



From the Principal High Talent

Craig Moller (SHS-2012) was selected in the Australian Boomers basketball team for their upcoming tour. Great work, Craig! Arvin Niranjana (11S) Hunar Verma (11T) and Menuja Goonaratne (10S) were selected in the NSW



CHS open cricket team. Vivek Mahajan (10R) joined them in the Sydney East representative cricket team. Well done, boys! Congratulations to Nicholas Shao (11F) for his honesty and integrity for handing in a boy's school jacket containing \$120. As a result of leaving his jacket in a classroom, the distraught student had no money to pay for his music tuition. Nicholas saved the day with his ethical action in handing in the jacket to the office.

**HONESTY IS
THE BEST
POLICY.**

Benjamin Franklin

Student Awards Scheme

Last points for the Award Scheme can be earned up to next Friday, November 30. If you check your participation file and detect that something is missing, it is up to you notify the MIC in charge of the activity to have the text file of successful participants compiled and sent to Mr Dowdell. Awards have to be determined and medallions/ plaques ordered before the end of the school year so that they will be ready in time for our awards assemblies early next year. Don't miss out on getting all the points you should!

Year 10 Reports

After lobbying by the PDHPE HT Mr Stein, I have decided to restore the PE score for Year

10 students a part of the calculation for Dux and the Academic Achievement List. There has been a steady downward trend in 1.6k cohort performance since the PE score was removed from the ATAR-style calculation of Year 10 student performance. Students have not been taking their overall fitness seriously and have not tried as hard as they might have in the assessment component of Year 10 PE. I want now to re-incentivise earnest participation in PE in Year 10. The subject will be weighted as 0.3 of a full subject, in recognition of the proportion of student time spent. I urge all students to work on their aerobic fitness. Good habits formed now, will carry you throughout your life

Scholarship Applications

There is only one week left for students to apply for the Phillip Day Memorial and Sir Roden and Lady Cutler Scholarships. If you



have financial needs due to family or special circumstances; if you are a great all-rounder; or if you have a special talent that needs extra resources to help you develop, please consider applying. Scholarships are valued at \$1500 in school credit. Application forms can be downloaded from the school website – www.sydneboyshigh.com/scholarships.

Applications close on Friday 30 November.

Interpreting Year 9 Reports – Semester 2

Students in Year 9 should have collected their yearly reports. There are often violent fluctuations in rank order as a few marks can determine the difference between a D and an HD. Many boys have really taken to their electives and have achieved well in semester 2. Parents should be aware that boys who have decided to discontinue an elective after Year 9 for any reason, may have reduced their effort, with a negative impact on their overall result. Also, those who will not continue core subjects (such as history or geography) may lose motivation and not perform to their potential.

Such actions can also result in movements in the rank order. Encourage your son to maintain a high standard in the core subjects, English, mathematics and science, as these are compulsory in Year 10. An honest effort ought to be applied to all subjects while students are enrolled in them. 'N' awards may be issued in Year 9 for history and geography students as these are stage 5 compressed curriculum courses.

Electives Process for Year 9 boys going into Year 10

Students make an initial free choice with their electives. They are also asked to rank their choices so that if they do not get one, they will be considered for the next ranked choice. Many boys have shown interest in robotics, code-based game development and the online learning elective. Many others have aspired to accelerate in a particular subject. For those attracted to acceleration, a process is in place to apply and have applications assessed. For robotics and game development, Ms Dam culls applicants based on their demonstrated mathematics proficiency and previous interest in IA subjects. Usually, a D in mathematics is a minimum requirement for entry into robotics or game design. Boys who applied for both will be allowed to do only one of these subjects. For the OLE, students need to have an interest in autonomous learning, a proficiency in using excel spreadsheets and to have a rank of 105 or better to qualify. This year 33 students qualified for 2019. Mr Dowdell uses raw scores submitted by HTs to calculate the dux of the Year group, using z scores. I cull the **accelerant applicants**. The criteria are academic in nature. Students apply to Head Teachers who send the forms of recommended applicants to me for assessment. Students have to be above average across their subjects at the Year 9 yearly examinations. They have to have a HD or D in the subject area in which they wish to accelerate. On rare occasions, highly talented students in just one subject area may be considered if they fall outside of the cut-off rank. Year 10 electives are designed for students to branch out and test their interests before settling into stage 6 study. Students need to choose carefully and follow their interests in a low-stakes learning environment.

Dr K A Jaggar
Principal



Meet the Prefect-Intern

When I stepped into Sydney High in Year 9, I had great expectations for what my time at High would be like. I can wholeheartedly say that my expectations were greatly exceeded. Sydney High boasts a diverse range of opportunities which can build lifelong memories and provide the means to develop as a scholar sportsman. The High culture encourages everyone to give everything their best shot, reaching both academic and sporting

achievements at the highest levels. Personally, training for, competing in and winning AAGPS and NSWCHS competitions for both first grade tennis and first grade volleyball has been an incredible honour, and it gives me pride to compete against the best while representing High. By being involved in these activities, my passion to work as part of a team and to develop as an individual has been greatly enhanced. This was only made possible by High's culture, which embraces personal achievements and encourages and rewards consistent effort within the student body.

As Volleyball Prefect and part of the 2019 prefect body, it is my hope that we will leave the Great Hall on graduation day taking pride in our efforts in encouraging High Spirit throughout the year.

