



## From the Principal



### High Talent

Congratulations to our GPS 4x 100m medley relay team for their second place at the GPS event held after the High Swimming carnival on Monday. Well done to Kevin Guo, Kalem Best, Jake Rowlands and Christian Haddo on a great swim! Only two records were set at the school swimming carnival this year– Kalem Best in the 16 years 100m at '59; and Christian Haddo in the Open 100m backstroke at 1'10.54. Congratulations, boys!

High's first and second grade basketball and first grade tennis teams all won well in away games against Scots last Saturday. It's great to see the results attainable by boys who play for each other and for the cause and leave their egos in the change room. That's High spirit!

### Welcome to New Parents



On Tuesday evening several hundred parents, Old Boys, staff and students gathered in the Great Hall for the welcome to new parents. Mr Glenn Schofield was MIC of a multimedia presentation including Year 7 Adviser, Michael Aldous, MIC cricket and football, Geoff Tesoriero, Old Boys Paul Almond and Geoff Andrews and parent Ian Sweeting. The message to the parents was to encourage their boys to get involved in school life and for them to do so, too.

The Year 8 parent group, the P & C Executive and the Sailing Committee contributed to the success of the evening. Thank you so much to all who helped and to all who came to share in the excitement of embarking on a new journey with a cohort of new High boys and parents.

My speech to the new parents is reprinted below:

*On behalf of the High community I extend a warm welcome to all new parents to High. The purpose of this evening is for you to get to know each other and to gain an understanding of the school and its culture. We would like you to feel that you are welcome among us and that your family has now become part of our School Family. Just as we want your son to engage with the academic and co-curricular life of the school, we also hope that you will too. We want to persuade you to get involved in the life of the school. It is a mutually rewarding experience.*

*Ours is a great school with a well-deserved reputation for academic excellence, co-curricular achievement and involvement in*



*community service and social justice programs. It has always been an individual, unique state school. High has faced many challenges.*

*These have included: withstanding private school criticism of the original 'experiment' of state-administered secondary education in 1883; the struggle for new premises in Ultimo in 1889; the fight for survival in the Depression years of the 1890s; the deal with the Minister to trade a new site and building against self-help with sports fields in 1927; the move to Moore Park in 1928 with 50 places reserved for sons of Old Boys; the fight for selective school existence in 1977-78; de-zoning under Greiner in the eighties; being stripped of two staff for GPS sport by the Minister in 1995; the controversy over the 'ethos enhancement' class in 2002; and the changes to the SSET with a writing component added; and since 2006, the challenge of scholarships offered by Independent Schools who entice many of our natural constituents away before Year 7 entry.*



*High has overcome our 'tasks severe' and remains true to itself as an institution. We have been nurturing scholar-sportsmen since 1883. We prepare boys for university and nurture them as sportsmen, individuals and citizens. We are proudly a state school operating in a market dominated by private schools. We know it's tough but it's also the best standard to compete against.*

*High has been resilient for so long because of the strength of its partnerships. The school has been a self-help institution for extra-curricular activities since 1886. The boys originally organised activities for themselves. Old Boys have influenced the development of the school significantly. High ranks 3<sup>rd</sup> amongst Australian schools for Who's Who entries for achieving alumni. Our environment breeds initiative and self-efficacy. Academically, we are a top 10 school in the HSC, despite being the largest selective school candidature.*



*Since June 11, 1925 the school has also relied heavily on its Parents and Citizens Association to provide assets and equipment not supplied by the Education Department. Since 1951, The Sydney High School Council has supported the school in asset acquisition and maintenance. The Sydney High School Foundation Inc was incorporated in 1986. It is a partnership of the P & C, Old Boys and the Principal. The Foundation took over the assets of the Sydney High School Council. It owns the Outterside Centre and maintains the Fairland Pavilion under licence, holds money in trust for the school and manages access to playing fields in Centennial Parklands. The Foundation runs the High Store and the Tennis Courts and shares management of the Great Hall and Cricket Nets. The High Club founded in 1957 assists High financially. Most of the important initiatives taken by this school over the 129 years of its existence have come about through the*

*partnerships of parents and Old Boys. Our Joint Project to establish the Governors Centre is the latest example. You have the opportunity to make this vision a reality within the next six years.*

*We are driven by our need to compete with Independent Schools in the GPS since 1906 – a unique feature of High's history as a state. In addition, since 1913, High has competed in various CHSSA competitions. We need access to playing fields, facilities and expert coaching in depth in order to compete in the GPS. We are serious about sport and all the other co-curricular activities we engage in. I warmly welcome you tonight and hope that you and your sons derive the satisfaction and enjoyment from school life which the staff and generations of active students and their parents have derived from being associated with High.*

**Early Bird Discount ends Friday, February 27**



In order to help all areas of the school we offer a substantial discount to parents who pay their complete invoices before 27 February. It is not only a great demonstration by them of their commitment to the ethos of the school but also it's an encouragement for others to follow their lead and helps to create a critical mass of financial support for our programs.

The annual cash contribution by the DEC finances **less than one quarter** of our programs at High. The rest comes from the support of parents and the efforts made by School family volunteers, helping out in fund raising. Having substantial funds early in the year allows us to make sure that capital works are completed in the holidays, orders are made promptly and that the boys get the maximum benefit out of equipment and services deployed for them this year. Quality services, extra staff and high standards come at a price.

A very large number of parents see the package as value for money and contribute in full. Last year, 571 families (48%), saw the benefit of supporting the school in all of its activities early in the year and thereby earned the discount. We thanked them for their support and reset our target to attract 52% of parents this year. Let's carry on High's self-help culture to make sure we achieve our goals for your sons in 2015!

