



From the Principal High Talent

Congratulations to Tully Moffat (12M) on his selection in the combined GPS cricket team. At the recent Roberta Nutt Individual Fencing Competition Lachlan Ho (Year 8) won Bronze in the U13 Foil category; William Zeng (Year 10) won Gold and Matthew Pellen (Year 8) won Bronze in the U15 Epée category. Well done, boys!

Premier's Priorities

The Premier wants to increase the percentage of all students in the top two NAPLAN bands for reading and numeracy by 8% by 2019. We have in our School Plan the goal of increasing our conversion statistics from Year 7 Band 9 to Year 9 Band 10. Last year our Year 7 intake had 66.9%. At High we don't teach explicitly to the NAPLAN tests. It's up to the boys to perform wholeheartedly and to monitor their own growth in these important skills. We have incentivised NAPLAN through offering performance bonuses in the Student Awards Scheme. Teachers have been asked to analyse NAPLAN results diagnostically to identify areas of skills weakness. There may be a need to modify some teaching programs to include explicit teaching of deficient skills.

For example, in 2015 Year 7 writing results were 7.5% below our medium term average for Band 9 and the reading results were -2.4% on the average scores 2010-15. Spelling was -1.3% but grammar and punctuation were promising at +7.5%. Numeracy was just below average at 98.9% in Band 9. In order for acceptable progress to be achieved, we need to convert Year 7 Band 9s into Year 9 Band 10s. In Year 9 there were only 22.6% of writers in Band 10, a loss of 2.9% compared to Year 7. In Year 9 spelling 60.1% of boys were in Band 10, compared to 80.3% in Band 9 in Year 7. In grammar and punctuation only 36.1% of boys scored Band 10, a worrying decline from 81.5% in Band 9 in Year 7. Naturally, the boys in each of the tested groups are different, but the school achievement patterns are exhibiting similar

trends. Plainly, we have to intervene across the curriculum in order to raise the conversion rate from Year 7 to Year 9 in these key areas of personal expression. Explicit teaching of concepts and skills will be required.

Trusts for the Benefit of High Boys

The *Sydney High School Foundation* holds trusts for the benefit of the school. Accounts for our trusts show that as of December, 2015 balances were: \$108,858 for the Ethel Killip Memorial Trust; \$100,709 for the Prizes Trust; \$83,884 for the Phil Day Memorial Scholarship Trust; \$42,169 for the Student Support Trust Fund and \$7,853 for the Mitchell Seow Memorial Prize Trust. Usually, half of the interest earned on these Trusts is donated to the School for uses determined by the Trust Deeds. However, due to recent very low interest rates, interest has been retained (2014-15) in the interests of maintaining the real capital value of the trusts, given that inflation is running at 2.5%. The Seow Trust funds a specific prize. The *Student Support Trust* supplements the *Student Equity Funds* with direct financial help to students in necessitous circumstances. The *Phil Day Trust* funds an annual scholarship worth \$1,500. The *Prizes Trust* helps to pay for some of the \$32,000 worth of prizes awarded each year to students. The *Ethel Killip Memorial Trust* pays for the replacement and upkeep of honour boards, memorabilia of Old Boys, photographs on walls and the school artworks collection. Last year we spent \$16,000 on establishing our indigenous art collection in McDonald Wing. As well as being a pleasant adornment to McDonald Wing, we hope it will become a teaching collection for local schools.

Driving on School Grounds



Students move around inside the school grounds very frequently, presuming they are safe. They frequently do not attend well to their surroundings, being distracted by their friends or technology. They may run out from behind a parked car or across a driveway. In the area in front of the UTS gymnasium there is a great deal of pedestrian and vehicular traffic

Several cars driven by parents have been observed travelling towards the school building at speeds well in excess of 10km/hr. They also execute three point turns in the bus bay area where visibility down the hill is poor. Parking is always requested to be rear to wall or rear to fence to maximise driver views of the roadway. There have been several tragedies involving SUVs and small children in recent years in schools. In the interests of providing the maximum possible safety for our students, staff and visitors, please be careful and drive slowly in school grounds. Try to enter by gate 1 and exit by gate 2.

Summer Sport Co-Payments

The rolls for summer sports and activities have now been finalised. In many activities co-payments are levied for the season, so boys in Years 8-12 continuing in a summer sport will have paid their co-payments already. If they have not, I urge them to do so. However, for Year 7 and recently enrolled students, one term of summer sport will be levied. Also, a few activities have term-by-term co-payments. These are due now. For 2016 the agreed figure for **Term 1 only** co-payment is \$74. Certain *Supporters Groups*, with agreement from parents, decide upon higher co-payments for some expensive to run sports, such as rowing (\$250 per term), sailing (\$305) and rifle shooting (\$165 small bore, \$190 full bore). For winter sports the agreed base co-payment will be \$148. Individual Supporter Groups need to advise the Principal before the end of term 1 what adjustments they may have made for the upcoming winter season. Co-payments are generated from a central spreadsheet controlled by the School Administration Manager. MICs and Supporters Groups cannot vary co-payments without the permission of the Principal in writing. The SAM adjusts the spreadsheet when notified by the Principal but only **before** the season starts.

