Liyanage
Brian Nguyen'
James Law
Alex Reynolds
Mohammad Medlej
Gunarb Das Gupta
Amath Alugolla
Benjamin Whitfield
Shafin Ahmed
Subhan Mustafa
Joshua Chan
Jack Keating
Paul Fang
Darshan Venkatesan
Dorothy Matsos
Latin Teacher



Music NOTES

Annual Music Camp

Thank you to all parents, guardians and students for handing in Music Camp forms and payment by the due date.

Music Camp Details:

Date(s): Tuesday 15 June – Thursday 17 June

Venue: The Tops Conference Centre

Address: 51 Bendena Gardens, Stanwell Tops NSW 2508

Further details can be found on Pages 1 & 2 of the Music Camp Letter.

There will also be a Music Camp Concert on Thursday 17 June, 6.30pm in the Great Hall. All music ensembles will be performing.

Students will be receiving Music Camp updates/notices via the Music Performance Program (MPP) Canvas page. If they are not enrolled on the MPP canvas page, please email the Music Department: music@sbhs.nsw.edu.au

Parent/Guardian/Student Communication

Parents and Guardians: Please download **SZapp** from the Apple App Store or Google Play and subscribe to 'MUSIC.' Installation guide can be found in the school's High Notes

Students will be notified of any music news and notifications via the Music Performance Program CANVAS page, school's daily notices and High Notes. Students are responsible to read and keep updated of any Music Performance Program related events/material on a regular basis.

Attention Music Ensemble Students: If you are in the Music Ensembles Program and have not yet received a Music Performance Program Canvas invitation, please email the Music Department: music@sbhs.nsw.edu.au

Please note: Students will also be notified of any music related events during ensemble rehearsals.

Music Storage Room

Students in the Music Performance Program (i.e. music ensembles and/or private instrumental lessons) are only allowed to leave their music instruments in the Music Storage Room. Please ensure students have a clear name tag on their music instrumental case.

Please note: SBHS does not provide instrument insurance and/or cover and will not take responsibility for loss or damage whether on or off school property.



2021 Music Ensemble Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Intermediate Concert Band 7.45am – 8.45am Governors Centre	Senior Concert Band & Symphony Orchestra 7.45am – 8.45am Governors Centre	Junior Stage Band 7.45am – 8.45am Room 101	Intermediate Stage Band 7.45am – 8.45am Room 101	Senior Strings Ensemble 7.45am – 8.45am Room 101
Guitar Ensemble 7.45am – 8.45am Room 201		Senior Stage Band 7.45am – 8.45am Room 201	Philharmonic Orchestra 7.45am – 8.45am Room 201	Chamber Choir 8.00am – 9.00am Room 201
			Junior Strings Ensemble 7.45am – 8.45am Room 203	Marching Band 8.00am – 9.00am MPW <i>Terms 1 & 4 only</i>
Guitar Ensemble 3.20pm – 4.20pm Room 201	Marching Band 3.30pm – 4.30pm Great Hall <i>Terms 1 & 4 only</i>	Percussion Ensemble 3.20pm – 4.20pm Room 201 /Governors Centre		Jazz Ensemble 3.30pm – 4.30pm Room 201

