



From the Principal High Talent

Congratulations to our members of the NSW State Schools Instrumental ensembles (Jason Kok, James Mackay (Year 11) and Alasdair Brown (Year 9), who performed at the first concert hosted by the Performing Arts Unit. Newcomer Oliver Konakoff (Year 11) was selected in the CHS Volleyball team to compete in the Trans Tasman tournament. Well done!

Student Awards Scheme

Mr Beringer presented an informative power point display to students in Years 7 and 8. His aim was to demystify the scheme and to inspire greater participation by our younger students. His intervention is timely because half and full categories can be satisfied towards the end of term one by: attending the Head of the River (at least 200 boys did so); participating in the athletics carnival and running in the cross-country event. The scheme really just recognises the things we expect you to do anyway. To get a medallion you need to do a bit more than what would be expected. I am confident that more boys in stage 4 will appreciate that attaining the categories for medals is well within their reach if they get involved fully in school life.

Behaviour at Bus Stops and on Buses



The depot Manager at Randwick wrote to me about our students “congregating and sitting on the temporary barriers (on the out bound stop) situated on the Moore Park Bus Roadway”. Obviously, such behaviour is unsafe and poses a risk of injury from barriers toppling over. Bus drivers have raised this matter as a safety concern and I

want to encourage users of Anzac Parade buses to take heed of this warning to wait for buses in appropriate places and to refrain from engaging in dangerous behaviour. In the last six years two of our boys have been hit by vehicles on roadways adjacent to our school.

Mixed Fortunes for our Rowers in Their Long Finale to the Season



Our crews were literally blown out of the water on a blustery Head of the River Saturday which saw the slowest winning time for the first VIII in more than eight years. The cross headwind favoured lane 2 and made lanes 8 and 9 hard going indeed. I noticed that all our crews kept their form and were trying to make good strokes together, right up to the finish line. I felt that it was a good sign that our boys know how to row but were a bit overwhelmed by the conditions. The best row of the day came from the first VIII, the only crew to reach the first school benchmark of <10% off the pace. At 8.28% off the pace they were followed by the 2nd Year 10 VIII (10.2%) and the first Year 10 VIII (13.9%). Our crews can take heart from the fact that the 10% barrier is well within their reach if they persist in off season strength and fitness work. The support from our school was unprecedented and very much appreciated on the day.

At the CHS regatta on Tuesday, High rowers came into their own against more “normal” opposition. The first and second VIII had a leisurely row against each other in a time nearly 7 seconds faster than their Head of the River result. Most boys backed up for several more rows. A clean sweep in the championship men’s quad sculls was a highlight for me, seeing only High boys on the podium. From the 15 races for boys contested High was unplaced in only 3 events. High crews won 20

medals: 7 gold, 6 silver and 7 bronze. Tom Hurrell won two team gold medals and a bronze in single sculls to cap off a big day. High regained its champion school trophy by narrowly winning the point score, despite not being able to contest races for girls as the co-ed schools can. The coaching staff and logistics crew did a great job as usual to get so many of the same boys to the start line in a variety of craft. Pairs and double sculls are not boats we are used to handling. Our junior crews had trouble staying in their lanes without coxswains but did well with a minimum of training.

Service Learning – the Latest Curriculum Addition?

A couple of Federal MPs are pushing the imported ‘service learning’ concept. In USA schools students have to do a service project as part of their High School diploma exiting credential. Our community is ahead of the game with its Student Awards Scheme and Charities Committee and Plan. However, we are still lagging in the area of structured help to community institutions. It would be great to see High boys helping out at one of the community service delivery agencies or aged care facilities. Such activity would be credited in the “additional information” section of the Awards Scheme booklet. High needs to develop its profile as a local community school. We have Surry Hills, Paddington, Green Square and Victoria Park as adjacent housing areas. We need to seek out connections with local institutions.

Sir Roden Cutler VC Memorial Gates

In this week’s *High Notes* a pamphlet has been inserted asking for donations towards the completion of the first stage of the project by May 29. Drawings for the foundations have been received from the heritage architect’s office. A contractor will be selected next week. We are anxious to know how many copies of *High Notes* and any inserts actually arrive home. To that end lucky dip prizes will be drawn on Monday, Term 2 week 2 from all entries in the **Take it Home** competition. Entry forms are published in *High Notes*. To be eligible for the draw, students need to get a parent to sign the tear off portion of the document and answer three simple questions on the contents of *High Notes* and the pamphlet. Completed entry forms can be handed in at the office until the first Friday of term 2.

Dr K Jaggar

UNSW Library Membership Possible For Year 11&12 Students and All Teachers



Forms are available at our Library. Cost for students is \$30. Cost for teachers is \$60.

University Libraries are a great place to do your homework or assignments on weekends or weeknights if your house/computer is busy. Local libraries can also be very useful in that respect. Maroubra Library has bays and bays of HSC Study Guides.

Mrs Crothers

A Note from Mrs Luithle to Year 11



Dear Year 11s

Thank you for the touching words of farewell that Moussa read of me at the Awards assembly, and for the beautiful bunch of flowers. I have enjoyed my sixteen years teaching at Sydney High and I will take fond memories with me.

