



From the Principal High Talent



Congratulations to our PDC Hume Barbour team for their fine win against Manly in the final. Christopher Chiam, Robert Sternhell, Julian Edgtton and Nicky Pinidiya won the magnificent trophy for the 24th time for High! Dexter Gordon (Year 9) won the local final of the Legacy Junior Speaking Competition. Our Intermediate A, Junior A and Junior B chess teams have qualified for the regional final. Well done, boys! Great results in the ICAS Writing Competition for Year 11 – Sumen Kumareswaran and Terence Zhou each achieved top score in NSW and the ACT. Congratulations, boys! Jeans for Genes day collectors (91 in Year 8) did a great job last Friday and raised lots of money for a good cause. Thank you to all the boys for their efforts, presentation and positive demeanour. Well done to Bailey Musulin (Year 9) on his selection into the Sydney East Softball team. Timothy Collier was equal first in the Classical Greek Reading competition held at the University of Sydney. Congratulations, Tim! Great work by the Community Service Committee last week in selling 'Ramen for Oasis' for one week and raising \$477 for the organisation – a big effort!

Sports Policy Changes Forum

I invite parents, staff and students to attend a Forum on Sports Policy to be held in the Great Hall on Wednesday, August 15 at 6pm. It is timely with the poor showing in London prompting calls to improve school sport being made by peak sporting bodies. Depth is an essential requirement of competitiveness. Its enemy is the sinecure. For too long sport at High has revolved around the two GPS sides in any competition, quite often at the expense of Year 7 boys and those in lower grades, particularly in the Junior School. The base fitness level of our boys is alarmingly low. We need to improve it to strengthen our athletics and cross country programs.

During the last few years High has also come under increasing pressure to lift the standard of its competition within the GPS.

Our competitors have certainly done so. To do this, we must build higher levels of skills in each sport as well as strength and fitness. It is time that we re-visited our arrangements to maximise access to activities while increasing the exposure of boys to training for sport. Three sessions per week are required to achieve our goals. To improve our depth, it is equally important for boys in C, D, E and F teams to train adequately. Some boys with ability are lost to various sports at the highest level because they take sports with less training time expected or choose to play at lower levels than their ability indicates. We need to change the culture and restore the former pride that High boys had to wear the jersey to represent the school at the highest level. We have some elite sportsmen who are training in and out of school to a demanding level. The proposed changes will have no effect on them. We are trying to regularise the conduct of sports training for the bulk of school participants.

We have had an 'Off-timetable timetable' to regulate our activities for many years. For example, Tuesday afternoon is reserved for cadets, morning Mondays and Wednesdays for extension 2 mathematics, Tuesdays and Thursdays for Year 8 languages, and music ensembles spread out over the weekday mornings to accommodate senior and junior players. However, with more and more activities being scheduled, the certainty of these arrangements has broken down. More and more weekday morning training sessions are creeping in to suit coaches and teams. The school needs to set its own directions and have people service those needs.

The Parent Portal has the details of the proposal. Come along to the Forum to hear more about the proposals and to have your say!

New timetable proposal

The Executive and staff have been discussing a new timetable structure to be implemented in 2013. It is driven by the desire for longer periods of teaching and learning and even fewer movements around the school. The proposal is to have thirteen three-week cycles in an academic year.

The proposed period length is 60 minutes Monday to Thursday, and 55 minute periods on Friday with an early start for RE and meetings at 0850. The movement between periods is addressed by the concept of a 'transition' time of 5 minutes. Students will be expected to be ready to start at 0900, 1125 and 1410 on Mondays and Tuesdays on a 2:2:1 structure. From Wednesday to Friday, the arrangement will be 2:1:2 to accommodate sport and the RE early start on Friday. In order to maximise teaching time, 5 minutes will be allowed between periods 1 and 2 and 3 and 4 or 4 and 5, depending on the day. The day will end at 1510 except on Fridays at 1515. Lunch will be early on Wednesdays and Thursdays and late on Fridays. Essentially, the day will be 10 minutes shorter except on Friday but our expectations of punctuality will rise.

Some concerns have been raised about the frequency of face to face meetings over three weeks, given the variations we have in such a busy school; and about the allocation issue of split classes. The Senior Executive is working on possible solutions or strategies to ameliorate these effects. If you have a view (staff, parent, student) please email me your thoughts.

Dr K A Jaggard



Careers News UNSW Taste of Electrical Engineering 2012

Do you love solving problems?

