



From the Principal High Talent



Congratulations to Allen Fang (8F) who was selected in the NSW U15 badminton team to contest the U15 National Championships later this month.

Illuminate Festival

The festival opening night was very well attended and the displays and performances were of a very high standard. Our guests Peter Kampfner and Jason Phu were very impressed with everything they saw and heard. Congratulations to everyone involved. My speech to open the festival is reprinted below:

"Good evening and welcome to Sydney Boys. Tonight we are opening our 'Illuminate festival' – a week of activities celebrating those of our students who articulate, create and innovate. This is the second year celebrating the achievements of students with the creativity and courage to tackle new challenges and to step well out of their comfort zones. I'm taken by what Georges Braque (1882-1963) observed – 'Art is meant to disturb, science reassures'. As a society we always need people to question why we are doing what we are doing, and how we are doing it. We need to be evaluated, renewed and refreshed through art. It is the job of science to make things better for us in our daily lives and to push the boundaries of our knowledge. We have students here who have decided to ask questions through their work and others who have shown how to make things happen through their science, as they applied its principles to problems in the real world.

Students have chosen to express themselves in many media across a range of disciplines. Tonight you will witness a celebration of practical intelligences. We have HSC works displayed in design and technology and visual arts. Students are demonstrating their creativity in English

extension 2 through film and poetry. Our Music 2 and Music extension students are expressing themselves via musical performance. We have stage 5 students displaying their abilities art, sculpture, film, drama and robotics. We are proud to showcase the achievements of our students during this week of celebration of artistic and technical endeavour. It provides a forum for creativity to be heard in a school where mathematics and theoretical sciences dominate the culture

Tonight we welcome back as special guest Jason Phu (SHS-2007) who is now a celebrated artist in his own right. Jason, along with Visual Art teachers from SBHS and SGHS, chose the five finalists and ultimate winner of the inaugural Judy Cassab Art Prize in honour of Judy's wonderful contribution to Australian art. There is an extensive collection of Judy's work hung in McDonald Wing. Her son, Peter Kampfner is with us tonight to present the prize. Peter has generously endowed this prize for five years with a further five years to follow. I want to acknowledge and applaud Peter's generosity this evening and thank him for making a difference to young people with a passion for art.



Illuminate was made possible only due to the hard work and dedication of many staff members from the the Visual Arts, music, industrial arts, drama and English staff at High. Thank you to Rebecca Dam, Paul Scrivener, Daniel Comben, Dat Huynh; Jenni May, Lynnea Stewart, Claire Reemst, Elianna Apostolides; Rita Miller; Sarah Kim, Susanna Lim; Michael Cinquetti, Courtney Powell, and Julie Eggleton. Thank you to Tyler Harapin and Jevon Somanader for being MCs this evening and to the P&C for providing refreshments.

I welcome you all here to High and hope that you enjoy the exhibits, displays and performances our boys have prepared for our mutual enjoyment".



Judy Cassab Art Prize

As part of our *Illuminate* festival, which was enjoyed by many students, staff and parents this week, the inaugural Judy Cassab Art Prize was judged and the winner announced on opening night. The prize was established by Peter Kampfner, son of Judy Cassab, and a High Old Boy. There is a gallery of artworks by Judy Cassab in McDonald Wing. Judy donated, or selected and purchased, the artworks for the first Ethel Killip Memorial Art collection in 1963. The prize is for painting in any category, is open to any student from SBHS or SGHS and is based on artistic merit. The finalists were judged by the Visual Arts staff from the two schools. The finalists were Brandon Nguyen (12), Thomas Zheng (9), Vivian Phan (9), Cyan Hong (8) and Chloe Huang (7). Chloe's still life won the very significant prize of \$2000! Congratulations to her, the finalists and to the collaborative staff from the two schools. On behalf of Chloe and the schools, I would like to thank Peter for his generosity and for his commitment to sponsor this Art Prize for a decade.



Chloe Huang's winning work

Important Meetings Next Week

On Monday 10 September, during period 3 in the great Hall, Mr Dowdell will be explaining to Year 10 students the options and procedures for subject selections for Year 11, 2019. On Tuesday 11 September in the Great Hall at 6.00pm, there will be a meeting for parents and students, hosted by Mr Dowdell and me, to explain how subject acceleration works for those students currently in Year 9 who are interested and who will qualify as a result of their academic standard in the Year 9 examinations. We will also explain about the OLE or online elective option. Selected students will be able to choose their own online courses of study in Year 10, 2019.

Anti-bullying Committee Policy Review

At the beginning of the year, Ms Powell established an ad hoc committee to review how policy and procedures in

respect of dealing with instances of bullying in our school. That work has now concluded and Ms Chan, HT Student Wellbeing, is providing laminated flowcharts to be displayed in every teaching room. Essentially, the charts provides a clear set of steps to be taken by various school personnel in the event that anyone receives a report of alleged bullying. We hope that a uniform and consistent response to bullying incidents will reassure students that something will be done if they report bullying. We have a further hope that the under reporting of bullying incidents will be reduced as students become more comfortable with the policy in operation. Our aim is to understand more about both the victim and the perpetrator. Our desired outcome is that the incidence of bullying reduces as staff and student awareness builds. Everyone has a right to feel safe in our school. I commend Ms Powell and her committee for its work this year.

Dr K A Jaggar
Principal



HIGH STORE WILL BE CLOSED

From Thursday 13 September through to Thursday 27 September. Susan Borscz & Wendy Dar have kindly volunteered to open the store on my behalf, on Thursday 20 September 10.30am – 1.30pm for your convenience. No exchanges or blazer orders will be processed on this day.

The store will re-open on Friday 28 September.
M Gentile
The High Store

DEBATING

You Are ...Debating

You are cordially invited to the Sydney Boys High School Annual Debating Dinner.

The evening acknowledges all students, staff, coaches and supporters' hard work and commitment throughout the year.

It's an evening with friends, good food – full of laughter and liveliness.

In addition, our coaches go head to head in the traditional "Great Debate" which always proves to be quite entertaining for all present on the night.



