

## From the Principal High Talent



Congratulations to the first and second grade tennis teams who both had wins against Shore on Saturday. The boys in first grade did very well as a team to take two doubles matches, then Arman Abdollahi (Year 11) inspired them with a tough win against an experienced opponent. Patrick Rynsaardt and Frank Zhang (Year 9) went on to seal the first GPS win in three seasons.

## Big Night Out

A delicious multicultural menu is being prepared for this gathering of the School Family. The entertainment is ready. Many people are working very hard to make this event a success. All we need now is your support!

## The Great Hall Kitchen



We have taken possession of a major new asset for our school in the form of the Great Hall Kitchen. It has the very latest in commercial appliances. It is capable of cooking and serving meals for 200. As well as National Schools Pride funding of \$200,000, the Sydney High School Foundation released \$30,000 of the Raymond Casey Bequest to top up the grant. The total cost of the project ex-GST was \$232,000. The commercial kitchen will require considerable management to preserve it. Training in the 22 appliances was provided by the kitchen consultant. Certain major pieces of equipment are reserved for the use of qualified catering staff. Laminated directions for using the equipment will be posted in the facility shortly. Members of the School Family booking in and using the kitchen are requested to follow all instructions and respect the restrictions imposed. Above all else the asset needs to be kept clean and devoid of goods, equipment or food left over after events in the Great Hall.

Preliminary discussions with interested parties have revealed that the possibility of leasing the facility to a professional caterer is quite viable. That would mean that all school

functions to be held in the Great Hall would use the school caterer. Given the budget constraints of celebration dinners for students, a prospective caterer would have to be prepared to supply decent meals for 200 at around \$25 per head. If you have any feedback about the proposal please email or call.

## Early morning bus behaviour



It was encouraging to receive another positive comment about bus behaviour on the early morning service from Central. It seems the popularity of the service has meant there is a spill over into normal bus schedules on some occasions. A commuter from UNSW was very impressed with the demeanour of our students, especially in them thanking the driver when alighting at their destination.

## High Junior School -Literacy Enhancement Program

Last year we ran a program to develop the literacy skills of a group of Year 7 students. This was the first stage of a three year plan to make a difference in literacy by the time of the NAPLAN tests in Year 9. After evaluation, it was found that a number of targeted students no longer needed assistance with their literacy development while others not in the targeted group did. A reselected Year 8 group will continue to be supported by the Literacy Team. I know that parents of students chosen to have the school's assistance in this program will encourage and support their sons to grasp this improvement opportunity.

Dr K A Jaggard

## World's Greatest Shave

On Monday 15th March, many students and staff will be shaving their heads for the Leukaemia Foundation and lymphoma research. If you would like to donate to this worthy cause you can do so at [www.worldsgreatestshave.com](http://www.worldsgreatestshave.com) and looking up the team "Sydney High".

# SRC Events:

## Developing skills in leadership

### *A new SRC for 2010*

Each year the student body of Sydney Boys High School are given the opportunity to apply for an important leadership position on the school Student Representative Council. Applications involve students vowing that they will commit to the position and work hard throughout the year to represent their peers. Names of applicants from each year are submitted to an online voting site on the SBHS SRC website. Voting is preferential and not compulsory. As a result, six students are elected from each year to represent their peer/year group. These students are required to join committees on the council and attend regular Friday lunchtime meetings. If students fulfil their role satisfactorily with the committees they are part of throughout the year, they are honoured with a badge and may purchase an SRC tie.

In Term 4 2009, the SRC elected an executive (President, Vice President and Secretary) to run the meetings and give direction in 2010. The students elected online in Term 1 as committee members from Years 7-12 have recently been announced at the Junior and Senior Assemblies and printed by Dr Jaggar in the High Notes.

For a second year, the SRC together with the leaders of the Community Service committee will be part of a training day at the Outterside centre March 19<sup>th</sup> lead by a group named *Rising Generations*. A thank-you to Mr Walker (Head of Welfare), Mr Coan (Leadership Co-ordinator), Mr Cipolla (Careers Advisor) and Ms Kaye (Community Service facilitator) for helping me make this day possible for the boys.

The SRC gives students the opportunity to learn about group work, running meetings, working on committees, responsibility, commitment and leadership. SRC members get the opportunity to go to regional and state SRC meetings as well as a range of leadership development and motivational seminars. It is a council voted in by the students, run by the students for the students of Sydney Boys High. Mrs Collignon, Teacher facilitator, works alongside the SRC to help with elections, excursions, meetings and getting ideas off the ground.

Watch this space for more on the SRC's activities throughout the year. Best of luck, boys!!  
**Mrs Collignon.**

### REGIONAL MEETING REPORT TERM 1

The first regional SRC meeting of 2010 was hosted by Randwick Girls High on the 4<sup>th</sup> of March. It was the perfect start to the year with a variety of discussions, quality food and a great workshop kindly set up by Family Planning NSW. The main issue raised was discrimination of any kind in schools and how to raise awareness and tackle any such issues.

We were privileged enough to hear from two brave, same-sex attracted individuals who had suffered much discrimination and injustice during their high school years. Their stories were truly touching and gave students a new insight into tackling homophobia. They very much wished that their message be spread.

**Vice President 2010 Isnad Zaman (11)**

## LINGUA LATINA...

### NEWS FROM LATIN

#### *Salvete omnes!*

On Tuesday, 9<sup>th</sup> March, 42 students of Latin sat the NATIONAL LATIN EXAM, an annual international exam organised by Mary Washington College, Virginia State University, U.S.A. Last year, 110 countries participated in this prestigious examination. Last year was also the first time Sydney Boys High participated, and the results - several gold and silver medals and two scholarship offers - were outstanding.

Best wishes for good results to all who took part this year!

Each year, a special prize, the Barton Scholarship, is awarded to students who have achieved excellent results in Classics (Latin and/or Classical Greek) in the Higher School Certificate, and then continue with the study of Latin or Greek at University.

Two of our students, who gained 4<sup>th</sup> and 5<sup>th</sup> places in the State in the Higher School Certificate for Classical Greek last year, are currently studying Latin and Greek at Sydney University.

This is the type of student the award is aimed at.

Any student who is currently studying Latin or Greek at Senior level, and is considering continuing with the Classical Languages at University, may see Ms Matsos if they wish to learn more about this award.

**Ms Matsos, Latin**

**FROM THE TWO LIBRARIES  
ANDREWS LIBRARY  
NEW FICTION REVIEWED – BY YEAR 9**



**Eagle Day Book Review**

Robert Muchamore, well known for his series, *Cherub*, is now into his 3<sup>rd</sup> novel of a new series called *Henderson's Boys*. *Eagle Day* is the second novel of this series. *Secret Army* is scheduled to come out in 2010. Muchamore used children as spies as he thinks this is the best disguise.

*Eagle Day*, is set in France where Hitler is planning to invade Britain.

There are some thrilling aspects to the novel which will you keep reading. Muchamore unfortunately, includes excessive detail of daily life on a farm which slows down the pace of the book in the middle but as we get to the end including the climax, the last 100 pages include tense, exhilarating scenes of the children's' preparation of bombs and explosives to direct the British air raiders (RAF) where to bomb.

Importantly there are some very interesting themes in the book which raise it above the average fun, action packed novels. First of all, survival and belonging are key themes as they are trying to fit in with the countryside society and their lives are at stake as well as the British population. Furthermore, trust is an important sub text as they don't know each other and must develop trust for them to carry out their plan.

Muchamore makes his use of child heroes realistic by making the children foolish and immature in the beginning but mature at the end of the book through facing hazards and death. The children experience difficulties such as Marc having to work as a translator at the age of 13, Paul coming in contact with Germans, Rosie killing someone and PT being sentenced to death and punished along with Marc.

At the climax the children have to try to protect themselves when they've never held a gun or killed anyone. This climax and suspense is the really positive aspect of the book and it's such a shame that the middle of the book takes a long time to develop or else it would be an excellent fast paced book which would surely get many readers to read this book.

