



From the Principal High Talent

Kushaal Vyas (Year 11) won both the local and regional rounds of the Lions Club Youth of the Year Quest. We congratulate him and wish him all the best at the next stage of the competition.

Rowing Assembly



Alan Skinner was an inspirational guest speaker at the 2012 rowing assembly. As a Head of the River winner from the last successful High crew, he had the respect of and engagement from the boys from the moment he began to speak. He compared racing in a crew to the 'race of life' experience. He stressed the need for three attributes for success. Application – successful crews and people have to do the preparatory work over months or years before they are ready to compete. Discipline – to become a winner you must control yourself first, in rowing or in life, and stick to your routines over a long time period. Extreme effort – to accomplish a seemingly impossible physical feat you need to have the capacity to block out pain and focus on the next stroke. Alan exhorted the boys to race the boat next to them and to do whatever was necessary to beat them. My address to the assembly is reprinted below:

Special guest, Alan Skinner (SHS 1959), Head of the River crews, coaches, parents, teachers, students; welcome to our 2012 rowing assembly to introduce and honour those crews who will compete for us at the Head of the River on Saturday.

There is such a lot of work by so many people to bring the boys in the rowing program to their peak levels of performance. Our Rowing MIC, Julie Blomberg, has again demonstrated great administrative skills and considerable soft skills when managing relationships in the rowing community at High. I thank her for her dedication to the role and her wonderful commitment to the boys and their sport.

I want to thank Adrian Henning for his work in preparing the fleet, oars and chase boats, straightening out the maintenance routines at the

sheds and coaching the first VIII this year. I extend special thanks to Michael Morgan, the legendary GPS coach who has been an inspirational coaching advisor this term. Thank you to Mitch Estens who has brought along the second VIII very impressively. Thank you to Shahar Merom for his coordination of the Year 10 Vllls and to Gareth Deacon and Adrian Webster who worked well with him. Well done to Thomas Parker for his guidance of the first and second Year 9 quads and to Terence Alfred and Lucas McBeath for their assistance. Our Junior Coordinator, Alexandra Wallace, has brought professionalism and communication skills to the junior program. She has been assisted by a great team of recent Old Boys: Ryan Caetano, Tim Gollan, Pravin Radakrishnan, Alan Low, Hayden Schilling, Isaac Eveleigh, Bach Trang and Koren Fang.

It is great that the Taree Camp in January has become a fixture on our training calendar. As usual, the Rowing program owes a great deal to the efforts of the Rowing Committee, in particular Craig Phillis as President. Kim Jones, Nada Andrews, Rick Wilcox, Helen Montanaro and Sachi Purcal, have given much of their time to help the rowing program – thank you all. Geoff Andrews, as both Rowing Committee member and Foundation Chairman, has devoted many hours of his time again this season.

This year we have tried to up the level of professionalism and discipline in the rowing program. There are more rowers joining the sport and our challenge is to hold them all through their final years at school. To sustain our more structured and professional model for coaching, management and maintenance we will need ongoing support from parents and Old Boys. Most importantly, we will need to build our intensity on and off the water so that we can start emulating the numbers coming from other rowing programs that we want to compete with.

The first goal for the first VIII at the Head of the River this Saturday is to better High's 13-year average of 6:23.4. The second goal is to beat 6:20. If you followed Ron Barassi's AFL dictum of the 6000 second game plan, you would make 220 strokes at 35 per minute or 5 sets of 11 strokes repeated 4 times. Each iteration of the plan breaks the task down into moments for focussed action – the next stroke. The third tier goal is to go for the margin of excellence, set at 5% longer than the winner's time. On average this would be 6:14.5. High crews achieved this goal in 1999 and 2005. For the 2nd VIII, it would be a fine effort to row faster than the winner's

time + 7.8%. The first Year 10 VIII needs to beat + 8.2% and the second Year 10 VIII, 10.7%. The school has only boated a third Year 10 VIII twice before, so + 7.8% is the target. What we need from you all is to focus and suffer pain beyond your accustomed threshold.

The great Olympian, Edwin Flack, won gold medals in the 800 and 1500 metres at Athens in 1896. He had nothing to prove and had not run more than ten miles before, but he entered the marathon – from Marathon to Athens. He recalled that "it was very disappointing to give in after twenty three miles and with just three miles to go. However, I was awfully done up and could not have run another 100 yards to save my life. As it was I should have fallen from exhaustion if some of the bystanders had not caught me..." On Saturday we want you all to see yourselves as Edwin Flack's neophytes and give everything you have for your place in our rowing history. Row together right to the end and do so with the greatest intensity that you can muster, oblivious to your suffering. If you do it as a crew, you will assuredly reach one or more of your goals.

Congratulations to all crews selected to represent High. Good luck tomorrow!

Head of the River

Despite the flooded venue and restricted facilities for spectators, the weather was perfect for the Head of the River regatta last Saturday. The times were fast and the crews in later races enjoyed a gentle following breeze over their port side. It was a pleasure to see us boat a third Year 10 VIII this year. I hope all the Year 10 crews stay on to help us participate in IVs again. Every crew tried hard but the standard was high. The Shore crew rowed the fastest time since 2004 to win the 1st VIII. Our boys rowed their fastest time of the season at 6.16.04. At 7.9% from the winner's time it was an improvement on 2011. The second Year 10 VIII was next best at +11.5%. The first Year 10 VIII and the 2nd VIII both rowed to winner's time +11.6%. The 3rd Year 10 VIII was +13.4%. It is an impressive sight to witness High boys competing at such a high quality regatta. I hope we can compete in IVs as well in 2013.

Dr K A Jaggar

DIE DEUTSCHE FRAGE – TEIL 2



Teil 1 war : Blut wo??
Teil 2: Ein Mädchen, zwei Stiefschwestern, ein paar Tauben.
Frau St Leon



**School Band for Kahawa Rathanasara MV
courtesy of Sydney Boys High**

Using funds raised by Year 10 students from Sydney Boys High School a school band was set up at Kahawa Rathanasara Maha Vidyalaya, with the approval of the Principals of both schools. Funds were provided for musical instruments, uniforms and an ongoing salary for a Performing Arts Teacher

Careers News



It is important that parents and students have access to the latest careers news and information. The Careers News section of the Student Portal and of the Parents Portal is updated *daily* with this latest information.

