



## From the Principal Debating, Public Speaking, Rifle Shooting, Volleyball and Fencing Assembly 2019

Special guest, students, staff and parents, welcome to our annual assembly which at this time each year recognises students and their achievements in debating, public speaking, rifle shooting, volleyball and fencing.

### DEBATING

Our debating program remains very strong. The Year 9 team won the Eastside competition. Year 10 won the FED Competition. Aman Mohamed was runner-up in the Lawrence Campbell Oratory Competition. Aman and Ryan Borges were selected in the CHS debating team. The official start of the GPS debating season is this Friday night. We hope to defend vigorously the Rutledge Louat Shield. High debating is a very big co-curricular activity with a big workload. Thank you to Madeleine Rigby who took over as MIC this year and has settled into a demanding role quickly and effectively. I would like to thank the members of the Debating Supporters Group for all their work. Shauna Wolfson served as President, with Andrew Roland as Secretary and Zerman Akarsu as Treasurer. Thanks also to Edwina Henningham and Pamela Shi who organised suppers this year and to Yan Chen who was our Parking Coordinator. Well done to Cecily Wu for taking on the debating dinner organisation.

Our students have been served well again by their coaches this year. Thank you to Head Coach Rachael Short and first grade coach Thomas Shortridge (SHS-2016). Thank you to Jeanette Cook who ran the FED competition and supported the PDC teams, along with Rowena Barr and Jo Curry. Thank you to our MIC of Public Speaking, Cassandra Pride who has managed the Public Speaking program this year. She hosted the Lawrence Campbell Oratory competition, which required an intense amount of work to organise. Thank you again to coach Sara Critos. Our thanks go to Hazel Stephen who managed the Mock Trial, Legal Debating and United Nations programs.



The Fencing program has been developed strongly under the guidance of MIC Dat Huynh who works

tirelessly on behalf of the boys. I thank Dat for his efforts and Lynnea Stewart for assisting with supervision and support during Saturday competitions. Thank you to retiring first grade coach Feng Yeng for all



he has done for fencing at High over many years. The coaching team - Ted Elliott (Epée), Old Boy Garry Huang and Yoongi Shim (Sabre) and Sean Chu (Foil) have been dedicated and inspiring, mentoring our students to the overall Premiership in the NSW Schools' Fencing League Team Competition in Foil and Epée. Thank you coaches. The Fencing Committee is very active in support of our students during fencing fixtures. Thank you to Cindy Ho, Geoff Waring, Susan Mitchell, Binh Johnsun, Christina Peng and Bonne Lee.

Our volleyball program is one of the most successful sports at High. Last Week the open team won the CHS Knockout Competition. Our first grade team are defending their premiership from 2018. MIC Michael Kay has been running the program for 20 years and



has hardly missed securing a major title in any of those years. Thank you to Everett Coan, Kerry Ibbott and Patrick Parker for their continuing support for High volleyball. Thanks again to our long-term coaches Pinyan Gao (SHS-2014) and Ryan Seong (SHS 2016), supported by Wanyu Tang (SHS-2017), Jerry Chang (SHS-2018), Jonathan Zeng (SHS-2018), Shane Chen (SHS-2017), Nathan Trinh (SHS-2018) and Ray Gu (SHS-2017) The expertise and commitment of our coaches really makes a difference to our program. Our parent supporters are of great assistance to the boys, particularly when we are on tour to Melbourne. Thank you to Le Giang and Vicki Roberto.

Our Rifle Shooting program was managed ably this year by Daniel Comben (SHS-2003). Thank you Daniel. Thanks go to Sam Kremer (SHS-1992) for his

long-term dedication to Sydney High shooting. He maintains rifles and equipment to the highest standard and dedicates a



significant number of volunteer hours to the program. Thank you to Terry Fong (SHS-2013) for his effort in leading the full bore coaching and training program this year and to Jacky Yang (SHS-2012) for

his many years of service in coaching and acting as range officer at our small bore programme. Thanks to our group of coaches and volunteers who have worked tirelessly over the past year to assist with the technical coaching of our students. These include Joe Banh (SHS-2006), Jeremy Chan (SHS-2014), Desmond Chang (SHS-2015), Jason Feng (SHS-2017), Evan Han (SHS-2015), Keller Huang (SHS-2015), James Jiang (SHS-2017), Brendan Leo (SHS-2011), Wentao Ruan (SHS-2017), Tim Tran (SHS-2015), Nathan Wong (SHS-2017) and Jack Zhou (SHS-2015). Thank you to our parent supporters who looked after everyone so well during the GPS training camp. Our rifle shooting teams were very successful this year. High won the second grade GPS Competition. The first grade team won the Rawson Cup, The Buchanan Shield and the first grade GPS premiership. Frank Zhou and Jackie Wu were selected for the Combined GPS team.

Sport is a physical, mental and ethical activity. We have seen at the World Swimming Championships recently that individual competitors are demonstrating to the world governing body FINA that they need to do more to make certain that competitions remain drug free. Mack Horton chose not to stand beside Sun Yang on the podium after the 400 metres even because he believed him to be a drug cheat. His action was controversial because while he was representing himself, he was also representing Australia as a member of the national team. Opinions are divided as to whether it is legitimate for an individual sportsperson to contravene rules or conventions to make a political or ethical point.

Activities we do at school are organised for fun, team building and character building. Respect for the governing rules and protocols is fundamental to the co-curricular experience. Don't overreact if you get a bad adjudication, a bad call from a referee or linesman or if foul play is unpunished by an official. Our focus must remain on the team goals and on how contribution to them. I congratulate all our representatives honoured today. May you always compete fiercely, but fairly.

