



From the Principal High Talent

Congratulations to James McKay (10) who was selected in the NSW State Schools Instrumental Ensemble. It was gratifying to hear two good reports from members of the public about the behaviour of our students. A patron of parking was most impressed by the helpfulness and politeness of volleyball boys helping out when the recent military tattoo was staged. A passenger on the Drummoyne ferry complimented our boys (presumably rowers) who willingly gave up their seats for adults on the morning ferry. Well done to all those boys for enhancing the good reputation of the school for service and courtesy.

Tennis team Rolled by Riverview

In testing conditions of gusty wind and intermittent light rain our tennis team went down fighting against a very consistent and hardened Riverview first grade. The doubles plan nearly worked with Brian and Mitch comfortable winners, but Dejan and Peter came up against a strong volleying pair who scrambled well and hit a few crucial winners on big points to outlast our boys in 3 tight sets. In the singles, Brian and Dejan were untroubled but Mitch was outplayed by a very consistent number 3 who fed on Mitch's power game and won the crucial No. 3 singles. Hung was outgunned at number 4. High had only three wins and needed both Ivan and Peter to bring us home. Ivan was overwhelmed by a tall young Riverview No. 6 who played well above himself in both doubles and singles to win the vital fifth match for Riverview. Peter won comfortably by handling the conditions well and lobbing his opponent consistently. It could have so easily been 6-3 to High (which would have enabled us to



become co-premiers) but instead our season came crashing to an end with a disappointing 4-5 loss.

Rowers reap more rewards

The first VIII kept up their impressive form this season with a close third behind Sydney University and Kings in the Gold Cup. After a misjudged heat in which they were edged into third by a fast finishing Grammar crew, the boys made amends with a very good row in the semi final to eliminate arch rivals St Josephs. To be close to Kings at the finish of a Gold Cup was a great morale booster leading into the nationals and the Head of the River.

Sailors record representation at Tri-Series

High had the barbecue concession at Woollahra Sailing Club last Saturday, serving breakfast to hungry sailors. Thanks to Ann Kurts, Heather Gough and Michael Blaxell for getting up so early to make it all happen. For the first time High was represented by 5 Pacers and 5 Lasers, the biggest fleet we have yet put on the water in a Tri-Series. Racing is all about gaining confidence in trim and tactics and staying in phase with the wind shifts. You can only improve by being out on the water as often as possible.



Cricketers set to deny Riverview

It was really tough going at McKay where High batted for most of the day for a meagre 135. Patience and perseverance were needed on a slow track with an overgrown outfield. The game was nicely poised after the first day with GPS premiership hopefuls Riverview 3-40 in their first knock. Our boys should be fired up to have another go at Riverview in the first session next Saturday. We definitely won't be thinking of setting them a target in our second innings.



Policy on students' hair styles

The policy on hair styles is pretty lenient at High. However, oversized 'afros' and 'mohawks' do not send an appropriate message to the public about High's values. Boys are expected to have their hair cut in a neat and tidy fashion and not to go to extremes of length or style. Hair colours should be naturally occurring. If you are dark haired and want to be blonde or a red head, that is acceptable. Green is not a naturally occurring hair colour. Self-expression through hair style is acceptable up to the point at which a member of staff thinks it is in poor taste or outrageous or dangerous. Boys may be sent home by the Deputy Principals if their hair styles or colour go beyond the reasonable boundaries set by the school. It should be remembered by everyone in the School Family that this is a high profile school carrying with it high expectations by members of the public. In the matter of school dress and appearance, we should all be desirous of satisfying those high standards.

Policy on Pathways

Senior students should be aware that the school does not support a 'Pathways' policy. Experiments with Pathways students over recent years have not been very successful. It should be assumed that requests by students to 'do Pathways' will be rejected. I am always willing to discuss Individual Education Plans with boys and their parents. Such plans should be drafted during stage 5 and submitted to me.

Policy on HSC Warning Letters

Some senior students think that if they attend all assessment tasks or hand them in that the Board of Studies requirements are satisfied. That is not the case. As Principal I have to certify that every student has had all the necessary learning experiences associated with the delivery of a course. I need to be assured that students have displayed 'sustained effort and due diligence'. Attendance, homework set and class work engaged in are important indices of sustained effort and due diligence. Warning letters indicate that these standards are not being met. After two such warnings, I have an option to give a U award to a student or seek to withdraw him from a course. Boys with three warning letters in any course must have their parents discuss their progress with me. I may allow a further period of time for work to be completed, but boys should expect to be asked to withdraw or at least to comply with an ultimatum about their progress. The non-assessable tasks given to you by your teachers must be completed.

Sydney Boys' High School - Speech Day 2005

Address by Professor Minas Coroneo BSc (Med)
MB BS MSc Syd MD, MD MS UNSW, FRACS,
FRANZCO. Reprinted with the kind permission of
Professor Coroneo:

Thank you for inviting me back to Sydney High as Guest of Honour at the 121st Speech Day to give the

Occasional Address. It really is a great honour and my wife Hellene (a Sydney Girls' old girl) and I are touched.

As you sit there looking at this bald, boring old guy, more than half of all the nerves of sensation that enter your brains are in the nerves of your eyes ~ 3 million fibres in the optic nerves and much of our brain power is tied up with processing this information - we are visual animals - living in a world almost wholly orientated by sight. We seek our food, sex, shelter and even inspiration through information provided by retinal images. Much of our language is tied up with visual imagery...I can't see myself doing that...I'm going to make a spectacle of myselfsee here, with a view to, I wouldn't be seen dead in that.., For the teckies, vision is our highest bandwidth sense.

Eye doctors have the great responsibility and privilege to care for vision and treat eye disease - from simple things like prescribing glasses, to carrying out eye operations, sophisticated laser surgery and doing research - such as trying to develop bionic eyes. We also teach our successors and our students. When we fail, blindness can result - rarely patients die, if we miss something, such as the warning signs of a stroke that can first appear in the eye.

So how did I get to do all this stuff?

There is a short answer - as a medical student you get to explore the human body and having looked at the other end, moved to the end furthest away.

When I walked through the gates of this School for the first time in 1970 I would I never have predicted that I would be standing here today. We had moved to Sydney from Scone for two reasons - my father was seriously ill and my parents wanted their children to attend University - in those days difficult to achieve from small schools in the bush. These issues of Health and Education remain big issues for regional Australia. Worse still, I wanted to be a Doctor - so moving to Sydney for the final 2 years of high school and aiming for a big HSC score was as big as many of the challenges I have since had to face and certainly it was excellent preparation for what lay ahead.

In truth I had a pretty ordinary career here - I do not appear on any of the Honour rolls up there on the walls - after having topped every subject in the School Certificate, I did not even come close here. I wasn't much of a sportsman, didn't debate - really wasn't much use at all. But I was determined.

