

From the Principal High Talent



The 6 x 50m relay team broke the East Zone record with a time of 3:03:42. The team finished a respectable 4th at GPS 5 swimming carnival. The team comprised: (12) Kazuo Nakamura, (13) Leonard Mah, (14) Eugene Lee, (15) Shaun Pak, (16) Ben Wilcox and (17+) Jack Musgrove. East Zone records were broken by: Kazuo Nakamura, 100m breaststroke (1:40:22), Leonard Mah 50m freestyle (28:72), Darren Chien 14 Years 100m breaststroke (1:23:95). In GPS 3 at SOPAC Max Chien broke the GPS record for 16s 50m breaststroke (33:08). The Junior Swimming Squad improved dramatically finishing 3rd in the GPS competition for 2010. Congratulations to all! Regional volleyball team members from High this year are: John Gim, Hugh Huang, Patrick Lai, Merlin Li, Joshua Suh and Nelson Wang (Year 12) as well as Christopher Morrow and Henry Sit (Year 11). Congratulations, boys! It was a huge effort by the organisers of the Sound Relief and Bushfire Appeal to raise \$7,364 for the Red Cross! Well done also to the World's Greatest Shave organisers and participants who raised over \$4,000 this week.

The MySchool Website and NAPLAN

On the 17th of March the Director-General of Education, Michael Coutts-Trotter, implored Sydney Region Principals to use their influence to allow NAPLAN testing to go ahead as planned. He said that the important issue is how we handle the existence of destructive league tables, not whether they can be stopped. He averred that if they could not be stopped in NSW, the only state with a specific law against their publication, legal action against the media won't realistically happen anywhere. As well, there is a world-wide trend towards more transparency in schools. Before it took office, the current Commonwealth Government pledged a National Curriculum, consistent assessment regimes and a mechanism to compare schools as their education goals. MySchool was one of the results of those pledges. It

will not go away but can be reformed, amended and augmented in various ways.

The consequences of NAPLAN not going ahead include: the non-government sector having the benefit of growth data Years 7-9 and Public Schools not having such data; the marketing disadvantage this would cause for public schools against independent schools; the probable parents' reactions given surveys strongly indicate that they find NAPLAN results useful; and the possible loss of \$95m in National Partnership funding. He suggested the anti-League Tables strategy should be: peak body pressure on the Commonwealth Government to improve MySchool accompanied by schools providing more and better information on their activities to their parents and stakeholders.

Year 9 DER Notebook Distribution

There were 193 Notebooks issued to students this week. The process ran smoothly. One Notebook was damaged accidentally by a student.



These devices are integral to the teaching/learning process for the next 4 years. Formal documents have to be signed and returned. Digital Safety, Digital Citizenship and Cyber Bullying information needs to be understood by students and parents. Students and their parents have a burden of responsibility for the care and proper use of the hardware supplied through the Digital Education Revolution. After less than a year of the program, more than half a dozen parents have had to pay substantial amounts for replacement of Notebooks damaged by their sons. I urge parents to take an interest in the use and management of their son's Notebook.

Last week of Summer Sport

As this is the last week of summer sport, teams should be thinking about returning any school equipment or apparel issued for the season only. Captains of teams need to write up their reports for The Record and submit them to Ms Trompetter electronically. Negative consequences flow from a failure of team captains to supply reports.

Coaches are asked to supply benchmark information to their MICs about wins / losses, margins, attendance rates at fixtures as well as training and physical preparation records, to enable an achievement profile for each sport to become the benchmark for comparison in the Sports Development Plan 2010-2012. To build an overall sports program we need baseline data to enable us to set targets for the seasons to come.

Many CHS trials and fixtures crowd into these last weeks of term. Knockout cricket and basketball games are scheduled along with individual trials in baseball and tennis. In rowing the CHS championships and Head of the River are scheduled. Our regional representatives in volleyball will be competing in state competition in Nowra next week. In GPS cricket Brian Kelly and Avindu Vithanage are representing us at Lord Taverners Week. Basketball representative selection trials are being held in GPS. Given the range of activities and the numbers of boys involved, teachers and students are asked to maximise communication flows so that school commitments and representative sports requirements can both be met.

Dr K A Jaggar

FROM THE SCHOOL COUNSELLORS

Managing HSC Stress – Free Program

The Health Psychology Unit at Royal North Shore Hospital will conduct a 4 week program for students who are currently in Years 11 and 12. The program aims to assist students to better manage the stress of the HSC and teaches a broad range of skills that can be helpful in any stressful situation. It can also be useful for students who may be struggling with anxiety, low self-esteem or low mood.

The program will run in Term 2 starting on Tuesday 4th May. Sessions will run from 4pm to 5.30pm. Bookings are required for this free program. For more information or to book a place in this program:

please call 9514 4077. All services are confidential.

S Plummer & E Harman – School Counsellors

FROM HIGH STORE

NEW BASKETBALL METAL BADGE

To be worn on your blazer

\$7.70

DISCLAIMER

Products and services advertised in *High Notes* are not necessarily recommended or endorsed by Sydney Boys High School.

SBHS YEAR 11 PRELIMINARY HSC ENGLISH – INFORMATION EVENING



The English Faculty invites interested Year 11 students and parents to an information evening on **Tuesday 23rd March 6.30 pm – 8.00pm in Room 204.**

The purpose of this evening is to provide an overview of Preliminary and HSC English Courses with a specific focus on requirements for Extension 1 and 2 English in Year 12.

Marina Trompeter

Pyramid Auditions



On Monday 15 March, 60 DRAMA students from Years 7 and 8 auditioned to appear on the popular children's game show *PYRAMID*.

The show involves 2 teams of students along with a 'Celebrity Guest' on each team, playing a word association game. The celebrities will be drawn from a pool of role models that have succeeded in their field (Sport, Music or Entertainment) and who embody the notion of good behaviour and fair play.

The program is run by Ambience Entertainment in conjunction with Channel 9. Successful students will be required for one day of recording at Fox Studios. The producers are looking for bright, fun kids with great personalities and excellent communication skills. They were most impressed with all of the students who auditioned commenting on their "positive approach" and "energetic enthusiasm."

This is a fantastic opportunity for our students to see how a television studio works, cheer on their classmates and win some amazing prizes! Filming will take place between April and July. Exact dates and successful students will be notified by Ms Rohr in the near future. Congratulations to everyone who participated in the audition!

Jennie Rohr - DRAMA Department

OLD obsolete TV/video and DVDs



Upgrading to a plasma home cinema?

The Art Department are on the lookout for two TVs and video and DVD players to keep playing our existing video/DVD

collection. If you are about to throw away this equipment we may be able to assist with the disposal.

Thank You

Art Dept.

Second Annual Theatresports Evening



Yr 10 Drama students: Andrew Moon, Marc Paradeza (front), Daniel Liang and Branavan Jeyarasa.

This term in Drama students has been learning many skills in the art of *Improvisation, Characterisation, Playbuilding and Physical Theatre*.

Students have learnt the fundamentals of **THEATRESPORTS**, a form of improvised games, performed in teams, which uses the format of a competition for dramatic effect.

Participation in *Theatresports* develops confidence, lateral thinking, storytelling, self expression, teamwork and communication skills. To complete this unit we will be hosting our Second Annual Theatresports Evening.

When: Thursday 25 March 2010

5:30pm - 7:30pm

Where: Drama Studio (Room 204)

This promises to be an exciting theatrical experience with scenes presented from the Year 9 and 10 Drama classes.

Performing students must meet in **room 204 promptly at 5:00pm** for a warm-up.

The two top performing teams on the night (one from each Year group) will represent SBHS at the sixth

annual Theatresports® Schools Challenge (TSC) and take part in heats with other schools from across NSW. *The TSC takes place in term two of 2010 (19th April – 2nd July).*

Winning schools will progress to take part in the qualifying finals in June and the top teams in each division will go into a Grand Final at the Enmore Theatre in late June.

Your support and attendance at the Theatresports Evening is greatly appreciated.

If you have any further questions please contact me at the school on 93616910.

Thank you,
Jennie Rohr - DRAMA Department

Should Kids Have Computers in their Bedroom?



The internet has absolutely changed the way kids socialise. It's an amazing place that allows your child to make friends with another teen living on the other side of the world, and to discover differences and similarities. Just as you'd make some inquiries about new friends that appeared at your front door to spend time with your child, you'll also need to find out about the people they're meeting online. Of course, monitoring your child's online activities is easier said than done when your child has a computer in their bedroom, with internet access.

Shut the door on cyber predators

While predators are out there, the reality is a very small percentage of kids will come to physical harm through contact with online strangers. You may have already installed filters to block pornography and inappropriate sites, but knowledge of potential dangers will help keep your child safe on other computers and their mobile phones. Australian researchers found that children who didn't include photographs of themselves or their email addresses in their social networking profiles were less likely to receive sexually suggestive messages. But most kids like to have an image of themselves online - and avatars are a great solution. They're cartoon-like characters you can personalise and put on your profile. Better still, they're actually heaps of fun - and often free - to create. Visit www.free-avatars.com. When it comes to naming your avatar, choose something creative but non-sexual, like "Sk8trQueen", not "Sweet Sexy 16".

Keeping bullies out of the bedroom

Education and child safety experts recommend your child doesn't use the internet in their bedroom.

Former Victorian police officer and cyber safety consultant Susan McLean explains the dangers: "By virtue of technology the bully not only follows you home but is invited into your house," she says. More alarmingly, the internet can give the bully direct access to the child's bedroom "the one place that they should be safe". However, if for some reason the only place your child can study and access the computer is their bedroom, consider options like:

Leave the bedroom door open, with agreed random visits by parents

Create a technology curfew. Disable the computer, and remove the mobile phone from the bedroom at a certain time each night.

Lack of sleep can be a nightmare

Another compelling reason to make your child's bedroom technology-free is to allow adequate rest.

Jennifer Hudson, a professor of psychology at Macquarie University says teenagers in particular are prone to sleep problems, which will only be compounded if computers or phones rob them of vital sleep. "As soon as adolescents start to take an extra half-hour off their sleep to check their emails in bed, or just texting someone (and that's often happening throughout the night), that can lead to an accumulated sleep debt for the week," Dr Hudson says. "We know when kids don't get enough sleep that impacts on their mental health, their functioning at school and their relationships."

Setting rules your child will keep

Dr Hudson suggests some strategies to help you make realistic rules your child can agree to and keep.

1. Keep the lines of communication open

Negotiation with your child relies on having a good relationship. The way to maintain your relationship is by regularly spending time together, such as family meal times. "In our busy lives it can be difficult to find time to spend together, particularly when an adolescent is resistant to that because they believe it's a 'daggy thing' to spend time with your parents," Dr Hudson says. By making time for your child, you're also making space for them to tell you about their life.

2. Make it safe to tell

Your child needs to know from the outset that if they are contacted by a predator or are being bullied, they can tell you without fear of losing their internet or laptop access. The fear of being "cut off" from the online world could prevent your child from speaking up.

