



From the Principal End of Term 2

Thank you to all staff and students for your efforts this term. Once again, an impressive variety of achievements by High boys has been produced, in academics, competitions, sports and various co-curricular activities. Enjoy your well-earned vacation.

High Talent



Congratulations to Brendan Kong (Year 8) who has been selected in the U13 NSW Ice

Hockey Team to play in the national tournament in Queensland in August. Well done to Emmett Naar who was selected to attend the Australian Development Camp for the top 24 U-17 basketball players at the AIS from June 21 to 24. A. Congratulations to Kushal Vyas for his third place win in the Rostrum Voice of Youth State Final at Parliament House last Saturday Night. Well done to the 45+ boys who paraded in the Marching Band as part of Tuesday's Lions Club International Convention 'Parade of Nations'. A great effort! Denis Stojanovic and John Wachsmann (class of 2009) will be awarded their Duke of Edinburgh Gold Awards at Government House in August. Congratulations!

Chess Tournament Results



After 7 preliminary rounds of the NSWJCL Interschool Chess Competition High's Intermediate A (Jonathan Ren, Dominic Mah, Ennes Mehmedbasic, Darryl Chan, Elbert Ly) and Intermediate B (Eric Xu, Agnish Nayak, Kin Pan, Cosmo Liu, James Chen, Denny Dien) won their divisions and qualified to the finals. We entered One Open (Y7-Y12) and Three Junior (Y7-Y9) teams in the Secondary Schools One-Day Tournament for the Terrey Shaw Shield, on Sunday, June 27. Our Open team (Dawen Shi, Jonathan Ren, Ennes Mehmedbasic) played very well and came 2nd in the strong field of 18 teams behind North Sydney Boys. Our Junior A team (Dominic Mah, Eric Xu, Darryl Chan) won the Junior division, 0.5 point ahead of James Ruse

UNSW/PwC Economics and Business Studies Competition



UNIVERSITY

High was ranked 2nd in NSW in the Economics competition. Prize winners were: Z Guo, C Wong, D McCrea-Steele, O Fio and L Aylmer (Year 12); D Li and B Cheng (Year 11). In the Business Studies competition High was ranked 1st in NSW. Prize winners were: E Feng, D Huang, A Jurisevic, J Gao, S Sandhu, F Li, T Li, M Wang, A Liu, W Santucci and A Zhang (Year 12); R McDonald, M Connell, Y Wong, C Pan, S Danziger, K Liu, N Pinidiya, K Dhutta, N Tang, A Xu, G Panas and N Kok (Years 10 /11). Congratulations, boys, for bringing great credit to yourselves and the school!

Cadet News



Old Boys Anthony Ho and Christopher Budd have been appointed unit assistants in the Australian Army Cadets, posted to the Sydney High Cadet Unit as from May. Previously these two men have served the unit as volunteers. Now they are on staff and can undertake Army Cadet Staff training.

Parent Teacher Nights



Thanks to Messrs Barris and Dowdell for their most efficient organisation of the recent three Parent-Teacher Evenings. The number of interviews arranged was 2,779 (up 8.3% on 2009). The number of interviews that could not be allocated due to teacher absence, exceeded quota per teacher or time constraints declined from 16% (2009) to 8.3%. Thank you to parents for your cooperation. If everyone sticks to 5 minutes for their interviews, the system works really well for staff and parents.

Dr K A Jaggar

DISCLAIMER

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MUSIC NOTES

Music Tour 2010 to France & Flanders

Music Tour Photos and Videos are now accessible on the *W Drive*, Photo Archive, 2010, Music Tour 2010 (France & Flanders).

Music Tour Reunion Night

A film, a photo, a memory evening... **Great Hall from 6:30pm on Monday the 16th of August 2010** (Term 3, Wk 5).

All students who went on the tour and families are invited to attend this evening to reminisce on the wonderful tour that was. Please keep this date available and mark it on the calendar. We look forward to seeing you all there.

ANZAC Day Dawn Service

At 1pm on the 24th of April 2010, we had a dress rehearsal for the ANZAC Day Dawn Service at Villers-Bretonneux the following morning. After having dinner at a local restaurant back in Albert, we had an early night and at around 3:30am the next day we woke up and prepared for the service, carefully adjusting our blazers and making sure we looked as impressive as possible. We staggered onto the bus by around 4:30am and arrived at the venue at 5am with most of us still half-asleep and stumbling off the bus. It was a short walk to the location as we passed numerous TV cameras and we saw high above us the lights that were being installed the previous day fully operational. Those of us who did not play were privileged enough to sit in the front two rows for the service.

