





The Weekly Newsletter of Sydney Boys High School

Vol 16 No 14 15 May 2015

### From the Principal

**High Talent** 

# Well Done!

At the fencing National Schools Team Qualifying Tournament, our sabre team won gold. Our Epée team A won gold and B won silver. These teams have qualified for the national schools competition to be held in Brisbane in June. Well done boys! Congratulations to Sam Musgrove who was selected in the CHS first XV rugby team at No 8 after selection trials in Wagga Wagga last week.

### **AAGPS Athletics Carnival**

The AAGPS carnival was held in warm sunshine at SOPAC last Saturday. Our junior boys were very competitive, finishing just 4 points away from a third placing. The intermediate division placed fifth and we struggled in the senior division finishing only in front of TAS. There were some impressive performances, including: Ben Nguyen -U13 long jump 1st, U13 90m hurdles championship1st, U13 championship 2<sup>nd</sup>; Lucas Wong – U15 200m championship 1st, U15 100m. championship 1st; Kazi Hasan U13 200m division 1st, U13 100m division 1st. Multiple placegetters were: Oliver Gao -U14 long jump 3<sup>rd</sup>, U14 100m division 2<sup>nd</sup>; Conor McGrath - U16 800m division 3<sup>rd</sup> ,U16 1500m championship Clinton So – U15 100m championship 3rd, U15 long jump 3rd. Third places were earned by: our relay teams in the 4x400 junior, U13 4x100 and U16 4x100, Anderson Chan U14 400m championship, Desmond Cai U16 100m championship, Luke Schofield Open 3000m championship and Vasco Santos-Dwyer U14 high jump. Jayden

Schofield was 2<sup>nd</sup> in the Open 3000m division. Congratulations to all our successful competitors! Thank you to all staff and students who assisted on the day.

### Athletics Assembly

Our guest speaker, Greg Haddrick, linked the pressure of moments in athletic competition where nerves needed to be conquered and good, calm choices made, to his life as a writer and producer of TV and film. He recounted two highly stressful events relating to 'colourful underworld identities' where he was forced to think on his feet under great stress and come up with a course of action to allow the projects to proceed. He outlined his life lessons from sport at school and how they have helped him in his professional career. My speech to the assembly follows:

Special guest Greg Haddrick, coaches, parents, Old Boys and GPS competitors, welcome to our athletics assembly for 2015. I acknowledge this morning the Gadigal people of the Eora nation as the custodians of the land on which we meet and pay my respects to elders past and present and extend that respect to any Aboriginal people here today. We have developed higher expectations about our athletics program over the last few years and we expect another strong showing at the GPS carnival tomorrow.

Athletics MIC, Kurt Rich, has built up a great team of coaches and his efficient administration has made an impact in what is a very short athletics season that had to be kept going during two weeks of holidays. I want to acknowledge the fine job that Kurt has done with the athletics program 2013-15.



Kurt and Head Coach Joshua Tassell (SHS 2010) have grown together as a team to give athletics back a pride in itself and instilled in the boys a joy of competition. Joshua and Eugene Lee (SHS 2014) are coaching sprints with Joshua Leo (SHS 2014) as a keen utility coach. Middle distance head coach, Lachlan Youll, ably assisted by long distance guy Adam Booth (SHS 2012) and Ned Anson (SHS 2014), has increased the depth competitiveness of our distance squad. Christian Lozada, head hurdles coach, has given our jumpers enhanced self-confidence and a much better technique. We are hoping to improve our finishing positions in quite a few hurdling events.

Andrew Walters (SHS 2003) joined athletics this year to coach shot put. He has put a lot of emphasis in improving our technique. It is too early for much improvement to come through but the future of our shot put contingent looks rosier. Davina Strauss has nurtured a strong long jumping culture over the past two years. Our boys have more self-belief in this discipline. Thank you to our High stalwarts Wayne Baldock, Mark Gainford, Sean Creer and Terry Lancaster (SHS 1963) for their help at carnivals as managers and marshals. You are helping to keep the culture of athletics at High strong.

When people are immersed in a structure and a culture surprising results can emerge. The great Australian athlete, Cathy Freeman, has a rightful place in the Sport Australia Hall of Fame 'Great Sporting Moments' in Australian sport. Her inspirational win in the 400m at the Sydney Olympics in her distinctive full length running suit was a wonderful national moment. However, her effort was no one-off highlight or lucky run. Ten years earlier at age 16 she had won a gold medal at the Commonwealth Games in Auckland in the 4 x100m relay. In 1994 she won gold in the 200m and 400m at the Commonwealth Games at Victoria in Canada. In 1996 she won a silver medal in the 400m at the Olympic Games in Atlanta, followed by world championship 400m gold medals at Athens in 1997 and Seville in 1999. Cathy had a long and very distinguished career, but how was it possible for her to become an international athlete?

Building up a routine of disciplined training in early life is an effective platform from which to launch a full time career in athletics. Until age 13, Cathy was mentored in her sport by her stepfather, Bruce Barber. He recognised and developed her talent and had the prescience to know when professional coaching would be needed for her to reach her potential. Cathy moved to Kooralbyn International School as a 14-year old to be trained by Romanian Mike Danita who was to become her long-time coach and mentor. Danita designed for her a strict training and lifestyle regime. Three years later she was running for Australia. She had the motivation, physical attributes, psychological capacity and the right opportunities on offer, to convert her natural gifts into performance talent.