I really liked the beginning and ending of the book as it was filled with a lot of exhilarating scenes as well as

including interesting themes. The middle didn't fit in with the other Robert Muchamore books where the whole novel was filled with thrilling scenes. Nevertheless, I would rate *Eagle Day* 9 out of 10. There are some deaths in this book and I would probably recommend it to children over 12. However, Muchamore's writing lures us in with emotions and thrill as he creates atmosphere such as fear and tension. This really gets pages turning. Safat Sufian Year 9

**PORTALS AND YEAR 7**

In the last couple of weeks all Year 7 classes have had a couple of library orientation lessons. Boys were all asked to show their parents their Portal. If your son forgot or assumed you would not be interested it might be very useful to you to have a look at his Portal. Information parents can find useful are:

The dates of your son's absences, contact details (check that the school has your email address not his and keep your home address and your phone numbers up to date), your son's daily subject timetable, up to date Saturday sport information, your son's library loans, an up to date Library catalogue to assist him to find resources to help with homework, your son's print account and, finally, online past Science and Maths papers to help him study for semester exams.

**NEW SENIOR FICTION** *The Eagle has Flown*, Jack Higgins; *The Chamber*, John Grisham; *The Giant's Shadow*, Thomas Bontly; *Wolves Eat Dogs*, Martin Cruz Smith

**DONATIONS**

**Much appreciated visit from Old Boy/Author  
Greg Babic**

Thanks to Old Boy/author Greg Babic who came in person to present two recently published novels to our Library. They are: *The Profile* a novel aimed at mid school readers and *The Last Loose End*, an adult "thriller". We look forward to reviewing them in a future High Notes.

Thanks to Mrs Cathy Meaney mother of Jackson (2009) for her thoughtfulness in donating three lovely books to the library – *No place like home*, Mary Higgins Clark; *Matthew Flinders Cat*, Bryce Courtenay, *Heritage*, Judy Nunn.

House cleanup donations are very welcome as many adult books suit our Senior Students. (We have tightened up our publication date limit to 10 years). Please keep those donations coming!

**Veronica Crothers**



## Youngbloods Red Cross Ambassadors



On Thursday, 25 February 2010, SBHS Community Service Committee Shadow Executives Andrew Gaffney and Yale Wong attended the Youth Ambassador

Training Day at the Red Cross headquarters at Clarence Street. The exciting day of lectures, seminars, free food and tours allowed us to take up invaluable information regarding the importance of blood donations in the Australian community.

Did you know that one single donation of 470mL (which takes only 24 hours for the human body to replenish) will help to save three lives? Or that one in three Australians will require blood transfusions during the course of their lifetime; yet only 1 in 30 Australians actually give blood.

That's why the Red Cross is calling for your help to be an unsung hero. Each donor will also be given a free health assessment and told their blood type.



The SBHS Community Service Committee is working swiftly to organise a blood drive with Sydney Girls High to be held on **Monday 29 March 2010 (Term 1 Week 10)**. Participants must be over 16 years of age and over 50kg. Keep an ear out for more information closer to the date!

**Yale Wong**

### DISCLAIMER

Products and services advertised in *High Notes* are not necessarily recommended or endorsed by Sydney Boys High School.

## Theatresports Evening



This term in Drama students have been learning many skills in the art of *Improvisation, Characterisation, Playbuilding and Physical Theatre*.

They have learnt the fundamentals of **THEATRESPORTS**, a form of improvised games, performed in teams, which uses the format of a competition for dramatic effect.

Participation in *Theatresports* develops confidence, lateral thinking, storytelling, self expression, teamwork and communication skills. To complete this unit we will be hosting our Second Annual Theatresports Evening.

**When: Thursday 25 March 2010**

**5:30pm - 7:30pm**

**Where: Drama Studio (Room 204)**

This promises to be an exciting theatrical experience with scenes presented from the Year 9 and 10 Drama classes.

The two top performing teams on the night (one from each Year group) will represent SBHS at the sixth annual Theatresports® Schools Challenge (TSC) and take part in heats with other schools from across NSW. *The TSC takes place in term two of 2010 (19th April – 2nd July).*

Winning schools will progress to take part in the qualifying finals in June and the top teams in each division will go into a Grand Final at the Enmore Theatre in late June.

Your support and attendance at the Theatresports Evening is greatly appreciated.

If you have any further questions please contact me at the school on 93616910.

Thank you, **Jennie Rohr (Drama Department)**

## OLD obsolete TV/video and DVDs Upgrading to a



plasma home cinema? The Art Department are on the lookout for two TVs and video and DVD players to keep playing our existing video/DVD

collection. If you are about to throw away this equipment we may be able to assist with the disposal.

Thank You

**Art Dept.**



## Music Tour Meeting

There will be a **FINAL** Tour meeting scheduled on **Tuesday the 16th of March**.

This is **COMPULSORY** for **ALL parents and students**. Please make ensure you have this date booked in as Jackie Male will be present to answer any questions, discuss final arrangements for the tour and distribute tour name tags to students.

## Music Tour 2010 to France and Flanders

Rehearsal schedule for touring ensembles this term are as follows:

**Monday:** Concert Band (Rm201)                      **Wednesday:** Stage Band (Rm201)  
String Ensemble (Rm202)                                      String Ensemble (Rm202)

**Thursday:** Concert band (Rm201)                      **Friday:** Marching Band (MPW)

**ALL** members are expected to be at **EVERY** rehearsal, you must notify the Music Staff if you are unable to attend any rehearsal.

## Tour Stage Band

The Tour Stage Band will perform at the **SBHS Big Night Out function on Saturday the 20th March at 7pm** in the Great Hall. This will be a fabulous performance as they play the repertoire they have prepared for the France Tour. Tickets are on sale now at the Main office for \$15 (or \$20 on the night), get in early to ensure a ticket!

## PARKING - Music Tour

There is a parking on this **SATURDAY 13th March 2010 starting at 5pm**. Please contact our music parking coordinator George Comninos ([d.comninos@hotmail.com](mailto:d.comninos@hotmail.com)) if you are able to assist with parking. Funds raised will go towards supporting our students going on the tour to France next month. Award scheme points apply.

## Ensemble Rehearsal Times for 2010

Time	Monday	Tuesday	Wednesday	Thursday	Friday
<b>7.45am</b>	Intermediate Concert Band Room 201	Chamber Choir Room 201	Chamber Choir Room 202 From Term 2, Wk 3	Senior Concert Band Room 201 From Term 2, Wk 3	Symphony Orchestra Room 201 From Term 2, Wk 3
	Junior String Ensemble Room 207	Junior Jazz Ensemble Room 101	Senior Stage Band Room 201 From Term 2, Wk 3		Guitar Ensemble Room 101
	Junior Percussion Ensemble Room 101		Junior Stage Band Room 101		Tour String Ensemble (7:30-8:30am)
	Training Concert Band Rm 102 Term 2, 3, 4		Philharmonic Orchestra Room 207		<b>Tour Marching Band - Term 1</b> MPW 8.00 - 9:00am
<b>Afternoon rehearsals</b> (3.30-4.30pm)		Marching Band Term 4 Basketball Courts			

Ensemble rehearsals have commenced with Intermediate Concert Band on Mondays 7:45am in room 101 for students not attending the Music Tour. All other ensembles will run as timetabled above.





# SBHSDEBATING

## Debating Emails

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For parents of Year 7 debaters - or any new parent for debating - you will need to email me to ensure that you receive the weekly debating email detailing the teams and arrangements for upcoming debates.

Please email [sbhsdebating@gmail.com](mailto:sbhsdebating@gmail.com)  
and use the subject line:

"Parent <your son's graduating year>"  
For example 'Parent 2015' for Year 7 parents.

For Year 7 Boys please email me  
with the subject line: "Student 2015"

For all other parents and debaters: please ensure your email addresses are up to date via the same process!

EMAIL UPDATES are the main method of communication about coaching, competitions and the whole debating program. It is essential that all debaters and parents ensure their details are current!!

## COMPETITIONS

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### THIS WEEK (12/3):

SBHS v Grammar (Eastside)  
HOME

Joeys v SBHS (FED)  
@JOEYS

### NEXT WEEK (19/3):

SGHS v SBHS (Eastside)  
@ Syd. Girls HS

Trinity v SBHS (FED)  
@ Trinity

*If your son is debating on these nights please ensure you organise a plate of food to share as supper for our boys and our guests.*

### Premier's Debating Challenge (PDC)

The Premier's Debating Challenge is the NSW-wide debating competition organised through The Arts Unit with the Department of Education. This gives the opportunity for 1 team per Year level to participate. Our seniors will shortly be commencing their season for 2010 (after a glorious victory in 2009) and I wish both teams the best of luck in their upcoming debates!

