

The Weekly Newsletter of Sydney Boys High School

Vol 20 No 26 23 August 2019

## From the Principal High Talent

At the Year 9 Latin Reading and Art



Competition organised by the Classical Languages Teachers' Association of New South Wales, held at Cranbrook School in Bellevue Hill, Yu Ming Lee (9T) earned the People's Choice Award

in the Rosemary Davies Art and Design division for his clever creation of a version of Monopoly with a Classical World theme. He received a Gold medal, a Certificate and a perpetual Trophy. Dean Nguyen (9S) achieved third place in the Solo Verse Reading for his rendition of the verse from Virgil's Aeneid. The Year 9 group was awarded a special prize, the "Orpheus Award" for their excellent presentation in Choral Reading. Congratulations to all the boys concerned!

At the first GPS Invitational athletics Carnival last Saturday, our most successful athletes were: Justin Lee Nonis (1st in 100m U15, 2nd 200m U15); Raghav Ramanathan (1st in U17 high jump); Joshua Suto (1st in U14 high jump); Kane Shields (2nd in 3000m); Pico Dos Santos-Lee (2nd in 110m hurdles); Rhys Shariff (2nd in U16 800m); Ashwin Barrett (2nd in 800m U14); Jonathan Tran (3rd in 1500m) and Caden Ma (3rd in U15 100m hurdles). Congratulations to our place winners and all our competitors.

#### **Athletics Importance**

At High we believe in athletics because there ability is fundamental to capacity in other sports. For many years we have run speed and agility sessions on Monday afternoons and more



recently a Friday morning Runners Club. We provide these services at no cost because we want to encourage improved health and fitness in our students. Our official GPS athletics season is short (4-5 weeks) and free. Once again, our policy is to provide venues, coaching, training and supervision free of charge, to encourage participation. I am gratified that in recent years so many boys are participating in athletics during the athletics season. Our seasonal investment for these services exceeds \$50k.

It is an honour to represent your school at any sport but particularly athletics, because anyone can run and jump. Hence, the competition in this sport is truly state wide. High competes in both the CHS carnivals midweek and the GPS carnivals on Saturdays. The best things is that our representatives get to compete as teams, not just as individuals. At CHS boys compete for points as a team for the Kippax Cup and at GPS for the Junior, Intermediate and Senior trophies. I expect all boys who are successful at our school athletics carnival to offer themselves for selection in CHS and GPS representative teams. I call upon all students to develop the athletic gifts they inherited and turn them into talented performances.

#### **Keeping Offseason Fitness**

At various forums, I have written and spoken of the need for our boys to maintain their

offseason strength and fitness. Some boys pursue a high level of performance in one sport but then do not compete with the same intensity during the next season. Many of our boys become 'detrained', that



is to say, their level of strength and fitness falls below their in-season capacities. This means that summer season coaches inherit detrained boys from winter sports. Our performances overall are limited by fitness levels at the beginning of a season. The rationale for having only full year memberships for the weights room included the idea that boys would train all year because it was paid for already. There are three remedies. First, the school should enforce the

Sports Policy so that all sports do two intense, meaningful training sessions each week. The top two teams in each sport should have three organised sessions. Second, boys should do off season sessions of their own e.g. rowers could do an erg session each week in the off season in their own time. Third, boys should want to compete for the school at the highest level that they can during each season, for their own pride in performance and to help their teammates.

As the winter season ends and the athletics season commences, there is a six-week gap where those not in GPS Athletics or a first/second grade team, are in danger of losing whatever level of physical fitness they have acquired during the winter season. Every year we give up a fitness advantage to other GPS schools at the beginning of the summer sports season. The coaches are forced to concentrate on fitness and strength before they can get on with the job of fashioning their teams into skilled units. I urge all boys to maintain a regular routine of physical fitness if they are among this large group of boys that I have described.

Dr K A Jaggar Principal



Open daily from 8.30am, High Canteen relies heavily on volunteers to help prepare much of our extensive menu on site daily. They also help serve at canteen windows during recess and lunch. This allows us to keep our operative costs low while returning all profits to the school community.

We would like to acknowledge the following parent helpers over the last four weeks:

MON: Anita Bu, Pam Jepson, Razni Nazar, Iryna, Helen TUE: Katherine Cowan, Shirley Garcia, Holy Zheng WED: Hong Wu, Joanne Wong, Eve Chan THUR: Zhao Chang, Stella Tsui, Hang Nguyen FRI: Jin Feng, Letty Chan, Al Lian Qian

TUE: Letty Chan, Anne Chan, Mook Kooi Loo WED: Yasmin Khan, Qing Chen, Ria Lam

THUR: Su L Lee, Annie Yu

FRI: Alice Wei, Min Wei, Ru Zeng Rong

**MON:** Kim Xie, Boon Su, Winne Chan, Susan Mitchell, Zhao Chang,

TUE: Flora Xu, Phan Nguyen, Gary Chen, Vivian Yip, WED: Binh Johnsun, Jan Wang, Kathy Cown, Linda Ji,

**THUR:** Stella Tsui, Annie Wang, **FRI:** Jin Feng, Al Lan Qian, Olex

MON: Pam Jepson, Iryna Leshchynska, Anita Bu, Razni

TUE: Arti Shah, Lachlan Fang, Kathy Cowan, Diep Do WED: Hang WU, Joanne Wong, Lynn Teo, Eve Chan, THUR: Binh Johnsun, Vani Bhalerao, Margaret Huang FRI: Xiao Jun Gao, Usha Arvind Jocelyn Palpal-Latoc

MON: Binita Ghosh, Xu Wei, Sherry Zhang, Lisa

Fackender,

TUE: Kannas Pang, Shirley Garcia,

WED: Anastasia Jovonovic, Jin song, Linda Ji,

**THUR:** Thuy Lam, Jessica Pu,

FRI: Lien Tran, Qing Zhao, Kath Cook.

