

The Weekly Newsletter of Sydney Boys High School

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## From the Principal High Talent

In a season marred by cancellations and interruptions due to heat and rain, our High first



grade tennis team secured the win as premiers – our first victory since 2004 and only our fourth since 1972 when tennis was recognised as a GPS

sport. Stephen Young (12R), Matthew O'Sullivan (11S), Andre Putilin (10S), Antonio Li (9M), Samuel Yu (10T) and Hikaru Ikegami (9S) were undefeated as a team. Our seconds' tennis team made history as the first to win a GPS Premiership for High. It is also the first 1-2 win for High. Wanyu Tang (12M), Danny Yu (12S), George Ge (12S), Aaron Tang (12T), Cyrus Dadgostar (10F), Khobi Deep (9R) and Andy Danis (8T) brought home the title. My thanks go to the Head Coach, David Deep, whose ebullience and perseverance lifted the group to believe they are better than they thought they could be. Congratulations to our Combined **GPS** basketball team representatives - Luke Schroeder (12T) and Sebastian Diaz (11M) (firsts); Oscar Dumas & Tim Jeffrey (12R) (seconds). Well done to Ike Matsuoka (8M) who has qualified for a second event at the National **Swimming** championships, swimming 5.14.74 in the 400m individual medley.

## **Rowing Assembly**

We held our rowing assembly early this year.



Dominic Grimm (SHS-2005) recounted his journey from being inspired at a rowing assembly at High to world champion oarsman. He suffered serious injuries along the way but came back stronger, dedicating himself fully to realising his dream. My speech is reprinted below:

Special guest Dominic Grimm (SHS-2005), parents, teachers, rowers and students, welcome to our 2017 rowing assembly. We are honouring the Head of the River crews very early this year, but I trust you will give these boys your support on March

18. There are two main reasons for having a dedicated rowing assembly at High. First, rowing is a sport that really has its season and grand final on the same day, so it was treated in a special way historically. Also, for many years it was our most successful GPS sport and established its own tradition. Second, the school wanted to inspire students to go and support the crews out at the Sydney International Rowing Centre. It has been established custom to hold the assembly on Thursday or Friday before the Head of the River when it falls on a Saturday.

I would like as a starting point to express my appreciation for Elliot Shackcloth-Bertinetti's work on behalf of rowing in his first season with us. He took over rather late as MIC and had to hit the ground running as the season had started when he took over. He has attempted to combine the three jobs of first VIII coach, MIC and coaching coordinator. In addition, he has been the driving force behind a rowing fund raising event. He has put in a great deal of time and effort on behalf of our boys this season. He was ably supported this season by Steve Comninos (SHS-2014), as his assistant and 2<sup>nd</sup> VIII coach. Thank you to Angus Chilton as coach of the first IV. We have really appreciated the voluntary coaching consulting of Michael Morgan this year. The Year 10 VIIIs were coordinated by Lachlan Hine with John Johnson and Alan Low (SHS 2010) assisting. Terry Fong (SHS-2014) led the Year 9 guads team with Wesley Zhang and Daniel Xu (SHS-2016) assisting. Marguerite Pain again coordinated the Year 8 quads, with assistance from Daniel Tran (SHS-2014). I thank you all on behalf of the boys and their parents.

I commend as usual the great efforts of the Rowing Committee, headed up by President Tracy Whittaker. Thank you to Sharon Wang, Michael and Violet Schanzer, Cindy Ho, Joan Zhang, Ron and Pitt Trent, Charlie and Anneliese Appleton, Zarir Kranjia, Zixiu Guo and Andrew Borscz for your help with the program.

This year is the 60th anniversary of the great victory by the Sydney High VIII at the Head of the River. It was the legendary A.R. Callaway's first year as coach. Bob Sample was the stroke and Reg Smith the coxswain. Previously, the crew rowed into third place in the senior eights championship of NSW and was second in the State Junior VIII race. The win at the Head of the River was not a lucky break on the day, as the crew had strong form going into the race, despite SGS being favourites. John Pilger, Kerry Rubie, E.A. Dalziel, J Bindley, J Quick, J McGill and L Small made up the rest of this great crew.

The boys got on well with one another, on and off the water. They worked together enthusiastically "proving an excellent example to junior crews in performance, attention to training and conduct". These men define the word 'crew'. They worked tirelessly together to achieve a common goal. Despite the great many years since that experience, nearly all of them will be attending the Outterside Centre for a reunion on 26 March. The bond they forged in that wonderful 1957 season remained strong their whole lives. Their history is the epitome of the notion of team sports: shared goals, collaborative passion and collective suffering for the cause. They all knew what it took to be successful. The importance of this anniversary has brought these men from interstate and overseas to share again their memories of such an important summer in their lives.

The culture of an organisation can be identified by the nature, frequency and power of its story telling. At assemblies like this one, we share stories from the past and present to reinforce the continuity and value of these experiences to the ethos of our school. You are both consumers and creators of the history of High. Be proud of that history and play your part in making its future, following the fine example of the 1957 crew.

I want to congratulate all the boys who have been selected to compete for High it has always been seen as a great honour. I hope you are justifiably proud of your achievement so far and are looking forward to the big challenges ahead. On behalf of all competing crews who have worked so hard for this one event on this one special day, I ask that many of you make the effort to come to SIRC for the Head of the River to cheer them on.

## Early Bird scheme success

Since Orientation Day last November, 675 families (55.92%) paid all their invoices by the deadline set and have received collective discounts of \$136,740 as a result. I want to thank sincerely all these families for their support. I encourage them to save even more in future by taking advantage of our pre-payment scheme with Sydney High School Foundation. We will be promoting this scheme more fully after our July 'go live' day for LMBR switch-over to no cheques and no banking account environment. For those families who did not benefit from the scheme, please consider doing so for next year.

## **Tell Them From Me Survey**



The online survey of student opinions about school life has opened. I encourage parents to talk to their sons about the importance of using an opportunity to express their views and influence possible change. The

survey gives students a voice in our development of policies and processes. It is very simple to access and easy to complete. This year there are several questions

designed specifically for our school. The survey closes on the last day of term.

## Student Leave Requests - Reminder



Too many parents are ignoring or pleading ignorance about the school policy on Student Leave of Absence – Extended Leave Travel requests.

This applies to leave that is five school days or more in duration. Parents are reminded that as a matter of policy leave will not be processed or approved unless **four weeks**' notice has been given. Also, cogent reasons for travelling during school term need to be supplied. The effect of this decision is that all leave requests that involve the last four weeks of term must be lodged with me for approval by the end of week 6, each term. If you are planning to travel during the school term you need to download, complete and submit the form for my approval by the closing date. As it is now week 7, I am going to apply the rule quite strictly.

## The Sydney Boys High Student Research and Resources (Public Library) Fund

The Sydney Boys High School Student Research and Resources Fund is a fund to resource our two school libraries. Purchases of books, e-books, subscriptions to magazines, databases and streaming services and minor equipment can be made from the Fund. In addition, the wages of a second Librarian and staff employed to extend library hours and run Library archives, are paid for from the Fund. As contributions to the Fund are tax deductible, it provides a very cost effective way for parents and Old Boys to help fund an important and growing area of school life – online learning. As well, 248 boys can enjoy the library facilities simultaneously. This year we are adding Clickview to our services to allow direct access to videos online. These can be streamed directly to classrooms.

Dr K A Jaggar Principal

### Meet the Prefect Intern

"What is better - to be born good, or to overcome your evil nature through great effort?" - Paarthurnax

Sydney Boys has taught me to always strive to be the best I can be, in all aspects of life. On my first day in year 7, I can honestly say that I was not looking forward to the compulsory sport policy, however there really is something there for everyone. The joys of winning and the sorrows of losing, the pains of training. Experiencing everything with a team has shown me how important it is to understand others, playing off each other's strengths, learning from each other and overcoming your weaknesses. In a school with such a competitive nature, these lessons are valuable ones.

Sport at High also encourages communication between schools. Having competed for New England Girls School in rifle shooting, and Canberra Grammar School and Cranbrook School in sailing when they were short on people, I can say that sport is a good opportunity to broaden your horizons and learn about others, the different experiences people have had and the choices they've made to get to where they are now.

The opportunities High continues to offer me are endless.



