



The Weekly Newsletter of Sydney Boys High School

Vol 17 No 2 12 February 2016

# From the Principal High Talent



At the National Schools Volleyball Championships held last December, involving 485 school teams, High's 16s team played in Division 1 and

lost 1-2 in the gold medal round to Burnside High from Queensland. This was a really big achievement for our boys at an elite national level. The 14s team played in Division 2 and made it to the bronze medal playoff, losing to Etham High from Victoria. This team has great improvement this year. Congratulations to all the boys and to super coach Mr Kay and his team. Congratulations again to Fayad Morshedi (Year 11) who won the ICAS gold medal in the English test with the highest score in NSW and ACT. In 2012 he had the highest score in Australia in this competition. Congratulations to Julian Tu (Year 12) who attended the National Computer Science School and won a prize of \$1000 to be spent on the Grok Learning NCSS challenge. Great work!

#### Principal's Report to the P & C

At the P & C meeting this week, I outlined directions for the school for 2016. As a high priority, we intend to commence disruptive assessment for Year 7. This means we will attempt to change teaching by backward mapping from reporting on dispositions problem-solving, evaluating, working in teams, communicating with others and creating and innovating (PEWCC) - to devising appropriate assessment strategies and then to modifying our practice to explicitly teach the dimensions of dispositions cognitive, metacognitive, motivational and behavioural. We see a big opportunity in the High Junior School to free up curriculum and carve out some time to help our boys become better learners. Our focus in the Junior School is on the discourse of personal development. Year 7 will have an assessment of their progress in the five dispositions included on their semester reports this year. We have programmed for reporting on dispositions to roll out to Years 8 and 9 in 2017 and 18.

A second priority for us is to raise greater awareness of our attempts to build a PERMA culture - to facilitate flourishing. Culture in schools can be modified by applying some of the lessons from positive psychology. We need to embed dispositional teaching into the total curriculum - academic, sports, cocurricular, community service. P - We need to take every opportunity to engender positive emotions in each other about our school and its daily operations. We need a better Losada Ratio or positive: negative statements. Let's concentrate on what we can do and try to do it better. Look for the positives in what we are all doing. E - Engage our boys. We want our boys to enjoy as many of the opportunities on offer at High as they can. We need to find better ways to get student buy-in in all curriculum areas. R - Building respectful relationships is very important to us. We need to model them first among each other as teachers. We need to help boys build relationships with peers, teachers, SAS staff, cleaners, coaches and visitors. M - Our staff and our boys need to see what we are doing together as meaningful to them as individuals. We need to inspire them through our passion about the core concepts of our disciplines or the skills of our activities. A - Every boy must be made to experience a sense of accomplishment. All boys need to see how they have achieved. We need to recognise and reward them as often as we can.

# Dropping Off Students Inside the Cleveland Street Gates

Quite a number of parents drive boys to school. There is a drop off zone next to the tennis courts on Cleveland Street. Our policy is that parents should enter via gate 1, drop off their sons alongside the tennis court fence, then exit via gate 2, which allows both left and right hand turns. Driving in gate 2 directly involves negotiating the car park and having to turn around in an area busy with boys making their way to early morning lessons or down to The Flat to play before school starts. This practice is quite dangerous as drivers can't always see the boys moving in front or behind them. Please make an effort to comply with our policy and drive in via gate 1 and exit directly at gate 2 turning left or right.

#### **Early Bird Discount**

Reminder to parents that there are just **two** weeks to go to take advantage of the early bird discount by paying the school invoices in full. As well as receiving a substantial saving you will also be really helping out the school in a stressful financial environment. Having 50% of all our families pay all their invoices in full to receive the discount helps us to purchase the resources and services near the beginning of the year to maximise the benefit gained by all students.

#### The Student Research and Resources Fund



Our students make very heavy usage of research and resourcing facilities at High. Whether they are accessing school-supplied PCs for private research,

or using electronic or hard copy reference material, or privately studying, reading books, newspapers or magazines, or working collaboratively with friends, or asking research or study advice, students enjoy the dedicated spaces for these purposes. High is fortunate to have *two libraries*, catering for 220 students simultaneously. Each library is headed up by a Teacher-Librarian. Both spaces have *extended opening hours* to cater for students arriving early for various commitments or because travelling is easier early. Both spaces have Support Staff to administer the resources and help students who borrow books or want to access resources.

One of these spaces (Killip Library) is resourced entirely by DEC - staff and support staff. The other (McDonald Library) is financed by the school for 80% of its staff costs. The standard DEC cost for a teacher is \$104,000 per annum. The school pays \$83,200 to employ a second Librarian. Support staff and extended hours cost around \$50,000. Each library has a materials / fiction / subscriptions budget of \$17,500. The school invests \$168,200 of community raised funds to provide this range of educational opportunities. Our school community sees the value in supporting these facilities for our boys and decides to make tax deductible donations to the Student Research and Resources Fund. I hope that you see the value in making a similar investment in your son's growth as a learner.

Dr K A Jaggar Principal

#### Meet the Prefect-Intern



To me, becoming a Prefect is not about the tie or the gold lines on your blazer. Rather it's about embodying the values and traditions of High. I am a firm believer in Leadership through Service. My focus has always been on serving others and I hold this philosophy close to my heart. I believe it's not about what I get out of being a School Leader; it's about trying

to make a positive contribution to the school life of those boys who follow us. Sydney Boys High has facilitated my growth, both as a scholar and sportsman.

Whilst at High I have made a conscious effort to participate in as many aspects of school life as I can. I have been fortunate to represent SBHS at both State and National level in Public Speaking and Model United Nations Debating Competitions. I have served SBHS in the Executive Role of Treasurer on High's Community Service Committee in 2015/16. I am Captain of the Sydney Boys High Swimming Team as well as a three time GPS and five time CIS Swimming representative. In summer I am a member of the 1st Grade Water Polo Team and in Winter I run with the School's Open Cross Country Team. Looking for a challenge, in 2015 I tried something I had never done before. I auditioned and gained a lead role in the co-production of Guys and Dolls with Sydney Girls High. Outside of school I love reading, watching TV and spending time with my younger brother and sister.