There was a prayer of remembrance delivered by Russell Mutzelburg of the Australian Army to begin the service; a bible reading by two students of AB Paterson College, Queensland; an address by The Hon Stephen Smith MP, Minister for Foreign Affairs; and two hymns, played by our concert band. We also played the French national anthem, followed by our own. A wreath was laid for our school by Michael Phung and Andrew Blomberg (school prefect). We had many positive comments and praise from the public and officials in attendance.

We were all exhausted when we arrived back in Albert. After breakfast we had free time until lunch in which most of us chose to sleep.

Wen Jia Liu (Year 11)



Music Parking

There will be a Music parking in the holidays on **Sunday 11th July 2010 (from 10am to 1pm)**. As it is a Swans game we anticipate that it will be a busy one and any help would be greatly appreciated. If you are available, please email our parking co-ordinator George Comninos to confirm: gcomninos@hotmail.com

Marching Band Performance

The Marching Band performed last Tuesday as part of the LIONS Club International Parade in the city for the 93rd Annual International Convention. There were over 12,000 delegates with many schools and professional marching bands participating in the parade. Well done to all our boys who represented Sydney Boys High proudly. There will be photos and videos clips on the W Drive in coming weeks.



FROM THE 2 LIBRARIES



SURRY HILLS LIBRARY VISIT AND YOUR CITY AND LOCAL LIBRARIES

The 2 librarians used their most recent Faculty Meeting time to visit the very new and beautiful Surry Hills (2 glass walls!!!) library. We were very fortunate to be shown right through, workrooms and all, by our local library colleague. It was an interesting visit as this Library is about the size of the Library this school would require if we were so lucky as to be gifted with one. Looking at a newly designed library was very educational to both of us as we get to compare what the DET can offer and what Clover Moore can offer. And we get to drool over the latest in building design and ambience. (Oh, for some ambience!)

One very interesting aspect of this visit was our discovery that this library has a local history room. We wondered if our school could send some copies of our rare archival material there to display as Sydney Boys High plays such an historic part in education and in the city of Sydney district, having begun as a back to back school with Sydney Girls High on the David Jones Women's Store site, Elizabeth Street, City, and then moving to the University of Technology site (formerly the Power House Museum) and then on to the site of Sydney's old Zoo at Moore Park.



A startling aspect was that this new library had already suffered a "disaster" as its basement filled up with about

a foot of water and the library is still rebuilding the built-in shelving which drowned. (Don't build libraries with basements??)

The point of this ramble is that encouraging your son to visit/occasionally work in his local library can be a very rewarding and liberating experience for him. **One family homework night at the local library** can turn tedium into a trip out. Local library membership entitles everyone to use the **Online databases** Libraries these days have been busy purchasing. A trip to the city libraries to do some work is a great habit to encourage as there is a **studious academic work ethic** worth emulating all happening there. Every seat is full of laptop wielding young adults who also find libraries a great place to get work done. (All seats were full in the Surry Hills local Library at 11am). **The City of Sydney Library in the old Customs House near Circular Quay** and of course **a visit to the Mitchell and the State Libraries when your son is struggling to do an assignment** can make the experience more interesting for him and it introduces him to the idea of going there on his own of a weekend with his friends to work together.

NEW RESOURCES THIS WEEK - Andrews library

SENIOR FICTION *Daddy*, Loup Durand; *First Light*, Carol O Biso; *Death Train*, Robert Byrne; *A Gift of Life*, Henry Denker; ; *Deathwatch*, Colin Falconer; *Loves Music, Loves to Dance* Mary Higgins Clark; *The Bear*, James Oliver Curwood; *Final Approach*, John J Nance; *The Rainmaker*, John Grisham; *Wedding Night*. Gary Devon; *Phoenix Rising*, John J Nance; *Cloyd Shadows*, Elizabeth Webster

SENIOR NON FICTION *Requiem for a Nun*, William Faulkner; *The Gracchi Brothers*, A play, Stanley Livingtone (Old Boy)

JUNIOR DVD *The Adventures of TinTin* – 6 DVDs, *The Castafiore Emerald*, *Tin Tin in America*, *The calculus affair*, *Land of Black and Gold*, *Secret of the Unicorn*, *The Black Island*; *A New Germany 1933-1939 (The World at War series)*; *Alone My 1940-May 1941 (World at War series)*; *Whirlwind: Bombing Germany Sept 1939-April 1944 (World at War series)*, *Inside the Reich: Germany 1940-1944 (World at War series)*, *Genocide: 1941-1945 (World at War series)*, *The Bomb: February-September 1945 (World at War series)*, *Secretary to Hitler (World at War series)*, *The Final Solution – Parts 1&2 (World at War series)*, *Hitler's Germany (World at War Series)*, *Hitler's Germany: The People's Community 1933-1939 (World at War)*, *The Desert: North Africa: 1940-1943 (World at War series)*.