Let me tell you, growing up with a name like mine in a country town in the 1950s was no picnic. Multiculturalism is a relatively recent invention – even fashionable – back then there was a certain xenophobia – the funniest thing that happened in Scone was that a classmate threatened to attack me with grease proof paper – he was rather put out that I couldn't stop laughing. The best form of revenge was to excel academically. My parents valued and rewarded academic success – they did not have much of a formal education – my father's family had arrived here from the Island of Kythera in Greece in the 1890s - he had one year in school where he learned basic English and how to swear in Australian then to work in the Niagara Café where hot food could be had 24 hours per day. He told me that “knowledge was power”, that a lot of big deals were done on golf courses, that no-one owed you a living and honesty was the best policy – bad things happened to bad people. I have gone through life trying to know more than anyone else and I wasn't a bad golfer. He also had learned that central to the Australian ethos was the concept of “the fair go”.

Why medicine? Well the most impressive person in Scone was Dr Walter Pye – he saved lives, delivered children, had a new white Jaguar and the biggest house in town. My father had been in the ambulance corps in Darwin during World War II – he saw some major surgery – was unimpressed and did not like doctors – so unlike most ethnic dads tried to talk me out of medicine – actually he got me a job in the local abattoirs to turn me off – instead of which I became an expert in cow, sheep and pig anatomy.

Why ophthalmology – well after the war my parents purchased the local cinema, a beautiful art deco palace. Some of the projectionists would show up drunk on Saturday nights – so in my early teens I entered the world of cinemascope lenses, carbon arcs and multitasking – running 2 x 35 mm projectors and doing homework between reels. I have since had a fascination with light and lenses and optics and where better to study this than in the human eye.

Sydney High in the early 70s was a great experience. Talk about multicultural – my small group of friends on the Flat included guys with Russian, Jewish, Chinese, Hungarian, Yugoslavian and Scottish heritage – there were Greeks everywhere – there was an honorary Aussie. These were guys whose families brought the best of their cultures to Australia and left past problems behind – somehow we all got on and had fun learning about our various heritages.

I made good lifelong friends. I remember one morning at the bus stop in Kensington where we lived – one of the local stable hands called my new friend a wog – my friend calmly walked up to this

chap, lifted up this fellow's trouser leg, closely inspected his ankle suddenly said "Yep, chain marks, you bloody convict" and then flattened him. This was a new experience for me.

We had some truly inspirational teachers here and I am very much the product of my teachers. From my days in Scone, taught by locals who went off to war, retrained and went home to teach the local kids, to here, to Sydney University Medical School, to Germany then back here – I have been extraordinarily lucky to have extraordinary teachers. Perhaps the most famous was Fred Hollows - more later.

The English master here gave us what he called growth novels – Golding's Spire, Kafka's Trial; in French we got all the grammar and a dose of existentialism. A wonderful maths teacher who got over 30 Boys, including rowers, through level one Maths – at the time I had a relative who wrote the Maths text books – I had little choice as to which class I was in. In my years here, despite a maths/science intent, I learned to care about literature and the arts.

In 1971 we won the football – there was an assembly, which symbolically I missed and almost got caned for. While I enjoyed sport, I believe too much emphasis is placed on it in our society. Intellectual pursuits are not well recognized, yet it is only by intellect and innovation that we will survive and prosper.

At the time I had another apparent handicap – I was something of a lateral thinker – before it was fashionable. I was unable to go from point a to b via the most direct route – this is a real problem, particularly if you are being taught by surgeons. I seem to meander through various fields, taking what seems forever, but borrowing ideas from one area that can be applied elsewhere. A second tactic that I accidentally learned when facing research problems is that you look at say a disease or problem you do not understand – you learn everything about it – all the conventional wisdom – this must be by definition wrong – you then chuck it out and start again – I later found that this as the approach of a very famous Australian, Rodney Brooks who is head of Robotics at Massachusetts Institute of Technology – he builds those funny looking but very effective vehicles that you see on Mars. This approach can get you into lots of hot water, especially when you challenge accepted wisdom. I got to be a Professor on the basis of a single observation – one morning in 1982 I was putting on my tie – I noticed a spot of focused light in the cornea of my eye – it turned out that the optics of the eye work side on as well as front on – so side light can damage the eye – which is why

sunglasses that wrap around have become popular. Well it turned out that this light focusing could cause forms of cataract and a fleshy red growth called a pterygium. When I tried to publish this - I got polite and sometimes impolite rejections – basically a little guy from Australia was being told we don't believe you. Fred Hollows encouraged me to stick to my guns – it was eventually published and now is in some textbooks.

After the 4th year of medical school I interrupted formal studies to do a year of research with a Professor John Young - who became Dean of Medicine at Sydney University - he taught me most about what I know about how to do research – he was a tough boss – it was all about excellence – in Medicine it has to be – you are dealing with peoples lives – yet we know relatively little about basic biology. In the current political climate doctors are seen as elitist and attacked – and whether or not I am permitted to talk about politics tonight, I think that in the last Federal election Australia voted against the class hatred evident in these attitudes.

John Young was erudite, cultured and trained in Germany and most of my early research was conducted there – a tremendous experience – working in world class laboratories, travelling, trying to learn another language. Eventually I ended back in Sydney working for Fred Hollows – in stark contrast to Young. I travelled through central Australia, spent 10 years driving to and from Bourke - when he was ill I stayed in Randwick and ran his Department, learning how to deal with the bureaucracy.

We are incredibly lucky to be living here in a relatively wealthy democracy, in the country of the fair go, where we still have a somewhat wry sense of humour. We have had to be smart to survive, both from first settlement days and earlier but we have been hopeless at the business of selling innovation, which is why our American cousins lead much of what we now do. So I am sure that with these fabulous ingredients, your teachers will take these very bright young minds and challenge them to make a difference. Yes we need to know all the conventional stuff – this gets you through exams but to make a difference you need to do more.

So guys, travel, read, question everything – finish what you start. Watch out for the anti-elitists – and the dumbing down of everything they touch. Work hard, be kind to your parents – my nephew once said to my mother, "You know, gran, we have a common enemy, my parents."

When you go to the United States, and you must go – to see the best and worst that our civilization has to offer, drop in to the Getty Museum, one of the world's great cultural establishments. It was built by

John Paul Getty a driven oil man – as you leave the building just inside the entrance, there is a marble bust of an elegant man in a fine jacket, looking you in the eye – the inscription gives the history of the museum which is dedicated to delighting and educating its visitors. He is challenging you to do better with your life and as an academic and a perpetual student, I have come to understand that education and delight go hand in hand.

To the prize winners today, congratulations for your hard work and to your families for your achievements – most of you won't get prizes tonight but there are plenty more out there and there is hope for you yet.