Samuel Yu
Volleyball Prefect



Meet the Prefect Intern

In my opinion, one of the greatest aspects of High is the sheer number of opportunities that are available to students. High is one of a small number of schools to offer cadets and the only public school in the state to offer rifle shooting as a sport. When I first started in Year 7, I was astounded by the multitude of sport offerings, combined with what was already a huge array of co-curricular activities, and I tried to immerse myself in as many of these activities as possible. As High has given us so many opportunities, it's only fitting that we give back, both to the school and the wider community. Through the community services committee, I have been given the opportunity to raise funds for numerous charities and also

engage in events where I have met the beneficiaries of our fundraising. I can honestly say that there is no better feeling than giving back to a community that has given so much to us.



As the Cadets, Rifle Shooting and Community Services Prefect for 2019, my goal is to encourage every student to take advantage of all that is offered to him at High, through sport, leadership, adventurous activities and community services opportunities. This will enable all students to truly immerse themselves in life at High, and as a student in his final year, I can safely say that a well-rounded experience is one of the greatest gifts that this school can offer.

Dinan Pingamage

Cadets, Rifle Shooting and Community Services Prefect

Meet the Prefect Intern

I was born to be a High boy; watching my brother represent High in first grade tennis almost ten years ago helped set the foundation of my childhood aspirations. As I grew older, these aspirations changed, yet the desire to play tennis and represent High remained.

The tennis community is highly inclusive, and despite being a mostly individual sport, the sense of camaraderie among the boys at tennis is unwavering. It is this culture which High endorses that drives many of the boys to work diligently in all aspects of school life week in and week out. By being a part of such a highly functional and amiable community, I believe I have heightened my ability to work in a team and have made some lifelong friends along the way.

The culture at High rewards hard work and dedication, placing the focus on the student to make use of the

innumerable opportunities provided. The High Spirit that defines our school provides motivation for all students to perform to the best of their ability, creating a symbiotic relationship by which both the school and the student benefit from their efforts.



It is with great pride that I represent both the boys at tennis and the school as the Tennis Prefect, and I trust that our prefect body will create a positive impact on High that will be remembered for the years to come.

Adrian Panas

Tennis Prefect

CASH REGISTER RECEIPTS



Cash register receipts for all items (with the exception of General Contributions and Tax deductible receipts) are **not delivered to students in classrooms**. Receipts for payments made via telephone, the online payment system or left with the office for processing will need to be **collected by the student** before the end of each term. Receipts will be available for collection from the **McDonald Wing Office** during the following times:

Monday to Friday

Lunch 2

Uncollected receipts will be destroyed at the end of each term and copies will not be reissued.

Receipts will still be issued directly when paying in person at the register

S Kearns

SAM



Parent Volunteers Needed

Sydney Boys High School Orientation Day

Tuesday 27 November 2018
12:30 to 4:30 pm

Please come and help **the P & C** to welcome prospective parents to the School.

We need volunteer parents to help serve afternoon tea and welcoming our new parents and students.

It will be an enjoyable afternoon and all you need to bring is your friendly smile.

Please contact Stephanie Fung via email funstep@gmail.com

or

0430 091 116

or

wechat (id: funstep)
if you can help

☺ Thank you ☺

Letters Re Student Absence/Late Arrival/Early Leave



When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or guardian. If your son is going to be late for school a note is also required. Alternatively, you may contact the school by phone on 9662 9300 and dial "1" for the absentee line.

If your son has an early leave note he is required to have his note signed by either Mr Dowdell, Ms Powell or Mr Prorellis **before 9:00 am** and handed in to the Main Office immediately after. Each letter should be signed by a parent or guardian with the **name, date and roll class** of your son **printed clearly**. Your son needs to pick up a leave pass from the Main Office before he leaves the school.

Absences

Absences – School:
absences@sbhs.nsw.edu.au

Absences – Sport :
absences.sport@sbhs.nsw.edu.au

Leave

If you require **extended leave** for your son **exceeding four days**, please apply in writing on the

departmental application leave form which is available on the parent portal or front office. Your son must then present this application to Dr Jaggar for permission for extended leave. Please note that leave applications need to be submitted **four weeks prior** to your son's leave of absence.

S Kearns

SAM

HIGH STORE



Year 9 Students Senior Uniform

Purchase your senior uniform NOW to avoid long queues.

Senior Tie \$31.50

Senior Trousers \$79

Short Sleeve White Shirt 14-22 \$30, 24-28 \$32

Long Sleeve White Shirt 14-22 \$32, 24-28 \$34.

M Gentile

High Store

FROM THE JUNIOR LIBRARY

Love your library

READING AND LITERACY IMPROVEMENT

It is so obvious that children's vocabulary, grammar, sentence structure paragraphing, punctuation and spelling improve when they read a lot that we forget that reading is the second most important teacher of higher order language after speaking.

At our school we have correlated library borrowing with HSC results and shown that students who are good borrowers do get the best HSC results. This is why our library is concerned enough to put book **borrowing on our Junior Boys' school reports**. Our English Department bring their Junior Classes to the Junior Library for Wide Reading lessons whose object is to give the boys the opportunity to borrow and to read. So the reading comment reflects the boys' co-operation with this school program and is an indicator of whether the boys are truly literate well-read people.