Dr K A Jaggar  
Principal



## HIGH STORE



### WET WEATHER SPRAY JACKET

The High Store have in stock a Water Proof Jacket for use ONLY on rainy days, to protect your school pullover & school blazer.

\*Water proof nylon

\*Two external slash pockets

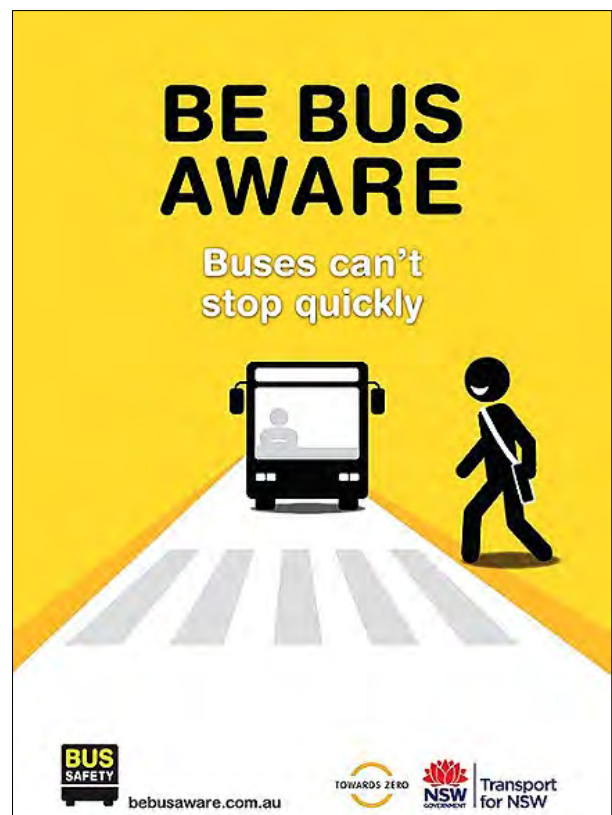
\*Draw cord with lock adjusters

\*Mobile phone pocket

Dark Navy with S.H.S crest embroidered.

Limited stock, so be quick not to miss out!

\$55





High Canteen is delighted to announce that we have been awarded the Healthy Canteen tick of approval. Launched in 2017, the NSW Healthy School Canteen Strategy is a key initiative to support the Premier's Priority of embedding healthy eating habits and tackling childhood obesity. Healthy eating is a lifelong habit with far reaching socio-economic impacts.



Embracing fresh and wholesome foods, reducing portion sizes and knocking back sugary treats are the pillars on which the strategy is founded. The Australian Dietary Guidelines and the national labelling system that provides Health Star Ratings (HSRs) on the front of packaged food and drinks form the basis of the minimum food and drink criteria. The new food and drink criteria replaces the previous traffic light system.

We would like to acknowledge the extensive efforts put in by Dr Jaggar and canteen managers Tracey Trompp & Karen Barry to successfully achieve this outcome, well

before the stipulated deadline. Our particular thanks to Tracey for completing extensive & stringent documentation. Our canteen managers have a strong partnership with the school community in delivering nutritious yet reasonably priced menus for our scholar sportsmen. They are constantly adding new items to an already extensive list. Additionally, we are one of very few P&C run high school canteens that continues to raise much needed funds for well-deserved school projects. We would like to thank the entire school community for wholeheartedly embracing healthy eating and supporting the school canteen. Remember every dollar spent at canteen goes back to our boys.

Visit

<https://www.nsw.gov.au/improving-nsw/premierspriorities/>.



#### Volunteer Recruitment Drive

Thank you to all those who responded to the recent P&C volunteer recruitment drive. We are still looking for more volunteers to join the roster in 2019. Our parent volunteers form the backbone of school canteen. Each day, 2-3 parent volunteers are required to help prepare our extensive menu that includes soup, salad, hot and cold rolls, sushi, wraps, sandwiches, burger, rice and pasta. Parents also serve at canteen windows during recess & lunch.

If you have a few hours to spare each month, please ring 9662 9350. Many hands make light work. Full training will be provided and language is no barrier. Canteen is a welcoming workplace and offers a great opportunity to network and learn about High values & ethos.

**Usha Arvind**

President Canteen Committee

**WE LOVE  
OUR VOLUNTEERS**





### Chess News

Congratulations to our year 9 player, Jack Keating, who, in the recent holiday break competed in the NSW Junior Chess League's one and two day tournaments and was awarded first place in each competition.

Jack also played in the NSW Under 18's Competition which was played over five days between the top ten players in the state. We are proud to report that Jack was placed second in this prestigious competition with a score of 6.5/9.

Rowena Barr (MIC Chess).



### CHANGE OF ADDRESS or CHANGE OF CONTACT DETAILS

If you have moved or changed your contact details please notify the school via email at [office@sbhs.nsw.edu.au](mailto:office@sbhs.nsw.edu.au)

To ensure your contact details are correct, please check the parent portal located through [www.sydneymboyshigh.com](http://www.sydneymboyshigh.com)

At the bottom left of the page there is a link to registration for new parent portal users and a log in for current users. Click the relevant link and go to the Student Details section. If the details showing require updating, please contact us via email at [office@sbhs.nsw.edu.au](mailto:office@sbhs.nsw.edu.au). Alternatively, send a note to school (including your son's name and roll class) detailing the changes.

### EARLY LEAVE REMINDER

The school **does not** accept early leave applications via email or telephone.

The procedures for early leave are as follows:

Students must bring a note to the office that has been signed by **both a parent AND a Deputy Principal BEFORE 8.55am**.

The note must contain the student's name, roll class, date, time of departure and reason for leave.