Dr K A Jaggar
Principal

Debating Report

Debating MIC Report



Please can I remind all debaters and their parents to sign up to the debating email at; Sbhsdebating@gmail.com

This is a weekly email that gives information about competitions, week by week teams and other important news. It is crucial that someone in the family reads this email EVERY week.

Trials are taking place in Senior years and are starting to be arranged for Juniors. If you are interested in trialling for GPS, make sure you sign up.

Over the next few weeks I will be checking the rolls and organising for invoices to go out. If you are not committed to debating, you must see me to get your name off the roll otherwise you will need to pay. Two boys in Year 7 are unable to make a weekly commitment to debating so I have two spaces for boys who missed out. Please come and see me if you are interested.

Rachel Powell
MIC Debating

From the Junior Library

New Students – Come and See What is Happening and Borrow Some of Our New Books



Our students can come into the junior library from 7:30 am, but we do not open after school. All of Year 7 are now able to borrow books, So we

hope everyone has! This picture of boys before school was taken on Monday this week.

Library Introductions

Every Year 7 Student should now have been introduced to the Library and the Portal during Values Ed lessons/Peer Support periods. Every Year 7 student now needs some further Library introduction and also needs to learn how to borrow an E book.

Genre

If you have ever looked up Wikipedia to find out about genre everyone discovers they did not know as much about this as they might like to know. Our Junior Library is in the process of re-organising the 4000 or so books in our fiction collection into a genre based search system. Just for fun our Library Monitors are going to be putting up genre signs and definitions. We might make it into a competition and see who can be the first person to correctly mix and match the definitions and the genres.

Oliver Front Page

AUTHOR OF THE MONTH – Haruko Murikami. This month one of our more discriminating readers wanted to put Murikami up over more “popular” literature choices. This very well established Japanese author has been delighting readers for years with the poetic quality of his thinking and writing. Have a look at Oliver Front Page on a regular basis. Among other things it tells you what our newest books are.



P&C



High Family

NEXT MEETING

**Monday 14 March
Great Hall, 6:30pm**

2015 HSC Results Presentation

During the next P&C meeting on Monday 14 March, Dr Jaggar will present a detailed analysis of the school's 2015 HSC results. This will assist parents to familiarise themselves with the courses and terminology associated with the HSC and ATAR scores. Dr Jaggar's presentation will be of interest to all parents, and those with boys in Years 10 – 12 are particularly encouraged to attend.

All welcome!

Note - all new parents who are interested in learning more about the ways in which you can get involved and help at High are welcome to attend a brief information session prior to Dr Jaggar's presentation – from 6pm sharp to 6:25pm, in the Staff Common Room.

This Week's News

Please like the P&C Facebook page!

A new Facebook page has been created to communicate news from the P&C. The page will be regularly updated with upcoming events, meetings, calls for helpers and information of interest to the High community. Please like the page to keep up to date with the latest news!

www.facebook.com/sbhspandc

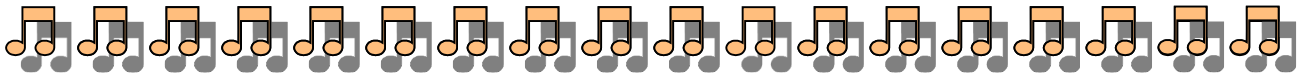
Upcoming Diary Dates

P&C Meeting

Monday 9 May
Staff Common Room, 6:30pm

Joint SBHS/SGHS P&C Meeting

Thursday 16 June
SBHS Great Hall
Guest Speaker and time tbc



MUSIC NOTES

Sydney Southeast Symphonic Winds (SSSW) 2016

Applications are now open for the SSSW (formerly the Sydney Region Band). Entry is by auditions which are held in Term 2, Week 2, May 2 – 5 @ Caringbah North Public School. SSSW provides advanced music education and performance opportunities for students in Years 5-8.

For more information, please visit the SSSW website on: www.gspensembles.com

Sydney Marimba Weekend

Robert Oetomo (Drum/Percussion @ SBHS) will be hosting an event for all percussion students. The Sydney Marimba Weekend is an annual event open to all school students of all ages and all levels. It will take place at Chatswood High School on Saturday 9-Sunday 10 April. For further information, please visit:

www.sydneymarimbaweekend.com

Music Committee Meeting

Our first music committee meeting for 2016 was held on Tuesday 23 February. We would like to thank parents/guardians and new parents to SBHS who attended the music committee meeting. Our next meeting will be on Tuesday 5 April, 6:30pm in the Staff Common Room. The focus for this meeting will be the Annual Music Camp. The SBHS Music Committee assists the Music Department with financial and practical support to enable them to offer this program. We also provide barbeques for the boys at some music events through the year. Being a SBHS Music Supporter does not require a huge commitment of your time.

Discussions are usually focused on instrumental requirements, fundraising and planning for upcoming performance events. You may have experience or contacts to help our fundraising for the music program or you may just like to attend to learn more about your son's performance music experience at SBHS. As a supporter you may volunteer your time once or twice during the year to assist with our fundraising parking, help on barbeques or assist at a performance event.

Music Scholarship

We are offering a few music scholarships this year: Viola (2), Bassoon (2) and Oboe (2). (Tuba Scholarship has

been given out.) If you are interested or would like more information about our music scholarships, please contact the music department on: music@sbhs.nsw.edu.au

Music Storage Room

To all boys who store their instruments in the music storage room, please place your instruments under the correct labels, do not block the pathway and make sure to close the door at all times for security purposes.