JUNIOR NON FICTION

Carols to Sing, Clap and Play, By Heather Cox & Garth Rickard; *110 good Tunes for the Descant Recorder*, Margo Fagan. *Giving South Pacific youth a voice*, By Shasheen Jayaweera & Kate Morioka, *Abracadabra Recorder Taize 100 Good Tunes for Descant Recorder*, By Margo Fagan

Veronica Crothers – Librarian Junior Library

What's Up in the McDonald Senior Library



At last all book fans there are new books in the Senior Library! Books purchased during the 2010 Book Fair are being accessioned fast to make them available for the school holidays. Many are newly published and topical bestsellers, some just oldies but goodies. We have also added many 2010 editions of popular study guides for preliminary and HSC courses. Have a look at the Senior notice boards for books available for loan.

Senior Books added include:

Lives Like Loaded Guns: Emily Dickinson and Her Family's Feuds by Lyndall Gordon

The Curious Incident of the Dog in the Night-Time & *A Spot of Bother* (donated by Jens Waring Yr 8 and waiting to be picked up by him for first loan) both by Mark Haddon

Robert Ludlum: The Bourne Trilogy includes three books in one!

Dawn of the Dreadfuls (Pride and Prejudice and Zombies) a prequel to the events of *Pride and Prejudice* by Steve Hockensmith & *Sense and Sensibility and Sea Monsters* by Jane Austen and Ben H. Winters an expanded and bizarre and fascinating reversion of Jane Austen's *Sense and Sensibility*. These novels in the Quirk Classics series take classic novels and quirkily alter them using the original in strange and interesting ways!

Stories of Belonging: Finding Where Your True Self Lives edited by Kali Wendorf. Good, of course, for HSC students looking for background/supplementary reading.

Gravel latest novel by Peter Goldsworthy author of *Maestro* an HSC prescribed text.

A Fraction of the Whole: a novel by Steve Toltz. A hilarious exploration of family relationships and shortlisted for the Man Booker Prize in 2008.

The Hunger Games by Suzanne Collins. An unputdownable book about a future society where children must compete "in a terrifying reality game show". To survive and win means celebrity and fame and to lose means death. This title is the first in a trilogy.

The Way of Shadows (Night Angel Trilogy) by Brent Weeks an exciting fantasy about a professional assassin in a non stop, action packed adventure to survive and navigate the assassin's world.

Come and pick one of these up to read in the holidays. We are rushing them through the library accessioning process. Still a few of the donated books to be collected from the library so if you donated a book during the Book Fair please don't forget to pick it up!

Ms Gordon (Senior T/L McDonald Library)



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Inservices in *3D, 4D, CS5, Photoshop, adobe, art, design, digital media, eseminars, photo media, photography*



ARTeFACTS

The 17th Biennale of Sydney is on NOW and reports are that it is fantastic! The Art staff are usually able to take elective Visual Arts classes but this year the calendar is just too jam packed so we are asking the Art students to take the initiative and get along to it on their own. With a free ferry service to Cockatoo Island, an amazing Sydney Harbour site, the Visual Arts teachers are hoping families or groups of friends make a day of going to explore the Island and the Museum of Contemporary Art over the holidays.

Students should document their visit in their VAPD, noting the works that resonated with them. They should keep the free Biennale newspaper for reference back in the classroom next term.

Refer to the website for details. There is an extensive education kit available to help support your understanding of the more challenging aspects of contemporary art. Art students will probably make quite capable and entertaining guides for families helping "unpack" art works.

<http://www.biennaleofsydney.com.au/>

J May HT Creative Arts



GPS sports competition is very demanding on people and resources. At High we have ongoing needs for facilities development, equipment and development through expert coaching. If you would like to help through a tax deductible donation for a particular sport, the appropriate form can be posted to you by calling 9361 6910. Alternatively, you can go to our website www.sydneyboyshigh.com click on Sport /Sports Donations to download either *Development Donation Form* or *Equipment and Facility Donation Form*.

DRAMA FESTIVAL



Congratulations to the following Year 7 students who have been successful in their audition for the Drama Festival.

7T Thomas Nassif, Joshua Malouf, Aashray Narula, Niyazul Bari, Jeremy Yang

7F Li Fang Chen, Tony Jiang, Chris Lee, Jing Li, Philip Mai

7R Jun Park, Dimitri Nossar, Wesley Beare, Ben Nguyen, Kevin Jin

7E Alex So, Justin Tran, James Lian, Ganesh Chandrasekaran, Kelvin Lin

7S Bosco Tran, Stephen Ngo, Yu-Fan Chen, Jonathan Yip, Jason Lim

7M Jesse Nixon, Madison Wu, Mike Liu, Richard Hao, Anthony Taing

Combined Careers & Courses University Information Evening 2010



On Thursday 17 June 2010, over 250 Year 12 students from Sydney Boys High School, Sydney Girls High School and St George Girls High School attended the Combined Careers & Courses University Information Evening in the Great Hall.