The student then returns to the office at the stated time and collects an early leave pass.

**Please note:** Early leave requests submitted after 8.55am and / or sent via email or telephone will not be accepted or processed by the office.

### LOST PROPERTY



Please label all items clearly with a first and last name to enable identification.

It is the responsibility of students to claim their lost property from the McDonald Wing Office during Lunch 2.

Items are cleared during the last week of each term and will not be available for collection after then.

McDonald Wing Office Staff

### BASKETBALL AGM

Thursday August 8, 7:00pm in Room 901 (Upstairs of the Basketball gym)

I am writing to urge all parents who have a son participating for Sydney Boys High Basketball to attend the AGM for the SBHS Basketball Committee. I declare all Office Bearer positions vacant and will accept nominations via email to my school address [HaymanB@sbhs.nsw.edu.au](mailto:HaymanB@sbhs.nsw.edu.au)

We will not be able to function without an abundance of parental support. I look forward to meeting you at the meeting!

Enthusiastically yours in Basketball,  
B Hayman  
MIC Basketball



## 2020 European Music Tour

Students have been given two forms this week regarding the tour:

1. European Music Tour Consent Forms: Please ensure to read all questions and instructions carefully. Forms are to be submitted directly to the Music Department by Friday 6 September.

2. European Music Tour Workshop at the Collaroy Centre: Students have been notified at the beginning of this year when given the schedule and reminded again in Term 2. Forms are to be submitted to the school's main office by Friday 23 August.

Please ensure students are attending all tour rehearsals including all school ensembles as mentioned in the 'code of conduct.'

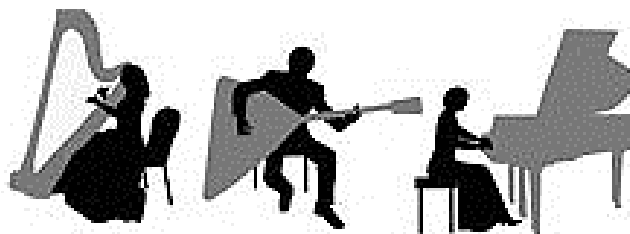
## Term 3 Music Ensembles

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Jazz Ensemble</b> Room 101 7.45am-8.45am	<b>Senior Concert Band</b> Room 201 7.45am – 8.45am	<b>Junior Stage Band</b> Room 101 7.45am – 8.45am	<b>Intermediate Stage Band</b> Room 101 7.45am – 8.45am	<b>Senior Strings Ensemble</b> Room 101 7.45am – 8.45am
<b>Intermediate Concert Band</b> Room 201 7.45am -8.45am	<b>Symphony Orchestra</b> Room 201 7.45am – 8.45am	<b>Senior Stage Band</b> Room 201 7.45am – 8.45am	<b>Philharmonic Orchestra</b> Room 203 7.30am – 8.30am	<b>Marching Band</b> MPW 8.00am – 9.00am <i>Term 1 &amp; 4 ONLY</i>
<b>Guitar Ensemble</b> Room 202 7.45am – 8.45am	<b>Guitar Ensemble 2</b> Room 202 3.30pm – 4.30pm		<b>European Music Tour</b> String Ensemble Room 204 7.30am-8.30am	<b>European Music Tour</b> Concert Band TBC Room 201 [T4] 7.45am-8.45am
<b>Chamber Choir</b> 7.45am-8.45am Room 203	<b>Marching Band</b> Room 204/GH/MPW 3.20pm-4.20pm <i>T1 &amp; T4 ONLY</i>			
	<b>European Music Tour</b> Concert Band Room 201 [T2-T4] 3.30pm – 4.30pm	<b>Percussion Ensemble</b> Room 201 3.20pm – 4.20pm		

*Please note the schedule is subject change (Check with Ensemble Conductor and/or the Music Department)*

Marching Band is on Tuesday afternoons 3.30pm-4.30pm & Friday mornings 7.45am-9.00am for ALL of Term 1 & 4. The Marching Band performs in the Sydney City March on Anzac Day (25<sup>th</sup> April) each year.

\*Students need to remember to schedule lessons at a different time to music ensemble rehearsals. An attendance rate of 80% is necessary to obtain Award Scheme Points and a Music Pocket for senior students  
EUROPEAN MUSIC TOUR STUDENTS: Rehearsals will be communicated via Daily Notices, Email & High Notes



### Parent/Guardian Music Contact List

Please send the following details to [music@sbhs.nsw.edu.au](mailto:music@sbhs.nsw.edu.au) if you would like to receive emails regarding the Music Performance Program only (i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.).

- Email Subject Line: Music Contact List
- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address

If you would like to be removed from the Parent/Guardian Music Contact List, please email [music@sbhs.nsw.edu.au](mailto:music@sbhs.nsw.edu.au)