#### Year 12

Antony Paul  
Max Phillis  
Anton Jurisevic  
Justin Chan

#### Year 11

Nakul Bhagwat  
Ashwin Rudder  
Samir Kingar  
Krishan Sivayogarayan

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More information can be found at [www.sydneyhigh.org.au/debating](http://www.sydneyhigh.org.au/debating) and will be emailed to you on a weekly basis.

Please CHECK YOUR EMAIL regularly and ensure we have current contact details for both students and parents. [PARENTS: If you are not receiving weekly emails about debating please email us at sbhsdebating@gmail.com and ask to be added to the parent group for your child's year.](mailto:sbhsdebating@gmail.com)

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Sydney Boys High School  
Annual Cross Country Carnival  
Bat & Ball, Mount Steele

1.15 - 3.00 pm  
Thursday 1st April 2010  
Mr Prorellis, Mr Kesting

### Student Information

Parents:	Your son will be dismissed earlier than usual on Thursday 1 <sup>st</sup> April 2010
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Program:	1.25 pm	17+ & OPENS	3 km	3 Loops
	1.40 pm	16 years	3 km	3 Loops
	1.55 pm	15 years	3 km	3 Loops
	2.10 pm	14 years	2 km	2 Loops
	2.20 pm	13 years	2 km	2 Loops
	2.30 pm	12 years	2 km	2 Loops

Directions:	<p>After the Athletics Carnival, students are to walk back to school.  <b>Students are to cross the road at lights only</b>  <b>A BBQ lunch will be available for students to purchase prior to commencement of the Cross Country Carnival. It will be held outside the Gym.</b>          Stay in school grounds, then move over to the venue when the bell rings          When your race is called go to the starting area whether you are running or not.          Non runners will stay in the starting area until directed to move by the Marshals          At the finish you will be given a place ticket          If you are in the first 15 places you go to the first 15 table to have your position recorded, then proceed to your House Roll Table          All runners to proceed with finish ticket to your House Roll Table          Tell the teacher your name, roll class and finishing position          After the race you will be dismissed by a teacher  <b>NON RUNNERS will have their attendance recorded at a separate table</b></p>
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Rules:	<p>Everyone attends          You must run in shoes          Stay on the course and follow directions from course marshals          Spectators must stay within 20m of Cleveland St and are not permitted on the course          Winning house determined by the lowest total of the first ten runners to finish  <b>To qualify for the Award scheme you must compete &amp; finish</b>          Top ten runners will comprise the provisional school team to compete at the zone.          Only the first 15 places will be timed          Cross Country Champions will be selected from this event          Any MIC ruling is final</p>
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Additional Info:	<p>The School Cross Country is the first qualifying event within the CHS Competition.          The first 10 runners for each age division will make up the school team for the Eastern Suburbs Zone Carnival. The first 10 runners at the Zone Carnival will compete at the Sydney East Regional Carnival and the first 10 runners from Regional Carnival go on to the NSW All Schools Carnival.</p>
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<p>You are also invited to join the Sydney High GPS Cross Country Team. GPS Cross Country is a Winter Sport and three age divisions ( U14, U16, Opens) compete on Saturday mornings. The season spans across terms 2 and 3 and involves 11 Saturday morning carnivals. All are welcome to join.</p>	
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# High Tide

Sydney Boys High School Sailing

## Saturday March 6th:

Pumped after the Tri-series, the High squad was back to normal Saturday schools racing with Scots and Cranbrook. With no wind early in the morning we found ourselves paddling across to Rose Bay - an unexpected warm-up before racing.

The first race was sailed in patchy wind and with a crammed start line, there was a lot of dirty air and it took a while for the fleet to get going. High boats were placed very well with Daniel Fang (Year 8) reaching the first mark in 2nd place – outstanding, especially considering Daniel was skippering for just the second time.



Ennes Mehmedbasic (Year 10) sailed cleverly and finished way ahead of the main fleet coming 4th. Marcus James (Year 9) finished the first race 7th and Alex Saunders (Year 12) finished 8th.

For the start of the second race we used Sydney Boys' renowned intelligence to good advantage. Combining some handy teams racing skills and through good communication, High dominated the favoured boat end of the start line. With a minute to go before the start, we had four High boats in a row parked on the line next to the starter boat. Ennes Mehmedbasic yet again sailed brilliantly finishing 4th, Marcus James finished 7th, Daniel Fang coming in 8th and Bart Daniels (Year 10) finishing in 9th place in a field of over 20.

The High sailing team yet again showed great consistency in its sailing and also teamwork. These are promising signs with two major events on the sailing calendar fast approaching- the NSW School Teams Racing Championships and CHS.

**Marcus James (Yr 9)** Junior Sailing Captain

Sydney High School Sailing Association had its 3rd Annual General Meeting on Saturday 6<sup>th</sup> March. *"The objectives of the Association are the promotion of yachting and sailing for students of and people associated with Sydney Boys High School and others who support the ideas of SBHS, and organising and conducting, sailing, yachting and associated activities."*



We would like to encourage anyone interested to contact the SHSSA Secretary Richard James - [sbhs.sailing@gmail.com](mailto:sbhs.sailing@gmail.com)

Interested in the school sailing program? See Mrs Collignon (MIC) in the Visual Arts Department.

**Image:** A Saunders (Year 12) D Gordon (Year 7)  
Sailing offers students the chance to sail with boys from a range of different Years.



# Sydney High Annual Basketball Dinner

Help celebrate another fantastic year of basketball at High by organising your son's team to attend the 6<sup>th</sup> Annual Basketball Dinner ever for all years!!! Every team will receive trophies for the Most Valuable Player and Most Improved player. 1 minute speeches will be made by coaches about their season! The team with the best highlight footage of their season will show off their talent on the big screen. There will be a raffle for huge prizes and a chance to thank your coach for their efforts. Prizes include Surfboards, DVS entertainment packages, \$50 gift vouchers, spa vouchers and much, much more!!

When? Friday, 26/ 3/ 10, 6:30pm. Dinner served at 7pm

Where? Great Hall, Sydney Boys High School

Who? Players, parents, friends, supporters and coaches of all teams!

Why? 1) Because the friendships made through SBHS basketball last a lifetime  
2) Because the program has improved significantly this season and requires your support for this to continue.



## STUDENTS TO ATTEND IN SCHOOL UNIFORM

\*This is a BYO function for adults. Cordial will be served for students. Advise when booking if vegetarian meal is required. 180 seats only.

If you won an award make sure you pay ASAP

**Please return the below slip with \$35/per person to the front office by 18 MARCH 2010.**

## Sydney High Basketball Dinner

STUDENT NAME: \_\_\_\_\_ TEAM:- \_\_\_\_\_

Type of payment: Cheque ☐ Cash ☐ Credit Card ☐

Card Type: Bankcard ☐ Mastercard ☐ Visa ☐ Expiry Date: \_\_\_\_ / \_\_\_\_

PAYMENT FOR: \_\_\_\_\_ Adults and students @ \$35.00 pp as payment for tickets under the name

of \_\_\_\_\_ Basketball Team \_\_\_\_\_  
(please submit your team details for tables)

Total amount paid: \$\_\_\_\_\_

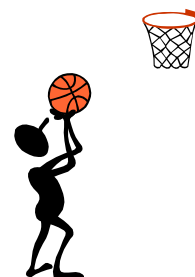
Card Number: \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_

[please print]

Cardholder's Signature: \_\_\_\_\_ Bus. Phone: \_\_\_\_\_

\_\_\_\_\_ (Office Use Only)



# shootin' hoops

The weekly dose of court-side action

**Edition 100!!!**



## High VS Shore

High vs Shore 2009 Term 4 (Last time)