The comments are based on how many books the boys borrow in a Semester. Both paper books and eBook borrowing are calculated. So a comment of

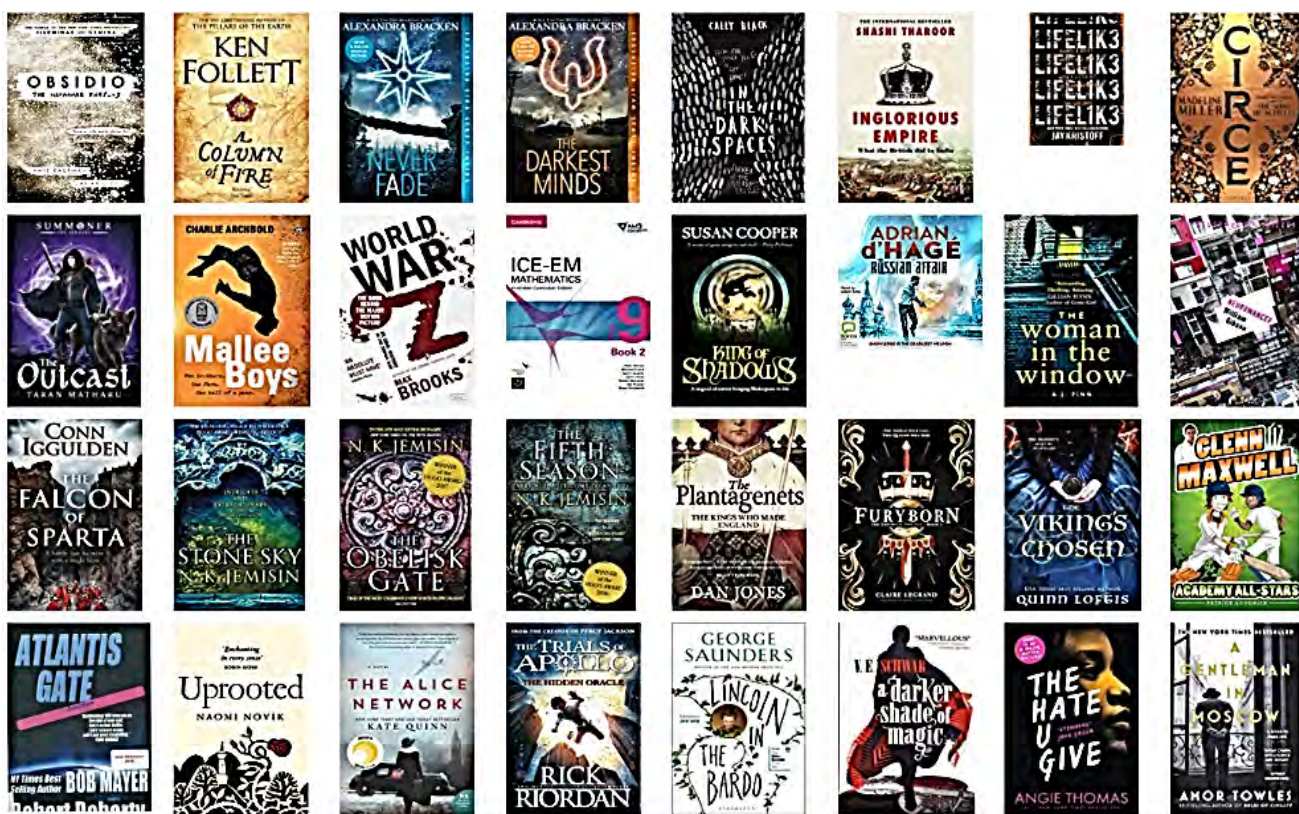
Unsatisfactory means that a student has not borrowed one single book of any kind despite attending a Wide Reading lesson in the library every three weeks. Satisfactory indicates borrowing of one book. Good indicates borrowing of two to three books and Very Good – three to five books. Excellent is borrowing six to our top scorer of 80 books.

FABULOUS NEW PAPER BOOKS AND SORA – OUR NEW EBOOK APP- FOR LOOKING UP OUR 2ND EBOOK SUPPLIER AND 1500 SHARED EBOOKS NOW FROM OVERDRIVE'S "AUSTRALIAN EBOOKS NOW". Use your DET log in and password boys.

Our libraries work in with our busy students by heavily promoting reading once exams are finished. We commend our boys to the new look list on Oliver and to our two eBook applications – Wheelers and Australian eBooks now. This new OverDrive shared collection brings our eBook total up to approximately 3000 books – the equivalent of our paper fiction collection.

NEW BOOKS ON DISPLAY AND FOR LOAN NOW – holiday coming up!

Veronica Crothers
Librarian





Encore 2019

HSC and HSC Preliminary Students in Years 10-12 [2019] must ensure to have their 'Encore' consent forms + payment handed into the office by this Friday 23 November. If you have misplaced the consent form/letter, there are copies outside the Music Department.

Meet the Music Concert Series 2019

Students in Years 9-12 who have chosen to do elective music [subject selection], must ensure to have their 'Meet the Music' consent form completed and payment handed into the office by Friday 30 November. Mandatory attendance is required for all elective music students in Years 9-12. If you have misplaced the consent form/letter, there are extra copies outside the Music Department.

End Of Year Concert

There will be an End of Year Concert on Sunday 25 November at 1.30pm in the Great Hall. All ensembles will be performing at the concert. Entry Fee: \$5 per person OR \$10 for a family of three. All funds raised, will go to support the Music Performance Program. Performance Uniform for Students: School Uniform [white shirt], blazers are not required at this event. Mandatory attendance for all students in the Music Ensembles Program at SBHS. All music ensemble students will need arrive by 12pm this Sunday to help set up the Great Hall.

2020 European Music Tour Rehearsals

Students are to check the daily notices for announcements regarding rehearsals. Rehearsals will commence from Week 8. Times TBC

Music Events Calendar

Date	Event	Music Students Involved
Sunday 25 November	End of Year Concert, Great Hall at 1.30pm	All students involved in Music Ensembles Years 7-12
Tuesday 27 November	Annual Music Assembly 9.55am, Great Hall	2 x Piano Elective Music Students Senior Stage Band Students receiving awards will notified in advance
Tuesday 27 November	Orientation Day, 1.30pm – 3.00pm	Music Prefects: Andrew Chang & Ryan Borges Tim Liao, Theodore Qian & Toby Wu [Piano Players]
Week 8 TBC	European Music Tour Rehearsals Rehearsal Time TBC	European Music Tour 2020 Students

Music Events are continually added and are subject to change.