The University of New South Wales are offering a Year 10 and a Year 11 workshop (with 24 places in each), for talented high school students with an aptitude for mathematics, a passion for science and a love of problem solving, to participate in 3 day workshops at the School of Electrical Engineering and Telecommunications.

The workshops will include:

- Engineering design challenges and an introduction to the basics of several electrical engineering disciplines; such as signal processing, electronics design, computer programming, and power, control and telecommunications systems.
- Tours of the school facilities, including the photonics, high voltage and educational laboratories, and a field trip to an industrial organisation, providing insight into the

importance of complex electrical and electronic systems in everyday life.

What:

A three day exploration of electrical engineering.

When:

24 September – 26 September 2012
(Closing date for applications 15 August)

Where:

School of Electrical Engineering & Telecommunications, UNSW

Cost:

\$90 Includes lunches and electronic components and excursions

Online application form:

www.ee.unsw.edu.au/tasteofee

See also:

http://www.eet.unsw.edu.au/sites/default/files/eet-highschoolworkshop2012_1.pdf

Careers News on the Parent and Student Portal

It is important that parents and students have access to the latest careers news and information. The Careers News section of the Student Portal and of the Parents Portal is updated *daily* with this latest information.

Visit the Careers News section to read the latest information about:

- Guest speakers
- Bonus point schemes
- Overseas education opportunities
- UMAT
- University admission
- University information days
- University-school enrichment programs
- Work Placement information

And much more.

Log into the Student or Parents Portal by clicking the *Intranet Login* link on the Sydney Boys High School website.

Please see the Careers Adviser if you have any further questions.

DISCLAIMER

Products and services advertised in *High Notes* are not necessarily recommended or endorsed by Sydney Boys High School.

Letters Re Absence/Lateness/ Early Leave



When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or guardian. If your son is going to be late for school a note is also required. Alternatively you may contact the school by phone on 9361 6910 and dial "4" for the absentee line.

If your son has an early leave note he is required to have his note signed by either Mr Barris, Mr Dowdell or Mr Prorellis **before 8:55 am** and handed in to the Main Office immediately after. Each letter should be signed by a parent or guardian with the name, date and roll class of your son printed clearly. Your son needs to pick up a leave pass from the Main Office before he leaves the school.

Leave

If you require leave for your son please, apply in writing and address your application to the Principal, Dr Jaggar, stating the reason and length of time of the leave. Your son must then present this application to Dr Jaggar for permission for the leave. **Please remember to apply before the leave and not after.**

The Principal must approve all leave applications.



DIE DEUTSCHE FRAGE

Der Koenig von Wien?

Wau, wau!

Tipp zwei:

NB Es gibt auch einen Schokoriegel fuer den besten Spitznamen fuer meinen Kniescooter!

Frau St Leon

FROM THE HIGH STORE

The High Store will be closed the last two weeks of Term 3 from Monday 10th Sept through to last day of term.

The shop will open for one day only on Friday 14th Sept. 10.30-1.30. No blazer orders, braiding & lines will be done on this day.

From the Canteen



We have a new item on the menu, a delicious homemade chicken pesto pasta that will be popping up now and then and good news for Pide lovers, they are returning on

Mondays only for now.

Thank you to our volunteers last week.

Mon: Vicki Moller, Nina Liu, Carolyn Pope

Tues: Betty Chan, Mary Chan, Malin Wongthaveevatana, Nancy Andrew, Jie Lin

Wed: Sandra Vuong, Cindy Tseu, and a big thank you to Christina Chow a past mum... for popping in for a visit and staying to help as always .

Thurs: Debbie Dukes , Sachiyo James.

Fri: Connie Tai, Nada Andrews, and Samson always our helping hand when needed.

We are still in need of a mum or dad for the 1st Wednesday and 1st Thursday of the month if anyone can help please contact the canteen on 9360 4027.

The canteen voucher winner for June for his son is Sam Guo.

The canteen voucher winner for July for her son is Rachel Fowler.

Good luck to Year 12 with their trials this month J
The Canteen Team



We are so lucky at High to have fabulous support from our parents. A special thank you to Mr Baranwal (father of Shaleen in Year 9 and Shobhan in Year 10) and to Mr and Mrs Tran (parents of Joshua in Year 9) for their help in putting up the nets at football in Centennial Park last Saturday morning. We would have been running behind schedule if they hadn't recognised that we had a problem and stepped forward to assist. Wonderful!

What's Up in the McDonald Senior Library?



HSC Trials have begun and the Senior Library is now an excellent environment in which to study and prepare for these exams. Although most Year 12 students are preparing for them at home some have wisely come to school to take advantage of the quiet study atmosphere and proximity to HSC resources etc.