TEAM	RESULT	SCORE	TOP SCORER
<b>1st</b>	<b>WIN</b>	<b>96-40 !!!</b>	<b>E NAAR 19!! C MOLLER 19!</b>
<b>2nd</b>	<b>WIN</b>	<b>60-33!</b>	<b>N WANG 11</b>
3rd	LOSS	52-32	A YE 10
4th	WIN	40-22	TEAM EFFORT
5th	LOSS	41-26	K LU 14
6th	WIN	35-11	B CHEN 8
7th	WIN	31-21	B WANG 10
8th	LOSS	28-29	P CASTILLO 7
16A	LOSS	38-20	J ZHOU MVP
16B	LOSS	53-9	T HANG MVP
16C	WIN	28-25	T CHIN 13
16D	WIN	19-14	E LI 5
16E	WIN	25-21	W BAXTER 6
16F	WIN	44-8	M LAM 14
15A	LOSS	20-32	E KELLY 8
15B	WIN	35-11	D DUONG 11
15C	LOSS	15-16	J CLEMENTS-L 6
15D	WIN	26-21	J YEUNG 10
15E	WIN	18-15	L ZHANG 8
15F	LOSS	41-17	E HO 8
14A	LOSS	41-22	A CHEN 6
14B	LOSS	15-28	TEAM EFFORT
14C	LOSS	11-54	TEAM EFFORT
14D	LOSS	29-15	TEAM EFFORT
14E	LOSS	23-8	J HUO 8
14F	LOSS	8-22	D LI 4

High vs Shore 2010 Term 1 (This time)

TEAM	RESULT	SCORE	TOP SCORER
<b>1st</b>	<b>WIN</b>	<b>84-59</b>	<b>E NAAR 21, A DUMOVIC 21</b>
2nd	LOSS	46-45	J GARAY 18!
3rd	LOSS	37-18	TEAM EFFORT
4th	WIN	31-27	TEAM EFFORT
5th	LOSS	28-29	K LU 8
6th	WIN	34-20	TEAM EFFORT
7th	WIN	40-13	H HUANG 12
8th	LOSS	31-29	D CHEN 8
16A	LOSS	52-26	MVP J.ZHOU
16B	WIN	28-27	N OOI 6
16C	WIN	37-22	M ZHU 14
16D	LOSS	34-12	M NGAI 6
16E	WIN	46-12	M LAM 16
16F	LOSS	17-23	TEAM EFFORT
15A	WIN	46-17	N FRANCE 13, E KELLY 12
15B	WIN	23-30	D DUONG 8
15C	WIN	64-17	JC LENDRUM 22
15D	WIN	32-30	W MA 12
15E	WIN	31-17	S DU 11
15F	WIN	21-13	H-L MAI 7
14A	LOSS	19-31	B CHEN 9, WEI LI 9
14B	LOSS	24-29	TEAM EFFORT
14C	LOSS	27-29	N WANGLY 13
14D	LOSS	24-48	J FRIEBURG 8
14E	WIN	25-24	J HUO 13
14F	LOSS	25-18	W YANG 10
13A	LOSS	80-6	K LIANG 2
13B	LOSS	9-41	K CHAN 4
13C	LOSS	51-4	S ZHANG 4
13D	LOSS	29-14	S ZHANG 4
13E	LOSS	36-24	A NAM 12
13F	LOSS	27-12	A JIANG 6

### Mr Hayman's Team of the Week: 16Bs

This side had a thrilling 1 point victory over a team that dominated them 53-9 in term 4 last year.

*By Mr Hayman*

### 100<sup>th</sup> Edition of Shootin' Hoops: Performance Against Shore

First Grade were able to come through with a massive 84-59 win against Shore and they are now clearly the form team of the competition. 4ths, 6ths, 7ths, 16Bs, 16Cs, 16Es, ALL OF THE 15s and the 14Es managed to pick up some great wins. Without a doubt, several teams were unlucky not to win their matches despite playing exceptionally well, with 2nds losing narrowly, 45-46, 5ths losing by a point and 8ths losing by 2 (the final shot High scored that could have sent the game into OT, was less than half second late).

### Support 1sts and 2nds!

With a home game this week, we hope to have a massive home crowd there to support 1sts and 2nds. Be there to watch 2nds play Scots at 10:00 and then 1sts will take on Scots at 11:15. Don't miss out!

First Grade	Played	Won	Lost	For	Against	Points
Newington	12	11	1	892	496	23
High	12	10	2	956	702	22
St. Joseph's	12	8	4	853	747	20
Kings	12	7	5	750	728	19
St. Ignatius'	12	5	7	692	784	17
Grammar	12	5	7	701	807	17
Scots	12	2	10	636	862	14
Shore	12	0	12	591	945	12

### Special Positions

Interested in joining the 1<sup>st</sup> Grade and 2<sup>nd</sup> Grade game DVD recording team? Or maybe you want to help out with 1<sup>st</sup> Grade and 2<sup>nd</sup> Grade stats next season? Interested? If you are in Years 7-10 and interested in training to take up one of these privileged positions, please see Mr Hayman or me ASAP, to get involved with the High Basketball program.

*By David Li Wang*

**~ Go High Basketball!**

**~Play Hard, Play Smart and Play Together!**

**~ Don't forget to visit the Sydney High Basketball Website!**

**~ Brought to you by the editors, David Li Wang and Chris Chiam**

**~Thank you to Mr Hayman for all his contributions to basketball and information**



## Sydney Boys High Tennis Match Report for 6 March 2010

1st Grade	2nd Grade
Shore D1 def High D1 (1&2) 0-6 6-4 10-6	Shore D1 def High D1 (1&2) 6-4 6-4
High D2 (3&4) def Shore D2 6-4 7-5	Shore D2 def High D2 (3&4)
High D3 (5&6) def Shore D3 6-4 6-4	High D3 (5&6) def Shore D3 6-2 6-3
High S1 (Arman Abdollahi) def Shore S1 6-2 4-6 7-6	High S1 (Lachlan Day) def Shore S1 6-4 6-2
High S2 (Pat Rynssardt) def Shore S2 7-5 6-3	High S2 (David Ghezelbash) def Shore S2 6-3 6-7 6-3
Shore S3 def High S3 (Mohit Tugnait) 7-6 6-0	Shore S3 def High S3 (Anton Brokman)
Shore S4 def High S4 (Derek Trang) 6-3 6-4	Shore S4 def High S4 (Edward Qiu)
Shore S5 def High S5 (George Panas) 6-1 6-4	High S5 (Frank Li) def Shore S5 6-1 4-6 6-4
High S6 (Frank Zhang) def Shore S6 6-1 7-5	High S6 (Thomas Nguyen) def Shore S6 6-1 6-0
<b>High def Shore 8-4</b>	<b>High def Shore 8-4</b>

### 1st Grade Report

High went to Tennis World brimming with confidence after a solid showing at Ignatius last week and were looking to do some serious damage against traditional powerhouse Shore. The mood was set within the opening 15 mins with High taking commanding leads in all three doubles matches. The No 1 doubles took the first set 6-1 in a defiant display, while No 2 and No 3 doubles also gained one set advantages. High rounded out the doubles winning the No 2 and No 3 doubles in straight sets in a convincing manner while No 1 doubles were mightily unlucky to go down in the super tiebreaker. The score line read High 2 Shore 1. High kept the pressure up in the singles with **Arman Abdollohi** and **Patrick Rynsaardt** playing some exquisite tennis against solid opponents to take first set leads in their respective matches. Patrick won in straight sets to put High in a commanding position at 3 matches to 1, however the highlight of the day came in the form of a gripping match between the No 1's. After winning the first set, Arman lost a tight second set and was forced into a third. Down a break for the majority of the last set, Arman showed immense character to stick with his opponent finally getting the break back at 5-4 down. Arman went on to play a superb tie-breaker and win the match. By playing consistent tennis and wearing his opponent down, Frank took the match out in straight sets and rounded out a great day for High tennis. This was the first time in 4 years that High has won a regular season rubber and we will definitely make sure that it isn't the last this year. High will take this win, and look to do even better next week against Scots College.