Along with my experiences in sports, I also play the euphonium in concert band and compete in informatics competitions, which are generally unusual activities. The sheer diversity in the opportunities offered at High, and how easy it is to access them, creates an inclusive culture in which nobody is left out due to their hobbies or interests.

I am keen to continue to improve the culture of the school, and along with the rest of the prefect body give back to the school. We are using the experiences and knowledge we have attained during our time here to help our peers, especially by encouraging them to try new things. My experiences at High have made me who I am today, and I hope that I can pass them on to the rest of Sydney Boys High this year.

Dallas Yan

Prefect-Intern Rifle Shooting and Sailing STAND TALL: STAND FOR ALL

Letter written to redress some of the claims and accusations made in the news online article Monday 13 March 2017.

Hi Nina.

My name is Vishal, and I was the school Vice-Captain for Sydney Boys High School last year. Recently, your article regarding Sydney Girls High School's response to a video made by my school was published.

Whilst I am sympathetic with many of the points that SGHS have raised, and have always stood firmly against issues of sexism and toxic masculinity in schools, there are some contextual omissions (primarily regarding last year's 'Pay Gap Bake Sale') which I would like to clarify.

Throughout the article, it was insinuated that the bake sale was organised solely by SGHS. As one of the organisers of the event, I can assure you that it was actually organised and run by our school's leadership body. In fact, SGHS students were not officially allowed (by the SGHS Executive) to assist with organising (although many of them did anyway, and to them we are undeniably grateful.) In fact SGHS Prefects were banned by their Coordinator from coming over to support the event.

The impetus for the sale was a growing realisation amongst senior students that attitudes towards gender equality, diversity and widespread social issues were ignorant at best, acerbic at worst. We wanted to start a conversation that would move our school community away from the culturally engrained sexism that we had observed since junior years.

Please bear in mind that this effort is not futile - it is a concerted push supported by our principal and our school's structure. It is an effort that has only continued to strengthen and grow.

Of course, there was negative backlash to the sale. Our posters were indeed vandalised, social media became littered with harmful vitriol and girls from SGHS were targeted by the despicable words and actions of a select few. Certain anti-feminist Facebook pages shared news of the event in an attempt to stop it from happening. This was the root of the attempted threat of legal action that you mentioned in your article.

Their actions were not without repercussion. SBHS staff were swift in dealing with the perpetrators of abuse, whilst our principal spoke out vocally against misogyny immediately following the sale. More importantly - the actions of this minority were not and are not reflective of the school body. As you say we raised a considerable amount of money and we sent it to two of the charities we support— one of which is a local women's shelter.

I do not mean to excuse the way those boys who opposed the sale conducted themselves. I cannot purport to understand what some of the girls went through as a result of the backlash. Yet I must disagree with the notion that our school is not doing anything to fight the normalised misogyny.

This year the school began 'International Women's Week' at SBHS with an assembly (attended by guest speaker Tanya Pliberseck) establishing a student committee dedicated to tackling issues of racism, sexism and homophobia. Over the course of the week, an array of programs ranging from UN Women fundraisers to Gender Equality Workshops were run. Debating teams (over 250 boys) were coached on issues of feminism and gender disparities – this had also happened the year before on the day of the bake sale. In essence, the school has been and will continue to broaden its approach to educating boys and getting them involved.

As an ex-student, I can only hope that positive discourse surrounding gender equality, and indeed social issues across the spectrum, continues to grow. The points raised against the recent SBHS viral video by SGHS are both valid and valuable; a sustained and healthy discourse between the two schools on how to move forward against these issues is essential.

Nina, I urge you to reconsider your stance that SBHS is some sort of cesspool of spiteful or anti-feminist activity. The reality is that staff and many students have been working hard to combat entrenched sexism with all the resources they have.

Are there things yet to be learned? For sure. Is there progress still to be made? Plenty, without a doubt. Yet the effort will continue, and for that alone I have reason to be proud of my school.

Vishal Karnamadakala SBHS Vice Captain 2016

## Write for Rights

Congratulations and thank you to all the students who



participated in Amnesty International's Write for Rights campaign during Term 4 last year. We wrote over 400 letters in support of victims for human rights

abuses. Students in Years 7, 8 and 9 completed this as a

literacy activity during their Geography lessons, which is great practice for NAPLAN.

Amnesty International have asked me to pass on their thanks to all students who participated and to let you know that we wrote more letters than almost every group in NSW, including the university and adult groups!

Ms Stephens



## International Women's Day

Last week at High we celebrated International Women's Day with a range of activities. By now everyone will have heard about or seen the video made by our prefects which gives voice to some terrible examples of sexism experienced by friends and relatives of the boys. The video was made to draw students' attention to the commonplace sexism experienced by women and girls and to encourage them to take an interest in the events throughout the week. It certainly did a lot more than that as it is estimated that over 15 million people have now viewed this video within a week of being uploaded to the prefects' Facebook page. We have been interested to hear the many viewpoints and comments on the video even though at times some of the comments were rude, we reminded ourselves that polite and respectful debate should be encouraged, as it is a mark of a democratic society.

On Monday, we had an assembly with Guest Speaker Tanya Plibersek. Here is her speech.

"Let's begin by acknowledging the traditional owners of the land where we are meeting today. I join in acknowledging the Gadigal people of the Eora nation, and pay my respects to their elders both past and present. I also want to acknowledge your Principal, Dr Jaggar, teachers and other staff, and all of you.

I've been invited to speak to you about International Women's Day, which takes place later this week, and the theme for this year is 'Be Bold for Change.' I want to be bold and come to an all-boys school and convince you that gender equality matters just as much for all of you as it does for Australian women, and that you have the responsibility for promoting gender equality just as I do, just as Australian women do. There are three

reasons I want to share with you about why gender equality is so important.

### Gender Equality Benefits Everyone

First, equal societies have stronger economic growth than unequal societies. The evidence is all around us. You can look at a dozen countries around the world or a hundred. The International Monetary Fund say so. The OECD says so. Equal societies grow and prosper longer and stronger. If women were to participate in the economy globally at the same levels as men - that is, in the paid economy, because we all know that women are doing a lot of unpaid work – but if women were to participate in the paid economy globally as much as men, they would add as much at \$28 trillion, or an extra 26 per cent, to global GDP by 2025. In Australia, if women were able to participate in the workforce at the same rate as Canadian women, Australia's GDP would be about \$25 billion higher. So you see that greater participation of women in paid work leads to greater economic prosperity for everyone, including you all. That requires a few things. That requires government policies like paid parental leave, like affordable, available, good quality childcare. But it also requires something else - it requires men to do their fair share at home, because women can't be working 40, 50, 60 hours a week in paid work, and doing all the work at home as well. So when all of you finish school, finish university, enter the workforce, you're also going to have to do your fair share at home if Australia is to achieve the gains to national prosperity possible through supporting women's economic participation. Those same benefits apply in business. Businesses with a higher representation of women on their boards do better financially. If you look across the ASX 500 companies, companies with women directors on boards deliver significantly higher Return on Equity than those companies without women directors. Diverse teams of course lead to greater innovation, greater creativity and greater connection with consumers. So we see that gender equality is not just good for our economy domestically and globally, it's also important for individual businesses.

## It's The Right Thing To Do

The second reason – more than the economic prosperity that more equal societies deliver – the second reason is just because it's the right thing to do.

It's just the right thing to do, to be part of a society where people are not judged on their gender, the colour of their skin, their ethnic background, their religion, their sexuality, or whether they're living with a disability. Where people are just treated as equal human beings. It is just the right thing to do.

## Gender Equality Benefits Men

Then there's a third reason as well. There's a third reason that equality matters for men as well as for women. Because gender stereotyping is not good for women, it's also not good for men either. Some of the most rewarding work that you will ever do is caring work. That includes unpaid caring work, like raising a family. Too many Australian men spend more hours a day commuting than they spend with their children. And they don't like it. They're not happy about it. In all sorts of surveys, men are saying they would like to spend more time with their

families. That means more women working, more men doing some of the caring work at home. It also relieves you of the burden of always 'being the man'. Of traditional male roles that seem stuck in the 1950s. And I tell you, it is not fun to have everybody look to you to be always be 'the man of the house', to have your options and choices limited in life. To be told that you have to be big and strong and laugh but never cry. It's not fun to be expected to be aggressive. Men are more likely to consume alcohol excessively, more likely to engage in violent and risky behaviours, less likely to admit pain, seek medical advice or have strong social networks from which to draw support. They die younger than Australian women. Among young Australians aged 12 to 24 years there are three male deaths to every female death, with accidents and suicide accounting for most of this difference. In 2015, around 76 per cent of completed suicides were by men. Gender expectations that men be aggressive, or risk takers, or hide their emotions, hurt men.

