



From the Principal

Welcome Back to Term 4



I trust staff and students are refreshed after their breaks and in the case of Year 12s, prepared for their HSC examinations commencing this week. Staff changes. Mr John Coombs is relieving for Mr Sam Mason (LOTE), Mr Paul Wright is relieving for Ms Amanda Kaye and Mr Michael Aldous is replacing Ms Lisa Gowran for Term 4.

High Talent

At the All-Schools State Carnival Michael Denny-Smith won the 400m hurdles. Dinghua Xiao was third in the shot put. Congratulations boys! Late last term High won both the Open and Junior Divisions of the Scots College Invitational Chess Tournament. Well done to Dawen Shi, Ben Encel, Oleg Koudashev, derek Trang, Ilya Bonch-Osmolovskiy and Declan McCrae-Steele. In the recent Macarthur Piano Eisteddfod, Alexander Belokopytov won the Intermediate Championship Division, Baroque U16 and Open U16. Jeremy Ireland won the Open Romantic Division and placed well in two others. A great effort boys!

Shirts With Logos



The official uniform of the school will include shirts with logos from 2008. In the transition phase, the High Store will be selling white shirts with logos to Year 10 boys and new students and blue shirts with logos to Year 7 students and new enrolments. Students who have serviceable existing shirts are permitted to keep wearing them. Our policy is that the new uniform should be phased in on a needs basis. Our intention is to minimise impact but not to allow two varieties of uniform beyond 2009.

Full Uniform Policy

There is a tendency in hot weather for some boys to wear their ties half way down their chests and to pull their shirts out of their pants. Students are reminded that shirts

need to be tucked in and ties done up to the throat, even in summer. Teachers are empowered to apply negative consequences for boys who continue to come to lessons improperly attired.

Foundation Day

Mr Isaacs addressed the boys about parallels between social and political issues of the 1960s and those being played out today. He affirmed the value of his education at High and about the relevance of its motto as a guide to their future actions. My address is reprinted below.

Distinguished guests, School Family representatives, parents of School Prefects Elect, staff, students – welcome to our 124th Foundation Day Assembly. We welcome back a previous School Captain from 1967, Jon Isaacs, as our guest speaker today. Our celebration today serves a dual purpose. We look backwards to our foundation on October 1, 1883. We also look towards the future as our elected leaders take their places in long established roles. Traditions of leadership are very important to the story of our school. As I browse through *The Record* I am struck by how parallel High activities are in the broader school community, even generations removed in time. There is something grounded in an educational experience which focuses on timeless qualities such as initiative, team work, self help, visionary planning, engagement, generosity and persistence.

Fifty years ago, the Headmaster K.J. Andrews, addressed the school at the Prefects Investiture Assembly, held in February that year. He said in his speech that those who have shown the willingness to serve loyally, invariably become those who in turn are chosen to lead. To accept discipline while at the same time developing powers of leadership fits the pupil of today to become the prefect of tomorrow. Mr Andrew's sentiments on leadership are still descriptive of leadership training today. 'Distributive leadership' and 'leaders as followers' are topics of training sessions for modern leadership. The experience of being led seems integral to the development of leadership skills.

Prefects in 1957 also had to demonstrate what was referred to then as "undiminishing interest in many school activities". Today's leaders have to demonstrate sustained participation in many areas

of school life in order to qualify to be included on the ballot paper for election. We have a more formal, documented system now through our Student Awards Scheme, but the sentiment is the same – demonstrate your involvement over time if you want to represent your peers and your school. It is remarkable how similar the attitudes, efforts and aspirations of past High leaders resemble those same qualities that exemplify our 36 inductees today.

Kerry Rubie was school captain in 1957. He represented as Vice-Captain of the 1st XV which won the CHS rugby title and was selected in the Combined CHS 1st XV. He was Captain of Boats and a member of the 1st VIII which won the Head of the River. He swam for the school every year. He was Cadet Under Officer in the school's cadet unit. David Vien, captain elect for 2008, has proven himself in rowing and rugby in similar fashion to Kerry Rubie. Traditions connect us to our history and provide the purposeful anchor that we need to inspire us to goal directed effort.

In many ways, according to the old aphorism, the more things change, the more they remain the same. John Lambert was the debating Master in 1957. He went on to become a distinguished educator and retired to establish the Independent Anglican School System in western Sydney. The first grade team completed the season runners-up in CHS and GPS after being 'narrowly defeated' in a 'closely contested' debate against Riverview. (Our 2007 team would empathise well with those students.) High fielded four teams in the 'Chess in Schools' competition. The ISCF was active, along with the camera Club and a choir of 30 voices.

The High Club was established with 400 members after acquiring premises on the 43rd floor of 41 York St. Sydney. The foresight and initiative of past High students benefit today's cohort. The High Club still donates significant sums of money annually to the school. I commend the High Club and its social activities to you. It is now holding networking functions to add value to its membership.

In 1957 the school was preparing for its 75th anniversary with a history to be compiled by Ken Cable, Arch Ferguson and Vic Barnes. The OBU was to sponsor a 75th Anniversary Ball in conjunction with SGHS and a 75th Anniversary Dinner. We have had similar planning proposals for the 125th anniversary celebrations in 2008.

In 1957 the 'High Bulletin' was born as an amalgamation of the separate publications of the OBU and the High Club. The first two 8-page editions were well received. We have had a recent revival of High Bulletin and a school-based publication High Flyer. I trust that current students see the necessity for volunteers to get involved in preparing material or helping to edit and publish school generated attempts to keep the wider High community informed about activities at our school.

Also in 1957, a Trust Fund was planned to raise substantial funds towards the celebration of the centenary year in 1983. The Centenary Building Fund grew out of that idea and has been maintaining and expanding school assets ever since.