Hard preparation over a sustained period is always a precursor to success in athletics, as it is for most activities performed at an excellent level. The '10,000 hours rule' applies. Given our small population, distance from strong competition and with Southern Hemisphere seasonal issues, it is rare for Australia to produce world class athletes in track and field. Cathy had the talent, the drive and the right people mentoring her and she became a significant international athlete.

Athletes need to get the right training while at school in order to develop excellence later in their lives. High runs a very good athletics program. We have the people, the program and the facilities. Be inspired to participate by the example of the GPS athletics team to be introduced to you today. As customary, I wish all of the boys selected in events for tomorrow's carnival a PB performance. I hope many High boys will be there to witness your efforts.

Year 12 Reports



Year 12 boys should have their reports. If not, please ask your son to complete his Clearance Form and make an appointment to discuss his report with me. One week from this Friday (ie 22/5/15) is the last occasion for boys to make an appointment. Thereafter, I will make personal contact with the families of the boys with uncollected reports.

Dr K A Jaggar Principal

### From the Canteen

Thank you to our volunteers last week, your help is very much appreciated.



MON: Usha Arvind

TUES: Annie Zhang, Frank(Yu Liu), Penny Chan,

WED: Cindy Tseu, Jenny Chiu, Kunti Ranade, Faidha Razmi,

THUR: Annie Jiang, Xing Ping Zhang, Pit Trent,

FRI: Thajeewa Pingamage, Sam Guo, Jeannie Vye, Penny Chan,

Sharon Hughes President Canteen Committee

# NSW Bright to Brilliant - Presentation to Families and Adults 30<sup>th</sup> May

**Time:** 2:30 – 4:00pm

Venue: UTS Sydney, University of Technology

Sydney Broadway Street, Sydney. The Campus is approx 5 minute walk from

Central Station.

Cost: Free

https://www.mensa.org.au/events/event/nsw-bright-to-brilliant-presentation-to-families-and-adults

The organisers are saving us 10 seats. Please contact Ms Powell for more information.

### **Debating MIC Report**



In spite of our rather non-orthodox approach of not choosing teams in FED at all we still managed to achieve the following:

Year 7 into the Semi. Year 10 and Senior B into the Finals.

Good Luck to all three teams who will remain the same for the last two rounds. Congratulations to any boy who debated in the FED competition. Your participation has been of benefit to your own development as a debater and benefited the school competitively as well.

FED Finals are at Newington on 22<sup>nd</sup> May.

In Eastside we have teams in the Semi Finals in Years 9-12. Semi Finals are this Friday 15<sup>th</sup> May at SGHS and finals are two weeks after this on Friday 29<sup>th</sup> May at SGHS. Good Luck to all the teams who have made it through this far.

Year 12

SCEGGS vs SGHS

Scots vs SBHS

Year 11

SGHS vs SBHS

Grammar vs Rose Bay

Year 10

Grammar vs Cranbrook

SGHS vs SBHS

Year 9

SCEGGS vs Grammar

SGHS vs SBHS

Rachel Powell Debating MIC Hello. First off, I would like to congratulate all those debaters who made a GPS debating team. It's a wonderful experience and one that I'm sure you will enjoy. If you didn't make a team that you wanted, my commiserations. However I encourage you not to give up and keep trying in coaching and watching some senior debates. Some of the best debaters I know often didn't make a team in their junior years, or were in the Bs.

In the meantime it's an exciting period in our Eastside and FED comps. It's rare to see FED teams make the semi-finals or finals due to the rotating nature of the squad, but this year both the Year 10 and Senior B teams are going on to the finals and the Year 7 team is entering the semi-final. The success in FED is a testament to the skill of our debaters and often the more social nature of FED is more helpful in refining debating techniques in a more relaxed environment. In any case I wish all the teams moving forward in FED good luck in their debates. Historically High has done quite well in Eastside, and we have carried on the tradition this year with Years 9, 10, 11, and 12 teams making it to the Semi-Finals at SGHS this Friday. As Eastside is a more intensive competition, the schools' teams often have some of the best debaters from their schools competing and thus it is a challenging competition. All teams who made it through should be congratulated on their success.

With the advent of both semi-finals and finals in these competitions, I urge all debaters to relax, and enjoy debating. As long as you try your best it should be a great debate and an enjoyable one. Besides there's nothing more fun than being right, knowing you're right, and proving why the opposition's case holds no merit, in the most sassiest and annoying way possible. If you are not debating this week I still urge you to watch some of the debates. It's often encouraging to have friendly faces to talk to rather than the back of a chair or the judging face of the adjudicator. Besides, by making it this far your friends deserve your support and encouragement as much as possible. Plus, it's just a quick walk over the Girls School.

I look forward to hearing about our wins this Friday and am sure that you will have fun along the way too. Making the Semi-Finals and Finals is a rare and unique opportunity, so be sure to make the most out of it. Good Luck!

Ganeshmoorthy Chandrasekaran Debating Prefect

# Software Design & Development Student Success



Congratulations go to Kevin Ni (Year 11), who has qualified for the second Round of the Google Code Jam competition.

Google Code Jam challenges professional and student programmers around the globe to solve difficult algorithmic puzzles. The four online Code Jam rounds will conclude with the World Finals at Google's Seattle office this August. The competition will really heat up during the finals, where the top 25 contestants, along with last year's champion, Gennady Korotkevich of Belarus, will jam it out for the \$15,000 grand prize; the coveted title of Code Jam 2015 Champion and automatic qualification in the Code Jam 2016 finals, to defend the title.