NEW RESOURCES COMING

The Teacher Librarians have been shopping for many new resources including the latest fiction and high interest non-fiction. After these exciting new books have been processed we will be adding them to the new book stands and promoting them via our library space from the Curriculum link on the SBHS website. So have a look at them as we add them to our collections both Senior and Junior libraries in the near future!

Library VIP winner

Last week we drew the winner of the Library VIP loyalty program. Our lucky keen reader is Timothy Chin in Year 12 who will be able to use his \$50 book voucher at any bookshop to purchase books of his choice. So congratulations go to Tim! This program will continue with students reading and receiving points which will enable them to enter for the final draw later on this year.

The libraries support and promote **The National Year of Reading** in 2012 which emphasises and highlights the importance of Reading to success and achievement for everyone. We do our best to encourage our boys to read for all sorts of reasons including pleasure and leisure which all contribute to high achievement in school and in life generally.

In an excellent article cited by the American Library Association "Independent reading and school achievement", author Bernice E. Cullinan of New York University discusses the research on the effects and importance of voluntary reading and the programs in libraries and classrooms that support it. She summarizes as follows:

"Independent reading is the kind students choose to do on their own; it is not assigned or assessed, but it has a positive effect on learning and school achievement. Research about the effects of independent reading on school achievement and programs planned to promote it demonstrates these common factors:

- The amount of free reading done outside of school has consistently been found to relate to achievement in vocabulary, reading comprehension, verbal fluency, and general information. Students' reading achievement correlates with success in school and the amount of independent reading they do (Anderson, Wilson, and Fielding 1988; Guthrie and Greaney 1991; Krashen 1993; Cunningham and Stanovich 1991; Stanovich and Cunningham 1993).
- Numerous surveys show that many students do not choose to read great quantities, nor do they choose to read often (Morrow and Weinstein 1986; Greaney 1980; Anderson, Fielding, and Wilson 1988).
- The preschool years are crucial ones for children's language and literacy development (Baghban 1984; Clay 1991; Durkin 1966; Heath 1983; Ninio and Bruner 1978; Snow 1996).
- Library programs are founded on the knowledge that literacy experiences have a lasting effect on language growth, reading development, and scholastic achievement (ALSC 1996; ALA 1996; Bridge and Carney 1994; Towey 1990).
- Common features of effective programs designed to promote reading in schools, homes, and libraries include access to varied material that appeals to all ages and tastes, active parent involvement, partnerships among community institutions, and collaboration among significant adults in students' lives."

CULLINAN, Bernice E., "Independent Reading and School Achievement" (1998-2000) <http://www.ala.org/aasl/aaslpubsandjournals/slmrb/slmrcontents/volume32000/independent> (accessed 08/08/12).

As the Senior Library develops and increases the collection and reading choices available to students, we anticipate a gradual increase in the amount of reading and borrowing that senior students do.

SBHSDEBATING

A huge congratulations to Christopher, Robert, Julian and Nicky who won the prestigious Hume Barbour debating competition and brought the wonderful trophy to our school to take pride of place in the main entrance. These four Seniors are role models for all our younger debaters and I was pleased that so many of you took the opportunity to come and watch them debate in the grand surroundings of the Sydney University Great Hall. Thank you to Brian Webb who has done all the organising for the debates and has travelled to some far flung destinations with the team. Of course a special thanks is owed to Dominic Bowes who is an Old Boy and Year 12 coach. Recently Dom was ranked 12th best speaker (out of over 300) at the University Debating competition and I was very happy that he agreed to coach at High this year.

On the mention of the Australs I wanted to mention how lucky we are to have so many fantastic debaters (who compete competitively at University) as coaches this year. Some of the High Boys may not realise just how skilled and experienced their coaches are. Did Year 7s know that Nakul ranked 19th and Angud 39th? Year 8s are lucky to be coached by Justin who ranked 45th, Chris 111 and Declan 138th. Coaching Year 9 are Stephen who ranked 60th and Solange 76th. Year 10 coaches Antony ranked 39th and Felix proved himself to be such a good adjudicator that he was chosen to adjudicate the final debate. Finally Nina who is our Year 11 coach ranked 31. These are all great scores in themselves, but remember these guys have already had to go through rigorous trials to get onto their University teams because there are a lot more debaters at Sydney University and UNSW than there are places on teams. If you continue with debating through Year 12 and into Uni you can have some amazing opportunities. I know that Stephen Garafano has been to Korea, New York and New Zealand through the UNSW DebSoc just in the last year.