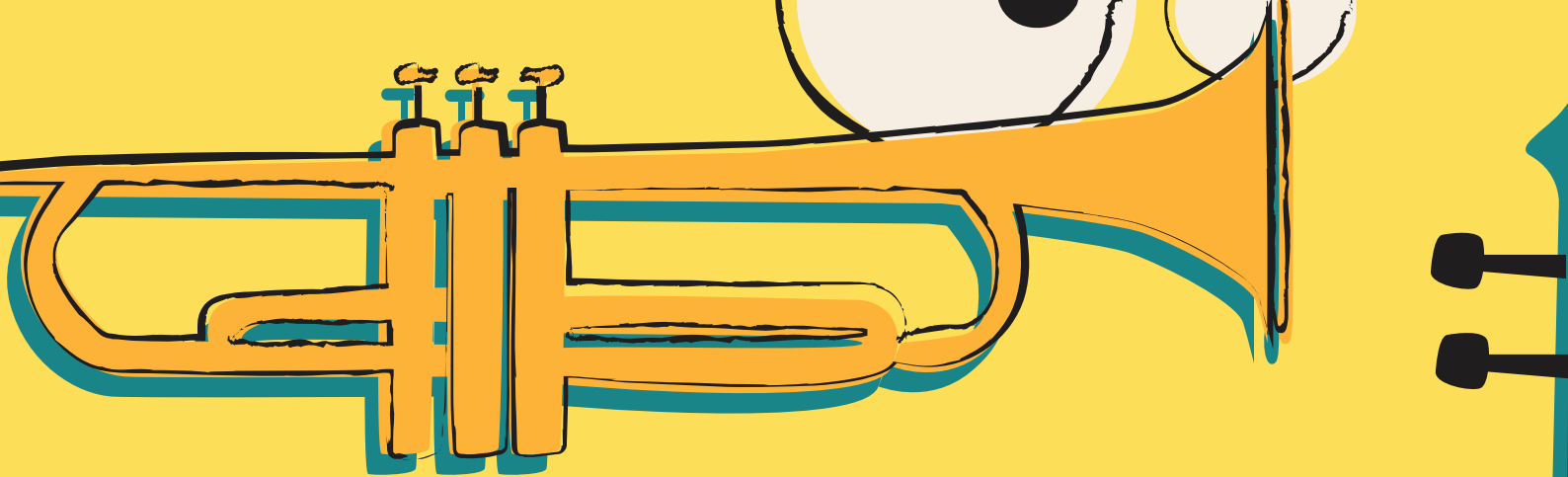
Please note:

- * The above schedule is subject to change. The Music Department will inform students asap via the CANVAS Music Performance Page and the school's daily notices if there are any changes
- * Guitar Ensemble: Students who are unable to attend one of the rehearsals can join the alternate session
- * Marching Band: Rehearsals only run in Terms 1 and 4 only. Compulsory attendance is required for students in Concert Band, Stage Band and selected Percussion Students only. (no piano students)
- * Students must schedule private instrumental lessons at a different time to music ensemble rehearsals
- * An attendance rate of 80% is required per semester to obtain Award Scheme Points
- * Music Pocket: Attendance of 5 full years is required. New students in Years 8-11 will need to speak with the Music Department

2021 Term 2 Music Events Calendar

WEEK	DATE	EVENT	MUSIC STUDENTS INVOLVED
5C	Thursday 20 May	Leadership Assembly, 9.50am	2 x Elective Piano Students TBC
5C	Friday 21 May	Winter Sports Assembly	2 x Elective Piano Students TBC
9A	Tuesday 15 June – Thursday 17 June	Annual Music Camp at The Tops Conference Centre	All students in SBHS Music Ensembles Program
9A	Thursday 17 June	Music Camp Concert, 6.30pm Great Hall	All students in SBHS Music Ensembles Program
10B	Thursday 24 June	NAIDOC Assembly, 9.50am Great Hall	2 x Elective Piano Students TBC

Music Events are continually added and are subject to change



SYDNEY BOYS HIGH SCHOOL
presents

2021 MUSIC CAMP CONCERT

THURSDAY 17 JUNE
6.30PM
GREAT HALL

GOLD COIN ENTRY





1.00 - 3.00 pm
Monday 10 May 2021
Ms Dam & Mr Prorellis

CHS Selection Trials

This year, the Cross-Country event will involve ALL Year 7 & Year 8 students. The carnival will be held at Centennial Park, McKay Oval & fields on **Monday 10 May**.