Participants included, UNSW, Sydney University, UTS, Macquarie, Western Sydney, ANU, KPMG, St Paul's College & Firstpoint USA. Students were able to gain valuable information about post-school education and employment opportunities.

The Careers Adviser would like to thank all students and parents who attended and made the evening a success.



As a service to the High Family A **FULL PAGE ADVERTISEMENT** can be placed for a fee of **\$35.00 (GST incl.)** for a full page ad in two weeks publication.

Whether it be a business service, educational course/s or something for sale.

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NB Content is subject to approval

FROM THE CANTEEN



Food for Thought Cold, wintry, wet days.....fancy some hot lunch....maybe a sweet chilli chicken sub ora toasted foccaccia...a steak and onion

roll....tacos...vegetable cous cous...pasta box...soup. AAAGHH!!.....SOLD OUT ALREADY ??? SOLUTION .Simply order lunch early and NEVER miss out!

Plus...Why not call in for Breakfast..... Hot Chocolate, Cheese & Tomato Toasted Sandwich, Ham & Cheese Croissant, Raisin toast Bacon and egg muffin. These are all on offer first thing in the morning!! NB With holidays approaching, we are running down some of our stock.

Many thanks to the following people for their help 2 weeks ago: Angela Pak, Jenny Dong, Helen Lazarou, Steve Saunders, Doris Fong, Sally Allingham (2nd week in a row – thank you!!), Karen Schmidt, Anna Goh, Alana Liang, Louise Warren, David Mah, Shilpa Punekar.

We are grateful for the assistance of these people last week also: Agnes Leo, May Ip, Iris Lau, Faye Huang, Charles Ovadia, Carrie Waring, Sally Pierce, Samson Lau, Linda Perris, Barbara Taylor.

A special word of thanks also from Karen and Tracey as follows...

‘Thank you to Jim O’Sullivan who answered our desperate call for help last week by coming in at the last minute just to help for lunch time serving. The start of the week is always hectic for the canteen and we had no prefects due to exams.

We are now certainly a bit short on helpers. We have lost a lovely lady on the 3rd Wednesday and also a lovely lady on the 3rd Friday’

Parents – a great way of finding out how to make some of the great hot food your sons love to eat at school is to come along and give a hand in the canteen. Karen and Tracey come up with ideas for food that is quick and easy, very tasty and popular with the boys. They are very happy to show you how to do it yourself!!

If you have any spare time, we would really appreciate your helping us out. At the same time you make contact with other parents, learn something for yourself and make a contribution to the life of the school.

If anyone is able to help out on either of the above days or particularly on a Monday or Friday, then *please* give

the canteen a call! Your help means more food and less time waiting for your sons as well as much appreciation.

Please give Tracey or Karen a call on 9360 4027.

Thank you The Canteen Team

SCHOOL STUDENT TRANSPORT SCHEME (SSTS)



School Student Code of Conduct – Students travelling on buses must:-

- Dip school bus pass or pay the fare when joining the bus. This is particularly important as the data collected from the on bus fare collection system may be used for service planning purposes
- Use school specials when provided
- Vacate seats for adults when requested
- Follow the driver's instructions about safety on the bus
- Respect the needs and comfort of other passengers
- Behave appropriately at all times (e.g. no offensive language, no throwing things)
- Protect bus property (e.g. no vandalism)

Students are reminded to:-

- Only use the school bus pass for its intended purpose i.e. for travel between home and school (does not include travel to and from sporting activities)
- Maintain possession of the school bus pass at all times.

During 2010, authorised officers will be deployed to inspect **Code of Conduct** compliance on school bus services in the Eastern Region. Students who are found to have breached their obligations may lose their travel entitlement and possibly incur an infringement.



High Society

The Bulletin Board for Sydney Boys High P & C - Julie Connolly P&C President. If you would like to have any parent community news or upcoming events included in *High Society*, please contact Julie Connolly, jcandjc@bigpond.net.au; M: 0418 470 203.

Dr Michael Carr-Gregg - The Five Greatest Challenges for Parents in 2010

We had a terrific turnout last Wednesday night for the presentation from Dr Michael Carr-Gregg to parents from SBHS and SGHS. Great thanks to Barbara Taylor and her team for providing a delicious supper. We had many requests for copies of the presentation and we will put together some notes from the evening to share with parents who could not attend.

Dr Carr-Gregg identified these five points as some of the challenges facing parents in 2010.

