



The Weekly Newsletter of Sydney Boys High School

Vol 16 No 3 13 February 2015

From the Principal



High Talent

Heartiest congratulations to everyone in the 13A cricket team for their stunning performance against Newington last

Saturday. The bamboozled Newington lads fell for a meagre total which was surpassed by our batsmen without loss. I received glowing reports of the bowling of Mahajan, Pellen and Senthil from both the gracious Newington coach and Mr Smith from High. Let's build on our early success!

P & C Meeting - February

In my Principal's report to the P & C meeting on Monday, I outlined the new



planning and reporting process and signalled the end of the Annual School Report. Our last report in the old format will be published in March.

The new three-stage process involves: developing strategic directions, identifying improvement measures and implementing, monitoring and evaluating the plan. I indicated that High would not be engaging in wide community consultation about strategic directions because the school has a clear mission and vision for the future.

Quality is about reliably repeating an expected standard or formula. Just as SAO biscuits have remained the same since 1906 and the recipe for Vegemite is unaltered since 1922, so too High's foundation as a preparatory school for university entrance and its pursuit of all-round excellence, have sustained and inspired us since 1883.

We have strong educational theory driving our endeavours. Gagné's differentiated model of talent development drives the Junior School discourse of personal development. Ziegler's notion of an actiotope - students interacting with their environment to pursue excellence - is overlaid on Gagné in the

senior school, where the discourse is mainly concerned with personal academic achievement.

As a leader, I am attracted to Max Depree's idea of 'intercepting entropy'. We have a really good educational product which we don't want to see compromised by complacency. We are afraid of becoming one of John Hattie's 'coasting schools' – ones with good results but not a lot of value added or student growth. 'Better is the enemy of good'. Let's be better. The DEC has adopted the approach of Simon Sinek (2009) *Start With Why.* Keep in balance a sharply focused 'why' we are doing it, with a collegially-derived 'what' we are going to do, to allow flexibility in 'what' individuals do to implement the plan. Our three pillars for 2015-17 are:

Maximising potential -our boys should be nurtured to become autonomous, engaged and successful learners, striving to maximise their potential in all areas of school life and as informed citizens.

Improving literacy – our boys need to read and write with more confidence, sophistication and skill.

Enhancing teaching – our teachers should polish their practice so that more of our boys can reach their learning goals and pursue excellence more vigorously.

Absence from after school Sport Training or Saturday Sport



I would like all students and parents to understand our Sports Policy. If a student is absent from after school sport training or Saturday Sport - parents need to email: absences.sport@sbhs.nsw.edu.au with the boy's details: student number, surname, first name, sport, team, reason for absence and dates for the absence.

Uncollected Reports



It is embarrassing that there are still reports uncollected from 2014. The students concerned have run out of opportunities to show they care about their learning. I have asked the Deputy Principals to pursue boys who haven't collected their reports and to issue them with detentions until they comply with school policy.

Weights Room 2015 - Early bird discount



High's weights room offers exceptional value for money. The room has appropriate equipment for preparing the bodies of teenage boys but just as important, it is constantly supervised. When handling weights, technique is vitally important and boys need to learn from the beginning in Year 7, the correct way to lift. Kurt Rich, our Head Strength and Conditioning Coach, is a well-credentialed and experienced trainer. His presence ensures that the boys are training safely and sensibly. So as well as getting weights, bars and machines, boys have a supervisor and adviser to help them during their workouts.

Costs for this service are held down to a minimum and reduced by boys taking out a full year's membership. For 2015, a full year Weights Room membership costs just \$218 for unlimited visits. Boys wishing to have full year membership must register and pay by February 27, 2015. Thereafter, boys using the Weights Room will be invoiced at \$92 per term (=\$368 for the year). Why is there so much difference? We want boys to train all year, so we make it easier for them to do. Also, we want to reduce the administrative costs of processing, recording and monitoring memberships on a term-byterm basis.

Dropping Off Students inside the Cleveland Street gates



Quite a number of parents drive boys to school. There is a drop off zone next to the tennis courts on Cleveland Street. Our policy is that parents should enter via gate 1, drop off their sons alongside the tennis court fence, then exit via gate 2, which allows both left and right hand turns. Driving in gate 2 directly involves negotiating the car park and having to turn around in an area busy with boys making their way to early morning lessons or down to The Flat to play before school starts. This practice is quite dangerous as drivers can't always see the boys moving in front or behind them. Please make an effort to comply with our policy and drive in via gate 1 and exit directly at gate 2 turning left or right.

