

H I G H S C H O O L N O T E S



The Weekly Newsletter of Sydney Boys High School Vol 14 No 8 22 March 2013

From the Principal

High Talent

Congratulations to our winners at the St. Ignatius short course swimming carnival last Friday: Brandon Yoon (13 yrs 50m freestyle and breaststroke); Christian Haddo (15yrs 50m freestyle and breaststroke), Leonard Mah (16yrs freestyle and breaststroke), Allen Guo (12 yrs 50m breaststroke and backstroke), Kevin Guo (14yrs 50m breaststroke); 15 yrs 4x50m. freestyle relay (Haddo, Nakamura, Menzel, McNaughton); Harvey Luo 13 yrs 50m breaststroke-Div), Max Menzel (15 yrs 50m backstroke Div) and James Chee (16yrs 50m backstroke Div). Well done to Patrick Rynsaardt who was selected in the NSWCHS Open Boys Tennis team to play All Schools for Pizzey Cup selection. Patrick and Frank Zhang also were selected in the Combined GPS tennis teams. Good effort, boys!

Joint Project Update

The draft Memorandum of Understanding between Sydney Boys and Sydney Girls was completed this week and submitted to the Regional Assets Management Unit. The Ministerial Submission for approval of the project by the Minister has been prepared and is scheduled to be submitted by the end of the month. The Joint Project Committee can begin preparing for action as soon as the green light for the project is received from the Minister. The level of cooperation between the schools is high and the collective enthusiasm for moving this project ahead is strong.

Sydney High School Building Fund

Thanks to the great support by parents so far this year our new Sydney High School Building Fund has funds held specifically for the joint project Governors Centre of \$325,192 as a result of donations made so far this year. Disbursements for necessary capital expenditures have been made and all donations for the rest of the financial year will be applied to this major project for High's future. Year 7 parents should be particularly keen to support this Fund as their sons have every prospect of using the new facility in 2018, if a higher percentage of parents each year join in the giving program. Many parents, Old Boys and

friends of High have given before you so this major addition to our learning facilities can be achieved. Funds available for the project are now \$1,900,000. We have a target of \$2,250,000 by December 31 and \$3,000,000 by December 2014. If you haven't made your donation yet, I urge you to do so. Forms are available at www.sydneyboyshigh.com/donations/ Governors Centre.

Trusts under SHSF Management

The Sydney High School Foundation is Trustee for funds held on the school's behalf to be used for specific purposes. Many prizes and awards are funded from the Trusts. Our annual Phillip Day Memorial Trust Scholar is funded from a trust. Students with financial needs are assisted and our art collection and honour boards are maintained. Gold paint and labour to update our many honour boards with the names of our achievers, cost more than \$1,600 per year. Photographs of high achievers and Old Boys, framed blazers and memorabilia cost c\$1k annually. Movement in the Trust accounts for 2011 were: Ethel Killip Memorial Art Collection (\$98k to \$101k); Mitchell Seow Memorial Trust (\$6,976 to \$7,186); The Prizes Trust (\$66.2k to \$78.2k); the SBHS Scholarship Trust (\$49.9k to \$54k); and the new Anzac Trust for students with financial needs (\$10,290). The Foundation decided all Trusts would disburse 50% of the interest earned in 2012. It is paid to the school to help fund the purposes of the Trusts, the remainder is reinvested to grow the Trusts. The Sydney High Foundation provides an ongoing financial service to the school *at no cost* and I want to again acknowledge how beneficial the relationship is, with over \$252,412 under management.

Annual School Report

The hard copy of the Annual School Report has been distributed. The document has many contributors. I would like to thank you all for your efforts. Ms Lynne Williams was again the editor and did the bulk of the layout and composition of the ASR. On your behalf I thank her for her professionalism, persistence and patience. The ASR is not a document to publish and

forget. It is an expression of what we have done, are doing and want to do this year. I use it as a blueprint supporting the Management Plan for the year. The Executive will be analysing data from various sections of the report and refining our practice or responding to suggestions as appropriate. I commend the report to you. A soft copy can be found at www.sydneyboyshigh/publications/annual-report.

Dr K A Jaggar



From the Canteen

Thank you to everyone who volunteers in our canteen, without your help it could not run as well as it does. Ours is one of the few remaining school canteens which is not privately owned, which means we are able to make the substantial funds which we give to the P & C to spend on items which benefit all of our sons.

The Canteen Committee meets on the 2nd Friday of each month at 3.00pm in the boardroom. We are looking for new members as our current committee only have one more year at the school and ideally we need some people from Yrs 7-9 to join now. If you would like to become involved, please come along. The next meeting will be Friday 12th April.

Thank you to our volunteers last week:-

MON: Jaspal Ahuja, Jeannie Vye, Tina Chang.

TUES: Yu Xin Jia (Peter), Penny Chan, Elsa Li, Lina Bai,

WED: Jim O'Sullivan, Wei Dong, Julie Zhu, Qiao Lin (Lyn)

THURS: Rita Wu, Pit Trent, Ha Tran, Bernadette Snow, Kamala Selvakkumar

FRI: Tina Udler, Ming Ming Lee, Theothe Tsiribas
Thanks to Ming and Theo for coming in at the last minute when it wasn't your day, it was much appreciated

The Canteen Team

Careers News

It is important that parents and students have access to the latest careers news and information. The Careers News section of the Student Portal and of the Parents Portal is updated *daily* with this latest information.

Visit the Careers News section to read the latest information about:

- Guest speakers
- Bonus point schemes
- Overseas education opportunities
- UMAT
- University admission
- University information days
- University-school enrichment programs
- Work Placement information

And much more.

Log into the Student or Parent Portal by clicking the *Intranet Login* link on the Sydney Boys High School website.

Please see the Careers Adviser if you have any further questions.