The happiness and wellbeing of students in the Junior School is essential to their personal growth and their academic success. It is my role as Junior School Prefect to ensure that all boys in Years 7-9 are aware of, and are participating in, the many aspects that life at High has to offer. I pride myself on my ability to listen and empathise with other's concerns. My goal is to be a kind and compassionate role-model and representative for boys in the younger years. So if you see me in the playground, on the bus or helping out in the canteen, come over and say HI! I am approachable and happy to answer any of your questions so feel free to ask. See you soon!

Reach Out: Reach High!

Andrew McNaughton

Prefect of Year 7 & Prefect Elect of Swimming

#### Debating

The debating season is well and truly off to an early start



with all the coaching sessions taking place this week. The first couple of weeks will be busy and a bit hectic because not all of our coaches have returned from their university

holidays. Boys need to be calm and cooperative as we sort everyone into classes. We have record numbers of debaters in the Junior years which is great, but it also puts pressure on us. I always expect the highest standards of behaviour from boys and those who cannot comply will be asked to leave (whether or not they have paid).

Coaching for juniors until after trials will be 3.20 to 4.20pm and for Seniors 3.20 to 5.00pm.

Thanks to everyone who helped out and turned up to the Debating Information evening on Wednesday. It was lovely to see so many new parents showing an interest in debating. Next week I will publish the presentation in High Notes.

# Rachel Powell MIC Debating

High's debating program bestows incredibly valuable skills on those who are involved with it and as I'm coming into my final year debating at High, I am grateful for every experience and opportunity that I was able to partake in and would encourage new students and new debaters to get as much as possible out of what is an excellent program.

The most valuable piece of advice I can give to improve your debating is to get involved as much as possible. The two pre-season competitions (FED and Eastside) start in one and two weeks respectively and give vital opportunities to debate against other schools in full debates. After these debates, it is really beneficial to stay after your own debate to watch one of the senior debates, as with so many other activities an easy way to improve is to watch and learn from those who are more experienced than you are. This year promises excellent senior teams across all years and it also helps our older teams to have a supportive group of juniors in the audience.

Beyond this I'd encourage everyone who has signed up for debating to trial for GPS teams, even if you don't think you'll make it, as at the very least, it's more experience and often you'll be surprised by how well you end up doing.

Thomas Shortridge Debating Prefect

#### From the Canteen

Welcome back to another busy and exciting year at High. For those families, who are joining us in 2016, a very special welcome. The canteen not only provides a range of healthy options for our hungry boys but also raises substantial funds for various projects. Do consider signing up to help Tracey and Karen, our canteen managers. It is a great way of staying in touch with High



community. Thank you to all our old parents, who have committed to another year and to the new parents, who signed up at the Orientation and Welcome events, for the monthly roster and as emergency contacts.

We would like to thank the following parent helpers:

#### 2015

**MON**: Subha Goonaratne, Pam Jepson, Nerida Wilson, Usha Arvind, Yoshi Kita leong.

TUES: Yuko, Jun Wang.

**WED**: Ling Cui, Jane Ye, Lin Yang, Kunyi Ye, Usha Arvind.

THUR: Sue Ren, Rita Wu.

FRI: Thajeewa Pingamage, Sam Guo.

#### 2016

**THUR**: Jian Ping Li, Wendy Dar, Kim Ngan Do.

FRI: Agnes Cheuk.

**TUE**: Katherine Ng, Frank (YU Liu), Long Nguyen, Lechi & Vinh Giang.

WED: Kunti Ranade, Faidha Razmi, Jenny Chiu.

**THUR**: Pit Trent, May Cai, Annie Jiang, Xing Ping Zhang.

FRI: Olexandra Putilina, Sabrina Xu, Kit Lau, Carrie Wang.

Usha Arvind

**President Canteen Committee** 

#### **Swimming News**

#### **School Swimming Carnival 2016**

The school swimming carnival was held on Monday 1st February at Des Renford Pool, Maroubra. It was great to see so many boys participating in so many events despite the wet weather. All results can be viewed via this link. <a href="http://www.sydneyboyshigh.com/documents/carnivals/2016/swim/">http://www.sydneyboyshigh.com/documents/carnivals/2016/swim/</a>

In Summary:

#### **HOUSE POINTS**

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#### **SBHS Swimming Carnival 2016**

#### **Overall Statistical Summary**

#### Overall Statistical Summary - Ordered by Grand Total

PLACE	TEAM	TOTAL	EXTRAS	GRAND TOT.	% TOTAL
1	Rubie	223	0	223	0
2	McKay	156	0	156	0
3	Saxby	84	0	84	0
4	Torrington	80	0	80	0
5	Eedy	65	0	65	0
6	Fairland	49	0	49	0

#### **Congratulations Rubie**

# Record Holders <u>Next</u> Page

Backstroke 50-100m							
	DIVISION		COMPETITOR	TEAM	TEAM RESULT		DATE
	12_U	Male	James LUO	McKay	'38.00	Mins	3/02/2014
	13	Male	Allen GUO	Fairland	'36.20	Mins	3/02/2014
	14	Male	Leonard MAH	Rubie	0'34.25	Mins	14/02/2011
	15	Male	ELLIS LOUIE	Eedy	'32.03	Mins	4/02/2003
	16	Male	Christian HADDO	Eedy	1'10.70	Mins	3/02/2014
	17 0	Male	Christian HADDO	Eedy	1'10.54	Mins	2/02/2015

#### Breaststroke 50-100m

DIVISIO	N	COMPETITOR	TEAM		RESULT	DATE
12_U	Male	Nathan WANG	Rubie	0'41.78	Mins	1/02/2016
13	Male	Allen GUO	Fairland	'38.34	Mins	3/02/2014
14	Male	William (Geon) LEE	Rubie	0'34.78	Mins	1/02/2016
15	Male	Andrew REIS	Eedy	'33.44	Mins	3/02/2004
16	Male	Andrew REIS	Eedy	1'10.00	Mins	8/02/2005
17_0	Male	Benjamin CHOW	Rubie	1'05.00	Mins	8/02/2005