Parent/Guardian Music Contact List

Please send the following details to music@sbhs.nsw.edu.au if you would like to receive emails regarding the Music Performance Program only [i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.].

- Email Subject Line: Music Contact List

- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address

If you would like to be removed from the Parent/Guardian Music Contact List, please email music@sbhs.nsw.edu.au

SYDNEY BOYS HIGH SCHOOL PRESENTS

END OF YEAR CONCERT

CLASSICAL.
ROCK. JAZZ.
CHOIR.

SUNDAY
25/11/18
1:30PM

AN AFTERNOON OF
ENJOYMENT.

ENTRY \$5 EACH OR \$10
FOR FAMILY OF 3

LIGHT REFRESHMENT
PROVIDED.



SHOOTIN' HOOPS

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Welcome all to another Shootin' Hoops for the season! Overall, we have had a very good season of basketball at High this year, with many teams improving greatly. We thank all of our coaches for putting a huge effort every week to train all of our teams. Our past results will not determine our future ones, and so we should never dwell on them. All juniors, especially, are encouraged to practice when possible, because the hard training and commitment will reward you with the results you want. Never be disheartened by results, instead, strive for

improvement, and commit yourself to train hard and smart, then the results will come.

Anyway, that's all for this week. Next up is Newington College. It will not be easy, but we can show them what we are really made of. Train hard, and have a strong bond with your team, as only good things can then come from it. High's dedication will bring the results that we want and deserve. And remember, as always: Play Hard, Play Smart, Play Together. See you next week!



*A huge thank you to all the parents
who make our canteen possible!*

Sydney High Basketball Tradition

The High basketball tradition revolves around

1. Players who will never quit
2. Team mates who will apply themselves relentlessly
3. Playing as a team and for each other



Success comes from those who can focus on the moment, those who are able to 'play one play at a time' rather than those who focus on what might happen.

A group who can handle adversity:

In difficult situations or when things are not going our way, it is critical each and every player remain focused and contributes to the team effort. Adversity is overcome by poise; it is essential to focus on the moment with positivity and courage. This is Sydney High tradition. Treat a pressure situation as a challenge rather than a threat. Adversity is a great opportunity.



An assertive group:

Successful players take responsibility for their own actions. They are their own most important coach, manager psychologist etc. they take charge and are proactive. Players who are timid will not communicate effectively or make skilful decisions.

A great defensive team

This is of particular importance. We want players who are conditioned both physically and mentally towards playing great defence. We want players who are eager to develop the required techniques and have the persistence to restrict and stop an opponent as much as possible for an entire game. Our general goal defensively as a team is to force teams to try and beat us by shooting from the perimeter over a defender's hand.



A 'WE' squad:

Attitudes can be developed just like physical skills. A "WE" group is developed by absence of blame, mutual respect, self-sacrifice and an absence of negative behaviour. Players who see themselves as superior or those who allocate blame to their teammates do not have necessary attributes to play for High or squad. Be proud to represent your school in the best possible way. Project our themes. Play for the team, make your teammates better and project a never say die attitude. The coaching staff are working together to make your season the best experience it can be.

Go HIGH!

Play Hard, Play Smart and Play Together!

**Thanks to everyone who makes Shootin' Hoops possible
Brought to you by Adam Gordon, Alex Zhou and Joshua Suto**



Cricket Results/News Update – 2018 Term 4 Week 6

Saturday 17 November 2018 – Day 2 Round 2 of the GPS Cricket Competition 2018/19 vs. Sydney Church of England Grammar School (SHORE)

	Score	Result	Highlights
1 st XI	Sydney High School 10/130 def by. SHORE 10/227 & 0/2	LOSS	Arvin Niranjan 40 Saarangan Arvind 58 Anish Joseph 3/33
2 nd XI	Sydney High School 10/12 def by. SHORE	LOSS	Suderaka Pieris 47
3 rd XI	Sydney High School 10/122 & 10/7 def. by SHORE 9/243	LOSS	Gautama Desaraju 3/28 Matthew Pellen 3/41
4 th XI	Sydney High School 10/44 def. by Sydney Grammar School 0/45	LOSS	
5 th XI		No Game	
16A	Sydney High School vs. SHORE 0/0	LOSS	Hanujan Puvanenthiran 55 Vikas Kalwakolu 45
16B	Sydney High School 5/125 def. by Waverly College 5/139	LOSS	
16C		Win forfeit	
15A	Sydney High School 10/224 def. by SHORE 8/294	LOSS	Mithilesh Lekhi 83 Ronnie Rastogi 3/32 Tahmid Choudhary 4/13
15B	Sydney High School 10/39 def. by. SHORE 5/206	LOSS	Shreyas Chatterjee 59 Devansh Raval 3/38
15C	Sydney High School 10/56 def. by SHORE 6/90	LOSS	Riyasat Mahir 3/21
14A	Sydney High School 9/209 def by. SHORE 10/289	LOSS	Varenja Taneja 38 Ishan Tariq 31
14B	Sydney High School 10/53 def. by SHORE 10/76	LOSS	
14C		No Game	
	W/O = Washed Out N/A = Not available due to two-day match WIN (F) = Win on Forfeit		

Year 9 Barbaris Cup vs. Melbourne High School, 19 – 20 November 2018

	Score	Result	Highlights
Year 9	Sydney High School 10/145 def by. Melbourne High School 4/146	LOSS	Bilal Abbasi 43
Year 9	Sydney High School 10/140 def. by Melbourne High School 4/215	LOSS	Hanukan Puvanenthiran 32

First XI Match Report

Keen to make it 2 from 2, the 1st XI trained hard all week to chase down 227 against tournament favourites Shore College.