3. Decide together where and when technology can be used

Dr Hudson suggests shared problem-solving techniques to get kids onboard with your rules - especially when they hit the teen years. Tell your child you're concerned about their sleep and their safety, and ask them to help you write down as many solutions as possible. "When you've both come up with a list, decide which ones you can toss out and which ones you can both live with," Dr Hudson says.

4. Be consistent with rules

"It's necessary for parents to set boundaries for their child," Dr Hudson says. She suggests consequences for breaking rules could be loss of recreational screen time or other privileges.

5. Get involved and stay in touch

If your child has a Facebook or MySpace page, ask to see it. Google their name to see what they've posted that's publicly available. (If you can see it, anyone can, so there's no argument about respecting privacy.)

Discuss anything you're not comfortable with and suggest how it can be changed.

Basic internet safety rules

- Nothing replaces parental supervision and education for kids about cyber safety.
- Set a technology curfew.
- Never give out identifying information such as your home address, school name or telephone number in a public message such as chat or newsgroups.
- If you post photos online, use privacy settings to limit access to people you know well.
- Remind your child that people don't always tell the truth online, and they can't take anything at face value.
- Reassure your child that they can tell you anything, without fear of losing the laptop or internet access.
- If they get a message or email that's threatening they should Stop, Block and Tell:

Stop:

This doesn't mean stopping the victim's access to their phone or computer. It simply means take a step back and stop engaging with the bully. Remember that every perceived criticism isn't necessarily intentional. Not only does the written word rob us of visual cues to get our

point across, you can't hear whether the sender intended to convey playful humour or dripping sarcasm.

Block:

Block the bully and limit communication to close friends is the next step. Save a copy of the comments for evidence, then remove them if possible. The site administrators may do this for you.

You'll find a step by step guide to blocking bullies on the ThinkUKnow website.

Tell:

Tell your child about cyberbullying when they begin socialising online and reassure them that you won't block them from cyberspace if they're bullied. Make sure they understand it's not their fault and they're not alone in this. Sites like MySpace and Facebook encourage you to report abuse, and have reporting provisions on the site. If you believe your child is being bullied, tell the school principal. Whether or not the bully attends the school, your child's peers may be aware of the attacks and may be pressured to join in.

Never click on any links that are contained in emails from people they don't know. As well as sexual content, they could contain a computer virus. If you suspect your child has been contacted by a predator, try to save a copy of the chat log (or whatever form the contact takes) for evidence. Call Crime Stoppers 24-hour line 1800 333 000 to make a formal complaint. Your child will be using computers and the technology for the rest of their lives, and you're in the great position of being able to get them off to a safe, positive start.

<http://www.schools.nsw.edu.au/news/technology/cybersafety/yr2009/bedroom.php>

Robert Devlin – Year 8 Adviser

FROM THE TWO LIBRARIES



**ANDREWS LIBRARY
BOOK FAIRS AND LIBRARY FUNDS
NEW RESOURCES INTO THE
LIBRARY THIS WEEK
SENIOR DVDs**

Four Corners – City Limits (Geography resource); *Careful he might hear you* (English resource – “Belonging”)

MID SCHOOL DVDs

Lord of the Flies (English resource – “Belonging”); *What is Art? What is the meaning of life?* (Art resource)

Mrs Crothers – Andrews Library

Novel Review

H.I.V.E.: Escape Velocity

Tigger Dumonet

WARNING! CONTAINS SPOILERS!



H.I.V.E.: Escape Velocity, published in 2008 by Bloomsbury Publishing, is the third out of the five novels making up the *H.I.V.E.* fantasy action series (a sixth novel is due to be released in 2010) created by author Mark Walden, who currently has written no other novels, choosing instead to dedicate himself to the *H.I.V.E.* series

after the positive reception of the original *H.I.V.E.: Higher Institute of Villainous Education* novel in order to satisfy his audiences.

The series was initially aimed at those of a younger age, as evidenced by the more simplistic language and themes used so that the novels could be understood by the target audience. However, during *Escape Velocity* the *H.I.V.E.* series has undergone a shift in its target audience, aiming more towards the young adult group and exploring deeper and darker themes, although this shift was not so great that fans of the original novels do not continue to enjoy the next ones in this continuing series. Common children's narrative devices and conventions are still used in the *H.I.V.E.* series to a large degree, but they are used less and less as the series progresses.

The basis of the series is the titular Higher Institute of Villainous Education run by the Global League of Villainous Enterprises (G.L.O.V.E.), supposedly the largest criminal syndicate in the world, which kidnaps children in order to train them to become the next generation of criminal masterminds. The protagonists are Otto Malpense, who possesses some very unusual and inhuman mental abilities, and his friends Wing, Laura and Shelby. The standard plot convention of “good versus evil” is stretched during the series, and especially during *Escape Velocity*, because the protagonists are affiliated with an “evil” faction; it becomes more a case of evil versus threats to evil. In any case, the protagonists never directly oppose any faction that is an actual force of justice and “good,” therefore conveniently circumventing this issue of confused morality.

Escape Velocity begins with H.I.V.E.'s headmaster, Dr. Maximilian Nero, being captured by an unknown organisation when he meets with one of his associates,

who was ordered killed by the head of G.L.O.V.E., Number One, because he knew too much about something called the Renaissance Initiative. Shortly after the prologue, it is revealed that this organisation is the Hostile Operative Prosecution Executive (H.O.P.E.), a new anti-terrorist agency that seeks to "banish all evil from the corners of the world." As mentioned previously, this brings a different slant to the "good versus evil" convention, but saying that the novel supports evil defeating good would be a mostly untrue statement, as it is soon revealed that H.O.P.E. is little more than a non-G.L.O.V.E. proxy for Number One, who is shown to have his own sinister agenda.

Later on in the novel the protagonists are forced to break into the secure headquarters of MI6 in order to retrieve information vital to the rescue of Nero. While the blurb advertises this as a major achievement that "no criminal has ever accomplished," in reality this scene is bland, mostly predictable, and makes the whole thing seem pathetically easy. This could have been done to emphasise the protagonists' superior equipment and planning, but on the whole the MI6 break-in scene fails to live up to expectations, with Otto and friends breezing in with contrived explanations as to how they are able to bypass MI6's security systems and guards that seem to have the same amount of competence as standard action film goons. The only major surprise in the scene is the introduction of the "anti-cloaking device" that renders the protagonists' invisibility devices non-functional, but this does next to nothing to affect their mission as MI6's security guards are still incompetent enough to try to handcuff dangerous intruders instead of disabling them from a distance.

Also introduced during the MI6 break-in are the "twins," Constance and Verity, who are really just straight-up plays of the "female assassin squad" trope, who are even described as wearing tight-fitting "body armour". They are plain uninteresting characters, who only manage to incapacitate Raven, "the deadliest assassin in the world" because for some reason her reflexes were neutered at that exact moment as she was hit by a Taser. Here is yet another example of real-world devices twisted into unrealism in novels, because while Raven recovers from the Taser shock in seconds, in reality a Taser causes the temporary loss of electro-muscular control, which is why it is such an effective tool used by law-enforcement agencies. Following the encounter with the twins, Otto and Raven escape from MI6 in a car chase that seems to imitate the traditional James Bond car chase scenes, with the cars in question being outfitted with rockets, booster and mounted machine guns. (An ironic coincidence, as James Bond works for the MI6.) The scene is short and, once again, fails to

give the impression that the two protagonists are in any danger, thus removing any excitement from the scene.

After a brief pause in the action, or rather the lack of it, Otto and company are sent out to a secret H.O.P.E. facility in the Swiss Alps, a very common location for a hideout in films and novels alike, in order to rescue Nero. Again using camouflage suits to avoid security with ease, Otto's group soon finds where Nero is being held, while Raven's group disables the facility's generators. However, both groups are ambushed and captured by H.O.P.E. security, with Otto and Nero being taken to some mysterious transport system. The others manage to kill the twins and escape the facility.

It is here that the climax of the novel begins, with Otto and Nero finding themselves on board Number One's hideout: a space station. Following instructions, they discover Number One's true appearance, an old man who is on life support and is forced to synthesise his speech. These last chapters of *Escape Velocity* are probably the most interesting, as some details withheld since the original *H.I.V.E.* are finally revealed: Number One's identity and Otto Malpense's origins. Number One reveals that he is actually Overlord, a rogue artificial intelligence who managed to escape deletion by transferring himself into Number One, and slowly subsuming his identity. Otto Malpense is actually a clone of Number One who was engineered by Overlord, explaining his strange mental abilities. Overlord then reveals that because Number One is near death, he must transfer himself into Otto or die with his host. Otto initially submits to Overlord, who takes control of his body and attempts to kill Nero. However, Otto manages to overpower and delete Overlord, erasing him forever. The novel ends with Otto and Nero destroying Overlord's space station and returning to the Earth's surface and H.I.V.E.

Escape Velocity is a novel which has a decent selection of ideas behind it, but with an execution that despite initial promise sadly fails to meet the expected quality. Walden manages to mix the initial children's novel themes with more mature themes, such as making references to the so-called "war on terror"; but these more interesting and engaging themes are dulled by the more simplistic children's themes that are more suitable for a typical James Bond-style action film than a dark, deep and intriguing story. The length of the novel is also an issue; *Escape Velocity* is just too short to significantly engage any serious reader.

With that said, my final verdict is: 4/10
Only buy if you're a fan of the series to begin with **TROYTRON**

WORLDS GREATEST SHAVE



On Monday 15 March Sydney Boys conducted their World's Greatest Shave event. 34 staff and students underwent the chop or had their hair coloured to raise money for the Leukaemia Foundation in what was a very successful drive. So far the school has raised just under \$5,000 with more funds still expected to flow in.



So, not only did the boys get the opportunity to have a bit of fun but it was all in the name of a good cause, raising a significant amount of money to help those living with leukaemias, lymphomas, myeloma and related blood disorders. Thanks to all students, staff, families and friends for contributing so willingly.



It was great to see such support by everyone throughout the school. Attached are a few photos of the event.

Jamie Kay

SCHOOL STUDENT TRANSPORT SCHEME (SSTS)



School Student Code of Conduct – Students travelling on buses must:-

- Dip school bus pass or pay the fare when joining the bus. This is particularly important as the data collected from the on bus fare collection system may be used for service planning purposes
- Use school specials when provided
- Vacate seats for adults when requested
- Follow the driver's instructions about safety on the bus
- Respect the needs and comfort of other passengers
- Behave appropriately at all times (e.g. no offensive language, no throwing things)
- Protect bus property (e.g. no vandalism)

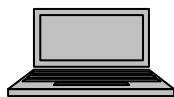
Students are reminded to:-

- Only use the school bus pass for its intended purpose i.e. for travel between home and school (does not include travel to and from sporting activities)
- Maintain possession of the school bus pass at all times.

During 2010, authorised officers will be deployed to inspect **Code of Conduct** compliance on school bus services in the Eastern Region.

Students who are found to have breached their obligations may lose their travel entitlement and possibly incur an infringement.