1. Sleep – teenagers need at least 8.25 to 9.25 hours per night, the most important being the last two hours of REM sleep as this is when the brain rejuvenates and consolidates the learning and experiences of the previous day. A sleep loss of two hours is equivalent to a blood alcohol level of .05 - the legal driving limit.
2. Alcohol – zero tolerance of alcohol consumption until the age determined by your family's rules. This is 16 years as a bare minimum and ideally until 18 or beyond. This is a health issue. Research strongly identifies the significant risks of alcohol consumption to the development of the adolescent brain.
3. Depression – one in five Australian teenagers experience a diagnosable mental health disorder by the age of 18. The sad thing is these teenagers often suffer a delay of more than five years until diagnosis. Parents should be vigilant in awareness of any persistent changes in their teenagers' usual behaviours. For example prolonged periods of anger, unexplained variations in moods, social withdrawal, on-going sleep problems.
4. Building resilience – Life is full of unpredictable shocks and setbacks. Parents need to help their teenagers develop ways to deal with adversity. A sense of belonging to family, groups of friends and their school community is important in this. Teenagers who do well throughout life have pursued a range of passions beyond the classroom. Parents can help their children to build resilience by encouraging them to explore in-depth a broad range of co-curricular activities – sport, music, dance, art – to discover the person they are. By participating in co-curricular activities adolescents can develop emotional intelligence, socialize with peers, take risks necessary to their development and establish adult mentor relationships – all ways that help build their resilience. Developing an on-going sense of optimism is also important - try www.moodgym.anu.edu.au as a reference.
5. Guiding adolescents towards happiness by encouraging these directions – count at least four blessings each week, from the mundane to the magnificent; undertake regular volunteering and practise kindness; acknowledge and thank in writing particular adult mentors who have helped you; let go of anger and forgive; take care of yourself through diet, exercise, sleep and laughter; develop strategies to deal with setbacks; savour life's moments of joy – smell the roses and watch the sunset. www.authentichappiness.sas.upenn.edu is a reference.

ON-Line P&C - Parents – Have Your Say on Dr Michael Carr-Gregg's Presentation

Log-in to ON-Line P&C and post your comment about Dr Michael Carr-Gregg's presentation. If you do not have your log-in details, email the P&C sbhspandc@gmail.com with your son's Year and we will forward log-in details to you.



ROWING COMMITTEE ANNUAL GENERAL MEETING

Date: Tuesday 27 July 2010

Venue: Staff Common Room

Time: 7.00pm

Come and find out about new developments for the upcoming season.

Rowing is a great sport that High provides for our boys. It also relies on parents to help facilitate the program and, as with any sport, always needs new parents becoming involved.

All parents of rowing students are encouraged to attend the Annual General Meeting.

All Office Bearer positions will be declared vacant and available for nomination and election.

I hope you can attend and become involved in your son's sport.

Kind regards
Julie Blomberg
Rowing Committee





SENIOR RUGBY

Senior Rugby players which include the 16s have been involved in working together to improve the standard of Rugby played at High.

The key strategic areas we can improve upon are

1. **Strength**
2. **Speed and Agility**
3. **Skills (Defence and attacking guides.)**
4. **Vision.**

Each individual senior player can check their Conditioning and Rugby training attendance on spreadsheets posted on the SNR Rugby Notice Board located in the Canteen Area.

Log results

It is disappointing to see that this year's group of Yr10 and Yr 11 rugby players are not regularly attending the same number of conditioning and rugby sessions compared to last year's group.

Many players probably think that this token attendance has no consequence.

Unfortunately it does. We do compete against other GPS schools where this kind of training is mandatory. In these schools the players who do not train are not chosen to play.

For safety reasons, High has also adopted a regimented conditioning and training program. The players need to accept and understand that unless they attend these sessions regularly they may be forfeiting their right to participate and play in the GPS rugby competition.

Sticking to the policy of no train no play would currently decimate our 2nd XV and 16s teams and cause an obvious embarrassment to the school.

However, if this attitude continues next year there will be serious questions posed as to what level we should be participating at the senior level, if at all.

On a more positive note with two solid years of conditioning and training the 1st XV players have been rewarded by being eligible to play in the Waratah Shield knockout.

It is also interesting to note that the injury rate of the 1stXV has also been significantly reduced.

Much of this can be credited to the hard work of Mr Tassell who has along with this group of players worked hard at preparing the team for the demands of the GPS season.

Mr Tassell and, in particular, this group of regular trainers have also establish an important link to the Waratah facilities and their personnel which can only benefit our future rugby aspirations. Well done.

Trial results

1st XV

Early games against Newington, St Augustine's and St Andrews indicated that the 1st XV could play a structured game for increased periods of time and that their conditioning allowed them to do so.

After the unexpected and disappointing loss against TAS the team received another reality check from a very well drilled and structured Grammar team. It was disappointing to see High revert to the old undisciplined style of

play instead of using the structures in defence and attack that they were beginning to utilise in the previous matches.

Let's hope it is not another year of two steps forward and one step backward.

