

The Weekly Newsletter of Sydney Boys High School

Vol 20 No 24 09 August 2019

# From the Principal High Talent



At the final of the Latin and Greek Reading Competition held last Friday, Nathaniel Jones (10F) won the Classical Greek competition. Congratulations!

#### Careers and Industry Afternoon

Last Friday, 12 Old boys and 150 students from Years 11 and 12 gathered in the Great Hall for a Careers and Industry afternoon. Organised by Marcus Borscz, Vice-Captain and Eric Wong (SHS-2000), the Old Boys shared stories of their careers and then answered a series of questions from students. Students gained great insights into how career paths change over time and how interests develop and are pursued across academic disciplines and industries. The Old Boys then networked with the students over afternoon tea. Thank you to all concerned. The event shows how relevant the Old boys Union is in providing a link between school and the world of work for our students.

#### **Prefect Interns Elections Process**



The Executive has considered the list of potential candidates for the Prefect Internship. Students who have been nominated may be vetoed for a number of reasons. An

important prerequisite for School Prefect is acceptable academic progress. That means estimated ATAR of 92 for students who started in Year 7 (calculated on 12 units) and 88 for those who joined the school later. Strong, ongoing participation in the Student Award Scheme is the next benchmark to be met. We expect School Prefects to be role models for participation. Each year they should earn at least 100 points (even if they are carrying over points). By the time the ballot nominations close students nominated should demonstrated to Mr Dowdell how they will earn their 100 points this year towards an award.

Boys who already have Platinum Awards, have until the closing date of the Award Scheme for the year to complete their 100 points requirement. In addition, nominees can be vetoed for recent acts of misbehaviour at the discretion of the executive or because of attendance and punctuality or school uniform issues. Boys who have not maintained the academic standard, but have been close to it, (ie one ATAR point below 92 or 88, depending on year of enrolment), have a right of appeal in writing to the Principal. They need to supply testimonials from at least three teachers, supporting their claims to have improved their academic standing since their first report, and assuring the Principal that the benchmark will be reached by April of their HSC year. Nominees successful in their appeals are automatically on probation until their Year 11 Preliminary reports. A further investigation of academic standings occurs at the beginning of term 4. Probationary Interns may lose their internship at this review. Prefect Interns who have slipped in their academic standings, will be placed on probation and given until their first Year 12 report to meet the standard required. I have heard multiple appeals. The ballot nominations have been closed. Ms Rigby is the Manager in Charge of School Prefects and is in charge of the nomination and voting process.

#### **Collection of Reports**

All boys should have collected their reports. Regrettably, there are still many boys who have not fulfilled their commitments, completed their *Clearance Forms* and booked an appointment time to see me to discuss their progress at school. This is an important step in our feedback loop and I insist on speaking to boys personally. Boys can come and get their reports before or after school and at lunch or recess on most days, unless I have appointments or have already set aside a time to chat with boys about their reports. There are also sheets provided for *'Stragglers' Reports'* for an hour or so on selected days on the

Waterhouse desk in the corridor outside my office. Boys just need to make an effort



to comply with policy and come and see me.

Once I have had a short feedback session with each boy, his report is loaded online against his personal file on *Find a Student*. Appointments can be made in the new school year by filling in one of the sheets on the Waterhouse desk in the corridor or just drop by before school, recess and at lunch (except Tuesdays). The benefits of my interactions with boys lessen if the discussion is too far removed from the assessment events being discussed.

#### Winter Sports Reports

It is that time again when captains of teams write up reports for their season. It is important that this tradition is maintained and that as many reports as possible appear in *The Record*. Ms May, our editor, works exceptionally



hard to produce a high quality compendium of the great things that occur during the year here at High. She cannot do her job unless you do yours. For the sake of your teammates and for your own slice of

history, complete and submit your report on winter sport in the week after the final match of your season. If you have access to any good action shots of your team send them in also. Parents are asked to remind their sons to submit their reports if they captained a team in winter sport.

Dr K A Jaggar Principal Dark Navy with S.H.S crest embroidered.

Limited stock, so be quick not to miss out!

\$55





# CHANGE OF ADDRESS or CHANGE OF CONTACT DETAILS

If you have moved or changed your contact details please notify the school via email at office@sbhs.nsw.edu.au

To ensure your contact details are correct, please check the parent portal located through <a href="https://www.sydneyboyshigh.com">www.sydneyboyshigh.com</a>. At the bottom left of the page there is a link to registration for new parent portal users and a log in for current users. Click the relevant link and go to the Student Details section. If the details showing require updating, please contact us via email at <a href="https://originalstyle.com/green/gre



#### **WET WEATHER SPRAY JACKET**

The High Store have in stock a Water Proof Jacket for use ONLY on rainy days, to protect your school pullover & school blazer.