### Music Events Calendar

Week	Date	Event	Music Students Involved
2B	Friday 2 <sup>nd</sup> August	Debating, Fencing and Rifle Shooting Assembly, 10.15am, Great Hall	Piano Students: TBC
2B	Friday 2 <sup>nd</sup> August	Composition Workshop @ MLC Burwood	Music Elective Students 10YMS (Ms Miller) & 11MS (Ms Kim)
3C	Thurs 8 <sup>th</sup> August– Fri 9 <sup>th</sup> August	HSC Music 2 Composition Recording (Room 101 & 201)	HSC Music 2 Students
4A	Mon 12 <sup>th</sup> August – Tues 13 <sup>th</sup> August	HSC Music 1, 2 & Extension Trial Practical Exam, 9.00am – 4.00pm Great Hall	HSC Music 1, 2 & Extension Students
7A	Monday 2 <sup>nd</sup> Sept	Illuminate Opening Night, 7.00pm Great Hall	Music Elective Students Years 9-12
7A	Tues 3 <sup>rd</sup> Sept-Thurs 5 <sup>th</sup> Sept	Illuminate	Illuminate Students
8B	Thursday 12 <sup>th</sup> Sept	Open Day 9.30am – 12.00pm	Senior Strings Jazz Ensemble
9C	Monday 16 <sup>th</sup> Sept	Music Photos @ SBHS	Music Ensembles
9C	Wed 18 <sup>th</sup> Sept	Meet the Music Concert #3 @ the Sydney Opera House, 6.30pm	Elective Music Students Years 9-12
10A	Monday 23 <sup>rd</sup> Sept	Year 12 Graduation Farewell Assembly	Musicians TBC
-	Tues 8 <sup>th</sup> Oct-Wed 9 <sup>th</sup> Oct	European Music Tour Workshop @ the Collaroy Centre	European Music Tour Students: Concert Band, Stage Band, String Ensemble & Percussion Ensemble
-	Thursday 10 <sup>th</sup> Oct	Meet the Music Concert #4 @ the Sydney Opera House, 6.30pm	Elective Music Students Years 9-12

*Music Events are continually added and are subject to change.*





## Sydney High Annual Football Dinner 2019

All coaches, players and parents are warmly invited to help celebrate Sydney Boys High School Annual Football Dinner. The night is an opportunity for all players, parents and coaches to acknowledge the season and meet other friendly faces in the HIGH Football Community. The night will involve a talk from the MIC of Football and each coach will present their teams with awards for Best & Fairest and Most Improved.

- When:** Friday 30 August 2019  
**Time:** 6:00pm – 8:30pm  
**Where:** The Great Hall, Sydney Boys High School  
**Cost:** \$40 per person (To Be Paid at the Front Office)  
**RSVP:** Tuesday 27 August 2019  
**Dress:** All students must wear full school uniform  
**Beverages:** BYO

The coach of each team will be invited to attend the dinner as a guest.

Players are asked to take responsibility on a team-by-team basis for any end-of-season gifts to their team's coach.

Students will be provided notes during training sessions in the first week of Term 3. Alternatively, they can collect a note from Mr Higgins in the Social Science Staffroom.



# Education Program of events



Day 1 - Tuesday 6 August 2019

## Track Events

Time	Event No.	Age	Event
8.45am			Officials Report
9.00am	13	G14	1500m Walk
	14	B15	1500m Walk
	15	G17+ & under	3000m Walk
	16	B17+ & under	3000m Walk
9.30am	1	G12	80m Hurdles Time Trials
	2	G13	80m Hurdles Time Trials
	3	B12	80m Hurdles Time Trials
	4	B13	90m Hurdles Time Trials
	5	G14	90m Hurdles Time Trials
	6	G15	90m Hurdles Time Trials
	7	G16	100m Hurdles Time Trials
	8	G17+	100m Hurdles Time Trials
	9	B14	100m Hurdles Time Trials
	10	B15	100m Hurdles Time Trials
	11	B16	110m Hurdles Time Trials
	12	B17+	110m Hurdles Time Trials
	17	G12 - 15	800m AWD
	18	G16+	800m AWD
	19	B12 - 15	800m AWD
	20	B16+	800m AWD
	21	G14	400m Time Trials
	22	B14	400m Time Trials
	23	G15	400m Time Trials
	24	B15	400m Time Trials
	25	G16	400m Time Trials
	26	B16	400m Time Trials
	27	G17+	400m Time Trials
	28	B17+	400m Time Trials
	29	G14	1500m
	30	B14	1500m
	31	G15	1500m
	32	B15	1500m
	33	G16	1500m



Time	Event No.	Age	Event
	34	B16	1500m
	35	G17	1500m
	36	B17	1500m
	37	G15	200m Hurdles Time Trials
	38	B15	200m Hurdles Time Trials
	39	G17+ & under	400m Hurdles Time Trials
	40	B17+ & under	400m Hurdles Time Trials

## Field Events

Time	HJ (area A)	HJ (area B)	LJ (area A)	LJ (area B)	Shot-Put	Discus	Javelin
9.30am	G14	G15	B14	B15	B13	G13	G16
10.00am					B17+	G17+	B16
10.30am			G12-15 Multi-Class		G16+ MC	B12-15 MC	B16+ MC
11.00am			B12-15 Multi-Class		B16+ MC	G12-15 MC	G16+ MC
11.30am	G13	G12	B13	B12	B16	G15	G14
12.00pm					B15	G16	B17+
12.30pm			G16+ Multi-Class		G12-15 MC	B16+ MC	B12-15 MC
1.00pm			B16+ Multi-Class		B12-15 MC	G16+ MC	G12-15 MC
1.30pm	G16	G17+	B16	B17+	B14	G14	G15





## Day 1 - Tuesday 6 August 2019

## Track Events

Time	Event No.	Age	Event
8.45am			Officials Report
9.00am	13	G14	1500m Walk
	14	B15	1500m Walk
	15	G17+ & under	3000m Walk
	16	B17+ & under	3000m Walk
9.30am	1	G12	80m Hurdles Time Trials
	2	G13	80m Hurdles Time Trials
	3	B12	80m Hurdles Time Trials
	4	B13	90m Hurdles Time Trials
	5	G14	90m Hurdles Time Trials
	6	G15	90m Hurdles Time Trials
	7	G16	100m Hurdles Time Trials
	8	G17+	100m Hurdles Time Trials
	9	B14	100m Hurdles Time Trials
	10	B15	100m Hurdles Time Trials
	11	B16	110m Hurdles Time Trials
	12	B17+	110m Hurdles Time Trials
	17	G12 - 15	800m AWD
	18	G16+	800m AWD
	19	B12 - 15	800m AWD
	20	B16+	800m AWD
	21	G14	400m Time Trials
	22	B14	400m Time Trials
	23	G15	400m Time Trials
	24	B15	400m Time Trials
	25	G16	400m Time Trials
	26	B16	400m Time Trials
	27	G17+	400m Time Trials
	28	B17+	400m Time Trials
	29	G14	1500m
	30	B14	1500m
	31	G15	1500m
	32	B15	1500m
	33	G16	1500m