Notice of SBHS P&C Association Meeting

There will be a SBHS P&C Meeting on **Monday 10 September 6.30 to 8.00 PM**. It will be held in the Staff Common Room at SBHS. Tea and biscuits are available from 6.00 PM.

Agenda for the 10 September SBHS P&C meeting.

1. **6.30 PM to 7.00 PM**: General P&C meeting (details sent by email and copies available on the day)
2. **7.00 to 8.00 PM**: Academic Presentation "Sydney University's Programs and Scholarships in Engineering, IT and Scholarships" by senior members of the Engineering, IT and Business School at the University of Sydney

Ron Trent, President, SBHS P&C Association.

ronald.trent@sydney.edu.au

Kim Markworth, Secretary, SBHS P&C Association.

markworth.kim@gmail.com

Fred Shao, Communications, SBHS P&C Association.

maobinshao@optusnet.com.au

P&C meeting schedule in 2018

15 October SBHS P&C meeting with academic topics from parents' submissions

12 November SBHS P&C meeting, Annual General Meeting, Christmas drinks, "Thank you to Year 12 Parents"



Wellbeing Workshop For Parents

Last Tuesday we held the first of our wellbeing workshops for parents. Lisa Maltman from the Sleep Connection spoke to us about the importance of sleep and how to help our children get into good sleep habits and routines including the benefits of exercise to healthy sleep. This was followed by a very productive discussion between parents, staff and Lisa

Lisa has kindly provided us with further information to support both the questions during the presentation and information requested post presentation. These links include information on child/ adolescent sleep health as well as information to support adults. There are also links related to technology use, time management, along with mental health and well-being tools via *Smiling Mind*.

Rachel Powell
Deputy Principal

Websites:

- [The Sleep Connection](#)- Information, resources and videos relating to the presentation.

Visit the solutions page for tips and where to get professional help from.

- [SleepShack](#)- Online program for sleep problems in preteens and teens
- [Woolcock Medical Institute](#)- Support information, specialists, sleep lab
- [National Sleep Foundation](#)- Sleep Research and Education.
- [The Sleep Health Foundation](#)- Key Australian website on most sleep topics
- [Sleepio](#)- Sleepio is a tailored online program for adults to help improve poor sleep. [Sleepio-Expert articles & guides](#) are highly recommended reading
- [Blue Blockers](#)- Products to reduce your blue light exposure
- [Swanwick Sleep Glasses](#)- block approx. 97% of blue light and [Baxter Blue Glasses](#) - block approx. 50% of blue light

Brochures:

- [Woolcock- Tips for Healthy Sleep Brochure](#)
- [Woolcock- Insomnia Brochure](#)
- [Woolcock- Snoring and Obstructive Sleep Apnea Brochure](#)
- [Woolcock- Sleep Problems in Children Brochure](#)

Videos:

- [SBS Insight- Are We Getting Enough Sleep](#)
- [ABC BTN- The effect of electronic devices on our sleep](#)
- [ABC iView- "Ask the Doctor"- Sleep Episode](#) - ABC TV health series segment on sleep. Includes a Year 12 sleep deprived student called Monique who successfully progresses through Dr Chris Seton's sleep program. Now on IView.
- [First On 7- Teenagers Need More Sleep](#)- Researchers who have tested teenagers found that even losing half an hour's sleep affected their grades alarmingly. Dr Andrew Rochford reports.
- [Treating adolescent DSPD](#)- ABC 6-minute segment on the treatment of a Year 10 student with DSPS

Articles:

- [ABC- Teenagers who use their mobile phones after lights out tend to sleep badly, leading to poorer mental health, lower self-esteem and increased problem behaviour.](#)
- [SMH- Good Weekend 18 March 2017: A sleep deprivation epidemic is endangering the health and learning of our 14 year olds-and it's not just technology that's to blame.](#)
- [Lack of sleep could be affecting your child's mental health.](#)

Smiling Minds:

- [Smiling Mind](#)- exists to help build mental health and wellbeing, using positive and innovative tools that are accessible to all. Apps available to assist with sleep and relaxation.

Links Related to Technology Use:

- [The Family Zone](#): Cyber safety sorted. Protect your family on every device, everywhere.
- [NIIRA \(Network for Internet Investigation and Research Australia\)](#): NIIRA provides an Innovative, independent and future-focussed website and online community resource around Problematic Internet Use in young people. [I.M.P.R.O.V.E. tool](#)- to help with the assessment of internet usage (useful for students, parents and school counsellors)
- [Dr Kristy Goodwin](#): Kristy's book: "[Raising Your Child in a Digital World](#)" an article with four clear reasons [Why kids can't turn off screens](#).
- [Jocelyn Brewer](#): a registered psychologist with a special interest in the psychology of technology. In

2013 created Digital Nutrition™ to help guide best-practice, balanced tech use and healthy relationships with digital devices. Subscribe from this link to her newsletter for the latest information.

Links Related to Time Management:

- [Enhanced Learning Educational Services](#)- Dr Prue Salter is a study skills specialist and the

founder of Enhanced Learning. Prue has specialised for the last 20 years in the area of study skills, running over 4000 seminars and creating 30 study skills worksheet sets for schools as well as creating online study skills resources for students, parents and teachers.



From the Canteen

Tried the pulled pork and coleslaw burger, hommus and falafel wrap or vegetarian bean nachos yet? Made fresh on the premises, it is among the many specials that are being added to our already extensive menu. Just another reason why you should check out the canteen! The list includes freshly cut sandwiches, wraps, rolls, foccacias and burgers, homemade sushi, soup and pasta as well as pides, pizza slabs, pies, dons and noodles.

Why not pre-order before bell time, so you don't miss out? It cuts down on waste and reduces waiting times too.



Open daily from 8.30 am, High Canteen serves reasonably priced, wholesome foods for our hungry scholar-sportsman. Managed by P&C's canteen sub-committee, all operating profits go back to school community. This would not be possible without the generous support of our parent helpers, who join the daily roster to help prepare these food items and also serve at canteen windows. Don't forget to say thank you to Karen & Tracey or one of our lovely volunteers, next time you are lining up for favourites.