Important Music Dates

Music Committee Meeting: Tuesday 5 April, 6:30pm in the Staff Common Room

Marching Band Holiday Rehearsal: Friday 15 April & Thursday 21 April (10am-12:30pm) MPW

SBHS Marching Band City March: Monday 25 April in the City 8am-1:30pm (All concert and stage band members)

Meet the Music: Wednesday 4 May, 6:30pm @ the Opera House

Annual Music Camp: Wednesday 25 - Friday 27 May @ the Collaroy Centre

Music Ensembles

There have been a few changes to the music ensembles this year. Please do not hesitate to contact the music department for further information. Most ensembles start at 7:45am (unless stated otherwise). An attendance rate of 80% is necessary to obtain Award Scheme Points and a Music Pocket for Senior Students. Attendance will be checked EACH WEEK. It is important that you arrive 5-10 minutes before to help set up and tune. Please remember to pack up after rehearsals (tidy up the room/and stands back on rack downstairs near Room 101). Most importantly, remember to practice daily! PRACTICE MAKES PERFECT!

Instrumental Private Lessons

If you require an instrumental tutor for your instrument, please do not hesitate to contact the music department. You can also locate our instrumental tutor contact list outside the music staffroom.

An attendance rate of 80% is required. If you will be missing a lesson, please make sure to contact your music tutor 24 hours before the lesson and re-schedule a makeup lesson.

2016 Music Ensemble Rehearsal Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning rehearsals 7:45am unless stated otherwise	Intermediate Concert Band Room 201	Senior Concert Band Room 201	Junior Stage Band Room 101	Symphony Orchestra Room 201	Senior Strings Ensemble Room 101
	Guitar Ensemble Room 101		Intermediate Stage Band (8am) Room 201		Rock Band Room 201
	Chamber Choir Room 202		Senior Stage Band (7:15am) Room 201		Marching Band TERM 1 & 4 7:45-8:45am
			Philharmonic Orchestra Room 207		
Afternoon rehearsals Start @ 3:30pm		Marching Band TERM 1 & 4 3:30 – 4:30pm	Percussion Ensemble TBC		Jazz Ensemble TBC

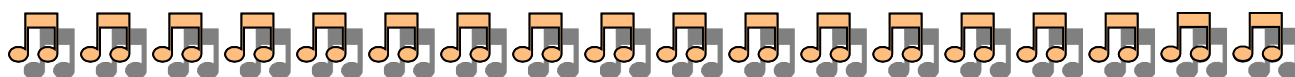
Music Contact Details

Instrumental shops/repairs

A R Irwin Violins	9363 0203	http://irwinviolins.com.au
The Music Place	9550 0100	http://www.musicplace.com.au
Sax, Woodwind & Brass	9557 4588	http://www.saxandwoodwind.com.au
The Bass Shop	9572 8375	http://www.thebassshop.com
Allans Billy Hyde	1300 255 267	http://www.allansbillyhyde.com.au

Music Department Contact Details

Music Department	P: 9662 9300 (ext. 472) E: music@sbhs.nsw.edu.au
Music Staff	Ms Rita Miller E: MillerR@sbhs.nsw.edu.au
	Ms Suzanna Lim E: LimS@sbhs.nsw.edu.au
	Ms Sarah Kim E: KimS@sbhs.nsw.edu.au



**High Spirit
High Rugby
Try Rugby Year 7**



Last Thursday saw the annual Try Rugby Day at McKay and was attended by all Year 7. The day was a huge success thanks to the hard work put in by the staff, coaches, Year 10 helpers and Julie Fox. It was as hot

as it gets on the day but the boys had fun and participated fully in the activities on offer including the ice lollies and post session BBQ.



'run the gauntlet' above and below preparing for a big tackle



House OZ Tag

This year was a very tight affair with not much separating any of the teams. The final was between McKay and Eedy with Eedy taking the top slot with a 3-2 win in the dying seconds. The boys did themselves proud showing massive improvements over the three days and a wealth of talent waiting to be developed over the coming year.

Matt Cotton
MIC of Rugby

From the Canteen



High canteen is privileged to have a committed team of parent volunteers, who help our canteen managers, Karen and Tracey each week. We are grateful for this ongoing support. It ensures

that our boys can access a range of healthy, hot and cold foods. All profits are returned to the school community.

We would like to thank the following parent helpers:

- MON:** Ling Cui, Kunyi Ye
- TUE:** Anne Chen, Michelle Wong, Chuhong Chen, Letty Chan, Mook Kooi Loo
- WED:** George Haddo, Ria Lam, Yasmin Khan, Dimi Barlas
- THUR:** Tasio Sclavenitis, Kim Do, Yali Diao,
- FRI:** Ru Zeng Rong, Min Wei, Baofeng Liu, Kathryn Cook,

Remind your children to place an order before 9am, so they don't miss out on favourite items.

Usha Arvind
President Canteen Committee

Scripture

Boys who have signed up for scripture **MUST** attend unless they bring a note (to me) from their parents to withdraw.

Scripture runs before school on Friday.