Dr K A Jaggar Principal

DEBATING

Debating



Thanks to Arthur Chao for his hard work on getting us an SBHS debating

badge. The debating badges are ready for the students to purchase from the High Store \$8.95.

In order to gain a debating badge you must have a letter from me. Debating badges will be available for anyone who was part of a GPS team.

Ms Powell Debating MIC

Vaccinations (Year 7)

Year 7 received their vaccination consent packs. The dates of the vaccination clinics are below:

Visit 1: Friday, 13 March 2015 @ 08.00 - 15.00

Visit 2: Friday, 19 June 2015 @ 08.00 - 15.00

Visit 3: Friday, 6 November 2015 @ 08.00 - 15.00

Thank you to the boys who have already brought their consent forms to me. These can be given in at the front office or placed in the box outside my office. It is really important that your read the literature sent home about vaccinations and that you sign the consent forms and return to me as soon as possible. At the very latest we need them one week before the first set of vaccinations.

If you have any question about vaccinations please contact me at school. Vaccination is an important component of our maintaining our public health and I urge all parents to give permission for their children to be vaccinated.

Further information in languages other than in English can be found at the following link.

http://www.health.nsw.gov.au/immunisation/Pages/school_vaccination_language.aspx

Rachel Powell Deputy Principal



NSW SCHOOL IMMUNISATION PROGRAM

NSW Ministry of Health offers all school students free vaccinations recommended by the National Health and Medical Research Council (NHMRC). These vaccines are important and protect students through to adulthood.

In 2015 the following vaccines will be offered:

Year 7 students*

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months for male and female students (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school into Year 8)

Year 11-12 students*

- measles-mumps-rubella (MMR) vaccine as a single dose as part of a catch-up vaccination program for students who are not fully protected.
- * The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including by signing their name next to the vaccine/s the vaccines they would like their child to receive
- return to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child's name) on the consent form, as this is required to record the student's information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Public Health Unit

South Eastern Sydney Local Health District
ABN 70 442 041 439

Our 'World Challenge' Month In Africa: An Unexpected Journey

After 18 months of preparation, it finally happened! The itinerary had predicted that we (9 from SBHS, 6 from Sydney Tech HS and 3 adults) would spend the first day of our expedition waiting in various airports and playing cards.

After arrival in Gaborone, Botswana's capital city, the pace really picked up. We assumed our assigned roles; a jumble of Leader, Transport, Communications, Morale, Accountant, Food, etc. Our test, our first trek, was only two days down the road. So, after arriving at our pre-arranged accommodation, Mokolodi Backpackers, we dumped our bags, set up tents and quickly returned to the city to prepare.





The first day was spent primarily at "Game City Mall", where tasks included exchanging money and purchasing food. Our first day "incountry" really showed us what was required to ensure we actually had food to eat at the end of the day, as everybody scattered around the mall to make their delegated purchases. We pulled through in the end, getting our bearings around the city before eating a dinner of sausages and maize (and local food too!). With a museum visit and more shopping, the two days in Gaborone passed by quickly.

We were all excited as we scrambled onto the bus which would take us to the beginning of our next adventure - the Village Trek. After a good two days of settling in to life in Gaborone, we were eager to

begin hiking and experiencing traditional life in local villages. The first day proved to be tough. We were not accustomed to the rocky terrain, blistering sun or thorny plants. After 12km of walking we finally arrived, to our surprise, at a cattle post rather than an actual village. We spent the remainder of the day playing with the local children (who were just as excited to see us as we were to see them!), learning about local cuisine and feasting on a hearty dinner before sleeping in a traditional mud hut. In contrast, the next village was an actual community.

As one would imagine, the village had local shops and everyone was particularly friendly to us. Once again, we played with the children, who loved the attention we gave them - including the piggy-backing. After the New Year fireworks display, we all fell asleep in preparation for the last day of trekking. We were again surprised to find that the last village was a campground - complete with a beautiful restaurant. It was a fitting finish to three tiring days of trekking. We relaxed on mats and listened to music before enjoying a filling dinner.



The Village Trek was definitely a great cultural experience and the entire group learnt a lot more about traditional Botswanan village life, as well as how to prepare traditional meals.