Parents:	Your son will be dismissed earlier than usual on <i>Monday, 10 May 2021</i>			
	1.30 pm	14 years	4 km	2 Loops
	2.00 pm	13 years	2 km	1 Loops
	2.20 pm	12 years	2 km	1 Loops

Instructions:	<ul style="list-style-type: none">• All students should bring a water bottle with them to the event.• Runners should eat their lunch at the first break, so not to get sick while competing in the race.• On the day of the carnival, Year 7 & 8 students are to wear either PE gear or sportswear for the day.• Students are to attend regular classes for periods 1 - 3. Students leave for Centennial Park at the start of Period 4 for the Cross-Country CHS Trials.• Students are to cross the road at the lights only.• Roll Call classes will be marked at Centennial Park, by your Year Advisers.• All students will have a pre-racecourse walk to familiarise themselves with the course.• Stay in supervised viewing area and watch the other years until your race is called.• When your race is called go to the starting area.• If you are in the first 15 places your position will be recorded.
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Rules:	<ul style="list-style-type: none">• All Year 7 & 8 students attend and must compete <u>unless you have a doctor's medical certificate for illness.</u>• Students with a medical certificate must hand it in to Ms Dam by 9am on Friday morning.• You must run in shoes.• Stay on the course and follow directions from course marshals.• Spectators must stay within the viewing area and are not permitted on the course.• Winning house determined by the lowest total of the first ten runners to finish.• To qualify for the Award Scheme points, you must compete & finish the race.• Top ten runners will comprise the provisional school team to compete at the zone Carnival.• Only the first 15 places will be recorded.• Cross Country Champions will be selected from this event.• Any MIC ruling is final.
Additional Info:	<ul style="list-style-type: none">➤ The School Cross Country is the first qualifying event within the CHS Competition.➤ The first 10 runners for each age division will make up the school team for the Eastern Suburbs Zone Carnival.➤ The first 10 runners at the Zone Carnival will compete at the Sydney East Regional Carnival and the first 10 runners from Regional Carnival go on to the NSW All Schools Carnival.

Location: McKay Fields and Pavilion, Centennial Park.

— Blue track used for all age groups.

Anti-clockwise direction.