The following 1st XV players deserve a worthy mention for their improved performances and contributions to the team.

Alex Koerber, James Whiting, Jack Musgrove, Leon Li and Brian Kelly.

Along with **George Denny -Smith** and **Dominic Edgton** for gaining selection into the **NSW CHS squad**.

2nds and 16s

The 16As began with an excellent hard fought trial win against Newington. However, as the trial period progressed both the 16s and 2nds fell well short of the competitive mark.

Spasmodic attendance to training and conditioning sessions has certainly affected team harmony and injury rate.

Too many players are not accepting their responsibilities and are quick to blame circumstances and others for their performance. An improvement in attitude toward training and game preparation is required if these teams are to develop.

The following Senior players also deserve a worthy mention for their improved performances and contributions to the team.

2nds - Gareth Deacon, Jackie Cai, Andrew Gong and Lee Ming.

16s - Kumudika Gunaratne, Sean Martin, Jesse Moffat and Leo Lu.

The **1st XV player** must consistently complete at least **5 sessions** of training a week.

- A minimum of **2 sessions of strength training** in the school gym under the guidance of Mr Tassell.
- **3 sessions of Rugby** one of which includes a **sprint and agility session**.

The **2nd XV and 16A player** must consistently log **4 sessions** of training a week.

- A minimum of **1 session of strength training** in the school gym under the guidance of Mr Tassell.
- **3 sessions of Rugby** one of which includes a **sprint and agility session**.

Note- Only under special known circumstances can players opt to include an extra strength session to make up for a missed Rugby training session.

This does not prevent any players from completing an extra strength training session if they wish to do so.

The strength training session must be signed by Mr Tassell in the Snr Rugby logbook and submitted to Mr Scrivener for logging.

The Rugby sessions are logged according to your attendance and participation on the following training days.

Monday 3:30 to 5:30pm at Moore Park West

Wednesday 1:30 to 3:30pm at Mackay

Thursday 3:30 to 5:30pm at Mackay

Wet weather- Training is always on and senior players are to meet in the gym.

Players must submit a signed note from their parent or guardian if unable to attend a training session preferably before the event.

A small number of players have indicated they want to play rugby but find it difficult to follow the strict training schedule for a variety of reasons. Unfortunately, the school cannot provide sporting references or student sporting awards to the senior students who have played limited rugby or do not log consistently.

Many institutions (e.g. Sydney University) are now seeking students who not only perform academically but respond strongly to sporting challenges. Please check your logging before you think you should be rewarded for your participation in GPS Rugby.

Senior Coaches - Mr Aldous, Mr Cipolla, Mr Scrivener, Mr M Smith, Mr Tassell



VOLLEYBALL

High wins NSW CHS Volleyball Knockout.

Sydney High defeated Westfields Sports High in an epic encounter to win the NSW Combined High Schools Volleyball Knockout at Olympic Park yesterday.

High went into the match knowing the Westfields outfit would be tough to score points against and this proved to be the case. The high quality match featured power hitting and blocking to both sides with each team appearing to take charge at various stages through the match.

With the match poised at 2 sets each it was looking like any ones game. The 5th set saw a fired up Chris Morrow pound a number of massive spikes into the Westfields court igniting the High bench. This was aided by some blindingly good back court work by Pat Lai and High jumped to a commanding lead going on to take the final set 15-8 and the match 3 sets to 2.

The team consisted of Merlin Li (captain), Jonathon Mok, Hugh Huang, Ivan Li, David Nguyen, Josh Suh, John Gim, Nelson Wang, Henry Sit, Pat Lai and Chris Morrow.

Michael Kay MIC Volleyball

From PDHPE:



In response to the number of parent inquiries as to how their son might improve their grade in PDHPE, the answer may lie in the extra credit 10% offered for a student achieving their personal goal time in the 4th 1.6km run at the end of Term 3. The goal times are available on the school's website.

The 3rd 1.6km run will be held in the first week of Term 3. The upcoming two weeks holiday period is an excellent opportunity for students to make real aerobic fitness gains and lay the basis for a 10 week program to achieve their goal time.

If an oval, usually 400m in diameter, is not available locally there is a simple alternative. Have someone drive from your house, turning left to avoid crossing roads where possible, to a point of 800m from your house. Note that point. Each time you run, time yourself to that spot, then try to beat that time back. Try to reduce your split and total time each run. Psychologically this will give you a sense of finishing strongly. Run every other day ie, day "on", day "off" schedule.

Good luck with your fitness endeavours.

G Stein HT PDHPE

RIFLE SHOOTING

The High Shooting Squad go into camp for the whole of the last week of the school holidays followed by competing in the All Schools Match which is held on Saturday 17th July 2010 at Malabar. Sydney High won this competition last year.