Thank you for listening and for this opportunity to come back to a place that I can never forget and to which I always will be grateful.

Dr K Jaggar

A message from the Anti Racist Officer

Welcome back to school to all students and a warm welcome to the new Year 7 students and their parents. This is just a reminder to all members of the Sydney High family that racism has no place at Sydney Boys High School. In recent years I have had very few complaints about racist behaviour in the school and I will endeavour to make sure that this continues in the future.

If any member of the school family believes they have been discriminated against on the basis of their race or have been racially abused, they should immediately contact Steve Codey in the Social Science Staffroom.

All correspondence is treated confidentially and immediate action will be taken to overcome the problem or concern

Steve Codey
Anti Racist Officer



SOCK IT TO YOU



Thank you to all who have returned orders.



GREAT WORK !!

Please continue to ask friends, family and neighbours to support our school.



Orders to be placed by **21 March**

Delivery 4th – 8th April



Please make cheques payable to Sydney Boys High School

From Sport

Sailing

A big thank you to everyone who contributed to the BBQ at Woollahra Sailing Club on Saturday morning. Parents did a magnificent job feeding hungry sailors between races.



A special thanks to Simon Cradock (Captain of Sailing) who wields a mean set of tongs and Jack Gough "bar tender" extraordinaire. Also old boy Oliver Pickles whose hard work and enthusiasm kept everyone going on the day.

Ms Boukatos



Woollahra Sailing Club has offered Sydney Boys High the opportunity to sail FREE during Autumn and Winter months. You would be required to attend every

second Sunday between 11am and 2pm.

Perhaps you have thought about Sailing as a sport and weren't sure if it was for you.

This is an opportunity to try Sailing at no cost to you or your families and without interfering with any other winter sport commitments.

Go On! See if you would enjoy this sport ...

Please let Mrs Boukatos know if you are interested so she can organise a spot for you and your friends.



What a great day it was for everybody on Saturday during the final races of the Inter-Schools Tri Series Regatta!

The threatening weather added to the atmosphere. Sydney High sailors, who have put in a fabulous effort over three Saturdays of intense competition, excelled themselves.

This was reflected in the great results all around. Jack Gough was able to win on the day and in doing so, finished first in the Full Rig Lasers for the whole competition. Simon Cradock also finished strongly – overall third in the Radial Class Laser.

The Pacer sailors also worked hard. They finished their races knowing that they had contributed to High's overall point score. Special mention must go

to the Year 7s who, with little sailing experience, managed to crew like professionals.

Thank you to Old Boy Oliver Pickles, Ms Kurts, Ms Massellos, Ms Gough, Mr Blaxell and Ms Savit on the BBQ for all the schools involved.

Congratulations

Simon Cradock

From The Library



For Parents - boys and reading

On Neil Whitfield's "Communities" website there is a good powerpoint display on the issue by Rosemary Horton the Librarian at Trinity. It is well worth a read.

On this very issue - our boys reading program - **Year 8 Parents – message to Dad's in particular** I would love some parent volunteers to email me regarding reading and reviewing one book for a year 8 Literacy Circle. (The entire voluntary reading and discussion with 4 students can be done by email – You would not have to leave home.)



I have purchased 16 novels for students which need to be pre-read by adults. The books could be picked up by your children at the Library.

Please contact me on crothersv@sydneyboys.hschools.nsw.edu.au if you will read a book for us.

Thanks
Veronica Crothers

Carnival Rules & Information – 2005

The School Carnival: E.S. Marks Field – Kensington (Thursday & Friday April 7th & 8th)

Aims of the Carnival

- Promote maximum student participation
- Promote fair competition between athletes and houses
- Promote a sense of pride in the achievements of fellow athletes and the school community.

Banned Items and Activities

- Normal school rules apply
- No footballs or Frisbees on the days of the carnival
- Do not take valuables to this event, as theft at the carnival has occurred
- Athletes are not allowed to run in **bare feet**

House Rules and Events

- Athletes will go to their designated area on the days of the carnival for roll call (see attached map).
- Athletes will be seated in their designated area before and during roll call. Roll call teachers will not start roll call until everyone is seated.
- Roll call classes will sit in lines – year 7 closest to the track moving in ascending order up to year 12 at the back of the stands.
- Athletes **must** come to the carnival in house colours. All athletes must run in house colours. No house colours, no house point. **One point will be allocated for each student in house colours.**
- House captains and vice-captains will be asked to organise their respective houses for formal events during the day.
- Each house will be asked to sing the school song, the school war cry and tidy their area at the end of each day. There will be **50 extra house points** for each of these tasks.

Pointscore: Points will be awarded for the following places.....

1st – 10pts, 2nd - 8pts, 3rd - 6 pts, 4th - 4 pts, 5th - 2 pts, 6th and all finishers – 1 pts. **Double points for relays**

Age Champions: The athlete with the most points in any Age Group will be declared the Age Champion.

Champion House: The house with the most points will be declared the Champion House.

Age Groups: An athlete ceases to be under 14 on the 31st December of the year in which he reaches the age of 14 years.

School Team: The school athletics team to compete at the GPS and CHS competition will be selected on the basis of performances at the school carnival, training sessions and the GPS invitational carnivals.

Lane Draws: Will be determined by Marshals for all Heats and Heat Finals. Lane draws for Semi-Finals and Finals will be based on times and announced by the Recorders.

100m Heats/Semi/Finals: The fastest 16 competitors will contest the Semi-Finals. The Fastest 8 will progress to the finals. No points will be awarded for places in Heats or Semis – entry points only.

200m Heats/Finals: The fastest 8 will progress to the Finals. No points will be awarded for placing in the Heats.

1500m, 800m, 400m Heat/Finals: These will be conducted as Heat Finals. Where there is more than one heat, placing will be determined on times. Athletes are advised to run these races to the clock as Heat speed may vary.

Relays: House relays will be conducted as 4×100m. House captains and vice-captains are asked to organise the house relays well in advance of the scheduled start.