Finally this week a massive thanks to all of you who brought food for supper on Friday and for those of you who stayed to organise it so well. It was very gratifying to see such a sumptuous feast. We only have two more home debates so keep up this excellent effort.

Rachel Powell
MIC Debating

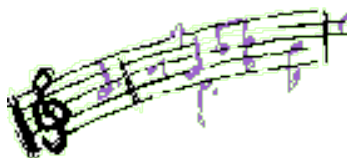
Last Friday our Year 12 Premiers Debating Challenge Team won the state final for the Hume Barbour trophy! The team of Robert Sternhell, Julian Edgton, Nicky Pinidiya and myself took on Manly NBSC, the team we beat in last year's final. Asked to negate the topic "that we should not broadcast messages made by perpetrators of terrorist attacks," we ended up winning a very close debate on a split decision. Thanks must go to our coach, Dom Bowes, and Mr Webb for organising us for each round of the competition, as well as Ms Powell for organising a superb crowd who supported us at the final.

The Class of 2012's PDC experience is over, and we were one of the most successful Year groups ever, winning titles in 2010, 2011 and 2012. Now our attention turns to the GPS where we are looking for more success!

Christopher Chiam
Debating Captain and Prefect

More information can be found at www.sydneyhigh.org.au/debating and will be emailed to you on a weekly basis.

Please CHECK YOUR EMAIL regularly and ensure we have current contact details for both students and parents. [PARENTS: If you are not receiving weekly emails about debating please email us at sbhsdebating@gmail.com and ask to be added to the parent group for your child's year.](mailto:us@sbhsdebating@gmail.com)



MUSIC NOTES

HSC SHOWCASE CONCERT AND VISUAL ARTS DISPLAY

The HSC showcase will be held on **Tuesday 28th of August** in the GREAT HALL 5pm-8pm. This is an opportunity for you to come, hear and view the students work!!! PLEASE COME AND SUPPORT YOUR PEERS!!! Staff are also welcome to see an extraordinary showcase of amazing talent!

HSC MUSIC

WELL DONE to all the boys who performed their individual and ensemble pieces for the HSC Trial. The actual HSC exam will be held in the first week of SEPTEMBER, so start gearing up, keep practising, and prepare for the HSC performances and keep working on your compositions!!! REMEMBER THE **RECORDING IS ON THE 24TH OF AUGUST!!!** GOOD LUCK!!!

TERM 3, ENSEMBLE REHEARSAL TIMETABLES

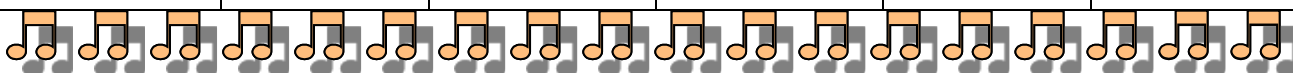
There have been a couple of adjustments for ensemble rehearsal times in Term 3. Please check the timetable and arrive **ON TIME!** There are **NO EXCUSES** for not attending or arriving late to ensemble rehearsals. **ALL ENSEMBLES START AT 7:45AM.** Remember a ROLL is TAKEN, and 80% of ATTENDANCE is required.

PLEASE REMEMBER to pack up after rehearsals (tidy up the room/and stands back on rack). EVERYONE needs to help and not left to one or two boys. THANK YOU boys for your co-operation!

PLEASE REMEMBER FOR BOYS IN THE **CHAMBER CHOIR**, REHEARSALS ARE ON **TUESDAY LUNCH TIME!!!**

The 2012 ensemble rehearsal timetable is provided below:

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning rehearsals <u>7.45am</u> unless stated otherwise	Intermediate Concert Band Room 201	Chamber Choir (LUNCH TIME) Room 201	Junior Stage Band Room 201	Senior String Ensemble Room 101	Symphony Orchestra Room 201
	Senior Stage Band Room 101		Intermediate Stage Band Room 101	Senior Concert Band Room 201	Saxophone Ensemble Room 201 8:45am
	Training Concert Band Room 202 Terms 2, 3, 4		Philharmonic Orchestra Room 208		Marching Band TERM 1 & 4 MPW
	Junior String Ensemble Room 208		Woodwind Ensemble Room 202		
Afternoon rehearsals Start @ 3.30pm		Marching Band TERM 1 & 4 3.30 - 4.30pm			Jazz Ensemble Room 201
		Percussion Ensemble Room 201			



Information Forum for Parents and Students
Proposed Changes to Implementation of the School Sports Policy

6.00pm, Wednesday 15th August, Great Hall

Dr Jaggar, Mr Pavone, the P&C and the School Council are hosting an Information Forum for parents and students to inform and gather opinion about proposed changes to the implementation of the school Sports Policy. Parents and students are urged to attend.