Our volunteers for the past three weeks were:

MON: Anitua Bu, Katherine Ng, Razni Nazar
TUES: Shannon Li, Karthika Viknarasah, Judy Zhu
WED: Ria Lam, Yasmin Khan, Fan Chen, Mark Zhu
THUR: Likang Wang, Thuy Lam
FRI: Fiona Yang, Kim Nguyen, Kath Cook, Lien Tran

MON: Kristine Reyes, Winnie Chan, Rowena Dixon
TUE: Letty Can, Anne Chan, Mook Kooi Loo
WED: Silvinia Zapata, Qing Chen, Tina Xie, Stephanie Fung,
THUR: June Wang Su L Lee, Kim Ngan Do
FRI: Vivian Yip, Ru Zeng Rong, Min Wei, Anika Verma

MON: Pam Jepson, Kannas Pang, Diep Do
TUE: Yan Ge, Phan Nguyen, Carol Huang, Chika Mishima
WED: Polly lee, Su Hyeon Kim, Grace Chung, Dimi Barlas
THUR: Elaine (Xuelian) Xiang, Annie Yu
Fri: Olexandra Putilina & Penny Chan

Urgent reminder: It is MANDATORY for all school volunteers to complete the 100 point check. This is a legal requirement for anyone in a child-related work environment. This has to be done in person at the school office. Documentation that needs to be sighted could include birth certificate, passport, driver's licence, Medicare card, bank statement etc. It is easy, quick and completely confidential. Personal details are securely managed by designated school staff and cannot be accessed otherwise. All new volunteers and those who have not previously registered with the front office are requested to do so immediately. Volunteers could apply for a FREE Working With Children's Check through www.kidsguardian.nsw.gov.au.

Usha Arvind
President Canteen Committee





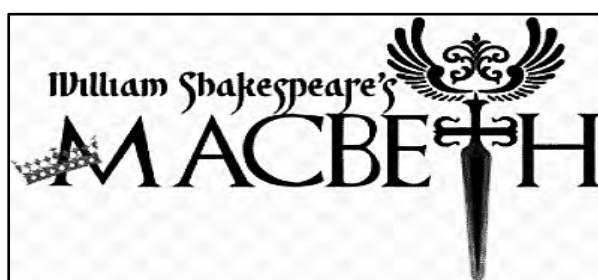
We are thrilled to announce a special excursion for Year 9 this year: we have managed to book seats in early November for a live matinee performance of Shakespeare's *Macbeth* at the Pop-Up Globe Theatre. The Pop-up Globe is finally bringing its critically acclaimed productions and unique venue to Sydney, and will be walking distance from Sydney Boys at The Entertainment Quarter at Fox Studios. *Macbeth* is a haunting and timeless tragedy that explores the darkest corners of the human mind set in a world where the supernatural is real and the quickest way to the top is by murder. *Macbeth*, presented by Pop-up Globe's mixed Southampton's Company sees darkness, chaos and conflict unfold. The Pop-Up Globe is a unique open air theatre, and is a replica of the original theatre which presented many of Shakespeare's plays to Elizabethan and Jacobean audiences. The boys will experience what theatre was like for 'groundlings', and see *Macbeth* as it was originally intended to be enjoyed: this is a raucous, immersive live-theatre experience not to be missed.

Please note the amended dates:

Tickets: \$25

Payment Due by: Friday 24 September

Performance: Tuesday 13 November



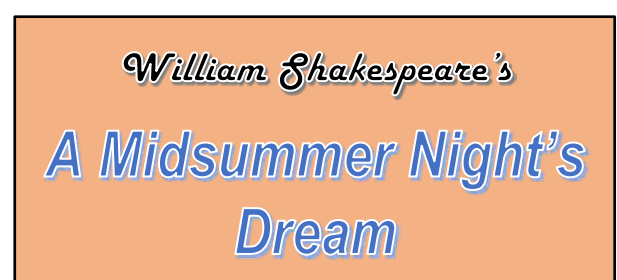
The English Faculty are thrilled to announce a very special excursion for Year 7 this year: we have managed to secure seats in late September for a live matinee performance of Shakespeare's *A Midsummer Night's Dream* at the Pop-Up Globe Theatre. The Pop-up Globe is finally bringing its critically acclaimed productions and unique venue to Sydney, and will be walking distance from Sydney Boys at The Entertainment Quarter at Fox Studios. Justly regarded as Shakespeare's comic masterpiece, *A Midsummer Night's Dream* enchants audiences with a brilliant mix of hilarious comedy and beautiful poetry. Students will be entertained by Pop-up Globe's all-male Buckingham's Company in a production which fuses spectacular Jacobean costumes and the lyrical poetry of Shakespeare with Māori folklore and language in the magical setting of an ancient forest. The Pop-Up Globe is a unique open air theatre, and is a replica of the original theatre which presented many of Shakespeare's plays to Elizabethan and Jacobean audiences. The boys will experience what theatre was like for 'groundlings', and see *A Midsummer Night's Dream* as it was originally intended to be enjoyed: this is a raucous, immersive live-theatre experience not to be missed.

Please Note: Attendance of all Year 7 students is required.

Tickets: \$25

Payment Due by: Tuesday 18 September

Performance: Tuesday 25 September



FROM THE JUNIOR LIBRARY YOUR INFORMATION HUB

New E Resources – 18,000 Websites – Weblinks Plus Secondary Collection, Overdrive Shared Collection

Our very recent experience with eBooks (50% of our loans are now eBooks) is motivating our library to develop a more online resourced Collection.