You have six terms of immense hard work ahead of you. I am confident that you will work diligently to obtain exemplary HSC results and UAI scores. You have had and still do have great opportunities at Sydney High not only academically, but also with all the co-curricular and extra-curricular activities at your disposal. I am certain that you will procure the most and the finest from Sydney High when you leave at the end of next year.

Mr. Coan who has had previous experience as a Year Adviser has accepted the role from Term 2.

I wish you all the best for the rest of year 11 and year 12, and for the years after High school.

Mrs Luithle - Year 11 Adviser

FOUND



A gold cross on a chain has been found and handed into the Office. If you think this might be yours, please see the Main Office.

Year 10 Parents Social Evening

Friday 26 May

Please mark your diaries now!

Restaurant details are being finalised.



For more info:

email Barbara Taylor:

admin@gtmanagement.com.au

or phone: Toni Lindeback 9314 0304

P & C PARKING



The first P & C Parking Day for 2006 is in the Easter Holiday. Many families will be away, but for those remaining in

Sydney this is an opportunity for boys to earn points for the student awards scheme when there are no assignments due or exams looming!

Please consider helping raise funds for your school.

Sunday April 23rd 10.00 am until 1.30 pm

4 people from 10.00 am

4 more at 11.00 am

4 more from 11.00 - 1.30 pm

Funds raised by P&C benefit all boys at SBHS.

If you can help, please call or e-mail:

Lyndell Evans 0411 430 394

P & C Parking Co-ordinator

evansfamily2000@optusnet.com.au

Thank you.

Year 7 Parents Meeting With Year 7 Advisor Ms Veronica Crothers and Ms Jenni May, Head Teacher, Welfare



All Year 7 parents are welcome to our next Parents information evening on April 11 at 7pm, in the staff Common Room at Sydney Boys High. Our guests are Veronica Crothers and Jenni

May who will discuss the transition of our boys into High School and the programs offered to support their personal development.

At the conclusion there will also be a general discussion session. This is your opportunity to put forward any issues or concerns you may have concerning the transition into Year 7.

For more information please contact your Year 7 Convenors David McDonald at tradingup@bigpond.com or Shirley Tickner on shirrod1@optusnet.com.au.

We look forward to seeing you at the Parents information evening.

Words of Wisdom



“Don't worry about people stealing an idea. If it's original, you will have to ram it down their throats.”

(Howard Aiken 1900 – 1973)

“Opportunities are usually disguised as hard work, so most people don't recognise them.”

(Esther 'Eppie' Pauline Friedman Lederer; better known as Ann Landers 1918 – 2002)

“Maturity begins to grow when you can sense your concern for others outweighing your concern for yourself.”

(John MacNaughton)

“No pessimist ever discovered the secret of the stars, or sailed to an uncharted land, or opened a new doorway for the human spirit.”
(Helen Keller 1880 - 1968)

“We are told never to cross a bridge until we come to it, but this world is owned by men who have 'crossed bridges' in their imagination far ahead of the crowd.”
(Anon)

“There are two kinds of people, those who do the work and those who take the credit. Try to be in the first group; there is less competition there.”
(Indira Gandhi 1917 – 1984)

**Weddings, Parties, Conferences, Meetings,
Anything!**
The Outterside Centre, Abbotsford
www.sydneyboyshigh.com
go to 'Venue Hire'

The Outterside Centre at Abbotsford, affectionately known to the rowing community as 'the Sheds', has had its function room refurbished to maximise its potential as a new, waterfront venue location in Sydney. Available to the school family and old boys at a discount, The Outterside Centre is ideal for private parties, dinners, weddings and reunions as well as corporate events and conferences.

Have a look at the new 'Venue Hire' page on the school's website and follow the links to view the facility and find out more information.

We are holding our first Bridal Expo on Saturday, 29 and Sunday, 30 April – the last weekend of the school holidays - from 11.00 am to 6.00 pm on both days. There will be themed table settings, flowers, designer cakes, an elegant marquee on the waterfront, gift bags plus a competition with



fabulous prizes. There will be lots of ideas to explore while enjoying a complimentary glass of champagne and canapés. If you have friends or relatives who are getting married, or you are organising other events and would just like to drop in and have a look around, we will look forward to seeing you. For more information call Judith Shuttleworth on 0427 070569.

CHARITIES



On Friday 7 April, SBHS Charities Committee will hold our first Mufti Day for the year. The Year 7 nominated charity Stewart House will be the beneficiary of the compulsory \$2 donation from students on that day. In addition Year 7 students will be selling a limited amount of Stewart House blue wristbands for \$2. This fundraiser will be held in conjunction with the SRC's Strongman Competition and barbecue which will occur on the flat at lunchtime that day. Please support the students and encourage their community awareness.

S. Plummer – Charities Coordinator

Rugby Committee Meeting Summary

The first meeting of the SBHS Rugby Committee for 2006 season was held on 29/3/06.

The following is a summary of the meeting:

Attended: Rob Fetherston, Serdar Bolen, Kel O'Keefe, Katherine Deacon, Matt Bowman, Adrian Vertoudakis, Christina Chow, Andrea Freiman, Geoff Stein. **Apologies:** None

Parking coordinator still required. Half of the days have already been accrued. Ideally parent/s from the lower age groups to take on the task.