Stay tuned for our next episode: The Limpopo River Trek - our ultimate physical challenge.

Julian Tu and Darren Lim, Year 11

Changes to Sports Policy Procedures for Parents and Students

Parents and students are advised to follow the new sport absences procedure which assists with streamlining the administration process. If your son is absent from a training session (outside of school hours only) or from a Saturday there are two actions that need to occur:

- 1. Firstly, your son needs to log on to his 'Student Portal' and mark himself as being absent for the Saturday at least one hour before the scheduled match starting time. This is to allow the coach to adjust their team for the match.
- 2. For training sessions (outside of school hours) and Saturdays, parents are to email through the specific details of the absence, including:
 - Student Number
 - Student name
 - Sport
 - Team
 - Reason for absence
 - Date/s for absence

Email the details to: absences.sport@sbhs.nsw.edu.au

All absences during school hours (including Wednesday/Thursday Timetabled Sport 1-3pm), are to be communicated to main school office administration.

Thank you for your cooperation Mark Pavone Sports Master

AAGPS Head of the River 2015

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Attendance at the GPS Head of the River is strongly encouraged for all students to support our rowing crews. Attendance by students (in full school uniform) is recognised by 5 points in the School Award scheme. This is a big day on the AAGPS school calendar and is quite a spectacle with all GPS schools attending. It is the day everyone works towards, a day filled with history and tradition, where all schools congregate with school pride. We are there too, with our High chants, colours and banners. If there is one day you should experience while at High it is the Head of the River!

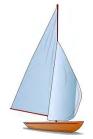
Where: Sydney International Regatta Centre, Penrith

When: Saturday 7 March 2014

How: Supporters will depart from the school bus stop on Anzac Parade at 7.45am and return to the school at approximately 1.30pm.

Cost: \$20 for a subsidised ticket (incl. transport and entry), paid to the school office by Wednesday 4 March Seats are limited to the first 200 boys

Award Scheme Points: Attendance in full school uniform is recognised by 5 Award Scheme Points. Plus a bonus 5 points if you attend the Head of the River, AAGPS Swimming Championship and AAGPS Athletics day.



SAILING PARENTS ATTENTION
SPECTATOR'S SAILING POLO

Available sizes L, XL, XXL only Normally \$40 NOW \$15

Only till end of Feb Be quick not to miss out

SALE!!!!





MUSIC NOTES

MUSIC TOUR ENSEMBLES

Students involved in the Music Tour ensemble, please ensure that you are practising your repertoire and attending **EVERY** rehearsal. If you are unable to attend a rehearsal, make sure you notify the music staff. The tour to USA is less than 2 months away and we need greater commitment from you.

MUSIC RECRUITMENT NIGHT

The Music recruitment evening held last Thursday in the Great Hall was a great success with many in attendance. If you or your son missed out on this evening and are interested in taking up an instrument, please see the Music Staff ASAP to organise lessons.

HSC ENCORE SHOWCASE CONCERT

ALL senior elective music students will be attending the 2014 HSC Encore Concert to be held on **Monday 9th of March** at **7pm at the Sydney Opera House**. Ticket payments are now due to Ms Kim, if you have not made payments please do so IMMEDIATELY.

MEET THE MUSIC

The first "Meet the Music" concert will be on the 6th of March at the Opera House. It is compulsory that all music elective students in Years 9-12 attend the concert. All boys are to be in full school uniform. Dates for all four "Meet the music" concerts are as follows:

Wednesday 18th February 2015 / Wednesday 22nd July 2015 / Wednesday 22nd April 2015 / Wednesday 11th November 2015

MARCHING BAND

Marching Band rehearsals will be held on Tuesday afternoons from 3:30-4:30pm & Friday mornings from 7:45-8:45am. We only have Term 1 to prepare for Anzac Day and it is crucial you attend every rehearsal. Please notify the music staff if you are unable to attend any rehearsals.

There will be **TWO rehearsals during the April school holidays** before Anzac Day (TBC)

(Attendance is COMPULSORY for ALL students in the INTERMEDIATE & SENIOR CONCERT BANDS).

ENSEMBLES TERM 1

ALL ensembles commenced in Week 2. Please see the Music staff if you are unsure of which ensembles you are involved in. 80% attendance requirement for award scheme points to apply.