Visit the Careers News section to read the latest information about:

- Guest speakers
- Bonus point schemes
- Overseas education opportunities
- UMAT
- University admission
- University information days
- University-school enrichment programs
- Work Placement information

And much more.

Log into the Student or Parent Portal by clicking the *Intranet Login* link on the Sydney Boys High School website.

Please see the Careers Adviser if you have any further questions.

Mr Cipolla

DISCLAIMER

Products and services advertised in *High Notes* are not necessarily recommended or endorsed by Sydney Boys High School.

Congratulations to the following boys whose excellent academic achievements in Semester 2 2011 are recognised.

Year 12 Academic Merit

Rahib AZWAD
Samuel BESTON
Ryan CAETANO
Lawrence CAI
Charlie CHAU
Joshua CHEN
Simon CHEN
Kit Man CHENG
Terence CHIEM
Aaron CHIN
Anthony CHUNG
Benjamin DENG
Timothy GOLLAN
Declan GOREY
Dennis KIM
Vivian LE
Nathan LEONG
Leon LI
Richard LI
Kevin Z LIN
Wen Jia LIU
Austin LY
Jonathan MOK
Kenneth NGUYEN
Daniel OH
Michael PHUNG
Maaz RAHMAN
Marcell ROZSA
Ashwin RUDDER
Abdullah SARKER
Siddharth SETHI
Tahmid SHAHRIYAR
Dawen SHI
Sheikh SIDDIQUI
Henry SIT
Jeffrey TANG
Kevin TIAN
Vincent WANG
Max WEI
Yale WONG
Jiatong ZHOU
Eric ZHU

Year 11 Academic Merit

Tony CHEN
Christopher CHHOEU
Christopher CHIAM
Ming CHIN
Timothy CHIN
Sudam DIAS
Leo FANG
Lucas FANG

Shi FENG
Harry HEO
Chun HO
William HO
Abeer KHAN
Kevin KRAHE
Patrick KRAKOVSKY
Michael LAM
Kenny LAU
Michael LEE
Gary LIANG
Ennes MEHMEDBASIC
Fred MENG
Zafar MOHAMED RIZVI
Angus NG
Ronald NGAI
Ming PAN
Jun-Hyuk PARK
Ankur PAUL
Michael PHAM
Suman PRUSTY
Shubash QUAZI
Jonathan REN
Gamitha SAMARASINGHE
Siddharth SETHI
Gavin SUTTON
Stephen TRANG
Jamison TSAI
Ben WILCOX
Peter WU
Yujin WU
David ZENG
Jerry ZHOU

Year 10 Academic Merit

William CEN
Andrew CHA
Darryl CHAN
James CHAN
Michael CHANG
Albert CHAU
James CHEN
Victor CHEW
Jisoo CHUNG
Jonathan CLEMENTS-
LENDRUM
Denny DIEN
Kenneth HO
Yang HU
Sikandar HUSSAINI
Bob JIN
Tushar JOSHI
Anup KALUVE

Maurice LAM
Brian LEUNG
Edwin LI
Ian LI
Michael LI
Cosmo LIU
Elbert LY
William MA
Dominic MAH
Benjamin MO
Agnish NAYAK
Alexander NGUYEN
Jaan PALLANDI
Kin PAN
Thilan SUBASINGHE
Safat SUFIAN
Andrew WEI
Daniel WEI
Eric XU
Jeffrey YANG
Junhao ZHANG
Scott ZHOU
Terence ZHOU

Year 9 Academic Merit

Christopher CHAN
Anthony CHEN
Christopher CHEN
Steven CHUNG
Tom DU
William DU
Ray FANG
George FARRUGIA
Henry FENG
Samuel GALLAGHER
Tushaar GARG
Wenbo GONG
Howard GU
Brendan HANCOX
Aaron HASSAN
Michael HAUSER
Jimmy HUANG
Riley IRWIN
Anes KARAHASAN
Gideon KWOK
Mesbaah LALEE
Philip LAM
Kohen LAU
Jason LE
Eugene LEE
Lokgei LEE
Samuel PHAM
Samuel PHILLIS

Michael SAWANG
 Daniel SHAO
 Lokesh SHARMA
 Allan SHI
 Charlie SHI
 Robert TAN
 Edric WANG
 Nathan WANG-LY
 William WU
 Bevan XIE
 Harrison XU
 William YANG
 Michael YU
 Jason ZHANG[E]
 Andrew ZHANG
 Kevin ZHANG
 Jeffrey ZHAO
 Wei Li ZHUANG

Year 8 Academic Merit

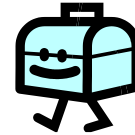
Vishnu AVUDAINAYAGAM
 Marc BETBEDER-MATIBET
 Matthew CHAN
 James CHEE
 Yu-Fan CHEN
 Desmond CHIANG
 Jaiden CHIN
 Victor GAO
 Thomas GEORGE
 Dexter GORDON
 Nader HAIDAR
 Richard HAO
 Luke HOAD
 Kevin KE
 Ian LAI
 Andy LAM
 Newton LE
 Kevin LIANG
 Jason LIM
 Jason LIN
 Mike LIU
 Leonard MAH
 Philip MAI
 Adilmorad NADIR
 Andrew NAM
 Benjamin NGUYEN
 Martin NGUYEN
 Jesse NIXON
 Rick SAHA
 Gautham SHANKAR
 Oliver TSEU-TJOA
 Chen Yu WANG
 Ki On Alex WONG
 Edward WU
 Jonathan WU

Madison WU
 Carl YANG
 Hofmann ZHU

Year 7 Academic Merit

Stuart BENJAMIN
 William CHEN[F]
 Peter DANG
 Richard DING
 Dylan GOH
 James GOH
 David HOANG
 Raphin HOSSAIN
 Preetham KADAPPU
 Aidin KARAHASAN
 Vishal KARNAMADAKALA
 Greg KIM
 Sung-Chan KIM
 Max KOSLOWSKI
 Nicholas LEE
 Kevin Jia LIANG
 Darren LIM
 Tim LUO
 Alexander MAO
 Kai MATSUMOTO
 Fayed MORSHEDI
 James Thuy NGUYEN
 Hoang Khiem PHAM
 Star QIU
 Nafis RAHMAN
 Anthony RUSLI
 Ryan SEONG
 Salil SHRINGARPURE
 Louis SHTEIN
 Karthik SUBBANNA
 Julian Peng Hanh TU
 Stratton VAKIRTZIS
 Benjamin WU
 Felix XIE
 Daniel XUE
 James YE
 Peter YU
 Gordon YUAN

From the Canteen



Forks are provided free of charge with meal purchases from the canteen. If you require a fork only, there is a cost of 5c.