CHS Selection Trials



SHS Cross Country



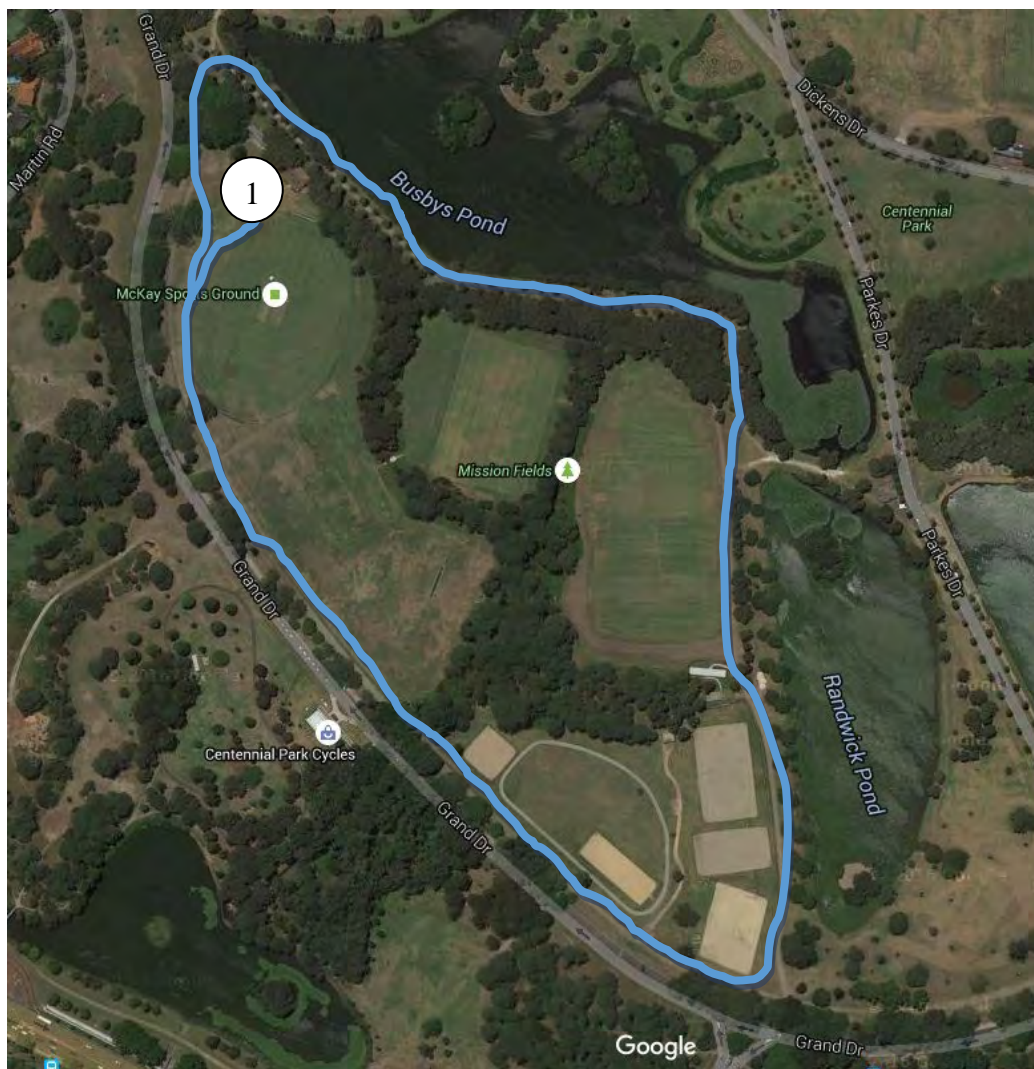
Course Map & Directions

1

Start and finish.

Time				
	1.30 pm	14 years	4 km	2 Loops
	2.00 pm	13 years	2 km	1 Loops
	2.20 pm	12 years	2 km	1 Loops

Your son will be dismissed earlier than usual on *Monday, 10th May 2021*





SBHS vs St Gregory's Results

Team	Score
1 st XV	0-64 L
2 nd XV	0-69 L
16's	0-33 L
15's	5-39 L
14's	3-56 L
13's	0-60 L

1st XV Report

The first home game of the season had all the boys itching to get onto the field and make some hits. However, some lapses in defence led to Gregs scoring an early try and getting a lead. This jolted us into gear and had us improve line speed and defence, placing constant pressure on Gregs to force some errors.

As the game progressed, it became clear that the Greg's side were a very physical team, running the ball hard and showing no fear in the ruck. To our dismay, this led to a steady stream of injuries and substitutions, and by the end of the game, we had 8 substitutes on the field.

Regardless, the boys showed some mental fortitude, pushing their limits constantly. Thank you to the 2nd XV, who were ready and willing to get on the field, allowing the match to continue seamlessly.

The loss was the very thing needed to expose the vast potential we possess, and will definitely be pushing ourselves in training to improve our fitness, rucking and line speed.

Mihir Marathe (12M)



15's Report

Given the first home game of the season and a full roster, the boys were eager to play. Right from the start, the boys brought the energy and the effort. Unfortunately, Gregs was able to sneak in a quick try. Now on the defensive, we quickly realised how strong their forward pack was.

Great defensive effort by Chris Santoso and Daniel Bian slowed their forward assault, but the sheer power of the pack overwhelmed us. Giving way to a few more tries. Offensively, we put into practice what weeks of training had taught us: setting pods (forwards) and spreading the ball (backs).

Unfortunately, the Gregs defence was quick off the ruck and featured many high tackles. With this many of the boys ended up injured. In the end we were thus unable to score. Although suffering a defeat, I was impressed by the effort the boys put in. Our offensive line was great, and we won all our lineouts with lifters Jeremy Lu and Chris Santoso, me jumping and a great short ball run by George Chen.

Overall, it was a great team effort with exceptional effort from E. Hybler (12), C. Santoso (7), D. Bian (6) and H. Xin (15). This coming week we will work on our defensive line and tackling as we prepare for the Joeys game next Saturday.

Aidan Wong (9M)





Volleyball Results SHS vs SAC/SIC Saturday 1st May (Term 2 Week 2) 2021

All matches vs SAC/SIC/CS @ SBHS, except 13A, 13B, 14B & 15B all vs SGS @ SGS.