The 2015 ensemble rehearsal timetable is provided below:

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning rehearsals	Intermediate	Senior	Senior Stage Band	Symphony Orchestra	Music Tour
7.45am unless stated	Concert Band	Concert Band	Room 201	Room 201	Concert Band
otherwise	Room 201	Room 201	(7:00am start)		Room 201
	Music Tour		Intermediate Stage	Senior	Saxophone Ensemble
	String Ensemble		Room 201	String Ensemble	Room 102
	Room 101		(7:50am start)	Room 101	(8:30am start)
	String Ensemble	Chamber Choir	Junior Stage Band		
	Room 208	Room 201	Room 101		
	Training Concert Band Room 202 Terms 2, 3, 4		Philharmonic Orchestra Room 208		Marching Band TERM 1 & 4 MPW
Afternoon rehearsals Start @ 3.30pm		Marching Band TERM 1 & 4 3.30 - 4.30pm			

Cricket Results – 2015 Term 1 Week 2

Team	Score	Result	Highlights				
	Group I GPS Round 5 : Group II GPS Round 7 : U13 Round 1						
1st XI	SBHS 2 – 22 v Newington 8 – 318	N/A					
2nd XI	SBHS 10 – 83 v Newington 5 – 167	Lost	James Pope 33				
3rd XI	SBHS 0 – 31 v Newington 10 – 247	N/A	Ashish Nagesh 3-23				
4th XI	SBHS 10 – 140 v Newington 8 – 221	Lost	Amit Deep 3-38, Ihsan Mohammed 3-26				
5th XI	SBHS 10 – 105 v Riverview 3 – 150	Lost	Marc Betbeder-Matibet 64				
16A XI	SBHS 0 – 0 v Newington 10 – 261	N/A	Sadin Afsar 3-28				
16B XI	SBHS 4 – 83 v Newington 6 – 213	Lost					
15A XI	SBHS 0 – 0 v Newington 10 – 252	N/A	Jay Patel 4-24				
15B XI	SBHS 9 – 42 v Newington 5 – 67	Lost					
14A XI	SBHS 0 – 0 v Newington 5 – 309	N/A					
14B XI	SBHS 10 – 54 v Newington 5 – 145	Lost					

Note: W/O- Washed Out; D/L- Duckworth Lewis

MIC of Cricket Report

During the week our boys train hard and do everything they can to best prepare themselves for the weekend. It can be difficult for our boys when many of them are still learning the basics of the game. The scores may not indicate it, but our boys do play hard and show great intent and enthusiasm throughout the day. If we can keep improving on our fielding and taking those catches that come to us we will be able to make a vast improvement in our results.

Our 1st XI started the day well having them 3-20. Unfortunately we dropped one of the top GPS batters on 10, 60 and 80. From there on he went from strength to strength and credit must be given to an amazing innings as he went on to score 201*.

Our U13s played their first official GPS match for the season. And what a great start for our U13As who rolled Newington cheaply and then went on and passed their total with ease. Hopefully this is a good sign of a great Year coming through the school.

This Saturday will see the conclusion of our top teams for day 2 against Newington, while the other teams will be up against Grammar. Good luck and remember to play hard and have fun.

In the July holidays 2015 we are aiming to participate in a once in a life time opportunity to play in a cricket tournament hosted in Sri Lanka. We will be representing our school and Australia in the "World Premier Schools Cricket Challenge" Tournament. This is open to anyone in the current U15s-Opens cricket teams. If you are interested in attending please notify me by email.

I have created a Twitter account for regular updates in results, information and wet weather. This does not replace the school wet weather website. The link can be accessed by phone or web browser without signing in or having a twitter account. https://twitter.com/SydHighCricket

To all parents and players, don't forget to go through the points below:

- Please make sure that all the boys wear SBHS logo hats, tops and long white pants.
- They are not to wear thongs to and from their fixtures.
- Apply plenty of sunscreen throughout the day.
- Make sure they drink plenty of water and carry a drink bottle with them to training and fixtures.
- Please notify their coaches if they are unable to attend training or their fixture.