Mr Cipolla

HIGH STORE EASTER SPECIAL

Available for 3 Days ONLY

Mon 25th, Tues 26th, Wed 27th

10% OFF

Rugby Training Mesh (**not playing jersey**) Normally \$55 NOW \$49.50

High Rugby Cap Normally \$20 NOW \$18

High Rugby Water Bottle \$9.90 NOW \$8.90

DEBATING

PDC begins this week with the Hume Barbour Competition. We have entered two teams this year: SBHS Reds are a **Year 11 squad** Jon Freiburg, Tushaar Garg, Andrew Liu, Sam Philis, Lokesh Sharma and this week their first debate is against St George Girls at High. SBHS Blues who are Connor, Khushaal, Albert and Wilber have not got their first debate scheduled yet. Good luck to you, boys. In addition we have a Year 11 team entered into the Metro debating competition (Karl Kramp) and these boys are: Peter Stephens, Riley Irwin, Daniel Fang, Edric Wang. We had great success in PDC last year with Year 12s victorious across the State; Year 11s runners up in the Regional final and Year 10s narrowly missing out on State victory. Best of luck this year to all the boys who are representing High in the Premier's Debating Challenge.

Over the last two Fridays we had varied success in the Years and in the competitions, but overall we are still in a good position to reach Semi-finals if we continue to gain confidence and get good results. As always we are disadvantaged in FED and Eastside because we rotate our teams. However, this means a range of boys get to competitively debate which is a positive benefit. Remember, if you are interested in debating **YOU MUST TELL YOUR COACH**.

I was away on the Canberra excursion last week so was unable to submit a report from either myself or from Khushaal, who is our debating prefect. Each week Khushaal will give you some more detail on his debate and one other. If you would like to have your debate featured then please talk to Khushaal.

This week both debates are away – FED at Newington and Eastside at Reddam. Good luck to teams. I will be going to Newington and Ms Rigby to Reddam.

There is a parking event this weekend. I sent an email from Sunil, our Parking Coordinator. Thank you to families who have already responded.

Thank you to all the parents who have been providing food and help for suppers over the last few weeks. We have had two double hostings which is tough going, but the other MICs are impressed with our organisation and at what a good spread we put on.

Each week I send out an email to debating families. In order to receive this email please send me an email to sbhsdebating@gmail.com

Please tell me your name and Year group or your son's name and Year group and I will add you to the contact list.

Rachel Powell

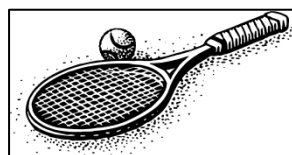
MIC Debating

Eastside Round 2 competition saw High front up against Cranbrook. Though our results are promising with lots of win in Junior Years, the Senior teams have been very unlucky with some very odd topics and some close decisions. This week's Senior topic was "that we should legalize recreational drugs in music festivals". The Senior A team had a high quality debate and were unlucky to come away the losing side. However they did demonstrate a major improvement from the rustiness shown last week and should boost them for next week's debate against Sydney Girls.

In the FED competition we again saw successful Junior teams highlighting how High Debating is in very good hands. Unfortunately, the Year 12 FED team lost their debate in what was a very close and challenging topic about "stopping trade with countries that abuse human rights". Year 11 FED was successful and won their debate convincingly.

Khushaal Vyas

Debating Prefect



D2	3 + 6	L 1-6 1-6	3 + 4	L 3-6 3-6
D3	4 + 5	L 1-6 2-6	5 + 6	L 2-6 1-6
S1	Patrick Rynsaardt	L 4-6 4-6	Carl Yang	L 7-5 4-6 2-6
S2	Frank Zhang	L 0-6 2-6	Richard Hao	D 4-6 6-3 3-4
S3	Ian Li	L 1-6 0-6	Ryo Kawahashi	L 7-5 1-6 4-6
S4	Adam Smagarinsky	L 1-6 2-6	James Lian	L 3-6 2-6
S5	Josh Sanguenza	L 1-6 4-6	Matthew O'Sullivan	L 1-6 1-6
S6	Eddy Wang	L 1-6 0-6	Bohan Deng	L 0-6 1-6

1st Grade

The final round of the GPS competition saw High travel to King's to take on the competition leaders. The boys were looking forward to the challenge of playing spoilers to the King's premiership along with the opportunity to end the season on a high note. It was a deflating start for us, with High going down in all three doubles. Number 1 doubles, Patrick and Frank played a memorable match for the last time as a pair that consisted of numerous changes of momentum, going down in a tight battle 4-6 6-7(5). Number 2 doubles, Ian and Eddy put in a great effort against the undefeated number 2 pair from Kings, despite going down 1-6 1-6. Number 3 doubles, Adam and Josh played some excellent points in the match, however were undone by their opponents creative play, 1-6 2-6. In the number 1 singles, a powerful match consisting of big groundstrokes and serves saw Patrick come up just short of victory in his final match, 4-6 4-6. In the number 2 singles, Frank was unable to find the form that carried him throughout the season, also going down in his final match 0-6 2-6. The number 3 singles saw Ian play his final match with courage against a much stronger opponent, going down 1-6 0-6. In the number 4 singles, Adam's consistent game was undone by some impressive play by his opponent, 1-6 2-6. In the number 5 singles, Josh fought back in the second set to tighten the match after a loose first set, but ultimately came up short in the end, 1-6 4-6. In the number 6 singles, Eddy was unable to find a way around his crafty young opponent, going down 1-6 0-6. The final result was a disappointing defeat at the hands of the 2013 premiers, with High being undone by the superior play displayed by our opponents. For the Year 12 boys, Patrick, Frank, and Ian, it was definitely an emotional day with the boys playing for the school for the final time. Despite the efforts of all the boys in the team throughout the whole season, High placed a disappointing 7th overall with inclement weather proving detrimental to our performance this season. However, the strong performances of our top two players saw Patrick gain selection at number 4 in the 1st grade GPS team and Frank earning selection as number 1 in the 2nd grade GPS team. As the 2012/2013 season along with my five year endeavour in 1st grade tennis have come to an end, there are numerous people that need to be thanked for all their time and effort in making High tennis a memorable experience for all; Dr Jaggar for his ongoing support towards tennis, MIC Mr Wright for his countless hours dedicated to the organisational work behind tennis, coach David Deep, Mr Pavone, TJ, Josh and Kurt.