Each day, we require at least 2-3 volunteers. If you have a few hours to spare each month, please call Canteen managers Karen & Tracey on 962 9350. We still have a number of vacancies. Full training will be provided and language or prior experience is no barrier. Working in the canteen offers an excellent window into the world of High. It is a long standing tradition and one that we hope will continue.

The P&C subcommittee which manages the High Canteen is also looking for new members. We meet once a month on the second Friday. Much of the work is also conducted electronically. If you are interested in joining the committee, please speak to canteen managers. Prior canteen volunteering experience will give you an insight to way canteen operates. Positions that need to be filled include: President, Vice President, Secretary & Treasurer (Accounting/Book keeping background would be advantageous).

Usha Arvind President Canteen Committee





#### HIGH STORE CLOSED

The High Store will be closed on the last week of Term 3.

The last day of trading will be Friday 20 September.

Get in early to purchase your Athletics gear. M Gentele Manager High Store



## CHANGE OF ADDRESS or CHANGE OF CONTACT DETAILS

If you have moved or changed your contact details please notify the school via email at office@sbhs.nsw.edu.au

To ensure your contact details are correct, please check the parent portal located through <a href="https://www.sydneyboyshigh.com">www.sydneyboyshigh.com</a> At the bottom left of the page there is a link to registration for new parent portal users and a log in for current users. Click the relevant link and go to the Student Details section. If the details showing require updating, please contact us via email at <a href="https://orcho.org/orcho.com/orcho.org/or

#### LOST PROPERTY

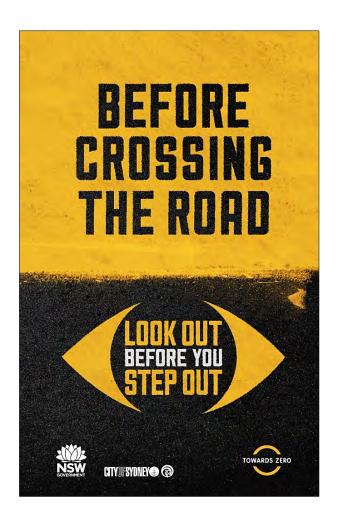


Please label all items clearly with a first and last name to enable identification.

It is the responsibility of students to claim their lost property from the McDonald Wing Office during Lunch 2.

Items are cleared during the last week of each term and will not be available for collection after then.

McDonald Wing Office Staff



#### **EARLY LEAVE REMINDER**

The school **does not** accept early leave applications via email or telephone.

The procedures for early leave are as follows:

Students must bring a note to the office that has been signed by **both** a **parent AND** a **Deputy Principal BEFORE 8.55am**.

The note must contain the student's name, roll class, date, time of departure and reason for leave.

The student then returns to the office at the stated time and collects an early leave pass.

**Please note:** Early leave requests submitted after 8.55am and / or sent via email or telephone will not be accepted or processed by the office.

S Kearns SAM



### **Notice of SBHS P&C Association**

#### **Parent Volunteers Needed**

Sydney Boys High School Open Day 2019

Thursday 12 September 08:00 am - 12:00 pm

Please come and help **the P & C** to showcase Sydney Boys High to future students and their families.

We need volunteer parents to help prepare and serve morning tea.

It will be an enjoyable morning and all you need to bring is your friendly smile ©

Please contact Stephanie Fung via email <a href="mailto:funstep@gmail.com">funstep@gmail.com</a>

or

0430 091 116

or

wechat (id: funstep)

☺ Thank you ☺

160 Clarence Street, Sydney NSW 2000 GPO Box 3365, Sydney NSW 2001

📞 1300 772 679 🛗 (02) 9262 1623 💟 psa@psa.asn.au 🌐 www.psa.asn.au 🗚 83 717 214 309

#### Dear Principal

#### Re: 26 – 30 August 2019 Celebration of SAS Staff Recognition Week

Like you, the Public Service Association values the contribution to the school community of the work done by School Administrative and Support Staff.

Each year the Association organises SAS Staff Recognition Week to acknowledge the contribution of these staff, whether they work in the office, the library, in the school grounds, in a classroom setting, or in other roles.

We know that you are aware of the valuable work SAS Staff do every day of the school year. Recognition Week is an opportunity for you, and the school community, to show your appreciation to these dedicated staff members.

We have included a list of suggested activities you may wish to undertake. We have also written a letter to the P & C inviting them to also celebrate the SAS Staff. It would be appreciated if you could pass this letter on to them.

We will send, by post, a Recognition Week package to the school including poster, bunting and other materials. This package will arrive in in time for the 26 August start.

Thank you in advance for your support and participation in this special week for SAS Staff.

Yours sincerely

Stewart Little

General Secretary

13 August 2019

The Sydney Boys High
Debating Dinner

6pm Saturday 14<sup>th</sup> September Sydney Boys High Great Hall

Ticket sales close **Wednesday 4<sup>th</sup> September** Tickets available at the Front Office Parents and family welcome!

**\$40** per person Limited Seats

The Great Debate.



## RSVP: 2019 Sydney Boys High Debating Dinner

| Student's name:                      | Debating team/year: |  |  |
|--------------------------------------|---------------------|--|--|
| Number of <b>\$40</b> tickets:       | Total enclosed:     |  |  |
| Number of vegetarian meals required: | Vegan: :            |  |  |

## Stay up to date with SZapp

Download this App to be kept up to date with everything that is happening at **Sydney Boys High School**. It features School Calendar, School Newsletters, School Contacts, Documents, and Push Notification Alerts. Messages can be translated through the app into many different languages.

#### **Installation Instructions**





#### 1. DOWNLOAD SZAPP

Search the App Store / Play Store for **SZapp**. Download and install SZapp. **Install is Free**.











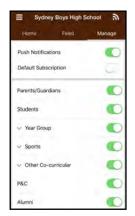






#### 2. FIND OUR SCHOOL

Select Region: Asia Pacific Sydney Boys High School





#### 3. REGISTER A USER

You will need to register a user with your email or sign in with Google or Facebook.