1st, 2nd, 3rd and 4th Opens, 16B, 15A, 15B, 14A and 13B all had 3 – 0 Wins.

16A, 14B and 13A had a 2-1 Win.

1st Grade: 25-9; 25-5; 25-13. 3-0 Win. 2nd Grade: 25-14; 25-13; 25-10. 3-0 Win.

3rd Grade: 25-7; 25-15; 25-22. 3-0 Win. 4th Grade: 25-16; 25-23; 13-4. 3-0 Win.

16A: 25-9; 25-12; 18-25. 2-1 Win. 16B vs CS: 25-7; 25-11; 25-7. 3-0 Win.

15A vs SIC: 25-9; 25-15; 25-10. 3-0 Win. 15B vs SGS 14B: 25-12; 25-11; 25-10. 3-0 Win.

14A vs SIC: 25-7; 25-9; 25-9. 3-0 Win. 14B vs SGS: No set scores recorded. 2-1 Win.

13A vs SGS 13B: 25-20; 25-17; 23-25. 2-1 Win. 13B vs SGS 13C: 25-20; 25-17; 25-23. 3-0 Win.

Statistics for the 1st Grade match are shown in the table below:

Area (3) A score of 3 means the hit was a kill or the pass was perfect	First Grade
Serving	Billy NGUYEN – 2.47 (17) Sean GIANG – 2.33 (15) Blair ZONG – 2.0 (16)
Serve Reception	Edward LY – 2.67 (3) Paul FANG – 1.67 (6)
Freeball Passing	Blair ZONG – 3 (4) Billy NGUYEN – 2.83 (6)
Outside and Opposite Hitting	Alec NG – 2.25 (4) Billy NGUYEN – 2.2 (5) Blair ZONG – 2.2 (5)
Middle Hitting	Edward LY – 3.0 (3) Matthew AWAD – 2.25 (4)
Setting	David ZHOU – 2.8 (5) Owen SEONG – 2.67 (15)

Mr Coan



HIGH SAILING

Both the Sydney High 1st and 2nd Grade sailing teams competed at the state-level NSW Secondary Schools Teams Racing Championships from the 30th of April to the 2nd of May at the Royal Sydney Yacht Squadron. The 1st Grade team placed a high all-time best equal 9th missing out on the finals by one win. Formidable and unrelentless performance from our 1st Grade skippers Dylan Huynh, Nathan Cox, Samuel Ezra and myself allowed the team to elevate to a greater competitive level.

This year's championship Regatta also marked the debut of our 2nd Grade team, finishing 20th overall whilst featuring remarkable improvements from Neil Ghosh, Zhitian Mai, and Liem Tran. Unfortunately, due to injury Brendan Alcorn, the last skipper on the team, was unable to attend.

This year's fantastic result would not have been possible without the hard work and dedication from our coaches Hugo Leeming and Sam Steinberg, who have put in countless hours of work into building up our skills and getting us competition ready. I would also like to thank our MIC Mr Cotton on behalf of all the boys, for all the valuable time and effort you have invested over the past years to create a successful and enjoyable sailing program.

Unfortunately for myself my time in the sailing program has ended, as it has been one of the many things at High I look back on and greatly miss. I would like to personally say thanks to all the boys who have been a part of sailing for their dedication and resilience. Together we've built camaraderie and friendships that truly separates sailing from any other sport at high.

Thank you all so much for this wonderful opportunity.
Arion Sclavenitis (12R)





HIGH SHOOTING

Rifle Shooting – Success at the ANZAC Day Competition

On the 25th of April, High took part in the annual ANZAC Day Open Championships at the ANZAC Rifle Range, Malabar. Competing at our home range gave us an invaluable opportunity to experience shooting under competition conditions.