By the end of the weekly camp, the 1st and 2nd Grade Teams will be selected ready for the annual GPS Shoot which is held on the 19th – 21st July 2010. Sydney High will be defending their Premiership win from 2009.

Best Wishes and Good Luck boys!

Cathy Meaney MIC Rifle Shooting (Admin)



Sydney Boys High School

Moore Park Surry Hills NSW 2010

Phone: (02) 9361 6910 Fax: (02) 9361 6206

Drama Festival

School Incursion 27 July

The Great Hall

Dear Parent/Caregiver,

At the start of Term 3 Sydney Boys High will be hosting the school's inaugural Drama Festival. The festival will include students from Years 7 – 10 Drama classes and special performances by the school Drama Ensemble and Circus Troupe.

This will hopefully become an exciting annual event on the school calendar and some participants will go on to represent the school at both the Sydney Region and State Drama Festivals.

To celebrate the achievements of our students we have organised a School Matinee for students in Years 7 – 10, on Tuesday 27 July. The cost of the incursion is \$5 payable to your son's English teacher.

The performances will take place in periods 3 & 4 for students in Years 7 – 8. Students in Year 9 and select Year 10 classes will attend in periods 5 & 6.

There will also be two evening performances at 7pm on Monday 26 and Tuesday 27 July. Tickets will be available at the door at a cost of \$5 for students, \$10 for adults and \$15 for families. This promises to be a fun, lively and highly entertaining event. Your support and attendance is greatly appreciated.

If you have any further questions please don't hesitate to contact me at the school.

Kind Regards,
Jennie Rohr Drama Department

Watch Out!



Sydney Boys High School

Drama Festival

7pm July 26 & 27

The Great Hall

Student Tickets \$5



Sydney Boys High School

Applications for Years 8 - 12, 2011



Pursuing all-round excellence for gifted boys

Applications for Years 8 - 12, 2011
Years 8-12 close on the 29th July 2010
Phone: 9361 6910

Application forms are available from the
school or visit: www.sydneymboyshigh.com
and click on the link to enrolments.



Sydney Boys High School

The Phillip Day Memorial Scholarship

For existing or enrolling students in years 7-12
who meet the scholarship selection criteria.

To apply for a scholarship visit
www.sydneymboyshigh.com/scholarship
for full details.



Pursuing all-round excellence for gifted boys

Sydney Boys High School
Moore Park, Surry Hills 2010
Phone: 9361 6910

SYDNEY BOYS HIGH STORE & CLOTHING POOL

AUTUMN \ WINTER PRICE LIST 2010

SCHOOL UNIFORM

BLAZERS: From: \$260.00
*Please arrange for boys to be fitted
as early as possible
(6-8 weeks delivery from order)*

PANTS: Trousers - Junior, Dark Grey w/w \$65.00
Trousers - Senior, Light Grey w/w \$65.00

SHORTS: Grey \$45.00

BELTS: Black Leather \$16.50

SHIRTS: Sky Blue & White, Short Sleeve Crested
Sizes 10 - 14 \$24.00
Sizes 16 - 22 \$26.00
Sizes 24 - 28 \$28.00

Sky Blue & White, Long Sleeve Crested
Sizes 10 - 14 \$26.00
Sizes 16 - 22 \$28.00
Sizes 24 - 28 \$30.00

BLUE WOOLLEN JUMPERS:
Up to Size 14 \$81.00
Size 16 - 22 \$85.00
Size 22 - 26 \$89.00

SOCKS:
Cotton Knee High \$12.50
Cotton Ankle Sock in S.H.S. Colc \$8.80

TIES: Junior \$24.00
Senior \$28.00
Prefect \$22.00
Old Boys \$27.50
G.P.S. Old Boy \$36.00
SRC \$24.00

CAPS: SHS Cap \$20.00
Beanie \$20.00

BAGS: Backpack \$72.00
Sports Bag \$66.00
Hav A Sak \$30.00

MATHS: Grid Book 96 page \$2.20
Calculator \$33.00
Protractor \$0.55
Compass \$1.55

MUSIC: Music Book \$2.20

ART: Artist Paints \$22.00
Canvas 18" x 24" \$22.00
Visual Art Diary A4 \$6.60
Visual Art Diary A3 \$11.00

DESIGN & TECHNOLOGY:
D.T. Apron \$9.90

UMBRELLAS:
Folding \$16.50
Golf \$33.00

SPORTS UNIFORM

P.E./HOUSE SPORT:
Polo (house colours) \$22.00

NEW Microfibre Short
Black Baggy with S.H.S. print \$27.50
Sport Socks \$8.80

TRACKSUITS: (sold as separates)
Microfibre track jacket \$88.00
Microfibre track pant \$44.00

ATHLETICS:
Singlet \$38.50
Short \$38.50
HIGH Training Top NEW \$49.50
Socks white with S.H.S. colour \$8.80

SOCCER:
Jersey Sky & Choc. Stripe NEW \$49.50
Short matching design \$38.50
Socks \$14.00

RUGBY:
Jersey up to Size 12 \$75.00
Size 14 - 22 \$80.00
Size 24 - 28 \$85.00
Shorts (black rugby) \$30.00
Socks \$14.00
Scarves knitted in S.H.S. colours \$33.00

VOLLEYBALL
Top with zip \$44.00
Black Baggy with SHS print \$27.50
Socks with S.H.S. Colours \$8.80

Fernwood

Women's Health Club

Rosebery

Here now!