**Dr K A Jaggar**  
Principal

## **Vaccinations (Year 7)**

On Friday Year 7 received their vaccination consent packs. The dates of the vaccination clinics are below:

**Visit 1: Friday, 13 March 2015 @ 08.00 - 15.00**

**Visit 2: Friday, 19 June 2015 @ 08.00 - 15.00**

**Visit 3: Friday, 6 November 2015 @ 08.00 - 15.00**

Thank you to the boys who have already brought their consent forms to me. These can be given in at the front office or placed in the box outside my office. It is really important that you read the literature sent home about vaccinations and that you sign the consent forms and return to me as soon as possible. At the very latest we need them one week before the first set of vaccinations.

If you have any question about vaccinations please contact me at school. Vaccination is an important component of our maintaining our public health and I urge all parents to give permission for their children to be vaccinated.

Further information in languages other than in English can be found at the following link.

[http://www.health.nsw.gov.au/immunisation/Pages/school\\_vaccination\\_language.aspx](http://www.health.nsw.gov.au/immunisation/Pages/school_vaccination_language.aspx)

**Rachel Powell**  
**Deputy Principal**



## NSW SCHOOL IMMUNISATION PROGRAM

NSW Ministry of Health offers all school students free vaccinations recommended by the National Health and Medical Research Council (NHMRC). These vaccines are important and protect students through to adulthood.

In 2015 the following vaccines will be offered:

### Year 7 students\*

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months for male and female students (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school into Year 8)

### Year 11-12 students\*

- measles-mumps-rubella (MMR) vaccine as a single dose as part of a catch-up vaccination program for students who are not fully protected.

*\* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.*

*Parent Information Kits* will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including by signing their name next to the vaccine/s the vaccines they would like their child to receive
- return to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child's name) on the consent form, as this is required to record the student's information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

**A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.**

### Public Health Unit

South Eastern Sydney Local Health District

ABN 70 442 041 439

Building 23 (Hut U), Easy Street, Prince of Wales Hospital Campus, Randwick

Postal Address: Locked Bag 88 Randwick NSW 2031

Tel (02) 9382 8333 Fax (02) 9382 8334



## FROM THE JUNIOR LIBRARY

### NEW RESOURCES OUT ON NEW BOOKS SHELVES NOW



### HUGE THANKS

To our wonderful Old Boy book donor Ernest Berge Phillips who lives in Gloucester but has managed to send us his interesting collection of biographies. Ernest Berge Phillips contacted our Library again this week and is bringing more books down when he comes. This is particularly outstanding as he is not well.

### NEW YEAR 7s AND NEW YEAR 9s

You are now on our Library System and can borrow our books, magazines and DVDs. You can also now use our library computers. To find out how we have notices up to guide you.

### EARLY OPENING

The Junior Library opens at 7.30am. We are a great place to get your homework done or for you to use your laptops or devices. We also have a fabulous boys' literature collection for you to get to know.

### CHESS IN THE LIBRARY

Anyone who can play quietly can play Chess in the Junior Library. Boards and pieces available.

### DONATIONS TO OUR LIBRARY

Our Junior Library will particularly welcome paper based resources (Books) that you no longer want at your house. To make it worthwhile cataloguing and covering your donations they need to be no older than 5 years old and in excellent condition. This year donations will be even more welcome because we are planning to put most of our Library budget into developing a viable e book collection as we hope to very soon be online with Oliver our new e book capable library system.

### SCIENCE BOOKS AND OVERDUE LIBRARY BOOKS

As it is now the second week of school all overdue library books must now come back this week. In week three \$45 will need to be paid for Science books which are not returned. The Librarian will begin to send out first warning in library detention notices. On the second notice you will need to see the Head Teacher History to be given a school detention. Please do not let it go that far. If you pay the office for a lost Science books keep the receipt to show the Librarian so she can wipe out your loan.

### LOST BOOKS

A donation of a wonderful book from your house can solve the problem of a lost book. Otherwise the alternative is to pay for the book. If you have lost a book please come and see the Librarian to discuss how to resolve this painlessly.

### EMAILS FROM THE LIBRARIES

We do contact you so check and respond to your emails please.

Mrs Crothers



## CHESS COACHING 2015

Chess coaching with Mr. Vladimir Feldman will start on Monday 9<sup>th</sup> February in Room 104 at 8am. The coaching sessions continue throughout the year at this time and all boys who are keen to improve their chess skills or compete in the inter-school competitions are encouraged to attend.

The coaching requires a small co-curricular payment, so boys who attend the sessions should regard coaching as a weekly commitment.

**Rowena Barr**  
**MIC CHESS**



## Welcome to SBHS Debating

These are the final official and accurate times for these meetings.

### 12th February 2015

Debating Supporters Group Meeting @ 6.00-6.30pm in the Staff Common Room and  
Information Meeting for Parents @ 6.30-7.00pm in the Great Hall.

All parents are welcome to either or both meetings.

The DSG meeting @ 6pm is for parents who are able to commit a little bit of extra time to help ensure the smooth running of debating. We only meet three times a year!

The second meeting @ 6.30 pm is for all parents of debaters to find out essential information about the 2015 debating program. Please come along and get your questions answered.

Sign up for debating has commenced and will finish on 6th February. Your son **MUST** have signed up if he wants a place in debating coaching.

**Rachel Powell**  
**MIC Debating**



# Swimming News

## School Swimming Carnival 2015

The school swimming carnival was held on Monday the 2<sup>nd</sup> February at Des Renford Pool, Maroubra. It was great to see so many boys participating in so many events. All results can be viewed via this link.