Round two will be held on Saturday, May 30<sup>th</sup> at Midnight because of the online nature of the competition, and it being run by Google in the USA. Wish him luck!

Sydney Boys High Weightlifting Club Summary



Very few will be aware that the Sydney Boys High Weights Room is, as of this year, a registered weight lifting club. We are the first school in Australia to ever achieve this. Raising the funds necessary to register we have had 2 school boys (Rick Saha and Nigel Zhang) compete against other clubs. Due to a clash with the AAGPS Rick Saha was unable to compete at the State Weight Lifting Competition but Nigel Zhang was able to do so. Nigel placed 2<sup>nd</sup> in the U17 age group Snatching 75kg and Clean and Jerking 95kg. Look out for this program to develop over the years as the boys and myself as a coach continue to improve.



### **High Rugby**



### Open Invitation - Year 7 Rugby Parents

The High Rugby Parents Committee extend a warm invitation to the parents of our new Year 7 players to join us at McKay Oval from 8am on Saturday the 16th of May for a cup of tea and an introduction to the High Rugby community. We'd love you to join us, meet other High Rugby parents and watch our boys play our traditional season opening rival, St Pius X College.

We look forward to seeing you there.

### **SBHS** Drama

On Thursday May 7, Year 11's full-length, self-devised play *NO DIRT* premiered at SBHS. Written and Directed by James Merlo, Ellery Smith, Nelson Yin, and Robert Yuan, *NO DIRT* tackled some heavy issues, including human trafficking and class



divide. They performed incredibly well, and really delivered an exceptional performance. The first half surprised the audience, using locations around the school to set their scene (pun intended), and the second half was an intimate showcase in the Drama room. The boys have worked so hard on this project, and it was so wonderful to have so many familiar faces come and support their efforts. Special thanks to our guest actor from Year 10, Aryan Vatandoust, and our techs for the evening, Connor Fisher and Tushaya Mehndiratta. Congratulations to the Drama cohort, for a fantastic evenina!

Courtney Powell SBHS Drama Teacher

### **SBHS Fencing**



On the 9<sup>th</sup> of May, our top 4 fencing teams (1<sup>st</sup> sabre, 1<sup>st</sup> foil and 1<sup>st</sup> & 2<sup>nd</sup> epee) began the season by facing off against teams from around the state at the AJ Rae Senior Boys Team National Qualifiers for a chance to represent NSW at the National level.

The foil team (John Tian, Julian Tu, David Zhou, Jonathan Tran) was first up, arriving at the venue at a bright and early 6:45am, and beginning an hour

later in fine form, achieving 3<sup>rd</sup> place in their poule of 5 competitors before being bested by only a single point (44-45) in their following direct elimination round. Special mention to John Tian for his particularly unrelenting determination. The two epee teams (Peter Lin, Arthur Chao, David Huang, and James Ye, Kentaro Takahata, Patrick Han, Ronald Chan) competed next, easily achieving gold and silver respectively to both qualify for Nationals.

The sabre team (Garry Huang, Chi Mao, Simon Nguyen) fenced last but not least, cruising through two bouts (45-15, 45-17) to also secure gold medals and qualification for Nationals. Throughout the competition, William Zeng and James Siu were also present, kindly donating their time to referee.



With such positive results despite a larger turnout at the competition this year, our teams have high hopes and much confidence to match or better our performance throughout the season and at Brisbane later this June.

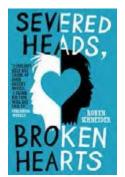
Garry Huang Captain of Blades

# What's Up in the McDonald Senior Library? 15/05/15



### LIBRARIAN'S "GOOD READS" PICKS Severed Heads, Broken Hearts

by Robyn Schneider



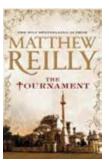
Ezra Faulkner's life is great until tragedy hits and his athletic career is destroyed after a car accident. His fall from grace means that he is no longer part of the popular crowd. This forces him to make many changes including the company he keeps by joining a group of

misfits which includes Cassidy Thorpe, a wonderfully weird and fascinating but mysterious girl, who he begins to find irresistible.

If you like John Green books like *The Fault in our Stars* and his many other titles you'll love this one. Sad, funny and quirky the story will keep you reading till the satisfying conclusion.

# The Tournament by Matthew Reilly

Matthew Reilly is known for his no-holds-barred action and adventure stories. *The Tournament* is different and has been described as the best book he has written so far. It does however bring many of



the qualities of his previous books with lots of action, mystery, suspense and danger in a historical fiction story. It's about a famous chess tournament held in the glittering city of Constantinople in 1546 by Suleiman the Magnificent the Sultan of the powerful

Ottoman Empire. Henry the VIII of England sends a delegation including the famous teacher Roger Ascham, Henry's daughter Bess (eventually to become Queen Elizabeth the 1st) and his best chess player to compete. After they arrive and amidst the excitement of the tournament, several barbaric murders take place and Bess and her teacher find themselves in great danger after they agree to investigate and solve the mystery.

Exciting, fascinating and unputdownable, this book will keep you reading till the early hours. Find both these great books and many more in the Senior Library on the new book stand.

### **GPS Athletics Summary**

After an efficient 8 week training block including 2 holiday weeks training with not one session being cancelled a well drilled athletics squad competed at Homebush in the Annual Athletics GPS Carnival and did the school proud.