Time	Event No.	Age	Event
	34	B16	1500m
	35	G17	1500m
	36	B17	1500m
	37	G15	200m Hurdles Time Trials
	38	B15	200m Hurdles Time Trials
	39	G17+ & under	400m Hurdles Time Trials
	40	B17+ & under	400m Hurdles Time Trials

Field Events

Time	HJ (area A)	HJ (area B)	LJ (area A)	LJ (area B)	Shot-Put	Discus	Javelin
9.30am	G14	G15	B14	B15	B13	G13	G16
10.00am					B17+	G17+	B16
10.30am			G12-15 Multi-Class		G16+ MC	B12-15 MC	B16+ MC
11.00am			B12-15 Multi-Class		B16+ MC	G12-15 MC	G16+ MC
11.30am	G13	G12	B13	B12	B16	G15	G14
12.00pm					B15	G16	B17+
12.30pm			G16+ Multi-Class		G12-15 MC	B16+ MC	B12-15 MC
1.00pm			B16+ Multi-Class		B12-15 MC	G16+ MC	G12-15 MC
1.30pm	G16	G17+	B16	B17+	B14	G14	G15



## Day 2 - Wednesday 7 August 2019 Track

## Events

Time	Event	Age	Event
8.30am			Officials Report
8.45am	41	G12	800m
	42	B12	800m
	43	G13	800m
	44	B13	800m
	45	G14	800m
	46	B14	800m
	47	G15	800m
	48	B15	800m
	49	G16	800m
	50	B16	800m
	51	G17+	800m
	52	B17+	800m
	53	G12 - 15	100m Multi-Class
	54	B12 - 15	100m Multi-Class
	55	G16+	100m Multi-Class
	56	B16+	100m Multi-Class
	57	G12	100m Time Trials
	58	B12	100m Time Trials
	59	G13	100m Time Trials
	60	B13	100m Time Trials
	61	G14	100m Time Trials
	62	B14	100m Time Trials
	63	G15	100m Time Trials
	64	B15	100m Time Trials
	65	G16	100m Time Trials
	66	B16	100m Time Trials
	67	G17+	100m Time Trials
	68	B17+	100m Time Trials
	69	G14	3000m
	70	B15	3000m
	71	G17+ & under	3000m
	72	B17+ & under	3000m
	73	G12	200m Time Trials
	74	B12	200m Time Trials
	75	G13	200m Time Trials
	76	B13	200m Time Trials
	77	G14	200m Time Trials
	78	B14	200m Time Trials



## Sydney East SSA

Time	Event	Age	Event
	79	G15	200m Time Trials
	80	B15	200m Time Trials
	81	G16	200m Time Trials
	82	B16	200m Time Trials
	83	G17+	200m Time Trials
	84	B17+	200m Time Trials
	85	G12 - 15	200m Multi-Class
	86	B12 - 15	200m Multi-Class
	87	G16+	200m Multi-Class
	88	B16+	200m Multi-Class
	89	G12	4 x 100m Time Trials
	90	B12	4 x 100m Time Trials
	91	G13	4 x 100m Time Trials
	92	B13	4 x 100m Time Trials
	93	G14	4 x 100m Time Trials
	94	B14	4 x 100m Time Trials
	95	G15	4 x 100m Time Trials
	96	B15	4 x 100m Time Trials
	97	G16	4 x 100m Time Trials
	98	B16	4 x 100m Time Trials
	99	G17+	4 x 100m Time Trials
	100	B17+	4 x 100m Time Trials

## Field Events

Time	HJ (area A)	HJ (area B)	LJ (area B)	TJ (area A)	Shot-Put	Discus	Javelin
9.00am	B17+	B14	G14	G15	G17	G12	B13
9.45am			G17+	G16	B12	B13	G13
10.30am	B15	B13	G13	B16	G12	B14	G17+
11.15am			G12	G17+	G15	B16	B15
12.00pm	B16	B12	G15	B17+	G16	B15	B14
12.45pm			G16	B15	G14	B17	
1.30pm					G13	B12	

Please note that all times are approximate only.

The carnival management reserves the right to adjust the program, if necessary.

**If you wish to catch the school bus to this carnival please inform Mr Rich asap.**



# Volleyball Notes

## Volleyball Results SHS vs NC/KGS/TSC Saturday 25th July (Term 3 Week 1) 2019

1st to 4th Opens, 16A, 16B & 15A vs NC @ NC. 15B & 14A vs KGS @ SBHS. 14B vs TSC @ SBHS.

1sts & 2nd Opens, 16A's, 16B's, 15B's, 14A's & 14B's all had 3 – 0 Wins. 3rd's had a 2-0 Win. 4ths and 15A's had a 2-1 Win.

1st Grade: 25-9; 25-11; 25-16. 3-0 Win. 2nd Grade: 25-15; 25-11; 25-5. 3-0 Win.

3rd Grade: 25-22; 26-24; 10-6. 2-0 Win. 4th Grade: 25-20; 25-13; 21-23. 2-1 Win.