<http://www.sydneyboyshigh.com/documents/carnivals/2015/swim/index.html>

In Summary:



### HOUSE POINTS

#### Overall Statistical Summary - Ordered by Grand Total

PLACE	TEAM	TOTAL	EXTRAS	GRAND TOT.
1	Rubie	237	0	237
2	McKay	208	0	208
3	Saxby	120	0	120
4	Eedy	105	0	105
5	Torrington	78	0	78
6	Fairland	15	0	15

### RECORDS

Congratulations Rubie

#### Backstroke 50-100m

DIVISION	COMPETITOR	TEAM	RESULT	DATE
12 Male	James LUO	McKay	'38.00 Mins	3/02/2014
13 Male	Allen GUO	Fairland	'36.20 Mins	3/02/2014
14 Male	Leonard MAH	Rubie	0'34.25 Mins	14/02/2011
15 Male	ELLIS LOUIE	Eedy	'32.03 Mins	4/02/2003
16 Male	Christian HADD0	Eedy	1'10.70 Mins	3/02/2014
17_O Male	Christian HADD0	Eedy	1'10.54 Mins	2/02/2015

#### Breaststroke 50-100m

DIVISION	COMPETITOR	TEAM	RESULT	DATE
12_U Male	James LUO	McKay	'43.08 Mins	3/02/2014
13 Male	Allen GUO	Fairland	'38.34 Mins	3/02/2014
14 Male	Kevin GUO	Eedy	0'35.19 Mins	4/02/2013
15 Male	Andrew REIS	Eedy	'33.44 Mins	3/02/2004
16 Male	Andrew REIS	Eedy	1'10.00 Mins	8/02/2005
17_O Male	Benjamin CHOW	Rubie	1'05.00 Mins	8/02/2005

#### Butterfly 50-100m

DIVISION	COMPETITOR	TEAM	RESULT	DATE
12_U Male	James LUO	McKay	'35.87 Mins	3/02/2014
13 Male	Kazuo NAKAMURA	McKay	'32.47 Mins	14/02/2011
14 Male	Kazuo NAKAMURA	McKay	'31.72 Mins	6/02/2012
15 Male	Christian HADD0	Eedy	0'29.80 Mins	4/02/2013
16 Male	Ellis LOUIE	Eedy	1'03.90 Mins	3/02/2004
17_O Male	Thomas MILLER	Torrington	1'02.25 Mins	3/02/2004

## RECORDS

### Freestyle 100m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	1'09.00	Mins	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	1'05.05	Mins	14/02/2011
14	Male	Leonard MAH	Rubie	1'02.30	Mins	14/02/2011
15	Male	Christian HADD0	Eedy	0'58.30	Mins	4/02/2013
16	Male	Kalem BEST	McKay	0'59.00	Mins	2/02/2015
17_O	Male	Thomas MILLER	Torrington	0'55.57	Mins	3/02/2004

### Freestyle 200m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	2'31.00	Mins	3/02/2014
13	Male	Brandon YOON	Eedy	2'28.00	Mins	4/02/2013
14	Male	Kalem BEST	McKay	2'17.80	Mins	4/02/2013
15	Male	Jake ROWLANDS	Rubie	2'10.00	Mins	3/02/2014
16	Male	Christian HADD0	Eedy	2'10.00	Mins	3/02/2014
17_O	Male	Thomas MILLER	Torrington	2'05.41	Mins	3/02/2004

### Freestyle 400m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
15_U	Male	Jake ROWLANDS	Rubie	4'38.02	Mins	3/02/2014
16	Male	Andrew REIS	Eedy	4'26.33	Mins	8/02/2005
17_O	Male	G BREWER		4'12.00	Mins	31/01/1976

### Freestyle 50m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
12_U	Male	James LUO	McKay	31.50	Secs	3/02/2014
13	Male	Kazuo NAKAMURA	McKay	29.50	Secs	14/02/2011
14	Male	Leonard MAH	Rubie	27.94	Secs	14/02/2011
15	Male	Christian HADD0	Eedy	26.80	Secs	4/02/2013
15	Male	Leonard MAH	Rubie	26.80	Secs	6/02/2012
16	Male	Tom MILLER	Torrington	26.15	Secs	6/02/2002
17_O	Male	Thomas MILLER	Torrington	25.18	Secs	3/02/2004

### Freestyle 800m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
16_U	Male	B EBEL		9'16.34	Mins	31/01/2003
17_O	Male	S CROFT		9'30.91	Mins	31/01/2003

### Individual Medley 200-400m

DIVISION		COMPETITOR	TEAM	RESULT		DATE
16_U	Male	Andrew REIS	Eedy	2'28.00	Mins	8/02/2005
17_O	Male	Barry DUBOVSKY	Torrington	6'17.83	Mins	3/02/2004



## Age Champions 2015

12 Years- Lachlan Ho  
13 Years- James Luo  
14 Years- David Goh  
15 Years- Luke Posumah  
16 Years- Jake Rowlands  
17 Years- Christian Haddo  
18+ Years – Leonard Mah



## RECORDS

Congratulations to all participants, especially those recording their personal best. A special mention to the following boys who broke records on the day: (As per table of Record Holders)

Opens – Christian Haddo who broke the 100m backstroke record at 1;10;54 and

16 Yrs – Kalem Best who broke the 100 m record at 0;59;00 seconds.

### The GPS relay (4X100m) medley (finished 2<sup>nd</sup>).

A promising younger HIGH team was unable to overcome a strong SHORE team who went on to win the event by the narrowest of margins. Congratulations to them. However, SBHS finished a pleasing 2<sup>nd</sup>. Well done boys.



*From left to right:: Kevin Guo, Kalem Best, Jake Rowlands and Christian Haddo.*

### GPS Captains dinner (St Ignatius) - Monday night 2<sup>th</sup> Feb 2015

Congratulations to Leonard Mah (Captain) and James Chee (Vice-captain) who represented our school with such pride at the captain's dinner on Monday night. They were all fine ambassadors for the school. Leonard's speech emphasised the importance of training, his swimming journey from a young age, HIGH's improvement in swimming, commitment and never give up attitude and always performing to the best of your ability. He also focused on the benefits of the GPS competition. Well done.