**Mohit Tugnait – 1st Grade Captain**

### 2nd Grade Report

After a disappointingly close 5-4 loss, High headed into the bottom of the table clash against Shore brimming with confidence. Initial reports of rain dampened High spirits on the Friday before the clash as we were hoping to extend our 5 point lead over Shore in the 2nds points score. After rising bright and early and getting to the courts a good hour before I was required, I was met with dazzling sunshine and the opportunity to play some great tennis. Keen to make our last home game this season, and for the Year 12s their whole school lives, a memorable one, High started off the day on a shaky note with the normally formidable Doubles One pairing of **Lachlan Day** and **David Ghezelbash** going down in straight sets. However, a 6-2 6-3 doubles win by myself and **Thomas Nguyen** meant High would go into the singles down 2 matches to 1. A monumental task awaited us as we required 4 singles wins to take out the rubber, something we had never done before this season. However, myself and **Thomas Nguyen** got High onto a great start, with Thomas blitzing his opponent 6-0 6-1 in record time and myself winning in three sets, 6-1 4-6 6-4. Up 6-1 4-1, I found myself down 2-0 in the third set after losing eight consecutive games. However, I managed to secure a vital win for High and eagerly awaited the conclusion of the other singles matches. **Lachlan Day** showed again his infallible form, winning his singles match 6-4 6-2, taking his singles winning percentage to 75%, the best record of any player by far. After **Edward Qiu** lost in a dramatic third set, it was up to **David Ghezelbash** and **Anton Brokman** to secure the tie for High. Serving

for the match, David was broken and eventually lost the second set in a tie breaker. However, his gritty determination showed as he outlasted his opponent in the third set, eventually taking the match and the rubber with a 6-3 third set win. Whilst Anton Brokman suffered a straight sets lost to a very strong Shore opponent, High had clinched the day by 5 matches to 4, giving High 8 valuable points and boosting them 9 points ahead of Shore in the GPS standings, only 4 off Grammar. High eagerly await the remaining rubbers against Scots and the final showdown against Grammar to hopefully retain a higher ranking than previously expected.

**Frank Li – 2nd Grade Captain**

### **3rd Grade Report**

Many philosophers maintain the key to survival is the ability to adapt. With the resurgence of High tennis throughout this season, it was essential for depth to survive to provide a thriving, competitive environment. The reinvigoration of 3rd grade against traditional powerhouses Shore demonstrates the revival of High tennis. In the first doubles pair, Kit Man and Vivin demonstrated intelligent communication and perfect point construction to take out the win. Paul and Justin played aggressively but lost 2-6, possibly due to overconfidence. In his singles match, Justin took advantage of humid conditions, using his superior physique, service game, and control to exhaust his opponent to the point where he could hardly serve, in the process of winning 6-3. Kit Man battled relentlessly with heightened top spin shots to clear the net. The long rallies proved to be his downfall however, as he lost in a closely fought tie breaker. Paul responded to his opponents' passive game by playing an aggressive and unorthodox style, taking to the net and killing points early, to win 6-4. Vivin demonstrated his 'Federer-esque' form, continuing his winning streak at the number 1 position through playing within himself, yet easily pulling off a calculated and comfortable win, 6-3.

This 3rd grade win is indicative of the quality of depth tennis has, and is a great reward for the commitment of perennial commander in chief Mr Boros.

**Justin Chan – 3rd Grade Captain**

### **The Ladder after 5 Rounds**

After the monumental win in both firsts and seconds, the ladders for each division are looking strikingly different. The win has meant that firsts are now tied with Shore, and look to record positive results against Scots and Grammar to try to close the 2 point and 4.5 point gap between Grammar and Iggies respectively. The win in seconds has boosted them to 9 points clear of Shore and well within striking distance of Grammar and Joeys. The boys are eager and look forward to these coming rubbers. I urge anyone playing at the same locations to stop by for a few minutes and offer a few words of support, as this can make all the difference.

**Brought to you by Frank Li and High Tennis**

## **Head of the River – Saturday 27 March 2010**



Only two weeks until the Head of the River and we are looking forward to it. It is the day everyone works towards, a day filled with history and tradition, where all schools congregate with school pride. We are there too, with our Stage Band, High chants, colours and banners. If there is one day you should experience while at High it is the Head of the River!

Students need to collect their permission form and return it to the main office by Wednesday 24 March. Cost is \$15 including travel by bus to Penrith – Sydney International Regatta Centre. The buses leave the school at 8:00am and return to the school at 1:30pm. See you there...

**Mark Pavone SBHS - Sportsmaster**





## SYDNEY BOYS HIGH SCHOOL ROWING COMMITTEE

### Rowing Dinner

We had nearly every rower, and many parents, pack the Great Hall for the School Rowing Dinner on Wednesday night. It was a very special night for the boys as they now approach the big races at the end of their season. I think everyone in the Hall would have been impressed with our rowers. The speeches and presentation of crews were outstanding by **Max Jones**, Year 10 Vllls, **Stephen Comminos**, Year 8 Quads, **Edwin Li**, Year 9 Quads, and **Andrew Blomberg**, School IVs and Vllls and Captain of Boats. There was something very special about seeing our boys formally introduced onto the stage ....in their crews, in full school uniform and standing proud! It was a very enjoyable evening.

### Results – Newington Regatta

Congratulations to our School 2nd VIII – **Max Kite, Ryan Caetano, Ben Li, Tim Gollan, Koren Fang, Eric Ovadia, Jonah Petrie, Ilya Bonch-Osmolovskiy (c) Hayden Schilling**. They had one of their best rows of the season in their heat finishing 2nd to Kings in a time of 4.57.73 over 1500m. They came 4th in the final to Riverview 1st Shore 2nd, and Kings 3rd in a time of 5.11.00.

### Upcoming Events

The rowing season is now building to a climax with the final exciting GPS regattas fast approaching.

- **Riverview Gold Cup Regatta** on this Saturday 13th March. All crews will compete in this big event regatta, and all parents are invited to the Riverview School to watch the races from the bank of the Lane Cove River. Full catering is provided with barbecues and coffee stalls.
- **Shore Regatta** – for all crews on Saturday 20th March at Hen & Chicken Bay.
- **NSW CHS Championship Regatta** – Monday 22nd and Tuesday 23rd March for all Year 10 and senior crews at SIRC.
- **Rowing Assembly** – Friday 26th March, 11.30am. The GPS Head of the River crews will be formally introduced to the School assembly. Parents of these boys are invited to attend the assembly followed by a light lunch.
- **GPS Head of the River** - Saturday 27th March. Races start at 10.00am with the Year 10 Eights, our School Fours race from 10.40am until 11.20am, and the School Eights race at 11.35 and 11.50 am. It is all over by 12 noon. This is the big day on the GPS school calendar and is quite a spectacle with all GPS schools attending. We have our own decorated marquee with the School Stage Band playing, so put on the blue and brown and come and cheer! All parents are invited back to the sheds for a presentation at approximately 3.00pm to thank everyone involved in the season – coaches, staff, committee, parents and the boys.
- **Sheds Clean Up** -Sunday 28th March 9am - 12pm. Rowing parents and the boys are responsible for leaving the Outterside Centre clean at the end of the rowing season ready for group hiring during the off season. Simon Hoadley is asking all boys to turn up on Sunday morning to clean the boatshed and the weights room, and the committee is asking for parents to come and help clean the kitchen, the dormitory, the dining room and upstairs. We would appreciate everyone making the effort to help please.

Good luck to all the crews at the Riverview Gold Cup this week

**Julie Blomberg**

President Rowing Committee



## SYDNEY BOYS HIGH CRICKET

[www.sydneyboyscricket.info](http://www.sydneyboyscricket.info)



Although we did not achieve the successes we thought were possible as a result of the Day 1 finishes for our Group 1 teams, there was some pretty good cricket played by a number of our teams from the seniors to our most junior teams,

In particular, from the sporting declaration of the 15A team which drew plaudits from the opposition coach, players and particularly the Riverview parents in what turned out to be a cliff hanger. The 3rd XI suffered a defeat due mainly through dropped catches but were more competitive in other areas and had Riverview worried until they passed our score. The 14A team went down fighting getting to within 53 runs in their first bat and achieving a restricted loss by leaving Riverview unable to secure more than 1st innings points.

The 5ths and 4ths had convincing wins and the 15 B team completely routed the Riverview batsmen and had them all back in the pavilion for a total of 46 and then passing their score no wkts down. So as players turn their attention towards winter sports, we are displaying encouraging signs for pre-season training and the lead up to next season.