Frank Zhang

2nd Grade

After having two Saturdays rained out, High 2nds trained as hard as ever to improve their skills to perform their absolute best for the final match of the GPS season against King's. Doubles pair number 1, Carl and Richard, performed aggressively with their net play gaining a tight lead on their opponents, winning the first set 6-4. The Second set proved slightly troublesome as performance began to lower, however only just losing the set 4-6. The super tie-breaker finisher forced the two to play their absolute max which proved it's worth winning the super tie-break at a comfortable 10-2. Number 2 doubles, Bohan and Ryo, performed strongly against their opponents. However, unforced errors and aggressive net play from the opponents led to a 3-6 3-6 loss. Number 3 doubles, Matt and James, a new pair fought hard and strongly against their opponents, however lack of experience and also intense net play from King's led to a 2-6 1-6 loss. With King's only one match ahead of High, Seconds were ready to take the win with the singles. Number one singles, Carl, began the first set comfortably however unforced errors through the latter part of the set led to a tight 7-5 win. Increased consistency from the opponent and unforced errors led to a still tight loss in the second set, 4-6. In the

third set, Carl was ready to take the win, but lack of confidence and consistency led to a disappointing loss in the last set, 2-6. Number 2 singles, Richard, had a tough battle against his consistent and aggressive opponent. With a 4-1 lead in the first set, unforced errors led to a 4-6 loss. The second set was the redemption of Richard as hard fought points and increased consistency led to a 6-3 win. The last set was intense with neither player giving up the match which unfortunately came to a tie due to the time at 3-4. Number 3 singles, Ryo, had a difficult battle against a strong yet also consistent player winning the first set through pure hard fought points, 7-5. However, the second set was taken by King's due to increasing unforced errors unlike the first set, losing 1-6. However the third set proved to be another intense and long one with King's only just managing to take the win 6-4. Singles number 4, James, played against a very heavy top spin player who was also aggressive at the net. Holding his opponent off at the baseline proved worthwhile, however increased pressure from the opponent and his net play led to a 3-6 2-6 loss. Number 5 singles, Matt, a new player playing his first GPS second grade match was sure to play his absolute hardest. Experience from the opponent and heavy fast groundstrokes however, led to a hard fought loss of 1-6 1-6. Number 6 singles, Bohan, played a tough heavy spinner on both serves and groundstrokes. The unorthodox and awkward balls along with unforced errors led to a 0-6 1-6 loss. Although High did not perform well in terms of the results, the amount of intense and hard fought points indicate the start to a new beginning as High will be more ready than ever for the next season of Tennis. Finally, our coach Matthew Cotton needs to be thanked for his efforts in improving our results each week.

Carl Yang

End of Season Tennis Barbeque

Following the completion of the 2nd grade rubber at home, the boys from across the board of age groups from the tennis program came out in force for a fabulous night of tennis activities with friends and family. The boys were treated to a huge feast consisting of a sausage sizzle, bbq chicken, chips, drinks and a large array of salads. The activities on offer including the ever so popular speed serve, and the giant Wilson racquet were among the big hits of the night. Overall the night was a huge success for all, with the valuable funds raised going straight back into our fantastic tennis program. Special thanks to Rob Rynsaardt, our fantastic tennis president and expert barbeque chef, MIC Mr Wright, coach David Deep, the 1st grade boys for collecting the money and to everyone who attended to support High tennis.

For more info visit the Sydney High tennis website at: <http://www.sydneyhigh.org.au/tennis/>

5th & 6th Tennis

Saturday the 16th of March. The last GPS tennis match for the season, and for some of us, our last tennis match for High ever. What came about at the end of the day were disappointing results, but as we were up against King's- one of the best schools for tennis in the GPS, I'd say we went down fighting. Doubles across the board for the 5th and 6th grade teams resulted in losses, with players including myself taking a while to warm up and get back into the swing of things (pun intended) after last week's Head of the River. After a few games my serve was once again up to par, but it was too late for the match, and Junjie and I lost 6-3.

In regard to singles, most of the matches once again were losses, with quite a few scores lying at 6-2. However for some this was not the case. In the final points of his game Gordon Q in 6th grade pulled away in the tiebreaker to take the match. In my own game (as seed 5.1) I was neck and neck with my opponent, who seemed to be an equal with me in terms of skill and fitness. However it was he who dropped out first, and at 4-4 I pulled away to win the next two games and the match. He was clearly disappointed, a feeling I imagine was shared by many boys on the day who did not win. Of course it's always nice to end on a high, but it's just as important to remember the rest of the season with every other match and every other training session. While this may have been my last tennis match for High, it definitely isn't my last tennis match. Thanks to the other boys and to Mr Wright, and well done to everyone. Best of luck for the next season.

Calum York



SBHS RUGBY High Rugby = High Spirit



Year 7 House Oz Tag competition

The 2013 Year 7 House Oztag was a huge success with Fairland beating McKay in the Final.

Fairland Year 7 with their House Captain, the two referees and the Junior Deputy Principal (Mr C Barris).