*Leonard Mah (Captain) James Chee (Vice Captain)*

# SHOOTIN' HOOPS

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HIGH vs. Scots: Term 4, 2014

High	Vs	Scots	Term 4, 2014 (Last time)
1st	Raschke Cup	5th	B.MUSULIN, L.ELTON
2nd	P.Yeend Shield	4th	J.YING, B.UDLER
3rd	WIN	26-27	Y.KITA-LEONG 6
4th	LOSS	24-30	J.SONG 5
5th	LOSS	23-26	C.WANG 13
6th	WIN	42-32	M.NG 16
7th	LOSS	40-33	A.CHEN 10
8th	WIN	34-18	TEAM EFFORT
16A	WIN	50-35	A.LI 15
16B	LOSS	19-29	D.HAMILTON 4
16C	LOSS	22-24	K.ZHANG 9
16D	WIN	27-20	TEAM EFFORT
16E	WIN	35-23	TEAM EFFORT
15A	LOSS	49-30	A.FOX 9
15B	WIN	45-22	J.SIU 12, K.WILSON 8
15C	WIN	36-31	TEAM EFFORT
15D	WIN	47-29	D.WONG 11
15E	WIN	31-11	R.LI 8
15F	WIN	35-14	T.WANG 12
14A	LOSS	52-25	TEAM EFFORT
14B	LOSS	L 8-36	N. ALAM 4
14C	LOSS	18-22	J.XIE 6
14D	WIN	28-26	F.NGUYEN 14
14E	LOSS	38-14	TEAM EFFORT
14F	LOSS	35-12	TEAM EFFORT

HIGH vs. Scots: Term 4, 2014

High	Vs	Scots	Term 1, 2015 (This time)
1st	WIN	78-68	N.SUTTON 17 EFFICIENCY
2nd	WIN	43-36	B.UDLER 14
3rd	LOSS	40-35	T.ZHANG 11
4th	LOSS	42-30	I.CHANG 11
5th	LOSS	31-22	TEAM EFFORT
6th	WIN	22-6	TEAM EFFORT
7th	LOSS	31-28	TEAM EFFORT
8th	WIN	34-19	A.HUYNH 15
16A	LOSS	31-40	K.WANG 13
16B	LOSS	41-17	H.BARTLEY 6
16C	DRAW	35-35	K.ZHANG 17
16D	DRAW	30-30	A.ZHU 16
16E	WIN	20-16	M.QIAO 6
16F	LOSS	13-42	TEAM EFFORT
15A	WIN	40-36	C.OPPERMAN 8
15B	WIN	75-17	N.LAMBROS 15
15C	WIN	64-6	F.FANG 22
15D	WIN	53-16	D.THICH 20
15E	WIN	43-15	K.LI 12
15F	BYE		
14A	LOSS	68-15	A.CHANG 9
14B	LOSS	20-34	B.NGUYEN 11
14C	WIN	29-27	C.TUNGKA 10
14D	LOSS	41-16	F.NGUYEN 6
14E	LOSS	5-40	TEAM EFFORT
14F	LOSS	11-38	TEAM EFFORT



Sydney Boys Basketball is back! Hope everyone enjoyed the break and put some shots up over the holidays. To all newcomers, hope you are having a great time at High. First game of 2015 went well. 1<sup>st</sup> and 2<sup>nd</sup> grade triumphed over their opponents. All 15s teams also won their matches, which is great to see. Two consecutive draws in 16s (Cs and Ds) was interesting. The win percentage this week was around 47%. Sydney High Basketball has one of the highest standards in win percentage. This means that EVERY TEAM COUNTS. Whether you're in As or Fs, you have to push yourself on that court. Whilst saying that, enjoy yourselves in the most fun sport going around!!!!

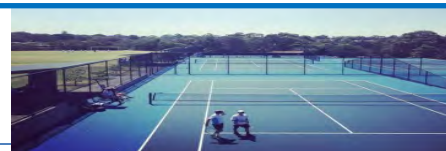


*SBHS defeats TSC @ TSC 2014 and 2015. SBHS; Top 3 sides in the Nation 5 years in a row!!*

Any boy who is interested in playing First Grade in Future is invited to 'Future Firsts' Training. Coach Tom Neal, who has been in the Sydney Kings Squad and Razorbacks Squad coaches from 3:15pm-4:30pm after school on Monday every week. Next week's game is against Newington College. Work hard in team training. Go High!

~ Go HIGH!  
~Play Hard, Play Smart and Play Together!  
~ **Brought to you by editor Archie Fox**  
~Thanks to Mr B Hayman for all his contributions to HIGH Basketball

## SYDNEY HIGH TENNIS



*"It is not about the size of the dog in the fight, but about the size of the fight in the dog."*

### High vs Scots College (Trial Match)

	1 <sup>st</sup> Grade	Result (WIN)	2 <sup>nd</sup> Grade (WIN)	Result
D1	1 + 2	W 4-6 7-6 10-7	1 + 2	L 4-6 7-6 10-12
D2	3 + 4	L 6-2 6-2	3 + 5	W 4-6 6-1 10-3
D3	5 + 6	W 6-1 6-2	4 + 6	W 0-6 6-2 10-7
S1	Eddy Wang	L 1-6 2-6	Richard Hao	W 6-2 5-7 6-0
S2	Carl Yang	L 6-2 4-6 3-6	James Lian	L 4-6 6-7
S3	Stevie Young	W 6-4 6-0	Danny Yu	L 4-6 3-6
S4	Josh Sanguenza	W 6-3 6-2	Aaron Tang	W 6-3 6-3
S5	Adam Smagarinsky	W 6-0 6-4	Wanyu Tang	W 6-3 6-2
S6	Matthew O'Sullivan	W 6-1 6-2	Branko Stajic	L 3-6 7-5 1-6

### 1<sup>st</sup> Grade

Fresh, hungry and ready for the remainder of the season, we aimed to utilise the combination of training camps at school and at the Australian Open (report below) to give us the best possible results in our matches. We travelled to Scots College for a trial game before the season recommenced and again we were victorious against them just as we were last year in the GPS season. Stand out doubles performances by number 1 and 3 doubles in varying circumstances. Carl and Eddie fought hard to tussle the match back into their control while Matty and myself were dominant over our opponents. While singles was again another success with numerous comfortable victories. Carl and Eddie unfortunately were unable to get the better of their opponents. Now that we have got rid of any cob webs we are excited and eager to take on Newington and carry on with our successful season.