Our Juniors placed 4<sup>th</sup> again just 4 points off 3<sup>rd</sup> place. Special mention must go to Ben Nguyen who was in 4 individual events winning one and coming 2<sup>nd</sup> in 2, he was also part of the U13 4x100m relay that placed 3<sup>rd</sup>. Kazi Hasan still eligible to compete as U12 won his 200m championship and 100m division race and was a part of the U13 4x100m. Vasco Santos-Dywer and Raghav Ramanathan both High Jumped enormous PBs and Vasco placed 3<sup>rd</sup> in U14 high jump, both earning the school points in events that High in recent times has not seen much success. Oliver Gao was able to come 3<sup>rd</sup> in his U14 long jump, and 2<sup>nd</sup> in his division hurdles as well as being part of the best Junior 4x400m (also included – Francis Nguyen, Allen Guo and Michael Woo – new boy) relay High has ever produced placing 3<sup>rd</sup> with a time of 3:55.98.

The Intermediate team improved their position from last year's and came up in 5<sup>th</sup> spot. Our sensational U15s age group were a good showing all season and the 16s really stood up to improve the division's position - Lucas Wong winning both his 200 and 100 championship races as well as being part of the 4x100m relay that came a very close 5<sup>th</sup>. New boy to the school Clinton So set the standard for how to make the most of what this great school and athletics program has to offer, not missing a session all season, rewarded him with 3<sup>rd</sup> in both his U15 hurdles championship and long jump; a hand laceration ruled him out of the 4x100m relay. Brandon Nguyen as well as appearing on the cover of the 2015 GPS program found the time to win his hurdles division race and was also the 1<sup>st</sup> runner in the U15s relay. Our 16s 4x100m relay (Jason Huo, Thien Dang, Desmond Cai and Eli Hall) pulled out a sensational race to place 3<sup>rd</sup>.

Our seniors represented their school with tremendous pride but a lack of depth, placing 8th. Luke and Jayden Schofield ran the infamous 3k race and amazed us all, Luke coming 3<sup>rd</sup> in championship and Jayden 2<sup>nd</sup> in division.

Thank you to all the parents who helped in particular Mr and Mrs Ho-Shon, Sports Master Mr Pavone for his continuous support for myself and of the program, the junior captain Ryan Ho-Shon, junior vice-captain Ryan Zheng, senior vice captain Rick Saha and Neil Song Captain of Athletics. Our coaches once again did a fantastic job and we hope they will all be back to coach next season.

We do however say goodbye to head coach Josh Tassell, his impact and involvement in the High Athletics program has been massive. He will be missed, but the Tassell Legacy will go on.



### 2015 AAGPS - 9/05/2015 120th Annual AAGPS Athletics Championships Sydney Olympic Park Athletics Centre Meet Summary - AAGPS

Akarsu, Ozan - Male - Sydney Boys #8 Men 800 Metre U13 Championship 2:40.17 (9) #50 Men 1500 Metre U13 Championship 5:19.65 (8) Borscz, Marcus - Male - Sydney Boys #45A Men Shot Put U14 Division 9.15m (6) Cai, Desmond - Male - Sydney Boys #41 Men 200 Metre U17 Championship 24.65 (9) #59 Men 100 Metre U16 Division 11.86 (3) Cai, James - Male - Sydney Boys #6 Men Long Jump Open Championship 6.02m (6) #49 Men High Jump Open Championship 1.50m (7) #62 Men 100 Metre U17 Championship 11.60 (7) Cao, Eric - Male - Sydney Boys #25 Men 90 Metre Hurdles U13 Division 16.73 (7) Casaclang, Noah - Male - Sydney Boys #45 Men Shot Put U14 Championship 9.20m (7) Chan, Anderson - Male - Sydney Boys #55 Men 100 Metre U14 Division 12.64 (5) #69 Men 400 Metre U14 Championship 57.97 (3) Chang, Ian - Male - Sydney Boys #5 Men Long Jump U17 Championship 5.75m (7) #61 Men 100 Metre U17 Division 11.87 (8) Chen, William F - Male - Sydney Boys #17 Men Shot Put U17 Championship 12.13m (7) Chen, William T - Male - Sydney Boys #21 Men 800 Metre U17 Division 2:08.86 (6) Dang, Thien - Male - Sydney Boys #40 Men 200 Metre U16 Championship 23.71 (6) #47 Men Long Jump U16 Championship 5.48m (6) #60 Men 100 Metre U16 Championship 11.79 (7) Dumas, Oscar - Male - Sydney Boys #15 Men High Jump U15 Championship 1.55m (7) Fan, Kevin - Male - Sydney Boys #34 Men 110 Metre Hurdles U17 Championship 16.53 (6) Forday, Jayden - Male - Sydney Boys #35 Men 110 Metre Hurdles Open Division 19.38 (7) Fowler, Noah - Male - Sydney Boys #18 Men Shot Put Open Championship 11.60m (7) Gao, Oliver - Male - Sydney Boys #14 Men Long Jump U14 Championship 5.06m (3) #27 Men 100 Metre Hurdles U14 Division 16.31 (2) Hasan, Kazi - Male - Sydney Boys #37 Men 200 Metre U13 Championship 25.35 (1) #53 Men 100 Metre U13 Division 12.37 (1) Ho, Michael - Male - Sydney Boys #73 Men 400 Metre Open Championship 58.81 (8)