\$10 canteen voucher winners...

We know how busy life can be for today's parents, which is why we'd especially like to thank our volunteers for their contribution to the smooth running of the canteen. Volunteer help is vital to ensure healthy food for our boys and an ongoing income stream to the P&C for allocation to worthy school projects. We'd like to say thank you by rewarding a volunteer with a **\$10.00 Thank You Voucher** once a month for their son to spend in the canteen. When you attend on your rostered day, don't forget to sign the duty book and you will be included in the draw for the voucher.

This month we have two winners, The Winners are.....**Lin Jin for her son Tiger and Jenny Dong for her son Frank.**

Thanks to our volunteers last week.

MONDAY:

Rebecca Tsai, Pam Jepson, Joana Malolo, Annie Long, Yoshie Kita-Leong, Shilpa Puneekar

TUESDAY:

Annette Ng, Pauline Chan, Todd May

WEDNESDAY:

Cindy Tseu, Jude Love, Sandra Vuong, Jean Li

THURSDAY:

Rita Wu, Ming Lee, Ha Tran, Kamala Selvakkumar

FRIDAY: Frances Salmon, Soogie Sim, Nina Lui, Susan Rynsaardt

Thank you Canteen Team

GOAL SETTING: REFLECTION TIME/ MY LEARNING GOALS

To encourage students to adopt a more **reflective** approach to their learning and to self-assess on how well they are progressing, there is a **'Reflection Time'** section to be completed at the end of each month. They reflect on their efforts in their interests and sport, school should be no different.

It is beneficial for all students to reflect on their efforts over the previous four weeks in each of their subjects. This section is on the upper part of the page. (Please refer to pages 152 - 168 middle years and 156 - 170 in the Senior Years) This is best done in each and every class, which enables teachers to ask students to include their anecdotal observations on each student's progress. This also provides parents with formative assessment on their children's learning.

The purpose of this section is to use self-assessment for both learning and reporting.

On the lower part of the page is a section for students to reflect on how well they are progressing towards their **'Learning Goals'** using Habits of the Mind. Such an exercise gives the students opportunities to honestly self-assess on how well they are performing in areas such as:

- Organisation**
 - am I planning well and organised?
 - am I prepared and in the 'learning zone'?
 - am I sticking to my Home Learning/Study Timetable?
- Effectiveness**
 - am I building my lifelong learning habits?
 - am I giving my learning my best shot?
 - am I completing all set learning on time?
- Commitment**
 - am I focused and enthusiastic?
 - is what I'm doing going to get me what I want?
 - is my education a high priority in my life?
- Goal Setting**
 - what is my purpose and intention for being at school - should it change?
 - how can I improve my efforts?
 - what do I want to achieve in the next month?

There is adequate room for parents and teachers to write comments, provide advice and give positive feedback to students. Also, they should consult their Forward Planner to see what is coming up in each subject and what preparations are required.

'Reflection Time' further promotes the Team approach between students, parents and teachers to enhance the learning opportunities and outcomes.

Should you have any queries or concerns regarding your son/daughter's progress please do not hesitate to contact his/her Year Level Co-ordinator/Advisor.

"The clearer you can look back, then the further you can see forward." Anon

PARENT-TEACHER COMMUNICATION

The most proven and dependable way of assisting students to apply themselves consistently and to their potential, is for the school and home to have open, trusting and transparent communication lines. Nurturing learning partnerships that strive for the one purpose, the very best opportunities and outcomes for our students, will see our students soar.

In the Learning Curve Program there are sections for this very purpose on the bottom of the right hand page in the planners. Also the monthly **'Reflection Time'** section provides another vehicle to build rich learning communities.

As much communication as possible is encouraged between home and school through the Learning Curve program. A workable strategy is to write a note to a specific teacher in the planner and ask your son/daughter to have the note initialled by the teacher involved. Similarly, when notes are sent home in the planner, you are requested to initial the note and write a response if you believe that it's appropriate.

Also in class, teachers are encouraged to frequently write comments relating to your son/daughter's progress in their planners. You are requested to initial them to ensure the maintenance of clear and open communication lines between home and school.

An area is provided for both parents' and teachers' signatures at the conclusion of each week. A positive exercise is to make it the students' responsibility to obtain these signatures.

Students' interest and willingness to learn increases considerably when they know that their parents and teachers communicate often about their progress.

Should you have any queries or concerns regarding your son/daughter's progress please do not hesitate to contact his/her Year Level Co-ordinator/Advisor.

"Minds are like parachutes, they only function when they are open" Thomas Dewar

SBHSDEBATING

MIC's Report

We are already into Week four of the Debating Year and everything is moving at a fast pace and everyone is well into the swing of things. You should be now receiving invoices for your co-payments. Please make sure you pay them as quickly as possible please. This money is used to fund the coaching programme and this year we have made coaching classes as small as possible with about 10 students in each group – much lower than last year. We have managed to do this whilst having an increase in students of 70 from last year and so we obviously need the co-payments to help fund this. In addition the co-payments are used to pay our entry fees to competitions and to help pay for one-off opportunities for students over and above the usual competitions.

Coaching is going really well and we have the added benefit of Head Coach, Sriram, who has helped coordinate a debating program with forward planning for the year and across Year groups. I am very grateful to the 18 coaches we have at High who are extremely experienced debaters and who are working really hard to get the best results we can this year.