-First Grade Captain -Adam Smagarinsky



### 2<sup>nd</sup> Grade

The 2nd Grade team hosted Scots College for the first match of the year, an important trial match. With new coach Pat Rynsaardt watching on, the boys headed into the doubles matches with confidence. The number one team was a point away from a commanding 4-1 first set lead but were left to rue missed opportunities after losing the set. Fighting back from 5-2 down in the second, they forced a super tiebreak to decide the match but fell short 4-6 7-6 10-12. Doubles two and three blew out the cobwebs in come from behind wins, 4-6 6-1 10-3 and 0-6 6-2 10-7 respectively. In the singles, Richard lost focus when leading 6-2 4-1, becoming increasingly frustrated by poor shots and his opponent's line calls, before taking the match 6-2 5-7 6-0. James had a tough battle against a difficult opponent, succumbing in two tight sets 4-6 6-7 despite having set points in the second. Danny's match was equally challenging, as he lost to an opponent with powerful groundstrokes. Aaron recorded another win to his so far successful season, 6-3 6-3. Wanyu also had no problems, dispatching his opponent 6-3 6-2. Branko was unable to perform at his best, going down to a formidable opponent 3-6 7-5 1-6. Although scraping through with a 5-4 win, the team's weaknesses were clearly shown, and will need to be addressed in training. The day provided the boys invaluable match practice in preparation for a showdown with a much stronger Newington team next week.

-Second Grade Captain -Richard Hao



## 2015 Australian Open Tennis Camp Report

This year, David Deep the Tennis Co-ordinator for SBHS organised an opportunity for students to travel down to the Australian Open to experience the pros play the game up close and personal. A seasoned group of 10 players took on the experience of feeling the competitive atmosphere of the Australian Open and additionally have the chance to train on real clay courts. We drove down to Melbourne, taking a few pit stops throughout the day for short breaks for stretching and sustenance, before finally the long day's drive filled with cracking jokes and stimulating music concluded as we checked into our hotel for the week.

The next few days comprised of early morning on-court sessions and fitness workouts before we went back the hotel for showers and refreshments. We received ground passes which let us tour the courts, enabling us to see many of the world's best players train in front of us; The likes of Rafael Nadal, Serena Williams, Novak Djokovic and Eugenie Bouchard. With the benefit of smartphones and cameras we could instantly take photos or videos of how Rafael hits those ripping forehands.

As the camp drew gradually to its close, it became clear that this camp was not just about improving the technical skills that we use within our game. It was about teaching us the multitude of things that we couldn't receive from television screens as we watch tennis matches. The atmosphere of the matches, the iron mentality of the players, experience of the entire Australian open and the bonding of team spirit.

By *Wanyu Tang*

For more info visit the Sydney High tennis website at: <http://www.sydneyhigh.org.au/tennis/>

*Please spare some of your time on Saturday to come down and support High Tennis.*

-Created by Adam Smagarinsky



## Cricket Results – 2015 Term 1 Week 1

Team	Score	Result	Highlights
<b>Group I GPS Round 4 : Group II GPS Round 6</b>			
1st XI	SBHS 10 – 157 v Scots 7 – 334	Lost	Karthik Subbbanna 50, Vishal Nomula 38, Raycole Dai 4-53, Kabir Agrawal 3-51
2nd XI	SBHS 10 – 63 v Scots 5 – 69	Lost	
3rd XI	SBHS 4 – 174 v Scots 4 – 206	Lost	Nafis Rahman 72, Lashan De Silva 55
4th XI	SBHS 10 – 70 v 2 – 70	Lost	
5th XI	SBHS 4 – 123 v Scots 4 – 192	Lost	Thomas Nassif 30
16A XI	SBHS 7 – 147 v Scots 8 – 196	Lost	Sabesh Muruganthan 97
16B XI	SBHS 10 – 110 v Scots 5 – 194	Lost	
15A XI	SBHS 8 – 88 v Scots 10 – 86	Won	Harjas Ahuja 3-20
14A XI	SBHS 8 – 97 v Scots 7 – 182	Lost	Pico Del-Santos 3 -18
14B XI	SBHS 10 – 44 v Scots 9 – 298	Lost	
14C XI	SBHS 10 – 32 v Scots 2 – 165	Lost	

Note: W/O- Washed Out ; D/L- Duckworth Lewis

### MIC of Cricket Report

Many people may talk about Scots in regards to their rugby and basketball program, but many have overlooked their cricket program. For the past three seasons now Scots have been “The team to beat” and this season this has definitely been the case. They have a very strong structure in place, highly qualified coaches and a great attitude when it comes to playing the game, and that is play hard and play to win. Although the results did not go our way over the weekend, hopefully we can take something away from this.

With a lot of hard work, many hours in the nets and the self-belief of winning the game I am sure we can continue to move in the right direction. Congratulations to the U14Bs who have been training hard in the development squad over term 4 and came out and gave it everything. The boys’ attitude was great and even managed to get a team hat-trick. Well done. The player of the round goes to Sabesh who single handily kept their side in the game. Needing 7 runs for his century in the final over of the day Sabesh smashed the ball for four to move within in 3 runs, next delivery he went for it again, but unfortunately this time managed to find the fieldsman on the boundary to fall short of yet another opportunity of scoring his maiden century for the school.

In the July holidays 2015 we are aiming to participate in a once in a life time opportunity to play in a cricket tournament hosted in Sri Lanka. We will be representing our school and Australia in the “World Premier Schools Cricket Challenge” Tournament. This is open to anyone in the current U15s-Opens cricket teams. If you are interested in attending please notify me by email.