16A: 25-17; 25-9; 25-20. 3-0 Win. 16B: 25-23; 25-11; 25-13. 3-0 Win.

15A: 30-18; 25-8; 10-25. 2-1 Win. 15B: 25-16; 25-17; 25-11. 3-0 Win.

14A: 25-8; 25-3; 25-8. 3-0 Win. 14B: 25-16; 25-12; 25-13. 3-0 Win.

Statistics for the 1<sup>st</sup> and 2<sup>nd</sup> Grade teams are shown in the table below:

Area	First Grade A score of 3 means the hit was a kill or the pass was perfect	Second Grade A score of 3 means the hit was a kill or the pass was perfect
Serving (/3)	Billy NGUYEN – 2.5 (6) Henry HAN – 2.5 (4) Oliver YANG – 2.3 (9)	Kenneth MAO – 2.4 (7) Yishan SHEN – 2.3 (16) Stanley CHEN – 2.3 (11)
Serve Reception (/3)	Billy NGUYEN – 3 (5) Ryan CHAN – 3 (2) Adrian PANAS – 2.8 (7)	Yishan SHEN – 3 (5) Sean GIANG – 2.4 (9) Stanley CHEN – 2 (4)
Freeball Passing (/3)	Ryan CHAN – 3 (2) Billy NGUYEN – 3 (1) Samuel YU – 2.8 (7) Adrian PANAS – 2.8 (7)	David ZHOU – 3 (5) Yishan SHEN – 3 (3) Lawrence ZHUANG – 3 (1) Jadon YANG – 3 (1)
Outside and Opposite Hitting (/3)	Stanley CHEN – 2.7 (7) Ryan CHAN – 2.5 (12) Samuel YU – 2 (14)	Sean GIANG – 3 (4) Yishan SHEN – 2.2 (13) Stanley CHEN – 2 (15)

Mr Coan.



LASTING FRIENDSHIPS-  
HIGH SPIRIT- PASSION –  
RESPECT -TEAMWORK  
DISCIPLINE – INTEGRITY

### 14As

After a long and somewhat tiring bus trip, we arrived on Friday afternoon with great expectations. Having watched our basketballers win that night we knew we were motivated and ready to rip in after suffering such a narrow loss last year. Possessing a stronger team this year we were quietly confident that we could leave Armidale with a win. Whilst warming up you could feel the excitement among the players and I knew my teammates were ready.

We were pumped even more when we were greeted by other Sydney Boys High players forming a long tunnel to take the field. The field we were playing on was very narrow and our game plan was simple, play for field position. We kicked for corners and built up pressure through long phases before an early try gave us a lead. From there we scored two more tries to give us a 17 - 7 lead at halftime. However, despite being in front we knew

we had to start strong in the second half.

We resumed play and quickly started scoring some great tries from short and long range. The game finished in a resounding win 50 - 14. With tries from Saxon Gerstl, Fraser Wait, Jack Mulder, a double from Oliver Sun and a hat trick from Nelson Cheng.

The game was a really good team effort. However some notable mentions include Andrew Yang, who came into his own moving to inside centre during the game and Subhan Mustafa who used his size and blistering pace to make many breaks giving us great field position.

A huge thank you to all the parents, coaches and players who made the big trip up the highway to come out and support us this weekend.

**Saxon Gerstl**







### 1<sup>st</sup> XV

This week we were fortunate enough to once again participate in the Armidale excursion. For the boys, Armidale is considered one of our most important games of the season, as we go head to head against a great opponent. After a long 8-hour bus ride and an exhilarating Friday night of basketball, we were pumped and ready to go for Saturday's big game. As the whistle for kick-off blew, the chants of a passionate High crowd echoed across the field. We put up a strong first half with a score 5-7 and game neck and neck.

As the second half commenced, a barn-storming run from Matthew Le was able to break the line, leading to our second try, and the score at 10-7. However, after the unfortunate injury loss of our No.8 William Choi, momentum swung in Armidale's favour causing the game to slip away. Aside from the unfortunate outcome, this Saturday's performance was our best game this season and we hope we continue our weekly improvement to be ready to face Grammar.

**Jevon Somanader**

### Rugby Championship

Australia bounced back from last week's disappointing loss in Johannesburg to overcome Argentina 16-10 at Suncorp Stadium on Saturday.

The result moves them up to third place in the Rugby Championship standings, just two points behind New Zealand, who they face on August 10.



It was a fitting farewell to the Brisbane venue from Will Genia as he put in an assured performance on his last match at the ground, while Christian Lealiifano enjoyed a strong return to international rugby, orchestrating the game nicely for the 50 minutes he was on the field.

Reece Hodge crossed the whitewash for Australia, with Lealiifano kicking eight points, while Facunda Isa went over for Argentina late on. This is the Pumas' second defeat in this year's competition as they are now rooted to the foot of the table ahead of hosting South Africa.

The Wallabies led 10-3 at the end of an error-strewn first half at Suncorp Stadium, with both sides' games littered with handling mistakes. The second half saw the Pumas scoring their try with the Wallabies kicking 2 penalties to secure the win.

Full time score was 16 – 10

*Rugby News* Courtesy reprinted from *TRC News*



IMPROVE  
CONFIDENCE  
AND LEARN  
TECHNIQUES  
FOR SAFER  
DRIVING



PCYC POLICE CITIZENS  
YOUTH CLUBS

## SAFER DRIVERS COURSE FOR LEARNER DRIVERS



### THE SAFER DRIVERS COURSE INVOLVES TWO MODULES



#### MODULE ONE:

A three-hour facilitated group discussion on how to manage risks on the road.