We are now embarking on an even grander project for our 125th year using various tax deductible vehicles to attract donors. People associated with High have always had the capacity to take a longer term view of where their current efforts might lead. They have seen a greater good than self interest and have worked to build the iconic institution that High has become today.

At the McKay Fields, a post and rail fence was erected in 1957 using a large donation by an Old Boy of material and mustered volunteer P & C labour to erect it. Grading work, top dressing and re-grassing helped to expand the playing area to three operational fields. The second storey of the Fairland Pavilion was being completed to service the extra demands associated with games being played on three fields. Ironically, we have a Foundation proposal before the Centennial Part Trust to restore the playing fields to higher standards to accommodate GPS fixtures. We have a vision for three turf wickets and five playing fields for winter games.

Recurrent preoccupations at High encompass the pursuit of academic excellence as a given. A High educational experience has always been about more than academics. Co-curricular activities involving partnerships between parents, Old Boys, staff and students are foundations of our culture. The need to maintain and improve facilities to participate in these activities is also fundamental and endless. The acquisition of resources and coaching expertise is likewise ongoing and essential. Our School Prefects are elected to preserve, protect and enhance our school culture. They connect us to our past and assure our future. I know that they will serve as inspirational models to their younger peers and as reassuring figures for staff, parents and alumni. I congratulate all the young men being honoured today.

Summer Sports Assembly – Cricket and Basketball

My address to the assembly is reprinted below.

Good morning to staff, students, parents, coaches and our special guest, Mr Dean Uthoff. This is our third annual preseason summer sports assembly acknowledging the start this weekend of GPS competition for two sports – basketball and cricket. I would like to congratulate the two-dozen people involved in delivering the basketball program to 300 boys. Ben Hayman has put in a lot of effort and refined the coaching and training interface to produce a higher standard again for next season and has attracted some quality players to join our program. Pre-season preparation has been ramped up too. Thank you to Alex Hayman for his input into first grade and to the evergreen Vince Salomon for his tireless support to basketball over many years. Thank you particularly to George and Christina Chow and the basketball committee for their great work in financial management and kiosk operation. I hope to be able to increase provision of practice facilities on The Flat this summer. High levels of participation in sport are fundamental to our school philosophy. Inevitably, our basketball program will expand to meet the demand and match our competitor schools. To do this, increased resources – financial and physical – will need to be assigned to the

sport. I expect our basketball teams to have competitive depth this year. In GPS competition I predict that first and second grade will win quite a few games between them.

The cricket program has matured also with our connection with Sydney University Sport and the Green Shield Competition. Under the expert guidance of Richard Ayre, Laurie Heil and Hugh Howey, a squad of committed and talented cricketers has been developed. We have the services of more expert coaches and more boys will be able to face accurate fast bowling in the nets courtesy of our machines. Younger students with talent and drive are staking their claims to represent the school in first or second grade. Our new cricket nets will come into their own this year with the construction of a shed to hold two bowling machines, making manoeuvring the machines in and out much easier. Thank you to Laurie Heil and Ben Ingle for their work over the holidays to help support cricketers. The cricket participation is also expanding as students respond to the professionalism of the program. We are looking for more team managers for junior sides. We are increasing our financial and personnel commitments to broaden, deepen and enhance the enjoyment and satisfaction derived from sport at all levels.

In every competition the standard of GPS sport has changed since I have been Principal. It is not a matter of turning up to play. I think many more teams now expect better preparation from their members. You are doing the training for your team, to maximise its potential as much as to perform well yourself. Much more preparation is required by everybody, just to be competitive. We will be introducing training ligs for 2008 so that each boy will have a record of what regular training he has done prior to the commencement of the season he wishes to compete in.

This morning I want to share with you a story about preparation. Nigel Websdale, a rather unique trainer, once told an athlete that he was 'soft' but that he could be fixed with an alternative diet and a belief in his workout regime. The athlete believed that "two things we all need in life but don't get are direction and discipline." He took up the challenge from this eccentric conditioner. The diet was buckwheat, steamed vegetables, miso paste and ginseng tablets. The exercise regime revolved around a chin-up bar, doing lateral raises, chin-ups and leg raises not up to the chest but straight up to the bar. On the first day he managed just three leg raises. Three months later he was doing 10 repetitions of 20. He also did 'roller work' starting with a hand-held wheel and ending with the bumper bar of a car parked in neutral that he would roll back and forth in a kneeling position.

At the beginning of this period of training, the athlete found the routines very demanding and the results far from encouraging but "the thought of a new body to match a tougher mind was very appealing". In his self-talk the athlete would do 17 leg raisers and say 'that's enough- no one will know I haven't done 20'. However, his sense of direction prevailed and he mustered the psychological discipline to win those little battles with himself and complete the workouts set for him. The athlete was Steve Waugh, already a test cricketer, recovering

from a stress fracture in the back sustained in the 1989 Ashes tour of England. He emerged from the adversity of injury and recovery a fitter, stronger person than he was before he was injured.

This episode impressed me because of the exhibition of will power and focus applied to a physical conditioning program. As he described it: "the only person I needed to impress was myself". Your improvement physically is really predetermined by your mental conviction and desire to reach your goals. All of you who wish to represent your school need to develop these habits of mind, even if you cannot reach the same physical goals that a professional athlete like Steve Waugh did. A healthy diet and regular, challenging exercise will build your sense of well being and 'core strength' the way it did for Steve Waugh. It only takes a few months for remarkable differences in performance to be achieved.