I am pleased with the number of students and parents who have signed up for debating, but am regularly surprised by how many debating families still don't know about the email system we have to keep in touch about weekly events. Please make sure one person in your family sends me an email with the name and Year group of the student who debates so I can add you to the contact list. This way you will be kept up to date with key information and be able to take part in any events that occur throughout the year.

Rachel Powell

Debating Prefect's Report

Our promising start to the season continued with more great results in round 2 of the Eastside and FED competitions, against Reddam and Joeys respectively. With the topic area of social policy, our Years 7 and 8 teams both continued their strong start to the season by beating Reddam, though unfortunately our Years 9 and 10 teams lost in close decisions. Our Years 11 and 12 teams both managed to win on the topic that "Australia should introduce compulsory 12 month paid parental leave" and so both remain undefeated thus far. However the standout of the week would have to be our FED teams. Given the strangest list of topics I've ever seen for "current affairs" (evidently set by someone who reads only half the newspaper, starting from the back), all our teams manage to win against Joeys debating a range of sport based topics. Great results all round!

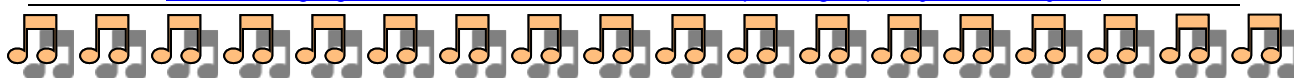
Christopher Chiam

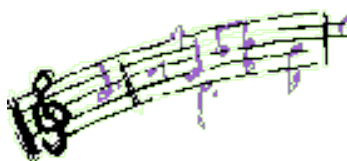
Debating Club meets every Friday lunchtime. The Debating Club has had a good many members who join but only 2 or 3 students attend regularly at the moment. This is a real shame since this is really vital to you if you are serious about doing Debating. The Debating Prefect, Christopher Chiam, Ms Powell and I all highly encourage you to join to improve your skills. The club is only open to Years 7 and 8 so it is for you if you wish to be better than your peers in Debating. Christopher personally coaches those who turn up and he has more Senior volunteers who are willing to help out by giving us the benefit of their knowledge and experience. There are many benefits if you join so please talk to Ms Powell, Christopher or me if you are interested and want to join or to get more details. Hope to see you in the Club!

Arthur Chao 8R

More information can be found at www.sydneyhigh.org.au/debating and will be emailed to you on a weekly basis.

Please **CHECK YOUR EMAIL** regularly and ensure we have current contact details for both students and parents. [PARENTS: If you are not receiving weekly emails about debating please email us at sbhsdebating@gmail.com and ask to be added to the parent group for your child's year.](mailto:sbhsdebating@gmail.com)





MUSIC NOTES

Music Parking

Thank you to all the parents and students who came along and parked cars last Saturday after the Head of the River. Your enormous effort and time helped raise much needed funds for the Music Performance Program.

Music Performance Program

Students in the Music Performance Program: **ALL** Music Ensembles are now up and running, please ensure that you are attending the appropriate Ensembles as **80% attendance** to rehearsals is required for Award Scheme points.

The 2012 ensemble rehearsal timetable is provided below:

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning rehearsals 7.45am unless stated otherwise	Intermediate Concert Band Room 201	Chamber Choir Room 201	Junior Stage Band Room 201	Senior String Ensemble Room 101	Symphony Orchestra Room 201
	Senior Stage Band Room 101		Intermediate Stage Band Room 101	Senior Concert Band Room 201	Saxophone Ensemble Room 201 8:45am
	Training Concert Band Room 202 Terms 2, 3, 4		Philharmonic Orchestra Room 208		Marching Band TERM 1 & 4 MPW
	Junior String Ensemble Room 208		Woodwind Ensemble Room 202		
Afternoon rehearsals Start @ 3.30pm		Marching Band TERM 1 & 4 3.30 - 4.30pm			Jazz Ensemble Room 201
		Percussion Ensemble Room 201			

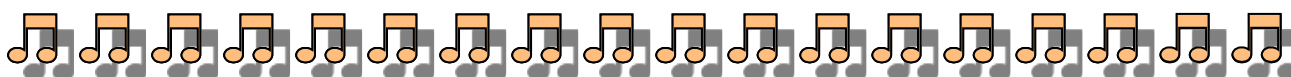
The Marching Band will be playing in the Sydney City March on ANZAC Day in 2012.

Anzac Day Marching Band Holiday Rehearsals

Marching Band holiday rehearsal will held in the 2nd week of the holidays on Thursday 19th April 2012 from 10am-1pm with a break in between. **ALL students in the Intermediate and Senior Concert Band** are required to attend, please let the Music Staff know if there are any concerns.

Annual Music Camp

The Annual Music Camp will be held at The Tops Conference Centre, Stanwell Tops this year from Monday-Wednesday (28th - 30th May 2012). We invite ALL students in the Music Performance Program to attend the 3-day camp. Music Staff and instrumental tutors will rehearse new repertoire that will be performed at the Camp Concert upon return to school Wednesday afternoon. Please collect a note from the Music Staff if you have not yet received one and make payments to the Main Office.





Rowing Assembly

This was a formal school occasion where the Captain of Boats, Andreas Purcal introduced the 2012 AAGPS Head of the River crews to the assembly. Andreas also outlined the season preparation for the prestigious regatta, and rallied the rowers with a heartfelt warcry. The assembly welcomed guest speaker, Alan Skinner (1959) who spoke of the similar dedication and extreme effort needed to gain outstanding results in the HSC and the Head of the River.

Head of the River

Once again, a large crowd of High students, parents, Old Boys and supporters turned up to cheer on the crews at the AAGPS Regatta on Saturday. Our First VIII were closer to the pack than in previous years, and showed some improvement, but we still have a way to go before becoming competitive. Congratulations to every boy who rowed for High, and I hope the experience becomes a positive memory.