First aid at McKay/MPW is being coordinated by HT Sport. A medical person for each age group is

required for immediate on field attention. Each age group is encouraged to canvass their parents for someone to fill this role. Possibly on a rotation basis.

1st and 2nd Afternoon tea coordinator – Parents from 1st and 2nd XV will be required to fill this role once selections have been made.

Player registration fee – No registration fee to apply. Part of school fees to be used for OH&S and provision for medical services.

P&C compliance – Trading “In and Out” after each match, as well amount of parking money transferred to Committee to be provided to November P&C meeting by the Treasurer.

Rugby website 2006 – highrugbyfriends.com website should be up by May. Tom Miller, Ben Friis-O’Toole, Robbie Girdler and Serdar Bolen are coordinating. Match reports supplied to S. Bolen will be included. Hopefully linked to school website. Should be publicised with fliers at Waratah rugby parking days. Aim is to generate interest in High rugby outside the immediate school family.

Treasurer’s report – Current account statement tabled. Balance as at 28/3/06 was \$5590. \$1000 of this total is from High Rugby Friends to be used for their activities.

Season 2006 – Playing schedule, draft McKay playing times and coaching arrangements discussed. This will become clearer after players have made their Winter sports choices in the next few days.

Transfer of parking money – The meeting agreed to transfer \$5K of parking money to cover the employment of Matt Bowman as the scrum coaching coordinator for the season. Payment to be negotiated with K. O’Keefe once the funds have been transferred. S. Bolen/R. Fetherston. Passed.

Coaching stipend – The meeting agreed that the Committee pay S. Bolen \$11K as part of his coaching stipend. R. Fetherston/G. Stein. Passed.

1st and 2nd XV camp – Will run during Easter vacation, over three nights at Abbotsford. Cost approx. \$135, including \$15/player/night

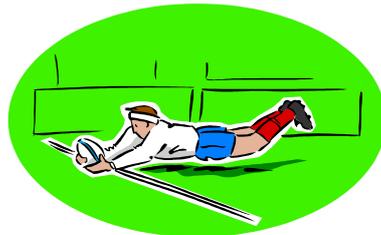
accommodation fee. Committee to pick up any financial assistance required for players to attend.

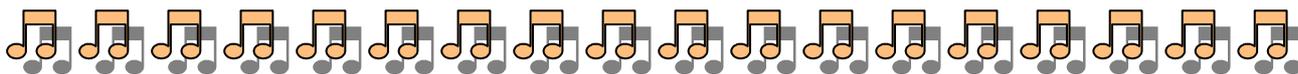
Parent contact list – Email addresses for BBQ, canteen and parking rosters to be provided to relevant coordinators. Parents are requested to provide their email addresses on the completed “Permission to play rugby forms” before the start of the season.

Canteen prices 2006 – In line with other schools, and relative quality, BBQ prices to increase to \$5 for a hamburger and \$4 for a sausage sandwich.

Next meeting Wed. 3rd May 2006, 6pm in Room 901. All welcome.

G. Stein MIC Rugby





MUSIC NOTES

Annual Music Camp

The Annual Music Camp will be held for all music ensemble members from the **29th-31st of May** **except for the training concert band**. It is **compulsory** for all students in the music ensemble program to attend as there will be a performance in the Great Hall at 6pm on the Wednesday (31/5/06) back from camp. Notes for the music camp have gone out to students, please ensure to pay to the main office and return the attached slip to the music staff before the end of term. If there are any concerns of difficulties, please advise the music staff as soon as possible.

Year 7 Music Camp

Notes have gone out to students in year 7 learning a musical instrument for the weekend camp to be held on the 6th and 7th of May 2006. If there are any students who have not yet received one, please see the music staff as soon as possible as arrangements need to be made by the end of the term.

Senior Music Composition Workshop

Last Thursday's excursion to Ultimo's ABC Centre for the Composition Workshop with conductor Richard Gill turned out to be an interactive and enlightening experience for SBHS's Senior Music students.

The one hour session was covered by performances of submitted compositions from high school students state-wide, by the **Sydney Sinfonietta**, an elite group of Sydney's musicians. Throughout the workshop, the light humour and compositional genius of conductor Richard Gill encouraged active participation of an audience of five different schools. The eccentricity of his character provoked our own soloist, Paul Pang, to raise his hand more than a few times during the course.

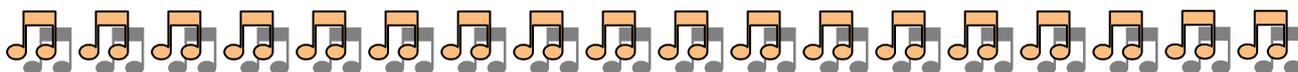
As students, we absorbed various methods of subtly improving our compositions as well as learning the vital importance of imagination in the creative process. Leaving the auditorium with overactive imaginations, SBHS music students set out on a creative high.