I welcome this morning Mr Dean Uthoff, NBL Hall of Fame basketball player. Dean played for Nunawading, Eastside Melbourne and Sydney. He played 260 NBL games and scored 3,755 points, with 3,369 rebounds and 725 assists. He is ranked third all-time in NBL for his 60% career field goal average. He holds the NBL's record for 34 rebounds in a game and the highest average at 18.5 rebounds per game for the 1984 season. Nick-named the 'Man Mountain' (6'10") Dean is supporting basketball as the Sydney Kings Community and Development Manager. He recently ran the successful 'Kings Cup' attracting 29 teams. Please make welcome , Mr Dean Uthoff.

Dr K Jaggar

Sailing Committee Annual General Meeting

Saturday, 20 October 2007

at 8.00 am

at

Woollahra Sailing Club Board Room

All welcome



CHARITIES



The Children's Medical Research Institute and *Jeans for Genes*, being a nominated SBHS charity, are organising a new fundraiser program, Gift Wrap for a Cause. This year gift wrapping will take place at

Myer Bondi Junction, Sydney City and Parramatta from 7-24 December and at Rhodes Shopping Centre from 15-24 December. The idea is simple – customers purchase a Christmas item and Jeans for Genes volunteers wrap it for a small donation. Currently they are seeking volunteers who would like to assist staff gift wrap at the above locations. This is a perfect opportunity for students to fulfil their Duke of Edinburgh community service or receive community service award points for their school award system. Students need to be 16 years or older. Information and clear instructions will be provided to students before they commence. A certificate and reference letter (when requested) will be forwarded to students for inclusion in their resume. For further information and to apply go to the website www.jeans4genes.com.au Click on How Can I Help/School Genie/Special Event Genie.

S Plummer – Charities Coordinator

DID YOU KNOW?

Did you know that at least 9 old boys of Sydney High, and one headmaster have played cricket for the NSW state team, but only two of these have represented Australia?

Sydney Edward Gregory (1887) played 52 tests for Australia, 1890-1912 and was captain for the 1912 England tour. He was Wisden Cricketer of the Year in 1897.

Hanson Carter (1894) played 28 tests as Australia's wicket-keeper, 1907-1921.

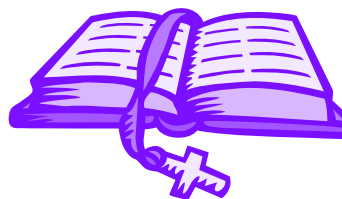
Joseph Coates, who was Headmaster, 1884-1896, played 32 matches for NSW against the other colonies and England, 1867-1880. Teaching duties (the assumption of the Headmastership of Newington College) are said to have prevented him touring with the first (non-Aboriginal) Australian team in 1877.



SHS Old Boys Union

www.shsobu.org.au

Annual Combined GPS Church Service



The President, Ian Clarke, and members of the GPS OBU Council invite you and all friends in the GPS Community to attend this annual service.

Venue: Shore Chapel, North Sydney
(Parking is available off Union Street)
Date: Sunday, 21 October 2007
Time: 9.00 am

Morning tea will be served following the service.

The ecumenical nature of our service enjoys the warm support of Headmasters and Clergy.

Reverend Nick Foord, an Old Boy, (80) has kindly arranged the service and the inclusion of the Shore Boys' Choir.

Dr Timothy Wright, Headmaster of Shore will give an address.

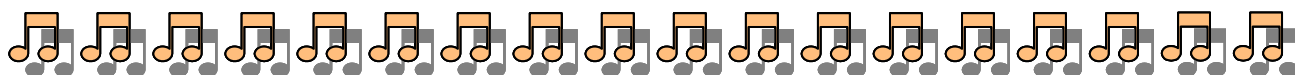
Students, Old Boys and Parents are warmly invited to join us in this joint worship.

RSVP by 25 September 2007 to
apampalian@nsw.gadens.com.au – Anita Pampalian



LOST RECEIPTS

Please be advised that from the beginning of Term 4 there will be an administration fee of \$5 charged for the reproduction of lost receipts. The fee is payable at the time of request.



MUSIC NOTES

Welcome back from the holidays, we hope you had a wonderful break and are all well rested. This term will be a busy one for music with our Jazz in the courtyard concert, Spring Music Festival, Music Awards Assembly and Music Dinner. Please check the calendar or High Notes for these upcoming events and make a note in your diaries. The boys have worked very hard over the year in their ensembles and will be playing a variety of entertaining works at the concerts. Making a debut will be our new percussion ensembles run by our Marching Band director, Matthew Capper. We hope to see you there and thank you in advance for your support over the year.

GPS Music Festival Photos

The Kings School has produced a 20 page colour album of photographs of the GPS Music Festival held earlier this year. They are selling these at \$20 per unit and the school will be ordering some for purchase. If you wish to buy one, please make payments to the front office by Wednesday 24th October (week 2, term 4).

Surry Hills Festival

Well done to our jazz group who played at the Surry Hills Festival last Saturday at Prince Alfred Park. The fabulous weather brought in huge crowds who were blown away by the jazz group's fantastic performance.

Tutor of the Week – Ann Worthington

Ann began her violin studies at primary school. She played in the National Orchestra and was a finalist in the Youth Music Awards which earned her a scholarship to study with Robert Pikler at the Sydney Conservatorium of Music. Her career has seen her playing in recording studios, community orchestras and string ensembles, musicals, and working in advertising on film sets.

Teaching and playing the violin has been an ongoing pursuit for as long as I can remember with a number of students now in the music profession. – Ann.