Geoff Tesoriero MIC of Cricket

HIGH vs. Newington: Term 4, 2014

HIGH vs. Newington: Term 1, 2015

High	Vs	Newington	Term 4, 2014 (last time)
TEAM	RESULT	SCORE	TOP SCORER
1st	WIN	70-65	J.HUTCHISON: PRODUCTIVITY STATISTIC +30
2nd	WIN	45-31	B.CHAN 12, B.UDLER 12
3rd	WIN	57-38	J.CAI 16
4th	WIN	45-30	TEAM EFFORT
5th	LOSS	25-37	A.McCAFFERY 8
6 th	WIN	34-2	C.LEE 11
7 th	LOSS	25-20	A.CHEN 6
8 th	WIN	54-15	TEAM EFFORT
16A	WIN	42-38	A.LI 11
16B	WIN	29-22	S.CHEN 7
16C	LOSS	14-15	J.LEK 8
16D	WIN	29-21	A.ZHU 14
16E	WIN	32-24	N.ZHANG 10
16F	WIN	24-19	J.HUO, C.MCGRATH 6
15A	LOSS	24-38	N.CHAND 9
15B	WIN	33-31	J.SIU 10
15C	LOSS	31-34	D.THICH 9
15D	LOSS	25-30	J.KIM 8
15E	WIN	35-32	R.WU 8
15F	WIN	27-6	A.LIAO 6
14A	LOSS	24-33	TEAM EFFORT
14B	LOSS	21-28	J.YANG 6
14C	WIN	28-21	A.SIMIC 8
14D	WIN	28-16	F.NGUYEN 18
14E	WIN	26-8	J.XIAO 12
14F	LOSS	58-6	TEAM EFFORT

High	Vs	Newington	Term 1, 2015 (This time)	
TEAM	RESULT	SCORE	TOP SCORER	
1st	LOSS	84-74	B.MUSULIN 27	
2nd	WIN	59-33	L.ELTON 23!!	
3rd	WIN	45-17	J.YANG 16	
4th	WIN	13-31	I.CHANG 4	
5th	WIN	45-19	C.WANG 12	
6 th	WIN	19-11	M.NG 6	
7 th	WIN	27-25	E.YE 9	
8 th	WIN	63-3	TEAM EFFORT	
16A	WIN	40-30	K.WANG 16	
16B	LOSS	20-30	S.CHEN	
16C	WIN	17-18	K.ZHANG 13	
16D	LOSS	30-29	D.NGUYEN 11	
16E	WIN	31-17	Y.BUSHATI 12	
16F	WIN	27-7	J. HUANG 8	
15A	LOSS	34-35	N.CHAND 7	
15B	WIN	34-31	J.SIU 8	
15C	WIN	30-20	TEAM EFFORT	
15D	WIN	35-25	TEAM EFFORT	
15E	WIN	59-12	J.YOU 11	
15F	WIN	39-6	T.JIANG 16	
14A	WIN	31-30	N.CASACLANG	
			14	
14B	WIN	27-18	B.NGUYEN 13	
14C	WIN	40-14	J.KIM 9	
14D	WIN	28-22	F.NGUYEN 10	
14E	WIN	31-13	TEAM EFFORT	
14F	WIN	32-6	TEAM EFFORT	
13A	LOSS	44-8	W.KIM 4	
13B	LOSS	37-8	E.WONG 4	
13C	LOSS	22-16	E.TU 6	
13D	LOSS	26-10	W.LI 10	
13E	LOSS	24-9	J.BARUAH 3	
13F	LOSS	22-18	R.AH-KOON 4	

G'day all. As soon as I looked at the results this week, I was impressed. Over 70% of teams winning on the weekend is an outstanding effort. Most teams from 15s up to Opens won. Consecutive wins in the 14s were impressive. Keep up the great effort, guys. A tragic buzzer beater loss in the 15As was disappointing after such a good performance.

Touching on the 13s performance, don't be discouraged by the results. Most other schools have been playing together <u>for years and this is your first game together</u>. Just keep your heads up and keep working!

This week was the first loss of the season for 1st grade. Now, all of the top 4 teams have lost one match. We need maximum support from our school at every game.

If your match is at the same venue as firsts or seconds, maybe stay behind after your match or arrive early to support them.

Other than that, wishing everyone a good week leading up to the game against Grammar. Go High!



Pic of 'FUTURE FIRSTS' TRAINING

~ Go HIGH!