Crew	Place	Time	Margin
School 1 st VIII	8 th	6.16.04	27.60
School 2 nd VIII	8 th	6.42.10	41.84
Year 10 1 st VIII	8 th	6.56.42	43.31
Year 10 2 nd VIII	8 th	7.05.07	44.03
Year 10 3 rd VIII	7 th	7.26.13	52.59

Head of the River Post Party/Presentation

Back at the sheds after HOR, the rowers, coaches, parents and supporters enjoyed the camaraderie at the sheds with the traditional after party, presentation, and the cutting of the cake. Trophies were awarded to –

- Ken Robinson Trophy for top oarsman of 2011 – still to be decided
- Alan Grover Trophy for best performing coxswain of the season – **Daniel Tam**
- Merv Wood Cup awarded to the rower with the most potential to row at an elite level – **Gianmarco De Nigris**
- High Senior Crew Shield - awarded to the most impressive performance by a senior crew during the season – **School 1st VIII** - **Nelson Tang, Steve Comminos, Andreas Purcal, Gianmarco De Nigris, David Andrews, Tim Montanaro, Max Jones, Ben Wilcox (stroke), Daniel Tam (cox)**
- High Junior Crew Cup - awarded to the most impressive performance by a Junior crew - **Y8 2nd quad** - **Jason Qiu, Ed Belokopytov, Wesley Chen, Kevin Fan, and Dan Xu (c).**
- CWP Barris Shield awarded to the ultimate clubman of the season – **Tim Montanaro**



Cutting the SHS Head of the River cake



NSW Combined High Schools Championship Regatta

Unfortunately this regatta has been cancelled due to the Nepean River conditions caused by the recent flooding. A team of 60 rowers was to represent Sydney High in this regatta on the weekend.

Clean Up Working Bee Saturday 17th March 2012 From 8am

As CHS has been cancelled, we are having our 'clean up the sheds' a week early.

On Saturday, all Year 8 and Year 9 rowers will be rowing with SGHS at Hen & Chicken Bay, and need to be at the sheds by 8am.

All Year 10 and senior rowers may have a row, followed by a clean out of the boatshed, the weights room and the dormitory.

The committee is asking parents to help clean throughout all areas of the sheds from 8am – the upstairs rooms, the kitchen, the dining room, the storerooms and the barbecue area.

There will be area leaders and all cleaning products, buckets, cloths etc will be supplied. Many hands make light work, and it is enjoyable cleaning with others, so please come along with your son to help.



Year 10 1st Eight

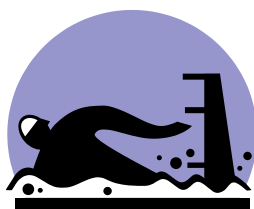
Sydney Boys High
Annual Cross Country Carnival
Bat & Ball, Mount Steele

1.15 - 3.00 pm
 Tuesday 20th March, 2012
 Ms Dam, Mr Kesting

Student Information

Parents:	Your son will be dismissed earlier than usual on Tuesday 20 th March, 2012			
Program:	1.25 pm	17+ & OPENS	3 km	3 Loops
	1.40 pm	16 years	3 km	3 Loops
	1.55 pm	15 years	3 km	3 Loops
	2.10 pm	14 years	2 km	2 Loops
	2.20 pm	13 years	2 km	2 Loops
	2.30 pm	12 years	2 km	2 Loops
Directions:	<p>After the Athletics Carnival, students are to walk back to school. Students are to cross the road at lights only. A BBQ lunch will be available for students to purchase prior to commencement of the Cross Country Carnival. It will be held outside the Gym. Stay in school grounds, and then move over to the venue when the bell rings. When your race is called go to the starting area whether you are running or not. Non runners will stay in the starting area until directed to move by the Marshals At the finish you will be given a place ticket. If you are in the first 15 places you go to the first 15 table to have your position recorded, and then proceed to your House Roll Table. All runners to proceed with finish ticket to your House Roll Table. Tell the teacher your name, roll class and finishing position After the race you will be dismissed by a teacher. NON RUNNERS will have their attendance recorded at a separate table.</p>			
Rules:	<p>Everyone attends. You must run in shoes. Stay on the course and follow directions from course marshals. Spectators must stay within 20m of Cleveland St and are not permitted on the course. Winning house determined by the lowest total of the first ten runners to finish. To qualify for the Award scheme you must compete & finish. Top ten runners will comprise the provisional school team to compete at the zone. Only the first 15 places will be timed. Cross Country Champions will be selected from this event. Any MIC ruling is final.</p>			
Additional Info:	<p>The School Cross Country is the first qualifying event within the CHS Competition. The first 10 runners for each age division will make up the school team for the Eastern Suburbs Zone Carnival. The first 10 runners at the Zone Carnival will compete at the Sydney East Regional Carnival and the first 10 runners from Regional Carnival go on to the NSW All Schools Carnival.</p>			
<p>You are also invited to trial for the Sydney High GPS Cross Country Team. GPS Cross Country is a Winter Sport with three age divisions (U14, U16, Opens) who compete on Saturday mornings. The season spans across terms 2 and 3 and involves 13 Saturday morning carnivals. All are welcome to trial.</p>				

IN THE SWIM



CIS SELECTION This is based on best times and the best 2/3 performances are selected at a GPS Meeting. So if you are placing 1/2/3rd you could/should be selected.
GPS PERFORMANCE NOT GREAT BUT INDIVIDUAL PERFORMANCE IS FANTASTIC

As High is not really in contention for a good GPS Team result, swimmers need to concentrate on individual performances where High's swimmers are succeeding. (See highlighted GPS placings on R Drive/sport/swimming/GPS results) The GPS Pointscore has just come in. Juniors - High is in 6th place. Intermediate - High is in 4th place (Wow!!) within 3 points of Newington! Seniors - High is in 8th place

BEST OF THE BEST

Kevin Guo – 13 – Breaststroke all distances

Kazuo Nakamura – 14 – 50 Fly, 50 Free

Kyne Kim – 14 – 50 Breast

Leonard Ma – 15 – 50 Free, 50 Breast

Michael Sawang – 15 – 50 Back

ALL HIGHLIGHTED SWIMMERS (GPS RESULTS - R DRIVE) HAVE PLACED AND ARE IN CONTENTION
R DRIVE – PARENTS & SWIMMERS NOTE

- New item in the R Drive – 2 new files with CIS chances highlighted. Please look and see what strokes you have a chance to qualify for a Combined Independent Schools Swim
- Swimmers and Parents – have a look at who your closest opponents are in each swim. Keep your eye on your closest opponents when you compete. Use the GPS result sheets to tell you this. They are in the R drive. *Doing this homework will pay off.*

CONGRATULATIONS TO OUR WHOLE SQUAD ON GREAT SWIMS NOT MENTIONED HERE –
FOCUS ON WHAT YOU NEED TO QUALIFY IN FOR CIS (for your final Carnival)

TIMES CUT AND PASTE TO YOUR INDIVIDUAL RESULT SHEET - R DRIVE - U DO

(Swimmers have been enabled by network managers)

ALL SWIMMERS DO THIS!!! Too time consuming for MIC!