### Butterfly 50-100m

DIVISIO	N	COMPETITOR	TEAM		RESULT	DATE
12_U	Male	James LUO	McKay	'35.87	Mins	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	'32.47	Mins	14/02/2011
14	Male	James LUO	McKay	0'31.69	Mins	1/02/2016
15	Male	Christian HADDO	Eedy	0'29.80	Mins	4/02/2013
16	Male	Ellis LOUIE	Eedy	1'03.90	Mins	3/02/2004
17_0	Male	Thomas MILLER	Torrington	1'02.25	Mins	3/92/2004

#### Freestyle 100m

DIVISION	1	COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	1'09.00	Mins	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	1'05.05	Mins	14/02/2011
14	Male	William (Geon) LEE	Rubie	1'01.90	Mins	1/02/2016
15	Male	Christian HADDO	Eedy	0'58.30	Mins	4/02/2013
16	Male	Kalem BEST	McKay	0'59.00	Mins	2/02/2015
17_0	Male	Thomas MILLER	Torrington	0'55.57	Mins	3/02/2004

Freesty	le 200m
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DIVISIO	N	COMPETITOR	TEAM		RESULT	DATE
12_U	Male	James LUO	McKay	2'31.00	Mins	3/02/2014
13	Male	Brandon YOON	Eedy	2'28.00	Mins	4/02/2013
14	Male	Kalem BEST	McKay	2'17.80	Mins	4/02/2013
15	Male	Jake ROWLANDS	Rubie	2'10.00	Mins	3/02/2014
16	Male	Christian HADDO	Eedy	2'10.00	Mins	3/02/2014
17_0	Male	Thomas MILLER	Torrington	2'05.41	Mins	3/02/2004
Freestyle 4	100m					
DIVISIO	N	COMPETITOR	TEAM		RESULT	DATE
15_U	Male	Jake ROWLANDS	Rubie	4'38.02	Mins	3/02/2014
16	Male	Andrew REIS	Eedy	4'26.33	Mins	8/02/2005
17_0	Male	G BREWER		4'12.00	Mins	31/01/1976
Freestyle 5	0m					
DIVISIO	N	COMPETITOR	TEAM		RESULT	DATE
12_U	Male	James LUO	McKay	31.50	Secs	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	29.50	Secs	14/02/2011
14	Male	Leonard MAH	Rubie	27.94	Secs	14/02/2011
15	Male	Christian HADDO	Eedy	26.80	Secs	4/02/2013
15	Male	Leonard MAH	Rubie	26.80	Secs	6/02/2012
16	Male	Tom MILLER	Torrington	26.15	Secs	6/02/2002
17_0	Male	Thomas MILLER	Torrington	25.18	Secs	3/02/2004
Freestyle	800m					
DIVISIO	N	COMPETITOR	TEAM		RESULT	DATE
16_U	Male	B EBEL		9'16.34	Mins	31/01/2003
17_0	Male	S CROFT		9'30.91	Mins	31/01/2003

#### Individual Medley 200-400m

DIVISIO	N	COMPETITOR	TEAM		RESULT	DATE
16_U	Male	Andrew REIS	Eedy	2'28.00	Mins	8/02/2005
17_0	Male	Barry DUBOVSKY	Torrington	6'17.83	Mins	3/02/2004

#### Records

Congratulations to all participants, especially those recording their personal best. A special mention to the swimmers who broke records on the day: (As per table of Record Holders)

#### Age Champions 2016

12 Years - Nathan Wang

13 Years - Ike Matsuoka

14 Years - James Luo

15 Years - David Goh

16 Years - Adam Feng

17 Years - Kalem Best

18 Years - Christian Haddo

#### The GPS relay (4X100m) medley (finished 3rd).

A promising HIGH team was unable to overcome a strong SHORE team who went on to win the event by the narrowest of margins. Congratulations to them. However, SBHS finished a pleasing 3rd. Well done boys.



From left to right:: Kalem Best (freestyle), Andrew McNaughton (captain), Christian Haddo (backstroke,) Jake Rowlands (butterfly) and Kevin Guo (breaststroke)

#### GPS Captains Dinner (St Ignatius) - Monday 8thth February 2015

Congratulations to Andrew McNaughton (Captain) and Christian Haddo (Vice-Captain) who represented our school with such pride at the Captain's dinner on Monday night. They were all fine ambassadors for the school.

Andrew's speech emphasised the importance of passion, teamwork, attitude and training during his swimming journey from a young age. He acknowledged HIGH's improvement in swimming; commitment, a never-give-up attitude and always performing to the best of your ability have all added to his experience as sports captain. He also focused on the benefits of the GPS competition. Well done.



Andrew McNaughton (Captain)



Christian Haddo (Vice Captain)



Get Set!...

#### Visual Arts Seeking Plywood Wine Boxes



Year 11 will be creating sculptures within boxes and those fantastic plywood boxes wine is often gifted in with the sliding lids would be perfect. Donated [empty] boxes very gratefully received.