Lane draws will be:

Eddy (Sky Blue) Lane 2	Fairland (Red) Lane 3	McKay (Gold) Lane 4
Rubie (White) Lane 5	Saxby (Green) Lane 6	Torrington (Royal Blue) Lane 1



SOCCKER COMMITTEE 2005

**The first meeting for the year will take place in Staff Common Room at 5:30pm
Wednesday 16th March.**

- Come and meet the new coaching Staff.**
- Elect the Office Bearers for 2005.**
 - Discuss this years fixtures and program.**
 - Meet new Soccer Parents.**
 - Be involved and help support the Schools biggest winter sport.**
 - All Parents welcome.**
- Parents wishing to nominate for an Exec role please email me at [morrison@sydneyboys-h.schools.nsw.edu.au](mailto:morrisn@sydneyboys-h.schools.nsw.edu.au)**



CRICKET DINNER & AWARD NIGHT

2ND APRIL 2005

6:30
GREAT HALL

door prize

quiz

not many speeches

awards

raffle

**Come and support SBHS cricket at its annual blue (and brown)
ribbon event**

\$30 adults \$25 players

Soft drinks provided, wine for sale, BYO

Money to the office by 28th March 2005

SYDNEY HIGH CRICKET DINNER

STUDENT NAME _____ **ROLL CLASS** _____

Type of payment: Cheque Cash Credit Card
Card Type: Bankcard Mastercard Visa Expiry Date: ___/___

PAYMENT FOR: _____ **Adults** _____ **Players Team** _____

TOTAL AMOUNT PAID: \$ _____

Card Number: _ _ _ _ _

Cardholder's Name: _____ (please print)

Cardholder's Signature: _____ Bus. Phone: _____

_____ (Office Use Only)



As we move into our last day of competition this Saturday the 1st and 2nd XIs can improve their season's record by putting in their best effort with the ball as both take the field chasing early wickets. All going well and the weather and the pitches in good shape, we are in with a big chance in both games. Good luck to these teams and all the High teams as we strive to finish on a good note.

COACHES and MANAGERS

At the conclusion of this weekend's fixtures all batting, bowling and catching statistics are to be completed and be available to be handed to me next Wednesday and Thursday, with scorebooks.

If there are special performances such as 5 wkt hauls, 50s and Centuries these are to be listed separately so provision can be made for trophies. Please no excuses, finish the job off properly and assist in helping the engraver time to do the Awards prior to Easter, as every cricket club in Sydney will also be chasing theirs.

RETURN of CRICKET KITS.

All cricket kits are to be returned prior to Easter. This Saturday the teams at McKay and MPW in the morning sessions are to return them to the Gymnasium at the completion of their matches. Kits that have been cared for by support parents can be left at the gymnasium prior to/ or after school on Wednesday 16th and Thursday 17th March next week. Very special thanks to coaches and parents who have transported and maintained kits and supported the teams throughout the season. Few that you are, but an integral part of High Cricket.

MATCH RESULTS:

1 st XI – (Day 1) HIGH 10 /135 versus RIVERVIEW 3 / 40

High batted first and lost early wickets with Sam Robson, Eddy Pham and Glen Carroll steadying the innings. With 6 wickets down for less than 100 High were in trouble and then along came Peshala Kariawasam and Damitha Fonseka who scored 61 between them on an outfield that was unacceptable at this level of competition. We managed 135 total but this can be equated to a score of around 170 -180 on a well cut outfield. In reply Riverview lost 3 wickets and have the job in front of them this Saturday. A full report will appear on the website when submitted.

Best batting Peshala Kariawasam 36, Damitha Fonseka 25, Mark Carroll 23

2 nd XI – (Day 1) HIGH 10 / 185 versus RIVERVIEW 0 /10

Riverview did not hesitate to put High in on an underdone pitch after roller problems pre-match. In trouble at 2 for 8 then 3 for 27 until Gajaba Manamperi and Karunaratne steadied the ship. High was again under attack after lunch and Mark Samarasinghe, leading from the front, kept the score moving and was finally out for 95 .Two unfortunate run outs saw High's innings close 7 overs short of the days play and lost opportunity for some valuable extra runs. A full report appears on the website....well worth reading.

3rd XI- (Day 1) HIGH 1 for 40 versus RIVERVIEW 10 /167

High won the toss and elected to bowl. Riverview batted aggressively and were all out for 167. Viraj Patel and Ben Nham bowled well taking 2 wickets each. In reply High opening batsmen made a solid start and were 1 for 40 from 16 overs with Tanvir Uddin on 22 n.o.

4th "EXTREME" XI - HIGH 10 /108 Lost to RIVERVIEW 4 /109

A bad day at the office with the first wicket falling from the first ball and it didn't improve with a mini collapse steadied by Martin Lunney who ended with 33, Naziful Islam 20 and Sahir Syed 18 and some respectability with a final total of 108. Riverview then proceeded to attack High's bowlers and passed our score 4 wickets down. Bowling honours were with Eddy Blaxell 1 / 9, Stephen Burke 1 /12 and Arghya Gupta 2 /42 . A full report can be found on the cricket website.

16 A-(Day 1) HIGH 10 /116 versus RIVERVIEW 2 /22

High lost the toss and went in to face an imported bowler who should have been playing Grade cricket according to our reporter. After taking 3 quick wickets in his first 6 overs High started to dig in and made a creditable total of 116. Dakshika Gunaratne, with 21, helped the recovery and Michael Coutts held the tail together and finished with 27 runs. With 2 quick wickets before they had runs on the board Riverview quickly came back to the field and after 9 overs were 2 for 22 at stumps. A full report is on the website.

14A-(Day 1) – HIGH 9 /80 lost to RIVERVIEW 1 /155

High won the toss and again elected to bat with a good start getting to 35 without loss after 5 overs. Then wickets commenced to fall regularly and as we only had 10 players, we were all out at 9 for 80. Riverview batted as if they were playing for the cattle station and powered on to 1 for 155 at stumps without giving their middle and lower order batsmen the opportunity to get an innings. A lead of 75 runs and the possibility of batting on Day 2 of the match. Best with the bat Kerrod McPherson 19 and Razeen Ahmed 13 n.o.. In past games we have performed much better in the second innings and have definitely improved and we are looking forward to continuing that trend next Saturday

14 B - HIGH 10 /47 lost to RIVERVIEW 1 / 49

High won the toss and elected to bat and managed to get to 47 runs in 23 overs but four players didn't trouble the scorers and recorded "Daddles the Duck". Shadman Ali top scored with 12 runs and Nafiz Chowdhury contributed 11 runs. Riverview then batted and at 11 overs passed our score and were 1 for 49 but continued batting with no view of allowing either team to bat again.. Stanley Chin was the best bowler and most improved and William Chan was our best fieldsman.

13 B- HIGH 10 /53 Lost to RIVERVIEW 4 / 163

High won the toss and batted, the openers getting to 23 without loss, then a procession of wickets to the accurate attack and we were all out for 53 with 9 batsmen being bowled. (so much for our forward defensive drills at sport last Thursday!!!) Nelson Wang the top scorer with 12 runs, Joshua Nair with a rare early dismissal made 8 as did John Pham. Riverview then passed our score without loss and in a run-fest against our first time bowlers who were being rotated ended up with 4 /163. Bill Wang took 1 for 16 (4 overs), Dylan Sreetharan 1 for 14 (3 overs).