The reason we can move in this direction of course is that with

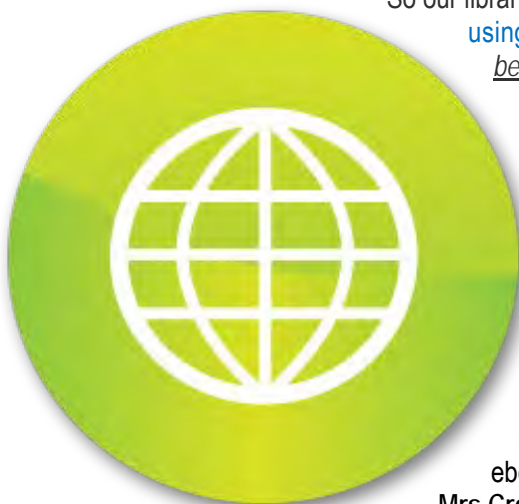
the advent of Bring Your Own Device all students have laptops and can use them effectively to access information from home as well as at school. And Sydney

Boys' High was technically prepared to leap ahead - with all our learning spaces already connected to Wi Fi.

The Junior Library is trying to improve our online resources by purchasing the LinksPlus Secondary subscription to Curriculum related and proven websites. So students and teachers should find searching in Oliver – our library system - a more worthwhile experience – they can now subject search and click into 18,000 curated websites (as well as books) which other teachers and schools have found useful. *TRY OLIVER, THEN GOOGLE!!!!*

Quality resources selected by educators to **empower** learners.

WebLinks Online



So our libraries hope that both students and teachers try out an [Oliver web search by using Advanced Search and searching by Resource type – website](#) to find better curated and more useful websites than the commercially driven large number of websites an Internet search may toss up.

OVERDRIVE IS NOT TO DIE BUT WILL MORPH INTO A SHARED COLLECTION.

Have a look at our much bigger OverDrive Collection of e-books! From 300 hand selected eBooks our libraries are now offering you approximately 1500 e-resources which will mean students can find approximately the same number of resources to choose from in both Wheelers eBooks and OverDrive eBooks. Please note you will find 300 non-fiction eBooks also on the OverDrive collection. Overdrive have a new app and their collection has a new name – Australian Secondary ebooks NOW.

Mrs Crothers
Teacher Librarian
Andrews Junior Library





Upcoming GPS Tennis Schedule

***GPS Athletes do not attend Tennis trials until after 22 September**

Term 3 Wk 9 - 10 (Trials)					
Starting Date	19-Sep				
Group	Monday	Tuesday	Wednesday	Thursday	Friday
1st-3rd	School 7:15-8:45am		School 1-3pm	Eastcourts 1-3pm	School 7:15-9am
4-8th			Moore Park 7:15-8:45am & 1-3pm	School 7:15-8:45am	
16's		School 7:15-8:45am		Eastcourts 1-3pm	
15's			School 7:15-8:45am	Moore Park 1-3pm	
14's		Moore Park 7:15-8:45am		School 1-3pm	

Does not include GPS Athletes in week 9. Week 10 all players to commence trials. 20th September there will be no u15's as year 8 are on camp therefore u16's will go to Moore Park West on Thursday for week 9.

***GPS Athletes do not attend Tennis trials until after 22 September**



Free workshop for supervisors of learner drivers.

Ensure your learner driver has the best possible introduction to driving; their life could depend on it! The City of Sydney aims to improve road safety with a workshop for supervisors of learner drivers.

Tuesday 25 September 2018

6pm to 8pm

Customs House

Alfred Street, Circular Quay

The two hour workshop will provide pertinent practical advice regarding:

- laws for learner and P-plate drivers.
- how to use the Learner Driver Log Book
- how to plan on-road driving sessions and supervise learner drivers
- understanding the benefits of supervised on road driving experience

Bookings are essential, please phone The City of Sydney on 02 9265 9333 or email lmcconnell@cityofsydney.nsw.gov.au to reserve your seat.

**2018
DEBATING
DINNER**
"THE GREAT HALL"
15TH SEPTEMBER
@ 6PM



DEBATING DINNER 2018

ALL WELCOME!

\$40.00 PER PERSON

TICKET SALE CONCLUDES ON SEPTEMBER 11TH WITH TICKETS AVAILABLE AT THE FRONT OFFICE.

ALL BOYS MUST WEAR FULL SCHOOL UNIFORM.

RSVP: 2018 Debating Dinner

STUDENT NAME:

YEAR/TEAM:.....

TYPE OF PAYMENT: CASH / CHEQUE / CREDIT CARD

COST: \$40 PER TICKET NUMBER OF TICKETS:.....

TOTAL COST:.....

CARD NUMBER:

EXPIRY DATE:.....

CARD HOLDER'S NAME:.....

CARD HOLDER'S SIGNATURE:.....

PHONE:.....

(OFFICE USE ONLY)

PLEASE COMPLETE THE FOLLOWING FOR TABLE ALLOCATIONS

Student Name:.....

Debating year/team:..... Dietary Requirements:.....

Number of adults:.....

Number of students:.....



YEAR 8 CLASSICS CAMP



Over the weekend, six Year 8 Classics students from Sydney High attended the annual Classical Languages Teachers Association Year 8 Classics Camp. It was the 43rd time this camp has been held and the second time, after last year, in which Sydney Boys have attended in over three decades.

Throughout the weekend, our boys enjoyed a number of Classics-related activities, which included a 'mythological' bushwalk through the Underworld, a Roman army display, training in a gladiatorial school, a tribal Olympic Games, and activities in spoken Latin and Greek. This camp was a fantastic opportunity for our boys to further explore their passion for the ancient world and Classical languages with peers from fourteen schools from across New South Wales.



I'd like to congratulate and indeed thank the six boys who represented our school so well over the weekend, fully involving themselves in all activities with much enthusiasm. I look forward to seeing many of the current Year 7 Latin cohort at the camp in 2019.
Mr D. Drivas



Parent Volunteers Needed

Sydney Boys High School Open Day

Thursday 13 September
08:00 am – 12:00 pm

Please come and help the P & C to showcase Sydney Boys High to future students and their families.

We need volunteer parents to help prepare and serve morning tea.