\*Water proof nylon

\*Two external slash pockets

\*Draw cord with lock adjusters

\*Mobile phone pocket

# Sydney Boys High School Parents and Citizens Association

General Meeting 6.30 - 8pm, Monday 12 August 2019 Venue: The Staff Common Room



#### **Agenda**

- 1. Welcome and present apologies Susan Mitchell
- 2. Minutes of last meeting & matters arising
- 3. Treasurer's Report Amy Sim
- 4. Principal's Report Kim Jaggar
- 5. Other Business
  - a. Can the school or P&C create a written MOU that all parents sign to volunteer their time (say at least twice a year)?
  - b. Can we recruit a parent to organise an event that promotes an alternative to intense coaching and high ATAR?
  - c. Can we trial live streaming P&C meetings so we are more inclusive of remote parents?
  - d. Can the P&C fund an extra year adviser (\$15k p.a. in the past) for pastoral care?
  - e. How can new Year 7 boys have more social interactions outside school to make friends?
  - f. Can braiding be a default design for the school blazer?
- 6. What did we do well or poorly this meeting? How can we do it better?
- 7. Meeting close

**Remaining P&C Meetings for this year:** 9 September, 14 October, 11 November



Open daily from 8.30am, High Canteen serves an extensive range of hot and cold foods. Our raison d'etre is to provide our hungry sportsmen scholars with nutritious meal options that are very reasonably priced. Freshly cut sandwiches, wraps, burgers, rolls, sushi, rice box, pasta, soups, salads and focaccia are just some of them. We also stock a number of pre-purchased items as well as drinks. Our canteen managers are constantly adding new items to reflect the culinary diversity of our school community. Check out weekly and daily specials. Much of this is prepared fresh on site.

In recognition of our efforts, High Canteen was recently awarded the Healthy Canteen tick of approval. Launched in 2017, the NSW Healthy School Canteen Strategy is a key initiative to support the Premier's Priority of embedding healthy eating habits and tackling childhood obesity. Healthy eating is a lifelong habit with far reaching socio-economic impacts. Embracing fresh and wholesome foods, reducing portion sizes and knocking back sugary treats are the pillars on which the strategy is founded. Visit: https://www.nsw.gov.au/improving-nsw/premierspriorities/.



We urge the entire school community to continue to support the school canteen. Remember every dollar spent at canteen goes back to our boys. Our canteen is one of very few high school canteens that is managed by P&C through the canteen subcommittee. We are indeed

privileged to have ongoing support of parent volunteers who willingly take time out of their busy schedules to help prepare foods and serve at canteen windows during recess and lunch. We would also like to acknowledge the prefect body and SRC for their inputs and feedback. Your help during recess and lunch is much appreciated.

#### Student TAG

We hope to see more students embrace the cashless payment and online ordering options currently available through the school portal. Thank you, David Isaacs, for delivering this initiative. It reduces cash handling but more importantly waiting times. Boys can also place orders before bell time and thus avoid missing out on popular items



#### Volunteer Recruitment Drive

Thank you to all those who responded to the recent P&C volunteer recruitment drive. We are still looking for more volunteers to join the roster in 2019. Our parent volunteers form the backbone of school canteen. Each day, 2-3 parent volunteers are required.

If you have a few hours to spare each month, please ring 9662 9350. Many hands make light work. Full training will be provided and language is no barrier. Canteen is a welcoming workplace and offers a great opportunity to network and learn about High values & Description of the street was a specific provided in the street work.

#### Usha Arvind

**President Canteen Committee** 





#### Chess News

This year we entered six teams in the NSW Junior Chess League inter-schools Competition and all teams played very well during the Friday afternoon games in term two.

We are pleased to say that five of our teams have now progressed to the next stage of this competition which will continue this term.

Congratulations to all boys who play for the school and to these teams which continue games this Friday.

Senior A: Peter Boylan, Justin Wayne-Lowe, Amerthan Thevathasan, Henry Chen, David Zeng-Yin

Intermediate A: Jack Keating, Kerwin Ma, Ryan Lee, Matthew Ko, AustinLiu

Intermediate B: Simon Wu, Asrith Devarapilli, William Wibawa, Dean Nguyen, Ivan Samsonov

Junior A: Tobey Huey, Jason Pan, Kenton Liu, Andre Baruah, Max Li

Junior B: Tri Nguyen, Daniel Nguyen, Harry Lao, Byron Xie, Allen Chen

Congratulations and thank you also to our Senior B team (Ryan Kc, Mridul Pant, Dean Rong, Joon Young Moon and Nam Anh Dang) who, although not continuing in the competition, played well and demonstrated a loyalty to the chess program over a number of years, even with the pressures of senior assessments.

We are very proud of all our players and thankful to our coach Vladimir Feldman.

Rowena Barr MIC Chess

#### **EARLY LEAVE REMINDER**

The school **does not** accept early leave applications via email or telephone.

The procedures for early leave are as follows:

Students must bring a note to the office that has been signed by **both** a **parent AND** a **Deputy Principal BEFORE 8.55am**.

The note must contain the student's name, roll class,

date, time of departure and reason for leave.

The student then returns to the office at the stated time and collects an early leave pass.

**Please note:** Early leave requests submitted after 8.55am and / or sent via email or telephone will not be accepted or processed by the office.