Rachel Powell
Deputy Principal of the Junior School

Physiotherapist Service for Students Involved in Sport



Parents and students are advised of the weekly Sports Physiotherapy Service. The service is provided by an APA Sports Physiotherapist who has a strong background in exercise and sports science.

The service provides in-depth experience with both youth and elite athletes, specialising in musculoskeletal injury diagnosis and rehabilitation.

The aim of the service is to provide all injury assessments with correct diagnosis and to formulate an injury rehabilitation plan to get our students back on the field in a safe and appropriate time frame. It is also aimed at reducing injury risk and the chances of re-injury.

Where: SBHS Gym Gallery, outside room 901

When: School Term Mondays (except for the first day of term)

Time: 7am-9am

Cost: Free

Bookings: Turn up between the hours of 7am-9am on Mondays – no appointments taken at this stage. 1st/2nd grade players will get priority.

Rehabilitation: Students will be given advice and a rehabilitation program to be used in the school's weights room.

Athlete Injury Protocol

In conjunction with the Physiotherapist service, our aim is to;

1. Reduce the length of time the injury occurs for
2. Reduce the severity of the injury
3. Work with professionals to design appropriate programs to keep boys as active and healthy as possible

In the event of an injury to a boy from sport

1. The injured boy should verbally communicate the injury to both the appropriate Master in Charge (MIC) and their specific coach. This should be followed up with an email to the

sports absences email address with the specific details: absences.sport@sbhs.nsw.edu.au

2. Attend team training sessions/Saturday matches where appropriate to support your team.
3. The boy will be granted a temporary (free) pass to the SBHS Weights Room for the injury period, whereby they must attend and complete their rehabilitation program (at least twice a week).
4. The injured boy is to utilise either the school's Physiotherapy program or their own Doctor/Physiotherapist rehabilitation program in conjunction/supervision with the Strength and Conditioning Staff.
5. Boys are to 'scan on' at the Weights Room to have both their rehabilitation sessions counted towards their weekly training session summary.
6. In the case of the injury being long term/season ending (over half the season), the athletes' co-payment will be credited towards their Weights Room use.

From the High Store

EEDY House polo Sale
Size 14 ONLY
ONE WEEK ONLY
4 March – 11 March
Normally \$30
SPECIAL \$20



SHOOTIN' HOOPS

195

HIGH vs. Kings: Term 4, 2015

High	Vs	Kings	Term 4, 2015 (LAST TIME)
TEAM	RESULT	SCORE	TOP SCORER / MVP
1 st	PREMIERSHIP WIN	88-79	N.SUTTON AND B.MUSULIN 29PTS
2 nd	PREMIERSHIP WIN	55-41	L.ELTON 22
3 rd	WIN	29-23	T.ZHANG 7
4 th	LOSS	30-34	I.CHANG 7
5 th	WIN	34-23	C.WANG 11
6 th	WIN	28-16	M.NG 9
7 th	WIN	22-20	TEAM EFFORT
8 th	WIN	50-20	J.TRAN 12
16A	LOSS	28-33	TEAM EFFORT
16B	WIN	34-23	TEAM EFFORT
16C	LOSS	24-26	TEAM EFFORT
16D	WIN	32-24	TEAM EFFORT
16E	WIN	31-13	Y.BUSHATI 13
16F	WIN	41-18	TEAM EFFORT
15A	WIN	22-16	S.MERRICK 10
15B	WIN	40-25	K.WILSON 11
15C	WIN	25-20	J.LEE 7
15D	WIN	31-19	D.THICH 10
15E	WIN	36-15	K.LI 9
15F	WIN	51-3	T.WANG 22
14A	WIN	25-21	TEAM EFFORT
14B	LOSS	25-26	J.LUO 10
14C	LOSS	26-28	TEAM EFFORT
14D	WIN	29-21	F. NGUYEN 10
14E	LOSS	14-30	J.XU 8
14F	WIN	15-23	TEAM EFFORT
13A	LOSS	9-83	K.HASAN 4
13B	LOSS	16-39	TEAM EFFORT
13C	LOSS	11-27	Y.SHEN 11
13D	LOSS	13-28	W.LI 6
13E	LOSS	6-50	TEAM EFFORT
13F	LOSS	10-21	O.CHEN 4

HIGH vs. Kings: Term 1, 2016

High	Vs	Kings	Term 1, 2016 (THIS TIME)
TEAM	RESULT	SCORE	TOP SCORER/MVP
1 st	LOSS	73-85	M.MENZEL 23, L.SCHROEDER 22
2 nd	WIN	51-43	N.WU 14
3 rd	WIN	34-25	A.LI, Y.KITA-LEONG 11
4 th	LOSS	27-28	J.ZHAO 7
5 th	LOSS	26-29	D.NGUYEN 9
6 th	LOSS	25-30	K.ZHANG 11
7 th	WIN	35-31	R.SEONG 18
8 th	LOSS	27-17	LAWRENCE ZHAI 10
9 th	WIN	18-7	TEAM EFFORT
10 th	WIN	37-16	A.MCCAFFERY 14
16A	LOSS	32-36	S.MERRICK 17
16B	WIN	53-24	Y.SHEN 13
16C	WIN	35-20	R.DUSHIYANDAN 12
16D	WIN	43-22	N.TRAN 12
16E	WIN	26-16	J.WANG 10
16F	WIN	36-15	W.ZENG
15A	WIN	33-26	N.CASACLANG 9
15B	WIN	22-10	S.SAITO 7
15C	WIN	41-15	TEAM EFFORT
15D	WIN	24-11	TEAM EFFORT
15E	WIN	23-15	N.MA, A.NGUYEN 4
15F	WIN	43-9	J.PARK, J.XU 12
14A	LOSS	15-55	TEAM EFFORT
14B	LOSS	32-20	A.ZHOU 5
14C	LOSS	33-27	E.TU 7
14D	LOSS	24-23	R.AH-KOON 6
14E	LOSS	9-52	M.XIE 4
14F	WIN	15-13	O.YANG 5
13A	LOSS	11-63	R.PACHON 5
13B	LOSS	5-51	K.TON 2
13C	LOSS	10-14	B.NGUYEN 7
13D	LOSS	6-10	A.KIM 4
13E	LOSS	4-27	J.LEE 2
13F	WIN	18-9	J.LIN :)