#### 4. MANAGE NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.

#### 5. CHECK SETTINGS FOR APP NOTIFICATIONS

Check your phone settings to allow for push notifications from SZapp.



#### Captain of Boats Start of Season Report

"Real athlete's row. Everyone else just plays games."

The 2020 senior rowing squad are excited for another long yet rewarding season of racing as we head into our first couple of training sessions. 'A' group appears to be extremely keen and competitive, currently exceeding its final maximum capacity of 18 boys, due to plenty of rowers seeking a spot in the 1st and 2nd VIII. All ten year 11 boys from the previous 1st and 2nd VIII have returned, bringing invaluable experience to the squad. 'B' group remains enthusiastic and high-spirited as ever, some members from last year even trying for spots in 'A' group now.

The winter season has provided the boys with the opportunity to clock in plenty of good kilometres on the ergs, helping them maintain both fitness and technique. The weights room has also been open, some boys taking full advantage of this and training up to 3 times a week. Lifting heavy has proven to be very productive for gaining mass and strength, with some boys also pursuing medals in Olympic weightlifting. Two of the boys from the squad will be attending Youth Weightlifting Nationals in the September holidays, thanks to their hard work and dedication in the weights room.

The end of the athletics season in 4 weeks will mark the completion of the squad, with full training commencing soon afterwards. We look forward to the many weeks of tough training and racing ahead, as we build up towards the culmination of the season, the Head of the River, in March 2020.

#### Alan Jessup Captain of Boats





#### Season Schedule:

https://docs.google.com/spreadsheets/d/1eWIE5ZMBSXVbJDRplRqMViuKWht\_Zfv6jZ9L3jLjQEM/edit?usp=sharing
The season officially begins following the AAGPS Athletics carnival in week 9 Term 3. Testing begins week 10 Term 3 for junior rowers.

## During the October holidays there will be training: Week ${\bf 1}$

|               | Monday | Tuesday             | Wednesday    | Thursday | Friday    | Saturday |
|---------------|--------|---------------------|--------------|----------|-----------|----------|
| Seniors       |        | Coogee Stairs - 8am | Row - 7am    |          | Row - 7am |          |
| Senior B      |        | Coogee Stairs - 8am |              |          | Row - 7am |          |
| Year 10 VIIIs |        | Coogee Stairs - 8am |              |          | Row - 7am |          |
| Year 9 Quads  |        |                     | Row - 8.30am |          |           |          |
| Year 8 Quads  |        |                     |              |          |           |          |

#### Week 2

|          | Monday  | Tuesday | Wednesday    | Thursday   | Friday       | Saturday  |
|----------|---------|---------|--------------|------------|--------------|-----------|
| Seniors  |         | Row -   |              |            |              | Row - 7am |
|          | Weights | 7am     | Weights      | Camp – 2pm | Row          |           |
| Senior B |         | Row -   |              |            |              | Row - 7am |
|          |         | 7am     |              | Camp – 2pm | Row          |           |
| Year 10  |         |         |              |            |              | Row - 7am |
| VIIIs    |         |         | Weights      | Camp – 3pm | Row          |           |
| Year 9   |         |         |              |            |              |           |
| Quads    |         |         | Row – 8.30am |            | Row – 8.30am |           |
| Year 8   |         |         | Row – 8.30am |            |              |           |
| Quads    |         |         |              |            | Row – 8.30am |           |

Term 4 training will follow the program below:

| Senior A    |                        |
|-------------|------------------------|
| Monday      | AM –Weights            |
|             |                        |
| Tuesday     | AM – Run               |
| Wednesday   | AM – Weights           |
|             | PM - Erg               |
| Thursday    | PM – Row               |
| Friday      | AM- Row                |
| Saturday    | Row                    |
| Senior B    |                        |
| Monday      |                        |
| Tuesday     | AM - Erg               |
| Wednesday   | PM - Run               |
| Thursday    | PM – Row               |
| Friday      | AM- Row (when camping) |
| Saturday    | Row                    |
| Yr 10 VIIIs |                        |
| Monday      | AM – Erg               |

| Tuesday Rest Wednesday AM – Run PM – Weights Thursday PM – Row (during sport time) Friday AM- Row (when camping) Weights (wher not camping) Saturday Row  Juniors Term 4 Monday PM – Ergs/run Tuesday PM - Weights Weights PM - Ergs/run Thursday PM – Row |           | PM – Weights                         |
|--|-----------|--------------------------------------|
| Wednesday AM – Run PM – Weights Thursday PM – Row (during sport time) Friday AM- Row (when camping) Weights (wher not camping) Saturday Row  Juniors Term 4 Monday PM – Ergs/run Tuesday PM - Weights Weights PM - Ergs/run Thursday PM – Row              | Tuesday   | Ŭ.                                   |
| Thursday PM – Row (during sport time) Friday AM- Row (when camping) Weights (wher not camping) Saturday Row  Juniors Term 4  Monday PM – Ergs/run Tuesday PM - Weights Weights PM - Ergs/run Thursday PM – Row   | Wednesday | AM – Run                             |
| Friday AM- Row (when camping) Weights (wher not camping)  Saturday Row  Juniors Term 4  Monday PM - Ergs/run  Tuesday PM - Weights  Weights PM - Ergs/run  Thursday PM - Row   |           | PM – Weights                         |
| not camping)  Saturday Row  Juniors Term 4  Monday PM – Ergs/run  Tuesday PM - Weights  Weights PM - Ergs/run  Thursday PM – Row   | Thursday  | PM – Row (during sport time)         |
| Saturday Row  Juniors Term 4  Monday PM - Ergs/run  Tuesday PM - Weights  Weights PM - Ergs/run  Thursday PM - Row   | Friday    | AM- Row (when camping) Weights (when |
| Juniors Term 4  Monday PM - Ergs/run  Tuesday PM - Weights  Weights PM - Ergs/run  Thursday PM - Row   |           | not camping)                         |
| Monday PM – Ergs/run Tuesday PM - Weights Weights PM - Ergs/run Thursday PM – Row  | Saturday  | Row                                  |
| Monday PM – Ergs/run Tuesday PM - Weights Weights PM - Ergs/run Thursday PM – Row  |           |                                      |
| Tuesday PM - Weights Weights PM - Ergs/run Thursday PM - Row   | Juniors   | Term 4                               |
| Weights PM - Ergs/run Thursday PM - Row  | Monday    | PM – Ergs/run                        |
| Thursday PM – Row  | Tuesday   | PM - Weights                         |
| ,  | Weights   | PM - Ergs/run                        |
| - · ·  | Thursday  | PM – Row                             |
| Friday   | Friday    |                                      |
| Saturday Row   | Saturday  | Row                                  |