Training program for Rugby – March/April 2013 –

Pre-season (All players are expected to turn up to sprints each Monday afternoon & their one respective after school rugby training session during preseason)

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25 Scrum&L/O training Sprints	26	27 Training AM	28 Scrum&L/O training - Snrs	29 Good Friday	30
April	1 Easter Monday	2	3 Training AM 14s rugby - PM - MPW Yr 12 exams	4 16s/Opens Rugby training after school Yr 12 exams	5 13s/15s training – AM Yr 12 exams	6
7	8 Sprints Yr 12 exams	9 Yr 12 exams	10 Training AM 14s rugby - PM - MPW Yr 12 exams	11 16s/Opens Rugby training after school Yr 12 exams	12 13s/15s training - AM Yr 12 exams	13
14 Holidays	15	16 Rugby Training- Opens MPW	17	18 Rugby Training- Opens MPW	19	20
21 Holidays	22	23 Rugby Training all teams - MPW	24 Rugby Training- Opens (non athletes) - MPW	25	26 Rugby Training all teams (non athletes) - MPW	27 Redfield game – 1sts only

I hope to see you all at training, Mr G. Barris (MIC Rugby)

Swimming

St Ignatius Carnival 4

The penultimate GPS swimming carnival of the 2013 season was held last Friday evening at St Ignatius College. Despite the absence of a few accomplished swimmers, High still performed well in every event. With 13 wins in total, High had 4 standout swimmers, who each won two individual events: Allen Guo, Brandon Yoon, Christian Haddo, and Leonard Mah. The 15 years 4x50 freestyle relay continued their undefeated streak in convincing style. The first place finishes were:

- Allen Guo (12) – 50m Breaststroke Championship: 40.82
– 50m Backstroke Championship: 38.25
- Brandon Yoon (13) – 50m Freestyle Championship: 29.45
– 50m Breaststroke Championship: 38.60
- Harvey Luo (13) – 50m Breaststroke Division: 41.64
- Kevin Guo (14) – 50m Breaststroke Championship: 34.09
- Christian Haddo (15) – 50m Freestyle Championship: 26.46
– 50m Breaststroke Championship: 35.99
- Max Menzel (15) – 50m Backstroke Division: 32.88
- 15 years 4x50m Freestyle relay: 1:52.54
- Leonard Mah (16) – 50m Freestyle Championship: 26.38
– 50m Breaststroke Championship: 33.91
- James Chee (16) – 50m Backstroke Division: 33.54

This week, on 22nd March, is the final GPS Swimming Carnival 5 (Finals). Every event at this carnival goes towards the GPS point scores. Both the Junior and Intermediate Divisions are coming 2nd, and are in very close contention for winning the GPS premiership. The Swimming Team needs YOUR SUPPORT at this final carnival at SOPAC to give them the send-off they deserve.

Dominic Mah (Swimming Co-Captain)



SHOOTIN'

150 HOOPS

HIGH vs. KINGS: Term 4, 2012

TEAM	RESULT	SCORE	TOP SCORER/MVP
1 st	WIN	60-49	N.SUTTON 13
2 nd	WIN	67-40	B.MUSULIN 26
3 rd	WIN	42-35	J.PALLANI 12
4 th	WIN	31-25	B.TRUONG 18
5 th	WIN	37-25	G.QIN MVP
6 th	WIN	19-16	D.DUONG 6
7 th	LOSS	16-19	TEAM EFFORT
8 th	LOSS	16-13	TEAM EFFORT
16A	LOSS	29-23	J.WANG 11
16B	LOSS	28-24	S.MALOL 7
16C	WIN	35-13	D.HASLAM 10
16D	WIN	40-12	C.YANG 11
16E	WIN	24-15	N.HUANG 7
16F	WIN	22-6	TEAM EFFORT
15A	WIN	27-24	J.GEK 11
15B	LOSS(ot)	23-25	M.LI 10
15C	LOSS	36-8	C.SHI 3
15D	WIN	33-16	TEAM EFFORT
15E	LOSS	39-9	D.XU 4
15F	WIN	28-12	TEAM EFFORT
14A	LOSS	23-42	J.ZHENG 6
14B	LOSS	15-23	R.GU 4
14C	LOSS	41-21	A.LEE 10
14D	LOSS	12-46	D.NGUYEN-JARIV 4
14E	LOSS	10-50	P.YU 6
14F	LOSS	16-23	J.LOH 6

HIGH vs. KINGS: Term 1, 2013

TEAM	RESULT	SCORE	TOP SCORER/MVP
1 st	WIN	53-49	E.KELLY 19
2 nd	WIN	53-52	B.MUSULIN 19
3 rd	LOSS	24-37	J.CLEMENTS-L 6
4 th	WIN	27-25	A.HE 8
5 th	LOSS	26-21	W.LU 10
6 th	WIN	29-23	TEAM EFFORT
7 th	LOSS	27-20	TEAM EFFORT
8 th	WIN	38-8	W.CHOI 10
16A	LOSS	43-39	J.YANG 17
16B	LOSS	39-60	TEAM EFFORT
16C	WIN	34-21	M.NG 9
16D	WIN	55-4	C.WANG 22
16E	LOSS	38-22	TEAM EFFORT
16F	WIN	26-14	TEAM EFFORT
15A	WIN	30-14	MASSIVE.MENZEL
15B	WIN	30-25	G.YUAN 8
15C	WIN	17-10	A.KIRIN 4
15D	LOSS	15-19	J.NGUYEN 4
15E	LOSS	34-16	B.WU 8
15F	WIN	27-18	K.LUU 7
14A	LOSS	52-30	C.NGUYEN-LONG RANGE TRIPLE!
14B	LOSS	41-14	R.GU 5
14C	LOSS	24-14	A.PRASAAD 7
14D	WIN	15-14	TEAM EFFORT
14E	LOSS	16-21	TEAM EFFORT
14F	WIN	28-12	H.HUANG 20
13A	LOSS	19-84	J.SIU 8
13B	LOSS	18-24	H.VYE 7
13C	LOSS	17-32	L.WANG 8
13D	WIN	15-14	K.COURT 6
13E	WIN	14-12	J.LAI 8
13F	WIN	17-8	A.ZHAO 4