The second last round this week, we achieved a win rate of about 53%. 1st Grade lost 73 – 85, with Max Menzel top scoring with 23 points and Luke Schroeder close behind with 22 points. 2nd Grade won 51 – 43, Norton Wu top-scoring with 14 points.

Mr Hayman’s Words for the Week:

“The 16s AGE GROUP now have 72 wins and 8 losses for the season to date. 16Fs and 16Cs remain undefeated. Across the senior program in general with the exception of First grade and a few opens sides, we have done quite well this season. As such, *junior students in the 13s and 14s age groups* who have received big losses all term should realise that the other schools have had junior school (Years 4, 5, 6) training in many cases, and have been playing together for a few years. Stick with it and keep up the great work with the full court defence at SBHS training under the guidance of your great coaches.”

Let’s make sure this weekend against Scots is a great finale to the season for your side! Good luck and Go High!

NOTE TO ALL BASKETBALL STUDENTS:

The annual Basketball Dinner is coming up on 1 April and seats are limited! If you want to get a seat, pay ASAP. The proceeds get put back into the SBHS Basketball culture and the dinner is extremely good value for money!

Eugene Lee’s mighty side post the victory



Go HIGH!

Play Hard, Play Smart and Play Together!

Thanks to all statisticians who make Shootin’ Hoops possible

Brought to you by Editor Archie Fox

Sydney High Annual Basketball Dinner 2016

Celebrate another fantastic year of basketball at High by organising your team to attend the 11th Annual Basketball Dinner and finish the year in winning style!

Every team will receive trophies for the Most Valuable Player and Most Improved Player. Speeches will be made by staff members about their age groups and players will be able to show their thanks to them as well (buy your coach a present). There will be a big screen projection of the Annual Highlight video presentation and the best meal in the history of the dinner. Old Boy and College Basketball Player of the year nominee; Emmett Naar's singlet will be on auction!

When: Friday 1 April 2016. Commences at 6:00pm, Concludes at 9:15pm

Where: Great Hall, Sydney Boys High School

Who: Players, parents, friends, supporters and coaches of all teams!

Why: 1. Because the friendships made through SBHS Basketball last a lifetime
2. Because the program has improved significantly again this season and requires your support for this to continue



STUDENTS TO ATTEND IN SCHOOL UNIFORM

All drinks will be provided on the night. Advise when booking if a vegetarian meal is required.

210 seats only – limited seats – pay at the office today, especially if you won an award.

Please pay ASAP. All meals are Halal.

NB: Proceeds from ticket sales etc. go into the Basketball program to help improve future basketball experiences for our students.

Please return the slip below with \$40/per person to the front office by Friday 4 March 2016

Sydney High Basketball Dinner

STUDENT NAME: _____ TEAM: _____ e.g. 15F

Type of payment: Cheque Cash Credit Card

Card Type: MasterCard Visa Expiry Date: ___ / ___

Ticket cost: \$40 No. of tickets: _____ Total cost: _____

Card Number: _____

Cardholder's Name: _____

[please print]

Cardholder's Signature: _____ Bus. Phone: _____

(Office Use Only)

Please complete the following as we need these details to allocate tables:

Student Name/s: _____ Basketball Team/s _____ e.g. 15F

Number of adults: _____ Number of students _____

Number of vegetarian meals required _____



SYDNEY HIGH TENNIS

"It is not about the size of the dog in the fight, but about the size of the fight in the dog."

High vs Kings (GPS Round 6)

	1 st Grade	Result (WIN)	2 nd Grade (WIN)	Result
D1	1 +	L 6-0 6-1	1 + 2	W 6-3 6-2
D2	2 + 4	L 6-4 6-2	3 + 4	L 6-2 6-1
D3	3 + 5	W 6-3 6-1	5 + 6	W 6-4 6-2
S1	Matthew O'Sullivan	L 6-0 6-0	Danny Yu	W 6-2 6-1
S2	Adam Smagarinsky	L 6-2 6-1	Aaron Tang	W 6-4 6-0
S3	Samuel Yu	W 6-3 7-6	George Ge	L 6-2 2-6 6-7
S4	Antonio Li	W 7-5 6-3	Cyrus Dadgostar	L 6-0 -62
S5	Andre Putilin	W 6-0 6-0	Charlie Weng	L 6-2 6-3
S6	Wanyu Tang	W 6-1 6-2	Ting Li	L 7-6 4-6 6-7