After being 3-45 at stumps, we got off to a great start with Saarangan Arvind (Year 10) and Arvin Niranjana (Year 11) ticking over the runs to take us to drinks with the score at 3-75. However, Arvin's dismissal for 40 sparked a mini collapse and we scraped our way to lunch at 6-101.

A double strike soon after the break brought Adhirath Senthil (Year 10) and Saarangan Arvind (Year 10) together and they put on a commendable rear-guard effort, blocking their way toward tea.

However, Saarangan Arvind (Year 10) fell a few overs after registering his first 50 of the season, after a controversial umpiring decision. Adhirath Senthil (Year 10) also fell controversially, with our side finishing up all out for 128.

Shore then set out to take an outright win. They faced a tricky 10 minutes before tea, where we beat the edge multiple times. They got 2 run off 4 overs, before both sides agreed to call off the game, with Shore taking the win by 99 runs.

An unfortunate loss for the boys in a game which we could have definitely won had a few moments gone our way. Now we set our sights for Scots College, a game that will surely test us, with Scots being one of the best sides in the competition.

Arvin Niranjana First XI Captain

Cameron Pereira First XI Vice-Captain

Second XI Report

Continuing on from last week, we found ourselves in a position in which we had to take early wickets in order for us to have any chance of avoiding outright. Fortunately, that happened, with Soneeshun Selvarajah (Year 11) taking the wicket of the set batsmen in his 2nd over. A sharp run out from myself sent another batsman on his way, creating nerves in the Shore camp.

Shore however, kept their composure chasing down the required runs with ease. They then opted to post quick runs to have a shot at outright against us. Some missed opportunities from us led Shore to declare for a commanding total of 215, with a lead of 93.

To avoid outright, the only possible solution for us was to bat the day. With the momentum with Shore, we knew we had to dig deep and really show some fight. However, the 'famous collapse' of our batting deemed to be our nightmare with High being bowled out for a disappointing 2nd innings score of 73. Shore taking away 8 points with the outright victory.

An overall unacceptable performance from the boys and the time for reflection and fix up was now. We will now be hopeful and confident in our abilities to bounce back and correct our mistakes with another 2-day match against Scots at home.

Harris Memon

Second XI Captain

CHS Cricket State Carnival Update

Congratulations to Hunar Verma (Year 11), Vivek Mahajan (Year 10), Menuja Goonaratne (Year 10) and Arvin Niranjana (Year 11) who have successfully led the Sydney Easts Region to the championship of the state carnival.

Sydney Easts have won all three games and, in the finals they managed to defeat Sydney North who were the only other unbeaten team.

Sydney East coach Tim Laws and all other parents were so glad to see SBHS joining Sydney Easts and definitely this is the pathway for our boys



Further great news with Arvin Niranjana (Year 11) and Menuja Goonaratne (Year 10) being selected in the Combined CHS 2nd XI. Congratulations boys, your selections are well-deserved.

Hunar Verma was also selected in the Combined CHS 1st XI. This team selection is given as the highest honour in Cricket NSW for Government School. Well Done Hunar! Well Deserved!

Year 9 Barbaris Report

The annual Barberis Cup cricket tournament was held in Melbourne this year, with the year 9 cricket team heading down to play against Melbourne High.

From the flight down to the flight back, all the boys had great fun playing cricket with their teammates and staying with their billets from Melbourne High.

Unfortunately, despite our best efforts, Melbourne retained the Barberis Cup after 3 days of good cricket.

I would like to thank coaches Darius Visser and Mick Aldous for taking the time out to come to Melbourne with the boys, making the tournament possible.

Overall, the boys had a great time, made countless precious memories and made new friends.

Josh Lau
Year 9 Cricket Captain

MIC Report

A couple of disappointing results this week throughout all age groups against a school that has a very strong cricket

program. I hope that the results will be stronger this coming up week

This week sees us complete our Two-Dayers against Scots in Round 3 of the GPS Season for our higher teams: (As) and First and Second Grade teams.

All other teams will play variants of T20 Matches to One-Dayers (32 overs) against Newington College.

To all parents and players, don't forget to go through the points below:

- If the weather is inclement on a Saturday, you can find any changes to the fixtures on the SBHS website on the home page. No changes = game is definitely on.
- Please make sure that all the boys wear SBHS logo hats and tops.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- For training sessions (outside of school hours) and Saturdays, parents are to email through the specific details of absence (**Student number, name, sport, team, reason and date of absence** to absences.sport@sbhs.nsw.edu.au)
- Remember all cricket games are important to attend to each Saturday, otherwise you are letting your team down.
- A **100% attendance record** equates to **5 extra Award Scheme** points for juniors.
- Please notify their coach if they are unable to attend training or their fixture.

Play Hard, Play with Sportsmanship & High Spirit and most importantly have fun with your cricket! Good Luck!

David Smith MIC Cricket

Jamie Nguyen Cricket Prefect





SAILING

Fleet racing was a success yet again due to a continuation in preferable conditions, with the winds reaching a healthy 10-15 knots for a second time on Saturday. We had a few more top ten placings this time, consisting mostly of the same few skippers. Due to the repetition in many of the placings of our skippers, it is well encouraged for the crews to attempt to skipper one or two races for some much needed practice as the current crews will of course become the leading skippers at some point, and a fleet race or two in fairly low wind conditions are a good idea for many inexperienced skippers to get the hang of boat control.