J May

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HIGH vs. Grammar: Term 4, 2015

HIGH vs. Grammar: Term 1, 2016

High	Vs	Grammar	Term 4, 2015 (LAST TIME)
1st	WIN	98-51	L.ELTON 24, L.SCHROEDER 23
2nd	WIN	36-27	J.GEK 9
3rd	WIN	44-13	A.LI 12
4th	WIN	21-16	J.SONG 8
5th	LOSS	9-19	D.NGUYEN 3
6th	LOSS	34-12	TEAM EFFORT
7th	WIN	31-10	TEAM EFFORT
8th	LOSS	13-19	TEAM EFFORT
<b>9</b> TH	LOSS	14-22	T.NIMAC 6
10TH	WIN	27-17	TEAM EFFORT
16A	WIN	68-30	S.LI 16, 10 STEALS
16B	WIN	32-25	F.FANG 8
16C	WIN	43-23	J.CHAN 12
16D	WIN	43-6	T.PERICLEOUS 11
16E	WIN	24-16	R.CHEN, J.FU 5
16F	WIN	35-10	J.LAI 16
15A	WIN	51-25	TEAM EFFORT
15B	WIN	19-9	TEAM EFFORT
15C	WIN	30-22	M.CHEW 13
15D	LOSS	16-24	TEAM EFFORT
15E	LOSS	16-36	TEAM EFFORT
15F	DRAW	11-11	J.PARK 4
14A	LOSS	47-23	N.ROBERTSON
14B	LOSS	9-34	B.WONG 4
14C	LOSS	26-28	T.TRAN 11
14D	WIN	46-9	K.GU 22
14E	LOSS	6-36	TEAM EFFORT
14F	WIN	34-16	D.MAI,M .BUI 6
		1	i

High	Vs	Shore	Term 1, 2016 (THIS TIME)
1st	WIN	60-41	O.DUMAS 25,
			L.SCHROEDER
			17
2nd	WIN	56-35	C.GREEN 13,
			A.RANKIN 9
3rd	WIN	43-17	H.BARTLEY 14
4th	WIN	34-25	A.LEE 8
5th	WIN	25-24	D.NGUYEN 8
6th	WIN	30-20	TEAM EFFORT
7th	WIN	30-20	TEAM EFFORT
8th	LOSS	26-18	TEAM EFFORT
<b>9</b> TH	LOSS	18-10	TEAM EFFORT
10TH	RAIN		
16A	WIN	38-36	TEAM EFFORT
16B	WIN	39-33	F.FANG 11
16C	WIN	51-13	J.KIM 14
16D	WIN	26-8	TEAM EFFORT
16E	WIN	15-5	JEREMY MA 6
16F	RAIN		
15A	WIN	51-17	CJ.GUNTHER 20
15B	WIN	26-8	J.WU 8
15C	WIN	33-18	TEAM EFFORT
15D	WIN	15-9	TEAM EFFORT
15E	LOSS	16-29	TEAM EFFORT
15F	LOSS	18-25	TEAM EFFORT
14A	LOSS	17-54	TEAM EFFORT
14B	LOSS	18-39	A.WONG 7
14C	LOSS	28-33	W.LI 6
14D	WIN	30-10	TEAM EFFORT
14E	WIN	25-8	TEAM EFFORT
14F	RAIN		

Against Grammar this week, both Firsts and Seconds had great wins over Grammar. Oscar Dumas top scoring for Firsts with a massive 25 points, contributing to the 60-41 win. Seconds are continuing to tear it up, winning 56-35 with Campbell Green top scoring again with 13 points.

Below, we can see that our Second grade is going 3-0, with the lowest 'Against' score of 88, followed by Scots who have a margin of 18! This is a great testament to the Sydney High's emphasis on defence. Hopefully the saying, "Defence wins championships" will hold true for our consistent Second grade squad.

Second Grade	Played	Won	Lost	For	Against	Points
High	3	3	0	137	88	6
Newington	3	3	0	156	125	6
Scots	3	2	1	130	106	5
St. Joseph's	3	2	1	136	117	5
St. Ignatius'	3	2	1	130	118	5
Shore	3	0	3	89	110	3
Kings	3	0	3	136	190	3
Grammar	3	0	3	93	153	3

Photos of 14's in action on Saturday





Best of luck to everyone this Saturday against Newington. Go High!

Go HIGH!

Play Hard, Play Smart and Play Together!

Brought to you by Editor Archie Fox





#### "It is not about the size of the dog in the fight, but about the size of the fight in the dog."

#### High vs Shore (Trial Round)

	1st Grade	Result (WIN)	2 <sup>nd</sup> Grade (WIN)	Result
D1	1 + 2	W 4-6 6-3 14-12	1 + 6	W 6-1 6-0
D2	3 + 6	W 6-4 7-6	3 + 5	W 6-1 6-1
D3	4 + 5	L 6-3 7-5	4 + 6	L 6-2 6-3
S1	Stevie Young	W 6-2 6-1	Daniel Zhang	W 6-0 6-2
S2	Adam Smagarinsky	L 6-2 6-2	Wanyu Tang	W 6-3 6-1
S3	Matthew O'Sullivan	L 6-4 2-6 6-3	Danny Yu	W 6-2 6-4
S4	Samuel Yu	W 6-4 6-2	George Ge	W 7-5 0-6 4-4 DNF
S5	Antonio Li	DNF	Khobi Deep	W 6-4 6-1
S6	Andre Putilin	W 6-0 6-0	Cyrus Dadgostar	W 6-2 6-4

#### 1st Grade

Sydney Boys first grade tennis was excited to return to the competitive arena of GPS tennis coming back on 23rd of January after two cancelled flights in Melbourne. The training camp refined and developed certain skills while allowing us to experience first hand the top players in the world at the Australian Open. We managed to see Tomic, Kyrgios, Hewitt and many others as well. The season's recommencement against Shore gave as a little opportunity to rectify our performance from late last year achieving a 5.5-3.5 victory. Stevie and I played our best doubles match to date executing shots of a wide spectrum of difficulty. While also keeping our opponents on the defensive through a serve and volley tactic. Although being down 7-3 in the match tie-break we were able to come back and win in a nail-biting 14-12 having overcome at least one match point. We also had some great additions to Sydney High and Sydney High Tennis with Samuel Yu and Andre Putilin who were both instrumental in our victory. Andre in particular making easy work of his opposition, clearly showcased in the score line. Next round is against Grammar.