George Barris Rowing MIC



#### **ILLUMINATE 2019**

SBHS will be hosting the 2019 HSC Showcase Opening Night, Illuminate and the Judy Cassab art prize on Monday 2 September, 7.00pm in the Great Hall. Food and drinks will be available for purchase, at the "Dairy Extraordinary" food truck + photo opportunities for students and parents to take memorable group photos at the "U Got Snapped Photobooth" on the night. For catering purposes, please book ASAP or by the latest, Monday 26 August

Option 1: Type in either links <a href="https://www.trybooking.com/BEDOV">https://www.trybooking.com/529693</a>

Option 2: Type "Illuminate Opening Night 2019" into the try bookings website: <a href="https://www.trybooking.com/">https://www.trybooking.com/</a> Mandatory attendance is required for HSC and Years 9-11 students in D&T, Drama, English, Software Design, Music and Visual Arts for the Opening Night [Aware

Scheme Points will be given]. For further information, please visit http://www.sydneyhigh.org.au/illuminate

#### 2020 European Music Tour

Students have been given two forms:

- 1. European Music Tour Consent Forms: Please ensure to read all questions and instructions carefully. Forms are to be submitted directly to the Music Department by Friday 6 September.
- 2. European Music Tour Workshop at the Collaroy Centre: Students have been notified at the beginning of this year when given the schedule and reminded again in term 2. Forms are to be submitted to the school's main office by Friday 23 August.

Please ensure students are attending all tour rehearsals including all school ensembles as mentioned in the 'code of conduct.'

#### **Term 3 Music Ensembles**

or

| MONDAY               | TUESDAY             | WEDNESDAY                              | THURSDAY                | FRIDAY                  |
|----------------------|---------------------|--|-------------------------|-------------------------|
| Jazz Ensemble        | Senior Concert Band | Junior Stage Band                      | Intermediate Stage Band | Senior Strings Ensemble |
| Room 101             | Room 201            | Room 101                               | Room 101                | Room 101                |
| 7.45am-8.45am        | 7.45am – 8.45am     | 7.45am – 8.45am                        | 7.45am – 8.45am         | 7.45am – 8.45am         |
| Intermediate Concert | Symphony Orchestra  | Senior Stage Band                      | Philharmonic Orchestra  | Marching Band           |
| Band                 | Room 201            | Room 201                               | Room 203                | MPW                     |
| Room 201             | 7.45am – 8.45am     | 7.45am – 8.45am                        | 7.30am - 8.30am         | 8.00am - 9.00am         |
| 7.45am -8.45am       |                     |  |                         | Term 1 & 4 ONLY         |
| Guitar Ensemble      | Guitar Ensemble 2   |  | European Music Tour     | European Music Tour     |
| Room 202             | Room 202            |  | String Ensemble         | Concert Band TBC        |
| 7.45am - 8.45am      | 3.30pm – 4.30pm     |  | Room 204                | Room 201 [T4]           |
|                      | S .                 |  | 7.30am-8.30am           | 7.45am-8.45am           |
| Chamber Choir        | Marching Band       |  |                         |                         |
| 7.45am-8.45am        | Room 204/GH/MPW     |  |                         |                         |
| Room 203             | 3.20pm-4.20pm       |  |                         |                         |
|                      | T1 & T4 ONLY        |  |                         |                         |
|                      | European Music Tour | Percussion Ensemble                    |                         |                         |
|                      | Concert Band        | Room 201                               |                         |                         |
|                      | Room 201 [T2-T4]    | 3.20pm - 4.20pm                        |                         |                         |
|                      | 3.30pm - 4.30pm     | 11 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 |                         |                         |

Please note the schedule is subject change (Check with Ensemble Conductor and/or the Music Department)

Marching Band is on Tuesday afternoons 3.30pm-4.30pm & Friday mornings 7.45am-9.00am for ALL of Term 1 & 4. The Marching Band performs in the Sydney City March on Anzac Day (25th April) each year.

\*Students need to remember to schedule lessons at a different time to music ensemble rehearsals. An attendance rate of 80% is necessary to obtain Award Scheme Points and a Music Pocket for senior students EUROPEAN MUSIC TOUR STUDENTS: Rehearsals will be communicated via Daily Notices, Email & High Notes

#### Parent/Guardian Music Contact List

Please send the following details to <a href="mailto:music@sbhs.nsw.edu.au">music@sbhs.nsw.edu.au</a> if you would like to receive emails regarding the Music Performance Program only (i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.).