Holmstrom, Eric - Male - Sydney Boys #12 Men 800 Metre U15 Championship 2:11.65 (6) #52 Men 1500 Metre U15 Championship 4:33.06 (4) Hong, Jason - Male - Sydney Boys #17A Men Shot Put U17 Division 10.84m (6) Horton, Jack - Male - Sydney Boys #11 Men 800 Metre U15 Division 2:15.76 (7) Ho-Shon, Ryan - Male - Sydney Boys #70 Men 400 Metre U15 Championship 55.11 (7) Licensed To: NSW School Sports Unit - Office Copy 9/05/2015 Page 2 Hua, Josh - Male - Sydney Boys #16 Men High Jump U16 Championship 1.60m (7) Huo, Jason - Male - Sydney Boys #36 Men 110 Metre Hurdles Open Championship 18.37 (8) Kita-Leong, Youki - Male - Sydney Boys #23 Men 800 Metre Open Division 2:19.06 (9) Love, Elliot - Male - Sydney Boys #71 Men 400 Metre U16 Championship 54.72 (7) Luo, James - Male - Sydney Boys #44 Men Shot Put U13 Championship 9.76m (7) Mah, Leonard - Male - Sydney Boys #42 Men 200 Metre Open Championship 22.69 (5) #64 Men 100 Metre Open Championship 11.21 (4) McGrath, Conor - Male - Sydney Boys #19 Men 800 Metre U16 Division 2:04.09 (3) #74 Men 1500 Metre U16 Championship 4:29.48 (3) Merrick, Ethan - Male - Sydney Boys #72 Men 400 Metre U17 Championship 56.40 (9) Montuno, Eli - Male - Sydney Boys #3A Men Shot Put U15 Division 11.18m (4) Musgrove, Sam - Male - Sydney Boys #18A Men Shot Put Open Division 9.99m (7) Musulin, Bailey - Male - Sydney Boys #24 Men 800 Metre Open Championship 2:05.02 (7) Nguyen, Benjamin - Male - Sydney Boys #13 Men Long Jump U13 Championship 5.34m (1) #68 Men 400 Metre U13 Championship 61.47 (5) #26 Men 90 Metre Hurdles U13 Championship 13.59 (2) #54 Men 100 Metre U13 Championship 12.50 (2) Nguyen, Brandon - Male - Sydney Boys #29 Men 100 Metre Hurdles U15 Division 14.86 (1) #57 Men 100 Metre U15 Division 12.09 (6) Nguyen, Francis - Male - Sydney Boys

#9 Men 800 Metre U14 Division 2:16.64 (5)



# **SBHS Rugby**

## **South Africa CHS Tour**

CHS Rugby Development team tour of South Africa 6th April - 20th April 2015

James Tinker, Bennette Jiang and myself flew to Johannesburg to play our opening two games in Pretoria.

We participated in the Noord Suid Rugby Torni held over a 4 day period at Menlo Park High School.

Our first game against the number one school, Grey College saw us defeated not only on the scoreboard but perhaps by the effects of playing at altitude and a short preparation. In our second game against the fourth ranked school, Waterkloof our team won a tight match by toughing it out for a full 80 minutes.

A highlight during our stay in Pretoria was a coaching session with ex Bulls player Gary Botha and the opportunity to join in a Queensland Reds training session prior to their match at Loftus Versyeld.

We then travelled south via George to Capetown where we were billeted with students from Paarl Boys High. We played our third game here against Paarl which saw us really combine as a team with another hard fought victory.

Our final game of the tour was against Kasselsvei High which we won in a more open free flowing game.

The visit to Robben Island where Nelson Mandela was imprisoned was memorable as was the spectacular Table Mountain.

We would like to thank the "CHS family" especially our coaches and management for a unique experience of sport and culture.

### Sam Musgrove









### Football Results - 2015 Term 2 Week 3

| Team         | Against                   | Result | Scorers    |  |  |  |
|--------------|---------------------------|--------|------------|--|--|--|
| CHS knockout |                           |        |            |  |  |  |
| 1st XI       | Rose Bay Secondary School | 1 – 0  | James Pope |  |  |  |

Note: W/O = Washed Out

### MIC of Football Report

Due to SBHS Football winning the South East Regional Finals last year we were given a bye for round 1 of the CHS Football Knockout Competition. Therefore in round 2 we came up against Rose Bay Secondary School. We knew we had a tough game against us with 5 of their players playing for a club or at a representative level. Before this match with school exams and huge amounts of rain cancelling training, this was actually the first time our team had come together. So we were a bit unsure how our team was going to perform. With many of the boys returning from last year they were able to combine as a team quickly and take control of the match. With more than 65% of possession the boys created many chances. The lack of fitness and training for our boys meant we were unable to capitalise in the first half. The second half was much the same but then our coach made a super sub bringing James Pope on at the front. Jun Park received the ball, went through some space and offloaded it onto Pope who rocketed it off his left foot from 18 yards out into the left corner giving us a well-deserved lead. Our boys kept pressing forward to try and extend the lead. Although we did not manage another goal our boys first hit out was a very promising start to the season.

This weekend we play our first official trial match for all teams against Shore. Our boys have been training well in the pre-season and hopefully we can come away with a few wins.

I have created a Twitter account for regular updates in results, information and wet weather. This does not replace the school wet weather website. The link can be accessed by phone or web browser without signing in or having a twitter account. <a href="https://twitter.com/SydHighFootball">https://twitter.com/SydHighFootball</a> Please Note:

- All boys must turn up at least 45 minutes before the start of their match.
- They must be turning up in SBHS football uniform and if they wish to wear a track suit this must also be SBHS tack suit.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- If you are unavailable to play you MUST notify your coach well in advance. Just doing it online is not sufficient.