~Play Hard, Play Smart and Play Together! ~ Brought to you by editor Archie Fox

~Thanks to Mr B Hayman for all his contributions to HIGH Basketball

SYDNEY HIGH TENNIS



"It is not about the size of the dog in the fight, but about the size of the fight in the dog." High vs Newington College (GPS Round 3)

	1st Grade	Result (LOSS)	2 nd Grade (WIN)	Result
D1	1 + 2	L 6-2 6-3	1 + 2	W 6-3 6-0
D2	3 + 4	L 4-6 6-1 10-8	3 + 5	W 6-4 6-1
D3	5 + 6	L 6-7 7-6 4-10	4 + 6	W 6-1 6-4
S1	Eddy Wang	L 6-3 6-3	Richard Hao	W 6-1 6-3
S2	Carl Yang	L 6-1 6-3	James Lian	L 3-6 6-3 6-7
S3	Stevie Young	W 6-3 6-1	Danny Yu	Unf 6-7 7-6 2-1
S4	Josh Sangueza	L 6-0 6-2	Aaron Tang	W 6-3 6-4
S5	Adam Smagarinsky	Unf 3-6 6-4 3-3	Wanyu Tang	W 4-6 6-0 6-2
S6	Matthew O'Sullivan	W 6-4 6-2	Daniel Zhang	W 6-1 6-0

1st Grade

Half a year of victories and success led up to GPS game number 3 against Newington College, an opposition capable of high level tennis and unfortunately despite some nail biting finishes we were not able to come home the winners. Doubles, usually one of our strengths, could not get us out of the tightest of situations and although practising dozens of tie-breaks we were defeated in doubles number 2 and 3. My doubles match with Matthew lasting 2.5 hours and singles was always going to be a challenge for us with Newington fielding six strong players, 3 of whom were not present in the trial season clash. Points in Stevie and Matthew singles as well as half a point from my own unfished singles meant the score line concluded at 9.5 – 2.5. However, this



result does not leave us out of title contention; we are still near the top. Vital coming rounds against Grammar and Joeys will be exciting and fought with the same intensity and ferocity as played with the whole season.

-First Grade Captain - Adam Smagarinsky

2nd Grade

2nd Grade expected a very difficult match against Newington and arrived at the SBHS courts ready to play. The team gained a crucial 3-0 lead from the doubles matches. All three doubles pairs implemented aggressive game plans and produced much improved displays from last week, winning with little resistance. In the singles, Richard played aggressive tennis from the baseline which his opponent could not handle, resulting in a 6-1 6-3 win. James fought hard in an intense three set match, falling in the third set tiebreaker to lose 3-6 6-3 6-7. Aaron performed well and had a reasonably comfortable 6-3 6-4 win. Wanyu was able to break down his opponent's powerful game, coming from a set down to win 4-6 6-0 6-2. On debut, Daniel introduced his game to GPS tennis with an impressive 6-0 6-1 victory. Danny showed excellent mental strength in his marathon match against a frustrating opponent, which lasted more than three hours. He stayed tough when his opponent served for the match at 6-7 5-6 and won the second set after a tense tiebreaker, before the match was called off at 5:30pm. The final score was 7.5-1.5, with High picking up 3 bonus points for the win. The boys expect an even better performance in the next match against Sydney Grammar.

-Second Grade Captain -Richard Hao

5th Grade

It has been a slow start to the New Year for the 5ths as the boys are still recuperating from holiday sluggishness. Concluding the Saturday against Newington College with only one victory under their belts, the 5ths will be aiming to get their heads back into the game over the next few weeks. In the upcoming training sessions, the boys should be aiming to improve their consistency and their technique, following a Saturday plagued with unforced errors. Congratulations to Aaron Tse who achieved a superb 6-1 victory over his opponent with his explosive serve and groundstrokes.

-Howie Yin

For more info visit the Sydney High tennis website at: http://www.sydneyhigh.org.au/tennis/

Please spare some of your time on Saturday to come down and support High Tennis.

-Created by Adam Smagarinsky





Kings/PLC Regatta Results

The senior and Y10 eights competed in the King's Regatta last Saturday. The school 1st VIII raced well, achieving the time of 6.28.over 2000m.

Congratulations to the school IV finishing 2nd in the MU19 4+ in a time of 7.08.76 over 2000m - Jacob Katafono, Sam Musgrove, James Tinker, Wesley Zhang, (c) John Chen.