YEAR 9 2010
DIGITAL EDUCATION
REVOLUTION NSW - FACT
SHEET - Damage or loss



Q. All laptops and batteries are covered by a manufacturer's warranty.

A. Yes. The warranty covers manufacturer's defects and normal use of the laptop. It does not cover negligence, abuse or malicious damage.

Q. Are the laptops covered by insurance?

A. Yes. The NSW Treasury Managed Fund Contract of Coverage states, "The Fund covers all losses, provided the loss is fortuitous, real and quantitative". Damage or loss occurred from carelessness, inattention or an apparent disregard is deemed to be due to negligence. Damage or loss caused or partly caused by negligence is not covered by Treasury Managed Fund.

Q. Who pays if the incident is not covered by insurance due to some form of negligence?

A. Should any equipment on loan be lost or damaged due to negligence or abuse or malicious act or failure to ensure safe custody of the laptop, the student will be requested to pay replacement or repair costs.

Q. Where is this in the 2010 Laptop User Charter?

A. The Laptop User Charter states: *Laptops that are damaged or lost by neglect, abuse or malicious act, may require reimbursement. The Principal will determine whether replacement is appropriate and/or whether or not the student is responsible for repair or replacement costs and whether or not the student retains access to a laptop for home use. (2.2.5)* The laptops are loaned to students under the same conditions that other school equipment is loaned. In the case of other school equipment such as library books, textbooks, cameras, tools etc the borrower is required to pay repair or replacement costs if the item is lost or broken

Q. Can you give me an example of what is means by negligence?

A. If a student trips over the laptop electrical cord and the laptop is pulled onto the ground and smashes the screen, the claim will not be paid as though it seems on the surface to be an accident, there was not due care taken to guard against such an incident happening. In such a case the school would request reimbursement from the student.

Q. What if a family refuses to pay?

A. For families in financial hardship the principal has discretion to make arrangements for the cost to be paid off over a period of time or other flexible solutions. However if a family refuse to pay the principal will arrange for a loan laptop for the student for day use only i.e. the student cannot take it home. Instead the student will collect it from and return it to the TSO at start and end of the school day. The TSO will ensure it is charged overnight. Thus the student will not be disadvantaged in the classroom. The principal may decide that a student who has a laptop related debt and is later allocated a laptop, will not be entitled to keep the laptop at the end of Year 12.

Q. What do I do if my laptop is stolen, lost or damaged?

A. In case of theft the student or teacher in charge of the laptop should notify the police and the school as soon as possible after the event. In case of theft the [Digital Education Revolution - NSW policy](#) requires a police report number. In case of loss or damage, the student or teacher in charge of the laptop should notify the school as soon as possible after the event. In case of damage or loss Digital Education Revolution - NSW policy requires a signed Statutory Declaration. In both cases the [Laptop Incident Report](#) must be completed. Any problems, vandalism, damage, loss or theft of the laptop must be reported immediately to the school. Students will be required to replace lost or damaged chargers.

Q. Can I get a new laptop?

A. When a laptop is replaced, it is replaced with one of similar age.

Q. What if it happens in school holidays?

A. There is a link on the DET website under Digital Education Revolution - Your Questions - [Lost and Stolen Laptops](#). Fill in this online form and notify your school on the first day back.

Q. How safe is student data on the laptops?

A. Students are responsible for backing up data securely. They should save to the DET online storage provided for this purpose (My Locker). However since this is not activated until the next time they connect to the school wireless, they should also back up on other personal devices such as an USB memory stick or email their work to themselves. Students must be aware that the contents of their laptop will be deleted and the storage media reformatted in the course of repairs.

Drei Monate in Deutschland



Partaking in a recent student exchange in Germany was one of the most rewarding, enriching and enjoyable experiences of my life. It was an absolute joy immersing myself in a foreign culture and way of life and being able to practically use the language skills I'd learned at school. I gained a

greater appreciation of myself and the whole exchange acted as a fantastic exercise in character building and self-reliance. I've come back with vastly improved German skills and with a home base back in Bielefeld (the city in which my lovely host family lived) with which I can satisfy my desire to go back and do the whole thing again. I met a vast array of new people throughout Germany and just had a generally excellent time. I experienced a lot, but I thought I'd just share some of the stand-outs of my time there and give a quick overview of the organization that allowed me to go to Germany on exchange (on a scholarship too – flights paid for!) and the advantages of this particular program. My fellow scholarship winners from New South Wales, Victoria, Western Australia, and New Zealand, and I, arrived in Germany in late November with 10 weeks of student exchange ahead of us. We were eager to finally meet our host families and were wondering what our next 10 weeks in Germany would offer. Personally, having spent only 10 days in Germany during a family holiday previously, I wasn't sure what to expect; perhaps a serious people driving flash BMWs and Mercs at great pace down very fast Autobahns eating lots of Wurst whilst wearing their cherished Hausschuhe (but not, of course, Lederhosen –that only happens at Oktoberfest) whilst drinking huge mugs of beer and listening to techno music. I was soon to discover that this fantastically stereotyped image of the Germans was of course quite ill-founded. Whilst it is true they drive very fast down their smooth Autobahns, still love eating their Wursts and astonishing array of other meats, and that Hausschuhe are still very much a cherished commodity, what I discovered about Germany is that, though it still possesses a strong and distinct culture, it is also

surprisingly diverse and dynamic and quite impossible to stereotype (well, except in the case of those Hausschuhe). Germany is the largest country in Europe (in terms of population and the size of its economy) and geographically-speaking lies at the heart of Europe. It is surrounded by both former communist Eastern Bloc nations and wealthy western European countries and is itself a patchwork of regions joined together into a federal state. Surprisingly, it is also home to the third largest immigrant community in the world. These facts are reflected in the astonishingly diverse array of different cities and regions that Germany is home to and the dynamicism that can be felt in many places across the country due not only to its size but the fact that it is Europe's crossroads. I discovered this first-hand during my week of 'Free Travel', perhaps the stand-out of my time in Germany.

Free Travel occurs about half-way through the exchange program and consists of us being allowed to travel around all over Germany in small groups, as long as our host families and group leader know in which cities we were going to be in on which days and that we remain contactable. Over the course of the 5 days of Free Travel we cut a huge arc across Germany from Dortmund in the west to Hamburg in the north, Dresden in the east, Salzburg in Austria near the south-eastern German border and then finally to the solemn Dachau Concentration Camp and the Bavarian capital Munich, home to BMW and Oktoberfest, in the far south. The whole time it was below freezing with snow and ice a constant companion. It was a fantastic experience exploring the cities as a group, traveling around in a group, having to organize over the phone *in German* our travel and sleeping plans, and just generally being independent and self-reliant. Though we only got glimpses of each city we visited as we raced through, our pattern being to sleep overnight in the city, spend the daylight hours exploring it, and then catching the train to the next to repeat the pattern over, we still got a feel for each individual city. And individual they were. Hamburg was surprisingly a real gem, a very smart, handsome and suave port city, with an international outlook and some very deep metro stations. Dresden was very left-of-centre in its atmosphere with some surprisingly stunning Rococo architecture along its river front and in the city centre. It had a strong eastern European feel with hordes of Russian tourists and lots of



old East German commie blocks too outside the city centre. In Salzburg we went on the Sound of Music Tour which was surprisingly fun and we got to get out into the snow-covered Austrian Alps. They were spectacular. In Salzburg we also discovered first-hand the wonders of 'Glatteis', or black ice in English. Essentially, it's a layer of very thin ice on the road or footpath which, especially late at night after an 8 hour train ride from Dresden, can be very difficult to discern. Dealing with the unbelievably slippery nature of black ice late at night can also be made somewhat more difficult when you each have about 20 kilos of stuff on your back...and, in the case of the girls in our group, are dressed stylishly and sophisticatedly (again) in high heel boots (stylish *and* practical, they claimed)...well, we made it, eventually. The Dachau concentration camp north of Munich was an extremely solemn affair, but was also uplifting in the fact that the camp serves now as reminder and memorial to all the victims of Nazi persecution. Finally, in Munich I essentially spent all my time either in the BMW World, BMW Museum, and being taken on a BMW factory tour. Other stand-outs included experiencing a white Christmas, the final week in Berlin (which included a reception at the New Zealand Embassy), living and experiencing a normal life as a teenager in Germany with my host family, and the music concerts and performances I was involved in and attended whilst in Germany. Christmas in Germany was made all the more special as over the course of the 3 day celebrations I was able to meet my lovely host family's wider family and pile on a huge amount of weight due to the uncontrolled consumption of very hearty German Christmas food.

Before wrapping up, I just wanted to go over quickly the nature and features of this particular exchange program that enabled me to go on exchange to Germany. The exchange is conducted and organized by SAGSE (Society for Australian-German Student Exchange) and GASS (German Australian Student Society). The whole

program is offered *only* for those in Australia and New Zealand wishing to make a student exchange in Germany (and vice-versa for those in Germany interested in making a student exchange in Australia or New Zealand). Through the ongoing sponsorship of the program by a number of German and Australian companies, they are able to offer 10 scholarships to students in Year 11 in NSW, as well as 22 others to those in Victoria, Western Australia and New Zealand. The sponsor pays for the flight to and from Germany as well as the Berlin Camp held in the final week. My sponsor was A Hartrodt Logistics, to whom I'm deeply indebted. The program SAGSE and GASS offer is unique in a number of ways. Firstly, you travel across to Germany with 31 other scholarship winners, and together you're known as 'Stipis'. You get to meet up regularly either at the camps or during a 'regional day' (organized by the German partner organization GDANSA) with your fellow Stipis and speak some English and compare experiences. It also means that by the end of the exchange you've gotten to know everyone in the group and have made some good friends. It's fantastic, as you find yourself in Germany in a large group of friends just having an excellent time. Secondly, 'GASS' itself is actually a society run and made up exclusively of former scholarship winners for this exchange program. When you arrive back you're automatically made a member of GASS and you're encouraged to get involved, either by becoming an active member of the organization, or by attending the camps held for the German 'Stipis' whilst they're partaking in their exchange in Australia over our winter. There are only two things required to win the scholarship: a keen interest in Germany, German and everything German (including a basic grasp of the language), and an open mind, decent school marks and a respectable level of school involvement. You're also able to host a German exchange student over our winter, and GASS is at the moment advertising for host families in Australia. If you're interested, check out the SAGSE website.

To re-iterate, this exchange provided me with some of the most memorable weeks of my life, and the chance to really grow and mature as a person.

Andre Brokman, 12M



The Final Tour meeting was held last Tuesday with both students and parents in attendance. Itineraries and tickets were handed out and final details and information about the tour given by Jackie Male (tour co-ordinator). Students NEED to be practising their tour music at least 45mins a day and it is crucial now more than ever as the tour is nearing. Please remind your sons and encourage them so that they are up to the high performance level expected of them overseas. If you have further queries, please contact either the music staff at: music@sydneyboys-h.schools.nsw.edu.au or Angus Travel Agency.