Adam Smagarinsky First Grade Captain

2<sup>nd</sup> Grade

The 2016 tennis season began with a trial match at Shore's playing fields, which allowed the team to ease ourselves back into the right mentality for the upcoming season. With four new additions to the team, our line-up was filled with a formidable array of weaponry: a hard-hitting forehand, massive kick serve, dominant volleys, accurate rally shots, wide court coverage, and unlimited fitness. In the doubles, our number 1 (Daniel Zhang & Cyrus Dadgostar) and 2 (Wanyu Tang & Danny Yu) pairs were formidable, winning 6-1 6-0 and 6-1 6-1 in their respective matches. Unfortunately, Khobi Deep and I playing as the number 3 doubles pair were unable to win. However, we did face a more experienced opponent. In the singles, Daniel and Wanyu were able to win comfortably in straight sets, while Danny, Khobi and Cyrus had to overcome slight obstacles before also winning in straight sets. I, however, facing drastically changing performance on my part, won the first set but lost the second. Heavy rain meant that the match ended at 4 games apiece in the third. All in all, it was a good performance from the team, and it shows much promise for the future. Special mention for Daniel Zhang, who only dropped 3 games the entire

George Ge Second Grade Captain

High vs Sydney Grammar (GPS Round 3)

	1st Grade	Result (WIN)	2 <sup>nd</sup> Grade (WIN)	Result
D1	1 + 2	W 6-2 4-6 12-10	1 + 2	W 6-0 6-1
D2	3 + 6	W 6-4 4-6 18-16	3 + 5	W 6-2 7-5
D3	4 + 5	W 6-2 6-3	4 + 6	W 6-0 6-1
S1	Stevie Young	W 6-2 6-2	Wanyu Tang	W 6-3 6-1
S2	Adam Smagarinsky	W 6-3 6-1	Danny Yu	W 7-6 6-3
S3	Matthew O'Sullivan	W 6-2 6-4	Aaron Tang	W 6-2 6-3
S4	Samuel Yu	W 6-3 6-2	George Ge	W 6-2 6-3
S5	Antonio Li	W 6-1 6-2	Khobi Deep	W 6-4 6-2
S6	Daniel Zhang	W 6-3 6-1	Cyrus Dadgostar	W 6-2 6-4

#### 1st Grade

This Saturday's result for First and Second Grade tennis was definitely a stand out. We did not lose a singles match and only losing two sets of doubles. 24-0! Nevertheless first grade did not go without any excitingly tight doubles matches with doubles 1 and 2 finishing in nail-biting fashion. Stevie and I won our match 12-10 and Matthew and Antonio won theirs 18-16. Evidently our hours of practice specifically in super-tiebreaks proved vital in this week's match. In the singles we had comfortable wins from number 1 to number 6. Daniel Zhang making his debut for the team, a result of his commitment to the tennis regime was able to win 6-3 6-1. Such a great win keeps us in the hunt for title contention. Next week against Newington current leaders of the GPS will be tough but with boosts in confidence after the summer break we are excited and ready for the challenge ahead.

Adam Smagarinsky First Grade Captain

#### 2<sup>nd</sup> Grade

We played Sydney Grammar in the third round of the AAGPS tournament, continuing from the last two rounds last year. There was a minor change to the teams once again, with Aaron Tang replacing the spot left by Daniel Zhang who moved up to first grade. We were all fairly confident of our abilities, and it showed in our results. The first doubles pair of Wanyu Tang and Danny Yu were able to demolish their opponents 6-0 6-1. Cyrus Dadgostar and myself were also able to beat our opponents 6-

0 6-1 as the third doubles pair. Aaron and Khobi Deep won 6-2 7-5, still somewhat testing their teamwork as a new doubles pair at number 2. In the singles, Wanyu as number 1 won in convincing straight sets 6-3 6-1 along with Aaron who won 6-2 6-3, myself winning 6-2 6-3, Khobi winning 6-4 6-2 and Cyrus winning 6-2 6-4. Danny, who was not at the peak of his abilities, managed to his credit, stay strong and win 7-6 6-3. Winning all the matches against Grammar gave us a much needed boost of 12 points to our premiership campaign. We will all be looking forward to our next match to maintain the lead in the tournament

George Ge Second Grade Captain

#### **Sport Absence Detention System**

The Sports Department is streamlining the sports absences and detention system for students. Parents are required to email through to the <a href="mailto:absences.sport@sbhs.nsw.edu.au">absences.sport@sbhs.nsw.edu.au</a> address when their son is absent from a training session/Saturday sport with the following details:

Saturday Absence – Parents are to email by Monday 9am

Training Session Absence – Parents are to email by Friday 9am

Student Number: Student name Sport Team Reason for absence Date/s for absence

Students will be making up their unexplained absence from available training sessions.

#### Saturday Sport/Training Session:

- Saturday Sport: Students will be emailed by Monday pm if they are receiving a detention for an unexplained Saturday absence
  - Saturday unexplained absence 2 x make up training sessions (on top of the usual training sessions) to be completed within 4 weeks of the original detention email
  - Note: students have until Wednesday of that specific week to appeal the detention with Mr Pavone in the PDHPE staffroom

#### Weekday Training Session:

- Students will be emailed by Friday pm if they are receiving a detention for an unexplained training session absence
  - Weekday unexplained absence 2 x make up training session (on top of the usual training sessions) to be completed within 4 weeks of the original detention email.
- Students have until Wednesday of the following week to appeal the detention with Mr Pavone in
- the PDHPE Staffroom

Name:	Student ID:	Sport:

You have been given this detention slip because of your unexplained absence for Saturday Sport/Training Session

#### Instructions:

- Saturday Absence: You are to make up this unexplained absence through two (2) make up training sessions within 4 weeks of receiving the email
- Training Session: You are to make up this unexplained absence through one (2) make up training sessions within 4 weeks of receiving this slip
- Sprints Monday 3:30 Moore Park West (summer sport), Tuesday 3.30 Moore Park West (Winter Sport)
- Weights Training if you are a member of the weights room then you can complete the sessions any morning or afternoon (except Friday pm)
- High Runner's Club Friday 7:45am, meet outside the Gymnasium
- A pre-season training session whereby a Master in Charge is able to witness your attendance
- You must scan your student identification at the weights room and ensure it is only counted once and is scanned in the section heading: Detentions (See Mr Kurt Rich if you are unsure of this)

\*note – If you are injured, then you must report to Mr Kurt Rich in the weights room for detention duties.