This will involve a maximum of 12 participants and will be delivered by a facilitator.



#### MODULE TWO:

A two-hour, in-vehicle coaching session to develop low-risk driving strategies.

This will involve two participants and a coach.

**LEARNER DRIVERS WHO COMPLETE THE COURSE  
WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.**

**\$140**

**Next course date: Saturday August 17th 2019**

#### ALL PARTICIPANTS MUST:

Hold a valid NSW Learner Licence, be 16-24 years of age and have completed a minimum of 50 hours of actual on-road driving hours in their Learner Logbook (not including bonus hours).

**Book online at [www.saferdrivers.org.au](http://www.saferdrivers.org.au)**

Canteen Price List 2019	
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Breakfast		Lunch and Recess Items			Hot Food	
		*So you don't miss out on what you want for lunch, make sure you ORDER it before school				
Cheese Toast	\$1.80					
Cheese & Tomato Toast	\$2.00				Chicken & Corn Roll	\$2.00
Ham & Cheese Toast	\$2.20				Chicken Burger	\$4.50
Cheese/spinach/tomato toast	\$2.20	Sandwiches / Wraps / Rolls		Rolls	Chicken Mayo Roll (hot)	\$4.00
Bacon & Egg Muffin	\$3.20	Buttered Roll		\$1.50	Chicken Mayo Sandwich (hot)	\$3.20
Hot Chocolate (Term 3 only)	\$1.00	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00
		Cheese & Salad (v)	\$3.00	\$3.60	Focaccia - chicken/avo/cheese	\$3.50
		Chicken & Coleslaw	\$4.00	\$4.60	Focaccia - chicken/mayo/cheese	\$3.50
		Chicken & Lettuce	\$4.00	\$4.60	Garlic Bread (v)	\$2.00
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese/teriyaki don, noodles etc	\$5.00
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$3.50
Fruit Salad	\$3.00	Dagwood Roll		\$3.80	Noodles In A Cup	\$2.80
Banana Bread	\$2.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade small	\$4.00
		Egg & Salad (v)	\$3.00	\$3.60	Pasta - homemade large	\$5.00
assorted snacks at various prices		Ham & Tomato	\$3.40	\$4.00	Pide - sausage, chicken/mushroom	\$2.50
		Ham & Salad	\$4.00	\$4.60	Pide - spinach/cheese (v)	\$2.50
		Roast Beef & Tomato	\$3.40	\$4.00	Pie - Garlo's (halal)	\$4.50
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pie - meat (sauce+20c)	\$3.80
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Pie - Pizza	\$3.80
300ml Flavoured Milk	\$2.20	Salad (v)	\$2.80	\$3.40	Pie - potato	\$4.50
600ml Plain Milk	\$2.00	Salmon (red) & Salad	\$4.00	\$4.60	Pizza Slab	\$3.20
600ml Flavoured Milk	\$3.00	Vegemite	\$1.20	\$1.50	Rice Box - homemade	\$4.00
Up & Go	\$2.00	Turkey cranberry & lettuce	\$3.80	\$4.40	Sausage Roll	\$3.00
Water - Spring	\$1.50	Wraps	\$3.80		Spinach Ricotta Roll (v)	\$3.00
Water - Pump	\$3.00	Anari	\$3.60		Steak & onion roll	\$4.00
Juice Bomb	\$2.50	Sushi	\$3.60		Sweet Chilli Chicken Wrap	\$4.20
Appletiser	\$2.50	Vietnamese Rolls	\$3.60		Traveller Pies	\$3.80
Berri Juice	\$2.50				Falafel Wrap	\$4.20
Bottles Diet Coke 300ml	\$3.80					
Cans Diet Coke	\$3.00					
Chill Aloe Vera	\$2.50				Miscellaneous	
Chill Ice Tea	\$3.50	Salad Boxes(meat or egg)	\$6.00		Tissues	\$0.60
		Salad Box (plain)	\$5.00		Spoons / Forks	\$0.05
					(supplied free with meal purchase)	
Special Orders					Seasonal Foods	
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.					**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.	

## 2019 PRICE LIST

8.30 to 9.00 am	*Breakfast is available	* Time to place lunch orders
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ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT





# SYDNEY BOYS HIGH SCHOOL

## The Phillip Day Memorial Scholarship

Closing Date: 29 November 2019



### NURTURING SCHOLAR SPORTSMEN SINCE 1883

To apply for a scholarship visit [www.sydneyboyshigh.com/scholarship](http://www.sydneyboyshigh.com/scholarship) for full details