Rehearsal schedule for touring ensembles this term are as follows:

Thursday: Concert band (Rm201) **Friday:** Marching Band (MPW)

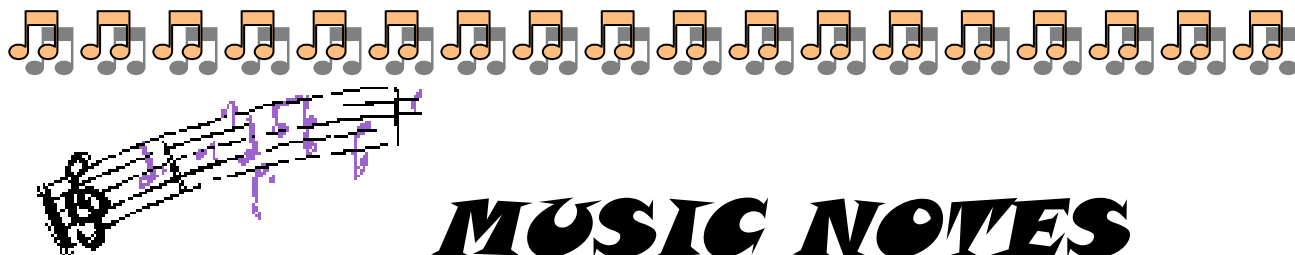
Tour Stage Band

The Tour Stage Band will perform at the **SBHS Big Night Out** function on **Saturday the 20th March at 7pm** in the Great Hall. This will be a fabulous performance as they play the repertoire they have prepared for the France Tour. Tickets are on sale now at the Main office for \$15 (or \$20 on the night), get in early to ensure a ticket!

Thank you very much to all the parents and students who helped out with the Music Parking last Saturday evening. It was a huge turnout with much funds raised towards the Music Tour.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7.45am	Intermediate Concert Band Room 201	Chamber Choir Room 201	Chamber Choir Room 202 From Term 2, Wk 3	Senior Concert Band Room 201 From Term 2, Wk 3	Symphony Orchestra Room 201 From Term 2, Wk 3
	Junior String Ensemble Room 207	Junior Jazz Ensemble Room 101	Senior Stage Band Room 201 From Term 2, Wk 3		Guitar Ensemble Room 101
	Junior Percussion Ensemble Room 101		Junior Stage Band Room 101		Tour String Ensemble (7:30-8:30am)
	Training Concert Band Rm 102 Term 2, 3, 4		Philharmonic Orchestra Room 207		Tour Marching Band - Term 1 MPW 8.00 - 9:00am
Afternoon rehearsals (3.30-4.30pm)		Marching Band Term 4 Basketball Courts			

not attending the Music Tour. All other ensembles will run as timetabled above.



MUSIC NOTES

Dear Parents,

My name is Eamon Dilworth and I'd like to invite you to an upcoming performance by my band **The Dilworths**. It is not often we get to play a gig that is open to my students. This gig is open for all ages.

In December 2009 my band **The Dilworths** released their debut album on *Jazzgroove Records* with a sell out gig at Sydney's The Basement. I would like to invite you and your child to this opportunity to see The Dilworths perform.

The details are as follows:

The Dilworths - Presented by *SIMA*

Date: 26th March, 2010

Venue: The Sound Lounge (Seymour Centre), Cnr of City Rd and Cleveland St Chippendale

Time: Two Sets 8:30pm and 10:00pm

Tickets -\$18/\$15/\$12 (Full/Concession/Member)

Here is the blurb from the website:

The Dilworths are the brainchild of emerging Sydney trumpeter/composer Eamon Dilworth and began as an improvisational vehicle for Eamon's compositions. They have since evolved into one of Australia's freshest young groups finding the perfect balance of modern jazz influences, from American and European traditions to the raw earthiness of their Australian roots. The band have just launched their debut album with special guest Judy Bailey performing a set of solo piano. Nominated for the 2009 European Jazz Awards, the group features three National Jazz Award Finalists and four are James Morrison Generations in Jazz Finalists, including one winner.

If you like your modern jazz creative, swinging and with attitude, check out the Dilworths' impressive debut CD. Wonderfully mature playing and exceptional compositions, this is an outstandingly talented group of young musicians who are already making waves and who we're going to be hearing a lot more from in the future.

Mike Nock, 2009

The talent-packed Dilworths are a band to watch out for; their appealing compositions and articulate performances cannot be ignored. John McBeath (Weekend Australian 2010)

Eamon Dilworth (trumpet)/**Karl Laskoski** (tenor saxophone)/**Hugh Barrett** (piano)/**Alex Boneham** (bass)/**Cameron Reid** (drums)

Please feel free to email me with any questions regarding the gig: www.eamondilworth.com / 0421 326 808

Thanks for your time, and I hope to see you all there.

Regards,
Eamon Dilworth



SBHSDEBATING

COMPETITIONS

THIS WEEK:

SBHS v SGHS (Eastside)
At Sydney Girls

SBHS v Trinity (FED)
At Trinity

Please note, both of these debates are away! We do not have another home debate until the start of Term 2.

Next week's debates are EASTSIDE ONLY

Coaching concludes next week for Term 1 – there is no coaching in week 10

A note to parents

For Home Debates it is our responsibility to provide a light supper for both our boys and the guests visiting the school. In previous years SBHS has had a reputation for providing fantastic suppers which is a credit to the parents of our debaters who have contributed to these suppers in the past.

This year, however, I have noticed a strong decline in boys bringing a plate of food to share for these suppers.

This is very disappointing and means that our boys go hungry and reflects poorly on the school.

**So – IF YOUR SON IS DEBATING, CHAIRING OR TIMEKEEPING a HOME DEBATE
YOU MUST PROVIDE A PLATE OF FOOD TO SHARE**

If you are able to attend on the night to assist in the setting up and packing down of the supper then please do so (you can still watch your son debate)!

Debating Emails

Please email sbhsdebating@gmail.com
and use the subject line:

"Parent <your son's graduating year>"
For example 'Parent 2015' for year 7 parents.

For Yr 7 Boys please email me
with the subject line: " Student 2015"

More information can be found at www.sydneyhigh.org.au/debating and will be emailed to you on a weekly basis.

Please CHECK YOUR EMAIL regularly and ensure we have current contact details for both students and parents. [PARENTS: If you are not receiving weekly emails about debating please email us at \[sbhsdebating@gmail.com\]\(mailto:sbhsdebating@gmail.com\) and ask to be added to the parent group for your child's year.](#)

shootin' hoops

The weekly dose of court-side action

Edition 101



High VS Scots

High vs Scots 2009 Term 4 (Last time)

High vs Scots 2009 Term 4 (This time)

TEAM	RESULT	SCORE	TOP SCORER
1st	WIN	95-57	C.MOLLER 19
2nd	WIN	71-34	J.GARAY 26
3rd	WIN	36-12	TEAM EFFORT
4th	WIN	32-22	TEAM EFFORT
5th	WIN	45-29	B.CHEUNG 12
6th	WIN	27-8	J.HAJJ 8
7th	WIN	39-20	TEAM EFFORT
8th	LOSS	23-28	D.CHEN 8
16A	LOSS	26-27	J.ZHOU 11
16B	LOSS	21-33	NICK 12
16C	WIN	84-2	J.YANG 15
16D	WIN	36-15	E.LI 10
16E	WIN	40-8	B.CHAU 15
15A	LOSS	53-25	E.KELLY 7
15B	WIN	36-6	D.DUONG 13
15C	WIN	36-12	M.LAM 6
15D	WIN	54-28	D.CORDAS 18
15E	WIN	32-11	L.ZHANG
15F	WIN	39-6	E.HO 10
14A	LOSS	37-17	B.CHEN 8
14B	LOSS	11-15	B.TRUONG 4
14C	WIN	17-6	D.DUONG 8
14D	LOSS	23-30	J.NG 7
14E	DRAW IN OT!	28-28	J.HUO 23
14F	WIN	27-26	W.LANG 11

TEAM	RESULT	SCORE	TOP SCORER
1st	WIN	91-33!	E.NAAR 22!
2nd	WIN	71-21!	S.BISCEVIC 18!
3rd	WIN	42-26	V.VO 8
4th	WIN	40-16	TEAM EFFORT
5th	WIN	34-18	K.LU 10
6th	WIN	51-10	D.TRAN 16
7th	WIN	98-8!	B.WANG 23
8th	LOSS	32-29	TEAM EFFORT
16A	LOSS	34-33	MVP-J.ZHOU
16B	WIN	33-30	M.SONG 9
16C	WIN	42-12	J.PARK 17
16D	LOSS	23-17	M.NGAI 6
16E	WIN	83-7	B.CHAU
15A	LOSS	26-39	E.KELLY 9
15B	WIN	33-21	B.ANGELL 8
15C	WIN	63-13	J.C-LENDNUM 14
15D	WIN	26-11	J.CHUNG 7
15E	WIN	16-13	TEAM EFFORT
14A	LOSS	48-35	B.CHEN 10
14B	WIN	42-22	A.HE MVP
14C	LOSS	25-33	D.SUN 9
14D	WIN	45-26	J.NG 17
14E	WIN	34-16	A.BUI 19
13A	LOSS	43-30	A.SO 4
13B	LOSS	28-16	KEVIN 10
13C	LOSS	29-20	C.LEE 12
13D	LOSS	24-12	C.WANG 6
13E	WIN	12-11	MARTIN 6

Mr Hayman's Team of the Week: 14Bs

A 42-22 win is a lot better than an 11-15 loss in term 4. Well done to all team members who have been training hard with coach Andrew James.

By Mr Hayman

Performance Against Scots

The Opens were extremely unlucky not to come through with a clean sweep, with 8th Grade playing extremely well but losing narrowly 32-29, to a Scots 8th Grade team that was by far better than the Scots 7th Grade team, which lost by a massive margin to our formidable 7th Grade team, 98-8!!! First Grade was able to come through with another massive 91-33 win against Scots, having scored 1047 points this season and they are by far the best team this term. 2nds were certainly formidable, scoring 71 points against Scots, which was an unbelievable feat. Several other teams all had great games and victories against Scots. The 13Es even managed to pull through with a 12-11 win that had the massive crowd roaring as if it was the premiership for 1st Grade. Congratulations to them.

First Grade's Chance at the Premiership

First Grade is still in contention to win the AAGPS co-premiership if they can defeat 6th placed Grammar and if Newington lose to 3rd placed Joeys. It may seem difficult for Joeys to defeat Newington, but they can pull it off. Support High this week in their final week of their magnificent 2009/2010 season, which could end perfectly.

First Grade	Played	Won	Lost	For	Against	Points
Newington	13	12	1	958	514	25
High	13	11	2	1047	735	24
St. Joseph's	13	8	5	916	812	21
Kings	13	8	5	815	791	21
St. Ignatius'	13	5	8	746	856	18
Grammar	13	5	8	719	873	18
Scots	13	2	11	669	953	15
Shore	13	1	12	663	999	14

Basketball Dinner

Don't forget to pay for the Basketball Dinner, with seats running out fast! Don't miss out!