- Email Subject Line: Music Contact List
- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address

If you would like to be removed from the Parent/Guardian Music Contact List, please email music@sbhs.nsw.edu.au

Music Events Calendar

| Week | Date                        | Event                                       | Music Students Involved            |
|------|-----------------------------|---|------------------------------------|
| 7A   | Monday 2 Sept               | Illuminate Opening Night, 7.00pm Great Hall | Music Elective Students Years 9-12 |
| 7.0  | Tura 2 Cant Thurs F         |   | Illians in a to Charle in to       |
| 7A   | Tues 3 Sept-Thurs 5<br>Sept | Illuminate                                  | Illuminate Students                |
| 8B   | Monday 9 Sept               | HSC Music 1 Practical Exam                  | HSC Music 1Students                |
|      | Tues 10 Sept                | HSC Music 2 & Ext Practical Exam            | HSC Music 2 & Extension Students   |
|      | Wed 11 Sept                 | HSC Music 2 & Ext Practical Exam            | HSC Music 2 & Extension Students   |
| 8B   | Thursday 12 Sept            | Open Day 9.30am – 12.00pm                   | Senior Strings                     |
|      |                             |   | Jazz Ensemble                      |
| 9C   | Monday 16 Sept              | Music Photos at SBHS                        | Music Ensembles                    |
| 9C   | Wed 18 Sept                 | Meet the Music Concert #3 at the            | Elective Music Students Years 9-12 |
|      | •                           | Sydney Opera House, 6.30pm                  |                                    |
| 10A  | Monday 23 Sept              | Year 12 Graduation Farewell Assembly        | Musicians TBC                      |
| -    | Tues 8 Oct-Wed 9 Oct        | European Music Tour Workshop at the         | European Music Tour Students:      |
|      |                             | Collaroy Centre                             | Concert Band, Stage Band, String   |
|      |                             | -   | Ensemble & Percussion Ensemble     |
| -    | Thursday 10 Oct             | Meet the Music Concert #4 at the            | Elective Music Students Years 9-12 |
|      | -                           | Sydney Opera House, 6.30pm                  |                                    |

Music Events are continually added and are subject to change.





Phone: (02) 9662 9300 Fax: (02) 9662 9310

www.sydneyboyshigh.com

## Sydney Boys High School



Sydney Boys High School 556 Cleveland St Moore Park NSW 2021

Dr K A Jaggar OAM Principal

#### ILLUMINATE

**HSC Showcase Opening Night** 

Dear Parents and Guardians,

Sydney Boys High School is proud to host the 2019 HSC Showcase Opening Night, *Illuminate*, and the Judy Cassab art prize on **Monday 2 September**, **7.00pm** in the Great Hall [Exhibition viewing from 5.30pm]. *Illuminate* is a showcase of HSC major projects and performances from students in Design and Technology, Drama, English, Software Design, Music and Visual Arts.

Food and drinks will be available for purchase, at the "Dairy Extraordinary" food truck. There will also be photo opportunities for both for students and parents to take memorable group photos at the "U got Snapped Photobooth" on the night.

For catering purposes, we ask you to book via trybookings.com ASAP or by the latest, *Monday 26 August*:

<u>Option 1:</u> Type in either links <a href="https://www.trybooking.com/BEDOV">https://www.trybooking.com/529693</a>

<u>Option 2:</u> Type "Illuminate Opening Night 2019" into the try bookings website: <a href="https://www.trybooking.com/">https://www.trybooking.com/</a>

Mandatory attendance is required for HSC and Years 9-11 students in Design and Technology, Drama, English, Software Design, Music and Visual Arts for the Opening Night [Award Scheme Points will be given].

Illuminate will also be running during school hours from Tuesday 3 September – Thursday 5 September. There will be a range of exceptional performances, films, artworks, and projects [including Years 7-11]. For further information, please visit <a href="http://www.sydneyhigh.org.au/illuminate">http://www.sydneyhigh.org.au/illuminate</a>

We look forward to your company at our *Illuminate* Opening Night on **Monday 2 September, 7.00pm** at Sydney Boys High School [Great Hall].

Sincerely,

Drama, English, Industrial Arts, Music & Visual Department





## SYDNEY BOYS HIGH SCHOOL

PROUDLY PRESENTS



# OPENING NIGHT Monday 2 September, 7.00pm [Great Hall]

Exhibition Viewing from 5.30pm

Please RSVP

https://www.trybooking.com/BEDOV OR https://www.trybooking.com/529693

.....

From 4.30pm



## DAIRY EXTRAORDINARY FOOD TRUCK





For further information, please visit:

http://www.sydneyhigh.org.au/illuminate

#### **ILLUMINATE OPENING NIGHT**

Monday 2 September from 4.30pm

### Dairy Extraordinary Food truck Menu





#### **Cheese Burger \$8**

Beef patty, brioche bun, swiss cheese with choice of sauce

#### Raclette Cheese Burger \$15

Brioche bun, home made beef patty. Tomato, rocket, bacon, home made relish & raclette melted cheese

#### **Double Double Burger \$15**

2x Beef Patties, 2x Cheese, 2x Bacon, Burger Mayo on Brioche Bun

#### Chicken Schnitzel Burger \$10

Brioche bun, Chicken Schnitzrl. Tomato, rocket, home made relish & tasty cheese

Plain Fries \$7 (GLUTEN FREE VEG)

Raclette Cheesy Fries \$13 (GLUTEN FREE, VEG AVAILABLE)

Raclette Cheese, Fries, Bacon and Spring Onion

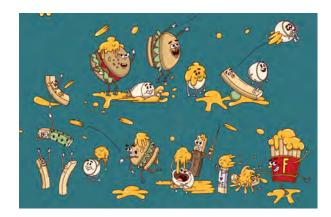
#### Raclette Extreme Cheesy Fries \$16 (GLUTEN FREE< VEG AVAILABLE)

Raclette Cheese, Fries, Bacon, Pork Belly, Crackle, Jalapeños and spring onion

#### Chicken Schnitzel and Chips \$12

#### Drinks \$3

#### Combo offers for fries and drink \$5 with any burger







Dairy Extraordinary



### Sydney High Annual Football Dinner 2019

All coaches, players and parents are warmly invited to help celebrate Sydney Boys High School Annual Football Dinner. The night is an opportunity for all players, parents and coaches to acknowledge the season and meet other friendly faces in the HIGH Football Community. The night will involve a talk from the MIC of Football and each coach will present their teams with awards for Best & Fairest and Most Improved.