Student of the Week – Yiwei Han

Yiwei is an attentive and conscientious student. He began learning the violin at the start of the year and has taken 'on board' all he has been taught. Yiwei plays in the Junior string ensemble and works diligently at mastering beginner violin techniques. An absolute pleasure to teach. – Ann Worthington (Violin Tutor)

Percussion Ensemble

Percussion ensembles are well on their way with rehearsals on Monday and Tuesday mornings. Practice is held from 7:30-8:30am (Juniors – Monday Rm 101, Seniors – Tuesday Rm 201) and is conducted by our Marching band director; Matthew Capper. Thank you the music committee who have supported us in the recent purchase a wonderful marimba. Please see the music staff if you are interested in joining.



SBHS DEBATING

ANNUAL GENERAL MEETING of the DEBATING SUPPORTERS GROUP

Tuesday, November 6 at 6.30 pm
in the **Staff Common Room.**

All parents of the Debating Community at SBHS are invited and encouraged to attend the AGM in order to review the past season and to plan for 2008.

This is your opportunity to contribute to shaping the program and the future of Debating at High. Next year there are due to be some significant changes and additions to the program, so to find out more about these and to elect office bearers for 2008 please come along and participate actively in your school community.

DEBATING IS NOT A SPECTATOR SPORT!

If you have feedback to provide regarding the 2007 season and cannot attend the meeting please forward it to me at sbhsdebating@gmail.com.

Items for the agenda and apologies for the meeting should be sent to The DSG Secretary, David Rudder at sbhdsdg@gmail.com

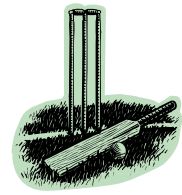


www.sydneyhigh.org.au/debating
Ms Jocelyn Brewer – MIC Debating – sbhsdebating@gmail.com



SYDNEY BOYS HIGH CRICKET

www.sydneyboyscricket.info



Welcome to Term 4 and the start of the cricket season. On the first weekend of the holiday period 33 cricketers from Years 8 to Year 11 attended the cricket camp which proved to be a very successful forum for many to show their skills and potential to make our 1st and 2nd XIs. On Saturday 29th September the boys formed and after warm-ups and administration went into the nets and to fielding drills under the control of the 1st XI Coach Hugh Howey, supported by the Head Teacher Sport Richard Ayre, Malik and Tariq Razeen, Dinuka Gunasekera, Cameron Heil and the MIC cricket. In addition to the coaching support the bowling machine was also put into full operation to support the batting skills of the participants and was judged by the group to be an exciting and fulfilling apparatus in their search for improved technique. During the morning session Dick Ayre conducted a "back-to-basics" batting session for the whole group where basic technique faults were identified and ways in which these can be eliminated from players' techniques. All aspects were then practised with the coaches moving among the squad providing on-the-spot feedback.

After lunch additional sectional drills were conducted in conjunction with the nets and the evening session conducted by Hugh Howey provided off field considerations and some lighter moments with the group's participation.

On Sunday 30th September, after warm-ups we continued with the nets and senior squad members assisted with planned drills and techniques introduced on the previous day and the camp concluded mid-afternoon after lunch. The squads were announced for the Trial Match against Waverley College for Monday 8th Oct and the inter squad mixed teams trial for Thursday 11th Oct at Kensington Oval. I was impressed by the attitude of some of the Years 8 and 9 boys who were not named in the open squads who were obviously disappointed but they had shown the ability to be considered for promotion in the near future should they keep performing. These lads have automatically been included in considerations for the Barberis Cup squad which will see a selected team travel to Melbourne for a 2 match defence against Melbourne High.

SEASON COMMENCEMENT

The 1st and 2nd XIs and all Group 2 teams will play in trial matches this coming Saturday 20th Oct and the Group 2 Teams, that is Under 13, 14B & C, 15B, 15C and 15D, 16B and 4th XI will play One Day 30/30 fixtures against GRAMMAR.. All players are reminded that correct cricket attire must be worn on the field such as white trousers, white cricket shirt, school cap and predominantly white footwear. Foreign caps are NOT to be worn when representing the school. A reminder that ALL players must provide their own PROTECTOR. The school supplies 2 bats in each kit for those who have not yet purchased their own bat

NEW CRICKET STORE ROOM

This is located adjacent to the cricket nets and when completed will house our bowling machines and all cricket equipment. Commenced concurrently on Day 2 of the Cricket Camp further work continued on the holiday Monday and the brickwork was completed on the middle weekend of the holidays. It is due for the roof and doors as we go to press this week. My thanks to our "tradie" Tyron, Ben Ingle, Matthew Wong and Mrs Barbara Taylor who ran "point procurer" for us on day 3.

MANAGERS / MATCH COACHES

I am somewhat surprised at the poor response from parents in respect to support of their sons at cricket by participating in rotating rosters or managing a team on Saturdays. It is important that we have "off field" support and guidance particularly for our younger Years 7, 8 and 9 age groups. Whilst we have worked to provide coaches for teams mid week and for Saturdays, it is hard for coaches who have to umpire their matches to organise the players on the side and keep them aware of the team match plan. Your support would be greatly appreciated and I can be contacted by email at lheil39@bigpond.net.au

BILLET REGISTER

Members of the 1st and 2nd XIs should be considering their ability to offer billets during the Australian 5 Highs Carnival to be from the Mon 3rd to Fri 7th December 2007. Students from Perth, Adelaide, Melbourne and Brisbane will arrive on Sunday 2nd December and will need to be billeted for a total of 5 nights, as the teams will return to their home States on the Friday evening. In addition any cricketer's family who can assist would certainly make our task easier. Lads who can take billets will be utilised in roles assisting visiting teams during the carnival as well as being able to watch most of the matches played. We are looking for 52 billets in total and our closing date for registering to take a billet, is the 1st NOVEMBER and from there allocations will be made in advance to the visiting states and boys assisting at High will be issued rosters. All nominations to be made via the Cricket Website sydneyboyscricket.info