# VERITATE ET VIRTUTE



#### Cricket Results – 2016 Term 1 Week 2, Saturday 6 February

Team	Score	Result	Highlights
1st XI	SBHS 10 – 159 v's Grammar 8 – 45	N/A	Vivek Kashyap 36, Vishal Nomula 30, Kabir Agrawal 5-6
2 <sup>nd</sup> XI	SBHS 0 – 61 v's Grammar 10 – 147	N/A	Menuja Goonaratne 3-16, Saarangan Arvind 3-18, Harishaan Puvenanthran 32*
3rd XI		W/O	
4 <sup>th</sup> XI	SBHS 10 – 49 v's Grammar 1 – 51	Lost	
5 <sup>th</sup> XI	Bye		
16A		W/O	
16B	SBHS 7 – 106 v's Grammar 4 – 112	Lost	Shourov Quazi 33
15A		W/O	
15B	SBHS 10 – 76 v's Grammar 5 – 145	Lost	
15C	SBHS 10 – 45 v's Grammar 5 – 210	Lost	
14A		W/O	
14B	SBHS 3 – 145 v's Grammar 10 – 112	Won	Gurman Ichhiponani 51, Vincent Dorahy 30, Subhash Kondappan 3-13, Gurman Ichhiponani 3-20
14C	SBHS 7 – 74 v's Grammar 6 – 148	Lost	
14D	SBHS 10 – 33 v Grammar 0 – 35	Lost	
13A	SBHS 10 – 31 v Grammar 7 – 137	Lost	
13B	SBHS 10 – 28 v Grammar 0 – 30	Lost	
13C		W/O	
13D	Development Squad		
Note:	W/O = Washed Out		

Junior Cricketer of the year award (Includes GPS and Tour matches):

#### Points:

• 1 run = 1 point	<ul><li>1 wicket = 20 points</li></ul>	• 1 run out = 10 points
• 1 catch = 10 points	<ul><li>1 stumping = 20 points</li></ul>	

#### After Round 4.5:

Position	Name	Team	Points
1	Gurman Ichhponani	14B	403
2	Cameron Pereira	2nd XI	274
3	Mukund Rangarajan	14A	218
4	Henry Nguyen	14B	209
5	Adi Senthil	14A	203
6	Subhash Kondappan Velliangir	14B	176
7	Raghav Ramanathan	15A	171
8	Soneeshan Selvarajah	15A	144
9	Hirosh Manoharan	14B/C	124
10	Kaeshikan Ravi Raj	14C	102
11	Nicholas Leong	15A	99

<sup>\*\*</sup>Players must be from the U13, U14, U15 age group

12	Henry Ho	15B	96
13	Pico Dos Santos-Lee	15A	90

#### MIC of Cricket Report

The U13s played their first match for SBHS and they were all very excited and eager to get out there and play. Grammar showed a lot of depth in their junior cricket teams being too strong for our boys. Many of our students are still learning the game so with a lot of work and dedication to improve we will be able to compete at the senior level.



U13As opening bowler, Pulkit Balhra, celebrating their first wicket for SBHS

Unfortunately the U14As got washed out as they were keen to try and make it two wins in a row. The 14Bs got on and played superbly thanks to Gurman Ichhponani (51) and Vincent Dorahy (30) smashing the ball around at the end of the innings. Gurman then backed this up with three more wickets being the stand out junior player for the 2015-16 season, helping them go two for two to start the new year. The U14s are showing great depth in this age group winning the majority of their games.

The 16Bs had their best result for the season narrowly losing to Grammar by just 6 runs. A few basic skills, such as running between the wickets, can easily be improved and possibly turn those close games into a win.

For our 1st and 2nd XI teams we are looking extremely strong to win both matches. To be winning both games in the same round will be the first time in a very long time. The 2nd XI bowled very well, especially our two Year 8 boys and one Year 9 student who took eight of the ten wickets. They bowled full, straight and swung the ball and were deservedly rewarded with their wickets. At one stage we had them 6-70 at lunch. We started our innings with 20 overs remaining in the day. The boys were very anxious, but the openers again, Harishaan

Puvenanthran (32\*) and Vyaas Rajan (23\*), got the team off to a flying start finishing the day at 0-61.



Harishaan Puvenanthran (32\*) and Vyaas Rajan (23\*) stumps on day one finishing at 0-61

The 1st XI is in a commanding position to not only take first innings but possibly win outright. If we can get the remaining two wickets for more than a 100 run lead we have the option to enforce the follow on. We batted first and got off to a solid start being 3-103. We then lost three very quick wickets with Tully Moffatt (29) pushing the total to a respectable score of 159. Kabir Agrawal (5-6 from just 6 overs) was instrumental, bowling huge inswingers causing the batsman many problems. As he said, "they just couldn't play me". This has placed us well with the boys pumped to get out there and finish them off.

This Saturday Group I teams that were not washed out in the first week will be day two of their match. Group I teams that were washed will be playing in a limited over one-day match. Group II teams will be playing against Newington.

To all parents and players, don't forget to go through the points below:

- Please make sure that all the boys wear SBHS logo hats and tops.
- They are not to wear thongs to and from their fixtures.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- Please notify their coaches if they are unable to attend training or their fixture.

Geoff Tesoriero MIC of Cricket

#### Sydney High Annual Basketball Dinner 2016

Celebrate another fantastic year of basketball at High by organising your team to attend the 11th Annual Basketball Dinner and finish the year in winning style!

Every team will receive trophies for the Most Valuable Player and Most Improved Player. Speeches will be made by staff members about their age groups and players will be able to show their thanks to them as well (buy your coach a present). There will be a big screen projection of the Annual Highlight video presentation and the best meal in the history of the dinner. Old Boy and College Basketball Player of the year nominee; Emmett Naar's singlet will be on auction!

When: Friday 1 April 2016. Commences at 6:00pm, Concludes at 9:15pm

Where: Great Hall, Sydney Boys High School

Who: Players, parents, friends, supporters and coaches of all teams!