The proposed changes seek to improve delivery of the sports program to all students and provide:

- Opportunities for increased levels of skill, achievement and enjoyment across all sports for all students;
- Increased fitness and physical capabilities of all students;
- Further development of teamwork skills;
- Increased self-confidence;
- Improved study and concentration skills;
- Development of a healthy and active adult lifestyle.

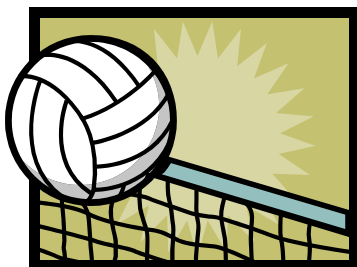
Proposed improvements include:

1. Fixed scheduled training sessions each week for all students including two after-school sessions until 5.00pm.
2. All students will participate in summer and winter sport competitions on Saturdays. The current exemption application process remains.
3. Detention consequences for absence from Saturday sport or weekday training.

Full details of the proposed changes are available through the Parents Portal on the school website.

Questions and comments are welcomed at the upcoming Information Forum – 6.00pm, Wednesday 15th August in the Great Hall, which will be attended by Dr Jaggar, Mr Pavone, Staff, School Council and P&C representatives.

Parents and students who cannot attend this evening, are welcome to email questions they would like addressed at the Forum to: sbhs.pandc@gmail.com A summary of questions and answers from the Forum will be posted in the Parents Portal following the meeting.



Volleyball Notes

On Friday 3rd August **SBHS** competed in the **NSW Volleyball All Schools Tournament** at Olympic Park Sports Hall. The competition went very well. The boys all enjoyed the volleyball and there were no injuries. The 15As won the Under 15 division defeating Rooty Hills in the final. The Year 7 teams were very competitive winning sets against many of the teams. This was a great effort considering they were playing a division above their age. Despite playing well the Under 16 and Under 17 teams failed to qualify for the final.

15Bs Report

On the 3rd of August, we played in a Volleyball All Schools Tournament at Olympic Park. My team, the 15Bs, was ready for an extremely competitive and fun day as we entered the Sports Hall at 8:30 in the morning. After a duty, we warmed up with volleyballs and got ready. At 9:40 we started our first game against Rooty Hill B. Since it was our first game and the fact that we had no coach to give us advice, we lost 1-2. This was also because of their fairly good spiking, which we could not block. We decided to plan for the next game during a break that followed. Forming a strong formation we went to the next game. Luckily, Terry, one of our coaches, was there and gave us a little talk about our opponent. We faced our opponent, Wycliffe Christian, knowing their weakness was their passing accuracy. With some excellent deep sets by both our setters, Kai and Vincent and a few digs by everyone, we managed to win the first set. We lost the second set. However, during the third set, time ran out in the middle of play and we drew 1-1 with them.

Next, we were up against SBHS 15Cs, whom we defeated 2-0. After the match, we relaxed and got ready for the next game. The closest and toughest match of the day for us was against Kelso 2; defeating them would give us a place in the semi-final. We were literally neck and neck, with each of us winning points. Our great servers, especially Ben, Kai and Harry, got us quite a lot of points and we had good digs. We also had a lot of advice from a senior volleyball player on tactics. During the game, everyone was cheering each other on, shouting and giving their best when playing. After a lot of struggle, our efforts paid off and we won the first set 25-23. However, the second set was theirs 24-26. Eventually, time ran out again but this time we won the third set 8-5. In this match, our ability to work as a team, physical and mental endurance, and skills were tested to the max. That game got us into the semi-final against SBHS 15As who were much better than us. They served and spiked well; we lost 0-2.

I found the day extremely fun although it was definitely tough match-wise. I believe we all improved and grew as a team together on that day. A huge thank you goes to Mr Kay for organising the event, supervising, and coming to watch us play. And thanks to all coaches and seniors that helped us with great tips and advice on the day and coaching us for many weeks. A personal thanks to Ryan Seong (15As) for teaching me how to overarm serve properly. And of course everyone in the team: Kevin Cai, Vincent Bui, Dylan Goh, Harry Huang, Kai Matsumoto, Chris Shi, Ben Wu, Felix Xie, Marvin Yu, and for turning up and playing so well together.