1st Grade

GPS Round 6 was again at home for first grade tennis and we were able to successfully overcome a top-heavy Kings School. New doubles pairing Samuel and Wanyu gelled extremely well together in only their first match as a team. In number 2 doubles Andre and I played a very competitive first set but were narrowly unable to take it despite numerous breaks of serve. Despite going down 4-1 after two of the singles matches singles 3,4,5 and 6 showed great desire and determination to get the whole team over the line. Wanyu and Andre had the stand out matches, Andre dismantling his weaker opponent and Wanyu making his first grade return after Daniel Zhang injured his back last week. Wanyu played strong aggressive tennis keeping his opponent on the back foot with a huge forehand sealing the day's rubber five matches to four. This victory was instrumental as it keeps us at 3rd on the GPS ladder with positions 1 and 2 out of reach at this stage of the season. Interestingly next week we play Scots who are only a few points behind us and will be keen to get a victory. Nonetheless I have confidence in the team that the accumulation of the season's matches will instil a level of experience that Scots will be unable to topple.

Adam Smagarinsky
First Grade Captain

2nd Grade

The second last round of the AAGPS tournament was against King's at their home courts. With injuries in both the first and second grade teams, Charlie and Ting were playing once again in the team. In the doubles, Danny and Aaron were able to dominate their opponents, as well as Charlie and Ting. Unfortunately, Cyrus and I were not playing our best against solid opponents, so we lost heavily. In the singles, Danny demolished his opponent, playing a high quality level of tennis that his opponent couldn't match. Aaron, after getting the feel for his opponent, won the second set within half an hour. Cyrus was unable to overcome a hard-hitting opponent, while Charlie was able to win in a tight match, despite what the scores suggest. Ting's match went for an epic three sets. At one set apiece, he was able to come back from being 5-3 down in the third set to force it into a tiebreak. Unfortunately, he was unable to seal the deal. In my singles, after winning the first set convincingly, injury got the better of me, and I lost the second set heavily. Down 1-5 in the third set, I was able to come back 5-6 and then force it into a tiebreak. At nine all in the tiebreak, some dodgy line-calling by my opponent gave him his 6th match point, where he finally won. Overall, it was a solid effort by the team, and a much needed win. Special mention to Danny, who stepped up his game to play at number one.

George Ge
Second Grade Captain

END OF SEASON SOCIAL

Saturday 5 March

6pm-9pm

Sydney Boys High Tennis invites and encourages all tennis players and their parents to its annual end of season social.

Included on the night - BBQ, salads, drinks etc.

Games - Beat the coach, jumbo tennis, fastest serve and others.

The future success of the tennis program depends on support by the parents for this event and this is also a great chance to meet other parents and to get involved. We look forward to seeing you there.

Cost is \$20 for a Parents and Student package.

Fitness Assessment February 2016

The PDHPE Department has again assessed the physical fitness levels of our students, Years 7 – 10. The most important health-related test is the 1.6km run for cardiovascular endurance.

Percentile Band Results for February 2016

Percentile band	No. of students in each percentile band			
	Year 7	Year 8	Year 9	Year 10
70th – 99th	16	32	46	43
40th – 69th	31	58	53	46
5th – 39th	124	81	109	96
Non-starters	9	9	2	24

Mean results for each year group 2013, 2014, 2015 and 2016

	Feb '13	Sept '13	Feb '14	Sept '14	Feb '15	Sept '15	Feb '16
Year 10	46%	53%	51%	50%	50%	55%	51%
Year 9	49%	69%	50%	68%	51%	70%	48%
Year 8	38%	60%	47%	61%	40%	55%	49%
Year 7	32%	62%	34%	53%	31%	57%	34%

It is interesting to compare a Year group over time against themselves, as well as against previous Year groups. The highest Year mean recorded was 72% by Year 10 in 2003. This year's Year 10 was very close at the end of Year 9 with a mean of 70%. Hopefully they can go one better in September, something previous Year 9 cohorts could not achieve.

There is an incentive for boys to achieve and maintain a higher level of aerobic fitness. If a student can reach his personal goal time on the fourth 1.6k run or run under

An assessment of 90% or better required a student to run the 1.6km in a time of 6 mins 30 secs, approximately, depending on the age of the student. An assessment of 50% or better, required a time of between 7 and 8 minutes, depending on age. A result of 10% or less means the 1.6km run was completed in a time greater than 9 mins 30 seconds. Each student in Years 7 – 9 should have a copy of their assessment schedule and results for February 2016 in their PDHPE theory books. Parents are encouraged to review their son's results with them. The following table shows the benchmarks for each year group and the number of students able to reach that mark.

Year 7 (9 minutes) = 84 students	Year 8 (8 minutes) = 107 students	Year 9 (7 m 15s) = 74 students	Year 10 (7 minutes) = 62 students

There were some outstanding performances again this term including, **Rhys Sharriff (7S) 5m 45s**, **Ikko Ehode Arimoto (8S) 5m 49s**, **Eric Holmstrom (9T) 5m 02s**, **Lachlan Goff (10T) 5m 19s**.

six minutes, he will receive an extra 10% towards his final PDHPE grade which equates to one assessment grade. Year 10 students, again, have been given the opportunity to control their own destiny by setting their own personal goal for the year.