AAGPS 1st Grade

	Played	Won	Lost	For	Against	Points	Final Placing
Scots	14	14	0	1318	703	28	1
Newington	14	12	2	1049	644	26	2
High	14	7	7	937	881	21	3=
St. Ignatius'	14	7	7	856	930	21	3=
Shore	14	7	7	903	857	21	3=
King's	14	5	9	694	867	19	6
St. Joseph's	14	4	10	906	1090	18	7
Grammar	14	0	14	572	1267	14	8

AAGPS 2nd Grade

	Played	Won	Lost	For	Against	Points	Final Placing
High	14	13	1	937	881	27	1
St. Ignatius'	14	12	2	856	579	26	2
St. Joseph's	14	9	5	745	674	23	3
Shore	14	6	8	611	612	20	4
Scots	14	5	9	538	603	19	5
King's	14	4	10	621	719	18	6=
Newington	14	4	10	478	631	18	6=
Grammar	14	3	11	561	684	17	8

3 Premierships in 3 years! Is this the best sporting performance in school history? Last game of the season saw High in an exhilarating showdown against King's last weekend, *where both 1st and 2nd Grade came back from a large deficit to win with the smallest margins this week.* This win was crucial to 1st Grade; they are now tied 3rd on the GPS table, a very exciting result for 1st Grade that the school should be very proud of. In 2nd Grade, High superstar Bailey Musulin managed to score a game-winning layup to put High on a 13 win 1 loss record for the season, rendering them GPS Premiers for the 2012-13 season. Congratulations to both Opens teams! Another great result from the Opens teams came from 4th Grade, where with the game tied at 25 all Andrew once again rose to the occasion and sank the game winner.

It's great to see that lower age groups such as the 13s are experiencing good wins in their games, a very impressive feat that was certainly much better than when I was in the 13s in 2009. Congratulations to all teams on a great effort this season, and make sure all of you attend the Basketball Dinner if you can! Season stats will also be finalised soon; check back in High Notes one last time before the Athletics season or check with Mr B Hayman to see how your team went

Remember our High basketball motto; "Play Hard, Play Smart and Play Together!" This can be applied to all areas of your life. See you all next season!

~ Go HIGH!
~Play Hard, Play Smart and Play Together!
~ Brought to you by the Editor Glanden Zheng
~Thanks to Mr B Hayman for all his contributions to HIGH Basketball



High Tide

Sydney Boys High School Sailing

16 March 2013

Saturday fleet racing concluded this weekend, in light winds of around 3-5 knots from the NW. Sydney High sailors had the best results for the term, helped by the absence of the Cranbrook sailors and the lighter conditions.

Fleet Racing

Two short course races were held with Sydney High sailors achieving outstanding results in both. In Race 1, the most outstanding result was achieved by Darren Tiang who sailed consistently into 2nd position, closely followed by David Evans, Hayden Rabone and Tim Pilien in a fleet size of 26 boats. David had a great start and sailed most legs around the course in the top placing, but was overtaken when forced to Jive on the sausage leg close to the finish. Sydney High gained six out of the top ten positions.



In Race 2 the results were even better with Tim Pilien showing the

form of a champion and finding the speed lines needed to win a race. Daniel Fang was also finding form at the end of the season with a splendid second place. David Evans showed his strengths by gaining a well-deserved third and Darren Tiang rounding out a top four success. Great placings were achieved by Hayden Rabone (6th), Kai Matsumoto (8th) and Vincent Xu (10th), making this the best result for the year. Close starts were the order of the day at training

Teams Racing

The Sydney High Team Racing teams sailed well in the conditions against all schools, including the Riverview team, this weekend. Reasonable results were gained although in this sailing area Sydney High teams need additional training in the areas of boat handling and the use of rules to succeed further in the upcoming State titles, held in week ten. Teams racing training will continue on Saturday in the morning, against Scots and Ascham schools.



David Evans, with Bruno Cowen as crew in the Fleet racing, sailed very well to great top ten finishes

RESULTS

Sail No.	Skipper/ crew	Race 1 (26 boats)	Race 2 (26 boats)
15	David Evans/Bruno Cowen	4 th	3 rd
11	Tim Pilién/Tim Zhang	6 th	1 st
14	Daniel Fang/Garwerd Liang	10 th	2 nd
10	Tiger Zhang/Chris Chen	12 th	18 th
17	Dallas Yan/ Dexter Gordon	20 th	23 rd
18	Kai Matsumoto/Robert Tan	15 th	8 th
12	Vincent Xu/Peter Choi	9 th	10 th
55	Angelo Yan/ Edward Wu	13 th	12 th
53	Hayden Rabone/Steven Chung	5 th	6 th
16	Darren Tiang/Desmond Chiang	2 nd	4 th

G Moody
MIC Sailing 2013

15 March 2013

Parents asking for more support on bullying

Only one in seven parents (14 per cent) are confident they would know the signs that their child is bullying others, a **headspace** survey has revealed, on National Day Against Bullying today.

The survey of more than 400 Australian parents revealed that while bullying is a major concern they don't feel like they have the tools they need to spot trouble and provide the right support to their kids.

Chris Tanti, CEO of **headspace** the National Youth Mental Health Foundation, said bullying behaviour can be a red flag that your child might be going through a tough time and it's important to spot the warning signs.

"Look out for changes in behaviour like increased frustration and aggression or if they are becoming more argumentative or defiant than usual."

"We know that children who have been bullied themselves are more likely to bully others if the distress isn't resolved," said Mr Tanti.

"Friendship groups can also influence the behaviour of a young person so it's important that parents have a good understanding of who their child's friends are and what their relationships and interactions are like."

Nearly half of parents (45 per cent) said bullies should be punished but most recognise that the behaviour could be linked to other issues, with 95 per cent saying the bully should get help.

"It's important the bully understands there are clear consequences for their behaviour. But we know that it's only when the underlying issues associated with bullying are addressed that this negative behaviour will really start to shift," said Mr Tanti.

"Organisations like **headspace** can help young people deal with things that might be troubling them, whether they are the victim of bullying or they've found themselves bullying others as a way of coping with problems."