It will be an enjoyable morning and all you need to bring is your friendly smile 😊

Please contact Stephanie Fung
via email funstep@gmail.com

or

0430 091 116

or

wechat (id: funstep)

😊 Thank you 😊

*C'Mon
Put Your Hand Up
and*

VOLUNTEER





Valé Luke Liang

Last week, we received the sad news of the passing of Luke Liang, former guitar tutor and conductor at Sydney Boys High School from 2013-2017. He was a respected musician and admired by the students at Sydney Boys High. Luke performed as a guitarist and keyboardist with many popular artists such as Guy Sebastian, Kim Churchill, Jarryd James and many more throughout his career. He will be dearly missed.

IMPORTANT Music Tour 2020-UPDATE

The Music Department will be holding the 2020 Music Tour [Finland & Russia] Information Evening for parents, guardians and students on Tuesday 25 September. An email was sent to those who submitted an 'expression of interest' form and are on the Parent/Guardian Music

Contact List. Please ensure to RSVP by Wednesday 19th September [+ include details as mentioned in the email].

Sydney Youth Orchestras [SYO]

SYO is the leading provider of youth orchestral training in NSW. There are weekly programs, catering for string, wind, brass and percussion musicians. All musicians are required to audition each year and are then offered places in orchestras based on their skill level. Successful applicants will have the opportunity to perform at professional venues across Sydney, participate in regional and international tours, masterclasses etc. Applications for 2019 close on 18th September 2018. There a number of SBHS students who are in the SYO program.

For more information, visit www.syo.com.au

Music Events Calendar

Date	Event	Music Students Involved
Tuesday 11 September	HSC Music 1 Practical Exam 9.00am [Great Hall & Rm 101]	HSC Music 1 Students
Wednesday 12 September	Athletics Assembly, 9.50am Great Hall	2 x Piano Players
Thursday 13 September	Open Day Musicians	Senior Strings Ensemble Jazz Ensemble
Tuesday 18 September	HSC Music 2 & Extension Practical Exam, 10.45am [Great Hall & Rm 101]	HSC Music 2 & Extension Students
Monday 24 September	Year 12 Farewell Musicians	2 x Piano Players Senior Strings
Tuesday 25 September	Music Tour Information Evening [2020 Music Tour Finland-Russia]	Interested students wanting to attend the 2020 Music Tour from Music Performance Program
Friday 28 September	Last Day Term 3	All Students & Staff
Monday 15 October	Term 4 Resumes	All Students & Staff
Friday 19 October	HSC Music 1 Aural Exam Room 201	HSC Music 1 Students 1.55pm – 3.00pm
Friday 19 October	HSC Music 2 Aural/Musicology Exam Room 201	HSC Music 2 Students 3.25pm – 5.00pm
Sunday 25 November	End of Year Concert, Great Hall Time TBC	All students involved in Music Ensembles Years 7-12
Tuesday 27 November	Annual Music Assembly 9.55am, Great Hall	TBC

Music Events are continually added and are subject to change.

Parent/Guardian Music Contact List

Please send the following details to music@sbhs.nsw.edu.au if you would like to receive emails regarding the Music Performance Program only [i.e. Music Events e.g. Music Camp/Concerts/Workshops, Music Committee Meetings etc.].

- Email Subject Line: Music Contact List

- Student Name
- Student Year
- 1 x Parent/Guardian Name
- 1 x Contact Email Address

If you would like to be removed from the Parent/Guardian Music Contact List, please email music@sbhs.nsw.edu.au



SYDNEY BOYS HIGH SCHOOL

Music Tour 2020

The Baltic Triangle [HELSINKI, TALLIN & ST PETERSBURG]

Itinerary - subject to change

Friday 10 th April [Good Friday]	Depart Sydney
Saturday 11 th April	Arrive Helsinki and transfer to Tallin via Ferry
Sunday 12 th April	Tallin - Sightseeing & Concert [TBC]
Monday 13 th April	Tallin - Sightseeing & Concert [TBC]
Tuesday 14 th April	Transfer to Helsinki via Ferry
Wednesday 15 th April	Helsinki – sightseeing & Concert [TBC]
Thursday 16 th April	Helsinki – sightseeing & Concert [TBC]
Friday 17 th April	Helsinki – sightseeing & Concert [TBC]
Saturday 18 th April	Transfer by rail from Helsinki to St Petersburg
Sunday 19 th April	St Petersburg – Sightseeing & Concert [TBC]
Monday 20 th April	St Petersburg – Sightseeing & Concert [TBC]
Tuesday 21 st April	St Petersburg – Sightseeing & Concert [TBC]
Wednesday 22 nd April	Departure from St Petersburg to Sydney
Thursday 23 rd April	Arrive Sydney

**2020 Term 1 will end on Thursday 9th April*

**2020 Term 2 will end on Monday 27th April*



SYDNEY BOYS HIGH SCHOOL

Music Tour 2020

The Baltic Triangle [HELSINKI, TALLIN & ST PETERSBURG]

EXPRESSION OF INTEREST

Please fill in the form below with your details and return to the Music Department by Friday 8th December

STUDENT FULL NAME: _____

DATE OF BIRTH: ____/____/____ ACADEMIC YEAR IN 2020: Year ____

MUSIC INSTRUMENT: _____

Performing Music Ensemble, [please TICK]:

Junior Stage Band []	Junior Strings []
Intermediate Stage Band []	Senior Strings []
Senior Stage Band []	Philharmonic Orchestra []
Intermediate Concert Band []	Symphony Orchestra []
Senior Concert Band []	

PARENT/GUARDIAN FULL NAME: _____

PARENT/GUARDIAN CONTACT MOBILE NUMBER: 04 _____

PARENT/GUARDIAN EMAIL: _____

PARENT/GUARDIAN SIGNATURE: _____ DATE: ____/____/20____

Invitational Carnival #3 ES Marks 8th September

TRACK EVENTS

Start Time:	Event:	Age group:
8.00am	3000m	Opens
8.30am	HURDLES	13s - Opens
9.10am	200m	13s - Opens
10.10am	800m	13s - Opens
11.00am	100m	13s - Opens
12.15pm	400m	13s - Opens
1.15pm	1500m	13s - Opens
2.10p.m	4 x 100m	13s - Opens