So gender discrimination isn't good for women. We still have a 17 per cent gender pay gap, one in five Australian women experience sexual violence in their lifetime, women still retire with around half the superannuation benefits of men. But gender discrimination isn't good for men either. There are consequences to having an unequal and divided society, and you can be the agents of change that stop that in your generation. Thank you.

The Hon Tanya Plibersek MP, Deputy Leader Of The Opposition, Shadow Minister For Education, Shadow Minister For Women, Member For Sydney

## **Equality Committee**

At the assembly, our Equality Prefect Kieran Shivakumaarun introduced the Equality Committee. This committee is the result of three years of informal work in the school by a small group of boys wanting to deal with issues of homophobia, racism and sexism at the school. This group called themselves the Rainbow Boys and they have been responsible for the on line discrimination



reporting system we have in school, the anti – racism posters we have in classrooms and a whole host of other educational activities. The Constitution was written by last year's prefects and formalised by a working party of staff

and students this year. Forming the Equality Committee means that as a school we formally recognise the key role we should play in promoting respectful relationships with each other and with others.

Our two fundraising initiatives during the week were more popular than we imagined. We had ordered 120 IWD ribbons and they had sold out by recess on Monday. On



Thursday, the Prefects organised an IWD Breakfast which was attended by 100 students from SBHS and SGHS. This raised \$500 for programs sponsored by the UN Women National Committee Australia.

On Tuesday and Wednesday all Year 10 and Year 9 students took part in the One Woman Project Gender Equality and Feminism workshops. The boys were interested in discussing how gender inequality has detrimental effects on men as well as women, but overwhelmingly reacted positively to the notion that feminism is something that can be supported both by men and women in a move towards equal rights and gender equality. The Director and Founder, Madeline Price wrote "I was just following up to say a massive thank you for having our facilitators to SBHS this week – they have absolutely loved the experience and have passed on such wonderful remarks about your students!"

On Friday, we had two events to further the discussion about the role of International Women's Day, feminism and gender inequality.

A lunchtime Q&A saw 200 boys and girls gather in the Great Hall to ask a panel of experts a range of questions about the prefect's video, about how to engage sexist

people in productive dialogue and the best ways of achieving gender equality. The panel consisted of Katie Price who works as a lawyer in the Human Rights Commission (and who brought a personal message of praise to the boys from Kate Jenkins the Gender Equality Commissioner), old boy Jansson Antmann who says "Having worked with the European Journalism Centre on an EU media development project, I am a firm believer in the need for and importance of ongoing media advocacy in the quest for equality, since it often continues to be a case of one step forward, two steps back;" School Captain Hugh Bartley and two students from SGHS. The staff that attended from both schools were complimentary of the respectful manner in which the participants and audience conducted themselves.

Finally, all 250 students who undertake debating coaching were able to learn a lot of information about feminism and gender issues through the weekly quiz. (Ms Powell will give any debater a prize if he got 50% or more) and to prep for topics such as 'That all American women should have voted for Hillary Clinton' and 'That all companies should be forced to hire female CEO's.'

At the Equality Committee on Monday we evaluated the inaugural SBHS International Women's Week and we decided that, in spite of (and maybe because of) the controversy, it was a successful week which got boys thinking and talking about gender equality and this is what we had hoped to achieve. We are already making plans for next year!

Keiren Shivakumaarun - Equality Prefect Ms Stephens - Anti Discrimination Contact Officer Ms Powell - Deputy Principal



## P & C New

## Principal's HSC & ATAR Presentation

The P&C thanks everyone who attended Dr Jaggar's HSC Presentation on Monday night. I am told that it was the biggest attendance for this event, which had around 100 parents attending.



If there was any part of Dr Jaggar's presentation that you did not fully understand or are unclear of, please feel free to post it in your *Year's WeChat* and maybe someone will have an answer or your year rep can ask Dr Jaggar for an answer.

I am hoping to have an FAQ on this to share with everyone across all *Year's WeCha*t. So, the more Question & Answer from everyone in *WeCha*t (or email your questions to <a href="mailto:sbhs.pandc@gmail.com">sbhs.pandc@gmail.com</a>), the better for all of us.

## Follow us on Facebook (Facebook.com/sbhspandc)

If you are already on Facebook, Follow us to get automatic updates of P&C news and events.

There are about 80 families who are 'following' the SBHS P&C Facebook page. Each post will be seen by around 500 people at the moment - that means that some of our followers share the post with other parents etc, which is good.

## WeChat

We have on average 100+ parents in each WeChat year group. There's a good chance that one of the parents you know is already on WeChat. Ask them to invite you into your WeChat year group.

Otherwise email <a href="mailto:sbhs.pandc@gmail.com">sbhs.pandc@gmail.com</a> and we can direct you to one of your Parent Year Rep who can invite you into the group.

Hieu Bui P&C President Sydney Boys High PandC sbhs.pandc@gmail.com

## **Debating Report**

First off, I would like to congratulate all those debaters



who made a GPS debating team. It's a wonderful experience and one that I'm sure you will enjoy. If you didn't make a team that you

wanted, my commiserations. However, I encourage you not to give up and keep trying in coaching and watching some senior debates. Some of the best debaters I know often didn't make a team in their junior years, or were in the Bs.

Congratulations to the boys who won their debates at FED and Eastside last Friday! These debates prepare us for the very important upcoming GPS season. Even if you aren't debating, you should make the effort to watch any of the debates - this is a great way to play a crucial role in debating, supporting your mates, gaining new skills and developing them.

I'll be starting a "Tip of the Week" article in the High Notes every week next term so look out for that! Hopefully, my advice will be of some practical use.

Finally, Jesse Koslowski and Matthew Awad are on board with helping Ram Kaniyur (12R) in managing and updating the debating website, generally making it look good. Once Ram leaves this year, they should be able to take over. Over the past few years, the website hasn't functioned very well and now hopefully, we can bring it back up to speed this year!

Akheed Razmi SBHS Debating Prefect

## From the Canteen

Did you know that all profits generated through canteen



sales are returned to the school community for earmarked projects that directly benefit our boys? In 2016, High Canteen donated \$80,000. This is only possible due to the

ongoing support of our extensive volunteer base.

Run by the P&C, High Canteen relies heavily on dedicated parent volunteers, who assist managers Karen & Tracey each day. Besides keeping operating costs low, the canteen is able to provide an extensive range of healthy and reasonably priced, hot and cold options for our scholar sportsmen. These include freshly prepared

rolls, wraps and sandwiches, soup, homemade pasta, rice & curry, salads and foccaccia.

In fact, High Canteen is one of very few successful volunteer-managed secondary school canteens in Sydney. If you have a few hours to spare each month, please do consider joining our canteen roster by calling 96629350. It is a truly rewarding experience, great way of making new friends and staying in touch with extended High family. Language is never a barrier and full training will be provided.



Our canteen managers are constantly working with P&C and the school community to foster healthy eating habits. If your son has allergies or special dietary requirements, please consider calling or visiting the canteen premises to discuss choices. Karen & Tracey are always ready to accommodate special requests and value suggestions/feedback.

We would like to acknowledge the following parent helpers for last two weeks:

MON: Emi Matsuoka, Winne Chan,

TUE: Letty Chan, Anne Chen, Mook Kooi Loo, Lancy

Zhang,

WED: Faidha Razmi, Joanne Wong, Jenny Chiu,THUR: Xing Ping Zhang, Si Hong He, Pit Trent.FRI: Olex Putilina, Pamela Shi, Yan Ling Xie,

MON: Razni Nazar, Usha Arvind, Anita Bu, Wugang(Tim)

Ren,

TUE: Katherine Ng, Vivian Huang, Long Nguyen, Frank

Liu

**WED:** Lillie Urbina, Tina Zeng, Canwen Liang, Theresa Tran.

THUR: Su Ren, Stella Tsui,

FRI: Hailing Chen, Penny Chan, Sam Guo

We understand that lines are often long during recess and lunch. Please encourage your boys to place an order before 9am so they don't miss out on popular items. We

would like to thank staff and students for their sustained support of High Canteen.