Laurie Heil
MIC Cricket

SYDNEY BOYS HIGH STORE & CLOTHING POOL

Spring Summer Price List 2007-08

SCHOOL UNIFORM

BLAZERS: From: \$255.00

*Please arrange for boys to be fitted
as early as possible
(6-8 weeks delivery from order)*

PANTS: Trousers - Junior, Dark Grey w/w \$59.00
Trousers - Senior, Light Grey w/w \$59.00

SHORTS: Grey \$45.00

BELTS: Black Leather \$16.50

SHIRTS: Sky Blue & White, Short Sleeve with Logo
Sizes 10 - 14 \$24.00
Sizes 16 - 22 \$26.00
Sizes 24 - 28 \$28.00

Sky Blue & White, Long Sleeve with Logo
Sizes 10 - 14 \$25.00
Sizes 16 - 22 \$27.00
Sizes 24 - 28 \$29.00

BLUE WOOLEN JUMPERS:

Up to Size 14 \$78.00
Size 16 - 22 \$82.00
Size 24 - 26 \$85.00

SOCKS: Cotton Knee High \$11.00
Cotton Ankle Sock SHS colours \$8.80
Sport Socks in SHS colours \$8.80

TIES: Junior \$22.00
Senior \$27.50
Prefect \$20.00
Old Boys \$27.50
G.P.S. Old Boy \$36.00

CAPS: Sky Flexifit \$20.00

BAGS: Backpack \$69.00
Sports Bag \$59.00

MATHS: Grid Book A4 \$5.50
Grid Book 96 page \$1.95
Calculator \$30.00
Protractor \$0.55
Compass \$1.55

MUSIC: Music Book \$1.95

ART: Artist Paints \$22.00
Canvas 18" x 24" \$22.00
Visual Art Diary A4 \$6.60
Visual Art Diary A3 \$11.00

DESIGN & TECHNOLOGY:

D.T. Apron \$9.00

UMBRELLAS:

Folding \$16.50
Golf \$27.50

SPORTS UNIFORM

P.E./HOUSE SPORT:

Polo (house colours) \$22.00
NEW Microfibre Longer Leg
-Black Baggy with S.H.S. print \$27.50
Sport Socks \$8.80

TRACKSUITS: (sold as separates)

NEW Microfibre Jacket \$88.00
NEW Microfibre Pant \$44.00

SWIMMING:

High Swimming Costume \$35.00

TENNIS:

Junior Polo Shirt \$38.50
2nd to 5th Grade Polo Shirt \$44.00
Socks with S.H.S. Colours \$8.80

BASKETBALL:

Singlet \$45.00
Short \$45.00
Socks (White S.H.S. Colours) \$8.80
Water Bottle - S.H.S. Crest \$8.80

CRICKET:

Polo Shirt (White with Crest)

Short Sleeve \$27.50
Long Sleeve \$33.00
Caps (Brown) Baggy Style \$50.00
Hat (Natural) - Greg Chappell \$22.00

VOLLEYBALL:

NEW Top \$44.00
Short \$27.50

ROWING:

Zoot Suit \$69.00
Colorado White L/S T-Shirt \$15.00
Rugby Socks \$11.00
Rugby Jersey 12 - 14 \$72.00
Rugby Jersey 16 - 22 \$75.00
Rugby Jersey 24 - 28 \$79.00

SYDNEY BOYS HIGH STORE & CLOTHING POOL

Spring Summer Price List 2007-08

MEMORABILIA

Mug with S.H.S. Crest (Gift Boxed)	\$15.00	S.H.S. Sticker	\$1.10
Bridge Scorers	\$11.00	Address Book	\$12.00
Double Pack Playing Cards	\$24.00	School Centenary Book	\$15.00
Pencil Case (School Crest)	\$8.00	Silverware: Sugar or Fluted Spoon	\$5.50
S.H.S. Pen	\$8.80	Ashtray	\$8.00
Letter Opener	\$6.50	Coat hanger	\$5.00
S.H.S. Pad	\$3.00	S.H.S. Cufflinks	\$15.00
Car Sticker	\$4.50	Number Plate Cover	\$44.00
S.H.S. Foldable Chair	\$49.50	S.H.S. Lanyard	\$6.00

OLD BOYS MEMORABILIA

Polo Shirt with S.H.S. Logo	\$49.50
Supporter Jersey	\$75.00
Rugby Jersey (original)	\$60.00
Supporter Polo	\$35.00
O.B.U. Tie	\$27.50

CLOTHING POOL

A recycled section operates within the High Store Shop. Items such as blazers, shorts, trousers, jumpers, rugby/soccer tops & boots, tracksuits, can be sold on a commission basis - The High Store Shop retaining 1/2 of the sale price.

Please ensure that when sending items for sale you include your name and address.

All items sent should be clean and in good condition. Shirts are gladly accepted as donations.

BLAZERS

G.P.S. Pocket	\$22.00
Music Pocket	\$22.00
Prefect Top Pocket	\$22.00
Prefect Bottom Pocket	\$38.50
Embroidery Line	\$16.50
Remove Embroidery Line	\$22.00
Full Braiding	\$70.00
Dry Cleaning	\$11.00
Service Charge	\$30.00

GENERAL - with S.H.S. Crest Badge

PAYMENT

Cash, Eftpos, Visa, MasterCard, American Express or Cheque payable to the **"HIGH STORE"**

House Badge	\$11.00
S.H.S. (metal)	\$6.60
Rowing (metal)	\$7.70
Orchestra (metal)	\$4.50
Rifle (metal)	\$5.50
S.B.H. Lapel Pin (metal)	\$2.75

OPENING TIMES

Monday, Tuesday, Wednesday & Friday 10:30am to 1:30pm
Telephone 9331 7075

GOODS & SERVICES TAS (G.S.T.)