I have created a Twitter account for regular updates in results, information and wet weather. This does not replace the school wet weather website. The link can be accessed by phone or web browser without signing in or having a twitter account. <https://twitter.com/SydHighCricket>

To all parents and players, don't forget to go through the points below:

- Please make sure that all the boys wear SBHS logo hats, tops and long white pants.
- They are not to wear thongs to and from their fixtures.
- Apply plenty of sunscreen throughout the day.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- Please notify their coaches if they are unable to attend training or their fixture.

Geoff Tesoriero  
MIC of Cricket



### Scots College Regatta Results

This was a full GPS regatta last Saturday at Hen & Chicken Bay. High entered 15 crews and had some very good results. Congratulations to the following crews with the best results on the day –

Race/Crew	Place	Names	Time/1000m
Y8 4 <sup>th</sup> Quad	1st	Ashley Ow, Rongxuan Chong, Rohan Mudaliar, Leo Ye, (c) Keiran Karanjia	4.46.14
Y8 2nd Quad	2nd	Angus Ng, Matthew Le, Jason Yu, Jie Zhou, (c) Dennis Cho	4.40.84
Y9 6th Quad	2nd	Max McGregor, Alex Cai, Alex Qiu, Eddie Qi, (c) Tim Li	5.01.00
Y9 4 <sup>th</sup> Quad	2nd	Brendan Kwan, Nathan Vu, Lenny Han, Isaiah Wibowo, (c) Kevin Jin	4.28.42
Y9 1 <sup>st</sup> Quad	2nd	Ryan Zheng, Jack Ralph, Jason Zhang, Tim Trent, (c) Dimas Sanjoyo	4.04.72

**School 1<sup>st</sup> VIII Report by Sam Musgrove (6 seat)** - The School 1<sup>st</sup> VIII race last Saturday was a highly competitive race that stood as a testament to how far we have come together as a crew in respect to fitness, strength and discipline. After staying with the other crews for the great majority of the race we hope to not only replicate, but, accelerate our performance as we continue to gain momentum leading up to Head of the River. The 1<sup>st</sup> VIII finished 2<sup>nd</sup> in the B final in a time of 5.07.90 over 1500m.

### Upcoming regattas -

Date	Junior Regatta	Senior Regatta
7 February	Joey's Regatta --- Hen & Chicken Bay	Kings/Pymble Regatta --- SIRC
14 February	High Regatta --- Hen & Chicken Bay	NSW Championship Regatta --- SIRC
21 February	Riverview Gold Cup – Lane Cove	Riverview Gold Cup – Lane Cove
28 February	GPS Regatta – Iron Cove	Sydney Rowing Club Regatta --- SIRC
7 March		AAGPS Head of the River --- SIRC
14/15 March	NSW CHS Championship Regatta --- Taree	NSW CHS Championship Regatta --- Taree

### Other Events this Term –

- MBHS Year 10 rowers will be visiting SBHS from Wednesday 18 to Saturday 21 February. All MBHS and SBHS Y10 boys will camp at the rowing sheds on the Wednesday night and Melbourne boys will be billeted to Sydney families for the Thursday and Friday nights. Boys from both schools will race for the Parra Yarra Cup.
- GPS Rowing Assembly is on Friday 6 March
- Rowing Dinner is in the Great Hall on Saturday 21 March

### Please Note -

- The GPS Head of the River will be held at Sydney International Regatta Centre on Saturday 7 March. All rowers and families are encouraged to attend this prestigious event.
- Crews, including Junior, Year 10 and Senior rowers, will be selected to represent High in the NSW CHS Championships at Taree on Saturday 14 and Sunday 15 March
- All regatta entries and results can be found on the Rowing NSW website – [www.rowingnsw.asn.au](http://www.rowingnsw.asn.au)

**Sydney High GPS Junior Regatta Saturday 14 February 8am**

**High Rowing will be hosting the GPS Regatta at Hen & Chicken Bay**

**All Y8, Y9, Y10 crews will be competing**

**Please come along and support High Rowing**

**Cheer on the crews Bring the family Enjoy the coffee and Barbecue Breakfast**

## From the Canteen

Welcome to all our volunteers for 2015, in particular all the new parents to the school. Canteen provides a wonderful opportunity to meet other parents, find out what is happening at the school and provides significant contributions to the P&C to fund worthy projects which benefit all of our sons.

If you can spare a day a month to help out please contact the canteen on Ph: 9662 9350. Your sons will love to see you there.



**Don't miss out on food you want!** Keen to try out the fabulous range of food in our canteen but keep missing out?

**Order ahead and reserve what you want!**

**Make sure you are in the right queue!**

- The lines at the front of the canteen are for Years 7-8, 9-10 and 11-12. Please make sure you are in the correct line to avoid overcrowding and causing delays in service.
- A quick service window for drinks, ice blocks etc is around the corner – no lunch items can be bought at this window.

In order to avoid disappointment, it is a good idea to put in a lunch order, as sometimes what you want may have sold out.

Thank you to our volunteers at the end of last term:-

Week of 8/12/2014

MON: Maria Simic,

TUES: Farrah Chew

WED: Jim O'Sullivan, Lesa Katsillis,

THUR: Rita Wu, Tina Chen,

FRI: Sam Guo, Jennie Vye,

15/12/2014

Shi Yuan Gu (Cole)