Why: 1. Because the friendships made through SBHS Basketball last a lifetime

2. Because the program has improved significantly again this season and requires your support for this to continue

#### STUDENTS TO ATTEND IN SCHOOL UNIFORM

All drinks will be provided on the night. Advise when booking if a vegetarian meal is required.

210 seats only – limited seats – pay at the office today, especially if you won an award.

Please pay ASAP. All meals are Halal.

NB: Proceeds from ticket sales etc. go into the Basketball program to help improve future basketball experiences for our students.

Please return the slip below with \$40/per person to the front office by Friday 4 March 2016

		Sydney High	Basketball Din	ner	
STUDENT NAME: Type of payment: C Card Type: M Ticket cost: \$40  Card Number:	heque   lastercard   No. of tickets:	Cash □ Visa □ ———	Credit Card Expiry Date:	/	Ī.
Cardholder's Name: _		[please	nrintl	<del></del>	
Cardholder's Signatur (Cardholder's Signatur (Cardholder's Signatur	Office Use Only)		_ Bus. Phone: _		
Student Name/s: Number of adults: Number of vegetarian	Numb	er of students		Basketball Team/s	se.g 15F

		Lunch and Recess				
Breakfast		Items			Hot Food	
		*So you don't miss out on what y	ou want for	lunch		
Cheese Toast	\$1.40	make sure you ORDER it be			Chicken Fingers	\$1.50
Cheese & Tomato Toast	\$1.70				Chicken & Corn Roll	\$1.50
Cheese/spinach/tomato	¢2.00				Objetes Dites	<b>#2.00</b>
toast	\$2.00	Can desirba a / Wearra / Dalla		D-II-	Chicken Bites	\$2.00
Croissant - Ham & Cheese	\$2.80	Sandwiches / Wraps / Rolls  Buttered Roll		Rolls	Chicken Burger Chicken Mayo Bell (het)	\$4.00
Bacon & Egg Muffin	\$3.00		¢1 70	\$1.40	Chicken Mayo Roll (hot)	\$4.00
Hot Chocolate (3rd Term)	\$1.00	Cheese & Tomato (v)	\$1.70	\$2.20	Chicken Mayo Sandwich (hot)	\$3.00
		Cheese & Salad (v)	\$2.60	\$3.00	Chicken Schnitzel Roll	\$4.00
		Chicken & Coleslaw	\$3.60	\$4.20	Focaccia - chicken/avo/cheese	\$3.00
F '11/0 1		Chicken & Lettuce	\$3.60	\$4.20	Focaccia - chicken/mayo/cheese	\$3.00
Fruit / Snacks	¢0.00	Chicken & Salad	\$3.80	\$4.40	Garlic Bread (v)	\$1.50
Fruit - apple/orange/banana	\$0.80	Curried Egg & Lettuce (v)	\$2.60	\$3.00	Japanese don, noodles	\$5.00
Fruit Salad	\$3.00	Dagwood Roll	40.10	\$3.60	Lasagne/Macaroni Cheese	\$3.40
Banana Bread	\$2.20	Egg & Lettuce (v)	\$2.60	\$3.00	Noodles In A Cup	\$2.50
Muffin	\$3.30	Egg & Salad (v)	\$2.80	\$3.40	Pasta - homemade Pide - sausage,	\$3.60
Custard tart	\$3.30	Ham & Tomato	\$3.00	\$3.60	chicken/mushroom	\$5.00
Donut	\$2.80	Ham & Salad	\$3.40	\$4.00	Pide - spinach/cheese (v)	\$5.00
		Roast Beef & Tomato	\$3.00	\$3.60	Pie - Garlo's (halal)	\$4.50
Drinks		Roast Beef & Mustard & Lettuce	\$3.00	\$3.60	Pie - meat (sauce+20c)	\$3.70
300ml Plain Milk	\$1.20	Roast Beef & Salad	\$3.40	\$4.00	Pie - Pizza	\$3.70
300ml Flavoured Milk	\$2.00	Salad (v)	\$2.40	\$3.00	Pie - potato	\$4.50
600ml Plain Milk	\$2.00	Salmon & Salad	\$3.60	\$4.20	Pizza Slab	\$3.00
600ml Flavoured Milk	\$2.60	Vegemite	\$1.20	\$1.50	Rice Box - homemade	\$3.60
Up & Go	\$2.00	Turkey cranberry	\$3.40	\$4.00	Sausage Roll	\$2.80
Water - spring	\$1.50	Wraps	\$3.50		Spinach Ricotta Roll (v)	\$2.80
Water - Pump	\$3.00	Anari	\$3.20		Steak & onion roll	\$4.00
Water - Quench carbonated	\$2.00	Sushi	\$3.20		Sweet Chilli Chicken Sub/Wrap	\$4.20
Berri Juice	\$2.50				Traveller Pies	\$3.50
Appletiser	\$2.00					
LoL	\$2.00					
Chill Aloe Vera	\$2.50					
Powerade	\$3.50	Munch box	\$5.00		Miscellaneous	
Ice Tea	\$3.50	Vietnamese Rolls	\$3.20		Tissues	\$0.60
	, 2.30		, , , , ,		Spoons / Forks	\$0.05
		Salad Boxes(meat or egg)	\$5.00		(supplied free with meal puchase)	+ 5.50
		Salad Box (small)	\$4.00		(	1
Special Orders			÷		Seasonal Foods	
# If you have specific die needs or your favourite sar is not on the menu - all you to do is ask! We may be al make it for you. Make sure order before school.	ndwich u have ble to e you				**NB Not all food items are availathe time. For example, home styl boxes - pasta, rice, salads, soup all seasonal. Please check with canteen before you order.	le lunch etc are h the
	0.00	2016 PRICE I 9.00 am *Breakfast is available				

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Contact : Dave Te Rata - High Notes Editor