Mr Tanti said that parents have an important role to play in helping to reduce the incidence of bullying.

"Bullying doesn't just occur among young people at school, it happens in the workplace and in the political arena every day. Parents and adults need to teach by example and show young people that bullying isn't acceptable."

Five warning signs that a child might be exhibiting bullying behaviour:

1. Been a victim of bullying themselves
2. Want to be in control
3. Frustrated or anxious
4. In a peer group that encourage bullying
5. Increases aggression – argumentative or defiant

Five tips for parents:

1. Get involved in activities and know their friendship group

A group of Music and Drama students have collaborated to create an Opera. Please come along and enjoy the show.



unlocking
creativity

The Seymour Centre, Chippendale
7pm, Tuesday 26 March 2013



WOTOPERA: Sydney

Original operas meaningful to the lives of young people

Following its highly successful program in Sydney last year, WotOpera returns with fresh faces and four new, original works!

WotOpera unlocks the creative potential of young people. Over eighty students from four Sydney high schools have written four operas that showcase their creativity, talents and boundless imaginations, the participating schools are:

Holroyd High School

Lurnea High School

Manly Selective Campus

Sydney Boys High School

The students collaborated to produce their own stories, then composed the music and designed and painted their sets in a series of four one-day workshops representing just 21 hours! The four schools will come together to perform their individual works at The Seymour Centre.

You are invited to delight in their journey and enjoy their creations on Tuesday 26 March at 7pm.

Artistic Director: Murray Dahm

Music Directors:

Peter Aoun, Dan Walker, Benjamin Loomes

Project Assistants:

David Hidden, Katie McKee, Eddie

Muliaumaseali'i,

Sophie Kelly

Photographer & videographer: Bridget Elliot

Video Editor: Tanya Saint James

Bookings: 02 9351 7940 or

www.seymourcentre.com

Where: The Seymour Centre

Cnr City and Cleveland Chippendale

Tickets: \$10 for Adults

\$5 for concessions

wotopera.org.au

Proud Schools Celebration, Burwood Girls High School

On February 26th, a group of students from High attended a riot of colour at Proud School's Celebration at Burwood Girls. Proud Schools is an initiative to end homophobia, transphobia and heterosexism, and to provide a safe and supportive environment for same sex attracted and gender diverse students.

Guests of the school attended a celebratory school assembly including guest speakers, Jayden Ellis and Brenna Harding from Wear It Purple; musical performances by students and a special visit from a drag queen called Joyce Mange. The assembly's underlying message was that if a student feels included and connected to their respected schools, their education and wellbeing will be greatly improved. It was followed by a rainbow flag raising ceremony and 1365 colourful cupcakes were made for the guests.

After morning tea, programs were organised for students to reflect as individuals and as a group on a range of issues. It was aimed at school environments and providing a safe place for same-sex attracted students. Overall it was an enlightening day for all the students and a big thank you to Mr Walker and Mr Kay for organising the transport and participation in the event.

Sharek Khan 11F



Sydney Boys High School P&C presents...

BIG NIGHT OUT

SATURDAY 23RD MARCH 2013
5:00PM START

Come join in this annual school family event. Stalls will be serving a variety of multicultural food while you enjoy entertainment in and around the Great Hall and Courtyard...bring your whole family for a relaxed night of food & fun.

TICKETS: presale at General Office \$20 or \$25 on the night
INCLUDES: 3 courses and entertainment
BYO, or purchase at the soft drink stall or Bar

For more information visit www.sydneyboyshigh.com



SYDNEY BOYS HIGH STORE & CLOTHING POOL

Autumn/Winter Price List 2013

SCHOOL UNIFORM

BLAZERS: From: \$275.00
*Please arrange for boys to be fitted
as early as possible
(6-8 weeks delivery from order)*

PANTS: Trousers - Junior, Dark Grey w/w \$69.00
Trousers - Senior, Light Grey w/w \$69.00

SHORTS: Grey \$48.00

BELTS: Black Leather \$17.50

SHIRTS: Sky Blue & White, Short Sleeve Crested
Sizes 10 - 14 \$27.00
Sizes 16 - 22 \$29.00
Sizes 24 - 28 \$31.00

Sky Blue & White, Long Sleeve Crested
Sizes 10 - 14 \$29.00
Sizes 16 - 22 \$31.00
Sizes 24 - 28 \$33.00

BLUE WOOLLEN JUMPERS:
Up to Size 14 \$86.00
Size 16 - 22 \$88.00
Size 22 - 26 \$90.00

SOCKS:
Cotton Knee High \$12.50
Cotton Ankle Sock in S.H.S. Colc \$8.80

TIES: Junior \$24.50
Senior \$28.50
Prefect \$23.50
Old Boys \$27.50
G.P.S. Old Boy \$36.00
SRC \$26.50

CAPS: SHS Cap \$20.00
Beanie \$10.00

BAGS: Backpack \$77.00
Sports Bag \$66.00
Hav A Sak \$30.00

MATHS:
Grid Book 96 page \$2.20
Calculator \$35.00
Protractor \$0.55
Compass \$1.55

MUSIC: Music Book \$2.20

ART: Visual Art I Diary A4 \$6.60
Visual Art Diary A3 \$11.00

DESIGN & TECHNOLOGY:
D.T. Apron \$11.00

UMBRELLAS:
Folding \$16.50
Golf \$33.00

SPORTS UNIFORM

P.E./HOUSE SPORT:
Polo (house colours) \$27.50
Microfibre Short
Black Baggy with S.H.S. print \$27.50
Sport Socks \$8.80

TRACKSUITS: (sold as separates)
Microfibre track jacket \$88.00
Microfibre track pant \$44.00

ATHLETICS:
Singlet \$44.00
Short \$44.00
HIGH Training Top NEW \$55.00
Socks white with S.H.S. colour \$8.80