G.S.T. is included on all prices listed.



SYDNEY BOYS HIGH SCHOOL ROWING COMMITTEE

ROWING SEASON LAUNCH 2007-08 PARENT ORIENTATION Saturday 20th October 2007

If you're like me you won't know everything about rowing so come along and acquaint yourself with what goes on at the High rowing sheds.

All senior parents are needed to help with the boys camping at the sheds at least once during the season and all the junior parents need to help at the Saturday BBQs.

PROGRAM for Parents

9.00am - Years 7,8,9 orientation and tour of the sheds

10.00am - Morning tea (coffee/tea and croissants)

11.00am - Years 10 & 11 outline of rowing camps

HIGHLIGHTS INCLUDE

- The season calendar with important dates
- Expectations of the boys
- Expectations of the parents
- Outline of camp duties for senior parents - presented by parents, Andy Freiman and Geoff Andrews
- Outline of Saturday BBQ duty for junior parents - presented by Steve Whiting and Peter Ambrose
- Tour of the kitchen
- Meet the rowing teachers, coaches and committee

Together we can make it a great rowing season

Julie Blomberg

President 07-08

Attention: ALL PARENTS

DO YOU HAVE INTERNET ACCESS AT HOME?

- ☒ **YES!** - You need to attend this **FREE** seminar
☒ **NO** - You probably will sometime soon



INTERNET SAFETY

a FREE 75 minute informative seminar for all parents of students who attend Public Schools in Sydney Region

HAVE YOU EVER HEARD OF THESE INTERNET-BASED ISSUES?

- ☒ Internet stranger-danger
☒ Unrequested pornography
☒ Spam ☒ Adware
☒ Spyware ☒ Malware
☒ Phishing ☒ Drive-bys
☒ Bait E-mail ☒ Scams
☒ Cyber-bullying
☒ Identity theft
☒ Security alerts
☒ Chat rooms
☒ Predators

The INTERNET is an amazing place and more and more parents believe their children are disadvantaged by not having access to the Internet at home

Many parents are buying computers and connecting to the Internet without really being AWARE of the IMPLICATIONS of connecting to the Net

The world of technology is moving RAPIDLY and it can be difficult to keep up

Your family's security could be compromised by a lack of UNDERSTANDING about "Internet Safety"

Recent news reports about Internet-based dangers have highlighted this growing WORLDWIDE problem

You will LEARN about all of these separate Internet ISSUES: What they are and what they are capable of doing. What you can do to get rid of them and what you can do to AVOID them in the future

Education and knowledge about the Internet is your best DEFENCE against these common threats.

INTERNET SAFETY PRESENTATION – session details:

ST GEORGE AREA	SUTHERLAND SHIRE	EASTERN SUBURBS
Mon 29 October 2007 7:30pm SHARP Georges River College Oatley Campus - Monk Theatre Cnr Oatley Ave & Hurstville Rd, OATLEY (max seating 200 – parking available)	Tues 30 October 2007 7:30pm SHARP Caringbah High School School Hall 111 Willarong Road CARINGBAH (max seating 200 – parking available)	Mon 5 November 2007 7:30pm SHARP Sydney Girls High School Campbell Hall Cleveland Street & Anzac Parade MOORE PARK (max seating 200 – parking available)

NEW SOUTH WALES
DEPARTMENT
OF EDUCATION
AND TRAINING



RSVP to Tina – 9582 2800
Bookings are ESSENTIAL

These seminars are presented by
the NSW Department of
Education and Training, Sydney
Region for the interest of parents

High for Homeless

Want to have a first hand encounter with poverty in Sydney? Want some experience in practical community service? Want your eyes to be opened to the inequality and injustice that is basically on our doorstep?



High for Homeless (H4H) is a new program being run that encourages students from Sydney Boys High to volunteer at the soup kitchen at the **Matthew Talbot's Hostel for homeless men**, in Woolloomooloo. The goal of this program is to help people – not just to help the homeless in a practical 'hands-on' way, but to change how the youth of today see inequity in their society and thus to appreciate the opportunities they have. Whilst anybody can casually volunteer at the Talbot, the advantage of H4H is that it is student-focused, making this opportunity more accessible.

What can I expect as a Volunteer?

You can expect the work to be VERY simple as it constitutes either helping collect plates and cutlery and cleaning up in the dining hall or helping in the kiosk/canteen. Furthermore, if time permits, volunteers will be given a tour of the large three storey hostel. Volunteers may also have a dinner meal, free of charge, after their shift.

What has the response been like in the holidays?

Simon Liu, a Yr 11 High boy, after having toured around the Talbot on 27 September, said:

"It makes me realise how sheltered we are. It really opened up my eyes. I mean, Sydney is meant to be one of the most livable cities in the world. It almost makes me feel pretty angry."

Isaac Eveleigh, a Yr 8 High boy, after volunteering on a dinner shift on 25 September, said:

"It hurt to see people suffering because someone else hasn't had as much opportunity as me. Made me feel lucky, living in a house [and] having all the luxuries we take for granted. It changes how you see homeless people. Instead of seeing them as drug addicted weirdos, you see them as just not having the advantages that I have and having been ripped off by society."

The following 22 boys helped in their holidays:

- William Chan
- Danny Fu
- Shreyas Iyer
- Tim Li
- Andrew Lim
- Nick Lindeback
- Varan Perananthan
- Paul Phuah
- Shane Ponraj
- Shiva Sheth
- Lachlan Street
- Neil Street

- Simon Liu
- Nic Lochner
- Nathan McDonnell
- Edwin Montoya
- Peter Nguyen
- Ashwin Thomas
- Simon Ting
- Andrew Tse
- Alex Yeung
- Schuman Zhang

An extended applause goes out to all of these boys!