By David Li Wang

**~ Go High Basketball!
~ Play Hard, Play Smart and Play Together!
~ Don't forget to visit the Sydney High Basketball Website!
~ Brought to you by the editors, David Li Wang and Chris Chiam
~ Thank you to Mr Hayman for all his contributions to basketball and information**



Sydney Boys High Tennis Match Report for 13 March 2010

1st Grade	2nd Grade
High D1 (1&2) def TSC D1 6-4 6-2	High D1 (1&2) def TSC D1 7-5 6-3
TSC D2 def High D2 (3&4) 6-4 7-6	TSC D2 def High D2 (3&4) 6-2 6-4
TSC D3 def High D3 (5&6) 5-7 7-5 14-12	TSC D3 def High D3 (5&6) 6-4 6-4
High S1 (Arman Abdollahi) def TSC S1 6-2 6-2	TSC S1 def High S1 (Frank Zhang) 6-2 6-3
TSC S2 def High S2 (Pat Rynssardt) 6-1 6-3	High S2 (David Ghezelbash) tie TSC S2 6-1 6-0 2-0
TSC S3 def High S3 (Mohit Tugnait 6-4 6-2	TSC S3 def High S3 (Anton Brokman) 6-4 6-3
High S4 (Derek Trang) def TSC S4 2-6 6-4 6-3	TSC S4 def High S4 (Edward Qiu) 4-6 6-2 6-2
TSC S5 def High S5 (George Panas) 6-4 6-1	TSC S5 def High S5 (Frank Li) 6-4 3-6 6-1
High S6 (Lachlan Day) tie TSC S6 4-4 unfin	TSC S6 def High S6 (Thomas Nguyen) 7-5 6-3
Scots def High 5.5-3.5	Scots def High 7.5-1.5

1st Grade Report

This week High went into the tie against Scots with a lot of confidence taken from the previous week in which High defeated Shore. The day started off positively with the both No 1 and No 3 doubles taking the first set. **Arman Abdollahi** and **Patrick Rynsaardt** played with conviction to take the No 1 doubles in straight sets and put High ahead. Shortly after, No 2 doubles went down 9-7 in the second set tiebreaker and the match 6-4 7-6. The No 3 doubles turned out to be a very entertaining and close match with Scots taking the second set and forcing the match into a super-tie breaker. High were mightily unlucky to lose the match, after a see-sawing tiebreaker which saw match points aplenty for both sides and ended up going down 15-13. The singles saw **Arman** play some solid tennis from the baseline and dominate his opponent from the back. **Arman**, never looking out of control, took the match in straight sets. The highlight of the day came from **Derek Trang**. Derek played a tough first set in which he went down 6-2, however, never giving up, **Derek** changed his strategy and surprised his opponent with some clever shot making and took the second set. The third set was a war of attrition in which both players ground the points out bravely. **Derek** showed courage and skill under pressure to produce the goods and take out the third set and the match with a superb cross-court forehand winner on match point. High, unfortunately went down 5.5-3.5, but with improvements in the doubles and singles department, will be looking to get a win against traditional rivals Grammar, in the last fixture of the season.

Mohit Tugnait – 1st Grade Captain

2nd Grade Report

Last week, High faced a tough opponent in Scots. Second behind Kings, Scots were a premiership GPS team and High looked to get maximum points against a full strength Scots outfit. The day started off in uncannily similar fashion, with High winning one out of three doubles, with the doubles one pairing of **David Ghezelbash** and **Frank Zhang** comfortably dispatching their Scots counterparts in straight sets. High doubles three were unlucky to lose 4-6 4-6. A brilliant display of serving from both sides, the only two breaks of serve came from the High team in a close and technical game. In the end, it was volleying and lobbing that let that match down. However, High went into the singles with confidence as we had won four out of a possible six last week. What happened was a day of agonisingly close tennis. **Frank Zhang** was lucky to be downed by Scots' reigning 2nds MVP James Bishop, undefeated this season. A truly spectacular centre court match, all spectators agreed it was one of the most entertaining and exhilarating matches they'd seen. High singles six **Thomas Nguyen** fought hard in a game dominated by groundstrokes, and was unfortunate to go down in straight sets to a hard hitting opponent. High No 5 **Frank Li** was unlucky not to capitalise on a second set comeback, losing 6-1 in the third set. High No 4 **Edward Qiu** played an incredibly diverse game, one rally resulting in Eddie's three smashes returned and, running out of patience, eventually drop shotted and winning the point. Taking the first set 6-4, Eddie was unlucky not to take it out, losing the next two sets 6-2 6-2. Rain interrupted **Anton Brokman** and **David Ghezelbash's** matches, with Anton very unfortunate to go down when play resumed due to the terrible conditions.

Unfortunately, due to the rain delay, **David** had to settle for a draw in a match which could have easily swung in his favour. Overall, a highly disappointing day for High tennis, a result which sees us 5 points behind our main rivals Grammar. With the final showdown this week at **HIGH**, seconds will be looking to secure a win of more than 6 points to leapfrog Grammar in the standings.

Frank Li – 2nd Grade Captain

3rd Grade Report

"Deep down in the pit of every man's stomach is the fear that he is no longer invincible." – **Mohit Tugnait**

The expectations generated from last week's performance, nervous tension in the air, and the intimidation brought upon through Scot's warm up sequence set the tone for what was to be an arduous task. Against an opponent's strength based game, **Justin** utilised a variety of angled shots, volleys and drop shots, along with a never say die attitude which kept him in the match, but after both players suffered detrimental falls, and heroically battled on, he lost on the brink of his opponent retiring, 3-6. **Paul** faced a polished opponent and whilst his opponent succeeded in painting the lines with hard, fast shots, Paul remained composed and fought his way to a tiebreaker. He, however, lost. **Ben** managed to attack his ex-second grade opponent's weaker second serve. Despite working his way into a tiebreaker, **Ben** also lost. **Boris**, hampered by a series of uncanny amount of unforced errors, was put on the back foot after dropping his serve. Looking past the intimidation brought upon by his opponent's second grade shirt and confident countenance, he managed to hit a series of passing shots and defeating his opponent's serve and volley game, 6-4. In a controlled manner, **Paul** and **Justin** were behind on the scoreboard, yet metaphorically in front for their match's entirety. Using the strong wind to produce a monumental amount of aces and winners at the net, they overcame their opponents and won 6-4. With the match in the balance, **Ben** and **Boris** bettered and beat their opponents in an epic, brilliant battle. Winning 6-4, the doubles specialists displayed the works of a formidable doubles team; Communication, Trust, and Strategy. The philosophy of teamwork showed that despite disparities in individual skill, opponents can always be overcome.

With 3rd grade managing to salvage a draw after falling behind against a strong Scot's team, the few points in all three losses which prevented victory haunt the team. Remembering that *"the greatest sweetener for the fruits of victory is the bitter taste of defeat"*, 3rd grade aims to produce satisfying results in the last game against Grammar.

Justin Chan – 3rd Grade Captain



GPS sports competition is very demanding on people and resources. At High we have ongoing needs for facilities development, equipment and development through expert coaching. If you would like to help through a tax deductible donation for a particular sport, the appropriate form can be posted to you by calling 9361 6910. Alternatively, you can go to our website www.sydneyboyshigh.com click on Sport /Sports Donations to download either *Development Donation Form* or *Equipment and Facility Donation Form*.



SYDNEY BOYS HIGH SCHOOL ROWING COMMITTEE

Results – Riverview Gold Cup

Our best results of the day came from our Year 8 crews with standout performances from –

- Year 8 1st Coxed Quad Scull – Brendan Guan, Rex Li, Ray Fang, Steve Comninos, (c) Joshua Lane finishing 3rd in a time of 5.48.06 to Kings and Joeys, beating Grammar.
- Year 8 2nd Coxed Quad Scull – Anthony Tran, Andrew Rong, Samuel Lin, James Wang, (c) Alfred Xing finishing 2nd to Joeys in their race in a very good time of 5.46.51.

The School 1st VIII and 2nd VIII, and the Year 10 1st VIII all performed credibly closing the margin on the other GPS schools each week.

Shore Regatta – Saturday 20 March

All crews are competing in this regatta at Hen & Chicken Bay and the draw is at www.rowingnsw.asn.au. This is the last regatta of the season for the junior crews and we wish them luck for some great races.

The barbecue at our sheds will be fired up and serving High burgers and bacon & egg rolls for all boys after racing.

2010 State Championship Regattas

- NSW Schoolboy Head of the River on Sunday 21st March at Sydney International Regatta Centre
- NSW Combined High School Championships Regatta on Monday 22nd and Tuesday 23rd March, again at SIRC.

We are pleased to announce the SHS Rowing Team for these events –

Year 12

Michael Ambrose, Andrew Blomberg, Vlad Boulavine, Dale Chen, Dominic Edgton, Alexander Lazarou, Jack Musgrove, James Whiting, Gareth Deacon, Max Kite, Hayden Schilling, Walter Santucci, Alan Low, Bach Trang, Pravin Radhakrishnan, Chun Wong, Ben Li, and Brian Jian.

Year 11

Ryan Caetano, Isaac Eveleigh, Timothy Gollan, Eric Ovadia, Jonah Petrie, Koren Fang, Ilya Bonch-Osmolovskiy, Declan Gorey, Leo Lu, Allen Liao, Sean Martin, Raymond Zhai, and Peter Tran.

Year 10

David Andrews, Max Jones, Ben Wilcox, Andreas Purcal, Tim Montanaro, Kah-Yang Wong, Hiram Yu, Julian Edgton, Cassidy Zhang, Shaun Pak, Andrew Fong, Shaun Fletcher, Mathew Chan, Sam Marques, Serag Saleh, Tony Chen, Michail Schwarz, and Raymond Hua.

Year 9

Hayden Rabone, Ashley Chan, Ronald Tran, James Wang, Edwin Li, Kin Pan, Dominic Tran, Junhee, Cho, Edward Luu, Alexander Pereira, Nelson Tang, and Andrew Bui.

Year 8

Steve Comninos, Ray Fang, Christopher Wang, Brendan Guan, Rex Yi, Anthony Tran, Andrew Rong, and Samuel Lin.



Upcoming Rowing Events

- **Rowing Assembly** – Friday 26th March, 11.30am. The GPS Head of the River crews will be formally introduced to the School assembly. Parents of these boys are invited to attend the assembly followed by a light lunch.
- **GPS Head of the River** - Saturday 27th March. Races start at 10.00am with the Year 10 Eights, our School Fours race from 10.40am until 11.20am, and the School Eights race at 11.35 and 11.50 am. It is all over by 12 noon. This is the big day on the GPS school calendar and is quite a spectacle with all GPS schools attending. We have our own decorated marquee with the School Stage Band playing, so put on the blue and brown and come and cheer! All parents are invited back to the sheds for a presentation at approximately 3.00pm to thank everyone involved in the season – coaches, staff, committee, parents and the boys.
- **Sheds Clean Up** - Sunday 28th March 9am - 12pm. Rowing parents and the boys are responsible for leaving the Outterside Centre clean at the end of the rowing season. Simon Hoadley is asking all boys to turn up on Sunday morning to clean the boatshed and the weights room, and the committee is asking for parents to come and help clean the kitchen, the dormitory, the dining room and upstairs. We would appreciate everyone making the effort to help please.