## **Usha Arvind**

**President Canteen Committee** 

## **High Store**

PE Coloured Polo SALE with school crest Attention Year 7 students

## 1/2 PRICE Normally \$30 NOW \$15 or 2 for \$20

Great for swimming & athletic carnivals Identify your house colour!!

Saxby- Green ONLY sizes 12, 14, XL, XXL, XXXL

XXL, XXXL



McKay- Gold ONLY sizes 12, XL, XXXL Eedy- SKY ONLY size 14

Torrington- Royal ONLY size 12, XXXL Rubie- White ONLY size 12, XL,

Fairland- Red ONLY size 12, L, XL, XXL

## **CASH REGISTER RECEIPTS**



Cash register receipts for all items (with the exception of General Contributions and Tax deductable receipts) will no longer be sent to classrooms. Receipts for payments made

via telephone, the new online payment system or left with the office for processing will need to be **collected by the student** before the end of each term.

Receipts will be available for collection from the McDonald Wing Office during the following times:

## Monday to Friday

Before school Recess Lunch

Uncollected receipts will be destroyed at the end of each term and copies will not be reissued.

Receipts will still be issued directly when paying in person at the register.

## **MUSIC NOTES**

The Music Performance Program has had a great start this year with ensemble rehearsals and instrumental lessons running each week and school performances at Speech Night and major assemblies. We have more than 150 students involved in the music ensemble program at Sydney Boys High School.

There were also more than 50 students who signed up for instrumental private lessons (Woodwind, Brass, Strings & Percussion) at Music Recruitment Night on Thursday 9 February. Thank you to all music staff and students who helped that evening!

Elective music students (Years 9-12) will be attending a number of "Meet the Music" Concerts at the Sydney Opera House performed by the Sydney Symphony Orchestra (SSO) throughout the year. The SSO's Meet the Music series introduces a rich variety of orchestral repertoire to support the music syllabus (Stage 5 & 6) in NSW.

Year 11 & 12 music students will be attending "Encore" at the Sydney Opera House next Monday 20 March. The Annual Encore Concert displays outstanding music performance and compositions by HSC Music students from across NSW with a variety of works from different genres being performed. The concert recognises the exemplary works of students in HSC Music 1, 2 & Extension courses. The concert

also provides a wonderful opportunity for senior elective music students to hear these exceptional performances. What is more exciting is that Andrew Wu (Class of 2016) who studied Music 2 & Extension will be performing his ensemble piece at the Opera House!

## **SBHS Marching Band**

Marching Band have been rehearsing twice a week (Tuesday 3.30pm & Friday 8am). Students in Marching Band will be marching in the Anzac Day March on Tuesday of April. There will be 2 compulsory holiday rehearsals (Wednesday 12 April & Thursday 20 April). Mandatory attendance for students in Intermediate – Senior Concert Band, Junior – Senior Stage Band & Percussion Ensemble. Letters regarding Marching Band holiday rehearsal & Anzac Day will be given out within the coming weeks.

## Annual Music Camp @ Collaroy

All students in the Music Ensemble Program will be going on an excursion to Collaroy Centre (Homestead Avenue, Collaroy Beach NSW 2097) on Wednesday, 31 May 2017 and returning on Friday, 2 June 2017. The excursion is for all students involved in the music ensemble program and has been planned to supplement the work being done in the ensemble program. Letters have been given out at ensemble rehearsals this week. Please detach and return the consent & medical form with payment to the main school office by Thursday 6 April.

Music Events Calendar

Date	Event	Students Involved	
Wednesday 15 <sup>th</sup> March	Meet the Music 2 Concert #2	Elective Music Students	
	Sydney Opera House, 6.30pm	(Years 10-12)	
Monday 20 <sup>th</sup> March	HSC Encore Concert	Elective Music Students	
	Sydney Opera House, 7.00pm	(Years 10-12)	
Thursday 23rd March	Meet the Music 1 Concert #1	Elective Music Students	
	Sydney Opera House, 6.30pm	(Years 9-10)	
Wednesday 5 <sup>th</sup> April	Meet the Music 2 Concert #3	Elective Music Students	
	Sydney Opera House, 6.30pm	(Years 10-12)	
Wednesday 12 <sup>th</sup> April	Marching Band	Marching Band Students	
	Holiday Rehearsal #1	(Intermediate-Senior Concert	
	Great Hall/MPW, 9.30am	Band, Junior – Senior Stage Band	
	(Mufti)	& Percussion Ensemble)	
Thursday 20 <sup>th</sup> April	Marching Band	Marching Band Students	
	Holiday Rehearsal #1	(Intermediate-Senior Concert	
	Great Hall/MPW, 9.30am Band, Junior – Senior Sta		
	(Full Dress Rehearsal)	& Percussion Ensemble)	
Friday 21st April	Government House Performance	Senior Strings Ensemble	
	4.30pm	(Selected Students)	

Tuesday 25 <sup>th</sup> April	Anzac Day: SBHS Marching Band	Marching Band Students
	March, 8.30am	(Intermediate-Senior Concert
		Band, Junior – Senior Stage Band
		& Percussion Ensemble)
Wednesday 31st May – Friday 2nd	Annual Music Camp @ Collaroy	All Music Ensembles
May	Centre	
Friday 2 <sup>nd</sup> May	Annual Music Camp Concert @	All Music Ensembles
	SBHS, 6.30pm	

## **Instrumental Private Lessons**

We have a number of professional instrumental tutors who tutor students before and after school at SBHS (no lessons during class times). If you require contact details or further details regarding private lessons, please ask your son to speak to the Music Department or email us on music@sbhs.nsw.edu.au

Flute: Mr Osvaldo Gomez

Clarinet: Mr Nick Carey & Mr Joel Sena

Saxophone: Mr Rick Robertson, Mr Nathan Henshaw,

Mr James Mackay & Mr Joel Sena

Trumpet: Mr Robert Coassin & Mr Danny Carmichael Trombone/French Horn/Euphonium/Tuba: Mr Danny

Drums: Mr Jack Osbourne & Mr Robert Oetomo

Percussion: Mr Robert Oetomo

Violin: Mr Richard Hao

Cello: Mr Kenichi Mizhushima

Acoustic & Electric Guitar: Mr Luke Liang Double Bass & Bass Guitar: Mr Michael Walder Piano: Mr Nathaniel Kong & Mr Guangzhi Niu

## **Music Ensemble Rehearsal Schedule 2017**

Monday	Tuesday	Wednesday	Thursday	Friday
Jazz Ensemble	Senior Concert Band	Junior Stage Band	Symphony	Senior Strings
Room 101	Room	Room 101	Orchestra	Room 101
7.45am	201	7.45am	Room 201	7.45am
	7.45am		7.30am	
Intermediate		Intermediate/Senior		Marching Band
Concert Band		Stage Band		BB Courts/GH/MPW
Room 201		Room 201		8.00am
7.45am		7.45am		Term 1 & 4 ONLY
Chamber Choir		Guitar Ensemble		
Room 202/GH		Room 202		
7.45am		7.45am		
	Percussion	Junior Strings		
	Ensemble Room 201	Room 203		
	3.30pm	7.45am		
	Marching Band	Philharmonic		
	BB	Orchestra		
	Courts/GH/MPW	Room 103		
	3.30pm	7.45am		
	Term 1 & 4 ONLY			

## Music Department Contact Details

(P): 02 9662 9300 ext. 472 (E): music@sbhs.nsw.edu.au

Music Teachers @ SBHS: Ms R Miller, Ms S Lim & Ms S Kim

## End of GPS Tennis Season 2016-17 Highs History Making Season

## First Grade GPS Premiers & Second Grade GPS Premiers 1st Time In School History

It has been a privilege to be MIC of Tennis in such a successful season. The results of the season are due to many years of effort from head coach David Deep and support from Dr Jaggar, the previous sports Master Mark Pavone, current Mick Aldous, parents and of course the boys current and past. Overall, in GPS rounds 13's - 1st Grade won 68% of all matches. Greatest standouts are the First Grade GPS Premiers who won 93% and Second Grade GPS Premiers wining 90% of matches. Our last fixture verse Kings was met with extreme enthusiasm and the boys did it in style winning 10-2 in 1st Grade and 12-0 in 2nds. Immediately following was the end of season tennis BBQ. In my opinion, this was a great event. I hope that all the boys and parents had a great time. All those involved in the tennis program coaches, players and parents will be encouraged to complete the end of season evaluation.