SOCCER:
Jersey Sky & Choc. Stripe NEW \$49.50
Short matching design \$40.50
Socks \$15.00

RUGBY:
Jersey \$77.00
Training mesh jersey \$55.00
Titanium short with shs crest \$38.50
High Rugby Cap \$20.00
High Rugby Bottle \$9.90
Socks \$15.00

VOLLEYBALL
Top polo NEW \$55.00
Short with Sydney High \$39.50
Socks with S.H.S. Colours \$8.80

SYDNEY BOYS HIGH STORE & CLOTHING POOL

Autumn/Winter Price List 2013

MEMORABILIA

Mug with S.H.S. Crest incl Gift Box	\$16.50	S.H.S. Sticker	\$1.10
Bridge Scorers	\$11.00	Wine Glasses Set of 2 Boxed	\$35.00
Double Pack Playing Cards	\$24.00	School Centenary Book	\$15.00
Pencil Case (school crest)	\$8.80	Silverware: Sugar or Fluted Spoon	\$5.50
S.H.S. Pen	\$8.80	Ashtray	\$8.00
Letter Opener	\$6.60	Hatband	\$8.00
S.H.S. Pad	\$3.00	S.H.S. Plaque	\$49.50
Car Sticker	\$4.50	Coat hanger	\$5.00
S.H.S. Foldable Chair	\$49.50	S.H.S. Cufflinks	\$16.50
Car Number Plate Covers	\$39.95		

OLD BOYS MEMORABILIA

Sydney High Hoodie NEW		\$66.00
Supporter Polo Fleece Jumper	\$69.00 SALE	\$50.00
O.B.U. Tie		\$27.50

CLOTHING POOL

A recycled section operates within the High Store Shop. Items such as blazers, shorts, trousers, jumpers, rugby/soccer tops & boots, tracksuits, can be sold on a commission basis - The High Store Shop retaining 1/2 of the sale price.

Please ensure that when sending items for sale you include your name and address.

All items sent should be clean and in good condition. Shirts are gladly accepted as donations.

BLAZERS

G.P.S. Pocket	\$22.00
Music Pocket	\$27.50
Prefect Top Pocket	\$22.00
Prefect Bottom Pocket	\$40.00
Embroidery Line	\$17.50
Full Braiding	\$70.00
Dry Cleaning	\$12.50
Service Charge	\$30.00

GENERAL - with S.H.S. Crest Badge

PAYMENT

Cash, Eftpos, Visa, Mastercard or Cheque made payable to " HIGH STORE "

OPENING TIMES

Monday, Tuesday, Wednesday & Friday	10:30am to 1:30pm
Telephone	9331 7075

House Badge	\$9.90
S.H.S. (metal)	\$4.40
Rowing (metal)	\$7.70
Orchestra (metal)	\$4.40
Rifle (metal)	\$5.50
S.B.H. Lapel Pin (metal)	\$2.75
Basketball (metal)	\$7.70
Cricket (metal)	\$7.70

GOODS & SERVICES TAX (G.S.T.)

G.S.T. is included on all prices listed.

SPEAK OUT

education



April School Holiday Programs

15th - 24th April 2013

- ✓ Public Speaking
- ✓ Debating
- ✓ Mock Trial

Courses held at SHORE School & St Catherine's Waverley

www.speakouteducation.com.au

Canteen Price List						
Breakfast		Lunch and recess items			Hot Food	
Cereal bowl	\$2.00	*So you don't miss out on what you want for lunch, make sure you ORDER it before school.			Chicken Fingers	\$1.50
Hot chocolate	\$1.00				Chicken Bites	\$2.00
Cheese toast	\$1.20				Chicken & corn roll	\$1.50
Cheese & tomato toast	\$1.50				Chicken burger	\$4.00
Cheese & bacon bun	\$1.60	Sandwiches/Wraps/Rolls		Rolls		
Croissant - ham & cheese	\$2.50	Buttered roll		\$1.20	Chicken mayo roll(hot)	\$3.80
Raisin toast	\$1.20	Cheese & tomato (v)	\$1.50	\$2.00	Chicken mayo sandwich(hot)	\$3.00
Bacon & egg muffin	\$3.00	Cheese & salad (v)	\$2.40	\$3.00	Chicken schnitzel roll	\$3.80
		Chicken & coleslaw	\$3.40	\$4.00		
		Chicken & lettuce	\$3.40	\$4.00	Garlic bread (v)	\$1.50
Fruit/snacks		Chicken & salad	\$3.40	\$4.00	Lasagne/Macaroni Cheese	\$3.20
Fruit - apple/orange/banana	\$0.80	Corned beef & tomato	\$2.80	\$3.40	Noodles in a cup	\$2.20
Fruit salad	\$2.80	Corned beef & pickle	\$2.80	\$3.40	Pasta - homemade	\$3.50
Banana bread	\$2.20	Corned beef & salad	\$3.00	\$3.60	Sausage roll	\$2.40
Selected snacks - varied prices	\$1.20 -	Curried egg & lettuce (v)	\$2.50	\$3.00	Spinach ricotta roll (v)	\$2.60
eg muffins, anzacs	\$2.80	Dagwood roll		\$3.40	Pie - meat (sauce+20c)	\$3.20
		Egg & lettuce (v)	\$2.50	\$3.00	Pie - potato	\$4.20
		Egg & salad (v)	\$2.80	\$3.00	Pie - Vili's (halal)	\$4.20
Drinks		Ham & tomato	\$2.80	\$3.40	Cruizer/Traveller Pies	\$3.20
300 ml plain milk	\$1.20	Ham & salad	\$3.20	\$3.60	Pizza rounda	\$2.20
300 ml flavoured milk	\$1.80	Roast beef & tomato	\$2.80	\$3.40	Pizza slab	\$2.60
600 ml plain milk	\$2.00	Roast beef & mustard & lettuce	\$2.80	\$3.40	Rice box - homemade	\$4.50
600ml flavoured milk	\$2.60	Roast beef & salad	\$3.20	\$4.00		
Up & Go	\$2.00	Salad (v)	\$2.20	\$2.50		
Spring water	\$1.50	Salmon & salad	\$3.40	\$4.00	Sweet chilli chicken sub/wrap	\$4.00
Pumped water	\$2.80	Vegemite	\$1.20	\$1.50	Foccacia - chicken/mayo/cheese	\$4.00
Deep Spring mineral water	\$2.50				- chicken/avo/cheese	\$4.00
		Wraps	\$3.20		- avoc/cheese/tomato (v)	\$4.00
Cans 375ml	\$2.20				Pides - spinach/cheese (v)	\$5.00
Bottled diet Coke 600ml	\$3.40	Sushi	\$2.60		sausage, chicken/mushroom	\$5.00
Aroona carbonated water	\$1.80				Misc.	
Powerade	\$3.40	Vietnamese rolls	\$4.20		Tissues	\$0.60
Iced Tea	\$3.40				Spoons/forks	\$0.05
Berri Juice	\$2.40	Salad boxes (v)	\$4.50		(supplied free with meal puchase)	
					Seasonal foods	
					**NB Not all food items are	
Special orders					available all the time. For example,	
# If you have specific dietary needs					home style lunch boxes - pasta,	
or your favourite sandwich is not on					rice, salads, soup etc are all seasonal.	
the menu - all you have to do is ask!!					Please check with the canteen	
We may be able to make it for you.					before you order.	
Make sure you order before school.		2013 PRICE LIST				