- * ALL TRACK TIMES ARE A GUIDE ONLY
- * Championship heat to be run first
- * A lane draw will be distributed on the day
- * Where time permits there may be unlimited entries from each school for track events

FIELD EVENTS

Start Time:	Event:	Age group:
8.30a.m	JAVELIN	13 years
8.30a.m	DISCUS	16 & 17 years
8.30a.m	SHOT	Opens
9.00a.m	LONG JUMP	17 & Opens
9.00a.m	HIGH JUMP	13 & 14 years
10.00a.m	JAVELIN	14 & 15 years
10.00a.m	DISCUS	Opens
10.00a.m	SHOT	16 & 17 years
10.00a.m	LONG JUMP	13 & 14 years
10.45am	HIGH JUMP	15 & 16 years
11.00a.m	DISCUS	13 years
11.30a.m	JAVELIN	16 & 17 years
11.30a.m	SHOT	14 & 15 years
12.00p.m	LONG JUMP	15 & 16 years
12.30p.m	HIGH JUMP	17 & Opens
12.30p.m	DISCUS	14 & 15 years
12.45p.m	JAVELIN	Opens
1.00p.m	SHOT	13 years

- * Maximum 4 jumps / throws for every athlete
- * Maximum of 5 athletes from each school for field events
- * Please use discretion for Open Field events. If time permits possible allow 5 or 6 throws due to fewer competitors.



High Rugby Dinner



The 1st and 2nd XV

To wrap up the season, the High Rugby Dinner was held last Saturday, where the presentation of awards took place along with speeches by each of the team captains.



The Year 12's, having played their last season of High rugby

It's important to reflect on the successes as well as areas to improve on in any aspect of school life, and the dinner was the perfect opportunity to concrete some of the great



16A's at presentation night

memories made over the season by socialising with friends. The Player's Player award from the First XV was awarded to William Choi, whose name will be engraved on the Craig Smiles Honorary Trophy that can be seen outside of Dr Jaggar's office. The Best and Fairest award went to Nirvan "Nervous" Chand and Ryan "Zinga" Zheng was the recipient of the Most Improved award. Congratulations to all the boys who received an award on the night, and thank you for everyone who attended to support the rugby program.

M Cotton
MIC Rugby



14A's at presentation night

14A's Rugby Dinner Report

The rugby dinner was a way to gather together as a team for the last time for the year and say thanks to our coaches. The team greeted Anoj and started to receive our awards. Most improved went to Jordan Wong, Players Player to Dean Nguyen and Best and Fairest went to Adrian Wong. The season to the coaches and players eyes was a success and are all happy for their experiences in High Rugby

Andy Xu



2nd XV award winners



During this past week of training it has been great to see that my fellow rowers have both maintained the fitness and technique required for to propel a boat fast through the water. In the weeks to come we are going to use our on-water sessions to focus on the fundamentals of the rowing stroke to lay the foundations for what should hopefully be some of High's most technically proficient crews. We will also continue on improving our fitness from the high levels that most boys maintained over the winter with three morning weight sessions, one erg session, and one run whilst still rowing every Saturday morning. Some

boys even took the initiative to join and row with an outside club over winter to prepare for the season. Most of the boys in the social crews also had a successful first water sessions. Under the close supervision of our MIC, George Barris, they took advantage of the flat water to learn how to handle and row a single scull. All in all, this first week was a strong start for a season of which I have high hopes for.

James Appleton
Vice Captain of Boats

Term 4 Training Program

Senior A	
Monday	AM –Weights
	PM – Run
Tuesday	Rest
Wednesday	AM – Weights
	PM - Erg
Thursday	PM – Row
Friday	AM- Row
Saturday	Row
Senior B	
Monday	
Tuesday	AM - Erg
Wednesday	PM - Run
Thursday	PM – Row
Friday	AM- Row (every 3 rd week)
Saturday	Row

YR 10 Vills	
Monday	AM – Erg
	PM – Weights
Tuesday	Rest
Wednesday	AM – Run
Thursday	PM – Row (during sport time)
Friday	AM- Row (every second week) Run (every second week)
Saturday	Row

Juniors	Term 4
Monday	PM – Ergs/run
Tuesday	PM - Weights
Weights	PM - Ergs/run
Thursday	PM – Row
Friday	
Saturday	Row

George Barris
MIC Rowing





Teaching someone to drive can be a **happy** experience.

You can learn all the simple steps on how to teach a learner driver at a **FREE** two hour workshop.

The next workshop in your area will be held:

TIME & DATE:

6pm, Tuesday
25 September 2018

VENUE:

Level 2, Customs House
31 Alfred Street Circular Quay, Sydney

BOOK NOW ON:

02 9265 9333
Bookings are essential

Helping learner drivers
become safe drivers



Free workshop for supervisors of learner drivers.

Ensure your learner driver has the best possible introduction to driving; their life could depend on it! The City of Sydney aims to improve road safety with a workshop for supervisors of learner drivers.

Tuesday 25 September 2018 6pm to 8pm
Customs House
Alfred Street, Circular Quay

The two hour workshop will provide pertinent practical advice regarding:

- laws for learner and P-plate drivers.
- how to use the Learner Driver Log Book
- how to plan on-road driving sessions and supervise learner drivers
- understanding the benefits of supervised on road driving experience

Bookings are essential, please phone The City of Sydney on 02 9265 9333 or email lmconnell@cityofsydney.nsw.gov.au to reserve your seat



FENCING DINNER 2018

*Sydney Boys High School
Friday, 28th September in the Great Hall
5.30 pm (for a 6.00 pm start) - 9.00 pm*

Come along for a night of fun, food and awards as we celebrate our achievements and recognition of the hard work that parents, coaches, staff and our student athletes have contributed to Fencing at High this year.

All welcome.