Richard Ding

15As Report

On Friday the 3rd of August, the 15As played the NSW All Schools Tournament at Olympic Park. After a disappointing result in our last tournament, we came in more determined to win. Our pool had strong teams, so winning was going to be a tough battle. We played Rooty Hill As first. They arrived late so we only had 20 minutes of the allocated 40. We still played very effectively with minimal errors and took the first set. The second set was hard fought, High only narrowly in front before the time ran out, ending the game in our favour from point difference. Next, we played Kelso, who were very strong last year. However, they moved up an age division, allowing us to face a younger Kelso without a lot of experience. Good passing and spiking allowed us to take control of the game and win in straight sets.

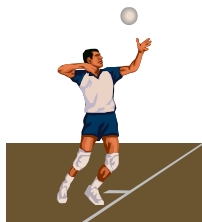
Our next game was against one of our own, the 13s. We played to our standard, executing plays to the best of our abilities. Great serving from all members of the team helped us increase the lead and eventually won both sets. That marked the end of our pool games, our confidence brimming as we hadn't dropped a set.

The Rooty Hill A team lost to their C team, which led us to play them in the semis. We started well with good serving and freeball passing. We took a dominant lead and ultimately won 2 – 0.

After waiting for the winner of the other semi-final, Rooty Hill B, we started the game pumped up and played aggressively. We took an early lead but Rooty Hill had a good server, coming level with us. After a few smart plays and good service reception, we took the lead and ended up winning the first set. The second set was played with minimal errors by both teams, spiking being the main weapon. A couple of important kills and blocks later, we found ourselves taking the lead. The last few points were hard-fought, but we ultimately won the second set, and defeated Rooty Hill to win the tournament.

A huge thank you must go to Mr Kay MIC of Volleyball who supervised all of our teams successfully, Mrs Trompetter who organized the event and all the coaches for their efforts.

And finally congratulations to the 15s, Kevin Robinson, Jaiden Chin, Harry Park, Supan Arudselvan, Harry Seong Greg Kim, Aidin Karihasan. Without your dedication and persistence during training, we would have never achieved so much so far.



Michael Kay
MIC Volleyball



SBHS RUGBY High Rugby = High Spirit
Rugby Website

<http://www.sydneyhigh.org.au/rugby/>.



First GPS game – High vs. St. Ignatius

The second GPS game was very competitive for most teams, with many A teams going down by less than two tries. After a strong win in round 1 the 1st XV were overrun in the second half to go down by ten points to St Ignatius 3rd XV.



15s Training drill



13s team talk

Team reports – Each week one team/age group report will feature in the High Notes with the rest going on <http://www.sydneyhigh.org.au/rugby/>.

The team entered the field with strong sense of determination, after winning the previous week's match we had our hearts set on grabbing the win. However, from the kick off the opposition scored a try and spirits weren't very high for the team. We kept pushing on, making some great plays and keeping our defence up while making great runs during our attack. However, the sheer size of the opposition had got to us and we could not match our strength with theirs. We persevered and managed to put a try in and, shortly after, a second, but after that there wasn't much hope left in the team and even though we kept pushing on, preventing as many opposition tries as possible we failed to prevail in the end. This was a lesson to the team that only more training can get us wins and improving on our strength would prove the road to success.

K Fan – 14Bs

Upcoming games – 11/8/12 vs Shore at McKay, 18/8/12 vs Kings at Kings, 25/8/12 vs Joeys at Joeys, 1/9/12 vs Scots at McKay and 8/9/12 vs Grammar at Weigall.



High Family...

The Bulletin Board for Sydney Boys High P & C.

If you would like to have any parent community news or upcoming events included in *High Society*, please contact Ian Sweeting P&C President

isw@gscw.com.au

URGENT REQUEST: Parent Volunteers Needed

Sydney Boys High Open Day

Thursday 6th September

9.30am to 12.00pm

Can you come and help the P & C to welcome prospective parents to the School?

We need volunteer parents to help serve morning tea and chat to visiting parents, answering their questions, such as:

"How did your son settle in?"

"What sport does your son play?"

"Is your son involved in music?"

It's a very enjoyable morning and all you need bring is your friendly smile.

Please contact Sachiyo James on
sachiyojames@gmail.com or 0403 482 530
if you are able to help out.

Information Forum: Proposed Changes to Implementation of Sports Policy

As noted elsewhere in this week's High Notes, the next general meeting of the SBHS P&C has been set aside so as to allow for an information forum for parents and students regarding changes to the implementation of the school Sports Policy.

The forum is to be held in the **Great Hall at 6:00pm on Wednesday 15 August.**

A number of the school executive and staff including Dr Jaggar will be in attendance.