This was the first open prize meeting for many shooters, thoroughly testing their wind reading and self-coaching skills at 600 metres. Open prize meetings provide our team with the chance to compete against other students

as well as adults. With a standard match consisting of ten counting shots, this longer fifteen shot match added complexity and challenge. Despite poor weather conditions, the squad managed to achieve some amazing scores. Leonardo Weng (11F) won the C grade category, shooting an aggregate score of 139 with 10 centres out of a possible 150. Just one centre behind, Martin Lee (11E) and Cameron Young achieved second and third place, finishing with the same score of 139 with 9 centres. Just two centres behind, Terence Lim (11F) secured fourth position with a score of 139 with 7 centres.

High's clean sweep of the top four C-grade places with nearly identical scores demonstrates the squad's skill and depth. We look forward to our next competition at the North Shore District Rifle Association Open Prize Meeting.

Jeffery Lee (12R)

Captain of Rifles 2021

Ike Matsuoka (12M)

Vice-Captain of Rifles 2021





SBHS FOOTBALL RECAP GPS Plate Round vs SHORE

Saturday 1 May

Last weekend saw another glorious Saturday morning for Football. Some great performances across the board with wins from 1st Grade, 8th Grade, 16D, 16E, 16F, 15D, 15F, 14C and 14D. A gutsy defensive performance from 3rd grade saw them earn a clean sheet and a draw, along with 5th and 6th grade.

Some great individual performances from Julian Zheng-Lin in 6ths, Gyumin Lee in 14Cs and Andy Danis in 1sts.

Well done to our 1st XI who managed to pick up their first win in the GPS plate competition, with a thrilling 3-2 win. Three first half goals from Thomas Brcic, Pulkit Balhra and Andy Danis put High in a great position to win the game. A strong defensive performance in the 2nd half saw off a very competitive SHORE team.

Mr S Higgins
MIC Football



1st XI Coach – Dylan Deep-Jones

Football			
Team	Opponent	Result	Score
1st	SHORE	W	3-2
2nd	SHORE	L	0-5
3rd	SHORE	D	0-0
4th	SHORE	L	1-2
5th	SHORE	D	0-0
6th	SHORE	D	0-0
7th	No Game	-	-
8th	SHORE	W	3-2
16A	SHORE	L	0-4
16B	SHORE	L	0-1
16C	SHORE	L	2-3
16D	SHORE	W	3-2
16E	SHORE	W	5-2
16F	KNOX	W	1-0
15A	SHORE	L	1-3
15B	SHORE	D	1-1
15C	SHORE	D	2-2
15D	SHORE	W	2-0
15E	St. Patrick's College	L	1-2
15F	St. Patrick's College	W	2-0
14A	SHORE	-	-
14B	SHORE	-	-
14C	SHORE	W	3-0
14D	SHORE	W	4-0
14E	SHORE	-	-
13A	SHORE	L	1-2
13B	SHORE	L	0-9
13C	SHORE	L	0-3
13D	SHORE	L	1-7
13E	SHORE	L	0-12
13F	No Game	L	0-12

A background image showing a physiotherapist in a white coat and stethoscope working on a student's leg. The student is wearing a white athletic shirt. The scene is set in a gym or school setting.

**PHYSIOTHERAPIST SERVICE FOR
SYDNEY HIGH ATHLETES**

School Physio

**SBHS Gym Gallery
outside Room 901
School Term Mondays
7am-9am
Free of charge**

No need for an appointment
Priority given to 1st and 2nd Grade Athletes

Stay up to date with SZapp

Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

Installation Instructions



1. DOWNLOAD SZAPP

Search the App Store / Play Store for **SZapp**.
Download and install SZapp. **Install is Free.**



2. FIND OUR SCHOOL

Select Region: Asia Pacific
Sydney Boys High School

3. REGISTER A USER

You will need to register a user with your email or sign in with Google or Facebook.



4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.



5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.