Massaging your results to tell you how the squad is performing is very time consuming and Mrs Crothers is very grateful to Darren Huang – Year 7, Daniel Hu - Year 7 and Hubert Suen - Year 12 who are making up lists and assisting. She is looking forward to James Chee putting Carnival results into High Notes.

Swimmers will find an individual Excel result sheet for each swimmer to fill in on the R Drive. After each Carnival put in your events then add a row if you swim this event again. Use "highlight" to indicate 1/2/3 placings please.

Mrs Crothers

GPS sports competition is very demanding on people and resources. At High we have ongoing needs for facilities development, equipment and development through expert coaching. If you would like to help through a tax deductible donation for a particular sport, the appropriate form can be posted to you by calling 9361 6910. Alternatively, you can go to our website www.sydneyboyshigh.com click on Sport /Sports Donations to download either *Development Donation Form* or *Equipment and Facility Donation Form*.



High Family...

The Bulletin Board for Sydney Boys High P & C.

If you would like to have any parent community news or upcoming events included in *High Society*, please contact Ian Sweeting P&C President

isw@qscw.com.au

BIG NIGHT OUT 2012

5.00pm

Sunday 1st April

Great Hall and Courtyard

Don't delay- organise to pick up your tickets NOW from the General Office

\$20 per head or \$25 at the door

Choice of three courses from the following:

Entrées
Greek BBQ
Curry House
Chinese BBQ and Wok
Korean BBQ
Desserts

SENSATIONAL ENTERTAINMENT LINE-UP

Raffle with great prizes
Heads & Tails (great prizes)
SBHS Bands
SBHS Choir

BYO or we will have soft drinks, beer & wine available for purchase on the night

Upcoming Parking Events

Saturday 17 March 7:40pm– Waratahs v Western Force (Rugby)

Sunday 18 March 2:00pm–Roosters v NZ Warriors (School)

Saturday 24 March 3:35pm–Waratahs v Sharks (Debating)

Sunday 25 March 4:00pm–Sydney FC v Newcastle Jets (Rowing)

Upcoming Meetings & Events

P & C General Meeting: Staff Common Room– 7:00pm, Wednesday 21 March.

Cricket Presentation: Great Hall– 6:30pm, Wednesday 21 March.

SBHS Big Night Out: Great Hall and Courtyard – 5:00pm, Sunday 1 April.

Ian Sweeting

Sydney Boys High School P&C presents...

BIG NIGHT OUT

SUNDAY 1ST APRIL 2012
5:00PM START

Come join in this annual school family event. Stalls will be serving a variety of multicultural food while you enjoy entertainment in and around the Great Hall and Courtyard...bring your whole family for a relaxed night of food & fun.

TICKETS: presale at General Office \$20 or \$25 on the night
INCLUDES: 3 courses and entertainment
BYO, or purchase at the soft drink stall or Bar

For more information visit www.sydneyboyshigh.com



SBHS Cricket Dinner 2012



6.00pm, Wednesday 21st March

SBHS Great Hall

All coaches, players and parents are invited to the annual SBHS Cricket Dinner to celebrate the 2011-2012 cricket season - a particular welcome to incoming Year 7 players and parents.

Boys are to wear school uniform to the dinner. Soft drinks will be provided. Please detach the form [available in the PDF version of this edition of High Notes] and hand it in with payment at the Main Office before 16th March 2012. Tickets are limited. Cost is \$30.00 per head.

*Players please take responsibility for coaches' thank you gifts on a team-by-team basis - **Captains, please organize !***

.....
Cricket Dinner 21 March 2012

Student name: ----- Team -----

Number of tickets@ \$30 ----- Total \$-----

Special Dietary Requirements-----

Sydney High Annual Basketball Dinner 2012

Celebrate another fantastic year of basketball at High by organising your team to attend the 8th Annual Basketball Dinner and finish the year in winning style!!!

Every team will receive trophies for the Most Valuable Player and Most Improved Player. 1 minute speeches will be made by staff members about their age groups and players will be able to show their thanks to them as well! (Buy your coach a present) There will be a big screen projection of the Annual Highlight video presentation! Be there to win things like: A signed basketball by NBL Rookie of the Year Anatoly Bose, iPOD Portable Speaker System and a giant Jellybean jar!

When: Friday, 30/3/12, 6:00pm. End of Night 9:30pm.

Where: Great Hall, Sydney Boys High School

Who: Players, parents, friends, supporters and coaches of all teams!

Why: 1) Because the friendships made through SBHS basketball last a lifetime
2) Because the program has improved significantly again this season and requires your support for this to continue.



STUDENTS TO ATTEND IN SCHOOL UNIFORM

All drinks will be provided on the night. Alcohol (for adults) is BYO. Advise when booking if a vegetarian meal is required. 210 seats only= Limited seats- PAY AT THE OFFICE TODAY! Especially if you won an award make sure you pay ASAP.

NB: Proceeds from ticket sales etc go into the basketball program to help improve future basketball experiences for our students.

Please return the slip below with \$35/per person to the front office by Thurs 22nd MARCH 2011.