However it is recommended for such inexperienced skippers to get some training in on a Wednesday/Thursday where the environment isn't as competitive, before they train in such strict conditions.

There are only a couple of weeks left of regular Saturday sailing, so keep looking out for updates about the last few weeks of term, which will likely consist of changes to the normal routine of fleet sailing. It was also great to see Matt Posumah riveting his own mast to maintain it.

Jack Vorgias
Sailing Captain

School Sport absence procedure

If a student is injured and unable to attend training and/or fixtures the parent must do the following:

Provide a note explaining the absence to the Head Teacher Sport using the email absences.sport@sbhs.nsw.edu.au

Please include

- *Student Number*
- *Student name*
- *Sport*
- *Team*
- *Reason for absence*
- *Date/s of absence*





Tennis Update

Our 1st & 2nd Grade have finished firm leaders in their pools for the trial season, they will play Scots in 2 weeks for the Pool Final.

Development Squad Success –


This year the High Tennis program implemented a development squad. This program was aimed at boys

who were unsuccessful at the start of selections but wanted to continue playing tennis. The boys have been training 4 sessions per week including a Saturday training session. On Saturday Michael Zhu from the 15s made a fantastic debut in GPS tennis moving up an age group to play in the 16s D4 position. He played very well and with great confidence taking the win with 6 games to 2. Well done to Michael and his coaches.



All boys are reminded they need to attend 3 training sessions per week.

Term 4 Wk 1 - 7						Year 9 Exams - Wk 3 Monday 29th October to Thursday 1st
Starting Date	15-Oct	Saturday Fixtures Begin (Ongoing Trials)				Year 7 Exams - WK 4 Monday 5th to Thursday 8th November
Group	Monday	Tuesday	Wednesday	Thursday	Friday	Year 8 Exams - WK 5 Monday 12th to Thursday 15th November
1st-3rd	School 7:15-8:45am		School 1-3pm	Eastcourts 1-3pm	School 7:15-9am	Year 10 Exams - Wk 5 Friday 16th - Wk 6 Friday 22nd November
4-8th	All Tennis Players Attend Sprints Monday 3:15- 5pm @ MPW		Moore Park 7:15- 8:45am & 1-3pm	School 7:15-8:45am		Year 11 Exams - Wk 6 Monday 19th - Wk 7 Friday 30th November
16's		School 7:15- 8:45am		Eastcourts 1-3pm		
15's			School 7:15- 8:45am	Moore Park 1-3pm		
14's		Moore Park 7:15-8:45am		School 1-3pm		
Junior Development Squad			School 7:15- 8:45am	Eastcourts 1-3pm		

<i>Trials Wk 5 Saturday - High v Shore</i>			
	Total Matches Won	Total Matches Lost	Winning Percentage
1st Grade	9	0	100%
2nd Grade	8	1	89%
3rd Grade	4	2	67%
4th Grade	6	0	100%
5th Grade	4	2	67%
6th Grade	6	0	100%
7th Grade	0	0	#DIV/0!
8th Grade	0	0	#DIV/0!
16 A	2	4	33%
16 B	3	3	50%
16 C	5	1	83%
16 D	4	2	67%
15 A	2	4	33%
15 B	2	4	33%
15 C	4	2	67%
15 D	2	4	33%
14 A	2	4	33%
14 B	1	5	17%
14 C	2	4	33%
14 D	4	2	67%
Total	70	44	61%

Kurt Rich
MIC Tennis



Triathlon Expression of Interest

If you are interested in doing an individual triathlon or relay triathlon please come and speak to me Mr Rich by end of Lunch Monday 26.November



Water Polo Report

This week's opponent was Redam House. We played a good game but Redam started getting in more and more goals as we became tired. Alan, our goalie, played very well and stopped multiple attempts at scoring. We really need to work on our defence and on swimming back faster. Sadly though, this wasn't enough and only Ryan managed to score. Redam out manoeuvred our team and swam faster the entire match.

Tom McFarland



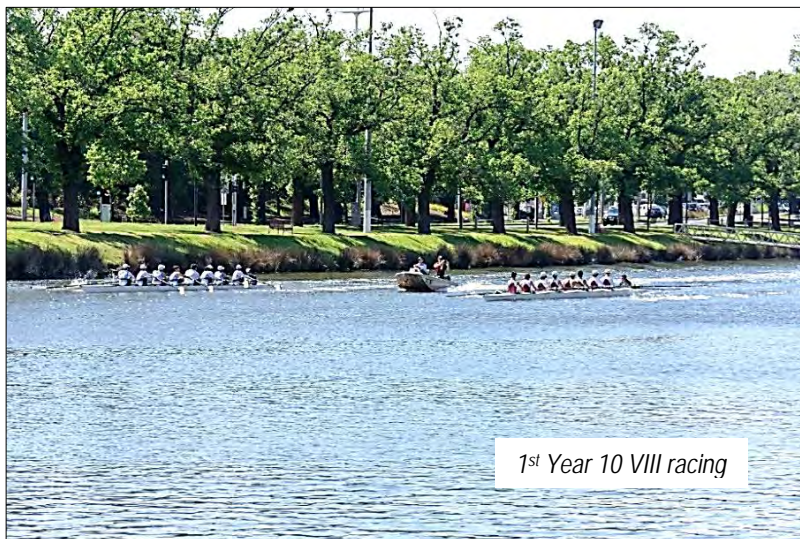
Go HIGH!!