G. Stein
HT PDHPE



VERITATE ET VIRTUTE



Cricket Results – 2016 Term 1 Week 5, Saturday 27 February

Team	Score	Result	Highlights
1 st XI	SBHS 10 – 117 v's Riverview 10 – 211 & 6 – 93	Lost	Shashank Nampalli 37, Kabir Agrawal 5-16
2 nd XI	SBHS 10 – 90 & 10 – 32 v's Riverview 6 dec – 173	Lost	
3 rd XI	SBHS 10 – 67 & 10 – 21 v's Riverview 7dec – 243	Lost	
4 th XI	SBHS 10 – 68 v's King's 1 – 72	Lost	
5 th XI	SBHS 10 – 86 v's King's 10 – 71	Won	Fayed Morshedi 4-3, Hayden Ou 3-22
16A	SBHS 10 – 114 v's King's 3 – 116	Lost	
16B	SBHS 10 – 81 v's King's 5 – 82	Lost	
15A	SBHS 10 – 63 v's Riverview 9 – 201	Lost	
15B	SBHS 10 – 21 v's King's 10 – 187	Lost	
15C	SBHS 10 – 36 v's King's 3 – 36	Lost	
14A	SBHS 9 – 182 v's Riverview 10 – 89	Won	Matthew Maloney 59*, Saarangan Arvind 4-23
14B	SBHS 10 – 76 v's King's 9 – 151	Lost	
14C	SBHS 10 – 39 v's King's 2 – 40	Lost	
14D	Development Squad		
13A	SBHS 10 – 75 v's King's 1 – 76	Lost	
13B	SBHS 9 – 100 v's King's 2 – 101	Lost	
13C	SBHS 10 – 49 v's King's 1 – 50	Lost	
13D	Development Squad		
Note: W/O = Washed Out			

Junior Cricketer of the year award (Includes GPS and Tour matches):

****Players must be from the U13, U14, U15 age group**

Points:

- 1 run = 1 point
- 1 wicket = 20 points
- 1 run out = 10 points
- 1 catch = 10 points
- 1 stumping = 20 points

After Round 4.5:

Position	Name	Team	Points
1	Gurman Ichhponani	14A & 14B	445
2	Henry Nguyen	14B	385
3	Cameron Pereira	2nd XI	281
5	Mukund Rangarajan	14A	261
4	Adi Senthil	14A	248

MIC of Cricket Report

Last Saturday was not a good day all round for SBHS Cricket. Riverview and Kings are always tough opponents and they definitely proved that over the weekend. Unfortunately, our 1st XI were unable to wag their tail like Riverview did in their 1st innings, but on a positive note they did manage to skittle the top order again in the 2nd innings. Their top five batsmen all made the combined GPS team and to steamroll their top order over the two innings taking ten wickets for 90 runs is a great effort by our bowlers.



Adam He batting for the 3rd XI against Riverview on Riverview 4A

The 5th XI have managed to win their fourth match for the season in a close encounter. Hayden Ou continues to take wickets adding three more to his tally.

If there is one shining light for our top tier teams it comes from our U14As. Defending 182 from the previous week they managed to stun Riverview by bowling them all out for just 89 winning by 93 runs. This takes their season record to four wins, one wash-out and one loss. This would be SBHS's best junior team stats for a very long time.



U14As celebrating their win against Riverview at Riverview 4B

The U13s are getting good starts with the bat, but we are unable to consolidate the innings and knuckle down to try and see out the allocated overs. With more patience and better choice of shots we will be able to post larger totals and hopefully notch up some wins. We will continue to train hard, get fitter and stronger and most importantly improve on our fielding. Fielding is a major aspect of the game and we focus on two key areas; catching and throwing.

This Saturday is our final Saturday for the season against Scots. Our 1st XI beat Scots in the trial match and Scots are now chasing the premiership. So this will be a very competitive and enjoyable game. We also have our End of Season Dinner following the cricket in The Great Hall. I hope to see as many of you there to help celebrate the season. Good luck to everyone and let's finish on a strong note.

To all parents and players, don't forget to go through the points below:

- Please make sure that all the boys wear SBHS logo hats and tops.
- They are not to wear thongs to and from their fixtures.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- Please notify their coaches if they are unable to attend training or their fixture.