### CRICKET DINNER and PRESENTATION of AWARDS:

The closing date for bookings is fast approaching and if you have not yet organised your group, you can find a booking form for the Dinner completion on our Cricket Website ([sydneyboyscricket.info](http://sydneyboyscricket.info)). A reminder that parents may BYOG and players will be provided with soft drinks throughout the evening. During the evening the trivia and raffle will be conducted and we will also be saying farewell to our Year 12 Senior GPS XI's players.. By the way don't forget to bring your money with you (and your camera) for the 10 prize raffle as there are some great prizes. The boys are required to wear school uniform for the evening

### AROUND THE GROUNDS:

**1st XI (day 2) RIVERVIEW 10/268 (84) - defeated - HIGH 10/79 (60) and 8/128 (62)**  
**Loss on 1st Innings**

Run scorers – (1st Innings) Nakul Bhagwat (32), Andy Liu (18). (2nd Innings) Michael Phung (54n.o), Avindu Vithanage (23)  
**2nd XI (day 2) RIVERVIEW 8/201 - defeated - HIGH 10/51 & 10/45 Loss OUTRIGHT**

**3rd XI (day 2) RIVERVIEW 7/130 - defeated - HIGH 10/ 129**  
**Loss on 1st Innings**

With a chance to win High threw away any opportunity with 8 dropped catches during Riverviews innings as reported. The bowling effort from Caspar Price 4/30 (11) and Iftiar Khan gave the team every chance with 3 quick wkts early, but the poor catching techniques sealed the teams ultimate loss

**16A RIVERVIEW 9decl./139 & 0/7 - defeated - HIGH 10/101 & 10/41 (17)**

Run scorers (1st Innings) Christopher Oei (17), Alexander Hughes (13), Dhruv Gupta (13). Wicket Takers – Kumudika Ganaratne 6-36 (14), Pasan Pannila 2/14 (7), Lalitha Katiputitya 1/10 (6)

**15A (day 2) RIVERVIEW 10/111 & 3/82 - defeated - HIGH 10/62 & 8 decl./130.**  
**Loss OUTRIGHT**

Run Scorers – Safin Sufian (63n.o), Agnish Nayak (18), Thilan Subasinghe,

**14A (day 2) RIVERVIEW 10/154 - defeated - HIGH 10/101 and 10/91**  
**Loss on 1st Innings**

Run scorers – (1st Innings) Lasith De Fonseka (53), Ned Anson (17) Sai Vimalanathan(2nd Innings) Jesse Cooper (28), Andrew Dao (10), George Farrugia (10)

## GROUP 2. TEAMS (One Day fixtures)

**6th XI** **BARKER 9/163 (20)** - defeated - **HIGH 5/36 (20)**

**Loss by 4 wkts**

Wicket takers -Matthew So 2/21 (4), Richard Li 2/11 (2), Vincent Wang 2/14 (2) Run scorer- Richard Li (10)

**5th XI** **HIGH 6/65** - defeated - **NEWINGTON 10/64**

**Won by 4 wkts.**

Run scorers - Shimon Danziger (24)and 2/12,, Michael Carr (17n.o). Wicket takers - Alex Koerber 3/7, Laclan Peiris, John Wiormell, and Joshua Tassell one wkt each.

**4th XI** **HIGH 8/132** - defeated - **SHORE 10/131**

**Won by 2 wkts.**

Run scorers- David Ma (30), Rafat Kamal (17), Anirban Ghose (10). Wicket takers – Angud Chawla took 4 wkts, Julian Ubaldi also 2 wkts , david Ma, Robert Ma and Tony Wang one wkt each. Victory achieved with 2 balls to spare.

**16B** **SHORE 2/111(21)** - defeated - **HIGH 8/110 (32)**

**Loss by 6 wkts**

Run scorers – Andrew Huynh (15), Lee Ming (19n.o), Shanaz razeen (15) Wicket takers– Andrew Hunyh 1/6 (4), Shumit Hoque 1/17 (5), Allen Fu 1/22 (3).

**16C** **SHORE 0/53 (5)** - defeated - **HIGH 7/51 (18)**

Run Scorers – Zafir Mohamed Rizvi (13), Nicky Pinidlya (10n.o),Suman Prusty (6). Wicket takers  
**Loss by 7 wkts**

**15B** **HIGH 5/84** - defeated - **SHORE 10/47**

**Won by 10 wkts**

Run scorers- Owen Duffy (40), Atjun Puneekar (18), Sameer Nene (6). Wicket takers – Owen Duffy 4/9 (5), Victor Ho 3/4 (4), Vasu Bhakri 1/2 (1)

**13A** **SHORE 7/69** - defeated - **HIGH 9/68**

**Loss by 2wkts**

Run scorers- Rick Saha (19), Raunak Sura (15), James G.Tinker (6). Wicket takers – Raunak Sura 2/7(4), Jonathon Chew 1/14 (4), Niyazul Bari 1/11 (2)

**13B** **SHORE 1/134** - defeated - **HIGH 10/28**

**Loss by 9 wkts**

Run scorer – Bryan Lee (4). Wicket taker – Alif Khondaker 1/6

## TEAM STATISTICS:

At this end of the season time is the essence of ensuring that ALL TEAM STATISTICS are prepared and submitted to allow allocation of Awards and final engraving. Would team officials commence final extension of statistics, so that there is only the final day of competition to be added. All coaches will be following through to collect completed stats and will then meet to allocate team awards. There is no provision for the late submitting of Statistics beyond 10.00am Monday 21st MARCH.as there are only 8 working days for the engraver to fulfil our engraving.



Laurie Heil - MIC Cricket

## The 2010 SBHS Cricket Dinner

SBHS Cricket will celebrate the efforts and achievements of our boys as well as acknowledge staff, coaches and supporters at the SBHS Cricket dinner on Wednesday 31 March 2010.

Players are asked to take responsibility on a team-by-team basis for any end-of-season gifts to their team's coach.

The dinner will be held on  
**Wednesday 31st March**  
in the **Great Hall**  
**6pm for 6.30 pm**

The cost of the dinner will be \$25 per adult and \$20 per student.

**LAST DAY FOR PAYMENT AT THE MAIN OFFICE IS FRIDAY 19th MARCH.** Tickets are limited.

Boys are to wear school uniform at the dinner.

Soft drinks provided. Parents may BYO wine/beer, if they wish.

Please detach the form below and hand it in with payment at the Main Office **before 19th March**

### 2010 CRICKET DINNER

Student Name: ..... Year/Roll class .....

Cricket Team: .....

TOTAL Number of adults ..... @ \$25 per adult = \$

TOTAL Number of students ..... @ \$20 per student = \$

TOTAL \$ \_\_\_\_\_

Do you have any special dietary requirements? ☐ Vegetarian

*Menu includes Vegetarian options & Halal chicken*

☐ Other (Please state).....

☐ YES! I can help on the day eg setting up the hall or cleaning up after

Helper's name and contact details :.....

Email address: .....

Phone Number ::.....