Head of the River – Saturday 27 March 2010



Only one week until the Head of the River and we are looking forward to it. It is the day everyone works towards, a day filled with history and tradition, where all schools congregate with school pride. We are there too, with our Stage Band, High chants, colours and banners. If there is one day you should experience while at High it is the Head of the River!

Students need to collect their permission form and return it to the main office by Wednesday 24 March. Cost is \$15 including travel by bus to Penrith – Sydney International Regatta Centre. The buses leave the school at 8:00am and return to the school at 1:30pm. See you there.....

Mark Pavone SBHS - Sportsmaster

The 2010 SBHS Cricket Dinner

SBHS Cricket will celebrate the efforts and achievements of our boys as well as acknowledge staff, coaches and supporters at the SBHS Cricket dinner on Wednesday 31 March 2010.

Players are asked to take responsibility on a team-by-team basis for any end-of-season gifts to their team's coach.

The dinner will be held on
Wednesday 31st March
in the **Great Hall**
6pm for 6.30 pm

The cost of the dinner will be \$25 per adult and \$20 per student.

LAST DAY FOR PAYMENT AT THE MAIN OFFICE IS FRIDAY 19th MARCH. Tickets are limited.

Boys are to wear school uniform at the dinner.

Soft drinks provided. Parents may BYO wine/beer, if they wish.

Please detach the form below and hand it in with payment at the Main Office **before 19th March**

2010 CRICKET DINNER

Student Name: Year/Roll class

Cricket Team:

TOTAL Number of adults @ \$25 per adult = \$

TOTAL Number of students @ \$20 per student = \$

TOTAL \$ _____

Do you have any special dietary requirements? ☐ Vegetarian

Menu includes Vegetarian options & Halal chicken

☐ Other (Please state).....

☐ YES! I can help on the day eg setting up the hall or cleaning up after

Helper's name and contact details :.....

Email address:

Phone Number ::.....



SYDNEY BOYS HIGH CRICKET

www.sydneyboyscricket.info



CRICKET DINNER & PRESENTATION OF AWARDS – Wed.31st MARCH at 6.30pm – LAST DAYS FOR BOOKINGS

The Dinner Coordinator advised that the closing date for bookings is upon us now and if you have not yet purchased your ticket you only have today to arrange for a booking. To assist late comers there is a booking form on the Cricket Website that may assist you in achieving a booking. It is essential that we know in advance of numbers so that we can advise the caterer and this helps keep the costs at a minimum for families.

PARKING DUTY – Saturday 27th MARCH

The cricket section has an evening parking commitment on this date with the Waratahs in action at the SFS. Volunteers are required on the night. To achieve a good financial return for the section which will enhance future cricket projects. If you would like to assist contact our Parking Coordinator, Mrs. Julie Connolly

GROUP.1. TEAMS. (Two Day Fixture)

1st XI (Day 1) HIGH 0/11 (8) -V- SCOTS 9 decl./206 (94)

Wicket takers- Sivasara Sooriakumar 4/32 (16), Brian Kelly 3/27 (15), Avindu Vithanage 1/27 (14), Andy Liu 1/14 (8) & Oliver Meroni 0/21 (10).

A sound all round performance from the team through tight and economical bowling figures from all in High's attack. A match for the taking should High produce an overdue return to batting form from a talented line-up. Day 2 could provide some great cricket particularly in the closing hours dependent on High's performance with the bat.

2nd XI (Day 1) HIGH 4/60 -V- SCOTS 10/137

Wicket takers - Caspar Price 3/25 (9), Ashwin Ramesh 2/15 (8), Jesse Moffat 2/30 (7), Shejil Kumar 1/17 (9), Ryan McDonald 1/11 (5), Tom Connolly 0/9 (6) and Dileepan Pious 0/8 (5). Having bundled out Scots for 137, the High players got ahead of themselves and were talking up an outright win at the close of the innings. They were welcomed back to reality when at 3/16 the team was in real trouble again until Jesse Moffat displayed his talent and produced the basis of a platform, supported by the team captain Dileepan Pious (5), to chase down Scots total on Day 2

3rd XI (Day 1) HIGH 10/175 -V- SHORE 0/13 (4)

Run scorers – Ishman Bari (31), Hashan Subasinghe (25), Henry Sit (22) and Samir Kinger (22), Raghav Siddiquee (21). Team captain Iftiar Khan was disappointed with the final score believing it could have been significantly more runs scored but the opportunity was missed through very poor shot selections. A chance on day 2 to press for a result.

16A (Day 1) HIGH yet to bat - V- SCOTS 5/168 (51) Rain stopped play
Sachin Dhingra 3/42 (9), Dhruv Gupta 1/19 (7) and Amen Saksena 1/8 (3)

15A (Day 1) HIGH 10/115 -V- SCOTS 6/37

Run scorers - Safat Sufian (29), Agnish Nayak (19), Owen Duffy (14). Wicket takers – Anirudh Ramesh 2/7 (4), Visakan Thaylan 2/10 (6), Michael Liu 1/4 (2). After some lack-lustre batting in the middle order High put together a barely defendable score and after some sound advice went into the field and put it into practice. At 6/37 and needing 78 with 4 wkts in hand and providing our attack is controlled a well earned result could be in the making.

14A (Day 1) HIGH 10/130 -V- SCOTS 0/148

Run scorers – Lasith De Fonseka (66), Phillip Lam (11), Andrew Dao (9). Best bowling Lasith De Fonseka 0/10 (6), Sai Vimalanathan 0/14 (6) and George Farrugia 0/4 (2). With the opportunity for the batsmen to play themselves into form the opportunity was lost through some poor shot selections with High still getting to a defendable total. Scot's batted and

produced a "bolter" of a batting performance finishing Day 1 with no loss of wkts. An interesting Day 2 scenario, with both teams having to make decisions for a result that is acceptable.

GROUP 2 TEAMS (One Day Fixture)

6th XI **BYE - for Rd 12**

5th XI **SCOTS 7/132 - defeated - HIGH 3/131 (20) Loss by 3 wkts**

Run scorers Alex Koerber (49n.o), Michael Carr (29n.o), Oliver Pierce (18), Shimon Danziger (10). Wicket takers were Oliver Pierce 3 wkts, Joshua Tassell 2 wkts and Michael Carr 1 wkt.

4th XI **SHORE 1/242 - defeated - HIGH 10/155**

Wicket taker – Robert Ma the sole wkt of Shore's innings. Run scorers – Julian Ubaldi (45), Angud Chawla and Rafat Kamal

16B **HIGH 8/151 (20) - defeated - KINGS SCHOOL 10/57 (18)**

Run scorers - Shanaz Razeen (37n.o), Leon Li (28) and Derek Wei (22). Wicket takers – Shumit Hoque 5/15 (4), Derek Wei 2/9 (3), Jeremy Yao 2/9 (3), Lawrence Cai 1/12 (2)

16 C **HIGH - V - St.PATRICK'S Match abandoned due to rain.**

15B **ST.PATRICK'S 4/91 (20.1) - defeated - HIGH 9/90 (20)**

Run scorers - Subhash Quazi (21), Arjun Puneekar (11), Victor Ho (8). Wicket takers Ricky Chen 1/7, Victor Ho 1/19, Chris Mao 1/24

15C **ST PATRICK'S 10/99 - defeated - HIGH 10/41**

Wicket takers – Nevin Lazarus 3/10, Kevin Giang 3/20, Elbert Ly 1/18, Run scorers - Jason Hu (8), Mendel Liang (8)

14B **SCOTS 7/188 (32) - defeated - HIGH 10/39 (25)**

Wicket takers – Andrew Cao 3/33 (6), Jackson Huang 2/26 (6), Michael YU 1/10 (5). Run scorers - Aaron Wong (5), Michael Yu (4), Jackson Huang (4) and Andrew Cao (4)

14C **SCOTS 1/41 - defeated - HIGH 10/40**

Run scorers – Edric Wang (11), Allan Loi (2), Yu Peng Man (2). Sole wicket taker - was Jimmy Huang. Coach is over the moon on the best performance for the term by the team

13A **SCOTS 7/122 - defeated - HIGH 10/100**

Wicket takers – Raunak Sura 2/7 (5), Shreyas Pulapaka 2/11 (2), Kevin Ke 2/28 (5). Run scorers – Vishnu Avudainayagam (42) Niyazul Bari (17), Rick Saha (8). A phone call from an excited coach Bikram said he was having the best day of the season as High were at 2/85 in the 22nd over chasing Scot's. One hour later the coach was ready to jump from the Harbour Bridge as High were dismissed for 100, with 5 run-outs. Of course he was only joking, but it shows the emotions that the coaches go through with their players at games.

13B **HIGH 4/23 (12) - drew with - SCOTS 1/192 (30)**

Match washed out

Wicket taker - Anthony Taing 1/30 (4). Run scorer – James Lin (5). The match was washed out and although a win seemed improbable no one gave up that they could be competitive. Now there is belief in having a positive attitude towards a result. (Editor)

13C SCOTS 10/142 (29.3) - defeated - HIGH 9/87 (30) Loss by 1 wkt.

Wicket takers – Niyaz Mostafa 2/6 (3), Yilun Zhou 2/8 (3). Run scorers – Jimmy Zhou (19), Niyaz Mostafa (10) and Jason Lim in a 2 over blitz scored 23 runs. Coach Ritam was stoked with the best performance yet by the team and its ability to build a score as well as batting their overs out

END OF SEASON STATISTICS – For Monday 22nd March 2010.

*Saturday sees the end of the GPS season and competitions and all Statistics need to be submitted by **NO LATER than Monday evening 22nd March**. The statistics submitted are preferably on the simplified Statistical Return Form for standardization to complete this season as we will be changing to a different system of progressive statistics next season. If statistics are late it could prejudice a player's opportunity for an award, so I would ask all officials to treat this as a matter of urgency and care.*



Laurie Heil - MIC Cricket



High Tide

Sydney Boys High School Sailing

End of Season Updates

After a fantastic 2009-2010 season, Sailing is drawing to a close for this summer. Unlike other summer sports however sailing continues with competitions into Term 2. So whilst the season's normal racing has drawn to a close, we do have a number of events still ahead of us.



Fun day next Saturday 20th March (this is the final scheduled Sailing Saturday)

With a break in the serious stuff, we're having a sailing fun day this coming Saturday. Boys will first have some Teams Racing practice. The fun follows that. For sailing parents, if you had wanted to have a go, now is your chance!! You can sail with the boys, and if all goes well, there will be opportunities to 'race'. I suspect Mrs Collignon and Mr Moody might be out there too! Bring gear you can sail in, and a life-jacket too, if you have one. There will be a BBQ & picnic, so remember to bring something to nibble on.



High Tide

Sydney Boys High School Sailing

CHS regatta 6th-10th April (Mon-Sat) at Belmont, Lake Macquarie

A group of six boys, sailing three Pacers will take part in the CHS regatta over the first week of the Easter holidays. We hope once again to return the Coal Board Trophy to the SBHS trophy cabinet, as is the SBHS tradition. Thank you to the parents organizing this year's trip, in particular Geoff Waring (Jens's dad and committee Treasurer) who has taken the lead role in organising. Those of us with previous experience will provide all the backing we can. Best wishes for a successful campaign!