Geoff Tesoriero
MIC of Football

| Canteen Price List   |        |  |          |                     |  |                              |  |  |
|--|--------|--|----------|---------------------|--|------------------------------|--|--|
| Breakfast  |        | Lunch and Recess Items                           |          |                     | Hot Food   |                              |  |  |
|  |        | *So you don't miss out on what you want for lunc | ch makes | sure vou            | Chicken Fingers  | \$1.50                       |  |  |
| Hot Chocolate  | \$1.00 | ORDER it before school                           |          |                     | Chicken Bites  | \$2.00                       |  |  |
| Bacon & Egg Muffin   | \$3.00 |  |          | Chicken & Corn Roll | \$1.50   |                              |  |  |
| Cheese Toast   | \$1.40 |  |          |                     | Chicken Burger   | \$4.00                       |  |  |
| Cheese & Tomato Toast  | \$1.70 | Sandwiches / Wraps / Rolls                       |          | Rolls               |  |                              |  |  |
| Cheese/spinach/tomato toast  | \$2.00 | Buttered Roll                                    |          | \$1.40              | Chicken Mayo Roll (hot)  | \$3.80                       |  |  |
| Croissant - Ham &<br>Cheese  | \$2.80 | Cheese & Tomato (v)                              | \$1.70   | \$2.20              | Chicken Mayo Sandwich (hot)  | \$3.00                       |  |  |
| Bacon & Egg Muffin   | \$3.00 | Cheese & Salad (v)                               | \$2.60   | \$3.00              | Chicken Schnitzel Roll   | \$3.80                       |  |  |
|  | 70100  | Chicken & Coleslaw                               | \$3.40   | \$4.00              |  | 10.00                        |  |  |
|  |        | Chicken & Lettuce                                | \$3.40   | \$4.00              | Garlic Bread (v)   | \$1.50                       |  |  |
| Fruit / Snacks   |        | Chicken & Salad                                  | \$3.60   | \$4.20              | Lasagne/Macaroni Cheese  | \$3.40                       |  |  |
| Fruit -  |        | Simonon a Guida                                  | ψ0.00    |                     | Lasagnoniadareni erreese   | ψο. το                       |  |  |
| apple/orange/banana  | \$0.80 | Corned Beef & Tomato                             | \$2.80   | \$3.40              | Noodles In A Cup   | \$2.50                       |  |  |
| Fruit Salad  | \$3.00 | Corned Beef & Pickle                             | \$2.80   | \$3.40              | Pasta - homemade   | \$3.60                       |  |  |
| Banana Bread   | \$2.20 | Corned Beef & Salad                              | \$3.00   | \$3.60              | Sausage Roll   | \$2.50                       |  |  |
|  |        | Curried Egg & Lettuce (v)                        | \$2.60   | \$3.00              | Spinach Ricotta Roll (v)   | \$2.60                       |  |  |
|  |        | Dagwood Roll                                     |          | \$3.60              | Pie - meat (sauce+20c)   | \$3.50                       |  |  |
|  |        | Egg & Lettuce (v)                                | \$2.60   | \$3.00              | Pie - potato   | \$4.30                       |  |  |
|  |        | Egg & Salad (v)                                  | \$2.80   | \$3.40              | Pie - Garlo's (halal)  | \$4.30                       |  |  |
| Drinks   |        | Ham & Tomato                                     | \$3.00   | \$3.40              | Cruizer / Traveller Pies   | \$3.50                       |  |  |
| 300ml Plain Milk   | \$1.20 | Ham & Salad                                      | \$3.40   | \$4.00              | Pizza Pie  | \$3.50                       |  |  |
| 300ml Flavoured Milk   | \$2.00 | Roast Beef & Tomato                              | \$3.00   | \$3.60              | Pizza Slab   | \$2.80                       |  |  |
| 600ml Plain Milk   | \$2.00 | Roast Beef & Mustard & Lettuce                   | \$3.00   | \$3.60              | Rice Box - homemade  | \$3.60                       |  |  |
| 600ml Flavoured Milk   | \$2.60 | Roast Beef & Salad                               | \$3.20   | \$4.00              |  |                              |  |  |
| Up & Go  | \$2.00 | Salad (v)  | \$2.40   | \$3.00              |  |                              |  |  |
| Spring Water   | \$1.50 | Salmon & Salad                                   | \$3.40   | \$4.00              | Sweet Chilli Chicken<br>Sub/Wrap   | \$4.20                       |  |  |
| Pumped Water   | \$3.00 | Vegemite   | \$1.20   | \$1.50              | Foccacia - chicken/mayo/cheese   | \$3.00                       |  |  |
| Tumped water   | ψ3.00  | vegenne  | Ψ1.20    | ψ1.50               | -<br>chicken/avo/cheese  | \$3.00                       |  |  |
| Cans 375ml   | \$2.20 | Wraps  | \$3.40   |                     |  |                              |  |  |
| Bottled Diet Coke 600ml  | \$3.50 | Anari  | \$3.00   |                     | Pides - spinach/cheese (v)   | \$5.00                       |  |  |
| Aroona Carbonated  |        |  |          |                     | - sausage,   |                              |  |  |
| Water  | \$2.00 | Sushi  | \$3.00   |                     | chicken/mushroom   | \$5.00                       |  |  |
| Powerade   | \$3.50 |  |          |                     | Miscellaneous  |                              |  |  |
|  |        | Vietnamese Rolls                                 | \$3.00   |                     | Tissues  | \$0.60                       |  |  |
| Berri Juice  | \$2.50 |  |          |                     | Spoons / Forks   | \$0.05                       |  |  |
|  |        | Salad Boxes                                      | \$4.50   |                     | (supplied free with meal puchase)  |                              |  |  |
| Special Orders   | m '    | Salad Box (small) \$4.00                         |          |                     | Seasonal Foods   |                              |  |  |
| # If you have specific dietary needs<br>or your favourite sandwich is not<br>on the menu - all you have to do is<br>ask! We may be able to make it for<br>you. Make sure you order before<br>school. |        |  |          |                     | **NB Not all food items are a<br>all the time. For example, hor<br>lunch boxes - pasta, rice, s<br>soup etc are all seasonal. F<br>check with the canteen befo<br>order. | ne style<br>alads,<br>Please |  |  |