TICKETS \$40 PP | PERMISSION FORMS AVAILABLE OUTSIDE THE IA STAFFROOM
PLEASE PAY AT THE FRONT OFFICE BY 7TH SEPTEMBER 2018

SYDNEY BOYS HIGH STORE & CLOTHING POOL
SPRING / SUMMER PRICE LIST 2018 - 2019

SCHOOL UNIFORM			SPORT UNIFORM		
BLAZERS	6 weeks delivery from date of order		PE / HOUSE SPORT	PE Polo	\$40.50
	From	\$295.00		Black Short with logo	\$40.50
				Sport Socks	\$9.90
PANTS	Trousers - Junior, Dark Grey	\$79.00			
	Trousers - Senior, Light Grey	\$79.00			
SHORTS	Grey College	\$55.00	TRACKSUITS (sold as separates)		
				Microfibre Jacket	\$95.00
BELTS	Black Leather	\$20.00		Microfibre Pant	\$65.00
SHIRTS	Sky Blue & White, Short Sleeve with Crest				
	Sizes 10 - 14	\$28.00			
	Sizes 16 - 22	\$30.00	BASKETBALL	Singlet	\$60.50
	Sizes 24 - 28	\$32.00		Short	\$60.50
				Sport Socks	\$9.90
	Sky Blue & White, Long Sleeve with Crest				
	Sizes 10 - 14	\$30.00			
	Sizes 16 - 22	\$32.00			
	Sizes 24 - 28	\$34.00	CRICKET	Shirt (ventilated with SHS Crest)	
				Short Sleeve Playing Shirt	\$42.00
JUMPERS	Up to Size 14	\$92.00		Academy Training Shirt	\$55.00
	Sizes 16 -22	\$96.00		Senior Playing Shirt S/S	\$72.00
	Sizes 24-26	\$100.00		Senior Playing Shirt L/S	\$77.00
				Hat (Natural) - Greg Chappell	\$22.00
SOCKS	Anklet SHS Colours	\$9.90			
	Knee High SHS Colours	\$15.00			
	Sport Socks	\$9.90			
			ROWING	Zoot Suit	\$79.00
TIES	Junior	\$28.50		L/S Rowing High Top	\$55.00
	Senior	\$31.50		Socks	\$18.50
	Prefect	\$27.50			
	SRC	\$29.50			
	OBU	\$27.50	SWIMMING	High Trunk	\$55.00
	GPS	\$40.00		Towel crested	\$55.00
CAPS	SHS Cap	\$22.00			
			SAILING	Singlet	\$49.50
BAGS	Backpack with Lap Top Section	\$95.00			
	Hav-a-Sak	\$33.00			
	Sports Bag	\$71.50	TENNIS	Top	\$55.00
				Socks with SHS Colours	\$9.90
ART	Paint Brush Size 6	\$3.75			
	Progressor 2B Pencil	\$2.95			
	Progressor 4B Pencil	\$2.95	WATER POLO	HIGH Trunk	\$55.00
	Visual Art Diary A3	\$11.00		Water Polo Shirt	\$68.00
	Visual Art Diary A4 120 page	\$9.90		Towel crested	\$55.00
DESIGN & TECHNOLOGY					
	DT Apron	\$12.00	ATHLETICS	Singlet	\$55.00
				Shorts	\$49.50
MATHS	Calculator	\$40.00		Training L/S top	\$77.00
	Compass	\$1.55			
	Grid Book 96 page	\$2.95			
	Protractor	\$0.55			
MUSIC	Music Book	\$2.95			

SYDNEY BOYS HIGH STORE & CLOTHING POOL

SPRING / SUMMER PRICE LIST 2018 - 2019

CRESTED MEMORABILIA

Bridge Scorer	\$11.00	Letter Opener	\$6.50
Car Number Plate Cover	\$39.95	Mug	\$22.00
Car Sticker	\$4.50	Pencil Case	\$12.50
Cufflinks (stainless steel)	\$66.00	School Centenary Book	\$15.00
Drink Bottle (Stainless Steel) - new	\$18.50	Spoon	\$5.50
Framed aerial school photo shots	\$55.00	Sticker	\$1.10
Golf Umbrella	\$33.00	Wine Glasses (set of two) - boxed	\$44.00

OLD BOYS MEMORABILIA

OBU Tie	\$27.50
GPS Tie	\$40.00
Sydney High Hoodie Grey Marle	\$75.00

CLOTHING POOL

A recycled section operates within the High Store Shop. Items such as blazers, shorts, trousers, jumpers, rugby/soccer tops & boots, tracksuits, can be sold on a commission basis - The High Store Shop retaining 1/2 of the sale price.

Please ensure that when sending items for sale you include your name and address.

All items sent should be clean and in good condition. Shirts are gladly accepted as donations.

PAYMENT

Cash, Eftpos, Mastercard, Visa or Cheque payable to HIGH STORE

GOODS & SERVICES TAX (GST)

GST is included on all prices listed

BLAZERS

GPS Pocket	\$31.00
Music Pocket	\$35.00
Prefect Bottom Pocket	\$52.00
Prefect Top Pocket	\$31.00
Service Charge	\$39.50

Dry Cleaning	\$16.50
Full Braiding	\$90.00
Embroidery Line	\$22.00
Embroidery Line Removal	\$33.00
Crossed Rifles or Swords	\$38.50
House Badge (cloth)	\$12.50

BADGES

Basketball (metal)	\$7.70
Cricket (metal)	\$7.70
Debating (metal) with attachment	\$8.95
Fencing (metal)	\$7.70
Orchestra (metal)	\$4.40
Rifle (metal)	\$7.70
Rowing (metal)	\$7.70
SBH Lapel Pin (metal)	\$2.75
SHS (metal)	\$7.70

OPENING TIMES

Open During School Terms Only

Monday, Tuesday, Wednesday & Friday 10.30am to 1.30pm

Telephone 9662 9360

SYDNEY BOYS HIGH SCHOOL

The Phillip Day Memorial Scholarship

Closing Date: 23rd November 2018



NURTURING SCHOLAR SPORTSMEN SINCE 1883

To apply for a scholarship visit www.sydneyboyshigh.com/scholarship for full details