When: Friday 30 August 2019

**Time:** 6:00pm – 8:30pm

Where: The Great Hall, Sydney Boys High School

**Cost**: \$40 per person (To Be Paid at the Front Office)

**RSVP**: Tuesday 27 August 2019

**Dress:** All students must wear full school uniform

Beverages: BYO

The coach of each team will be invited to attend the dinner as a guest.

Players are asked to take responsibility on a team-by-team basis for any end-of-season gifts to their team's coach.

Students will be provided notes during training sessions in the first week of Term 3. Alternatively, they can collect a note from Mr Higgins in the Social Science Staffroom.



<u>Stan Jones Cup Winners</u>
Congratulations to Antonio Li (Y11), Hikaru Ikegami (Y11), Khobi Deep (Y11), Stepan Stynyk (Y9) & Head Coach David Deep for winning the Stan Jones Cup for the 3<sup>rd</sup> year running. The boys travelled to Nelson Bay Tuesday evening and played on the Wednesday and Thursday before returning to Sydney. The boys did not lose a single set all tournament and showed great focus and determination against Westfield Sports High in the final.



**Kurt Rich MIC Tennis** 



#### **GPS Athletics**

The first week of GPS Athletics was a good start to the program. Saturdays Meet at ES Marks was well participated in and the GPS Association trialled electronic timing for all athletes which in my opinion was a success and hopefully will be implemented next year. Below are the top 3 results for high from Saturday.

Full results can be found at - http://www.nswathletics.info/liveresults/2019/gps1/

| Name                                  | Event              | Place                              | Time           |  |
|---------------------------------------|--------------------|------------------------------------|----------------|--|
| Kane Shields                          | Opens 3000m        | 2 <sup>nd</sup>                    | 9:15           |  |
| Joshua Suto                           | 14s High Jump      | 1 <sup>st</sup> 1.70m              |                |  |
| Caden Ma                              | 15s 100m Hurdles   | 3 <sup>rd</sup>                    | 16.12          |  |
| Pico Dos Santos-Lee                   | Opens 110m Hurdles | 2 <sup>nd</sup>                    | 16.21          |  |
| Justin Lee Nonis 15s 200m<br>15s 100m |                    | 2 <sup>nd</sup><br>1 <sup>st</sup> | 24.27<br>12.06 |  |
| Rhys Shariff                          | 16s 800m           | 2 <sup>nd</sup>                    | 2:12           |  |

#### Week 3 Schedule -

| Monday    | 7-9am  | High & Long Jump Training  | Gym/Cricket Nets  |
|-----------|--|--|---|
| Monday    | 3:15-5pm   | Years 8, 9 & 10  | Moore Park 2  |
| Tuesday   | 11:10-11:50am  | Shot Put Training  | Shot Put Ring   |
| Tuesday   | 3:15-5pm   | Years 7, 11 & 12   | Moore Park 2  |
| Wednesday | 7-9am  | High Jump Training   | Gymnasium   |
| Wednesday | 12:30-1:10pm   | Junior Shot Put  | Shot Put Ring   |
| Wednesday | 1-3pm  | Senior Athletes  | ES Marks  |
| Wednesday | 3:15-5pm   | Years 8 & 9  | ES Marks  |
| Thursday  | 12:30-1:10pm   | Senior Shot Put  | Shot Put Ring   |
| Thursday  | 1-3pm  | Juniors Athletes   | Moore Park 2  |
| Thursday  | 3:15-5pm   | Senior Athletes  | ES Marks  |
| Friday    | 7-9am  | Year 7 Athletes  | Moore Park 2  |
| Saturday  | 8am-3pm  | Invitational Meet #3   | ES Marks  |
|           | Monday Tuesday Tuesday Wednesday Wednesday Wednesday Thursday Thursday Thursday Friday | Monday 3:15-5pm Tuesday 11:10-11:50am Tuesday 3:15-5pm Wednesday 7-9am Wednesday 12:30-1:10pm Wednesday 3:15-5pm Thursday 12:30-1:10pm Thursday 1-3pm Thursday 1-3pm Thursday 1-3pm Thursday 7-9am | Monday3:15-5pmYears 8, 9 & 10Tuesday11:10-11:50amShot Put TrainingTuesday3:15-5pmYears 7, 11 & 12Wednesday7-9amHigh Jump TrainingWednesday12:30-1:10pmJunior Shot PutWednesday1-3pmSenior AthletesWednesday3:15-5pmYears 8 & 9Thursday12:30-1:10pmSenior Shot PutThursday1-3pmJuniors AthletesThursday3:15-5pmSenior AthletesFriday7-9amYear 7 Athletes |