NO JOINING FEE
SAVE \$199

Plus Bonus Birthday Offer
\$17.95 pw membership*

On-site parking

Three group fitness studios including yoga and pilates

Personal Training and Weight Loss

Childcare

Phone: 9663 1611

Email: Rosebery@fernwoodfitness.com.au

*Terms and Conditions Apply

July/August 2010

02-07-2010

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 B	19 Staff Development Day	20 School resumes Years 7-12 GPS Shoot, Hornsby Foundation Meeting, Board Room, 6:30pm	21 GPS Shoot, Hornsby	22 Australian National Chemistry Quiz - Period 3 Round 3 Buchan Shield Game vs Matraville Sports High at Matraville, 12.00 Great Hall Booking	23 Cross Country: NSW All Schools Championships, Eastern Creek Debating: Assembly, Great Hall, 12:20pm Debating: Shore v SHS	24 Sport SHS v Shore; Rugby SHS v SIC	25 Drama Festival, Great Hall, all day
2 A	26 Year 8 Visual Arts Excursion, Taronga Zoo Drama Festival, Great Hall, Dress Rehearsal 12:30pm and Showcase 7pm	27 Drama Festival, Great Hall, Matinee: Year 7 and 8 pds 3 and 4, Year 9 and 3 Year 10 English classes (Rohr 10E2, Barr 10E7 and Walker 10E1 and Showcase 7pm Prefect Afternoon Tea, Main Courtyard, D Chen Rowing: Committee AGM, Staff Common Room, 7:00pm	28 OC placement test, Great Hall UMAT examination Rugby: Committee Meeting, Staff Common Room, 6pm	29 *** Years 7, 8 and 9 Assembly, Period 2 Years 10, 11 and 12 Assembly, Period 3 Legacy Junior Public Speaking Competition at J J Cahill Memorial High School n=2 SIMA Jazz Music, Elective Music to Seymour Centre 11:30am to 3:00pm Closing date for applications to Selective High Schools -	30 Year 9 Geography and Science Excursion NSW Volleyball Schools Tournament, Olympic Park, All teams, Debating: SHS v SJC	31 Sport SJC v SHS; Rugby NC v SHS Cross Country: NC Invitation, Sydney Park (10:00 am) (GPS v CAS) Fencing: AJ Rae/Roseanne White event	1
3 B	2 High Resolves - Year 8 (Group A), Great Hall, all day Asia Pacific Conference on Giftedness Tour of School, 11 to 12:30 (tbc)	3 ICAS English Competition Year 9 Geography and Science Excursion Athletics: Sydney East Area Carnival, SOPAC (Homebush) (pm) High Resolves - Year 8 (Group B), Great Hall, all day Year 12 Music, Healing Arts Program pds 2 to 5	4 Athletics: Sydney East Area Carnival, SOPAC (Homebush) Old Boys Lunch, Prefects and pre 1945 Old Boys, Great Hall 12:30pm (tbc) Great Hall Booking: Cricket: Committee Meeting, Staff Common Room, 6pm	5 Australian Mathematics Competition Pds 1-4 High Resolves Year 10 Community Service Project, 1:00-3:00	6 Class Photos Years 7-12 Jeans for Genes Day Debating: TSC v SHS	7 Sport SHS v TSC; Rugby SHS v Shore Cross Country: SGS Invitation, Centennial Park (10:00am) Fencing: School League Parking: Swans v Hawthorn (Debating) Parking: Sydney FC v Melbourne (Rugby)	8
4 A	9 Trial HSC Music performance, Great Hall, all day P and C Executive Meeting	10 Year 12 Study Day Trial HSC Music performance, Great Hall, all day Year 10 [Group 2] Geography excursion, Collaroy, all day OCMC meeting, Board Room, 5:30pm	11 Trial HSC High Resolves Year 9 School Service Project, 12:30-2:15 Meet the Music concert, SOH, 6:30pm	12 Trial HSC	13 Trial HSC Debating: SHS v SIC, Great Hall	14 Sport SIC v SHS; Rugby TSC v SHS Cross Country: TKS Invitation, Parramatta (10:00 am) Fencing: School League	15