Sydney High Basketball Dinner

STUDENT NAME: _____ **TEAM:-** _____

Type of payment: Cheque ☐ Cash ☐ Credit Card ☐
Card Type: Bankcard ☐ Mastercard ☐ Visa ☐ Expiry Date: ____ / ____

Ticket cost: \$35 **No. of tickets:**..... **Total cost:**.....

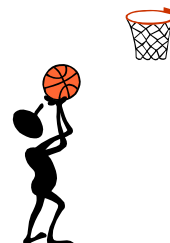
Card Number: _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

Cardholder's Name: _____

[please print]

Cardholder's Signature: _____ **Bus. Phone:** _____

_____ (Office Use Only)



.....
Please complete the following as we need these details to allocate tables:

Student Name/s: _____ **Basketball Team/s** _____

Number of adults: _____ **Number of students** _____

Number of vegetarian meals required.....



BECOME A STANDOUT SPEAKER!

◆ Speaking Essentials 1 (Yrs 7-9) ◆

A fun and interactive way to develop public speaking skills

When: 16th-18th April 2012

◆ Speaking Essentials 2 (Yrs 7-9) ◆

Advanced course that refines & builds on skills taught in Speaking Essentials 1

When: 12th-13th April 2012

All courses held at Pymble Ladies' College (open to all schools)

To find out more or book:

www.speakouteducation.com.au

SYDNEY BOYS HIGH STORE & CLOTHING POOL

AUTUMN/ WINTER PRICE LIST 2012

SCHOOL UNIFORM

BLAZERS: From: \$275.00

*Please arrange for boys to be fitted
as early as possible
(6-8 weeks delivery from order)*

PANTS: Trousers - Junior, Dark Grey w/w \$68.00
Trousers - Senior, Light Grey w/v \$68.00

SHORTS: Grey \$48.00

BELTS: Black Leather \$16.50

SHIRTS: Sky Blue & White, Short Sleeve Crested
Sizes 10 - 14 \$26.00
Sizes 16 - 22 \$28.00
Sizes 24 - 28 \$31.00

Sky Blue & White, Long Sleeve Crested
Sizes 10 - 14 \$28.00
Sizes 16 - 22 \$30.00
Sizes 24 - 28 \$33.00

BLUE WOOLLEN JUMPERS:

Up to Size 14 \$85.00
Size 16 - 22 \$88.00
Size 22 - 26 \$90.00

SOCKS:

Cotton Knee High \$12.50
Cotton Anklet Sock in S.H.S. Co \$8.80

TIES: Junior \$24.50
Senior \$28.50
Prefect \$22.50
Old Boys \$27.50
G.P.S. Old Boy \$36.00
SRC \$26.50

CAPS: SHS Cap \$20.00
Beanie \$10.00

BAGS: Backpack \$77.00
Sports Bag \$66.00
Hav A Sak \$30.00

MATHS:

Grid Book 96 page \$2.20
Calculator \$35.00
Protractor \$0.55
Compass \$1.55

MUSIC: Music Book \$2.20

ART: Visual Art Diary A4 \$6.60
Visual Art Diary A3 \$11.00

DESIGN & TECHNOLOGY:

D.T. Apron \$11.00

UMBRELLAS:

Folding \$16.50
Golf \$33.00

SPORTS UNIFORM

P.E./HOUSE SPORT:

Polo (house colours) \$27.50
Microfibre Short
Black Baggy with S.H.S. print \$27.50
Sport Socks \$8.80

TRACKSUITS: (sold as separates)

Microfibre track jacket \$88.00
Microfibre track pant \$44.00

ATHLETICS:

Singlet \$44.00
Short \$44.00
HIGH Training Top NEW \$55.00
Socks white with S.H.S. colour \$8.80

SOCCER:

Jersey Sky & Choc. Stripe NEW \$49.50
Short matching design \$40.50
Socks \$15.00

RUGBY:

Jersey \$77.00
Training mesh jersey \$55.00
Titanium short with shs crest \$38.50
High Rugby Cap \$20.00
High Rugby Bottle \$9.90
Socks \$15.00

VOLLEYBALL

Top with zip \$44.00
Short with Sydney High \$33.00
Socks with S.H.S. Colours \$8.80

SYDNEY BOYS HIGH STORE & CLOTHING POOL

AUTUMN/ WINTER PRICE LIST 2012

MEMORABILIA

Mug with S.H.S. Crest incl Gift Box	\$16.50	S.H.S. Sticker	\$1.10
Bridge Scorers	\$11.00	Wine Glasses Set of 2 Boxed	\$35.00
Double Pack Playing Cards	\$24.00	School Centenary Book	\$15.00
Pencil Case (school crest)	\$8.00	Silverware: Sugar or Fluted Spoon	\$5.50
S.H.S. Pen	\$8.80	Ashtray	\$8.00
Letter Opener	\$6.60	Hatband	\$8.00
S.H.S. Pad	\$3.00	S.H.S. Plaque	\$49.50
Car Sticker	\$4.50	Coat hanger	\$5.00
S.H.S. Foldable Chair	\$49.50	S.H.S. Cufflinks	\$16.50
Car Number Plate Covers	\$39.95		

OLD BOYS MEMORABILIA

Sydney High Hoodie NEW		\$66.00
Supporter Polo Fleece Jumper	\$69.00 SALE	\$50.00
O.B.U. Tie		\$27.50

CLOTHING POOL

A recycled section operates within the High Store Shop. Items such as blazers, shorts, trousers, jumpers, rugby/soccer tops & boots, tracksuits, can be sold on a commission basis - The High Store Shop retaining 1/2 of the sale price.

Please ensure that when sending items for sale you include your name and address.

All items sent should be clean and in good condition. Shirts are gladly accepted as donations.

BLAZERS

G.P.S. Pocket	\$22.00
Music Pocket	\$27.50
Prefect Top Pocket	\$22.00
Prefect Bottom Pocket	\$40.00
Embroidery Line	\$17.50
Full Braiding	\$70.00
Dry Cleaning	\$12.50
Service Charge	\$30.00

GENERAL - with S.H.S. Crest Badge

House Badge	\$9.90
S.H.S. (metal)	\$4.40
Rowing (metal)	\$7.70
Orchestra (metal)	\$4.40
Rifle (metal)	\$5.50
S.B.H. Lapel Pin (metal)	\$2.75
Basketball (metal)	\$7.70
Cricket (metal)	\$7.70

PAYMENT

Cash, Eftpos, Visa, Mastercard or Cheque made payable to " HIGH STORE "

OPENING TIMES

Monday, Tuesday, Wednesday & Friday	10:30am to 1:30pm
Telephone	9331 7075

GOODS & SERVICES TAX (G.S.T.)