**Carnival Program & Rules – 2010**  
**The School Carnival: E.S. Marks Field – Kensington (**  
**Wednesday 31st March & Thursday 1st April)**

**Sydney Boys High School Athletics Carnival**

**PROGRAM OF EVENTS: Wednesday 31st March**

TIME	TRACK EVENTS	TIME	FIELD EVENTS
8.15am	<u>1500m Finals</u> 13 yrs, 14 yrs, 15 yrs, 16 yrs & 17 + yrs		
8.55am	Roll Call	8.55am	Roll Call
9.00am	<u>100m Heats</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	9.00 am	17+ yrs Shot Put 16 yrs Long Jump 15 yrs Javelin 14 yrs Discus 13 yrs-no event 12 yrs High Jump
11.00am	<u>200 m Heats</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	10.00am	17+ yrs Long Jump 16 yrs Javelin 15 yrs Discus 14 yrs-no event 13 yrs High Jump 12 yrs Shot Put
1.00pm	<u>800 m Heats</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	11.00am	17+ yrs Javelin 16 yrs Discus 15 yrs-no event 14 yrs High Jump 13 yrs Shot Put 12 yrs Long Jump
2.00pm	<u>100m Semi-Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	12.00noon	17+ yrs Discus 16 yrs –no event 15 yrs High Jump 14 yrs Shot Put 13 yrs Long Jump 12 yrs –no event
2.30pm	<u>400m Heat/Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	1.00pm	17+ yrs –no event 16 yrs High Jump 15 yrs Shot Put 14 yrs Long Jump 11, 12 & 13 yrs Javelin
		2.00pm	17+ yrs High Jump 16 yrs Shot Put 15 yrs Long Jump 14 yrs Javelin 11, 12 & 13 yrs Discus



### PROGRAM OF EVENTS: Thursday 1st April

TIME	TRACK EVENTS	TIME	FIELD EVENTS
8.55am	Roll Call	8.55am	Roll Call
9.00am	<u>Hurdles : Heat/Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	9.00 am	17+ yrs Triple Jump
10.00am	<u>200m Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	9.45am	16 yrs Triple Jump
10.30am	<u>Roll Class Shuttle Relays</u> (Time Permitting)	10.30am	15 yrs & under Triple Jump
11.00am	<u>100 m Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs		
11.30am	<u>House Relay Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs		
11.55am Presentation of House Shield to winning House Captain			
12.00 noon: Return to school for barbeque and X-Country			

### ATHLETICS 2010 - Information for Athletes and their Parents

**PLEASE NOTE THAT THE 3000M RACE STARTS AT 8.15AM**

I would like to warmly welcome all athletes, new and old, and their families to the 2010 season.

Sydney Boys High School offers boys the opportunity to compete in the prestigious GPS Athletics competition. The GPS Athletic season is run in the last four weeks of Term 3. The season culminates in the AAGPS Athletics carnival held at Homebush. Here the nine GPS schools compete against each other in two different age divisions (senior and junior). Boys from each year group represent Sydney Boys in these divisions. They compete in front of nearly 10,000 spectators. The nature of GPS Athletic competition is team oriented with a points system designed to reward a good all round performance from a team rather than one strong individual performance. The coaching staff stresses the importance of this aspect of the competition.

Athletics at High welcomes all athletes regardless of ability and it is our aim to develop you as an athlete in your discipline. The strength of our team lies in the enthusiasm of all athletes challenging each other for a place to represent the school at the AAGPS Athletics Finals.

There are tremendous benefits to be gained from athletics training; these include physical, mental, social and educational rewards. I hope that you become involved in High Athletics and that it is a rewarding experience in all these ways.

**Good luck in the up coming season.**

#### **G.P.S. Athletics**

The Athletics season is short, but intense, and the boys involved always enjoy the experience. Boys (and parents) considering Athletics in 2010 should be aware of the following points....

- Athletics does not compete with Soccer and Rugby. Boys are encouraged to do Athletics and another Winter G.P.S. sport during the season
- Sprint training for Athletics is held after school on Mondays on Moore Park West and Tuesdays for longer distance training at the same location
- Athletics does not continue as a regular sport after the GPS Championships – 18th September
- Boys are expected to take responsibility for their own training outside these times
- High will host an Invitational carnival this year at ESMARK on Saturday 8th August.
- **If your son is competing in the 2010 season please make yourself available to help at this carnival**

## The Student Award Scheme and Athletics

Athletes need to satisfy the following 5 criteria if they wish to get the student award scheme for athletics.

1. Athletes must complete **five** of the six holiday training sessions at ESMarks
2. Athletes need to compete in the **3** invitational carnivals
3. Athletes must complete **three** athletics training session per week for the 4 week season
4. Athletes must train every Monday or Tuesday in the five weeks up to the start of the GPS Athletics season
5. They must also complete **another** sport's training session or a weights session

This may seem a lot of training but in relation to winter or summer sports it is relatively light. Be commitment to the training so we can challenge our rivals

### Aims of the Carnival

- Promote maximum student participation
- Promote fair competition between athletes and houses
- Promote a sense of pride in the achievements of fellow athletes and the school community.

### **Banned Items & Activities**

- Normal school rules apply
- No footballs or Frisbees on the days of the carnival
- Do not take valuables to this event, as theft at the carnival is a common occurrence
- Athletes are not allowed to run in **bare feet**

### **House Rules & Events**

- Athletes must run in a least **two track events** and participate in **one field event** to get a Student Award Scheme point.
- Athletes will go to their designated area on the days of the carnival for roll call (see attached map).
- Athletes will be seated in their designated area before and during roll call. Roll call teachers will not start roll call until everyone is seated.
- Roll call classes will sit in lines – year 7 closest to the track, moving in ascending order up to year 12 at the back of the stands.
- Athletes **must** come to the carnival in house colours or athletic singlets. All athletes must run in house colours. No house colours, no house point. **One point will be allocated for each student in house SHIRTS OR ATHLETIC SINGLETS.**
- House captains and vice-captains will be asked to organise their respective houses for formal events during the day.

**Pointscore:** Points will be awarded for the following places.....

1st – 10pts, 2nd - 8pts, 3rd - 6 pts, 4th - 4 pts, 5th - 2 pts, 6th and all finishers – 1 pts. **Double points for relays**

**Age Champions:** The athlete with the most points in any Age Group will be declared the Age Champion.

**Champion House:** The house with the most points will be declared the Champion House.

**Age Groups:** An athlete ceases to be under 14 on the 31st December of the year in which he reaches the age of 14 years.

**School Team:** The school athletics team to compete at the GPS and CHS competition will be selected on the basis of performances at the school carnival, training sessions and the GPS invitational carnivals.

**Lane Draws:** Will be determined by Marshals for all Heats and Heat Finals. Lane draws for Semi-Finals and Finals will be based on times and announced by the Recorders.

**100m Heats/Semi/Finals:** The fastest 16 competitors will contest the Semi-Finals. The Fastest 8 will progress to the finals. No points will be awarded for places in Heats or Semis – entry points only.

**200m Heats/Finals:** The fastest 8 will progress to the Finals. No points will be awarded for placing in the Heats.

**1500m, 800m, 400m Heat/Finals:** These will be conducted as Heat Finals. Where there is more than one heat, placing will be determined on times. Athletes are advised to run these races to the clock as Heat speed may vary.

**Relays:** House relays will be conducted as 4×100m. House captains and vice-captains are asked to organise the house relays well in advance of the scheduled start.

Lane draws will be:

**Robert Devlin MIC Athletics**



## High Society

The Bulletin Board for Sydney Boys High P & C - Julie Connolly P&C President. If you would like to have any parent community news or upcoming events included in *High Society*, please contact Julie Connolly, [jcandjc@bigpond.net.au](mailto:jcandjc@bigpond.net.au); M: 0418 470 203.

### P&C Meeting with Elevate Education – One of Australia's Leading Providers of Study Skills Programs

The next P&C general meeting will be 7.30pm, Wednesday 17th March in the Great Hall. One of Australia's leading providers of study skills programs - *Elevate Education* - will address the meeting on how parents can support their sons in developing effective study techniques.

Last week's *High Notes* implied the seminar was targeted towards senior students. This is not the case. **The seminar is relevant to parents of all High School students** – and we urge you to attend. This will be a very worthwhile and informative evening.

## BIG NIGHT OUT Saturday 20th March 2010 at 6.00 p.m.

Tickets are selling fast for BIG NIGHT OUT

Don't miss out on your discounted price for prepaid tickets, through the General Office.

\$15.00 per person for entree, main course and dessert AND a night filled with entertainment.

Bring a picnic rug to enjoy the last of our evening twilights, or

pull up a chair and table in the Great Hall or on the grass.

Food and entertainment will be spread throughout the evening –  
a night of colour, taste and movement.