Melbourne High School Exchange – November 14-17 2018

Last Wednesday, an avid group of 17 Year 10 rowers departed south, to Melbourne for the annual Melbourne High School rowing exchange. Upon arrival we were promptly greeted by our billets, exemplary gear, and an afternoon training row on the infamous Yarra River, in preparation for the racing that would follow in the days to come. Following a cold morning on the next day, competitive tension would grow once again, as we witnessed significant improvement in the boat, working hard to keep on par with our Melbourne competitors for a handful of consecutive races. Taken as an opportunity to demonstrate how far we had progressed so far this season, we worked to adapt to a flat, windy course. Unfortunately, it wasn't enough, losing our races by only seconds at a time. Off the water however, we loosened up as we were given a tour around the city, visiting destinations such as Eureka tower, by our billets whom we would ultimately form close friendships with. As always, our greatest thanks go towards the care and warmth shared throughout the coaches, parents and billets who made the extra effort to look after us all. Back home, we shall start preparing for when they come to Sydney in February. We're determined to not lose another one.

Adrian Wong (1st Year 10 VIII stroke)



On Wednesday 14th of November, the rowers from Year 10 VIII embarked on a journey down south to Victoria. On arrival at Melbourne, the boys received a warm welcome by Melbourne High School and met face to face with their billets. Over the next couple days, friendships were quickly formed, and strong bonds were developed. On the water, Year 10 2nd VIII rowed hard. Short of 2 members, Melbourne High graciously offered spares to fill in those positions. Melbourne was a formidable opponent, the crew worked hard to keep head to head against the Melbourne 2nd VIII crew but were unsuccessful as Sydney High was beaten only just in each race. Off the water, all the boys let go of their competitive attitude and the Melbourne High boys took the Sydney High rowers around Melbourne city to

famous sights, and we had fun touring the city and visiting entertainment parks. The billets were incredibly inviting and displayed great hospitality by making sure each boy from Sydney High had a comfortable stay. Apart from some rough cases of food poisoning from sushi, everyone had a fantastic time, and everyone returned home having learnt a new lesson – never to eat sushi when training at rowing!

Gilbert Win
(2nd Year 10 VIII stroke)



Canteen Price List 2018

Breakfast		Lunch and Recess Items			Hot Food	
		*So you don't miss out on what you want for lunch, make sure you ORDER it before school				
Cheese Toast	\$1.80					
Cheese & Tomato Toast	\$2.00				Chicken & Corn Roll	\$1.80
Cheese/spinach/tomato toast	\$2.20				Chicken Burger	\$4.50
Bacon & Egg Muffin	\$3.20	Sandwiches / Wraps / Rolls		Rolls	Chicken Mayo Roll (hot)	\$4.00
Hot Chocolate (Term 3 only)	\$1.00	Buttered Roll		\$1.50	Chicken Mayo Sandwich (hot)	\$3.20
Ham and cheese toast	\$2.20	Cheese & Tomato (v)	\$2.00	\$2.60	Chicken Schnitzel Roll	\$4.00
		Cheese & Salad (v)	\$3.00	\$3.60	Foccacia - chicken/avo/cheese	\$3.20
		Chicken & Coleslaw	\$4.00	\$4.60	Foccacia - chicken/mayo/cheese	\$3.20
		Chicken & Lettuce	\$4.00	\$4.60	Garlic Bread (v)	\$1.80
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese don, noodles	\$5.00
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$3.00	\$3.60	Lasagne/Macaroni Cheese	\$3.50
Fruit Salad	\$3.50	Dagwood Roll		\$3.80	Noodles In A Cup	\$2.80
Banana Bread	\$2.20	Egg & Lettuce (v)	\$3.00	\$3.60	Pasta - homemade small	\$4.00
					Pasta- homemade large	\$5.00
		Ham & Tomato	\$3.40	\$4.00		
		Ham & Salad	\$4.00	\$4.60	Pide - sausage, chicken/mushroom	\$5.00
		Roast Beef & Tomato	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$5.00
Drinks		Roast Beef & Mustard & Lettuce	\$3.40	\$4.00	Pie - Garlo's (halal)	\$4.50
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$4.00	\$4.60	Pie - meat (sauce+20c)	\$3.80
300ml Flavoured Milk	\$2.20	Salad (v)	\$2.80	\$3.40	Pie - Pizza	\$3.80
600ml Plain Milk	\$2.00	Red Salmon & Salad	\$4.00	\$4.60	Pie - potato	\$4.50
600ml Flavoured Milk	\$3.00	Vegemite	\$1.20	\$1.50	Pizza Slab	\$3.20
Up & Go	\$2.00	Turkey cranberry Lettuce	\$3.80	\$4.40	Rice Box - homemade	\$4.00
Water - spring	\$1.20	Wraps	\$3.80		Sausage Roll	\$3.00
Water - Pump	\$3.00	Anari	\$3.60		Spinach Ricotta Roll (v)	\$3.00
Water - Quench carbonated	\$2.20	Sushi	\$3.60		Steak & onion roll	\$4.00
Berri Juice	\$2.50	Vietnamese Rolls	\$3.60		Sweet Chilli Chicken Sub/Wrap	\$4.20
					Traveller Pies	\$3.80
					Falafel wrap	\$4.20
					Miscellaneous	
					Tissues	\$0.60
		Salad Boxes(meat or egg)	\$6.00		Spoons / Forks	\$0.05
		Salad Box (plain)	\$5.00		(supplied free with meal puchase)	
Special Orders					Seasonal Foods	
# If you have specific dietary needs or your favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.		Prices subject to change			**NB Not all food items are available all the time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.	
2018 PRICE					ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR	
8.30 to 9.00 am		*Breakfast is available		*Time to place lunch orders		