#### Kurt Rich MIC Athletics





## Athletics Invitational #2 SOPAC - Saturday 24th August

|                         | Track Even     | ts                             |                  | Field Ev          | ents                      |
|-------------------------|----------------|--------------------------------|------------------|-------------------|---------------------------|
| Start Time              | Event          | Age Group                      | Start Time       | Event             | Age Group                 |
|                         |                |                                |                  |                   |                           |
| 8.00am                  | 3000m          | Opens                          |                  |                   |                           |
|                         |                |                                |                  |                   |                           |
| 0.00                    | LILIDDI EO     | 40.1/22                        | 0.00             | Laura Bia         | 44.045.\/                 |
| 8.30am                  | HURDLES        | 13 Yrs - Opens                 | 8.30am<br>8.30am | Javelin<br>Discus | 14 &15 Yrs<br>16 & 17 Yrs |
|                         |                |                                | 8.30am           | Shot              | 13 Yrs                    |
|                         |                |                                | 8.30am           | High Jump         | 13 & 14Yrs                |
|                         |                |                                | 0.30am           | r iigir sump      | 13 & 14113                |
| 9.10am                  | 200m           | 13 Yrs - Opens                 | 8.30am           | Long Jump         | 17 Yrs & Opens            |
|                         |                | io iio opene                   | 0.000            |                   |                           |
|                         |                |                                |                  |                   |                           |
|                         |                |                                |                  |                   |                           |
| 10.10am                 | 800m           | 13 Yrs - Opens                 | 9.30am           | Javelin           | 13 Yrs                    |
|                         |                |                                | 9.30am           | Discus            | 14 & 15 Yrs               |
|                         |                |                                | 9.30am           | Long Jump         | 13 & 14 Yrs               |
|                         |                |                                | 10.00am          | Shot              | Opens                     |
|                         |                |                                | 10.00am          | High Jump         | 15 & 16 Yrs               |
|                         |                |                                |                  |                   |                           |
|                         |                |                                |                  |                   |                           |
|                         |                |                                |                  |                   |                           |
| 11.00am                 | 100m           | 13 Yrs - Opens                 | 11.00am          | Discus            | 13 Yrs                    |
| 11.00am                 | 100111         | 13 f1s - Opens                 | 11.00am          | Shot              | 16 & 17 Yrs               |
|                         |                |                                | 11.00am          | Office            | 10 & 17 113               |
|                         |                |                                | 11.00am          | Javelin           | Open                      |
|                         |                |                                | 11.00am          | High Jump         | 17 & Opens                |
|                         |                |                                |                  | J 1               |                           |
|                         |                |                                |                  |                   |                           |
| 12.15pm                 | 4x100m         | 13 Yrs - Opens                 | 12.00pm          | Long Jump         | 15 & 16 Yrs *Relays       |
|                         |                |                                | 12.15pm          | Javelin           | 16 & 17 Yrs               |
|                         |                |                                | 12.00pm          |                   | 14 & 15 Yrs               |
|                         |                |                                | 12.30pm          | Discus            | Opens                     |
|                         |                |                                |                  |                   |                           |
| 1.00                    | 400            | 40)/0                          |                  |                   |                           |
| 1.00pm                  | 400m           | 13Yrs - Opens                  |                  |                   |                           |
|                         |                |                                |                  |                   |                           |
| 1 45nm                  | 1500m          | 12Vro Opono                    |                  |                   |                           |
| 1.45pm<br><b>2.45pm</b> | 1500m<br>4x400 | 13Yrs - Opens<br>13Yrs - Opens |                  |                   |                           |
| 2.45piii                | 48400          | 13118 - Opens                  |                  |                   |                           |
|                         |                |                                |                  |                   |                           |
|                         |                |                                |                  |                   |                           |





## 2019 Annual SBHS Fencing Dinner

## Your Special Invitation

Celebrate another successful fencing season with your friends, coaches and family at the Annual SBHS Fencing Dinner. This year, we're having a Brazilian Feast, an exciting Raffle and Achievement Awards.

When: 6pm—9pm, Saturday 7th September 2019
Where: Great Hall, Sydney Boys High School
Cost: \$45 per person

\*\* Please return your Permission Note and Payment to the School Admin Office by <u>Friday 16th August 2019</u>\*\*



## SYDNEY BOYS HIGH SCHOOL ANNUAL RUGBY DINNER 2019



Help celebrate another great year of High Rugby

| WHEN?  | Saturday 31st August 2019. 6.00 pm   |
|--------|--|
| WHERE? | Great Hall, Sydney Boys High School.   |
| WHO?   | All players, parents, coaches, friends and supporters. <i>Players to wear school uniform. Adults smart casual please.</i>  |
| WHY?   | To acknowledge the commitment and achievements of all our players, the parents and coaches who have worked so hard all year for our boys, and because friendships made through High Rugby last a lifetime. |
| COST?  | \$45 per person and \$20 for U12's. Any profit is put directly back in to SBHS Rugby. Payable to the school office by Monday 26th August 2019 Maximum seating 220. Soft drinks and mineral water provided. |

| Sydney Boys High School Rugby Dinner 2019                      |                  |         |                        |             |                      |                   |  |
|--|------------------|---------|------------------------|-------------|----------------------|-------------------|--|
| STUDENT NAME:  | ,                | , ,     |                        |             |                      | ROLL CLASS:       |  |
| Type of payment:   | Cheque           |         | Cash                   |             | Credit Card          |                   |  |
| Card Type:   | Mastercard       |         | Visa                   |             |                      |                   |  |
| Number of Tickets:   | _ @ \$45 per tic | ket     | Number of <sup>-</sup> | Γickets (ur | nder 12yo):          | @ \$20 per ticket |  |
| Total Amount Paid: \$  |                  |         |                        |             |                      |                   |  |
| Card Number:   | · — — — — ·      |         |                        |             | Card Expiry Dat      | te/               |  |
| Cardholder's Name:   |                  |         |                        |             |                      |                   |  |
|  |                  | [please |                        |             |                      |                   |  |
| Cardholder's Signature: BH Contact Ph                          |                  |         |                        |             | BH Contact Pho       | ne:               |  |
| Please complete the following to assist with table allocation: |                  |         |                        |             |                      |                   |  |
| Student Name/s:  |                  |         |                        | Te          | am/s                 | e.g. 15A /3XV     |  |
| Number of Adults:  | Number           | of Stud | lents:                 |             | mber of Under 1      |                   |  |
| Do you have any dietary requirements?                          |                  |         |                        | Vega        | Vegan or vegetarian? |                   |  |



REGO DATES: 15 & 22 October

LOCATION: Wentworth Park

TIME: 4-6pm

COSTS: \$100 including (rego + playing shirt +

playing shorts) - ACTIVE KIDS VOUCHER

**ACCEPTED** 

Competition Length- 8 weeks plus finals

Please contact Sivasaran 0433 686 140, or email <a href="mailto:siva@sydneyoztag.com.au">siva@sydneyoztag.com.au</a> for more info



#### **ACTIVE KIDS VOUCHERS ACCEPTED**

Sydney.oztag.com.au

#### **JUNIOR OZTAG SUMMER 2019**

**SYDNEY CITY OZTAG** 

**BOYS & GIRLS & MIXED U8-U17'S** 

TUESDAYS WENTWORTH PARK 4-7pm

**COMMENCING: TUESDAY 5 November** 

OZTAG is a **NON-TACKLING** game, it is a fast-paced exciting sport, that can be enjoyed by boys and girls of all ages. Tagging instead of tackling is great for all players of all skill levels, size and weight to compete evenly.