CRICKET DINNER and AWARD NIGHT

All players have now received a flier for the Dinner with return slips for bookings and payment. Bookings can be forwarded by cheque or money order and paid in at the School office. Cost is \$30.00 for Adults and \$25.00 for players. This is a "Players Night" as we mix and see our lads rewarded for their efforts representing High and we promise you a good night. Door prize, raffle and trivia quiz for the players will liven up the night. Let's make this one of our best Dinners

COMMITTEE and GENERAL MEETING . A reminder that the final meeting to address the DINNER and AWARD is to be held at 5:30pm on WEDNESDAY 30th MARCH 2005. All helpers welcome

Laurie Heil

Linguistic Logistics: News from Languages...

The Year 9 French class agreed to contribute two dollars per person to experience the taste of a popular French food – pancakes! Monsieur Albert transformed himself into a chef, and a little teacher's desk was used as a kitchen. Flour and milk and other ingredients were mixed in a measuring kettle, then the white liquid was poured onto some sort of electric fryer. Jam, Nutella and cream were also provided.

The class was impatient and we didn't have to wait long. Each serving was ready in 2 minutes. A normally quiet classroom was suddenly full of chatter and laughter. Everyone enjoyed themselves as they ate, the limitation of space didn't seem to matter. The atmosphere was great!

It must be a great recipe, the pancakes that we make at home are somehow different; my friends really enjoyed the pancakes.

The room was in chaos towards the end of the period. Tables were rearranged and bits of paper plates were littered on the floor. However, we managed to tidy up the room, converting the restaurant back to a dull and lifeless classroom.

Thanks to Mr Albert and the LOTE staff who organised this. The pancakes were absolutely wonderful.

Schuman Zhang

9Z French

On Monday, 7th March, 7M made pancakes to celebrate Shrove Tuesday (Mardi Gras, in French). I enjoyed it just as many of the other people in the class did.

Shrove Tuesday, in the Christian calendar, is the day before Ash Wednesday, which marks the beginning of Lent, traditionally a period of fasting. When Lent was observed more rigorously than it is now, the two or three days prior to Ash Wednesday, known as Shrovetide, were celebrated by games, sports, feasting, dancing, and general merrymaking. "Shrove" comes from the Roman Catholic practice of confessing one's sins and being absolved of them, or "shriven". This takes place on Ash Wednesday.

In Switzerland, Shrove Tuesday is called Fasnacht (Eve of the Fast); in Germany, Italy and other southern European countries, it is called Carnivale ("Farewell to Meat", from two Latin words, *caro* (meat, flesh) and *vale* (farewell).); and in Brazil, France and the United States, Mardi Gras (Fat Tuesday).

Shrovetide feasts were designed to use up the food that could not be eaten during the Lenten Fast. In Britain, Collop Monday was when people ate up their supplies of bacon, eggs and meat and on Shrove Tuesday (now more generally known as Pancake Day) flour, eggs, milk and butter were used up in the making of pancakes. According to tradition, revelry began with the ringing of the Pancake or Shriving Bell soon after midday, which was the signal for the villagers to cease work and go home to make pancakes or join in the games and merrymaking. Pancake Day races are still held in parts of Britain today, as are football matches, played since at least the 16th Century when they were rather boisterous games with few or no rules. Other energetic sports were also indulged in, such as hurling and wrestling!

Daniel Smith-Light 7M

shootin' hoops

Issue #6 2005



The weekly dose of court-side action



FIRST GRADE

Round 13 Saturday 5 March 2005

Score: 91 - 60
Top Points: C. Conway 28
Second Points: F. Wong 14

Iggies have traditionally been basketball heavyweights in the GPS competition for many years. Their trademark size and speed have always made them a dangerous opposition to face. And there was no difference in the Iggies First Grade basketball in 2005. With the average height of the team at six foot and two giant behemoths at 6'6", High School had the daunting task of stopping this offensive juggernaut that has been scoring at will, averaging 88 points per game! High came into the game, knowing, that if we stop Iggies' strike weapon "Frauny" we would be in with a chance. After a great warm-up, shots going in from everywhere, the boys were confident and ready to take on Iggies.

It was a different starting line-up that took the court at the tip-off, with Francis Wong filing in at the point guard spot, replacing Dustin Palana, who had not fully recovered from an ankle injury; he would later take some part in the game. Also a surprise starter was Josh Kraindler. With Josh starting, the infamous "Shni Time" was set for some record breaking game time and a rain of threes to come.

In the first quarter High played absolutely outstanding defence; putting pressure on the point guard, denying the pass to the wings. The catalyst for this defence was Cameron Conway. The captain led from the front on the defensive and offensive end (top scorer with 27 points). Even though he easily gave away 20 kilograms on his opposition number Frauny, Cameron used every inch of his height and every bit of weight in his body to out muscle the big man; not allowing him to comfortably receive the ball for an easy post-up and inevitable two points. Also Francis Wong played his heart out, running the point spot to perfection and slowing down the ball, enabling High to remain always a basket behind Iggies. At the quarter time break, Iggies led by 5 points thanks to their accurate shooter who calmly hit crucial and timely 3-pointers when it was difficult for them to score.

Entering the second quarter, High were keen to keep composed and focused to keep chipping away at the Iggies lead. Iggies put on their half court press, forcing some turnovers from High leading to some lay-ups. This gave Iggies some much needed breathing space with a ten point lead. With the injection of Dustin Palana onto the court, composure was restored to the team, as "Steph Hoe" - our half-court press breaker was run to perfection. This allowed Cameron Conway to come into his own, scoring lay-ups at will. The extreme defensive presence of the High boys was still very much on the court. Cameron continued to deny the post extremely well, forcing Frauny to only scoring 3 points in the half. However Iggies' accurate shooter made sure that things did not get out of hand for them, hitting some huge threes during the quarter, which enabled St Ignatius to maintain an 8 point lead going into half-time.

With the third quarter underway, High were determined and confident that we could pull the margin back to five points by the end of the third quarter. As said previously, THE THIRD QUARTER IS WHERE WE MAKE OUR RUNS!! First Grade continued to pile the pressure on their more favoured opposition, applying extreme pressure on the defensive end, which paid off on the offensive end. Francis Wong (14 points) continued to play extremely well, supporting Cameron Conway. Francis was everywhere throughout the game, scoring threes, bank-shots, and even scored a right handed lay-up! However Iggies were good enough to handle the pressure given to them by the High Firsts and the raucous crowd that had come to watch the game, and were able to slightly build on their half-time advantage, pushing the lead out to 14 points by the end of the third quarter.

High entered the last quarter, brimming with confidence. With the crowd constantly cheering us on, urging us to lift, High played strong for the first few minutes of the quarter. High put on their Full-court-press trying to get some quick transition baskets to cut the deficit dramatically. However Iggies answered back, with their own press-break resulting in lay-ups. High allowed their point guard to dribble through the middle of the press, allowing him to flash to the basket or dish to team mates for easy scores. From here on, it was difficult to stop this offensive juggernaut, as First Grade seemed to have run out of steam. In the end the score line blew-out a fraction, which did not reflect the hard fought win on the part of Iggies.