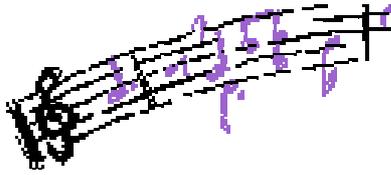
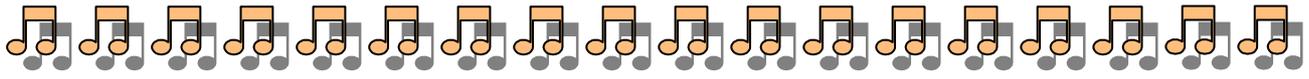
Thanks to Ms Gilmore and Ms Lim for supervising us on what may be the most successful music excursion to date, though it looks better in retrospect.

By: Wilson Wong (Yr 11)

Music Tour to China

Unfortunately, the music tour to China has been cancelled due to the lack of numbers required for the tour. We apologise for any inconvenience caused and we will endeavour to host another music tour sometime in the near future.





MUSIC NOTES

(Continued)

Parents of all music ensemble members, could you please provide the music staff with your contact details by filling in the below slip and returning it to the music staffroom as soon as possible so that we are able to contact you about any upcoming events involving your son's participation. This will enable us to communicate with you more effectively and efficiently. Thank you very much. (Please ***print*** the information.)

Kind regards,

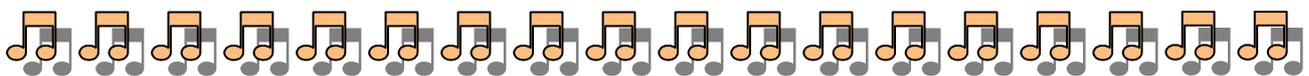
Music staff.
(Debra Gilmore, Rita Miller and Suzanna Lim)



Son's Name: _____ Roll _____ class: _____

Parent(s) Name: _____ Contact No. : _____

Email: _____ Music Ensemble(s): _____



THE P & C EXECUTIVE - PARENT INVOLVEMENT & SUPPORT AT SBHS

Parents are an important part of the High family who contribute in many ways to the welfare of the boys. If you are a new parent, or one who would like more information about parent involvement and support at SBHS, please read this short guide.

P & C General Meetings

All parents are encouraged to join the P & C by registering and paying the annual subscription (presently \$25, on the general fees invoice) and attend general meetings. The P & C contributes the fees to the school to support many activities, for example the refurbishment of the school canteen, upgrading of technology in the school and purchase of new curtains for the hall. The meetings deal with a variety of issues related to school life to which parents can contribute. The Principal usually attends and gives an informative report about many organisational, curricular and co-curricular activities.

Meeting time: 3rd Wednesday of month at 7:30 pm

Contact details for year group convenors:

Year 7	David McDonald Shirley Tickner	tradingup@bigpond.com or shirlrod1@optusnet.com.au
Year 8	Bruce Gordon	b.gordon@unsw.edu.au
Year 9	To be advised	
Year 10	Barbara Taylor Toni Lindeback	admin@gtmanagement.com.au or toni@designate.com.au
Year 11	To be advised	
Year 12	Antoinette Farrow Sue Levy	antoinette.farrow@tafensw.edu.au , or sueflevy@anatomy.usyd.edu.au

Canteen

Parents are encouraged to help out at the canteen. The canteen operates under the auspices of the P & C and all profits are for the benefit of the boys. Three volunteers work each school day, preferably 9.00 am to 1.30 pm. You can nominate for the roster one day a month or one day a term by contacting the canteen supervisor Mrs Christine O'Reilly on 9360 4027.

High Store

Parents also help out at the school uniform shop. This has very busy periods at the start of

Next meeting: Wed 17 May 2006 at 7:30 pm in the Staff Common Room

P & C Executive Meetings

Office bearers & Executive members (including the elected Year representatives) attend executive meetings, others by invitation

Meeting time: 1st Monday of month at 6pm

Next meeting: Monday 8 May 2006 at 6:00 pm in the Board Room.

Year Groups

Parent year groups and year group meetings are open to all parents of boys in that year. Participating in a year group is a great way to meet other parents, actively support SBHS, be informed about school policies and activities and raise issues. The year groups may take up issues directly with the Principal and can liaise with the year adviser on matters relating to the curriculum. In addition, two representatives from each year are elected to the P & C Executive. Year groups meet as often as they decide.

the school year and also at the approach of a new sport season. If you can volunteer for a few hours, one day per month 10.45 am to 1.30 pm (over the lunch break), please call Mrs Michelle Gentele on 9331 7075.

Sub Committees/Support Groups

Many of the extracurricular and co-curricular activities of the school have a sub-committee or parent support group that meets under the auspices of the P & C. The support group meetings are held throughout the school year and are advertised in the High Notes. Parents

raise funds for these activities by helping out with fund-raisers through the school (such as BBQs and catering) and parking at the school. Patrons of sporting events at the Sydney Cricket Ground and the Aussie Stadium can park their cars in the school grounds for \$12, a

fee set by the Moore Park Trust. A session of parking is about two to three hours on weekends and the boys can satisfy the community section of their Student Award Scheme by helping.