The students representing Sydney Boys High Sailing at this year's CHS are Ennes Mehmedbasic (Yr 10), Adam Ceh (Yr 10), Daniel Fang (Yr 8), Dexter Gordon (Yr 7), Connor Robinson (Yr 9) and Jens Waring (Yr 8).

NSW Schools Teams Racing, 7-9 May (Fri-Sun)

Our sailing Coach Adam South has advised that he will enter a squad (possibility two teams) from SBHS Sailing into this three-day event. The names of the selected squad will be announced shortly. For those who have not yet experienced Teams Racing, it's a quite different ball game from the usual racing with new rules and longer races; it brings the boys up against some strong competitors from schools throughout NSW.

Sailing Annual Dinner -- mid-May a date and venue will be confirmed via email shortly.

Sydney High School Sailing Association AGM last Saturday

The SHSSA AGM was held last Saturday morning, and thanks to those who participated. Among the Association's objectives for the year is strengthening the SBHS Sailing program (including some new equipment). There are many opportunities for the Sailing Committee and Sailing parents to co-work with the Association in achieving goals. One simple way is to become an SHSSA member (\$20/yr) -- as well as a small financial contribution; it gives access to renting school boats (subject to conditions).

Parking last Sunday A busy afternoon/evening that netted an exceptional result!

Thanks again to all who helped on the day: Selma & Ennes; Nick & David; Rupert & Daniel; Ian & Connor; Teng & Oliver; Steve; Jens; Allen & Riley; Sachiyo, Richard & Marcus.

Finally, we farewell our Yr 12 Sailing student Alexander Saunders and wish him the best of luck in the HSC this year.

The committee would like to thank both Alex and Steve Saunders (Alexander's Father) for all their support for Sailing over their time at SBHS.

Look forward to seeing you all on Saturday.

Richard James (Sailing Committee President) and Mrs Collignon MIC



Image: Alexander Saunders (Yr 12)

Sydney Boys High School
Annual Cross Country Carnival
Bat & Ball, Mount Steele

1.15 - 3.00 pm
Thursday 1st April 2010
Mr Prorellis, Mr Kesting

Student Information

Parents:	Your son will be dismissed earlier than usual on Thursday 1 st April 2010
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Program:	1.25 pm	17+ & OPENS	3 km	3 Loops
	1.40 pm	16 years	3 km	3 Loops
	1.55 pm	15 years	3 km	3 Loops
	2.10 pm	14 years	2 km	2 Loops
	2.20 pm	13 years	2 km	2 Loops
	2.30 pm	12 years	2 km	2 Loops

Directions:	<p>After the Athletics Carnival, students are to walk back to school. Students are to cross the road at lights only A BBQ lunch will be available for students to purchase prior to commencement of the Cross Country Carnival. It will be held outside the Gym. Stay in school grounds, then move over to the venue when the bell rings When your race is called go to the starting area whether you are running or not. Non runners will stay in the starting area until directed to move by the Marshals At the finish you will be given a place ticket If you are in the first 15 places you go to the first 15 table to have your position recorded, then proceed to your House Roll Table All runners to proceed with finish ticket to your House Roll Table Tell the teacher your name, roll class and finishing position After the race you will be dismissed by a teacher NON RUNNERS will have their attendance recorded at a separate table</p>
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Rules:	<p>Everyone attends You must run in shoes Stay on the course and follow directions from course marshals Spectators must stay within 20m of Cleveland St and are not permitted on the course Winning house determined by the lowest total of the first ten runners to finish To qualify for the Award scheme you must compete & finish Top ten runners will comprise the provisional school team to compete at the zone. Only the first 15 places will be timed Cross Country Champions will be selected from this event Any MIC ruling is final</p>
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Additional Info:	<p>The School Cross Country is the first qualifying event within the CHS Competition. The first 10 runners for each age division will make up the school team for the Eastern Suburbs Zone Carnival. The first 10 runners at the Zone Carnival will compete at the Sydney East Regional Carnival and the first 10 runners from Regional Carnival go on to the NSW All Schools Carnival.</p>
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<p>You are also invited to join the Sydney High GPS Cross Country Team. GPS Cross Country is a Winter Sport and three age divisions (U14, U16, Opens) compete on Saturday mornings. The season spans across terms 2 and 3 and involves 11 Saturday morning carnivals. All are welcome to join.</p>	
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Carnival Program & Rules – 2010
The School Carnival: E.S. Marks Field – Kensington
(Wednesday 31st March & Thursday 1st April)

Sydney Boys High School Athletics Carnival

PROGRAM OF EVENTS: Wednesday 31st March

TIME	TRACK EVENTS	TIME	FIELD EVENTS
8.15am	<u>1500m Finals</u> 13 yrs, 14 yrs, 15 yrs, 16 yrs & 17 + yrs		
8.55am	Roll Call	8.55am	Roll Call
9.00am	<u>100m Heats</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	9.00 am	17+ yrs Shot Put 16 yrs Long Jump 15 yrs Javelin 14 yrs Discus 13 yrs-no event 12 yrs High Jump
11.00am	<u>200 m Heats</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	10.00am	17+ yrs Long Jump 16 yrs Javelin 15 yrs Discus 14 yrs-no event 13 yrs High Jump 12 yrs Shot Put
1.00pm	<u>800 m Heats</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	11.00am	17+ yrs Javelin 16 yrs Discus 15 yrs-no event 14 yrs High Jump 13 yrs Shot Put 12 yrs Long Jump
2.00pm	<u>100m Semi-Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	12.00noon	17+ yrs Discus 16 yrs –no event 15 yrs High Jump 14 yrs Shot Put 13 yrs Long Jump 12 yrs –no event
2.30pm	<u>400m Heat/Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	1.00pm	17+ yrs –no event 16 yrs High Jump 15 yrs Shot Put 14 yrs Long Jump 11, 12 & 13 yrs Javelin
		2.00pm	17+ yrs High Jump 16 yrs Shot Put 15 yrs Long Jump 14 yrs Javelin 11, 12 & 13 yrs Discus

PROGRAM OF EVENTS: Thursday 1st April

TIME	TRACK EVENTS	TIME	FIELD EVENTS
8.55am	Roll Call	8.55am	Roll Call
9.00am	<u>Hurdles : Heat/Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	9.00 am	17+ yrs Triple Jump
10.00am	<u>200m Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	9.45am	16 yrs Triple Jump
10.30am	<u>Roll Class Shuttle Relays</u> (Time Permitting)	10.30am	15 yrs & under Triple Jump
11.00am	<u>100 m Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs		
11.30am	<u>House Relay Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs		
11.55am Presentation of House Shield to winning House Captain			
12.00 noon: Return to school for barbeque and X-Country			

ATHLETICS 2010 - Information for Athletes and their Parents

PLEASE NOTE THAT THE 3000M RACE STARTS AT 8.15AM

I would like to warmly welcome all athletes, new and old, and their families to the 2010 season.

Sydney Boys High School offers boys the opportunity to compete in the prestigious GPS Athletics competition. The GPS Athletic season is run in the last four weeks of Term 3. The season culminates in the AAGPS Athletics carnival held at Homebush. Here the nine GPS schools compete against each other in two different age divisions (senior and junior). Boys from each year group represent Sydney Boys in these divisions. They compete in front of nearly 10,000 spectators. The nature of GPS Athletic competition is team oriented with a points system designed to reward a good all round performance from a team rather than one strong individual performance. The coaching staff stresses the importance of this aspect of the competition.

Athletics at High welcomes all athletes regardless of ability and it is our aim to develop you as an athlete in your discipline. The strength of our team lies in the enthusiasm of all athletes challenging each other for a place to represent the school at the AAGPS Athletics Finals.

There are tremendous benefits to be gained from athletics training; these include physical, mental, social and educational rewards. I hope that you become involved in High Athletics and that it is a rewarding experience in all these ways.

Good luck in the up coming season.

G.P.S. Athletics

The Athletics season is short, but intense, and the boys involved always enjoy the experience. Boys (and parents) considering Athletics in 2010 should be aware of the following points....

- Athletics does not compete with Soccer and Rugby. Boys are encouraged to do Athletics and another Winter G.P.S. sport during the season
- Sprint training for Athletics is held after school on Mondays on Moore Park West and Tuesdays for longer distance training at the same location
- Athletics does not continue as a regular sport after the GPS Championships – 18th September
- Boys are expected to take responsibility for their own training outside these times
- High will host an Invitational carnival this year at ESMARK on Saturday 8th August.
- **If your son is competing in the 2010 season please make yourself available to help at this carnival**

The Student Award Scheme and Athletics

Athletes need to satisfy the following 5 criteria if they wish to get the student award scheme for athletics.

1. Athletes must complete **five** of the six holiday training sessions at ESMarks
2. Athletes need to compete in the **3** invitational carnivals
3. Athletes must complete **three** athletics training session per week for the 4 week season
4. Athletes must train every Monday or Tuesday in the five weeks up to the start of the GPS Athletics season
5. They must also complete **another** sport's training session or a weights session

This may seem a lot of training but in relation to winter or summer sports it is relatively light. Be commitment to the training so we can challenge our rivals

Aims of the Carnival

- Promote maximum student participation
- Promote fair competition between athletes and houses
- Promote a sense of pride in the achievements of fellow athletes and the school community.

Banned Items & Activities

- Normal school rules apply
- No footballs or Frisbees on the days of the carnival
- Do not take valuables to this event, as theft at the carnival is a common occurrence
- Athletes are not allowed to run in **bare feet**

House Rules & Events

- Athletes must run in a least **two track events** and participate in **one field event** to get a Student Award Scheme point.
- Athletes will go to their designated area on the days of the carnival for roll call (see attached map).
- Athletes will be seated in their designated area before and during roll call. Roll call teachers will not start roll call until everyone is seated.
- Roll call classes will sit in lines – year 7 closest to the track, moving in ascending order up to year 12 at the back of the stands.
- Athletes **must** come to the carnival in house colours or athletic singlets. All athletes must run in house colours. No house colours, no house point. **One point will be allocated for each student in house SHIRTS OR ATHLETIC SINGLETS.**
- House captains and vice-captains will be asked to organise their respective houses for formal events during the day.

Pointscore: Points will be awarded for the following places.....

1st – 10pts, 2nd - 8pts, 3rd - 6 pts, 4th - 4 pts, 5th - 2 pts, 6th and all finishers – 1 pts. **Double points for relays**

Age Champions: The athlete with the most points in any Age Group will be declared the Age Champion.

Champion House: The house with the most points will be declared the Champion House.

Age Groups: An athlete ceases to be under 14 on the 31st December of the year in which he reaches the age of 14 years.

School Team: The school athletics team to compete at the GPS and CHS competition will be selected on the basis of performances at the school carnival, training sessions and the GPS invitational carnivals.

Lane Draws: Will be determined by Marshals for all Heats and Heat Finals. Lane draws for Semi-Finals and Finals will be based on times and announced by the Recorders.