Plenty of positives were taken out of the game. Francis Wong filling in for the injured Dustin Palana had a killer game at the point spot, running plays and being the general on the court for the whole game. Also captain Cameron Conway led from start to finish with a tremendous defensive effort against Frauny, whilst also scoring 27 points of his own.

Looking forward to the game against Grammar, First Grade have been preparing and training hard for this contest. Last term, High beat Grammar in a tight match which could have gone either way. We need all the support we can muster to push us over the line in our last GPS game for the season. The game is at the High gym at 11:15, so be there, and support the most exciting sport in school, basketball!!!

>>Written by Dustin Palana (First Grade Player).



SECOND GRADE

Round 13 Saturday 5 March 2005

Score: 68 - 35
Top Points: L. d'Avigdor 11
Second Points: H. Walker 9



Second Grade basketball had set a goal for the season and after some narrow losses and tough games they were ready to play the Ignatius side. After a solid warm up and once again another pre game talk from both Mr Hayman and Vince Salomon, the game was ready to begin. The match started out firing with the Ignatius side obviously ready to play a fast game at their own tempo. They opened up the game with many quick transition layups and the High boys were totally torn apart. Soon the scoring for High opened up with 4 consecutive shots from Lewis D'Avigdor but this however was not enough to halt the Ignatius scoring run. The first quarter ended badly and High were faced with an insurmountable lead. After coming back from a short break High regrouped and organised to play some structured basketball. Both teams matched each other basket for basket but High were still faced with a 20 point deficit. The High spirit continued throughout the game and notable players include Eugene Wong who played with a lot of heart and Lewis who once again led the scoring charge. The end result showed the better side Ignatius coming out on top.

reports



HIGH 1STS VS GRAMMAR THIS WEEKEND.

WE NEED YOUR SUPPORT. LAST TIME WE PLAYED GRAMMAR WE GOT ACROSS THE LINE WITH SOME AWESOME CROWD SUPPORT FROM THE ROWERS AND OTHERS. FIRST GRADE HAVE VOWED TO SUPPORT ALL OTHER SPORTING EVENTS (LIKE THE TENNIS LAST WEEKEND).

IT WILL BE A CRACKER THIS SATURDAY 11:15 IN OUR GYM!

15s

Both the 15 As and Bs played great games on Saturday. Two players on the Bs team who (as always) stood out as playing exceptionally well were Daniel Chiu (captain) and Patrick Locke (shooting guard). Throughout the first half the Bs held a strong lead on Riverview, using teamwork and making a lot of great drives. By the second half fatigue hit and there was nothing they could do about it. Riverview (having at least ten players in their team) was still full of energy and able to take advantage of the situation. The Bs lead slowly turned into a loss, but only because they were becoming tired. Had they had more players to make subs, they would have been able to hold their lead and take home a win. With the As, it was a different story. In the first few minutes we held a small lead over Riverview and were playing well. As the game went on, the lead quickly deteriorated and the margin between the scores just got wider and wider. We were all playing a great game, and it just turned out that Riverview was the better team. Well done As and Bs, you all played a great game!

Michael Bock (15s Age Captain)

16s

Last Saturday posed a day the 16s would rather not remember (except for the Cs). With the blazing sun making conditions tough to play in along with the improved teams of Riverview since last term, we managed to have a competitively disappointing game. The Ds lost by one point thanks to a desperate three pointer by the Riverview team in the last 10 seconds, and the Bs suffered a considerable defeat, the As were surprisingly feeling optimistic. This optimism was short lived as we sprang onto the court to face a team we had narrowly beaten last term. The first half proved to be a struggle for the As as we fumbled to take control of the ball and defend our ring from the taller side. Thanks to continuous free-throws we managed to draw, the score remained close, in favour of the opposition. Into the half-time break we were approximately 8 points down and feeling annoyed at ourselves. Thanks to a little re-arrangement of strategies we managed to take hold of the first few minutes of the second half and prevent the Riverview team from attaining easy shots. Along with some outstanding free-throws by Victor Nguyen with 6 out of 8 shots sinking, our team began to lift our game in the hope of coming up with a win. Heading into the last few minutes, the Riverview team sensed our lifted game and began to play a defensive game as they kept the ball away from us trying to run down the clock. Thanks to a tech foul on the opposing coach and a number of fouls by the protective Iggies team, we were given some valuable opportunities which we failed to use efficiently. In the end the score was high 24, Riverview 28. A bitter and close loss. Hopefully the A's can lift their game and take out a win next week to make it 3 wins out of 6 games

By Moussa Farhat (16s Captain)



Shootin' Hoops brought to you by Bennett Wong(11M).
Thanks to Mr. Hayman.

NETWORKING



FIRST GRADE:

Sat 5th March – Riverview vs High (R6)

GO FOR COURTS - ISSUE #1

This was *the* match. High's imposing home record (unbeaten since 2001) looked to give us an advantage right from the start. Another positive was the tremendous year 12 support group who came and cheered their team on. Playing on synthetic grass also appeared to help us. Working against us though was that Riverview were 6 points clear of us at the top of the table, and between them, had lost just one out of thirty singles matches this season. This was a huge test at both an individual and team level. Having been involved with 1st grade since 2001, I can honestly say this was the toughest tie I've been involved with, as I will proceed to relate.

Our endless hours of planning for possible Riverview changes were all in vain. They did not alter their line-up one bit, although they played their second doubles pair at three, matching our move and thus nullifying any advantage either side may have had. Brian Ly and Mitchell Kelly played together for the first time in doubles at three, against a pair who've been playing well together for six months. The task seemed daunting but the pair made it look easy, destroying their more fancied opponents in straight sets. At two, the inexperienced pair of Ivan Cerecina and Hung Neo put up a good fight but came away second-best. The number one pair of Dejan Bodrozic and Peter Pereira were confident of a win, having played brilliantly the week before against Shore. They were paired against the wildcard opposition, who had defeated the awesome Scots' number one pair. The first set started with an early break to High before some unforced errors and failed returns let Iggies back into the match. At 5-5 in the first, the match was evenly poised, before Peter was broken for the first time and the Iggies number 6 served out the first set. At this point Dejan and Peter decided to "start playing tennis" and this worked wonders, as the pair whipped through the second set 6-2, before a ten minute break before the start of third. The momentum was with High, but the break seemed to help the Riverview boys who started the third set well. They raced to a 4-1 lead before High rallied to draw closer to 4-3, before the final three games went to serve. This was an unexpected 5-7, 6-2, 4-6 loss which set our hopes back further. It meant we needed to win five of the six singles to achieve our target of a six matches to three victory.