Contact List for Sub Committees and Support Groups

Activity	President or MIC	President/MIC email address	Parking co-ordinator
Basketball	Kevin Bock	bockee@bigpond.com.au	Kumi Abeysuriya kumi.abeyasuriya@uts.edu.au
Cricket	Andrew Bowes	abowes@hhmp.com.au	Laurie Heil lheil39@bigpond.net.au
Debating	Jocelyn Brewer (MIC) John Evans	sbhsdebating@gmail.com evansfamily2000@optusnet.com.au	Craig Phillis maxwellp@idx.com.au
Fencing	Gabriele Klocker	gklocker@optusnet.com.au	gklocker@optusnet.com.au
Football (Soccer)	Robin Campion	robin54@optusnet.com.au	Barbara & Geoff Taylor admin@gtmanagement.com.au
Music	Katharine Deacon	katharinedeacon1@aol.com	Alex Burger aburger@qantas.com.au
Rowing	Steve Tiedgen	stevetiedgen@yahoo.com	Andrea Freiman andy.freiman@gmail.com
Rifle	Davy Png	png@ign.com.au	Bronwen Gordon bronwengo@hotmail.com
Rugby	Geoff Stein (MIC)	Gtstein1954@yahoo.com.au	Serdar Bolen Bolens@sydneyboys-h.schools.nsw.edu.au
Sailing	Ann Kurts	kurtssi@bigpond.com	Miles Davenport m.davenport@unsw.edu.au
Snowsports	Clay Kesting (MIC) Alison Wood	KestingC@sydneyboys-h.schools.nsw.edu.au Alison.Wood@tafensw.edu.au	Steve Tiedgen stevetiedgen@yahoo.com
Tennis	Terry Hayes	Hayes_terry@hotmail.com	Helen Tuthill (MIC) TuthillH@sydneyboys-h.schools.nsw.edu.au

Information for Athletics, Chess, Swimming and Volleyball is below.

Athletics	Mr R Devlin (MIC)	DevlinR@sydneyboys-h.schools.nsw.edu.au	
Chess	Colin Harvey (MIC)	HarveyC@sydneyboys-h.schools.nsw.edu.au	Parents chess drivers etc roster Steve Saunders cystor@optusnet.com.au Deborah Encel D.Encel@unsw.edu.au
Swimming	Mr V Ockert (MIC)	OckertV@sydneyboys-h.schools.nsw.edu.au	
Volleyball	Michael Kay (MIC)	KayM@sydneyboys-h.schools.nsw.edu.au	

Other P & C Activities

The P & C also has representatives on the school's Welfare Committee, School Council as well as the Foundation. These position holders are elected at the AGM in November each year.

P & C OFFICE BEARERS & EXECUTIVE

President	Shane Brown	mobile	0418 427 994
Junior Vice President	John Evans	Vice President	Simon Chan
Secretary	Presently vacant	Treasurer	Andy Chow
Assistant Secretary	Presently vacant	Assistant Treasurer	Suzanne Harkins

Executive members (Year Representatives)
Antoinette Farrow (12), Sue Levy (12), Barbara Taylor (10), Toni Lindeback (10), Neena Bhandari (8), Alice Paul (8) and two year 7 parents (years 9 and 11 currently vacant)

P & C Parking Coordinator

Lyndell Evans: (m) 0411 430 394
evansfamily2000@optusnet.com.au

Information Sources High Notes

To submit items for inclusion:

Editor: Lynne Williams

Email: Williamsl@sydneyboys-h.schools.nsw.edu.au

Fax: 9361 6206

Items 200 words max in 11 point Times New Roman font

Deadline: 12 noon Wednesday for Friday edition

WEBSITE

www.sydneyboyshigh.com

School calendar, sport, P & C minutes, High Notes, useful links for subjects

NOTICE OF ANNUAL GENERAL MEETING of the Sydney High School Foundation Inc

Will be held on
Tuesday 16 May 2006 Commencing 8 PM

at the Randwick Rugby Club
Brook St, Coogee

For any enquiries
Please contact the Secretary at
PO Box 888 Strawberry Hills 2012
Phone enquiries 0427070569



shootin' hoops

The weekly dose of court-side action

edition 21



Sydney High 2nd Annual Basketball Dinner

On Friday 31st of March, High had its 2nd annual basketball dinner to congratulate the improvements achieved during the past two seasons and to thank all the efforts placed in by everyone. It was a great place to be at and a great sight to see, that our great hall was filled with so many students, parents, coaches and staff. To add to that, the significance of all of us being enthusiastic about basketball and supporting High is important. Speeches were made by coaches and staff, commenting about the continuing success in High basketball and awarding the players who proved themselves to their teams. I urge all our basketball players to attend next year (or compete for entry) to celebrate for our achievements and to continue our support. We had over 200 in attendance this year! Our school has improved by 4% in terms of wins. The 'A' grade teams who everyone wants to play for have improved from 28% wins last season to 53% wins this season.

Extracts from Francis Wong's reply on behalf of the students.

It's hard to believe that I'm standing here now, at the end of my High basketball career, having represented the school in almost 100 games. For many of us in our senior years, these few years have brought many highs and lows, and for the younger boys, many great experiences are sure to follow.

I remember when I first started playing basketball for High in year 7 in the 13s; it was all about fun. However, through the years, as we've grown up, the meaning of basketball has developed in each and every one of us. In our last few seasons, playing was not only just for fun, but also for the honour of representing the school, Sydney High, every Saturday, against the richer and bigger private schools. Representing High was not just playing for ourselves, we played for our teammates, we played for our coaches, we played for all the students and we played for our school and the spirit it encompasses.