Mr K Rich MIC of Tennis

## First Grade - GPS **Premiers**

On Saturday, the First-Grade team went to North Parramatta to play away against The Kings College. We were finally blessed

with good weather with the last few weeks all being subject to rain. We started the day with an 8-point lead against Newington College, meaning we only had to win five out of our nine matches to secure the premiership. However, we made a pact with ourselves before play commenced that we would aim, like usual, to win all twelve matches, stay in the moment, and not get carried away by the scoreboard. The number 1 doubles was lost in a tight three sets, while the number 2 and 3 doubles were won in straight sets. Stevie lost his singles this week in two extremely close sets, his only singles loss this season. We finished the day with a 10-2 win, meaning we had easily won the premiership. This has been a long time coming, and is our first premiership win since 2004. On top of that, I would like to acknowledge the 2<sup>nd</sup> grade team who also took out their respective premiership. Also, the three boys travelling to Bathurst next week to compete in the CHS team: Stevie Young, Andre Putilin and myself,

who have been selected to play in the GPS combined team held next week. I enjoyed playing this season, as I am sure the rest of the boys have. This season could not have been possible without the support from Dr. Jaggar who attended nearly every Saturday, our new MIC Kurt Rich, our head tennis coach David Deep, the 2nds coach Eion Considne, the parents, teachers and students who gave up time to support the tennis programme. I thank all involved in making this season a season to remember and I know we can do the same next year.

Matthew O'Sullivan First Grade Captain

## Second Grade - GPS Premiers

Well, we are finally at the end of the 2016-2017 AAGPS tennis season; and what a way to finish! With the weather finally being sunny, the boys played flawlessly in the doubles, dropping just eight games across all three matches. In the singles, there were a few minor scares as Wanyu, Danny and Cyrus fell behind in their sets. However, they eventually clicked into gear, completing their matches in straight sets. Aaron and I had comparatively easier matches, where we also cruised to a straight sets win. The main star of the day, though, was

Khobi Deep. Losing

the first set 5-7 after coming back from being 1-5 down, he rallied to win the second in a close contest 6-4. In the third set, things looked bleak when he was down 2-5 (15-40), with

his opponent having two match points. However, after some intense grinding, he managed to claw that game back before eventually levelling the scores at 5-5. A suspenseful wait ensued as the two continued to battle, until Khobi finally broke his opponents serve to go 6-5 up. Serving for the match, a few double faults by Khobi kept all of us on the edges of our seats, afraid that the set would go to a third set tiebreaker. Luckily, he pulled through, and we ended the day 12-0 against Kings. That final match had lasted for almost 3 hours. This added icing to the cake for our GPS Premiership win, the first time ever in the school's history. This is also an amazing achievement, since we have now beaten three teams 12-0, arguably the best performance for 2<sup>nd</sup> Grade ever. I am extremely proud to have played with these wonderful men for the past two years, and I will certainly miss the training sessions and nervous match days in the future. I hope that future generations will continue to win, and I look forward to seeing High's reputation as a tennis powerhouse endure for many years to come.

George Ge **Second Grade Captain** 



## VERITATE ET VIRTUTE



## Cricket Results – 2017 Term 1 Week 6:

## Saturday 11 March 2017

Team	Score	Result	Highlights
1st XI	SBHS 10 – 91 v King's 8 – 262	Lost	Sabesh Murugananthan 41, Hunar
			Verma 4-42
2 <sup>nd</sup> XI	SBHS 10 – 45 v King's 0 – 46	Lost	
4 <sup>th</sup> XI		Bye	
5 <sup>th</sup> XI		Bye	
16A	SBHS 7 – 66 v King's 2 – 66	Lost	
16B	SBHS 10 – 53 v King's 0 – 54	Lost	
15A	SBHS 1 – 96 v King's 9 – 95	Won	Menuja Goonaratne 45*,
			Saarangan Arvind 41*
15B	SBHS 10 – 34 v King's 1 – 36	Lost	
15C		Bye	
15D		Bye	
14A	SBHS 10 – 71 v King's 2 – 72	Lost	
14B	SBHS 9 – 67 v King's 8 – 68	Lost	
14C	SBHS 6 – 102 v King's 6 – 86	Won	Arghya Khan 3-7
14D/13D	See 13D		
13A	SBHS 10 – 73 v King's 3 – 74	Lost	
13B	SBHS 10 – 20 v King's 10 – 136	Lost	
13C	SBHS 10 – 35 v King's 8 – 143	Lost	Ben Wang 4-9
13D/14D	SBHS 10 – 55 v King's 4 – 217	Lost	_
	W/O = Washed Out		
	E/H = Extreme Heat		
	N/A = Not Available due to two-day match		

## Cricket Report

For 1st and 2nd XI GPS points ladder please go to: http://aagps.nsw.edu.au/summer-sports/cricket/

After three weeks of no play we managed to finish the season off with the sun out allowing all teams to play against King's.

The 1st XI were up against a determined King's side, knowing a win here would potentially give them a chance to take out the premiership. We bowled first and the boys fought hard restricting them to 260 taking the state cricketer, Baxter Holt, for just 14 runs. Hunar Verma has matured over the season and was the pick of the bowlers with 4-42. The batting started well with Sabash Murugananthan steering the ship as he has done all season with another emphatic 41. Unfortunately, the team

was unable to continue on and gave King's the victory and also the premiership.

Sabesh has had a fantastic season being the second highest run scorer in GPS with 371 runs at an average of 53. He was an automatic pick for the combined GPS team that consisted of five other state players. It is great see the strength of GPS cricket that is now proving to be a force to be reckoned with in the coming seasons. They played last week in the NSW Schoolboy Championship. Unfortunately, due to bad weather the week was officially abandoned that prevented Sabesh's chance of displaying his true ability against top class bowlers. I hope he has the ambition to go and continue his cricketing career.



Sabesh Murugananthan after scoring 40 against King's

The team of the season has been undoubtedly our 15As. They went into this match knowing that this was the equivalent of their Grand Final match with both us and King's being undefeated leading into this match. King's batted first and our bowlers and fielding did a fantastic job in reducing them to under 100 runs. The boys batted superbly and chased down the target with four overs remaining and with just one wicket down. For the record, this team has now gone 19 consecutive matches without loss, including GPS fixtures and trials and 'East Coast Cup' matches, and several washed out draws, since their October 2015 round two loss to St Joseph's, as the 14As.

With a very young first and second XI team and the coming of the U15s age group cricket will undoubtedly have a strong future at the school. Well done to U14Cs who won their first match in over two seasons. The U14Bs had their third straight narrow loss. They have been in the contest for most of their matches. Next season I am sure they will get a more wins.

During the week we took the boys over to the SCG to watch NSW play against South Australia. The boys got the opportunity to see Ed Cowan score a century and Moises Henriques score a half century.

Once again, I would like to thank everyone for a great season. I would like to especially thank all the coaches, players and parents for their continued support. The boys really appreciate it and it creates a strong culture and spirit within the school. Enjoy the time off and we will start building for the 2017-18 season.

Geoff Tesoriero MIC of Cricket



15As, Menuja Goonaratne and Saarangan Arvind guiding their team to an undefeated season



SBHS students cheering Ed Cowan for his century

# **SHOOTIN 213 HOOPS**

Welcome all to the final Shootin' Hoops of the season! A very successful week making that final impression against Kings. Congratulations to all teams this year. Every team has shown such great improvement throughout the past six games! Special mention to the 15As, Bs and Cs, all three teams undefeated in the season, also to the 14s for a massive improvement, achieving many more wins than last season. The 16s and 15s have lost only one game each, which is a huge achievement, showing Highs dominance in basketball. Also congrats to the opens grade, with only one loss from ten this season. High praise to this team for bringing great pride to our seniors' basketball. Congratulations to firsts who have managed a placing of 5th this year and seconds with a placing of 2nd, with S. Diaz dropping 19 points, 10 rebounds and 6 assists for a double double, and Noah Casaclang for dropping 19 points as well. Overall, High vs Kings game reflected not only the monumental achievements that each player has worked towards this year, but also the achievements made by the team as a whole that have developed through friendships, teamwork and heart for the game of basketball.