8 players on the field, only 30min games

Bring your own team, or come as an individual!

Mixed teams are welcome







| Week   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  | Sunday  |
|--------|--|---|--|--|--|---|---|
| 6<br>C | Monday  26  Trial HSC Music: HSC Music 1, 2 + Extension Completion Submission Date Water Polo: SE trials Class tests: 8MaL-P2, 10MaB-P3, 8MaA-P5 Table Tennis: NSW Schoolboys Shield Table Tennis, Homebush                          | Tuesday  27 Trial HSC Basketball: Year 9 House Competition  | Wednesday 28 Trial HSC Room booking, 204, 205, 16:30-20:00   | Thursday 29 Trial HSC P+C Talk, Gaming Addiction, 18:00, Junior Library Public Speaking: Legacy Regional Final Competition, 08:30-13:30                      | Trial HSC Wear it Purple Day Assembly, Great Hall, 10:15-11:00 (9, 10, 11) Wear it Purple Day: Activities on the   | Saturday  31  Athletics: GPS Invitational 3 Room Booking, Arakan Martial Arts, 801 + junior quad Rugby: Dinner, Great Hall, 18:30-21:30 Parking: Roosters v Panthers, 19:35 Excursion: Tournament of minds, St Scholastica's Glebe, 09:00-12:00 | Sunday  1 Fathers' Day Illuminate festival, Set-up, Great Hall Parking: Dragons v Tigers, 16:05 |
| 7<br>A | 2  HSC Visual Arts Body of Work Completion and Hand In Date Class tests: 10YHs-P1, 10XHs-P4 Illuminate festival, Great Hall, 11:00-15:20 Illuminate festival, Official Opening, Great Hall, 17:30-20:00                              | HSC Drama Practical exam, 10:40-14:00 Excursion: Chinese (selected 9-12), 10:10-15:00 Illuminate festival, Great Hall, 09:00-15:20 Photos Representatives (GPS, CHS etc), all Music Groups) Basketball: Year 9 House Competition Class test: 10MaS-P3 | 4 Illuminate festival, Great Hall, 09:00-15:20 ICAS Science Competition, online Athletics: CHS Championships, Homebush Room booking, 204, 205, 16:30-20:00 Public Speaking: SBHS internal competition, Senior Library, 16:00-18:00 | 5 Illuminate festival, Great Hall, 09:00-15:20 Athletics: CHS Championships, Homebush Class test: 9MaC-P3  | Hall, 18:30-21:30 Debating: SIC v SHS  6 Morning collection: Legacy Day The Great Hall: Year 11 Mathematics Yearly Examination, 09:00-10:30 Year 12 Meeting re References, Great Hall, Period 4 Athletics: CHS Championships, Homebush Debating: Shore v SHS                                     | 7 Athletics: GPS Invitational 4 The Great Hall, Fencing Dinner, 18:00-21:00   | 8 Europe Music Tour Rehearsal, 09:30-12:30, Room 101 + 201                                      |
| 8<br>B | The Great Hall, HSC Music practicals, 08:00-12:50 Prefect record reports to be submitted to W drive Prefects P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Staff Common Room, 18:30  | Basketball: Year 9 House<br>Competition<br>The Great Hall: Music,<br>HSC Practicals,<br>08:45-15:20<br>School Council Meeting,  | 11 Music: HSC Practicals, Great Hall, Room 201, 08:45-10:55 The Great Hall: Year 11 Meeting, subject selections, P3 Rowing: Committee Meeting, Staff common room, 19:00 Room booking, 204, 205, 16:30-20:00                        | 12 Open Day, 09:30-12:00 Australian Intermediate Mathematics Olympiad (AIMO) (selected 9-10 students), 09:00-13:00 The Great Hall, Trivia night, 18:00-21:00 | Co-curricular, Outdoor Education, Community and Leadership teams, Gifted and Talented to be submitted to W drive 2019 Record Reports P+C, OBU, School Foundation and Canteen Reports to be emailed to mayj@sbhs.nsw.edu.au Excursion: Year 11 Biology, Narrabeen platform The Great Hall: Year 8 | The Great Hall: Chess,<br>GPS Competition,<br>09:00-15:00<br>The Great Hall: Debating,<br>Dinner, 18:00   | 15 Basketball: Annual Old Boys Game and Coach Co-ord day  |
| 9<br>C | Assembly: GPS Athletics Assembly, Great Hall, 09:55-10:30 (7, 8, 12) The Great Hall: Year 10 Meeting,P3 Cheap Thrills (Year 9), The Great Hall, 14:15-15:15 International Chinese Proficiency Test (HSK), P4+Recess, 10 XCA + 11 Cic | 17 The Great Hall: Year 9 Meeting, 09:55-10:20 Basketball: Year 9 House Competition ICAS English Competition, p4 The Great Hall: Parent Information Evenings, Year 9 2020 18:00-19:00, Year 11 2020, 19:00-20:00 Foundation meeting, 18:30-20:30      | 18 Year 11 Yearly Exams Year 8 Outdoor Education Camp (Mangrove Mountain)  2019 Meet the Music Concert Series, Sydney Opera House, 18:30-20:30 Room booking, 204, 205, 16:30-20:00   | 19 Year 11 Yearly Exams Year 8 Outdoor Education Camp (Mangrove Mountain) Change to Summer Sport (7-9)(non-athletes) Excursion: Philosothon, NSGHS, 19:30    | Year 11 Yearly Exams Volleyball: NSW Volleyball Schools Cup (teams tbc) Year 12 Oasis External Collection Year 8 Outdoor Education Camp (Mangrove Mountain) Class Test: 9MaL-P5  | 21 Athletics: GPS Championships, SOPAC  | 22  |