I'd like to thank the school, its staff, coaches and committees. Sydney High presents fantastic opportunities for each and everyone one of us. It gives us the chance to participate in teams, from which some of greatest friendships are born, such as my team. Through hours of working together, playing together, even going to the movies for team bonding, the boys have grown into a really tight-knit group, and have really been like a 2nd family to me. Furthermore, Sydney High provided us opportunity to play in the highly competitive GPS. Through playing in this tough competition, we have all grown to become stronger, smarter, more mature and more understanding of how lucky we are to go to such a great school. So thank you everyone, for everything that you have done, to make my basketball experience at High so great.

ALL JUNIORS- AIM TO PLAY FIRSTS BASKETBALL- IT IS THE GREATEST EXPERIENCE AT THIS SCHOOL-IN THE MOST ORGANISED-EFFECTIVE PROGRAM



1st Grade 2005/2006

F. Wong (captain)
D. Sun
L. D'Avigdor
V. Wei
H. Walker
M. Farhat
W. Zhuang
V. Nguyen
P. Gallego
J. Chow
Coach: V. Salomon

~Brought to you by Francis Wong, Johny Shih and Justin Liang.
~Thank you to Mr Hayman for all his contributions to basketball and information

ATHLETICS 2006

Pre Season Information for Athletes and their Parents

The Athletics season is approaching and the following is intended to assist boys and their families make decisions about participation.

- All boys should be involved in the **School Athletics Carnival** held at Sydney Athletic Field (Kensington) on Wednesday April 12th (all day) and Thursday April 13th (half day).
- Some of the participants at the School Carnival will qualify to compete in the Combined High School (**CHS**) competitions through Zone, Area and State Carnivals.
- Some boys will choose to participate in the prestigious **GPS** Athletics competition which begins on Saturday 19th August and concludes with the **GPS Athletics Championships** on Saturday 16th September.

G.P.S. Athletics

This is easily the best school Athletics competition in Australia. Championship Day attracts a much bigger crowd than professional Grand Prix Carnivals!

Athletics has a unique position in the G.P.S. Sporting calendar, as competition occurs between the Winter season and Summer season. It is an autumn sport! The season is short, but intense, and the boys involved always seem to enjoy the experience. Boys (and parents) considering Athletics in 2006 should be aware of the following points....

- Sprint training and Shot Put training for Athletics is held at lunch times at the school on Tuesdays and longer distance training is held after school on the same day.
- Athletics does not continue as a regular sport after the GPS Championships – September 16th.
- Boys are expected to take some responsibility for their own training outside these times.
- Boys are expected to compete in at least 3 Invitational Carnivals to be eligible for selection in the Championship team.
- High will co-host an Invitational with Scots this year at the E.S. Marks Field, Kensington on Saturday September 9th.

Any queries about Athletics will be answered promptly at devlinr@sydneyboys-h.schools.nsw.edu.au

SBHS Carnival Rules & Information – 2006

The School Carnival: E.S. Marks Field – Kensington (Wednesday & Thursday April 12th & 13th)

Aims of the Carnival

- Promote maximum student participation
- Promote fair competition between athletes and houses
- Promote a sense of pride in the achievements of fellow athletes and the school community.

Banned Items & Activities

- Normal school rules apply
- No footballs or Frisbees on the days of the carnival
- Do not take valuables to this event, as theft at the carnival is a common occurrence
- Athletes are not allowed to run in **bare feet**

House Rules & Events

- Athletes must run in a least **two track events** and participate in **one field event** for the Student Award Scheme.
- Athletes will go to their designated area on the days of the carnival for roll call.
- Athletes will be seated in their designated area before and during roll call. Roll call teachers will not start roll call until everyone is seated.
- Roll call classes will sit in lines – year 7 closest to the track, moving in ascending order up to year 12 at the back of the stands.

- Athletes **must** come to the carnival in house colours or athletic singlets. All athletes must run in house colours. No house colours, no house point. **One point will be allocated for each student in house SHIRTS OR ATHLETIC SINGLETS.**
- House captains and vice-captains will be asked to organise their respective houses for formal events during the day.

Point score: Points will be awarded for the following places.....

1st – 10pts, 2nd - 8pts, 3rd - 6 pts, 4th - 4 pts, 5th - 2 pts, 6th and all finishers – 1 pts. **Double points for relays**

Age Champions: The athlete with the most points in any Age Group will be declared the Age Champion.

Champion House: The house with the most points will be declared the Champion House.

Age Groups: An athlete ceases to be under 14 on the 31st December of the year in which he reaches the age of 14 years.

School Team: The school athletics team to compete at the GPS and CHS competition will be selected on the basis of performances at the school carnival, training sessions and the GPS invitational carnivals.

Lane Draws: Will be determined by Marshals for all Heats and Heat Finals. Lane draws for Semi-Finals and Finals will be based on times and announced by the Recorders.

100m Heats/Semi/Finals: The fastest 16 competitors will contest the Semi-Finals. The Fastest 8 will progress to the finals. No points will be awarded for places in Heats or Semis – entry points only.