556 Cleveland St, Moore Park NSW 2021 Ph: 9662 9300

# August/September 2019

02-08-2019

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 C	5 The Great Hall, Music Extension, 08:00-09:00 Incursion: Author visit, James Phelan, Senior Library, Year 10, 09:10-14:00 Rugby: Committee Meeting, Staff Common Room, 18:00 Professional Development Records Update	6 Athletics: Regional Carnival, Sylvania Class tests: 7MaT-P1, 10MaA-P1 Basketball: Year 9 House Competition Tennis: Stan Jones Cup Final, Nelson Bay	7 *** Athletics: Regional Carnival, Sylvania Last day of winter sport (Y10-12) Incursion: Author visit, James Phelan, Junior Library, Year 9, 09:10-14:00 Incursion: SBHS+SGHS stage 6 Art morning, 09:00-11:30 Room booking, 204, 205, 16:30-20:00 (Australian Girls Choir)	8 *** Last day of winter sport (Y7-9) Basketball: Committee AGM, 901, 19:00 Music: HSC Music composition recording, Room 201, all day The Great Hall: Tuning, 15:30-18:00 Excursion: Visual Arts Year 9 to year 12 Art Gallery of NSW Excursion: Legacy Public Speaking Competition,	9 Music: HSC Music composition recording, Room 201, all day The Great Hall: Music, HSC Music 1, 2 + Extension Rehearsals Debating: SHS v SJC	10 Football: SHS v SGS Rugby: SHS v SGS Cross Country: SHS, GPS Championships, Centennial Park, 09:00 Volleyball: (tbc) Fencing: 07:30-12:30, COLA The Great Hall: Music, HSC Music 1, 2 + Extension Rehearsals	11 The Great Hall: Music, HSC Music 1, 2 + Extension Rehearsals
	12 *** The Great Hall: Music, HSC Music 1, 2 + Extension Performance Trial Examination Basketball: Sydney East CHS 15 years; Rounds 3,4, Sutherland Basketball Stadium P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Staff Common Room, 18:30 PDHPE: 1600m Run, Y7 to Y10	13 Years 11 and 12 Study Day The Great Hall: Music, HSC Music 1, 2 + Extension Performance Trial Examination Basketball: Year 9 House Competition School Council Meeting, Board Room, 17:30-19:00 PDHPE: 1600m Run, Y7 to Y10 Gym upgrade: Backboards	14 *** Trial HSC Change to summer	15 *** Sports Council Meeting, Board Room, 07:30 Trial HSC Excursion: Three Weeks In Spring World War I Theatre Production, 10:00-14:00, Year 11 History, (tbc) Excursion: Year 9 Latin Reading Competition, Cranbrook School, 18:30-21:30 (tbc) Class test: 9MaA-P3 Change to athletics	16 Trial HSC Class test: 10MaU-P3 Debating: NC v SHS PDHPE: 1600m Run, Y7 to Y10 Gym upgrade: Backboards	17 Athletics: GPS Invitational 1 Fencing: 08:00-15:00, COLA+BBQ area, 801, SBHS Newbie Trophy Competition	18 Basketball: NSW All Schools Basketball (selected individuals) (tbc) Parking: Roosters v Warriors, 14:00
4 A	19 Attendance and Progress Review (all Years) Trial HSC Basketball: NSW All Schools Basketball (selected individuals) (tbc) Gym upgrade: Backboards (backup week) Class test: 9MaS-P5	20 Trial HSC Executive Day: Outterside Centre Basketball: Year 9 House Competition Basketball: NSW All Schools Basketball (selected individuals)(tbc) Foundation meeting, 18:30-20:30 Gym upgrade: Backboards (backup week)	21 Trial HSC Basketball: NSW All Schools Basketball (selected individuals)(tbc) Debating: PDC, Years 7+8, SBHS v RBSC Room booking, 204, 205, 16:30-20:00 Gym upgrade: Backboards (backup week)	22 *** Trial HSC Australian Informatics Olympiad, selected students Years 10-12 (tbc) Basketball: CHS 15s KO Round 3, 4 (tbc) Basketball: NSW All Schools Basketball (selected individuals)(tbc) Basketball: 15s K/O Sydney East (tbc) Gym upgrade: Backboards	23 *** Morning collection: Daffodil Day, 07:30-09:00 HSC Assessment: English Extension 2, Major Work Draft and Reflection Statement Trial HSC Morning collection: Daffodil Day Year 7 Meeting, Selected Locations, 10:15-10:40 Debating: SHS v TSC Gym upgrade: Backboards	24 Athletics: GPS Invitational 2 Parking: Swans v Saints, TBC	25
	26 Trial HSC Music: HSC Music 1, 2 + Extension Completion Submission Date Water Polo: SE trials	27 Trial HSC Basketball: Year 9 House Competition	28 Trial HSC Room booking, 204, 205, 16:30-20:00	29 Trial HSC P+C Talk, Gaming Addiction, 18:00, Junior Library	30 *** Trial HSC Wear it Purple Day Assembly, Great Hall, 10:15-11:00 (9, 10, 11) Wear it Purple Day: Activities on the basketball courts at lunch time Excursion: Amaysim software development excursion, 12:40-15:15 (tbc) Football: Dinner, Great Hall, 18:30-21:30	31 Athletics: GPS Invitational 3 Room Booking, Arakan Martial Arts, 801 + junior quad Rugby: Dinner, Great Hall, 18:30-21:30 Parking: Roosters v Panthers, 19:35 Excursion: Tournament of minds, St Scholastica's Glebe, 09:00-12:00 (tbc)	1 Fathers' Day Illuminate festival, Set-up, Great Hall Parking: Dragons v Tigers, 16:05
5 B	26 Trial HSC Music: HSC Music 1, 2 + Extension Completion Submission Date Water Polo: SE trials	27 Trial HSC Basketball: Year 9 House Competition	28 Trial HSC Room booking, 204, 205, 16:30-20:00	29 Trial HSC P+C Talk, Gaming Addiction, 18:00, Junior Library	30 *** Trial HSC Wear it Purple Day Assembly, Great Hall, 10:15-11:00 (9, 10, 11) Wear it Purple Day: Activities on the basketball courts at lunch time Excursion: Amaysim software development excursion, 12:40-15:15 (tbc) Football: Dinner, Great Hall, 18:30-21:30	31 Athletics: GPS Invitational 3 Room Booking, Arakan Martial Arts, 801 + junior quad Rugby: Dinner, Great Hall, 18:30-21:30 Parking: Roosters v Panthers, 19:35 Excursion: Tournament of minds, St Scholastica's Glebe, 09:00-12:00 (tbc)	1 Fathers' Day Illuminate festival, Set-up, Great Hall Parking: Dragons v Tigers, 16:05
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