The P&C would urge as many parents and students as able to attend and take part in the forum. Your understanding of the proposed changes, as well as your input and feedback, is vital in ensuring a successful outcome.

Upcoming Parking Events

Saturday 11 August—Tigers v Dragons (Sailing Supporters Group)

Upcoming Meetings & Events

Sports Policy Information Forum for Parents and Students: Great Hall – Wednesday 15 August 6:00pm.

Ian Sweeting



ROWING COMMITTEE ANNUAL GENERAL MEETING

Date: Tuesday 21 August 2012

Venue: Staff Common Room

Time: 7.00pm

Come and find out about new developments for the upcoming season.

Rowing is a great sport that High provides for your boys. It also relies on parents to help facilitate the program. Every year we need new parents to become involved.

All Office Bearer positions will be declared vacant and available for nomination and election.

All parents of rowing students are encouraged to attend the annual general meeting.

Julie Blomberg
Rowing MIC





Sydney Boys High School Debating Dinner 2012

Date: Saturday 8th September, 2012

Where: Sydney Boys High, Great Hall

Time: 6pm for 6:30pm Start.

Price: Adults - \$30, Students - \$20,
Children (11 and under) - \$15

Tickets available from Front Office

Ticket sales close Wednesday 5th September 2012

Come and watch our coaches as they test out their debating skills in "The Great Debate"!

Students Name: _____

Debating Team: _____

No. of Adult Tickets @ \$30 _____ Total \$ _____

No. of Student Tickets @ \$20 _____ Total \$ _____

No. Of Child < 11 Tickets @\$15 _____ Total \$ _____

Number of Vegetarian Meals Required _____

Parent Seminar - The Cyber Playground

Sydney Boys High School – Great Hall

Thursday night - August 30th 2012

Tea / coffee @ 6.30pm

Start 6.45pm – Finish 8.15pm

Presenter: Robyn Rishani - Your Kids Online



What is it you're thinking when your children's noses are in their iPhones, iPad's, Facebook, chat rooms, forums, online games and Xbox? Do you know what they're up to and who with? Do you get frustrated at the amount of time they spend on their computers? What are the dangers they face and how can you protect them?

Come along to this free 90 minute presentation where Robyn Rishani - Cyber expert will guide you through the online world that your children play in. We'll touch on issues such as alternate online identities and how criminals and paedophiles use them, cyber bullying, gaming addiction and how to prevent it, Facebook, online security and parental monitoring. By the end of the evening you'll walk away with fresh ideas and an insight into your child's Cyber Playground!

"Thank you for a well worth while opportunity to attend the "Your Kids Online" Information Evening. I found the evening very informative and I was certainly able to take away some useful reminders about Internet safety. Personally, I found the presentation well delivered, hovering over many chapters of potential dangers outlining what to look out for. I would like to congratulate Robyn on a fantastic presentation!" Daniela Folini – parent

Is 2012 your year for a happier, healthier LifeStyle?



Skye LifeStyle offers yoga, meditation, stretch and relaxation classes and offers weekly classes across East and Southern Sydney.

Skye can tailor the class to suit every fitness level, from beginners through to advanced yoga practitioners.

You will experience a range of benefits including:

- a calmer mind
- release of tension
- boosted energy
- increased flexibility
- healthier sleeping patterns

Skye LifeStyle offers corporate, small private group classes for friends and family, special mums and bub private or group classes and pre and post natal classes.

FIRST WEEKLY GROUP CLASS IS FREE!

Invite a friend along for a FREE TRIAL CLASS and once a 10-week program is booked, (investment of \$180), you will receive 2 free classes.

Southern Sydney

Day	Time	Location
Wednesday	6.45pm	Burraneer Bay Primary School

East Sydney

Saturday	10.00am	Paddington RSL
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Lose weight. Feel great. Tone up. Get fit.