#### **Opal Card Reminder**



Please remember to tap on and off when travelling with a school opal card











#### **DEBATING**

The GPS Debating competition kicked off last week with a home round against The Kings School. All went well, with High winning in the 7A, 8A, 8B, 9A, 10A, 10B, Thirds and Seconds debates.

Thanks to Edwina Henningham and Pamela Shi and their helpers for the fabulous supper (again)! Unfortunately, there were quite a number of students who failed to contribute to supper – if it is a home debate you must either bring food to contribute to supper or \$5 which you must give to the coordinators on the night. If you are able to help out with preparing supper or cleaning up please contact Edwina at <a href="mailto:ejhenno@qmail.com">ejhenno@qmail.com</a>.

This week's round is at home against Joey's. Unfortunately they are not able to send any extra teams for our many keen debaters who have not made the GPS teams. Remember – if you are debating, chairing or spectating you must bring a contribution to supper.

Best of luck against Joey's tonight. Next week we are away against Newington.

Madeleine Rigby MIC Debating

The Sydney Boys High Debating Dinner

> 6pm Saturday 14 September Sydney Boys High Great Hall

Ticket sales close **Wednesday 4 September**Tickets available at the Front Office

Parents and family welcome!

\$40 per person Limited Seats

The Great Debate.



# RSVP: 2019 Sydney Boys High Debating Dinner

Student's name:	Debating team/year:
Number of <b>\$40</b> tickets:	Total enclosed:
Number of vegetarian meals required:	Vegan:



#### **ILLUMINATE 2019**

SBHS will be hosting the 2019 HSC Showcase Opening Night, *Illuminate* and the *Judy Cassab* art prize on Monday 2 September, 7.00pm in the Great Hall. Food and drinks will be available for purchase, at the "Dairy Extraordinary" food truck + photo opportunities for students and parents to take memorable group photos at the "U Got Snapped Photobooth" on the night. For catering purposes, please book ASAP or by the latest, Monday 26 August

Option 1: Type in either links <a href="https://www.trybooking.com/BEDOV">https://www.trybooking.com/529693</a>

Option 2: Type "Illuminate Opening Night 2019" into the try bookings website: <a href="https://www.trybooking.com/">https://www.trybooking.com/</a>

Mandatory attendance is required for HSC and Years 9-11 students in D&T, Drama, English, Software Design, Music and Visual Arts for the Opening Night [Aware Scheme Points will be given].
For further information, please visit
http://www.sydneyhigh.org.au/illuminate

#### 2020 European Music Tour

Students have been given two forms:

- 1. European Music Tour Consent Forms: Please ensure to read all questions and instructions carefully. Forms are to be submitted directly to the Music Department by Friday 6 September.
- 2. European Music Tour Workshop at the Collaroy Centre: Students have been notified at the beginning of this year when given the schedule and reminded again in term 2. Forms are to be submitted to the school's main office by Friday 23 August.

Please ensure students are attending all tour rehearsals including all school ensembles as mentioned in the 'code of conduct.'

#### Term 3 Music Ensembles

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jazz Ensemble	Senior Concert Band	Junior Stage Band	Intermediate Stage Band	Senior Strings Ensemble
Room 101	Room 201	Room 101	Room 101	Room 101
7.45am-8.45am	7.45am – 8.45am	7.45am – 8.45am	7.45am – 8.45am	7.45am – 8.45am
Intermediate Concert	Symphony Orchestra	Senior Stage Band	Philharmonic Orchestra	Marching Band
Band	Room 201	Room 201	Room 203	MPW
Room 201	7.45am – 8.45am	7.45am – 8.45am	7.30am – 8.30am	8.00am - 9.00am
7.45am -8.45am				Term 1 & 4 ONLY
Guitar Ensemble	Guitar Ensemble 2		European Music Tour	European Music Tour
Room 202	Room 202		String Ensemble	Concert Band TBC
7.45am - 8.45am	3.30pm – 4.30pm		Room 204	Room 201 [T4]
			7.30am-8.30am	7.45am-8.45am
Chamber Choir	Marching Band			
7.45am-8.45am	Room 204/GH/MPW			
Room 203	3.20pm-4.20pm			
	T1 & T4 ONLY			
	European Music Tour	Percussion Ensemble		
	Concert Band	Room 201		
	Room 201 [T2-T4]	3.20pm - 4.20pm		
	3.30pm - 4.30pm			

Please note the schedule is subject change (Check with Ensemble Conductor and/or the Music Department)

Marching Band is on Tuesday afternoons 3.30pm-4.30pm & Friday mornings 7.45am-9.00am for ALL of Term 1 & 4. The Marching Band performs in the Sydney City March on Anzac Day (25th April) each year.

\*Students need to remember to schedule lessons at a different time to music ensemble rehearsals. An attendance rate of 80% is necessary to obtain Award Scheme Points and a Music Pocket for senior student EUROPEAN MUSIC TOUR STUDENTS: Rehearsals will be communicated via Daily Notices, Email & High Notes

#### Parent/Guardian Music Contact List

Please send the following details to <a href="music@sbhs.nsw.edu.au">music@sbhs.nsw.edu.au</a> if you would like to receive emails regarding the Music Performance Program only (i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.).