When is H4H?

Over the next four weeks, we will focus on helping out after school on Tuesdays and Fridays. These days will alternate each week, starting with Friday afternoon on week 1 and then Tuesday week 2 etc. This will act as a trial period so we can assess the demand and thus see how frequently we should have H4H in the future.

Friday 19 Oct, Week 1

Tuesday 23 Oct, Week 2

Friday 2 Nov, Week 3

Tuesday 6 Nov, Week 4

The time period that we are going to be serving is:

Dinner: 1625-1730

How do I get there?

In terms of getting there, volunteers can meet at **Kings Cross Station** 15-20min before their shift where they can then, as a group, walk down William Street to the Talbot. This means that, straight after school, you will catch the school bus to Central and then catch a train on the Blue Line to Kings Cross Station. Alternatively, you can meet at the hostel at **2 Talbot Place (on the corner of Bourke St) in Woolloomooloo** – near the entrance to the Cross City Tunnel – at the beginning of the shift.

Lockers are provided. Clothing will be school uniform (you will wear aprons over it so as not to get dirty).

Why should I volunteer?

Students are encouraged to volunteer as they will benefit through the Student Awards Scheme (half a point per shift), as it counts as volunteer work as well as invaluable community service and can go towards the Duke of Edinburgh Award Scheme. Furthermore, an official Certificate of Appreciation will be given to each student and can be used in a CV. Most importantly, the benefit of volunteering at the hostel is the profound impact it will have upon you and your outlook upon society, poverty and life in general.

How do I get involved?

To get involved, contact the High For Homeless volunteer coordinator, **Nathan McDonnell** (Yr 11), on 0430 007 024 as soon as possible to be rostered on.

New Library & Performing Arts Centre

Tax Deductible 125th Anniversary Project



Sydney Boys High School depends upon its community of parents, Old Boys and supporters to further the School's ethos of the pursuit of all-round excellence.

We have a bold vision for a two stage Library & Performing Arts Centre. With advances in information technology, there is a pressing need to create a facility which is able to adapt and keep pace with meeting the increasing needs of our students. The estimated cost of the combined project is \$4m. Stage one requires \$1.8m; we have \$400k. A new **tax deductible** monthly giving program has been introduced to help fund our development goal.

We have implemented an arrangement with ANZ Bank for automatic monthly deductions from a nominated credit card. You can elect to give \$50, \$40, \$30 or \$20 each month for a period of twelve months. Your nominated amount, along with your name and credit card details will be sent to the bank electronically. At the end of the financial year, the school will issue an annual statement as evidence of tax deductible donations. You can opt in or out of the scheme provided you notify the school in writing five working days before the fifteenth day of each month.

Thank you for helping to make a difference for our boys.

SYDNEY BOYS HIGH SCHOOL - MONTHLY PAYMENT ADVICE

Name: _____ Daytime Phone Number: _____

Address: _____ Postcode _____

Email Address: _____

I authorise SBHS to make the following deductions from the credit card nominated below:

Card Type:	Bankcard	<input type="checkbox"/>	Mastercard	<input type="checkbox"/>	Visa	<input type="checkbox"/>		
Monthly deduction for 12 months	\$50	<input type="checkbox"/>	\$40	<input type="checkbox"/>	\$30	<input type="checkbox"/>	\$20	<input type="checkbox"/>

Card Number: _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ Expiry Date: ____ / ____

Cardholder's Name: _____
[please print]

Cardholder's Signature: _____ Date: _____

Canteen Price List

Open Hours 8:30 am - 1:40 pm

8:30 to 9:00 a.m. * a time to place lunch orders * breakfast is available

It is to your advantage to pre-order lunches: it saves waiting in queues and ensures you get what you want.

Sandwiches and Rolls

Filling	Sandwiches	Rolls
Orders only:		
cheese & salad	\$ 2.20	\$ 2.80
chicken & salad	\$ 3.20	\$ 3.80
corned beef & salad	\$ 2.60	\$ 3.40
egg & salad	\$ 2.50	\$ 3.00
ham & tomato	\$ 2.40	\$ 2.80
ham & salad	\$ 2.60	\$ 3.40
roast beef & salad	\$ 3.00	\$ 3.50
salmon & salad	\$ 2.80	\$ 3.50
vegemite	\$ 1.20	\$ 1.50
Orders and over-counter sales:		
buttered roll	-	\$ 1.20
cheese & tomato	\$ 1.50	\$ 2.00
chicken & coleslaw	\$ 2.80	\$ 3.50
chicken & lettuce	\$ 2.80	\$ 3.50
corned beef & tomato	\$ 2.40	\$ 2.80
Dagwood		\$ 3.00
curried egg & lettuce	\$ 2.20	\$ 2.50
egg & lettuce	\$ 2.20	\$ 2.50
roast beef & tomato	\$ 2.50	\$ 3.00
roast beef seeded mustard & lettuce	\$ 2.50	\$ 3.00
salad	\$ 2.00	\$ 2.50
chicken or lamb yeeros wrap		\$ 5.50
Mini wrap		
- chicken & caesar		\$ 2.80
- chicken & coleslaw		\$ 2.80
- chicken & tabouleh		\$ 2.80
- lamb & tabouleh		\$ 2.80
Available in brown/white bread; extras 20c		
Sushi		
- chicken		
- beef		
- salmon		
- tuna		
- veg		

Cakes, Muffins and Fruit

custard tart	\$ 2.20
choc chip/ANZAC cookies	\$ 1.00
chelsea bun/cupcake	\$ 2.00
muffin	\$ 2.60
apple, orange	\$ 0.80
fresh fruit salad	\$ 2.20
finger bun	\$ 1.80
banana bread	\$ 1.40