G.S.T. is included on all prices listed.

March/May 2012

16-03-2012

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9 B	19 Athletics: School Carnival, ES Marks (all day) Rugby Coaches Meeting, Common Room, 18:00	20 Athletics: School Carnival, ES Marks (am) Cross Country: School Carnival, Mount Steele (pm) Marching Band Rehearsal, 15:30-16:30 Foundation Meeting, Board Room, 18:30	21 *** Harmony Day Water Polo: NSW All Schools Championships, SOPAC Tennis: GPS v CAS, John Brown Trophy, Homebush 9MaE class test, P1 Wallerugby Ozttag Lunchtime Competition, Year 8-9 Change to Winter Sport (Athletics) (Years 10-12) Hockey: Knockout vs Menai	22 *** Change to Winter Sport (Athletics) (Years 7-9) Wallerugby Ozttag Lunchtime Competition, Year 8-9 Football: CHS Knockout David Phillips Sports Complex in Daceyville 09:00-12:00 8Ma1 and 8Ma2 class tests, P4 Year 10 High Resolves Community Action Project, Room 301,	23 *** Yr 12 English Ext 1 creative writing assessment task (during English periods) Year 11 Economics Assessment Task (in class) Harmony Day+Lak Saviya (Y10) BBQ/Mufti/Sport Day with CSIEHS, Extended lunch Wallerugby Ozttag Lunchtime Competition, Year 8-9	24 Athletics: SJC Invitation, Blacktown (am) Parking: NSW Waratahs v Sharks (Debating)	25 Parking: Sydney FC v Newcastle Jets (Rowing)
10 A	26 Attendance and Progress Review (all Years) Brainstorm Productions - Wired (Year 11), Great Hall, 11:15-12:20 Wallerugby Ozttag Lunchtime Competition, Year 10-12 Brainstorm Productions - The Hurting Game (Year 7), Great Hall, 13:30-15:20	27 *** Motivational Media, Great Hall, 09:00-15:20 Jaggar Gift, Extended Lunch Wallerugby Ozttag Lunchtime Competition, Year 10-12 Marching Band Rehearsal, 15:30-16:30 Swimming: MIC GPS Selection Team Meeting, afternoon NSW Inter Regional Volleyball Carnival,	28 Geography competition, Great Hall, 09:00-12:30 Wallerugby Ozttag Lunchtime Competition, Year 10-12 Summer Sport Reports to be submitted to Record Committee NSW Inter Regional Volleyball Carnival, Taree Rugby: Committee Meeting, Staff Common Room, 18:00	29 Wallerugby Ozttag Lunchtime Competition, Year 10-12 Summer Sport Reports to be submitted to Record Committee Modern History HSC Assessment, Great Hall, P1 Year 7 Swimming Rugby: Sydney East Trials NSW Inter Regional Volleyball Carnival, Taree	30 Wallerugby Ozttag Lunchtime Competition, Year 10-12 Basketball: Dinner, Great Hall, 18:30-21:00 Debating: Eastside SCEGGS v SHS	31 Athletics: SHS Invitation, Homebush(pm) Parking: Sydney Roosters v NZ Warriors (School)	1 Daylight Saving ends P and C Big Night Out, Great Hall
1 A	23 Staff Development Day Year 12 Assessment Exams	24 School resumes Years 7-11 Year 12 Assessment Exams Year 9 Half Yearly Exams Anzac Day ceremony, Great Hall, 11:00-12:00 Rugby: Committee Meeting, Staff Common Room, 18:00	25 Anzac Day - Public Holiday Marching Band Sydney City March, 08:00-13:00	26 Year 12 Assessment Exams Year 9 Half Yearly Exams Year 7 Swimming Drama Excursion 'Every Breath' Company B Belvoir, 11:00-14:00	27 Year 12 Assessment Exams Year 9 Half Yearly Exams Sailing: NSW Secondary Schools Teams Racing Championships	28 Athletics: NC Invitation Athletics, Homebush (am) Sailing: NSW Secondary Schools Teams Racing Championships Fencing: AJ Rae and RA White - School National Foil, Epee, Sabre Team Qualifier Great Hall Booking	29 Sailing: NSW Secondary Schools Teams Racing Championships Parking: NSW Waratahs v Crusaders
2 B	30 Year 12 Assessment Exams Year 11 Half Yearly Exams Year 10 Half Yearly Exams Year 9 Half Yearly Exams Swimming: CIS Carnival, Homebush PDHPE: 1600m Run, Years 7 to 10 HSC Personalised Exam Timetables available	1 Year 12 Assessment Exams Year 11 Half Yearly Exams Year 10 Half Yearly Exams Year 8 History/Geography Excursion Basketball: CHS Finals Series, Tamworth Rowing: Committee Meeting, Staff Common Room, 19:00	2 Year 12 Assessment Exams Year 11 Half Yearly Exams Year 10 Half Yearly Exams Basketball: CHS Finals Series, Tamworth Cricket: Committee Meeting and AGM, Room 901, 17:30	3 Year 11 Half Yearly Exams Year 10 Half Yearly Exams Basketball: CHS Finals Series, Tamworth	4 Year 11 Half Yearly Exams Year 10 Half Yearly Exams Year 8 Science Excursion, Long Reef Year 9 High Resolves Project Leadership Training Session Periods 3 to 6 in Room 301 GPS Athletics Assembly, Great Hall, 13:38-14:34 Debating: Eastside Semi Finals, TSC Debating: FED BC v SHS	5 Athletics: AAGPS Championships, SIAC Homebush Fencing: School Championship Senior Boys' Foil Parking: Swans v Adelaide Crows (19:40)	6