- Email Subject Line: Music Contact List
- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address

If you would like to be removed from the Parent/Guardian Music Contact List, please email music@sbhs.nsw.edu.au

Music Events Calendar

Week	Date	Event	Music Students Involved	
3C	Thurs 8 August-	HSC Music 2 Composition	HSC Music 2 Students	
	Fri 9 August	Recording (Room 101 & 201)		
4A	Mon 12 August –	HSC Music 1, 2 & Extension Trial	HSC Music 1, 2 & Extension	
	Tues 13 August	Practical Exam, 9.00am – 4.00pm	Students	
		Great Hall		
7A	Monday 2 Sept	Illuminate Opening Night, 7.00pm	Music Elective Students Years 9-	
		Great Hall	12	
7A	Tues 3 Sept-	Illuminate	Illuminate Students	
	Thurs 5 Sept			
8B	Thursday 12 Sept	Open Day 9.30am – 12.00pm	Senior Strings	
			Jazz Ensemble	
9C	Monday 16 Sept	Music Photos at SBHS	Music Ensembles	
9C	Wed 18 Sept	Meet the Music Concert #3 at the	Elective Music Students Years 9-	
		Sydney Opera House, 6.30pm	12	
10A	Monday 23 Sept	Year 12 Graduation Farewell	Musicians TBC	
		Assembly		
-	Tues 8 Oct-Wed 9	European Music Tour Workshop at	European Music Tour Students:	
	Oct	the Collaroy Centre	Concert Band, Stage Band, String	
			Ensemble & Percussion Ensemble	
-	Thursday 10 Oct	Meet the Music Concert #4 at the	Elective Music Students Years 9-	
		Sydney Opera House, 6.30pm	12	

Music Events are continually added and are subject to change.





Phone: (02) 9662 9300 Fax: (02) 9662 9310

www.sydneyboyshigh.com

# Sydney Boys High School



Sydney Boys High School 556 Cleveland St Moore Park NSW 2021

Dr K A Jaggar OAM Principal

#### ILLUMINATE

**HSC Showcase Opening Night** 

Dear Parents and Guardians,

Sydney Boys High School is proud to host the 2019 HSC Showcase Opening Night, *Illuminate*, and the Judy Cassab art prize on **Monday 2<sup>nd</sup> September**, **7.00pm** in the Great Hall [Exhibition viewing from 5.30pm]. *Illuminate* is a showcase of HSC major projects and performances from students in Design and Technology, Drama, English, Software Design, Music and Visual Arts.

Food and drinks will be available for purchase, at the "Dairy Extraordinary" food truck. There will also be photo opportunities for both for students and parents to take memorable group photos at the "U got Snapped Photobooth" on the night.

For catering purposes, we ask you to book via trybookings.com ASAP or by the latest, *Monday 26<sup>th</sup> of August:*Option 1: Type in either links <a href="https://www.trybooking.com/BEDOV">https://www.trybooking.com/529693</a>
Option 2: Type "Illuminate Opening Night 2019" into the try bookings website: <a href="https://www.trybooking.com/">https://www.trybooking.com/</a>

Mandatory attendance is required for HSC and Years 9-11 students in Design and Technology, Drama, English, Software Design, Music and Visual Arts for the Opening Night [Award Scheme Points will be given].

Illuminate will also be running during school hours from Tuesday 3<sup>rd</sup> September – Thursday 5<sup>th</sup> September. There will be a range of exceptional performances, films, artworks, and projects [including Years 7-11]. For further information, please visit <a href="http://www.sydneyhigh.org.au/illuminate">http://www.sydneyhigh.org.au/illuminate</a>

We look forward to your company at our *Illuminate* Opening Night on **Monday 2<sup>nd</sup> September, 7.00pm** at Sydney Boys High School [Great Hall].

Sincerely,

Drama, English, Industrial Arts, Music & Visual Department





### Sydney High Annual Football Dinner 2019

All coaches, players and parents are warmly invited to help celebrate Sydney Boys High School Annual Football Dinner. The night is an opportunity for all players, parents and coaches to acknowledge the season and meet other friendly faces in the HIGH Football Community. The night will involve a talk from the MIC of Football and each coach will present their teams with awards for Best & Fairest and Most Improved.

When: Friday 30 August 2019

**Time**: 6:00pm – 8:30pm

Where: The Great Hall, Sydney Boys High School

**Cost**: \$40 per person (To Be Paid at the Front Office)

**RSVP**: Tuesday 27 August 2019

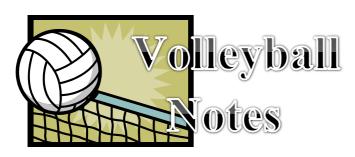
**Dress:** All students must wear full school uniform

Beverages: BYO

The coach of each team will be invited to attend the dinner as a guest.

Players are asked to take responsibility on a team-by-team basis for any end-of-season gifts to their team's coach.