Hot Food

Orders and over-counter sales:	
cheese & spinach puff	\$ 2.40
chicken & corn roll	\$ 1.30
chicken puff	\$ 2.50
chicken Halal pie	\$ 3.40
garlic bread	\$ 1.50
lasagne/ravioli/spaghetti/macaroni & cheese	\$ 3.00
meat pie (sauce + 20c extra)	\$ 2.60
pizza pocket	\$ 1.60
pizza rounda	\$ 1.80
pizza slab	\$ 2.30
potato pie	\$ 3.40
sausage roll	\$ 1.80
chicken burger	\$ 4.00
sweet chilli chicken sub/wrap	\$ 3.50
hot chicken/mayo roll	\$ 3.50
hot chicken/mayo sandwich	\$ 2.80

Drinks

300ml plain milk	\$ 1.10
300ml flavoured milk	\$ 1.70
600ml plain milk	\$ 1.70
600ml flavoured milk	\$ 2.40
spring water	\$ 1.40
Powerade TM	\$ 3.00
Diet 375ml Coke/Lift/Sprite Zero TM	\$ 1.80
Diet 600ml Coke/Sprite Zero TM	\$ 2.60
Aroona-carbonated spring fruits water	\$ 1.70
Berri - Long Life Juices	\$ 1.70
Deep Spring mineral water	\$ 2.00

Breakfast

Cereal bowl	\$ 2.00
Hot chocolate	\$ 1.00
Cheese toast	\$ 1.00
Cheese & tomato toast	\$ 1.20
Cheese & bacon bun	\$ 2.20
Croissant - ham & cheese	\$ 2.40
Raisin toast	\$ 1.00
Bacon & egg muffin	\$ 3.00

Sweets and ice creams/blocks over counter

Prices effective 16/7/07

Minor price changes will occur as a direct result of increases by suppliers

ALL CANTEEN PROFITS ARE RETURNED TO THE SCHOOL FOR THE BENEFIT OF THE BOYS' EDUCATION AND DEVELOPMENT.

The School Calendar is best viewed online [here](#)

October/November 2007

18-10-2007

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 A	22 NSC (9:25 English) Selective Schools Application Forms for Year 7 2009 available Music Tutor Soiree Week, 4:30pm	23 NSC (9:25 Bus St, Cl Gsk) Music Tutor Soiree Week, 4:30pm 15 years basketball vs Smith's Hill HS at Illawarra Stadium, periods 2 - 6	24 NSC (9:25 Chem, 1:55 Dance) Music Tutor Soiree Week, 4:30pm Sports Council Meeting (Budget 2008), Board Room, 5:30pm	25 NSC (9:25 Mod Hist, 2:00 German) Music Tutor Soiree Week, 4:30pm	26 NSC (1:55 Geog) Music Tutor Soiree Week, 4:30pm Mistral Day - Stewart House (Year 7) Years 1-4 yr 11 art students, Fox Studios art fair - Beemot Years 5-6 yr 9/10 art students, Fox Studios art fair - May	27 Sport Group 1 - SJC v SRS Group 2 - SRS v SJC	28 Daylight Sailing starts Parking - Sydney FC v Central Coast (Rugby)
3 B	29 NSC (9:25 Maths, Maths Ext 2) Year 7 Yearly Examinations	30 NSC (9:25 Bio) Year 7 Yearly Examinations Year 9 Parent Group meeting 7:30 pm, Staff Common Room.	31 NSC (9:25 Maths Ext 1, 1:55 PDHPE) Year 7 Yearly Examinations	1 NSC (9:25 Anc Hist, 1:55 Soft Dwa) Year 7 Yearly Examinations	2 NSC (9:25 Eng Ext 1, 2:00 Jap Ext) Rowing selections - Years 10 and 11 Rowers, SIRC Penrith, all day	3 Sport Group 1 - SJC v SRS Group 2 - TKS v SRS	4
4 A	5 NSC (9:25 Phys, 1:55 Hist Ext) Year 8 Yearly Examinations Selective Schools Application Forms for Year 7 2009 to be submitted to Primary Schools P & C executive meeting Year 11 Biology excursion to Botany Bay, all day.	6 NSC (9:25 Econ, 2:00 Chin) Year 8 Yearly Examinations Years 9 - 11 Visual Arts excursion, Sculpture by the Sea, all day Debating Supporters AGM, Common Room, 6:30pm	7 NSC (9:25 Sci, 2:00 French) Year 8 Yearly Examinations	8 NSC (9:25 Leg St, 2:00 Chin Ext, Fr Ext) Year 8 Yearly Examinations NSC Visual Arts marking in the Senior Study, 9:45 am - 11:00 am	9 NSC (9:25 Vis Arts, Latin) Remembrance Day ceremony, 10:45am Jazz Workshop, Rooms 101 and 102, all day	10 Sport Group 1 - Shore v SRS Group 2 - SRS v Shore	11 Concert in the Courtyard, 4pm
5 B	12 School Certificate Examinations, English and Science Year 9 Yearly Examinations Attendance and Progress Review (all Years)	13 School Certificate Examinations, Mathematics and History, Geography & Civics Year 9 Yearly Examinations OCMC meeting, Board Room, 5:30pm	14 School Certificate Examination, Computing Skills (online) Year 9 Yearly Examinations	15 School Certificate Examination, Computing Skills (online) Year 10 Peer Mediation Day 1 Year 9 Yearly Examinations	16 Year 10 Peer Mediation Day 2 Music Spring Festival, Great Hall, 7pm	17 Sport Group 1 - Shore v SRS Group 2 - SRS v SIC Head of the Parramatta	18