Brian, Hung and Mitchell had all started their singles before the number one doubles was over. Brian was in flawless form, stepping up when we most needed it to obliterate his opponent in quick time. Hung played a familiar opponent, but lack of match fitness hindered his ability to compete with his better-drilled counterpart. Mitchell was confident about his chances, having seen his opponent many a time outside of school. Unfortunately his style suited his opponent's to a tee and after a good start, was shaking hands for a first-up loss. At this point we had two matches to their four. The final three singles were those of Ivan, Dejan and Peter. The former adopted the wrong approach at six and paid for the mistake. Dejan, though not at his best, entertained the crowd with his big forehand and heavy serve, securing his spot as number one in the combined GPS firsts team with a 6-2, 6-2 win over a well-credentialed opponent. Peter recorded a straight-sets win, but it was not enough to stop either the tie or the premiership heading over the bridge. Riverview 8, High 4. The dream was over.

This loss ended our 23 match GPS winning streak, and four year unbeaten record at home. It's tough to accept but the Riverview team thoroughly deserves its win, having redefined the way GPS 1^{sts} tennis is played this season. Their depth was simply too much for us. I thought we put up a strong fight and we had a few things in our favour, and a few points here and there could have changed the landscape of the fixture. Having held the premiership for two years we did not want to lose it but coming second is no disgrace. The dream may be over but the desire lives on.

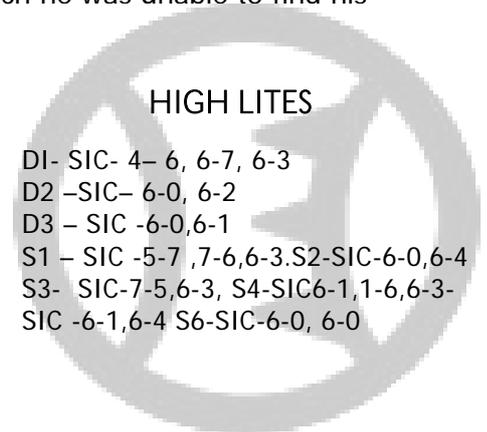
Peter Pereira 1ST Grade Captain

16s	As Bs Cs Ds	LOSS LOSS LOSS LOSS	0 – 5/unf 1 - 5 1 - 5 0 - 6	Best, A4 , Edward Deng 2-3unf B3 Amadeus Klocker 6-4 C4 Robin Chen 4-6 & Cdobles1,Sicong/Eriv Luu 4-6 D3 Eugene Stadnik 5-6
15s Albert in the B's was entertaining to watch, his opponent a pint sized Leyton Hewitt, from the c'mon!'s to the starting the Victa motion to the hissy fits & tantrums. Albert won 6-5	As Bs Cs Ds	LOSS LOSS LOSS DRAW	1 - 5 1 - 5 2 - 4 2 - 2	It was always going to be tough against SIC. In the trial SIC was the only team to comprehensively beat us. Most notable win this time was the 1st dbles pair Ben Lee/Alex Yeung,despite a scare through the camp when a 5-3 lead dwindled they held off SIC. James Ip kept his unbeaten record.D's Edwin Montoya & Alex Dovon singles 6-0,6-2
14s	As Bs Cs Ds	LOSS LOSS LOSS DRAW	1 - 5 2 - 4 0 - 6 0 - 6	Best A4- 6-5 B1-Doubles1 6-1 C2-Doubles 2 4-6 D3-4-6,
3/6	As Bs Cs Ds	DRAW DRAW DRAW DRAW	3 - 3 3 - 3 3 - 3 3 - 3	Best 3rds Thomas Wong 6-4 & Doubles, Thomas/Nelson 6-1 4ths David Yang 6-4 & Doubles, David/Edward Leong 6-4 5ths W. Lester 6-2 6ths Dbles 1 ,Kin Jing/Nicholas Ng 2-6, S2,Aaron Chan 2-6.
13'	As Bs Cs Ds	LOSS LOSS LOSS LOSS	1-5 2-4 1-5	Best As Dbles 2 Derek/Ben 6-3 Bs Richard/ Enoch 6-5(7-6) Cs Paul Simos 6-4 Ds Doubles2-Kevin Sheng,Dustin Chan 6-4

SECOND GRADE:Sat 5thMarch.- SIC vs High (R6)

High came into this match with nothing to lose. The team played great tennis throughout the afternoon and the matches were much closer than the score suggests. Zinni and Marty were unlucky to lose in a tight 3 setter that lasted over 2 hours, while Hai and Hieu were beaten by a more solid pair. Henry snapped his strings in the first game of his doubles with David, after which he was unable to find his range. Zinni grinded his opponent & came off on top in the first set. However after rain delay, his opponent picked up and won in three.

David was unlucky to trail 6-0, 5-0 as 10 games went to deuce. However, he changed his game plan & was able to reel off 4 straight & make the score more respectable. Martin was involved in a 'slugfest' with each point determined by a winner. It was a high standard match (unlucky to lose). Hai swept past the first set, however, he tired in the next two. Hieu hit many great shots, however was too inconsistent to pull off a win. Despite the loss, we gained match play which should see us thump Grammar next week. David Cao



HIGH LITES
D1- SIC- 4– 6, 6-7, 6-3
D2 –SIC– 6-0, 6-2
D3 – SIC -6-0,6-1
S1 – SIC -5-7 ,7-6,6-3.S2-SIC-6-0,6-4
S3- SIC-7-5,6-3, S4-SIC6-1,1-6,6-3-
SIC -6-1,6-4 S6-SIC-6-0, 6-0

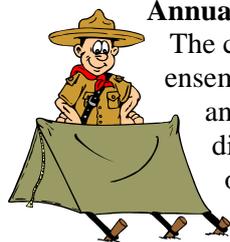
3rds – 6ths

After an emphatic victory at Shore, the boys produced yet another proficient performance. Thomas Wong battled hard to win at 3rd no.1; Nelson Wong endured a marathon to win 7-5 in the tie break. Kevin Mak & Daniel Thievs were both unlucky to go down against spirited opposition. In 4th Grade, David Yang started slowly as he always does,to be down 4-1,but fought back, reeling off 5 straight games to win at 6-4. Nikita was finally able to outwit an opponent & produced a flawless performance to win 6-0. In 5th Grade the pairing of William Lester & Dawei Qi produced a surprise result, upsetting their adversaries in a tiebreak. Will then went on a roll to an easy 6-2 victory, saving his team from the jaws of defeat.

Thank you to yr12 who have played 6years of GPS; you set a great example in true SHS spirit.

MANAGER Daniel Ong

State of the Arts



Annual music camp.

The camp is for all students who play an instrument, even if they are not yet in an ensemble. Music camp is the time to organise the new players into their ensembles and for the existing players to have a great time. We will be playing lots of different music, small groups, music electives, chamber music and string orchestra. Forms are available from music.