Students will be provided notes during training sessions in the first week of Term 3. Alternatively, they can collect a note from Mr Higgins in the Social Science Staffroom.



# Volleyball Results SHS vs BC/TKS/NC Saturday 3rd August (Term 3 Week 2) 2019

1st to 4th Opens and 16A vs BC @ BC. 15A & 14A vs TKS @ SBHS. 15B vs NC @ NC.

 $1^{st}$ ,  $2^{nd}$  & 3rd Opens, 16A's, 15A's and 14A's all had 3-0 Wins. 4ths had a Win by Forfeit.

16B Bye. 15B's had a 1-2 Loss. 14B 'friendly' vs SBHS 14A.

1st Grade: 25-7; 25-6; 25-9. 3-0 Win. 2nd Grade: 25-7; 25-5; 25-7. 3-0 Win.

3rd Grade: 25-13; 25-11; 25-9. 3-0 Win. 4th Grade: Win by Forfeit.

16A: 25-12; 25-18; 25-16. 3-0 Win. 16B: Bye.

15A: 30-15; 25-15; 25-17. 3-0 Win. 15B: 1-2 Loss.

14A: 25-8; 25-3; 25-8. 3-0 Win.

Statistics for the 1st and 2nd Grade teams are shown in the table below:

15A: 30-15; 25-15; 25-17. 3-0 Win. 15B: 1-2 Loss.

14A: 25-8; 25-3; 25-8. 3-0 Win.

Statistics for the  $1^{st}$  and  $2^{nd}$  Grade teams are shown in the table below: Mr Coan.

Area	First Grade	Second Grade			
Serving (/3)	Samuel YU – 2.6 (5)	Sean GIANG – 2.8 (16)			
	Zachary LIU – 2.5 (6)	Kenneth MAO – 2.5 (13)			
	Weixuan LI – 2.5 (2)	Jadon YANG – 2.5 (6)			
Serve Reception (/3)	Zachary LIU – 3 (1)	Lawrence ZHUANG – 2.5 (2)			
	Samuel YU – 2.5 (2)	Sean GIANG – 2 (1)			
	Adrian PANAS – 2.3 (4)	Jadon YANG – 2 (1)			
Freeball Passing (/3)	Zachary LIU – 3 (4)	Lawrence ZHUANG – 3 (4)			
	Samuel YU – 3 (1)	Kenneth MAO – 3 (2)			
	Ryan CHAN - 3 (1)	Stanley CHEN – 2.9 (6)			
Outside and Opposite Hitting (/3)	Adrian PANAS – 3 (4)	3 (4) Jadon YANG – 2.5 (2			
	Oliver YANG – 3 (1)	Sean GIANG – 2.4 (5)			
	Blair ZONG – 2.3 (8)	Stanley CHEN – 2.2 (6)			
Middle Hitting (/3)	Samuel YU – 3 (5)	Thomas TRAN – 2.4 (5)			
	Zachary LIU – 3 (1)				
	Weixuan LI – 2.8 (4)				
Setting (/3)	Oliver YANG – 2.7 (35)	Jadon YANG – 2.8 (8)			
		David ZHOU – 2.7 (7)			



#### **GPS Athletics 2019 Season**

The GPS Athletics Season officially starts on Monday 12 August. All Athletes must attend a minimum of 3

training sessions and Saturday each week. If an athlete cannot attend any session, then an email must be sent to Mr Kurt Rich richk@sbhs.nsw.edu.au

#### Week 1 Schedule

	GPS Athletics Season 2019						
Date	Day	Day Time Session Location					
12-Aug	Monday	7-9am	High & Long Jump Training	Gym/Cricket Nets			
12-Aug	Monday	3:15-5pm	Years 8, 9 & 10	Moore Park 2			
13-Aug	Tuesday	11:10-11:50am	Shot Put Training	Shot Put Ring			
13-Aug	Tuesday	3:15-5pm	Years 7, 11 & 12	Moore Park 2			
14-Aug	Wednesday	7-9am	High Jump Training	Gymnasium			
14-Aug	Wednesday	12:30-1:10pm	Junior Shot Put	Shot Put Ring			
14-Aug	Wednesday	1-3pm	Senior Athletes	Moore Park 2			
14-Aug	Wednesday	3:15-5pm	Years 8 & 9	Moore Park 2			
15-Aug	Thursday	12:30-1:10pm	Senior Shot Put	Shot Put Ring			
15-Aug	Thursday	1-3pm	Juniors Athletes	Moore Park 2			
15-Aug	Thursday	3:15-5pm	Senior Athletes	Moore Park 2			
16-Aug	Friday	7-9am	Year 7 Athletes	Moore Park 2			
17-Aug	Saturday	8am-3pm	Invitational Meet #1	ES Marks			

#### Key dates to keep in mind

CHS 4-6th September Assembly 16 September

#### **GPS Athletics Standards**

- High Athletes must attend 3 sessions per week including their sport time session. Any training exemptions must be approved by MIC of Athletics - Kurt Rich
- High Athletes must compete in events they are training for or told to by the coach/MIC at each invitational meet. Exemptions to this, need to be made by Sydney Boys High Athletics coach/MIC
- High Athletes must strive to represent their school with their utmost effort, respect and pride at every session and meet. Failure to do this can result in ban from High Athletics.
- Attendance at the AAGPS Carnival on Saturday 21 September and the ceremony after is compulsory for athletes regardless if in the competition squad or not
- All registered athletes will be given the same level of respect and attention by the

- Coaches & MIC regardless of talent. High has boasted the largest number of athletes in the GPS for several years and we intend to keep it that way
- If all of these standards are kept, all athletes can expect to improve their fitness
- Throughout the program. A final competitive team will be selected for the final competition, however, everyone is a valued member of the squad.