200m Heats/Finals: The fastest 8 will progress to the Finals. No points will be awarded for placing in the Heats.

1500m, 800m, 400m Heat/Finals: These will be conducted as Heat Finals. Where there is more than one heat, placing will be determined on times. Athletes are advised to run these races to the clock as Heat speed may vary.

Relays: House relays will be conducted as 4×100m. House captains and vice-captains are asked to organise the house relays well in advance of the scheduled start.

Lane draws will be:

**Sydney Boys High School Athletics Carnival
PROGRAM OF EVENTS: Wednesday, April 12th 2006**

TIME	TRACK EVENTS	TIME	FIELD EVENTS
8.55am	Roll Call	8.55am	Roll Call
9.00am	<u>1500m Finals</u> 14 yrs & under, 15 yrs, 16 yrs & 17 + yrs	9.00 am	17+ yrs Shot Put 16 yrs Long Jump 15 yrs Javelin 14 yrs Discus 13 yrs-no event 12 yrs High Jump
10.00am	<u>100m Heats</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	10.00am	17+ yrs Long Jump 16 yrs Javelin 15 yrs Discus 14 yrs-no event 13 yrs High Jump 12 yrs Shot Put
11.30am	<u>200 m Heats</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	11.00am	17+ yrs Javelin 16 yrs Discus 15 yrs-no event 14 yrs High Jump 13 yrs Shot Put 12 yrs Long Jump
1.00pm	<u>800 m Heats</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	12.00noon	17+ yrs Discus 16 yrs –no event 15 yrs High Jump

TIME	TRACK EVENTS	TIME	FIELD EVENTS
			14 yrs Shot Put 13 yrs Long Jump 12 yrs Javelin
2.00pm	<u>100m Semi-Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	1.00pm	17+ yrs –no event 16 yrs High Jump 15 yrs Shot Put 14 yrs Long Jump 13 yrs Javelin 12 yrs Discus
2.30pm	<u>400m Heat/Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	2.00pm	17+ yrs High Jump 16 yrs Shot Put 15 yrs Long Jump 14 yrs Javelin 13 yrs Discus 12 yrs –no event
3.00pm	Roll Call	3.00pm	Roll Call

PROGRAM OF EVENTS: Thursday, April 13th 2006

TIME	TRACK EVENTS	TIME	FIELD EVENTS
8.55am	Roll Call	8.55am	Roll Call
9.00am	<u>Hurdles : Heat/Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	9.00 am	17+ yrs Triple Jump <u>Finals</u> 15 yrs Long Jump 14 yrs High Jump 12+13 yrs Shot Put
10.00am	<u>200m Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs	9.45am	16 yrs Triple Jump <u>Finals</u> 15 yrs High Jump 14 yrs Shot Put 12+13 yrs Long Jump
10.30am	<u>Roll Class Shuttle Relays</u> (Time Permitting)	10.30am	15 yrs & under Triple Jump <u>Finals</u> 15 yrs Shot Put 14 yrs Long Jump 12+13 yrs High Jump
11.00am	<u>100 m Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs		
11.30am	<u>House Relay Finals</u> 12 yrs. 13 yrs, 14 yrs, 15 yrs, 16 yrs, 17+ yrs		
11.55am Presentation of House Shield to winning House Captain			
12.00 noon: Return to school for barbeque and X-Country			

Student Information

Parents:	Your son will be dismissed earlier than usual on Thursday 13 th April 2006
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Program:	1.40 pm	17+ OPEN	3 km	3 Loops
	1.55 pm	16 years	3 km	3 Loops
	2.10 pm	15 years	3 km	3 Loops
	2.25 pm	14 years	2 km	2 Loops
	2.35 pm	13 years	2 km	2 Loops
	2.45 pm	12 years	2 km	2 Loops

Directions:	<p>After the Athletics Carnival, students are to walk back to school.</p> <p>Students are to cross the road at lights only</p> <p>Stay in school grounds, then move over to the venue when the bell rings</p> <p>When your race is called go to the starting area whether you are running or not.</p> <p>Non runners will stay in the starting area until directed to move by the Marshals</p> <p>At the finish you will be given a place ticket</p> <p>If you are in the first 15 places you go to the first 15 table and have your name recorded</p> <p>All runners to proceed with finish ticket to your house table</p> <p>Tell the teacher your name and finishing position</p> <p>After the race you will be dismissed by a teacher</p> <p>Non runners will have names marked off at the end of the race</p>
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Rules:	<p>Everyone attends</p> <p>You must run in shoes</p> <p>Stay on the course and follow directions from course marshals</p> <p>Spectators must stay within 20m of Cleveland St and are not permitted on the course</p> <p>Winning house determined by the lowest (non-zero) total of the first ten runners to finish</p> <p>Award Scheme qualifying standard - compete & finish</p> <p>Top ten runners will comprise the provisional school team to compete at the zone.</p> <p>Only the first 15 places will be timed</p> <p>Cross Country Champions will be selected from this event (pending the outcome of any appeals that may arise). Any MIC ruling is final</p>
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Additional Info:	<p>The School Cross Country is the first qualifying event within the CHS Competition.</p> <p>The first 10 runners for each age division will make up the school team for the Eastern Suburbs Zone Carnival. The first 12 runners at the Zone Carnival will compete at the Sydney East Regional Carnival and the first 10 runners from Regional Carnival go on to the NSW All Schools Carnival.</p>
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<p>You are also invited to join the Sydney High GPS Cross Country Team. GPS Cross Country is a Winter Sport and three age divisions (U14, U16, Opens) compete on Saturday mornings. The season spans across Terms 2 and 3 and involves 11 Saturday morning carnivals. All are welcome to join.</p>

Year 10 Student Opportunity

MODEL UNITED NATION ASSEMBLY

Model United Nations Assembly or **MUNA** is about developing appropriate minds for a peaceful and purposeful global future.