### COME AND DANCE:

to the Bhangara Indian Dance Group - think Bollywood with style and flair  
Chinese Lion Dance

### COME AND HEAR:

the repertoire of the Sydney Boys High French Tour Band, just before they depart for the Some  
Jazz and Rock groups

### COME AND TASTE:

Food from India, Sri Lanka, China, Japan, Korea, Greece, Egypt, Italy, Thailand  
Halal and vegetarian options  
Licensed Bar and soft drinks for sale

### COME AND PLAY:

Silent Auction and Games with Gold Coin donation  
Henna Tattoo Artist

### Upcoming Parent Meetings & Events (details in High Notes)

Wednesday 17th March 7.30pm – P&C Meeting with Elevate Education Seminar, Great Hall

Saturday 20th March from 6.00pm – Sydney Boys High BIG NIGHT OUT, Great Hall and Courtyard

Wednesday 24th March 5.30pm – Cricket Committee Meeting

Friday 26th March 6.30pm – Basketball Dinner, Great Hall

Saturday 27th March – GPS Head of the River, Penrith

Monday 29th March - 6.00pm – Rugby Committee Meeting, Staff Common Room

Wednesday 31st March 6.00pm - Cricket Annual Dinner, Great Hall

# P&C Parent Information Evening

## STUDY SKILLS & HOW TO HELP YOUR CHILD

Dear Parent,

As a parent, you can and will play an important role in your child's high school success. Over the next few years you will need to be a motivator, coach, supporter, tutor and you will have to do all of this without crossing the line and becoming the enemy! Are you ready for the challenge?

**On Wednesday 17th of March at 7.30pm the P&C** will be hosting a presentation to our parent body to make sure that you are ready for the high school years ahead.

**(Venue - Staff Common Room)**

The presentation is to be hosted by Elevate Education. Elevate is Australia's largest provider of study skills programs in Australia, working annually with 350 schools and 35,000 students around Australia. The company's study guide, "The Science of Student Success", has sold over 15,000 copies and is used by countless schools around the country as a standard text for their students. Elevate has conducted ground breaking research into the habits of the State's top students to identify exactly what these students do.

In their 60-minute presentation, Elevate will address the following issues:

- How do I help to motivate my child? • What type of work should they be doing?
- How do I help my child to manage their time?
- Is technology a distraction or can MySpace and Facebook help my child?
- What are reasonable expectations I should have of my child? • And much, much more.

This night is not to be missed and could help turn the next 12 months into a rewarding time for you and your family.

# Helping learner drivers become safer drivers

**FREE lunchtime workshop  
for parents and supervising drivers.**

**To help you with practical advice about:**

- Understanding the laws for L and P licence holders
- Supervising learner drivers
- Completing the Learner Driver Log Book
- Understanding the benefits of supervised on-road driving experience.

**Time and Dates:**

Wednesday, 24 March 2010 – 12 to 1.00pm

Thursday, 25 March 2010 – 12 to 1.00pm

(2 hour course over 2 days)

**Venue:**

Marconi Room - Level 4

Town Hall House

456 Kent Street, Sydney 2000

**Bookings are essential Phone 9265 9333 to book  
or for further information**



# March/April 2010

12-03-2010

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>8 B</b>	<b>15 ***</b> Winter Sports Selections Modern History Assessment Task 2, Great Hall, P1 World's Greatest Shave, amphitheatre, lunchtime French Film Excursion Y9-11, P1-4 Brainstorm Productions - Sticks and Stones (Y7), Great Hall, 1:45pm Parking: Wests Tigers v Sea Eagles (Rifle shooting) Cricket: NSW Lord's	<b>16</b> Baseball: CHS Championships (Bonnet Bay) Cricket: NSW Lord's Taverners Week, Sydney Tennis: CHS Individuals, Penrith Yr 12 Ancient History Assessment Task 2, period 1 Sports Council Meeting, Board Room, 5:30pm Foundation Meeting, Board Room, 6:30pm	<b>17 ***</b> Last day of Summer Sport (Years 10-12) Baseball: CHS Champs (Bonnet Bay) CHS Open Cricket at Kensington Oval Cricket: NSW Lord's Taverners Week, Sydney Football: Sydney East CHS Trials Tennis: CHS Individuals, Penrith Meet the Music Concert, SOH, 6:30pm	<b>18</b> Selective Schools Entrance Test for Year 7 2010, Great Hall Last day of Summer Sport (Years 7-9) Baseball: CHS Championships (Bonnet Bay) Cricket: NSW Lord's Taverners Week, Sydney Swimming: MIC Meeting (CIS Selection) Tennis: CHS Individuals, Penrith	<b>19</b> Leadership Training Day led by Rising Generations for SRC and CSC members at Abbotsford Theatre LOTE Fantastique Performance Periods 1 and 2 - Yrs 7 and 8 French, Great Hall n = 174 Cricket: NSW Lord's Taverners Week, Sydney Debating: Eastside SGHS v SHS, FED: TGS v SHS	<b>20</b> Sport Group 1 - SHS v TSC Group 2 - SGS v SHS Rowing: Shore Regatta, Hen and Chicken Bay Sydney Boys High BIG NIGHT OUT, Great Hall, 6pm	<b>21</b> Parking: Sydney Roosters v Wests Tigers (Rowing)
<b>9 A</b>	<b>22</b> Swimming: Sydney East Championships, Homebush, 8:00am-2:30pm Motivational Media in the Great Hall, all day Basketball: GPS Representative Team Trials, Riverview Rowing: CHS Championships, SIRC	<b>23 ***</b> Rowing: CHS Championships, SIRC Tennis: NSW All Schools (Pizzey Cup) Volleyball: CHS KO Finals, Bomaderry Football: CHS Open KO v Alexandria Park, P3-6 Information evening re English Extension 1 and Extension 2 for Year 12 2011, Great Hall, 7:00pm Year 9 Music Performance Exam in Hall periods 1-4	<b>24</b> Change to Winter Sport (Years 10-12) Summer Sport Reports to be submitted to Record Committee Basketball: GPS Training and Team Dinner Tennis: NSW All Schools (Pizzey Cup) Volleyball: CHS KO Finals, Bomaderry	<b>25 ***</b> Change to Winter Sport (Years 7-9) Geography competition, Great Hall, periods 1-4 Summer Sport Reports to be submitted to Record Committee Theatre Sports Evening, Great Hall, 6pm Tennis: CAS v GPS, Homebush Volleyball: CHS KO Finals, Bomaderry Junior Rowing Photos,	<b>26</b> Rowing Assembly, Great Hall, 11:30am Basketball: CIS Finals Tournament Basketball: Dinner, Great Hall, 6:30pm Debating: Eastside SCEGGS v SHS Parking: Wests Tigers v Parramatta Eels (Music)	<b>27</b> Rowing: GPS Head of the River, SIRC Parking - Waratahs v Blues (Cricket)	<b>28</b> Swimming: CHS Champs, Homebush
<b>10 B</b>	<b>29</b> Attendance and Progress Review (all Years) Rowing: Seat Racing for GPS selection, SIRC Swimming: CHS Championships, Homebush ENCORE Concert, SOH, 7:00pm	<b>30</b> Music Tour Rehearsal, Great Hall, all day Basketball: CAS v GPS (6pm, 7:30pm) Cricket: Davidson Shield Final series Swimming: CHS Championships, Homebush Swimming: GPS Team Function, Shore, 6pm	<b>31</b> Athletics: School Carnival, ES Marks (all day) Cricket: Davidson Shield Final series Water Polo: CHS KO Final series Basketball: ISA v GPS (6pm, 7:30pm) Rugby: Committee Meeting, Staff Common Room, 6pm Cricket: Dinner, Great Hall, 6.30pm	<b>1</b> LAST DAY TERM 1 Athletics: School Carnival, ES Marks (am) Cross Country: School Carnival, Mount Steele (pm) Water Polo: CHS KO Final series	<b>2</b> Good Friday - Public Holiday Parking: Sydney Roosters v Brisbane Broncos (Debating)	<b>3</b> Parking - Waratahs v Cheetahs (Rugby)	<b>4</b> Easter Sunday Daylight Saving ends
<b>1 A</b>	<b>19</b> Staff Development Day Year 12 Assessment Exams	<b>20</b> School resumes Years 7-11 Year 12 Assessment Exams Foundation Meeting, Board Room, 6:30pm Football: Coaches meeting, Room 203, 6:30pm	<b>21</b> Year 12 Assessment Exams Hockey: Sydney East Trials	<b>22</b> Year 12 Assessment Exams	<b>23</b> Year 12 Assessment Exams Anzac Day ceremony, 11:00 am	<b>24</b> Parking - Swans v West Coast (Rugby)	<b>25 ***</b> Anzac Day Music Tour participating in