#### **Selection Policy**

- Consistent training attendance and effort
- Performances in CHS & GPS competition(s)
- Tactical team selection
- Long Term Athletic Development

#### Kurt Rich MIC Athletics

#### **SBHS** Fencing Report

# NSWFA School Team Championships Round 3

Junior/Senior Teams on Saturday 3/08/19

Senior Foil Team: won against Newington B 45-20. Junior Foil Team: lost against Grammar B 40-45. Senior Sabre Team: won against Xavier 45-0.

# NSWFA School Team Championships Final ranking

Congratulations to the following teams for their outstanding results.

#### Senior Foil Team:

(M. Bui, O. Zhang, K. Chen, L. Liu, L. Ho) won Silver.

#### Junior Foil Team:

(D. Low, A. Liu, N. Wu, J. Chu) won Bronze.

#### Senior Sabre Team:

(M. Lee, A. Leong, T. Zheng, H. Guo, A. Mohamed) won Silver.

#### Junior Sabre Team:

(O. Shi, E. Hong, S. Choi, J. Ho) won Gold.







Please check the NSWFA website for full results and rankings once they have been updated:

http://nswfencing.org.au/school-age-program-results/

Photos from the event and more information about our SBHS Fencing program can be found here: https://sbhsfencing.com/2019-photos/

Cindy Ho President of SBHS Fencing Committee & D. Huynh MIC Fencing







# 2019 Annual SBHS Fencing Dinner

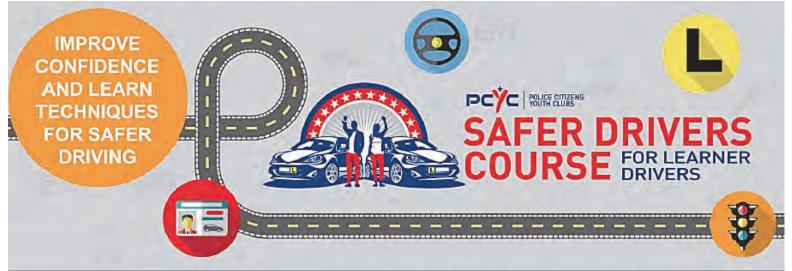
## Your Special Invitation

Celebrate another successful fencing season with your friends, coaches and family at the Annual SBHS Fencing Dinner. This year, we're having a Brazilian Feast, an exciting Raffle and Achievement Awards.

When: 6pm—9pm, Saturday 7th September 2019
Where: Great Hall, Sydney Boys High School
Cost: \$45 per person

\*\* Please return your Permission Note and Payment to the School Admin Office by <u>Friday 16th August 2019</u>\*\*





## THE SAFER DRIVERS COURSE INVOLVES TWO MODULES



#### **MODULE ONE:**

A three-hour facilitated group discussion on how to manage risks on the road.

This will involve a maximum of 12 participants and will be delivered by a facilitator.



#### **MODULE TWO:**

A two-hour, in-vehicle coaching session to develop low-risk driving strategies.

This will involve two participants and a coach.

LEARNER DRIVERS WHO COMPLETE THE COURSE **WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.** 



# **Next course date: Saturday August 17th 2019**

#### ALL PARTICIPANTS MUST:

Hold a valid NSW Learner Licence, be 16-24 years of age and have completed a minimum of 50 hours of actual on-road driving hours in their Learner Logbook (not including bonus hours).

# **Book online at www.saferdrivers.org.au**



02 9314 2536

easternsuburbs@pcycnsw.org.au







# SYDNEY BOYS HIGH SCHOOL ANNUAL RUGBY DINNER 2019



Help celebrate another great year of High Rugby

WHEN?	Saturday 31 August 2019. 6.00 pm
WHERE?	Great Hall, Sydney Boys High School.
WHO?	All players, parents, coaches, friends and supporters. <i>Players to wear school uniform. Adults smart casual please.</i>
WHY?	To acknowledge the commitment and achievements of all our players, the parents and coaches who have worked so hard all year for our boys, and because friendships made through High Rugby last a lifetime.
COST?	\$45 per person and \$20 for U12's. Any profit is put directly back in to SBHS Rugby. Payable to the school office by Monday 26 August 2019 Maximum seating 220. Soft drinks and mineral water provided.