# 2015 PRICE LIST

8.30 to 9.00 am \*Breakfast is available \* Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT



# **Professor David Weisbrot AM**

Invited speaker at the
2015 Sydney Girls High School &
Sydney Boys High School
Joint P&C Meeting

"Coping with the media and social media in today's legal

environment"

Wednesday 17<sup>th</sup> June 2015

7:30 pm - 9:00 pm SGHS Campbell Hall

All parents & carers are welcome to hear & meet our distinguished speaker.

Supper provided





We are all conscious of the increasing impact that the various forms of media are having on our children's education and leisure time. But are there consequences? Come and hear and meet the person who can answer your questions on this important topic.

### ABOUT THE SPEAKER

Professor David Weisbrot is the recently appointed Chair of the Australian Press Council. He is also Emeritus Professor of Law and Honorary Professor of Medicine at the University of Sydney. He is a Fellow of the Australian Academy of Law. Prof Weisbrot was President of the Australian Law Reform Commission (ALRC) from 1999-2009 and so is the longest serving President in the ALRC's history. He has written or edited ten books, including *So You Want to be a Lawyer?* as well as over 200 official reports, journal articles and conference papers. His daughter Ella Weisbrot was Vice Captain at SGHS in 2008.

# SCHOOL HOLDAY COURSES!



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# RIDE THE HSC WAVE

# Lecture program May-June 2015

### Business Studies: An overview with a focus on report writing

When: Tuesday 19 May >> 6-8pm >> Where: Waverley Library

Presented by Joe Awkar: secondary teacher, HSC marker and founder of the tutoring service First Class Education.

### Writing Under Pressure: keys to successful exam writing

When: Thursday 21 May >> 6-7.30 pm >> Where: Eastgardens Library

Presented by Lyndall Hough: a former Head of English, HSC marker, study guide and textbook co-author, Lyndall has also assisted teachers in the implementation of the HSC English syllabus.

### **English: Area of Study – Discovery**

When: Monday 25 May >> 6.30-8pm >> Where: Waverley Library

Presented by Larry Grumley: Head of English at Catherine McAuley High, Westmead, HSC marker, member of the NSW Board of Studies (BOSTES) and study guide author.

### **Ancient History Core Study - The Cities of Vesuvius**

When: Tuesday 26 May >> 6-8pm >> Where: Bowen Library

Presented by Dr Bruce Dennett: a teacher for more than 40 years, with wide experience as a former HSC marker. He is the author and co-author of a dozen history textbooks, has won two Premier's History prizes and has done research on the ancient sites.

### Modern History Core Study - World War 1

When: Wednesday 27 May >> 6-8pm >> Where: Bowen Library

Presented by Dr Bruce Dennett: a teacher for more than 40 years, with many of his students finishing in the top ten in the state. He is co-author of the Modern History Syllabus, the author and co-author of a dozen history textbooks and has won two Premier's History prizes. He has conducted extensive research in the archives of the Imperial War Museum in London and at the AWM Canberra.

### **2 Unit Mathematics**

When: Thursday 28 May >> 6-7.45 pm >> Where: Eastgardens Library

Presented by Greg Wethered: former head maths teacher, private tutor, HSC marker and author of an online mathematics textbook.

### English Advanced - Module B: Critical Study of Texts - William Shakespeare's Hamlet

When: Monday 1 June >> 4.30-6pm >> Where: The Bay Room, Double Bay

Presented by Glenda McIntosh: a teacher and HSC marker. Glenda has had the privilege of teaching the first place achievers in English in the HSC. She currently teaches at NSW's most academically successful school, James Ruse Agricultural High School.

### PD/H/PE: Personal development, Health and Physical Education

When: Thursday 4 June >> 4.30-6pm >> Where: The Bay Room, Double Bay

Presented by Natalie Novotni: the Head Teacher of Wellbeing and PD/H/PE at NSW's top ranking James Ruse Agricultural High. Natalie has been an HSC marker and has taught the senior course for over 10 years with 90% of students achieving a Band 6 in the HSC.