MUNA events are mini versions of events negotiated in the same style and using the same protocol as in the UN.

MUNA challenges young people to respect and tolerate differences of race, religion and nationalism whilst retaining their own individualism and the best of their national traditions.

MUNA is a unique and important opportunity for students to research issues from different perspectives and gain a greater understanding of issues facing and shaping our world.

It is a very challenging day for the students who have to synthesise their research with what is presented by other nations on the day and re-evaluate their stance with regard to what has been presented.

There are still places available for year ten students to become involved. If enough year 10's are not recruited to take part, it will be opened up to year 9 students.

Randwick Girls High School MUNA
Thursday June 22nd.

Randwick Girls High School.

Year 10 Students- up to 12 students.

This competition is in its second year and is a great introduction to the protocols and conventions of the UN. Last year SBHS came a very close second place.

Preparation and research is the key to success in MUNA events. SBHS provides coaching by university students with experience in MUNA. No experience in debating is necessary.

If you are interested in participating in either of these events please see Ms Brewer in social sciences or email sbhsdebating@gmail.com by April 12.

Write Your Own Job Description and Get Recognised

Do you have a job within the school, or would like to have a job, eg: sports team captain, library monitor, environmental work? If so, fill in the form below and hand to Miss Ward. Each submitted role may then be formally recognised within the student leadership structure of SBHS. This means you can build an official record of your leadership experience for your C.V.

My Job Title is: _____

Jobs I do and assist with:

1. _____
2. _____
3. _____
4. _____
5. _____

I am to be trained in:

1. _____
2. _____
3. _____

I publish in the following documents:

1. _____
2. _____
3. _____

In my job I demonstrate the following skills:

1. _____
2. _____
3. _____
4. _____
5. _____

MOTHER'S DAY RAFFLE



Don't know what to get for mother's day? The Yr 12 Students are holding a Mother's day raffle to raise funds for Father O'Reilly's "Youth off The Streets" Charity

FANTASTIC PRIZES TO BE WON

Including

- A mothers day cake from Unique Cakes, 341 Gardeners Rd Rosebery (8338 0647)
- Chocolate Hamper from Elbons Coffee, 6/402 New South Head Rd Double Bay
- Two-for-one movie vouchers from Hoyts Hurstville

Tickets Prices: 1 for \$2
3 for \$5
7 for \$10



You can buy your tickets at the amphitheatre every lunch. The raffle will be drawn on 11/05/06, the Thursday before mother's day. Come on, do it for your mother!

HINDU STUDENTS

Expressions of Interest-

Hindu Scripture Classes

There are a small but significant number of Hindu students at High and currently no scripture classes on Friday mornings to cater for them.

We are seeking to gain expressions of interest from parents of students who would be interested in attending Hindu scripture classes if they were to be made available starting in term 2.

The International Society for Krishna Consciousness (ISKCON) has suitably qualified members available to instruct the boys in the Bhagavad-Gita, Srimad Bhagavatam and the teachings of Gaudiya Vaishnavism.

If you would like your son to participate in Hindu scripture classes or have any suggestions for establishing them, please both complete the form below and return to Ms Brewer in the social science staffroom OR email Ms Brewer at sbhsdebating@gmail.com.

We will contact you with more information shortly.

Namaste!

Yes! I would like my son _____
of class _____ to participate in Hindu scripture classes.

My email address is _____

Signed _____

'TAKE IT HOME' COMPETITION

Brilliant prizes to be won!!

How do I win?

It's easy! Have one of your parents answer these three simple questions and sign this form to confirm they have read this brochure **and** High Notes and you could WIN!!!

What can I win?

3 prizes of a Coles/Myer gift card, each valued at \$50
(Coles/Myer voucher is valid at Coles, Kmart, Myer, Target and Officeworks)

.....
(tear here)

1. What date will the sandstone pillars, plinth course and fencing for the Sir Roden Cutler gates be completed?.....
2. Which years did Sir Roden Cutler attend Sydney Boys High School?
3. How much is membership for students to the UNSW Library?.....

Parent's Signature

Student Name Roll Class

Place this form in the box located at the Main Office before **Friday 5 May** to be in the draw for these *fantastic* prizes.

Prizes will be drawn on **Wednesday 10 May**.
Winners will be announced in the **12 May** edition of High Notes.

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Whole School Reunion
All Years 1960 - 2006**

**Sunday 9th April
11am - 3pm**

Laguna St, Vaucluse

**A FAMILY DAY OF MUSIC,
FOOD AND FUN TO
CELEBRATE**

Register your interest at:

vhsreunion@vincero.com.au