Sydney Boys High School Rugby Dinner 2019						
STUDENT NAME:	,	, ,				ROLL CLASS:
Type of payment:	Cheque		Cash		Credit Card	
Card Type:	Mastercard		Visa			
Number of Tickets:	_ @ \$45 per tic	ket	Number of 7	Tickets (ur	nder 12yo):	@ \$20 per ticket
Total Amount Paid: \$						
Card Number:					Card Expiry Da	te/
Cardholder's Name:						
[please print]						
Cardholder's Signature:					BH Contact Pho	ne:
Please complete the following to assist with table allocation:						
Student Name/s:				Te	am/s	e.g. 15A /3XV
Number of Adults:	Number	of Stu	dents:	_ Nu	mber of Under 1	2s:
Do you have any dietary r	equirements? _			Vega	n or vegetarian?	·

# THE SMART INCLINING BED



This device converts any bed into a hospital bed alternative, for under \$500!

It may improve your quality of sleep, It will make life easier. And future models will send alerts if someone has fallen or needs help!

Plus, our evidence based, AI backed, nutrition, exercise and sleep app - Centered Around You - is revolutionary!

We work with UNSW, and institutes around the world to bring you reliable advice, and help power research. That's why we're Australia's Student Startup of the Year!

1) VOTE FOR US ONLINE IN THE
"HEFFRON" ELECTORATE'S
"MY COMUNITY PROJECT GRANT"
2) SEND US A SCREENSHOT OF
YOUR VOTE
3) GET \$100 OFF A PRE-ORDER.

Email your screenshot to info@caroundyou.com or info@gettosleepeasy.org



# **MY STORY**

# GET TO SLEEP EASY, KNOWING YOUR LOVED ONES ARE SAFE.

My name is Nikhil Autar. I was diagnosed with leukemia at 17, and given a 10-20% chance of surviving. I am now studying medicine and am a cancer researcher!

I started up this project after losing one too many friends to preventable issues like falls and infections.

Our devices, and our app, could save lives, by sending alerts when loved ones need you most, and by providing evidence based wellness advice tailored to YOU! I'd love it if you could help get us to the next level with some much needed funding.

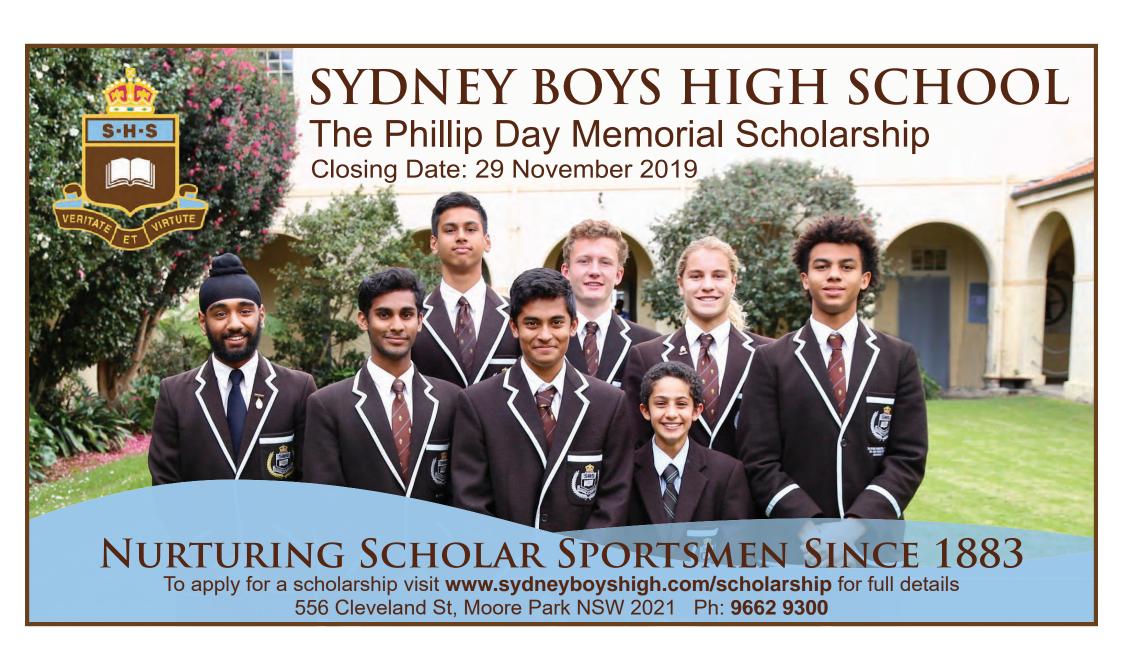
Vote for us - "Centered Around You" at mycommunityproject.service.nsw.gov.au (or google "My Community Project"!

#### Visit:

GetToSleepEasy.org or CAroundYou.com. for more info (or, just turn this over!).

Feel free to contact us at 0451 242 684 if you have any questions or feedback.

Check out the website/social media for "how to vote" guides. Voting closes Aug 15!



Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	09-08-2019 Sunday
week	12 ***	13	wednesday 14 ***		16	17	18
4 A	The Great Hall: Music, HSC Music 1, 2 + Extension Performance Trial Examination Basketball: Sydney East CHS 15 years; Rounds 3,4, Sutherland Basketball Stadium Class test: 10MaP-P5 P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Staff Common Room, 18:30 PDHPE: 1600m Run, Y7 to	Years 11 and 12 Study Day The Great Hall: Music, HSC Music 1, 2 + Extension Performance Trial Examination Basketball: Year 9 House Competition School Council Meeting, Board Room, 17:30-19:00 PDHPE: 1600m Run, Y7 to Y10		Sports Council Meeting, Board Room, 07:30 Trial HSC Excursion: Three Weeks In Spring World War I Theatre Production, 10:00-14:00, Year 11 History, (tbc) Excursion: Year 9 Latin Reading Competition, Cranbrook School, 18:30-21:30 (tbc) Class test: 9MaA-P3 Change to athletics	Trial HSC Class test: 10MaU-P3 Debating: NC v SHS	Athletics: GPS Invitational 1 Fencing: 08:00-15:00, COLA+BBQ area, 801, SBHS Newbie Trophy Competition	Basketball: NSW All Schools Basketball (selected individuals) (tbc) Parking: Roosters v Warriors, 14:00
5 B	19 Attendance and Progress Review (all Years) Trial HSC Basketball: NSW All Schools Basketball (selected individuals) (tbc) Gym upgrade: Backboards (backup week) Class test: 9MaS-P5	Trial HSC Executive Day: Outterside Centre Basketball: Year 9 House Competition Basketball: NSW All Schools Basketball (selected individuals)(tbc) Foundation meeting, 18:30-20:30 Gym upgrade: Backboards (backup week)	Schools Basketball (selected individuals)(tbc) Debating: PDC, Years 7+8, SBHS v RBSC Debating: PDC, Year 9 Room booking, 204, 205, 16:30-20:00 Gym upgrade: Backboards (backup week)	Z2 *** Trial HSC Australian Informatics Olympiad, selected students Years 10-12, p1-3, 605 Basketball: CHS 15s KO Round 3, 4 (tbc) Basketball: NSW All Schools Basketball (selected individuals)(tbc) Basketball: 15s K/O Sydney East (tbc) Gym upgrade: Backboards	Morning collection: Daffodil Day, 07:30-09:00 HSC Assessment: English Extension 2, Major Work Draft and Reflection Statement Trial HSC Morning collection: Daffodil Day Year 7 Meeting, Selected Locations, 10:15-10:40 Debating: SHS v TSC Gym upgrade: Backboards	24 Athletics: GPS Invitational 2 Parking: Swans v Saints, TBC	25
6 C	726 Trial HSC Music: HSC Music 1, 2 + Extension Completion Submission Date Water Polo: SE trials	27 Trial HSC Basketball: Year 9 House Competition	28 Trial HSC Room booking, 204, 205, 16:30-20:00	Trial HSC P+C Talk, Gaming Addiction, 18:00, Junior Library	Trial HSC Wear it Purple Day Assembly, Great Hall, 10:15-11:00 (9, 10, 11) Wear it Purple Day: Activities on the basketball courts at lunch time Excursion: Amaysim software development excursion, 12:40-15:15 (tbc) Football: Dinner, Great Hall, 18:30-21:30	31 Athletics: GPS Invitational 3 Room Booking, Arakan Martial Arts, 801 + junior quad Rugby: Dinner, Great Hall, 18:30-21:30 Parking: Roosters v Panthers, 19:35 Excursion: Tournament of minds, St Scholastica's Glebe, 09:00-12:00 (tbc)	Tathers' Day Illuminate festival, Set-up, Great Hall Parking: Dragons v Tigers, 16:05
7 A	2 HSC Visual Arts Body of Work Completion and Hand In Date Year 11 Meeting, Snr Library, 09:55-10:20 Class tests: 10YHs-P1, 10XHs-P4 Illuminate festival, Great Hall, 11:00-15:20 Illuminate festival, Official Opening, Great Hall, 17:30-20:00	3 HSC Drama Practical exam, 10:40-14:00 Illuminate festival, Great Hall, 09:00-15:20 Photos Representatives (GPS, CHS etc), all Music Groups) Basketball: Year 9 House Competition	4 Illuminate festival, Great Hall, 09:00-15:20 ICAS Science Competition, online Athletics: CHS Championships, Homebush Room booking, 204, 205, 16:30-20:00 Public Speaking: SBHS internal competition, Senior Library, 16:00-18:00	5 Illuminate festival, Great Hall, 09:00-15:20 Athletics: CHS Championships, Homebush	Morning collection: Legacy Day Illuminate festival, Great Hall, packup, P1-2 Year 12 Meeting re References, Great Hall, Period 3 Athletics: CHS Championships, Homebush Debating: Shore v SHS	7 Athletics: GPS Invitational 4 The Great Hall, Fencing Dinner, 18:00-21:00 Room hire, Outdoor basketball courts, Arakan Martial Arts	8 Europe Music Tour Rehearsal, 09:30-12:30, Room 101 + 201