For any further information see:

<http://www.schoolzineplus.com/app-faq>

Canteen Price List 2021

Breakfast		Lunch and Recess Items			Hot Food	
		*So you don't miss out on what you want for lunch, make sure you ORDER it before school				
Cheese Toast	\$1.80				Chicken Fingers	\$2.00
Cheese & Tomato Toast	\$2.00				Chicken & Corn Roll	\$2.00
Cheese/spinach/tomato toast	\$2.20				Chicken Burger	\$4.50
Bacon & Egg Muffin	\$3.20	Sandwiches / Wraps / Rolls		Rolls	Chicken Mayo Roll (hot)	\$4.00
Hot Chocolate (3rd Term)	\$1.00				Chicken Mayo Sandwich (hot)	\$3.20
Banana Bread	\$1.20	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00
		Cheese & Salad (v)	\$3.00	\$3.60	chicken wings	\$2.50
		Chicken & Coleslaw	\$4.20	\$4.60	nachos	\$5.00
		Chicken & Lettuce	\$4.00	\$4.60	Garlic Bread (v)	\$2.00
Fruit / Snacks					Japanese/teriyaki don, noodles	\$5.00
Fruit - apple/orange/banana	\$1.00	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$4.00
Fruit Salad	\$3.00	Dagwood Roll		\$4.00	Noodles In A Cup	\$2.80
Banana Bread	\$1.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade	\$4.00
					Pide - sausage, chicken/mushroom	\$3.50
assorted snacks at various prices		Ham & Tomato	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$3.50
		Ham & Salad	\$4.00	\$4.60	Pie - Garlo's (halal)	\$4.50
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Beef Nachos (Wed, Fri)	\$5.00
300ml Plain Milk	\$1.50	Roast Beef & Salad	\$4.00	\$4.60	Vegetarian Nachos (Wed, Fri)	\$5.00
300ml Flavoured Milk	\$2.30	Salad (v)	\$3.00	\$3.40	Pizza wrap	\$4.00
600ml Plain Milk	\$2.20				Rice Box - homemade	\$4.00
600ml Flavoured Milk	\$3.50				Sausage Roll	\$3.20
Up & Go	\$2.00				Spinach Ricotta Roll (v)	\$3.20
Water - spring	\$1.50	Wraps	\$4.50		Steak & onion roll	\$4.00
Water - Pump	\$3.00				Sweet Chilli Chicken Sub/Wrap	\$4.50
cans - carbonated	\$2.50	Sushi	\$3.00		Traveller Pies	\$4.20
Berri Juice	\$2.50	Salad Boxes(meat or egg)	\$6.00		Falafel Wrap	\$4.50
		Salad Box (plain)	\$5.00			
		Vietnamese Rolls	\$3.40			
					Miscellaneous	
					Tissues	\$0.60
					Spoons / Forks	\$0.05
					(supplied free with meal purchase)	
Special Orders					Seasonal Foods	
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.					**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.	