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November/December 2018

23-11-2018

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7 B	26 Year 10 Meeting, Great Hall, 09:55-10:20 Mufti Day: Red, black and yellow day Cricket: East Coast Cup, Years 7, 8	27 *** Music Awards Assembly, Great Hall, 09:55-10:40 (8, 10, 11) Year 9 Meeting, Great Hall, P3 Cricket: East Coast Cup, Years 7, 8 Orientation Afternoon for Year 7 and other new students in 2019, 15:50-18:30 Public Speaking competition: Senior Library, 18:00-20:00	28 Year 11 HSC Assessment Exams Year 10 camp briefing-P1, Senior Library Cricket: East Coast Cup, Years 7, 8 Brainstorm Productions: Verbal Combat, Year 9, 14:15	29 Year 11 HSC Assessment Exams Geography Excursion: Year 10 elective, Urban Planning, Observatory Hill Environmental Education Centre, 10:00-15:00 Excursion: Latin, Nicholson Museum, P3-5	30 Closing date for Awards Scheme 2018 Year 11 HSC Assessment Exams Marching Band Rehearsal, MPW, 08:00-09:00	1 Sport: Group 1 TSC v SHS, Group 2 SHS v TSC, Raschke Cup Honeybees Concert, The Great Hall Room Booking Room Booking: Grad ready, Classrooms, 08:00-20:00	2 Cricket: Five Highs, Adelaide Room Booking: Grad ready, Classrooms, 08:00-20:00
8 C	3 *** Opening date for Awards Scheme 2019 Year 10 Outdoor Education Camp Year 7 Meeting, Great Hall, 09:55-10:20 Chinese Excursion, selected 7+10 students, Chinese Garden of Friendship, 11:10-15:20 (teachers TBC) Cricket: Five Highs, Adelaide Basketball: National	4 Year 10 Outdoor Education Camp Cricket: Five Highs, Adelaide Volleyball: Dinner, The Great Hall Basketball: National School Championships, Melbourne (15s+Opens) (tbc) Marching Band Rehearsal, MPW, 15:30-16:30	5 Year 10 Outdoor Education Camp Cricket: Five Highs, Adelaide Chess: Scots invitational Basketball: National School Championships, Melbourne (15s+Opens) (tbc)	6 *** Year 10 Outdoor Education Camp Excursion: Amnesty International Schools Conference, 09:00-14:30 (selected year 10 students) Cricket: Five Highs, Adelaide Basketball: National School Championships, Melbourne (15s+Opens) (tbc) Class of 1961 cocktail	7 Year 10 Outdoor Education Camp Marching Band Rehearsal, MPW, 08:00-09:00 Cricket: Five Highs, Adelaide Basketball: National School Championships, Melbourne (15s+Opens) (tbc) Room Boocking: Junior Quad, 801	8 Room Booking: Grad ready, Classrooms, 08:00-20:00	9 Volleyball: Australian Volleyball Schools Cup (AVSC) Room Booking: Grad ready, Classrooms, 08:00-20:00 Lunch: Rifle Shooting, The Great Hall, 11:00-16:00
9 A	10 Peer Support Training, Great Hall, all day (Year 9) P+C Thank You Party, Great Hall, 18:30-21:00 Visual Arts Exhibition, The Great Hall Year 11 Visual Arts: BOS Assessment BOW interviews, P3-4, Room 610 Volleyball: Australian Volleyball Schools Cup (AVSC)	11 *** Volleyball: Australian Volleyball Schools Cup (AVSC) Visual Arts Exhibition, The Great Hall Tesla Presentation, The Great Hall, 09:00-15:15 USA Stem Tour Group Team Building Workshop, The Great Hall, 11:50-15:15 Marching Band Rehearsal, Great Hall, 15:30-16:30 Fundraising Management Committee meeting,	12 Year 9 Outdoor Education Camp (Morisset) Duke of Ed (Silver Hike) Rowing: Committee Meeting, Staff Common Room, 19:00 Volleyball: Australian Volleyball Schools Cup (AVSC)	13 Release of HSC results Sydney Girls Merit Assembly, The Great Hall, 11:00-16:30 Year 9 Outdoor Education Camp (Morisset) Duke of Ed (Silver Hike) Volleyball: Australian Volleyball Schools Cup (AVSC)	14 Release of ATAR results, 09:00 (tbc) Year 12 Brunch - HSC/ATAR results, 11:00 (tbc) Marching Band Rehearsal, MPW, 08:00-09:00 Year 9 Outdoor Education Camp (Morisset) Duke of Ed (Silver Hike) Volleyball: Australian Volleyball Schools Cup (AVSC)	15	16 Great Hall Booking, , 09:00-18:00
10 B	17 Rowing: Sculling day+CHS selections, Abbotsford (selected rowers) Year 10 Life Ready course, The Great Hall, 09:00-15:15	18 Year 10 Life Ready course, The Great Hall, 09:00-15:15 Excursion: Year 12 Physics Luna Park: Beyond the Thrills Marching Band Rehearsal, Great Hall, 15:30-16:30	19 Last day of Term 4 for students (Years 7-11) Year 10 Life Ready course, The Great Hall, 09:00-11:10	20 Staff Development Day Rowing: Year 10 VIIIs + Senior training day, Abbotsford	21 Staff Development Day Rowing: Year 10 VIIIs + Senior training day, Abbotsford LAST DAY OF TERM 4 (Staff)	22 Parking: Sixers v Scorchers, 15:30	23