To reserve your place for a healthier, happier lifestyle, contact Skye Baird

t: 0400 647 236

w: skyelifestyle.com.au

e: skye@skyelifestyle.com.au



August/September 2012

10-08-2012

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 A	13 Trial HSC Attendance and Progress Review (all Years) 10MaE class test, P5 7MaM and 9MaB class tests, P6 P&C Sports Council Meeting, Board Room, 16:00	14 *** Trial HSC Study Day for Year 11 HSC accelerants (Bus St, DT, Geog, Mod Hist, Music) Year 7 House Basketball, lunchtime Legacy Junior Regional Final, Lewisham Arts Unit Studio Practice Master class 2 all day Yr 10 VA accelerant and yr 11 VA students OCMC meeting, Board Room,	15 Trial HSC School Council Meeting, Board Room, 17:30 Meet the Music Concert, SOH, 18:30 Sports Council Policy Forum, Great Hall, 18:00 P and C Meeting, Staff Common Room, 19:30	16 Illicit drugs in Sport Forum, Senior Library 08:00 Trial HSC	17 Trial HSC House Rowing Competition Debating: SHS v TKS HSC English Extension 2 Project Completion Date	18 Sport: TKS v SHS Cross Country: SGS Invitation, Centennial Park (10:00)	19
6 B	20 HSC Drama Project Hand-In Date Trial HSC HSC Drama Practical Exam 13:30 - 16:00 room 204 Football: Committee meetings, Staff Common Room 17:30	21 Trial HSC Year 7 House Basketball, lunchtime Rowing: Committee AGM, Staff Common Room, 19:00	22 Trial HSC Rugby Committee Meeting, Staff Common Room, 18:00	23 Trial HSC High Resolves Year 10 Community Action Project, Room 301, 13:00-15:10 HSC Music Composition Recording, Room 201	24 Trial HSC 10MaC class test, P3 Debating: SHS v SJC Water Polo: Sydney East Trials Daffodil Day - External Collection (Years 10, 11 and 12) HSC Music Composition Recording, Room 201	25 Sport: SJC v SHS Cross Country: Shore Invitation, Macquarie University (10:00) (CIS Selection Trial) Fencing: School Championship U/ 13 & U/15 Epee, Sabre Teams HSC Japanese Extension Oral Examination Parking: Sydney Swans v Hawthorn (16:40)	26
7 A	27 Summer Sports selections Visual Arts Exhibition (setup), Great Hall, 09:00-15:20 Literacy Seminars, R Harland to Year 10 HSC Des + Tech Major Work Hand-In Date HSC Visual Arts Body of Work Completion and Hand In Date Y11 Legal Studies Assessment, 11LSB-P1, 11LSA-P2	28 Year 7 House Basketball, lunchtime HSC Showcase Concert and Senior Visual Arts Display, Great Hall, 17:00-20:00 Excursion: Year 11 Biology-Evolution of Australian Biota, Australian museum (tbc)	29 Basketball: Sydney East U15 KO Final 4, Sutherland Engage China: Years 8, 9, 10, 11 and 12 Chinese classes, Great Hall, P 1 and 2	30 Cyber Safety Presentations, Great hall, Year 8 P3 & 4, Year 10 P 5 & 6 Cyber Safety Information Session for Parents, Great Hall, 18:00 to 19:00	31 Boggabilla Mufti/BBQ (Y9 community service) Year 12 Meeting re References, Great Hall, 09:40-10:30 Literacy Seminars, R Harland to Year 8 Studio Practice Master class 3 all day Yr 10 VA accelerant and yr 11 VA students Football: Junior Camp, Outterside Centre 5pm Debating TSC v SHS	1 Sport: SHS v TSC Cross Country: TSC Invitation, Centennial Park (10:00) Fencing: School Championship Senior Boys' Foil Teams HSC Spanish Continuers Oral Examination	2 Fathers' Day
8 B	3 Photos Representatives (GPS, CHS etc), all Music Groups HSC Music Submitted Works Completion and Hand In Date	4 Year 11 Mathematics Yearly Examination, Great Hall, 09:00-11:00 Trotsky and the Soviet Union, Senior History Seminar Year 7 House Basketball, lunchtime Parent Information Evening on Subject Acceleration for Year 10 2013, Great Hall, 18:00-19:00	5 Winter Sports Photos, Periods 1, 2 and 3 Last day of winter sport (Years 10-11) Cricket: Committee Meeting, Staff Common Room, 18:00	6 Open Day, 09:30-12:00 Athletics: CHS Championships, Homebush SRC Trivia Night, Great Hall, 18:00-21:30 Last day of winter sport (Years 7-9)	7 Legacy Badge Collection Day (Years 10, 11 and 12 external collection) Athletics: CHS Championships, Homebush Debating: SGS v SHS	8 *** Sport: SGS v SHS Rowing: High Parents and Friends Rowing Challenge, Outterside Centre, 06:00-12:00 Cross Country: GPS Championships (NC), Sydney Park (10:00) Athletics: CHS Championships, Homebush Fencing: School Championship Senior Boys' Foil Teams HSC Heritage Chinese Oral	9 Great Hall Booking, Great Hall, Basketball: Annual Old Boys vs School games