Sharon Hughes  
President Canteen Committee



Canteen Price List								
Breakfast			Lunch and recess items			Hot Food		
Cereal bowl	\$2.00	<b>*So you don't miss out on what you want for lunch, make sure you ORDER it before school.</b>			Chicken Fingers		\$1.50	
Hot chocolate	\$1.00				Chicken Bites		\$2.00	
Cheese toast	\$1.40				Chicken & corn roll		\$1.50	
Cheese & tomato toast	\$1.70				Chicken burger		\$4.00	
Cheese & bacon bun	\$1.60	Sandwiches/Wraps/Rolls			Rolls			
Croissant - ham & cheese	\$2.80	Buttered roll			\$1.40	Chicken mayo roll(hot)		\$4.00
Raisin toast	\$1.20	Cheese & tomato (v)		\$1.70	\$2.30	Chicken mayo sandwich(hot)		\$3.00
Bacon & egg muffin	\$3.00	Cheese & salad (v)		\$2.60	\$3.20	Chicken schnitzel roll		\$4.00
		Chicken & coleslaw		\$3.40	\$4.00			
		Chicken & lettuce		\$3.40	\$4.00	Garlic bread (v)		\$1.50
Fruit/snacks		Chicken & salad		\$3.40	\$4.00	Lasagne/Macaroni Cheese		\$3.40
Fruit - apple/orange/banana	\$0.80	Corned beef & tomato		\$2.80	\$3.40	Noodles in a cup		\$2.20
Fruit salad	\$2.80	Corned beef & pickle		\$2.80	\$3.40	Pasta - homemade		\$3.60
Banana bread	\$2.20	Corned beef & salad		\$3.00	\$3.60	Sausage roll		\$2.50
Selected snacks - varied prices	\$1.20 -	Curried egg & lettuce (v)		\$2.60	\$3.20	Spinach ricotta roll (v)		\$2.60
eg muffins, anzacs	\$2.80	Dagwood roll			\$3.60	Pie - meat (sauce+20c)		\$3.40
		Egg & lettuce (v)		\$2.60	\$3.20	Pie - potato		\$4.30
		Egg & salad (v)		\$2.80	\$3.40	Pie - Vili's (halal)		\$4.30
Drinks		Ham & tomato		\$3.00	\$3.60	Cruizer/Traveller Pies		\$3.40
300 ml plain milk	\$1.20	Ham & salad		\$3.40	\$4.00	Pizza rounda		\$2.20
300 ml flavoured milk	\$1.80	Roast beef & tomato		\$2.80	\$3.40	Pizza slab		\$2.80
600 ml plain milk	\$2.00	Roast beef & mustard & lettuce		\$2.80	\$3.40	Rice box - homemade		\$3.60
600ml flavoured milk	\$2.60	Roast beef & salad		\$3.40	\$4.00			
Up & Go	\$2.00	Salad (v)		\$2.40	\$3.00			
Spring water	\$1.50	Salmon & salad		\$3.60	\$4.20	Sweet chilli chicken sub/wrap		\$4.20
Pumped water	\$3.00	Vegemite		\$1.20	\$1.50	Foccacia - chicken/mayo/cheese		\$4.00
Deep Spring mineral water	\$2.50					- chicken/avo/cheese		\$4.00
		Wraps		\$3.40		- avoc/cheese/tomato (v)		\$4.00
Cans 375ml	\$2.20					Pides - spinach/cheese (v)		\$5.00
Bottled diet Coke 600ml	\$3.50	Sushi		\$2.60		sausage, chicken/mushroom		\$5.00
Aroona carbonated water	\$1.80					Misc.		
Powerade	\$3.50	Vietnamese rolls		\$4.20		Tissues		\$0.60
Iced Tea	\$3.50					Spoons/forks		\$0.05
Berri Juice	\$2.50	Salad boxes (v)		\$4.50		(supplied free with meal puchase)		
						Seasonal foods		
						**NB Not all food items are		
Special orders						available all the time. For example,		
# If you have specific dietary needs						home style lunch boxes - pasta,		
or your favourite sandwich is not on						rice, salads, soup etc are all seasonal.		
the menu - all you have to do is ask!!						Please check with the canteen		
We may be able to make it for you.						before you order.		
Make sure you order before school.		PRICE LIST						

8.30 to 9.00 am \*Breakfast is available \* Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT



# tsfx Succeeding in the HSC

**FREE!**

When you donate \$10 to charity on the day.

Valued at \$300!

## HSC English Essay Writing Lecture

**Date: Saturday 21 February 2015**  
**Venue: The University of Sydney (Camperdown)**

tsfx

### Succeeding in the HSC (10am - 2pm)

During the course of this advanced study skills program, students will learn **vital strategies** that will **maximise learning** and cut down on study time. Students will also gain exclusive advice and instruction in the following key topics:

- The 7 secrets to HSC success.
- Key strategies used by past students to excel in the HSC.
- Higher level time management skills.
- The most effective and time-saving learning techniques.
- Keeping learned materials in memory for longer periods of time.
- Getting the most out of classes at school.
- Planning effective daily study timetables.
- Stress management.
- Effective procrastination remedies.

Valued at \$300, these lectures are **FREE OF CHARGE** when students make a minimum \$10 donation to **The Fred Hollows Foundation** representatives on the day.



### HSC English Essay Writing Lecture (3pm - 5pm)

This **exclusive lecture** is designed to teach students systematic and rational strategies that can be easily applied to construct sophisticated arguments that will persuade HSC markers of students' points of view.

An essential lecture for those students striving for the **higher Band** scores.

Bookings are essential. Register online at [www.tsfx.com.au](http://www.tsfx.com.au) or call **1300 364 173**.