St Joseph's College Regatta Results

The junior crews completed at Hen & Chicken Bay. Congratulations to the Y8 1st Quad achieving the fastest time for a High junior crew on the day. Best results –

Race/Crew	Place	Names	Time/1000m
Y8 2nd Quad	2nd	Angus Ng, Matthew Le, Jason Yu, Jie Zhou, (c) Dennis Cho	4.08.04
Y8 1st Quad	3rd	Thomas Schanzer, Oliver Gao, Eric Holstrom, Marcus Borscz, (c) Raghav	4.00.86
		Ramanathan	

Upcoming regattas -

Date	Junior Regatta	Senior Regatta
14 February	High Regatta - Hen & Chicken Bay	NSW Championship Regatta - SIRC
21 February	Riverview Gold Cup – Lane Cove	Riverview Gold Cup – Lane Cove
28 February	GPS Regatta – Iron Cove	Sydney Rowing Club Regatta - SIRC
7 March		AAGPS Head of the River - SIRC
14/15 March	NSW CHS Championship Regatta - Taree	NSW CHS Championship Regatta - Taree

Other Events this Term -

- MBHS Year 10 rowers will be visiting SBHS from Wednesday 18 to Saturday 21 February. All MBHS and SBHS Y10 boys will camp at the rowing sheds on the Wednesday night and Melbourne boys will be billeted to Sydney families for the Thursday and Friday nights. Boys from both schools will race for the Parra Yarra Cup.
- GPS Rowing Assembly is on Friday 6 March
- Rowing Dinner is in the Great Hall on Saturday 21 March

Please Note -

- The GPS Head of the River will be held at Sydney International Regatta Centre on Saturday 7 March. All rowers and families are encouraged to attend this prestigious event.
- Crews, including Junior, Year 10 and Senior rowers, will be selected to represent High in the NSW CHS Championships at Taree on Saturday 14 and Sunday 15 March
- All regatta entries and results can be found on the Rowing NSW website www.rowingnsw.asn.au

Sydney High GPS Junior Regatta

Saturday 14 February 8am
High Rowing will be hosting the GPS Regatta
at Hen & Chicken Bay
All Y8, Y9, Y10 crews will be competing
Please come along and support High Rowing,
Cheer on the crews, Bring the family and
Enjoy the coffee and barbecue breakfast



Welcome New Rowers

We welcome the new intake Year 7 and Year 9 boys to High Rowing at Abbotsford. They will be learning the skills of rowing over the next few weeks on Thursday afternoons and Saturday mornings.