The Basketball Dinner is coming up so make sure you have your gifts for your coaches! The deadline is Friday 24 March so hand in your \$40 and notes by

then. There are only a limited number of seats, so remember to come and pay for yours now! <u>Award recipients must attend</u>; they have been reminded by the office if they are to be receiving an award! Here's to a great season of High Basketball!

The GPS basketball season has now ended, marked by the start of the winter season. However, just because the season has ended, does not mean that basketball has stopped. Ball hard in the off-season with your mates, so together we can come back strong next season! Thank you to everyone in the community. Thank you to the parents for driving and supporting their boys every week and those parents who run the BBQ every week. Thank you to the statisticians, videos and the boys for playing hard this season, also the coaches for devoting so much time into the teams. Finally, many thanks to Mr Hayman. High basketball would not be running as well as it does if it were not for him. He puts so much of his own time and effort into making every week perfect, so thank you so much Mr Hayman. Once again, great season for basketball, don't stop balling! Play Hard, Play Smart, Play Together. Go High!

## SEE FOLLOWING PAGE FOR RESULTS TABLE



UNDEFEATED 15As take a break during training at ECC in Minto

	RESULT	SCORE	TOP
			SCORER/MVP
1st	PREMIERSHIP	88-79	N.SUTTON AND
	WIN		B.MUSULIN
			29PTS
2 <sup>nd</sup>	PREMIERSHIP	55-41	TEAM EFFORT
	WIN		
3rd	WIN	29-23	T.ZHANG 7
4th	LOSS	30-34	I.CHANG 7
5th	WIN	34-23	C.WANG 11
6th	WIN	28-16	M.NG 9
7th	WIN	22-20	TEAM EFFORT
8th	WIN	50-20	J.TRAN 12
16A	LOSS	28-33	TEAM EFFORT
16B	WIN	34-23	TEAM EFFORT
16C	LOSS	24-26	TEAM EFFORT
16D	WIN	32-24	TEAM EFFORT
16E	WIN	31-13	Y.BUSHATI 13
16F	WIN	41-18	TEAM EFFORT
15A	WIN	22-16	S.MERRICK 10
15B	WIN	40-25	K.WILSON 11
15C	WIN	25-20	J.LEE 7
15D	WIN	31-19	D.THICH 10
15E	WIN	36-15	K.LI 9
15F	WIN	51-3	T.WANG 22
14A	WIN	25-21	TEAM EFFORT
14B	LOSS	25-26	J.LUO 10
14C	LOSS	26-28	TEAM EFFORT
14D	WIN	29-21	F. NGUYEN 10
14E	LOSS	14-30	J.XU 8
14F	WIN	15-23	TEAM EFFORT
13A	LOSS	9-83	K.HASAN 4
13B	LOSS	16-39	TEAM EFFORT
13C	LOSS	11-27	Y.SHEN 11
13D	LOSS	13-28	W.LI 6
13E	LOSS	6-50	TEAM EFFORT
13F	LOSS	10-21	O.CHEN 4

TEAM	RESULT	SCORE	TOP	
			SCORER/MVP	
1st	5 <sup>TH</sup>	74-68	S.DIAZ 19PTS, 10	
	OVERALL		REBS, 6 ASSISTS	
2 <sup>nd</sup>	2 <sup>ND</sup>	53-31	N.CASACLANG	
	OVERALL		19	
3rd	LOSS	28-34	J.ZHAO MVP	
4th	WIN	45-21	F.FANG 12	
5th	WIN	40-36	O.WU 6	
6th	WIN	49-24	A.ZAFAR 22	
7th	WIN	38-25	Y.SHEN 8	
8th	WIN	35-21	J.WANG 12	
9th	WIN	36-20	C.SO 8	
10th	WIN	33-0	R.GU 9	
16A	WIN	41-36	V.NARAYANAN	
			17	
16B	WIN	36-20	J.XIE 11	
16C	LOSS	16-31	TEAM EFFORT	
16D	LOSS	22-12	TEAM EFFORT	
16E	WIN	26-19	J.XIAN 8	
16F	WIN	57-12	J.XU 10	
15A	WIN	59-48	E.FITZGERALD 18	
			PTS + 7 ASSISTS,	
			K.LISICA 16 PTS	
15B	WIN	26-21	H.YIN OVER 9000	
15C	WIN	22-20	S.CHEN GAME	
			WINNING SHOT	
15D	LOSS	18-22	R.AH-KOON 8	
15E	WIN	23-21	R.SUN 6	
15F	WIN	37-9	R.ZHU 8	
14A	WIN	40-30	TEAM EFFORT	
14B	LOSS	45-26	V.ZHANG 10	
14C	LOSS	11-36	TEAM EFFORT	
14D	LOSS	12-21	J.LI 4	
14E	LOSS	28-22	A.GU 6	
14F	LOSS	13-15	R.ONG 8	
13A	LOSS	18-51	A.WANG 8	
13B	LOSS	53-10	J.NGUYEN 4	
13C	LOSS	44-9	I.CHAN 4	
13D	LOSS	45-8	S.CHEN 6	
13E	LOSS	27-10	H.MULLEN 4	
13F	WIN	9-8	D.FREEMAN 4	



UNDEFEATED 15Bs and Mr Higgins



UNDEFEATED 15Cs and Mr Higgins



UNDEFEATED 15As at their post-game BBQ

### FITNESS ASSESSMENT FEBRUARY 2017

The PDHPE Department has again assessed the physical fitness levels of our students, Years 7 – 10. The most important health-related test is the 1.6km run for cardiovascular endurance.

An assessment of 90% or better required a student to run the 1.6km in a time of 6 mins 30 secs, approximately, depending on the age of the student. An assessment of 50% or better, required a time of between 7 and 8 minutes, depending on age. A result of 10% or less means the 1.6km run was completed in a time greater than 9 mins 30 seconds. Each student in Years 7 – 9 should have a copy of their assessment schedule and results for February 2017 in their PDHPE theory books. Parents are encouraged to review their son's results with them.

The following table shows the benchmark times for each year group and the number of students able to reach that mark.

Year 7 time = 9 minutes	Year 8 time = 8 minutes	Year 9 time = 7m 15	Year 10 = 7 minutes
82 students or 47%	68 students or 40%	secs	34 students or 17%
		83 students or 42%	

Outstanding performances this term included:

Year 7	Year 8	Year 9	Year 10
Kane Shields 6m 34s	Rhys Shariff 5m 28s	,	Eric Holmstrom 4m
		11s	44s

## Fastest times are held by:

Year 7	Year 8	Year 9	Year 10
Eric Holmstrom	Eric Holmstrom (2015)	Eric Holmstrom (2016)	Eric Holmstrom (2017)
(2014) 5m 12s	5m 01s	4m 49s	4m 44s

## Percentile band results for February 2017

Percentile band	No. of students in each	No. of students in each percentile band				
	Year 7	Year 8	Year 9	Year 10		
70th – 99th band	16	24	46	29		
40th – 69th band	31	39	47	32		
5th – 39th band	124	107	103	132		
Non-starters	9	10	13	13		

Mean results for each year group 2014, 2015, 2016 and 2017

	Feb '14	Sept '14	Feb '15	Sept '15	Feb '16	Sept '16	Feb '17
							17
Year 10	51%	50%	50%	55%	51%	53%	40%
Year 9	50%	68%	51%	70%	48%	50%	49%
Year 8	47%	61%	40%	55%	49%	64%	37%
Year 7	34%	53%	31%	57%	34%	51%	35%

It is interesting to compare a Year group over time against themselves, as well as against previous Year groups. This year, Year 10 collectively scored an average of 40%, which puts them at a similar position to their start in Year 8, 2015. Unfortunately, only 17% were able to meet the 7-minute benchmark for Year 10. On a very positive note, congratulations to Eric Holmstrom, running the fastest ever 1.6km time of 4m 44s. It gives him the "grand slam" and throws down the challenge to those who wish to excel.

G. Stein.

HT PDHPE





## **CHS Selection Trials**

This year, the Cross Country event will involve a vastly smaller number of students and staff; **the whole of Year 7**, all **new** students to the school, **20 students** from **each** competing age group and 7 staff members. The carnival will be held at Centennial Park, McKay Oval & fields.