# February/March 2015

05-02-2015

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 C	9 Year 7 Outdoor Education Camp (Morisset) P+C Executive Meeting, Board Room, 17:30 P+C Meeting, Staff Common Room, 18:30	10 *** Year 7 Outdoor Education Camp (Morisset) Australian Mathematical Olympiad Basketball: Senior House Competition Rubie vs Saxby, Gym, lunchtime Marching Band Rehearsal, 15:30-16:30 School Council Meeting, Board Room, 17:30-19:00 Drama: Excursion, On Stage Theatre Performance, Seymour	11 Year 7 Outdoor Education Camp (Morisset) Australian Mathematical Olympiad	12 Debating: DSG Meeting, Common Room, 18:00 Debating: Information evening for parents, Great Hall, 19:00-20:00	13 Marching Band Rehearsal, 08:00-09:00 Swimming: GPS Carnival 1, Newington, 19:00	14 Sport: Group 1 NC v SHS, Group 2 SGS v SHS Rowing: State Championships, SIRC Rowing: SHS Junior Regatta, Hen and Chicken Bay Great Hall Booking: 07:00-24:00 Parking: Sydney FC v Melbourne Victory	15 Parking: Waratahs v Force Cricket: Preliminary GPS Combined Cricket trials
	16 Extension 2 English, Viva Voce Assessment Week Y10 High Resolves Leadership Training, all day (30 boys)	17 Years 10, 11 and 12 Awards Assembly, Great Hall, 09:55-10:40 Basketball: Senior House Competition Eedy vs McKay, Gym, lunchtime Presentation Night rehearsal (All prize winners), Great Hall, 11:50-12:50 Presentation Night, Great Hall, 19:15-21:00	18 Rowing: Year 10 Visit by Melbourne High Excursion: PAWS, p1-3 (selected students, yr10, yr11) Years 7, 8 and 9 Awards Assembly, Great Hall, 09:55-10:40 Meet the Music, Sydney Opera House, 18:30	19 Rowing: Year 10 Visit by Melbourne High Assessment: Yr12 Legal Studies Assessment - (Research & In Class Essay)	20 Marching Band Rehearsal, 08:00-09:00 Rowing: Year 10 visit by Melbourne High Swimming: GPS Carnival 2, SOPAC, Homebush, 19:00 Debating: FED SHS v Knox	21 Sport: Group 1 SHS v SJC, Group 2 SHS v SJC Rowing: Riverview Gold Cup Rowing: Year 10 visit by Melbourne High Parking: Sydney FC v Central Coast Mariners	22
4 A	23 *** Attendance and Progress Review (all Years) Assessment: Y12 Modern History, Great Hall, 09:00-09:50 Year 10 Meeting, Great Hall, 09:55-10:20 Excursion: Popism and Art Express/ AGNSW 9VA, 10VA, 10VD, 11VA, 12VA Wallerugby House Oztog Lunchtime competition, Y7 Rugby: Committee Meeting,	24 *** Year 9 Meeting, Great Hall, 09:55-10:20 10MaB class test, P3 Basketball: Senior House Competition Saxby vs Fairland, Gym, lunchtime Wallerugby House Oztog Lunchtime competition, Y7 Marching Band Rehearsal, 15:30-16:30 Fundraising Management Committee meeting, 17:30-18:30	25 Year 11 Study Skills (Elevate) Morning, Great Hall, 09:00-12:30 Wallerugby House Oztog Lunchtime competition, Y7 Rowing: Committee Meeting, Staff Common Room, 19:00 Basketball: USA Tour Meeting, 901, 18:30-19:30	26 Year 7 Try Rugby Day, McKay, P1-3 Sport: NSW All Schools Triathlon, Penrith Assessment: Y12 English Extension 1, P4, 203, 207, 209	27 Year 11 and 12 Geography excursion to Taren Point  Tennis: SE Boys trials Sport: NSW All Schools Triathlon, Penrith Year 8 Meeting, Great Hall, 10:15-10:40 Debating: FED SHS v Pymble Parking: South Africa v West Indies	28 Sport: Group 1 SHS v SJC, Group 2 SHS v SIC Rowing: GPS Junior Regatta, Iron Cove Rowing: SRC Senior Regatta, SIRC	1 Cricket: Preliminary GPS Combined Cricket trials
	5 B	24 Year 9 Meeting, Great Hall, 09:55-10:20 10MaB class test, P3 Basketball: Senior House Competition Saxby vs Fairland, Gym, lunchtime Wallerugby House Oztog Lunchtime competition, Y7 Marching Band Rehearsal, 15:30-16:30 Fundraising Management Committee meeting, 17:30-18:30	25 Year 11 Study Skills (Elevate) Morning, Great Hall, 09:00-12:30 Wallerugby House Oztog Lunchtime competition, Y7 Rowing: Committee Meeting, Staff Common Room, 19:00 Basketball: USA Tour Meeting, 901, 18:30-19:30	26 Year 7 Try Rugby Day, McKay, P1-3 Sport: NSW All Schools Triathlon, Penrith Assessment: Y12 English Extension 1, P4, 203, 207, 209	27 Year 11 and 12 Geography excursion to Taren Point  Tennis: SE Boys trials Sport: NSW All Schools Triathlon, Penrith Year 8 Meeting, Great Hall, 10:15-10:40 Debating: FED SHS v Pymble Parking: South Africa v West Indies	28 Sport: Group 1 SHS v SJC, Group 2 SHS v SIC Rowing: GPS Junior Regatta, Iron Cove Rowing: SRC Senior Regatta, SIRC	1 Cricket: Preliminary GPS Combined Cricket trials
6 C	2 *** Athletics and Winter Sports Selections (online) Year 10 High Resolves Leadership Training, all day (30 boys) A local ecosystem excursion (Year 11) to Narrabeen Rock Platform Sport: SE Golf championships GPS Rep basketball try outs, Riverview, 16:00-18:00	3 Elevate Workshop: Year 12 Selected Students, P1 (Finishing Line) Basketball: Senior House Competition Torrington vs Eedy, Gym, lunchtime Marching Band Rehearsal, 15:30-16:30	4 Summer Sports Photos, 09:00-12:30 Elevate Workshop: Year 8 Selected Students, P1 GPS Basketball Training and Dinner, Newington	5 Sports Council Meeting, Board Room, 07:30 Volleyball: Sydney East Trials and KO Elevate Workshop: Year 10 Selected Students, P1 (Ace Your Exams) Junior Rowing Photos, Abbotsford, 14:00	6 Marching Band Rehearsal, 08:00-09:00 Swimming: Zone Carnival, Des Renford Pool Geography: Year 12 Urban Places excursion to Green Square Rowing: Assembly, Great Hall, 10:15-11:00 (9, 11, 12) Debating: Eastside SBHS v Rose Bay Debating: FED MLC v SHS	7 Rowing: GPS Head of the River, SIRC	8 Parking: Australia v Sri Lanka