APRIL 2015

SCHOOL HOLIDAY SHORT COURSES

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AUSTRALIAN FILM TELEVISION AND RADIO SCHOOL

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	16	_	18	19	20	21	22
4 A	Extension 2 English, Viva Voce Assessment Week Y10 High Resolves Leadership Training, all day (30 boys)	Years 10, 11 and 12 Awards Assembly, Great Hall, 09:55-10:40	Rowing: Year 10 Visit by Melbourne High Excursion: PAWS, p1-3 (selected students,yr10,yr11) Years 7, 8 and 9 Awards Assembly, Great Hall, 09:55-10:40 Meet the Music, Sydney Opera House, 18:30	Rowing: Year 10 Visit by Melbourne High Assessment: Yr12 Legal Studies Assessment - (Research & In Class Essay) Class test: 10MaD, P3	Marching Band Rehearsal, 08:00-09:00 Clean up Australia Day, 06:30-09:00 Rowing: Year 10 visit by Melbourne High Swimming: GPS Carnival 2, SOPAC, Homebush, 19:00 Debating: FED SHS v Knox	Sport: Group 1 SHS v SJC, Group 2 SHS v SJC Rowing: Riverview Gold Cup Rowing: Year 10 visit by Melbourne High Parking: Sydney FC v Central Coast Mariners, 17:00 (Cricket)	
	23 ***	24 ***	25 ***	26	27	28	1
5 B	Attendance and Progress Review (all Years) Assessment: Y12 Modern History, Great Hall, 09:00-09:50 Year 10 Meeting, Great Hall, 09:55-10:20 Excursion: Popism and Art Express/ AGNSW 9VA, 10VA, 10VD, 11VA, 12VA Wallarugby House Oztag Lunchtime competition, Y7	Year 9 Meeting, Great Hall, 09:55-10:20 10MaB class test, P3 Basketball: Senior House Competition Saxby vs Fairland, Gym, lunchtime Wallarugby House Oztag Lunchtime competition, Y7 Marching Band Rehearsal, 15:30-16:30 Fundraising Management Committee meeting,	Year 11 Study Skills (Elevate) Morning, Great Hall, 09:00-12:30 Class test: 9MaD, P1, 7MaF, P3, 7MaT, P4, 8MaA, P5 Wallarugby House Oztag Lunchtime competition, Y7 Rowing: Committee Meeting, Staff Common Room, 19:00 Basketball: USA Tour	Year 7 Try Rugby Day, McKay, P1-3 Sport: NSW All Schools Triathlon, Penrith Assessment: Y12 English Extension 1, P4, 203, 207, 209	Year 12 Geography excursion to Baragaroo Tennis: SE Boys trials Sport: NSW All Schools Triathlon, Penrith Year 8 Meeting, Great Hall, 10:15-10:40 Class test: 9MaC, 9MaG, P5 Debating: FED SHS v Pymble Parking: South Africa v West Indies	Sport: Group 1 SHS v SJC, Group 2 SHS v SIC Rowing: GPS Junior Regatta, Iron Cove Rowing: SRC Senior Regatta, SIRC	Cricket: Preliminary GPS Combined Cricket trials
	8Ma3 class test, P4	17:30-18:30	Meeting, 901,	_	C dealers		0
6 C	2 *** Athletics and Winter Sports Selections (online) Year 10 High Resolves Leadership Training, all day (30 boys) A local ecosystem excursion (Year 11) to Narrabeen Rock Platform Sport: SE Golf championships GPS Rep basketball try outs, Riverview, 16:00-18:00	Elevate Workshop: Year 12 Selected Students, P1 (Finishing Line) Basketball: Senior House Competition Torrington vs Eedy, Gym, lunchtime Marching Band Rehearsal, 15:30-16:30	4 Summer Sports Photos, 09:00-12:30 Elevate Workshop: Year 8 Selected Students, Pl Volleyball: Sydney East Trials and KO GPS Basketball Training and Dinner, Newington	5 Sports Council Meeting, Board Room, 07:30 Elevate Workshop: Year 10 Selected Students, P1 (Ace Your Exams) Junior Rowing Photos, Abbotsford, 14:00	morning external collection Y10-12 Swimming: Zone Carnival, Des Renford Pool Geography: Year 12 Urban Places excursion to Green Square Rowing: Assembly, Great Hall, 10:15-11:00 (9, 11, 12) Debating: Eastside SBHS v	Rowing: GPS Head of the River, SIRC	8 Parking: Australia v Sri Lanka (Rowing)
	9 ***	10 ***	11	12	13 ***	14	15 ***
7 A	High Resolves - Years 8 + 10 (Collective Identity Program), Great Hall, 09:00-15:20 Cricket: NSW Schoolboys Carnival Water Polo: Open Water Polo Knockout CVD Years 7, 8 and 9 Dance, SBHS and SGHS, Multi-Purpose Hall (SGHS), 18:00-21:00 P+C Executive Meeting, Board Room, 17:30	Cricket: NSW Schoolboys Carnival Year 7 Science Excursion to Taronga Zoo High Resolves - Year 8 + 10 (Collective Identity Program), Great Hall, 10:00-15:20 Basketball: Senior House Competition Fairland vs Rubie, Gym, lunchtime Marching Band Rehearsal, 15:30-16:30 School Council Meeting,	Cricket: NSW Schoolboys Carnival Year 7 Meeting, Great Hall, 09:55-10:20 Last day of Summer Sport (Years 10-12) National Latin Exam 2015 Years 9-12 42 Students, Great Hall, 11:30-12:10	Selective Schools Entrance Test for Year 7 2016, Great Hall, 08:30-15:20 Cricket: NSW Schoolboys Carnival Last day of Summer Sport (Years 7-9)	Cricket: NSW Schoolboys Carnival Chess Selection Trials, Great Hall, 09:00-15:20 Years 7, 11 and 12 vaccinations and Year 8 catch ups, Room 801, 09:00-13:00 Debating: Eastside SBHS v Cranbrook Debating: FED St Aloysius v SHS Swimming: GPS Carnival 3, SOPAC, Homebush, 19:00		Rowing: CHS