Students selection will be based on the top 10 places from the previous year's cross country event and a further 10 competitive students who would like to register and compete in this year's event.

Students interested in trialling for the CHS Cross Country representative team are to see Ms Dam in the IA Department, to register their interest. If your name is not on a registration list, you do NOT trial.

Parents:	Your son w	Your son will be dismissed earlier than usual on <i>Monday</i> , 8 <sup>th</sup> May 2017				
Program:	1.00 pm	17 & 18 years	6 km	3 Loops		
	1.20 pm	16 years	4 km	2 Loops		
	1.40 pm	15 years	4 km	2 Loops		
	2.00 pm	14 years	4 km	2 Loops		
	2.20 pm	13 years	2 km	1 Loops		
	2.35 pm	12 years	2 km	1 Loops		

## Directions:

- Students are to attend regular classes for periods 1 & 2 (recess). Students leave for Centennial Park at the start of Period 3 for the Cross Country CHS Trials.
- On the day of the carnival, Year 7 students are to wear either PE gear or sportswear for the day.
- Students are to cross the road at lights only.
- Runners should eat their lunch at the recess break, so not to get sick while competing in the race.
- New students will have a pre-race course walk to familiarise themselves with the course.
- Stay in supervised viewing area and watch the other years until your race is called.
- When your race is called go to the starting area.
- At the finish you will be given a place ticket.
- If you are in the first 15 places you go to the first 15 table to have your position recorded, and then proceed to your House Roll Table.
- All runners to proceed with finish ticket to your House Roll Table to have your attendance marked.
- Tell the teacher your name, roll class and finishing position.
- After the race you will be dismissed by a teacher.

# Everyone attends and must compete <u>unless you have a doctor's medical certificate f</u>or illness. Students with a Medical certificate must hand it in to Mr Barris by 9am on Friday morning. You must run in shoes. Stay on the course and follow directions from course marshals. Spectators must stay within the viewing area and are not permitted on the course. Winning house determined by the lowest total of the first ten runners to finish. To qualify for the Award scheme you must compete & finish. Top ten runners will comprise the provisional school team to compete at the zone. Only the first 15 places will be timed. Cross Country Champions will be selected from this event. Any MIC ruling is final.

## Additional Info:

The School Cross Country is the first qualifying event within the CHS Competition.

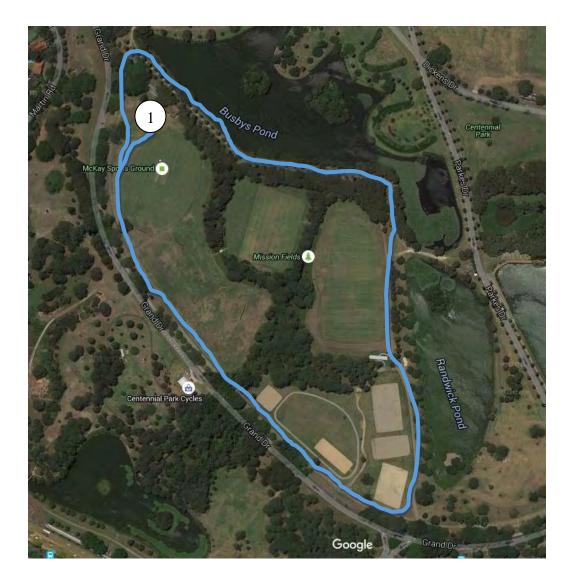
The first 10 runners for each age division will make up the school team for the Eastern

The first 10 runners for each age division will make up the school team for the Eastern Suburbs Zone Carnival. The first 10 runners at the Zone Carnival will compete at the Sydney East Regional Carnival and the first 10 runners from Regional Carnival go on to the NSW All Schools Carnival.

Blue track used for all age groups.

Anti-clockwise direction.

## **CHS Selection Trials**







## Course Map & Directions



Start and finish.

Parents:					
Program:	1.00 pm	17 & 18 years	6 km	3 Loops	
	1.20 pm	16 years	4 km	2 Loops	
	1.40 pm	15 years	4 km	2 Loops	
	2.00 pm	14 years	4 km	2 Loops	
	2.20 pm	13 years	2 km	1 Loops	
	2.35 pm	12 years	2 km	1 Loops	

Your son will be dismissed earlier than usual on *Monday*, 8th May 2017



## SYDNEY BOYS HIGH SCHOOL ROWING COMMITTEE

## Rowing Dinner Saturday 25 March 2017 The Great Hall 6.00pm

## The Rowing Committee invites you to the traditional 'End of season' Dinner

It is a very special opportunity to celebrate the efforts and achievements of all our boys as well as acknowledge staff, coaches and supporters.

All crews will be introduced on the stage

## All rowers are required to attend and should wear full school uniform.

The evening is both a formal introduction of our representative crews for the season and a great opportunity to socialise and show support for the boys after their efforts in the GPS Head of the River.

## The cost of the dinner is \$40 for adults and students.

We look forward to a full house with all boys and their parents attending.

Kind regards

Tracy Whittaker President Rowing Committee Elliot Shackcloth-Bertinetti Director of Rowing

## YOU CAN COMPLETE FORM BELOW AND HAND IN TO THE MAIN OFFICE BY TUESDAY 21st MARCH.

2017 ROWING DINNER		
Student Name	Roll class	
Ticket cost: \$40 No of Tickets:	Total Cost:	
Type of payment: Cheque ☐ Cash ☐	Credit Card  Type: Visa  Mastercard	
Card Number:	Card Expiry Date /	
Cardholder's Signature	Business hours contact phone	_ (Office Use Only)
Please complete the following so that we	can allocate tables:	
2017 ROWING DINNER		
Student Name	Year	
Number of adults Number of	of studentsUNABLE TO ATTEND	
Do you have any special dietary requirement	ts?	

		Canteen Price	List 2	017			
Breakfast		<b>Lunch and Rece</b>	ss Ite	ems	Hot Food		
		*So you don't miss out on wha	*So you don't miss out on what you want for lunch,				
Cheese Toast	\$1.50	make sure you ORDER it before school		Chicken Fingers	\$1.50		
Cheese & Tomato Toast	\$1.80				Chicken & Corn Roll	\$1.50	
Cheese/spinach/tomato toast	\$2.00				Chicken Burger	\$4.20	
Bacon & Egg Muffin	\$3.20	Sandwiches / Wraps / Rolls		Rolls	Chicken Mayo Roll (hot)	\$4.00	
Hot Chocolate (3rd Term)	\$1.00	Buttered Roll		\$1.40	Chicken Mayo Sandwich (hot)	\$3.20	
		Cheese & Tomato (v)	\$1.80	\$2.40	Chicken Schnitzel Roll	\$4.00	
		Cheese & Salad (v)	\$2.80	\$3.20	Foccacia - chicken/avo/cheese	\$3.00	
		Chicken & Coleslaw	\$3.80	\$4.40	Foccacia - chicken/mayo/cheese	\$3.00	
		Chicken & Lettuce	\$3.80	\$4.40	Garlic Bread (v)	\$1.50	
Fruit / Snacks		Chicken & Salad	\$4.00	\$4.60	Japanese/teriyaki don, noodlesetc	\$5.00	
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$2.80	\$3.20	Lasagne/Macaroni Cheese	\$3.50	
Fruit Salad	\$3.50	Dagwood Roll		\$3.80	Noodles In A Cup	\$2.50	
Banana Bread	\$2.20	Egg & Lettuce (v)	\$2.80	\$3.20	Pasta - homemade	\$3.80	
		Egg & Salad (v)	\$3.00	\$3.60	Pide - sausage, chicken/mushroom	\$5.00	
assorted snacks at various price	es	Ham & Tomato	\$3.20	\$3.80	Pide - spinach/cheese (v)	\$5.00	
		Ham & Salad	\$3.60	\$4.20	Pie - Garlo's (halal)	\$4.50	
		Roast Beef & Tomato	\$3.20	\$3.80	Pie - meat (sauce+20c)	\$3.80	
Drinks		Roast Beef & Mustard & Lettuce	\$3.20	\$3.80	Pie - Pizza	\$3.80	
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$3.60	\$4.20	Pie - potato	\$4.50	
300ml Flavoured Milk	\$2.00	Salad (v)	\$2.60	\$3.20	Pizza Slab	\$3.20	
600ml Plain Milk	\$2.00	Salmon & Salad	\$3.80	\$4.50	Rice Box - homemade	\$4.00	
600ml Flavoured Milk	\$2.80	Vegemite	\$1.20	\$1.50	Sausage Roll	\$2.80	
Up & Go	\$2.00	Turkey cranberry	\$3.60	\$4.20	Spinach Ricotta Roll (v)	\$2.80	
Water - spring	\$1.20	Wraps	\$3.60		Steak & onion roll	\$4.00	
Water - Pump	\$3.00	Anari	\$3.40		Sweet Chilli Chicken Sub/Wrap	\$4.20	
Water - Quench carbonated	\$2.00	Sushi	\$3.40		Traveller Pies	\$3.80	
Berri Juice		Salad Boxes(meat or egg)	\$5.50		Falafel Wrap	\$4.20	
2011 34100	Ψ2.00	Salad Box (plain)	\$5.00		r didioi widp	Ψ11.20	
		Vietnamese Rolls	\$3.40				
		Violidinoso Itolio	ψ0.10				
					Miscellaneous		
					Tissues	\$0.60	
					Spoons / Forks	\$0.05	
					(supplied free with meal puchase)	40.00	
					(Supplied free With Friedlip defidee)		
Special Orders					Seasonal Foods		
# If you have specific dietary nee	eds or your				**NB Not all food items are available	all the	
favourite sandwich is not on the menu - all you have to do is ask! We may be able to make it for you. Make sure you order before school.					time. For example, home style lunch boxes - pasta, rice, salads, soup etc are all seasonal. Please check with the canteen before you order.		
		2017 PRIC	E LIS	T			
8 30 to	9 00 ar	⊥ n *Breakfast is availab	le * Ti	ime to n	lace lunch orders		
ALL CANTEEN PROI	FIIS AKE KE	I OKINED TO THE SCHOOL FOR THE	BENEFII (	THE BOYS	' EDUCATION AND DEVELOPMENT		