2021 PRICE LIST

8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT

May/June 2021

07-05-2021

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 B	10 *** School Cross Country Carnival, years 7+8 runners, p4-5 The Great Hall: Music: HSC Encore 2020, 09:00-13:55, Elective Music Students Years 9-12 Senior Presentation: UNSW Co-op program, Senior Library, lunch 1+2 P+C Executive Meeting, Zoom video conference, 17:00	11 NAPLAN: Year 7-09:50-11:10, Year 9-12:35-13:55, The Great Hall, room 802 Class test: 10MaS-P4 School Council Meeting, Board Room, 17:30-19:00 Theatresports, room 204, 15:30-17:00	12 NAPLAN: Year 7-10:05-11:00, Year 9-13:10-14:15, The Great Hall, room 802	13 Sports Council Meeting, Board Room, 07:30 NAPLAN: Year 7-10:05-11:05, Year 9-11:30-12:30, The Great Hall, room 802	14 NAPLAN: Year 7-10:05-11:25, Year 9-13:20-14:40, The Great Hall, room 802 Years 10 vaccinations, room 801, 09:30-13:00 Debating: FED Quarter-Finals (SHS host) Cadet Bivouac All cadets starts 15:30 Parking: Waratahs v Hurricanes, 19:45	15 Football: Plate finals Rugby: SPX v SHS Cross Country: Knox, St Ives Showground, 09:00 Volleyball: KN v SHS Room Booking: The Great Hall, 07:00-16:00 Cadet Bivouac Parking: Swans v Magpies, 13:45 GC event: Solander Event, 18:30-21:00	16 Cadet Bivouac
5 C	17 Year/Class Photos Years 7-12, 09:00-12:30, The Gymnasium Parent/Teacher Night (Years 9 and 12), Great Hall, 15:00-19:00	18 *** Cross Country: Zone carnival, Centennial Park Economics competition, class time (tbc) Basketball: Year 7 House Competition, lunchtime Tennis: SE Boys Tennis Knock Out CVD (tbc) Mufti Day/BBQ - Boggabilla Central School Exchange (Year 9) Musical co-production, Matilda the Musical,	19 Tennis: SE Boys Tennis Knock Out CVD (tbc) Musical co-production, Matilda the Musical, Governors Centre, 19:00	20 Leadership Assembly, Great Hall, 09:50-10:35 (9, 11, 12) Tennis: SE Boys Tennis Knock Out CVD (tbc) Debating: PDC: Round 3, SBHS v St George Girls High School, Years 11+12, P4-5 Musical co-production, Matilda the Musical, Governors Centre, 19:00	21 Winter Sports Assembly (Rugby, Soccer, Cross Country), Great Hall, 10:15-11:00 (7, 10, 12) Excursion: Year 9, Geography/History (tbc) Debating: FED Semi-Finals Debating: Eastside Grand Final at SBHS	22 Football: SHS v SIC Rugby: SHS v SGS Cross Country: Kings, 09:00 Volleyball: SHS v Trinity Musical co-production, Matilda the Musical, Governors Centre, 19:00 Parking: Roosters v Broncos, 17:30	23 *** Musical
6 A	24 Year 11 Half Yearly Exams Year 11 Minimum Standard testing - literacy, 13:30, The Great Hall HSC Assessment: English Extension 2, Critique of Creative Process submission, 09:00	25 Year 11 Half Yearly Exams Business studies competition, class time (tbc) Basketball: Year 7 House Competition, lunchtime Theatresports, room 204, 15:30-17:00	26 Year 11 Half Yearly Exams HSC assessment: Visual Arts, Resolution of BOW Incursion: Year 9, Zohab Zee Khan spoken word poet, GC, 14:00-15:00	27 Year 11 Half Yearly Exams	28 Year 11 Half Yearly Exams Assessment: Year 9 History, task 2 Debating: FED Grand-Final at St Aloysius Swimming: NSW All Schools Championships, SOPAC 09:00-16:30	29 Football: TKS v SHS Rugby: TKS v SHS Cross Country: Barker, North Ryde Common, 09:00 Volleyball: internals	30 Salvo's Red Shield Appeal, 09:00-12:00 Parking: Swans v Blues, 15:20
7 B	31 Year 10 Half Yearly exams, GC, The Great Hall, 09:00-15:15	1 Year 10 Half Yearly exams, GC, The Great Hall, 09:00-15:15 Basketball: Year 7 House Competition, lunchtime Basketball: NSW All Schools, CIS v CCC v CHS, Terrigal (tbc) Tennis: Stan Jones Cup, selected students, Illawarra Tennis Courts, Rockdale Theatresports, room 204, 15:30-17:00	2 Year 10 Half Yearly exams, GC, The Great Hall, 09:00-15:15 Year 12 Study Day Tennis: Stan Jones Cup, selected students, Illawarra Tennis Courts, Rockdale	3 Year 10 Half Yearly Exams, GC, The Great Hall, 09:00-15:20 Year 12 Assessment Exams, GC, Great Hall, 09:00-15:20 SBHS HSC and Careers Expo 2021, Royal Hall of Industries, Moore Park, 16:00-19:00	4 Year 10 Half Yearly Exams, GC, The Great Hall, 09:00-15:20 Year 12 Assessment Exams, GC, Great Hall, 09:00-15:20	5 Football: Shore v SHS Rugby: SHS v Shore Cross Country: Cranbrook, Centennial Park, 09:00 Volleyball: TKS v SHS	6