## EASTGARDENS LIBRARY CITY OF BOTANY BAY LIBRARY SERVICE

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## BOWEN LIBRARY & COMMUNITY CENTRE RANDWICK CITY LIBRARY

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### WAVERLEY LIBRARY WAVERLEY LIBRARY SERVICE

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### **WOOLLAHRA LIBRARY @ THE BAY ROOM**

First Floor Cosmopolitan Centre, Knox Street Double Bay (Entrance on Bay Street near corner of Knox Street)

#### **WOOLLAHRA LIBRARY & INFORMATION SERVICE**

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# Save the date

# THEHSCAND CAREERS EXPO2015

a Resources for Courses initiative

proudly supported by our media partner

# 28 May 2015, 5:30pm-7:30pm

Royal Hall of Industries, Moore Park Opposite Sydney Boys High School

# **Sydney Boys High Careers Expo**



- Resources for Courses is pleased to invite you to accompany your Year 12 son to an exclusive evening session of The HSC and Careers Expo 2015.
- Thursday 28 May 2015 from 5.30pm-7.30pm
- All Year 12 students are expected to attend
   Year 11 students also welcome
- Free admission for Sydney Boys High students

For more information about The HSC and Careers Expo contact Resources for Courses 1300 190 290 or tina@resourcesforcourses.com.au

| Week   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  | 15-05-2015<br>Sunday              |
|--------|---|--|--|---|---|---|-----------------------------------|
| 5<br>C | 18 Attendance and Progress Review (all Years) Class test: 10MaD-P4 AAGPS General Committee Meeting, 13:45 SBHS SRC Interschool Conference, Great Hall, 09:00-15:00  | 19 Fundraising Management Committee meeting, 17:30-18:30 Foundation meeting, 18:30-20:30 Tennis: SE Boys Tennis Knock Out CVD Philosophy Conference Excursion select students from Yrs 10 and 11 Upgrade works to Great Hall all day | Athletics Report to be submitted to Record Committee Tennis: SE Boys Tennis Knock Out CVD Y12 Engineering Excursion to UNSW Upgrade works to Great Hall all day  | 21<br>Upgrade works to Great<br>Hall all day<br>Class test: 9MaD-P1   | 22 Class tests: 8ArE-P2, 9MaG-P4 Fair Trading Awareness Day, Social Justice, Jnr Quad+Canteen, Recess + Lunch Debating: Eastside Semi Final Debating: FED Grand Final Upgrade works to Great Hall all day | Sport: Trial SHS v SGS<br>Cross Country: CS<br>Invitation, Sydney Park<br>(10:00)<br>Volleyball: SHS v TKS  | 24                                |
| 6<br>A | 25 Class test: 10MaE-P2 Year 9 Meeting, Great Hall, 12:45-13:10 Boggabilla Central School Exchange Mufti Day/BBQ - Boggabilla Central School (Year 9) Les Gordon History Debate, 14:00 (402) Rugby: Committee Meeting, Staff Common Room, 18:00 | 7 and 8, Knox Grammar<br>School<br>Football: CIS Trials<br>Rugby: 16s Buchan Shield,<br>Forshaw Rugby Park,<br>Sylvania Waters,<br>8:30-15:20<br>Boggabilla Central School<br>Exchange   | 27  Da Vinci Decathlon, Years 9 and 10, Knox Grammar School Sorry Day Assembly, Great Hall, 09:50-10:35 (7, 8, 10) Boggabilla Central School Exchange  | Cross Country: Zone Carnival - Ash Paddock The Sir Roden Cutler Charity Day, Year 12 Meeting, Great Hall, 09:55-10:20 SBHS HSC and Careers Expo 2015, Royal Hall of Industries, Moore Park, 17:30-19:30 | Confirmation of Prefects Assembly, Great Hall, 10:15-11:00 (8, 11, 12) Excursion: History Extension Seminar, 9:00-16:00 Debating: Eastside Grand Final Parking: Sydney Swans v Carlton, 19:50 (Cricket)   | 30 Sport: TSC v SHS Cross Country: SIC Invitation, Riverview (09:00) Volleyball: NC v SHS   | 31                                |
| 7<br>B | 1 Year 12 Study Day Year 9 High Resolves Leadership Training All Day (30 boys) Basketball: NSW All Schools, CIS v CCC v CHS, Terrigal Parking: Sydney Roosters v Melbourne Storm, 19:00 (Football)  | Year 12 Assessment Exams<br>Year 7 Meeting, Great<br>Hall, 09:55-10:20<br>Jazz and Small Ensembles<br>Soiree, Great Hall,<br>18:30-20:30   | 3 ICAS - Science Competition Year 12 Assessment Exams  | Year 12 Assessment Exams Year 10 High Resolves Leadership, 13:10-15:15 (30 boys) Rugby: Endeavour High School vs. SHS, 13s, 14:00   | 5 Year 12 Assessment Exams Year 11 Assessment Task: English Extension-P1 Rifle: Wingham Prize Meet Table Tennis: Sydney East KO   | J   | 7<br>Rifle: Wingham<br>Prize Meet |
| 8<br>C | <b>8</b> Queen's Birthday - Public Holiday Rifle: Wingham Prize Meet  | Year 10 Meeting, Great   | Cross Country: Sydney East Carnival, Miranda Year 12 Assessment Exams UNSW Mathematics Competition (approx 20 students), P1-3 Year 11 Meeting, Great Hall, 09:55-10:20 Brainstorm Productions - The Hurting Game (Year 7), Great Hall, 14:15 | Cross Country: CIS Championships, Eastern Creek, 09:00 Year 12 Assessment Exams Debating: DSG Meeting, Common Room, 18:00   | 12<br>Travel to Armidale  | 13 Football: TKS v SHS Rugby: TAS V SHS Cross Country: Trinity Relay, Ewen Park (09:00) Trial Volleyball: TSC v SHS Parking: Waratahs v Reds, 19:30 (Rugby) | 14 Return from Armidale           |