## **Dr Mandy Liu**

Bachelor of Dentistry (Hons) (Syd.) Bachelor of Medical Science (Syd.) Master of Public Health (Merit) (Syd.) Grad. Dip. Health Law (Syd.)

## **Dr Kate Jung**

Doctor of Dental Medicine (Syd.) Bachelor of Science (Adv.) (Syd.)

Phone: (02) 93 000 999 Address: 50 O'Brien St, Bondi Beach, NSW Email: info@dentistmandy.com.au

Opening: Mon-Fri 10am-7pm, Sat 9am-5pm

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## **APRIL** 2017

## SCHOOL HOLIDAY COURSES!



## **FOR TEENS! 13-17 YEARS**

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## **FOR KIDS! 9-12 YEARS**

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Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7 A	Mufti Day BBQ - Lak Saviya/KRMV (Y10 Charity) BEBRAS Computing Competition, 10:10-11:10 (years 7-10) Preliminary HSC Assessment: Ancient History Task 1, period 2, room 402 Peer Support: VE1-P4(607), VE2-P4(801) GPS Basketball Try outs, Riverview, 16:00-18:00	Year 9 History Canberra Excursion HSC Music 2 and Extension workshop: The Great Hall	15 *** Year 9 History Canberra Excursion Brainstorm Productions -	16 ***  Change to Winter Sport (Years 7-9)(non-rowers) GPS Headmasters Dinner: The Great Hall, setup-09:00, event-pm National Latin Exam: Senior Library, p1-2 (selected students years 9-12) Peer Support: VE7-P1(801), VE9-P2(901) Class tests: 10MaL-P2, 7MaF-P3 Sailing: State Schools	Marching Band Rehearsal, MPW, 08:00-09:00 Class test: 8MaP-P3 Music: Rehearsal, The Great Hall, p5 Cricket: Dinner, Great Hall, 18:30-21:30	Rowing: GPS Head of the River, SIRC Parking: Waratahs v Brumbies, 19:45	19 Tennis: CHS Tennis
8 B	Peer Support: VE5-P2(204) Preliminary HSC Legal Studies Assessment: 11LS2-P1, 11LS1-P3 Class Tests: 9MaP-P1, 10YHs-P1, 10YC-P1, 10ZHs-P3, 10ZC1-P3, 10ZC2-P3, 10XHs-P4, 10XC-P4 Tennis: CHS Tennis Volleyball: CHS Tournament Music: HSC Encore Performance, Sydney	Year 12 Meeting, Great Hall, 09:55-10:20 Tennis: CHS Tennis Marching Band Rehearsal, Great Hall, 15:30-16:30 Class tests: 9WC-P1, 9YC-P4 Peer Support: VE4-P2(801), VE3-P3(603), VE7-P3(801) Harmony Day Volleyball: CHS Tournament	Year 9 Meeting, Great Hall, 09:55-10:20 Class Tests: 7MaR-P1, 8MaL-P3, 11M22-P3, 9XC1-P4, 9XC2-P4, 9ZC-P5 Volleyball: CHS Tournament	Basketball: Sydney East Basketball CHS Opens Knock Out (tbc) Excursion: German, Continuing German courses at University, Sydney University, 10:00-14:00 (selected years 10-12) Excursion: French Film Festival school screenings (Selected years 9, 10, 12) Class Test: 10MaB-P2	Years 7, 11 and 12 vaccinations and Year 8 catch ups, Jnr library, 09:00-13:00 Business Studies: Preliminary assessment task: 11BSt-P3, 10YBs-P4 Peer Support: VE6-P1(401), VE8-P3(212), VE9-P5(207) Basketball: ISA v GPS 17:00-21:00 Hockey: SE Hockey Boys'	25 Football: SPX v SHS (1sts and 2nds only) Rugby: SPX v SHS Rowing: Dinner, Great Hall, 18:30-21:30 Parking: Sydney Swans v Port Adelaide, 16:35	26
9 C	27 Year 8 Geography/History Excursion Rugby: CHS ul6 Trials, Endeavour Sports High School Preliminary Assessment Task: Economics: 11Ec3-P2, 11Ec1-P4, 11Ec2-P5 Peer Support: VE6-P1(505)	Year 12 Study Day High Resolves - Year 7 (Collective identity), Great Hall, 09:00-14:00 Poetry Slam, Room 204, 11:10-11:50 Marching Band Rehearsal, Great Hall, 15:30-16:30 Parking: Socceroos v UAE, 20:00	Year 12 Assessment Exams Peer Support: VE1-P1(603), VE2-P2(801) Summer Sport Reports to be submitted to Record Committee Basketball: CAS v GPS, 17:00-21:00 Rugby: SE SSA Trials	30 Year 12 Assessment Exams Class tests: 10MaC-P1, 10MaU-P1, 8MaS-P3	Year 12 Assessment Exams Peer Support: VE4-P2(901), VE5-P2(204), VE8-P2(304) Class tests: 9MaA-P2, 7MaE-P3, 7MaS-P3 Basketball: Dinner Set-up, 13:00-17:00 Basketball: Dinner, Great Hall, 18:30-21:30 Debating: Eastside SHS v SGS Debating: FED Barker v	1 Football: SHS v CS (16s and Opens) Rugby: SHS v SACS Cross Country: Cranbrook, Trial 1, Mutch Park Volleyball: CS v SHS Waterpolo: Dinner, Great Hall, 18:30-21:30 Parking: Sydney FC v Melbourne City, 19:50	2 Daylight Saving ends Cricket: Cricket Prospectus Day, COLA, 10:00 - 13:00 Parking: Waratahs v Crusaders, 16:05
1 B	24 Staff Development Day	25 ANZAC Day - Public Holiday Marching Band Sydney City March, 08:00-14:00 Parking: Roosters v Dragons, 16:00	26 School resumes Year 9 Half Yearly Exams Year 11 Half Yearly Exams HSC Assessment: English Extension 2 report due PDHPE 1600m runs Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30	Year 9 Half Yearly Exams Year 11 Half Yearly Exams Geography Competition, all Years, Pl PDHPE 1600m runs	28 Year 9 Half Yearly Exams Year 11 Half Yearly Exams PDHPE 1600m runs Parking: Rabbitohs v Sea Eagles, 18:00 Debating: FED SHS v MLC	Pootball: SHS v TKS Rugby: Shore v SHS Cross Country: Knox, Competition 1, St Ives Volleyball: SHS v TKS	30