100m Heats/Semi/Finals: The fastest 16 competitors will contest the Semi-Finals. The Fastest 8 will progress to the finals. No points will be awarded for places in Heats or Semis – entry points only.

200m Heats/Finals: The fastest 8 will progress to the Finals. No points will be awarded for placing in the Heats.

1500m, 800m, 400m Heat/Finals: These will be conducted as Heat Finals. Where there is more than one heat, placing will be determined on times. Athletes are advised to run these races to the clock as Heat speed may vary.

Relays: House relays will be conducted as 4×100m. House captains and vice-captains are asked to organise the house relays well in advance of the scheduled start.

Lane draws will be:

Robert Devlin MIC Athletics



High Society

The Bulletin Board for Sydney Boys High P & C - Julie Connolly P&C President. If you would like to have any parent community news or upcoming events included in *High Society*, please contact Julie Connolly, jcandjc@bigpond.net.au; M: 0418 470 203.

We have three important parent sport sub-committee meetings coming up we urge interested parents to attend.

The committee meetings usually last for one hour. Mr Mark Pavone, Head Teacher Sport, will be in attendance.

Tennis Committee - 6.00pm Monday 22nd March in the Staff Common Room

This is an annual general meeting and will incorporate a review of the season that has ended on a high note!

Cricket Committee - 5.30pm Wednesday 24th March in the Staff Common Room

First meeting of the newly elected committee to outline areas of responsibility, followed by a review of the season.

Football Committee - 5.30pm Tuesday 30th March in the Staff Common Room

This is both the first meeting of the year in preparation for the season ahead and the annual general meeting.

BIG NIGHT OUT – 6.00PM, SATURDAY, 20TH MARCH

**We have sold over 200 so it should be a blast !!!!!!!
But luckily for you - Tickets are available at the Door.**

Food feast with entree, main course and dessert AND a night filled with entertainment.

Bring a picnic rug to enjoy the last of our evening twilights, or
pull up a chair and table in the Great Hall or on the grass.

Food and entertainment will be spread throughout the evening –
a night of colour, taste, sound and movement.

COME AND DANCE: to the Bhangara Indian Dance Group - think Bollywood
with style and flair; Chinese Lion Dance

COME AND HEAR: the repertoire of the Sydney Boys High French Tour Band, just before they depart
for the Somme; Jazz and Rock groups

COME AND TASTE: Food from India, Sri Lanka, China, Japan, Korea, Greece, Egypt, Italy, Thailand
Halal and vegetarian options; Licensed Bar and soft drinks for sale

COME AND PLAY: Silent Auction and Games with Gold Coin donation; Henna Tattoo Artist

Upcoming Parent Meetings & Events (details in High Notes)

Saturday 20th March, from 6.00pm – Sydney Boys High BIG NIGHT OUT, Great Hall and Courtyard

Monday 22nd March, 6.00pm - Tennis Committee Meeting, Staff Common Room

Wednesday 24th March, 5.30pm – Cricket Committee Meeting, Staff Common Room

Friday 26th March, 6.30pm – Basketball Dinner, Great Hall

Saturday 27th March – GPS Head of the River, Penrith

Monday 29th March, 6.00pm – Rugby Committee Meeting, Staff Common Room

Tuesday 30th March, 5.30pm - Football Committee Meeting, Staff Common Room

Wednesday 31st March, 6.00pm - Cricket Annual Dinner, Great Hall

SYDNEY BOYS HIGH STORE & CLOTHING POOL

AUTUMN \ WINTER PRICE LIST 2010

SCHOOL UNIFORM

BLAZERS: From: \$260.00

*Please arrange for boys to be fitted
as early as possible
(6-8 weeks delivery from order)*

PANTS: Trousers - Junior, Dark Grey w/w \$65.00
Trousers - Senior, Light Grey w/w \$65.00

SHORTS: Grey \$45.00

BELTS: Black Leather \$16.50

SHIRTS: Sky Blue & White, Short Sleeve Crested
Sizes 10 - 14 \$24.00
Sizes 16 - 22 \$26.00
Sizes 24 - 28 \$28.00

Sky Blue & White, Long Sleeve Crested
Sizes 10 - 14 \$26.00
Sizes 16 - 22 \$28.00
Sizes 24 - 28 \$30.00

BLUE WOOLLEN JUMPERS:
Up to Size 14 \$81.00
Size 16 - 22 \$85.00
Size 22 - 26 \$89.00

SOCKS:
Cotton Knee High \$12.50
Cotton Ankle Sock in S.H.S. Colc \$8.80

TIES: Junior \$24.00
Senior \$28.00
Prefect \$22.00
Old Boys \$27.50
G.P.S. Old Boy \$36.00
SRC \$24.00
CAPS: SHS Cap \$20.00
Beanie \$20.00

BAGS: Backpack \$72.00
Sports Bag \$66.00
Hav A Sak \$30.00

MATHS: Grid Book 96 page \$2.20
Calculator \$33.00
Protractor \$0.55
Compass \$1.55

MUSIC: Music Book \$2.20

ART: Artist Paints \$22.00
Canvas 18" x 24" \$22.00
Visual Art Diary A4 \$6.60
Visual Art Diary A3 \$11.00

DESIGN & TECHNOLOGY:
D.T. Apron \$9.90

UMBRELLAS:
Folding \$16.50
Golf \$33.00

SPORTS UNIFORM

P.E./HOUSE SPORT:
Polo (house colours) \$22.00

NEW Microfibre Short
Black Baggy with S.H.S. print \$27.50
Sport Socks \$8.80

TRACKSUITS: (sold as separates)
Microfibre track jacket \$88.00
Microfibre track pant \$44.00

ATHLETICS:
Singlet \$38.50
Short \$38.50
HIGH Training Top NEW \$49.50
Socks white with S.H.S. colour \$8.80

SOCCER:
Jersey Sky & Choc. Stripe NEW \$49.50
Short matching design \$38.50
Socks \$14.00

RUGBY:
Jersey up to Size 12 \$75.00
Size 14 - 22 \$80.00
Size 24 - 28 \$85.00
Shorts (black rugby) \$30.00
Socks \$14.00
Scarves knitted in S.H.S. colours \$33.00

VOLLEYBALL
Top with zip \$44.00
Black Baggy with SHS print \$27.50
Socks with S.H.S. Colours \$8.80

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Learn how to use the breath to relieve stress and enhance all aspects of well being. Learn practical tools to manage the mind and emotions.

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- Increased clarity of mind and emotional stability
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Programs are offered regularly in various areas around Sydney. Tools used Art of Living Courses include yoga, meditation, breathing exercises, games and interactive processes.

For more information, visit www.artofliving.org.au
or phone 0430 175 535



March/May 2010

19-03-2010

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9 A	22 Swimming: Sydney East Championships, Homebush, 8:00am-2:30pm Motivational Media in the Great Hall, all day Basketball: GPS Representative Team Trials, Riverview Bellbird Book Display, Common Room 12-2pm Rowing: CHS Championships, SIRC Tennis Committee Meeting, Common Room 6:00pm	23 *** Rowing: CHS Championships, SIRC Tennis: NSW All Schools (Pizzey Cup) Volleyball: CHS KO Finals, Bomaderry Football: CHS Open KO v Alexandria Park, P3-6 Year 10 Filmmaking Excursion, Hoyts EQ 10-12 Information evening re English Extension 1 and Extension 2 for Year 12	24 Change to Winter Sport (Years 10-12) Summer Sport Reports to be submitted to Record Committee Basketball: GPS Training and Team Dinner Tennis: NSW All Schools (Pizzey Cup) Volleyball: CHS KO Finals, Bomaderry Cricket Committee Meeting, Common Room 5:30pm	25 *** Change to Winter Sport (Years 7-9) Geography competition, Great Hall, periods 1-4 Summer Sport Reports to be submitted to Record Committee Theatre Sports Evening, Great Hall, 6pm Tennis: CAS v GPS, Homebush Volleyball: CHS KO Finals, Bomaderry Junior Rowing Photos,	26 Rowing Assembly, Great Hall, 11:30am Basketball: CIS Finals Tournament Basketball: Dinner, Great Hall, 6:30pm Debating: Eastside SCEGGS v SHS Parking: Wests Tigers v Parramatta Eels (Music)	27 Rowing: GPS Head of the River, SIRC Parking - Waratahs v Blues (Cricket)	28 Swimming: CHS Champs, Homebush Duke of Edinburgh Walk
10 B	29 Attendance and Progress Review (all Years) Rowing: Seat Racing for GPS selection, SIRC Swimming: CHS Championships, Homebush Year 11 and 12 Red Cross Blood Drive Duke of Edinburgh Walk ENCORE Concert, SOH, 7:00pm	30 *** Music Tour Rehearsal, Great Hall, all day Basketball: CAS v GPS (6pm, 7:30pm) Cricket: Davidson Shield Final series Football Committee Meeting, Common Room 5:30pm Ski Committee Meeting, Room 104 6pm Swimming: CHS Championships, Homebush Swimming: GPS Team	31 Athletics: School Carnival, ES Marks (all day) Cricket: Davidson Shield Final series Water Polo: CHS KO Final series Basketball: ISA v GPS (6pm, 7:30pm) Rugby: Committee Meeting, Staff Common Room, 6pm Cricket: Dinner, Great Hall, 6.30pm	1 LAST DAY TERM 1 Athletics: School Carnival, ES Marks (am) Cross Country: School Carnival, Mount Steele (pm) Water Polo: CHS KO Final series	2 Good Friday - Public Holiday Parking: Sydney Roosters v Brisbane Broncos (Debating)	3 Parking - Waratahs v Cheetahs (Rugby)	4 Easter Sunday Daylight Saving ends
1 A	19 Staff Development Day Year 12 Assessment Exams Music Tour	20 School resumes Years 7-11 Year 12 Assessment Exams Foundation Meeting, Board Room, 6:30pm Football: Coaches meeting, Room 203, 6:30pm Music Tour	21 Year 12 Assessment Exams Hockey: Sydney East Trials Music Tour	22 Year 12 Assessment Exams Music Tour	23 Year 12 Assessment Exams Anzac Day ceremony, 11:00 am Music Tour	24 Parking - Swans v West Coast (Rugby)	25 *** Anzac Day Music Tour participating in
2 B	26 Anzac Day - Public Holiday	27 Year 12 Assessment Exams Year 9 Half Yearly Exams Year 8 Geography / History Excursion Music Tour	28 Year 12 Assessment Exams Year 9 Half Yearly Exams Year 8 Science Excursion, Long Reef Music Tour returns Swimming: CIS Carnival, Homebush Rugby: Committee Meeting, Staff Common Room, 6pm	29 Year 9 Half Yearly Exams Swimming: CIS Carnival, Homebush	30 Year 9 Half Yearly Exams Basketball: CIS Trials Debating: Eastside Semi-final, Reddam FED: SHS v NC	1 Rugby: SHS v Scots Bathurst Cross Country: CS/SAC Invitation, Sydney Park, 10am Fencing: School Championships Parking - Swans v Brisbane Lions	2 Football: GPS Trials for CIS selection, Riverview