8.30 to 9.00 am *Breakfast is available * Time to place lunch orders

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT

March/May 2013

20-03-2013

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9 C	25 Motivational Media (Mad for Life), Great Hall, 09:00-15:20 10MaB class test, P3 NSW Inter Regional Volleyball Carnival, Minto Selective Schools Careers Advisers Meeting, Senior Library, 13:00-15:00	26 Mufti Day BBQ-Lak Saviya/KRMV (Y10 Charity) Jaggar Gift, Extended Lunch Music: WOTOPERA, Seymour Centre 19:00-21:00 Tennis: NSW All Schools (Pizzey Cup) NSW Inter Regional Volleyball Carnival, Minto Basketball: GPS v CAS	27 NSW Inter Regional Volleyball Carnival, Minto Basketball: CHS KO v Lucas Heights Summer Sport Reports to be submitted to Record Committee Tennis: NSW All Schools (Pizzey Cup) Rugby: Sydney East Trials Proud Schools Forum Basketball: ISA v GPS	28 Summer Sport Reports to be submitted to Record Committee Football: 1st XI CHS Knockout, Pt Hacking Pds 1-3 Brainstorm Productions - Wired (Year 11), Great Hall, P5 Year 7 Swimming Test during Sport (selected students)	29 Good Friday - Public Holiday	30	31 Easter Sunday Parking: Super 15: NSW Waratahs v Western Force
10 A	1 Easter Monday - Public Holiday Parking: Sydney Roosters v Parramatta Eels, 19:00	2 *** Attendance and Progress Review (all Years) Year 12 Study Day Year 7 Zone Gala Day - Robertson Road Theatresports Competition, Great Hall, 15:20- 21:00 Marching Band Rehearsal, 15:30-16:30 Information evening re English Extension 1 and Extension 2 for Year 12 2014, Room 204,	3 Year 12 Assessment Exams Geography Competition, Great Hall, 09:00-12:30 World Challenge Parent Information Evening, Great Hall, 19:00- 20:00	4 Year 12 Assessment Exams Year 7 Swimming Test during Sport (selected students)	5 Year 12 Assessment Exams Debating: Eastside TSC v SHS	6 Rowing: CHS Championships, Grafton Athletics: TSC Invitation, Warm Up Homebush Booking, Great Hall, 07:00-19:00 Parking: AFL: Sydney Swans v Gold Coast Suns	7 *** Daylight Saving ends Rowing: CHS
11 B	8 Year 12 Assessment Exams Football: Committee meeting, Room 901, 17:30 Year 8 Geography/History Excursion Years 7, 8 and 9 Dance, SBHS and SGHS, Multi-Purpose Hall (SGHS), 18:00-21:00	9 Year 12 Assessment Exams Years 7 and 9 vaccinations, Room 801, 09:00-12:54 Class Test: 8MaB P2 Class Test:9MaD P4 Basketball: Senior House Competition GRAND FINAL, Gym, lunchtime School Council Meeting, Board Room, 17:30	10 Year 12 Assessment Exams Cricket: Committee Meeting, Staff Common Room, 18:00	11 Year 12 Assessment Exams Year 7 Swimming Test during Sport (selected students)	12 LAST DAY TERM 1 Marching Band Rehearsal, 08:00-09:00 Year 12 Assessment Exams Assembly: Anzac Day Ceremony, Great Hall, 10:15-11:00 (7,9,11) Barris IC Parking: Sydney Roosters v Bulldogs, 19:35	13	14 Parking: Wests Tigers v St George Illawarra Dragons, 15:00
1 C	29 Staff Development Day Rugby: Committee Meeting, Staff Common Room, 18:00 HSC Personalised Exam Timetable available	30 Staff Development Day Swimming: CIS Carnival, Homebush	1 School resumes Year 9 Half Yearly Exams Meet the Music Concert, SOH, 18:30 Swimming: CIS Carnival, Homebush	2 Year 9 Half Yearly Exams Year 7 Swimming Test during Sport (selected students) Sports Council Meeting, Board Room, 07:30	3 Starlight Day early morning external collection Y10-12 Year 9 Half Yearly Exams Debating: Eastside SHS v SGHS Debating: FED SHS v BC	4 Athletics: SHS Invitation Athletics, Homebush (pm)	5 Parking: AFL: Sydney Swans v Brisbane Lions Parking: NRL: Sydney Roosters v Penrith Panthers, 15:00