P: 9662 9300 F: 9662 9310

Email: highnotes@sbhs.nsw.edu.au

N.B. Content is subject to approval



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Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 A	Sports Physiotherapist, 07:00-09:00, 901 Peer Support - VE4-P1 Y10 High Resolves Leadership Training, all day (30 boys)	16 Class test: 8MaU-P1 Years 10, 11 and 12 Awards Assembly, Great Hall, 09:55-10:40	17 Years 7, 8 and 9 Awards Assembly, Great Hall, 09:55-10:40 Peer Support - VE9-P2, VE8-P3	18 Peer Support - VE7-P3	19 ***  Marching Band Rehearsal, MPW, 08:00-09:00  Visit from Teachers Mutual Bank Rep, Staff Common Room, lunchtime Class test: 9MaA-P3 Selective Schools Conference-Principals, Sydney Boys High School Peer support: VE1-P1, VE6-P4, VE5-P5 Swimming: GPS Carnival 2 - Qualifier 1, Newington, 19:00	20 Sport: Group 1 SIC v SHS, Group 2 SIC v SHS Rowing: SRC Regatta, Seniors Rowing: GPS Junior Regatta, Iron Cove Parking: Sydney FC v Western Sydney Wanderers, 19:30 (Football)	21
5 B	Sports Physiotherapist, 07:00-09:00, 901 Attendance and Progress Review (all Years) Year 10 Meeting, Great Hall, 09:55-10:20 Peer Support - VE7-P2 Wallarugby House Oztag Lunchtime competition, Y7 HSC Assessment: Yr 12 English Extension Creative Writing Exam, Period 5 (rooms 202,	Year 9 Meeting, Great Hall, 09:55-10:20 Wallarugby House Oztag Lunchtime competition, Y7 Marching Band Rehearsal, Great Hall, 15:30-16:30 Music Committee meeting, Staff Common Room, 18:30 Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30	Year 11 Study Skills Morning, Senior Library, (selected students)09:00-10:00 HSC Assessment: Modern History, P3, Great Hall Class tests: 9MaU-P3, 8MaS-P4 Wallarugby House Oztag Lunchtime competition, Y7 Rowing: Committee Meeting, Staff Common Room, 19:00	25 Year 7 Try Rugby Day, McKay, P1-3 School Photographic Workshop, Filmaking extension students and selected year 12 Class test: 10MaD-P3	Marching Band Rehearsal, MPW, 08:00-09:00 Excursion: Studies of Religion, Years 11 and 12, Nan Tien Temple, Wollongong Volleyball: Sydney East Trials and KO Peer support: VE8-P2, VE9-P2, VE3-P3, VE5-P4, VE2-P5 Year 8 Meeting, Great Hall, 10:15-10:40 Swimming: GPS Carnival 3,	Sport: Group 1 SIC v SHS, Group 2 SHS v TKS Rowing: Riverview Gold Cup Parking: Waratahs v Reds, 19:40 (Basketball)	Preliminary GPS Combined Cricket
6 C	29 Sports Physiotherapist, 07:00-09:00, 901 Art Camp Bundanon Y10/11 VA, VD Winter Sports Selections (online) Sport: SE Golf championships	1 Art Camp Bundanon Y10/11 VA, VD Swimming: Zone Carnival, Botany Pool Peer Support - VE6-P3 Marching Band Rehearsal, Great Hall, 15:30-16:30	2 Art Camp Bundanon Y10/11 VA, VD Preliminary HSC assessment: Ancient History, P2, 402 Meet The Music, Opera House, 18:30-20:15	Sports Council Meeting, Board Room, 07:30 Year 7 Meeting, Selected Locations, 09:55-10:20 DT Excursion: Powerhouse Museum, 09:00-13:00 Year 11 Assessment: Studies of Religion, room 205, P1-5 Elevate Workshop: Year 10 Selected Students, P1 (Ace Your Exams) Junior Rowing Photos, Abbotsford, 14:00	Marching Band Rehearsal, MPW, 08:00-09:00 Clean up Australia Day, 06:30-09:00 External collection: Bandaged Bear, 06:30-08:30 Year 10 High Resolves Leadership Training, all day (30 boys) Peer support: VE1-P3, VE2-P4, VE4-P4 Chess Selection Trials, Great Hall, 09:00-15:20	Sport: Group 1 SHS v TSC, Group 2 SHS v TSC Rowing: NSW Schoolboy Regatta, SIRC Rowing: Scots Junior Regatta, Hen and Chicken Bay Cricket: Dinner, Great Hall, 18:30-21:30	Sydney Roosters v South Sydney Rabbitohs,
7 A	7 Cricket: NSW Schoolboys Carnival Sports Physiotherapist, 07:00-09:00, 901 Peer Support - VE4-P1 Water Polo: Open Water Polo Knockout CVD GPS Basketball Try outs, Riverview, 16:00-18:00 Football: Meeting for students and Coaches, Great Hall, 15:15	8 Cricket: NSW Schoolboys Carnival High Resolves - Year 8 + 10 (Integrative Thinking Program), Great Hall, 09:00-14:00 Peer Support - VE3-P2 Marching Band Rehearsal, Great Hall, 15:30-16:30 School Council Meeting, Board Room, 17:30-19:00	Cricket: NSW Schoolboys Carnival Last day of Summer Sport (Years 10-12) Summer Sports Photos, 09:00-12:30 Peer Support - VE9-P2, VE8-P3 Elevate Workshop: Year 8 Selected Students, P5 (Time Management) GPS Basketball Training and Dinner	10 Selective Schools Entrance Test for Year 7 2017, Great Hall, 08:00-15:20 Cricket: NSW Schoolboys Carnival Peer Support - VE7-P3 Last day of Summer Sport (Years 7-9)	Marching Band Rehearsal, MPW, 08:00-09:00 Cricket: NSW Schoolboys Carnival Rowing: Assembly, Great Hall, 10:15-11:00 (9, 11, 12) Years 7, 11 and 12 vaccinations and Year 8 catch ups, Jnr library, 09:00-13:00 Peer support: VE1-P1, VE6-P4, VE5-P5 Debating: Eastside SBHS v	Rowing: GPS Head of the River, SIRC Parking: Sydney FC v Wellington Phoenix, 17:15 (Music)	13