Geoff Tesoriero
MIC of Cricket



APRIL 2016

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March/April 2016

04-03-2016

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7 A	7 *** Cricket: NSW Schoolboys Carnival Sports Physiotherapist, 07:00-09:00, 901 Peer Support - VE4-P1 Water Polo: Open Water Polo Knockout CVD National Latin Exam: Senior Library, P1-2 (selected students 9-12) Class tests: 7MaT-P2, 8MaA-P2, 7MaR-P3, 10MaG-P3 GPS Basketball Try outs.	8 *** Cricket: NSW Schoolboys Carnival High Resolves - Year 8 + 10 (Integrative Thinking Program), Great Hall, 09:00-14:00 Peer Support - VE3-P2 Class tests: 10XHs-P1, 10YHs-P2, 9MaL-P3, 9XC-P3, 9WC1-P4, 9WC2-P4, 10ZHs-P5 Marching Band Rehearsal, Great Hall, 15:30-16:30 School Council Meeting,	9 *** Cricket: NSW Schoolboys Carnival Summer Sports Photos, 09:00-12:30 Class tests - 9ZC-P3, 9YCL, 9YC2-P4 Peer Support - VE9-P2, VE8-P3 Elevate Workshop: Year 8 Selected Students, P5 (Time Management) Change to Winter Sport (Years 10-12) GPS Basketball Training	10 Selective Schools Entrance Test for Year 7 2017, Great Hall, 08:00-15:20 Cricket: NSW Schoolboys Carnival Class test: 11M21-P2 Peer Support - VE7-P3 Change to Winter Sport (Years 7-9)	11 *** Marching Band Rehearsal, MPW, 08:00-09:00 Cricket: NSW Schoolboys Carnival Rowing: Assembly, Great Hall, 10:15-11:00 (9, 11, 12) Years 7, 11 and 12 vaccinations and Year 8 catch ups, Jnr library, 09:00-13:00 Peer support: VE1-P1, VE6-P4, VE5-P5 Class test: 10MaB-P4	12 Rowing: GPS Head of the River, SIRC Parking: Sydney FC v Wellington Phoenix, 17:15 (Music)	13
	14 *** Sports Physiotherapist, 07:00-09:00, 901 Peer Support - VE7-P3 BEBRAS Computational Thinking Competition, P1, years 7-10 World's Greatest Shave, Amphitheatre PAWS fundraiser, lunch, 506+507 P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Great Hall, 18:30 Principal's HSC &	15 Year 9 History Canberra Excursion Swimming: Regional Carnival, SOPAC Year 12 Meeting, Great Hall, 09:55-10:20 PAWS fundraiser, lunch, 506+507 Marching Band Rehearsal, Great Hall, 15:30-16:30	16 Year 9 History Canberra Excursion Year 11 Meeting, Great Hall, 09:55-10:20 Class Act - Bully Busters (Year 7), Great Hall, 14:15 PAWS fundraiser, lunch, 506+507 Change to Winter Sport for Rowers (Years 10-12)	17 Basketball: Sydney East Basketball CHS Opens Knock Out Change to Winter Sport for Rowers (Years 7-9) Year 10 High Resolves Leadership, 13:10-15:15 (30 boys) PAWS fundraiser, lunch, 506+507 Water Polo Dinner, The Great Hall	18 Basketball: GPS v ISA PAWS fundraiser, lunch, 506+507 Marching Band Rehearsal, MPW, 15:30-16:30 Debating: Eastside Rose Bay v SBHS Debating: FED Redlands v SHS Swimming: GPS Final, SOPAC, 18:45 Parking: Waratahs v Highlanders, 19:40 (Tennis)	19 Football: SPX v SHS (1sts and 2nds only) Rugby: SPX v SHS	20 Parking: Dragons v Rabbitohs, 16:00 (Rowing)
8 B	21 Year 8 Geography/History Excursion Class test: 10MaG-P3 NSW CHS Inter Regional Volleyball Carnival, SBHS Gym Excursion, Adobe day, Adobe office, Year 10 Film extension Harmony Day	22 *** Mufti Day BBQ - Lak Saviya/KRMV (Y10 Charity) Marching Band Rehearsal, Great Hall, 15:30-16:30 Peer Support - VE6-P3 NSW CHS Inter Regional Volleyball Carnival, SBHS Gym Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30	23 Summer Sport Reports to be submitted to Record Committee Basketball: CAS v GPS Rugby: SE SSA Trials NSW CHS Inter Regional Volleyball Carnival, SBHS Gym	24 Sport: SE SSA Boys Hockey Trials Athletics: School Carnival, ES Marks (all day)	25 Good Friday - Public Holiday	26 Easter Saturday - Public Holiday Scots 7 a side Rugby Tournament, Opens Parking: Sydney Roosters v Manly, 19:30 Parking: Sydney Swans v Collingwood, 19:25 (Rugby)	27 Easter Sunday - Public Holiday
	28 Easter Monday - Public Holiday	29 *** Attendance and Progress Review (all Years) Year 12 Study Day Elevate Workshop: Year 9 Selected Students, P1 (Memory and mnemonics) Science: Year 8 Excursion, Australian Museum and Botanical Gardens, all day Marching Band Rehearsal, music room, 15:30-16:30 Information evening re English Extension 1 and	30 Year 12 Assessment Exams	31 Year 12 Assessment Exams	1 Year 12 Assessment Exams Marching Band Rehearsal, MPW, 08:00-09:00 Preliminary HSC assessment: Legal Studies, 11LSA-P4, 11LSB-P5 Debating: FED St Joseph's v SHS Basketball: Dinner, Great Hall, 18:30-21:00 Sailing: NSW State Schools Team Racing Regatta, Woollahra Sailing Club	2 Football: SHS v CS Rugby: SHS v SAC Cross Country: Waverley, Trial 1, Sydney Park Sailing: NSW State Schools Team Racing Regatta, Woollahra Sailing Club Rowing: Dinner, Great Hall, 18:30-21:00 Parking: Sydney FC v Adelaide United, 19:30 (Sailing)	3 Daylight Saving ends Parking: Waratahs v Rebels, 16:05 (Rowing) Sailing: NSW State Schools Team Racing Regatta, Woollahra Sailing Club
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