556 Cleveland St, Moore Park NSW 2021 Ph: 9662 9300

SYDNEY BOYS HIGH SCHOOL OPEN DAY

Thursday 13th September 2018
9:30am - 12:00pm



NURTURING SCHOLAR SPORTSMEN SINCE 1883

www.sydneyboyshigh.com 556 Cleveland St, Moore Park NSW 2021 Ph: 9662 9300

SCHOOL HOLIDAY COURSES

OCTOBER 2018



10%
EARLY BIRD
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Writing a Short Film / Kids Digi Animation / HSC Video Intensive /

Blood & Guts Movie Makeup / AFTRS Film Club /

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PH: 1300 065 281

aftrs.edu.au

Australian Film Television and Radio School

AFTRS

September/October 2018

07-09-2018

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 B	10 Basketball: Champion School of NSW Finals (08:30 start) Year 10 Meeting, Great Hall, subject selections, P3 Music: HSC Music 1 Practicals, Great Hall, set-up, P4-5 P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Staff Common Room, 18:30	11 *** Year 11 Mathematics Yearly Examination, Great Hall, 12:00-13:30 Music: HSC Music 1 Practicals, Great Hall, room 201, 09:00-10:35 Class Test: 10MaU-P1 Basketball: Year 9 House Competition School Council Meeting, Board Room, 17:30-19:00 Maths PL: Room 606, 15:30-19:30 Parent Information	12 GPS Athletics Assembly, Great Hall, 09:50-10:35 (7, 8, 12) Class test: 7MaS-P4 Rowing: Committee Meeting, Staff common room, 19:00	13 Open Day, 09:30-12:00 Australian Intermediate Mathematics Olympiad (AIMO), 09:30-13:30 (selected 7-10 students) Trivia night: The Great Hall, 18:00-21:00 Room booking, 506, 801, 16:30-19:45	14 SoR Excursion: Exploring Buddhism - Nan Tien Temple, 07:15-15:30 Year 7 Visual Arts Excursion, Taronga Zoo Year 9 Geography Excursion Year 8 Meeting, Great Hall, 10:15-10:40 OBU event: The Great Hall, 15:30-17:30 Debating: SHS v SGS	15 Athletics: GPS Invitational 4, SOPAC Chess: GPS Competition, Great Hall, 09:00-15:00 Debating: Dinner, The Great Hall, 18:00	16 Basketball: Annual Old Boys Game and Coach Co-ord day
9 C	17 *** Photos Representatives (GPS, CHS etc), all Music Groups) Music: HSC Music 2 Practicals, Great Hall, set-up, 09:00 Year 9 Meeting, The Great Hall, 09:55-10:20 Class Test: 8MaS-P3 Faculty Reports, P+C Report, Co-curricular reports, Canteen Report, OBU, School Foundation Record Reports Due,	18 *** Year 11 Yearly Exams Class test: 10ZHS-P4 Music: HSC Music 2 and Extension Practicals, Great Hall, room 201, 10:45-16:40 Basketball: Year 9 House Competition Parent Information Evenings, Great Hall, Year 9 2019 18:00-19:00, Year 11 2019, 19:00-20:00 Fundraising Management	19 Year 11 Yearly Exams Class test: 10XHS-P2, 10YHS-P3 Year 8 Outdoor Education Camp (Gosford) Change to Summer Sport (10-11)(non-athletes) Fencing Committee meeting, staff common room, 18:00	20 Year 11 Yearly Exams Year 8 Outdoor Education Camp (Gosford) Class test: 9MaU-P3 Change to Summer Sport (7-9)(non-athletes) Room booking, 506, 801, 16:30-19:45 DoE Qualifying Hike	21 Year 11 Yearly Exams Year 12 Oasis External Collection Year 8 Outdoor Education Camp (Gosford) DoE Qualifying Hike	22 Athletics: GPS Championships, SOPAC OBU event, The Great Hall, 2013 reunion	23
10 A	24 *** Attendance and Progress Review (all Years) Year 12 Farewell Assembly and Afternoon Tea, Great Hall, 13:30-16:00 Winter Sport Reports to be submitted to W:\Dropboxes\The Record\2018 Record Reports\Winter Sport 2018 Year 11 Yearly Exams Year 8 History/Geography Excursion	25 Year 11 Yearly Exams Excursion: English: A Midsummer Night's Dream, Year 7, P3-5 2020 Music Tour Information Night, Senior Library, 18:30-20:00	26 Year 11 Yearly Exams	27 Year 11 Yearly Exams Class test: 10MaS-P2 Room booking, 506, 801, 16:30-19:45	28 Year 11 Yearly Exams Class test: 7MaF-P1 The Festival of Revolutionary Ideas, Lunch 1+2, room 204 Fencing Dinner, The Great Hall, 18:00-21:00 LAST DAY TERM 3	29	30
1 B	15 School resumes - staff and students P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Staff Common Room, 18:30 Cricket: Coaches meeting, 901 and COLA, 18:30-20:30	16 Basketball: Year 9 House Competition, lunchtime Marching Band Rehearsal, MPW, room 201, 15:30-16:30 Afternoon PD: Great Hall, 15:30-18:30 (CPR)	17 Foundation Day Assembly/Prefect Induction, Great Hall, (Guest Speaker from Class of 1966) 09:50-10:35 (7, 8, 11) Rowing: Committee Meeting, Staff Common Room, 19:00	18 HSC Exams commence HSC: English Advanced Paper 1 (209) 10:20-12:30 Room booking, 506, 801, 16:30-19:45	19 HSC Exams HSC: English Advanced Paper 2 (209) 09:25-11:30 HSC: Music 1 (2) 13:55-15:00 HSC: Music 2 (9) 15:25-17:00 Marching Band Rehearsal, MPW, 08:00-09:00	20 Sport: Group 1 SJC v SHS, Group 2 SJC v SHS	21