Music performances coming up

March 19 th	Saturday	GPS Head of the River Year 9 Jazz Band
April 2 nd – 3 rd		Italy Music Tour Camp
April 4 th – 6 th		Annual Music Camp All Instrumentalists
April 6 th 6.00pm		Music Camp Concert (Great Hall)
April 25 th 9.00am		Anzac Day City March 9.00am
May 6 th	Workshop with Mr Monte Mumford from the University of Tasmania	
	8.30am- 9.30am	Symphony Orchestra all students
	Period 1 & 2	year 9 band
	Period 3 & 4	year 7 band
	Period 5 & 6	year 8 band
May 15 th	Schools Open Day- Rosehill Racecourse	
	10.00am	Year 8 Jazz Band
	11.30am	Senior Jazz Band
	2.30pm	Italy Touring Band

Parental Help needed for May 15th.

We need a few parents from the year 8 Jazz Band to collect some percussion instruments and music files from school on the Friday before and parents from the Music Tour Band to take them back to school on the Monday.

If you can help, please fill in the form. If there is any other way in which you may be able to help the music department we would love to hear from you.

Your Name _____ phone _____

Email _____

Son's Name _____ Roll Class _____

Instrument _____

____ Yes I can help with transport to/from the concert on Sunday May 15th.

____ Sorry I can not help but would love to assist in the following ways.

(eg: selling raffle tickets, prizes for raffles, concert help on the door or selling coffee, sorting music, fixing music stands and percussion equipment attending band rehearsals to help the boys. (No musical experience needed)

Or any other thing you can think of.

Anzac Day Marching Band.

All students in the Marching Band are required to have a blazer for the march. The full performance uniform this year will be white shirt, school trousers, socks and shiny black shoes, school tie and blazer.

News Flash.

The idea of a parents and friends band has come up. Are you one of the parents whose son seems to have all the musical talent and you want to have a little for yourself? Well we can help. We are going to start a parents and friends band. No musical experience necessary!!

We can even help with the hire of an instrument if required. We will go through music basics and the band will develop as you do. The first performance will be at the Spring Music Concert!! Start practising!!

If you are interested please fill in the form and return to the music department. Rehearsals will be on Monday evenings from 6.00pm-7.00pm. (Depending on your availability) bring the boys to help you learn.



So we can have an idea of interest, please fill in the form.

Your Name _____ email _____

Son's name _____

I am interested in the parents and friends band.

My chosen instrument is: (please tick)

Strings

- Violin
- Viola
- Cello
- Double Bass

Woodwind

- Flute
- Oboe
- Bassoon
- Clarinet
- Bass Clarinet
- Saxophone

Brass

- Trumpet
- French Horn
- Trombone
- Euphonium
- Tuba

Percussion

- Piano
- Drums

Even if you have no musical ability, the idea is we will learn as we go. You can borrow your son's instrument.

If you are already a musician- don't despair. We need you to help with the band. Come along and show your talent. Tell us your talents.

SYDNEY BOYS HIGH SCHOOL

Canteen Price List

Opening Hours 8:30am - 1:40pm

8:30 to 9:00 a.m. * a time to place lunch orders * breakfast is available

It is to your advantage to pre-order lunches: it saves waiting in queues and ensures you get what you want.

Sandwiches and Rolls

Filling	Sandwiches	Rolls
Orders only:		
cheese & salad	\$ 2.20	\$ 2.80
chicken & salad	\$ 3.20	\$ 3.80
corned beef & salad	\$ 2.60	\$ 3.40
curried egg & lettuce	\$ 2.20	\$ 2.50
egg & lettuce	\$ 2.20	\$ 2.50
egg & salad	\$ 2.50	\$ 3.00
ham & tomato	\$ 2.40	\$ 2.80
ham & salad	\$ 2.60	\$ 3.40
roast beef & salad	\$ 3.00	\$ 3.50
salmon & salad	\$ 2.80	\$ 3.50
vegemite	\$ 1.20	\$ 1.50

Orders and over-counter sales:

buttered roll	-	\$ 1.20
cheese & tomato	\$ 1.50	\$ 2.00
chicken & coleslaw	\$ 2.80	\$ 3.50
chicken & lettuce	\$ 2.80	\$ 3.50
corned beef & tomato	\$ 2.40	\$ 2.80
dagwood		\$ 2.80
roast beef & tomato	\$ 2.50	\$ 3.00
salad	\$ 2.00	\$ 2.50
chicken or lamb yeeros wrap	\$ 3.50	
roast beef seeded mustard & lettuce	\$ 2.50	\$ 3.00
Available in brown/white bread; extras 20c.		

Sushi - chilli beef	\$ 2.00
- spicy beef	
- kimchi tuna	
- mayo tuna	

Cakes Muffins and Fruit

custard tart/apple slice	\$1.80
choc chip/anzac cookies	\$ 0.80
lamington/finger bun/chelsea bun	\$ 1.50
muffin	\$ 2.50
vanilla slice/caramel slice	\$2.00
mud cake	\$ 2.00
apple, orange, banana	\$0.80
fresh fruit salad	\$ 1.60

Hot Food

Orders and over-counter sales:	
chicken & corn roll	\$ 1.30
chicken puff	\$ 2.20
chilli pie	\$ 2.80
garlic bread	\$ 1.30
lasagne/ravioli/spaghetti/hokkien noodles	\$ 2.80
meat pie (sauce +20c extra)	\$ 2.50
pizza pocket	\$ 1.60
pizza rounda	\$ 1.80
pizza slab	\$ 2.20
potato pie	\$ 2.80
sausage roll	\$ 1.50
steak sandwich w/sauce	\$ 2.50
sweet chilli chicken sub w/sauce	\$ 3.50
hot chick/mayo roll	\$ 3.50

Drinks

300ml plain milk	\$ 1.00
300ml flavoured milk	\$ 1.50
600ml plain milk	\$ 1.50
600ml flavoured milk	\$ 2.00
mineral water	\$ 1.40
Powerade™	\$ 2.20
400ml 100% orange juice with iron	\$ 2.20
375 ml Coke/Fanta/Lift/Sprite™	\$ 1.50
600ml Coke/Fanta/Lift/Sprite™	\$ 2.00
Aroona-carbonated spring fruits water	\$ 1.50
Berri - Long Life Juices	\$ 1.50
Play - Flavoured Sportswater	\$ 2.20

Sweets and icecreams/blocks over counter

Prices effective 31.01.2005

Minor price changes will occur as a direct result of increases by suppliers

Got something to Sell? Turn it into cash

As a service to the High Family a

FULL PAGE ADVERTISEMENT

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\$27.50 gst included

(two weeks publication)

Whether it be a Business Service, Course/s

or something to sell etc!

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P.S. Subject to approval