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The Weekly Newsletter of Sydney Boys High School

Vol 11 No 11 April 23 2010

From the Principal Term 2



Welcome back to Term 2. I hope that all staff and students had a relaxing break. There are some staff

changes, particularly while the French Tour is still on. Mr Heath will cover the music classes until the 28th. Ms Chen is relieving for Ms Ward (who is on extended jury duty).

High Talent



The NSW CHS Swimming Championships were held in the last week of Term 1. High won a gold medal in the 4x50m 14

years relay. The team was Eugene Lee, Yu Peng Man, George Dzero, Dominic Mah. In the 6x50m all age relay, High won a silver medal. The team was Jack Musgrove, Ben Wilcox, Shaun Pak, Eugene Lee, Leonard Mah and Kazuo Nakamura. Darren Chien won an individual silver medal in the 100m breaststroke. These boys will go on to represent CHS at All Schools. A wonderful effort by all of our representative swimmers! Early next month 2009 Old Boys, Yiming Cao and Thomas Wilson will be receiving their University of Sydney Outstanding Achievement Awards and Harrison Lane a University of Sydney Entry Award.



A report from a Parisian resident, Old Boy Azri Deen (1995), that the marching band played under the Arc de

Triomphe on 15/4 "to the highest standard and were an equal match to the professional French military band that they played Old Boy Spencer Llewellyn alongside." (2009) was awarded a full scholarship to Pacific College California, a division 1 basketball college. wonderful Α organisational effort by Yale Wong and Andrew Gaffney resulted in 59 High boys donating blood to the Red Cross. This joint initiative with SGHS was very worthwhile and yet another example of the laudable values and leadership capacity of our students. Thank you to Mr Walker for his assistance with the event.

Ground improvements

The COLA has had security fencing installed. Concrete slabs were laid to extend the cricket run ups and to provide a base for



another water tank and a storage shed for fencing. Drainage was added to the amphitheatre area, a

pit dug and a pipe installed to divert water to the stormwater drain. Turf was laid in the area between the amphitheatre and the basketball courts to promote growth. A sandstone retaining wall to secure the Macdonald Wing side of the cricket nets for 25m was constructed using locally sourced sandstone. Students are asked to keep away from the areas being developed and to respect the taped off areas.

The MySchool Controversy

In the latest ACE publication, Emeritus Professor Alan Reid debunks six myths about the MySchool website.

- MySchool captures the quality of a school. Even though MySchool admittedly takes a narrow snapshot of school achievement through NAPLAN results, parents really don't have time to pursue other sources of information and will continue to be influenced by MySchool content.
- Publishing school results on MySchool will help to increase quality in education. Teachers are motivated to improve by other means than parental pressure. International experience shows that when testing becomes high stakes (particularly in Years 7 & 9) it has deleterious effects on the quality of education.

- MySchool information will not be used to establish simplistic league tables. The side step attempt to compare each school to 60 like schools has been confounded by the difficulty of establishing 'like' schools and by the response of the media to publish league tables anyway.
- 4. That MySchool will help the government to target resources to schools. The NAPLAN data has been available to governments for years. School improvement is not just about money. Social and cultural factors are as important as facilities, resources and pedagogy.
- 5. MySchool will help parents to select schools. Promoting the notion of education as a commodity rather than a public good is unhelpful as it undermines the culture of school as a community. It also assumes that all people are able to choose. Zoning, Transport costs, fees and restricted enrolments, mitigate against a large percentage of the population really having choice.
- If you oppose MySchool you are opposed to transparency and accountability. All responsible teachers know that good education requires plentiful relevant information.

It is hard to disagree with the clarity and cogency of Professor Reid's argument. However, if NAPLAN was acknowledged as a useful professional tool before MySchool is it not just as meaningful after MySchool? NAPLAN is clearly a pawn in the game. It seems to me that the state has the determination and capacity to have the tests administered and the teaching profession has the determination and capacity not to be involved in their administration. The struggle is costing both sides. I fear the MySchool distraction and the adversarial politics of NAPLAN will result in fewer dollars and fewer hours of effort being applied to the education of students in Australia this year.

Dr K A Jaggar

DISCLAIMER

Products and services advertised in *High Notes* are not necessarily recommended or endorsed by Sydney Boys High School.

DRAMA ENSEMBLE AUDITIONS



Participants will undertake a variety of activities including, vocal training, movement, acting, script interpretation,

stagecraft, performance skills, improvisation, group work and much more.

The ensemble will rehearse every Monday from 3:30pm – 5:00pm in the Drama Studio (Room 204) under the supervision of Jennie Rohr. Additional rehearsals will be required to prepare for the school *Drama Festival* held on July 27 and 28, 2010.

Students will develop skills that will be used for devising original theatrical performances for the school and wider community.

Any boy who misses a workshop/rehearsal without a reasonable excuse will forfeit their position in the highly competitive ensemble.

Auditions will be held on Thursday 29 April from 3:20 – 5:00 in the Drama Studio (204).

The audition will be workshop based and students will also be required to do a cold read.

Any interested student MUST register their interest with Ms Rohr by Wednesday 28 April 2010.

CIRCUS TROUPE AUDITIONS

The school circus troupe is one of many new exciting Performing Arts co-curricular activities being offered by the school's Drama Department.

The circus will train every **Tuesday from 3:30pm – 4:30pm in the Drama Studio** (Room 204) under the supervision of Jennie Rohr. Additional rehearsals will be required to prepare for the school *Drama Festival* held on July 27 and 28, 2010.

Students will undertake a variety of activities including, acrobatics, adagio, balancing, choreography, clowning, fitness and flexibility training, performance skills, stage combat and much more.

Any boy who misses a session without a reasonable excuse will forfeit their position.

Auditions will be held on Tuesday 27 April from 3:30 – 5:00 in the Drama Studio (204).

The audition will be workshop based and students will be required to undertake various strength, flexibility and balance tasks.

Any interested student MUST register their interest with Ms Rohr byTuesday 27 April 2010.

Thank you Jennie Rohr - Drama Department

FROM THE TWO LIBRARIES



(See Mothers' Day Book offer) FIRST EVER SYDNEY BOYS HIGH "READ AND DONATE" BOOK FAIR

The opportunity is there for boys to directly influence and update our 2 library Fiction Collection. We hope every boy will choose and then read one book. Work proceeds apace from both librarians and student volunteers in support of this big 2 Libraries event. The May 28 Book Fair is a great chance to support your son as lifelong a reader and for a modest sum to support your school library Fiction Collection. When your son picks a great book to donate to the 2 Libraries he will be the first one to borrow and read the book. Both Libraries aspire to have a really exciting and up to date fiction collection as a result of the hard work they are putting into this Book Fair, to encourage High's wonderful students to continue to love their reading.

BOOK FAIR WEBSITE UP - see link from sydneyboyshigh.com

Resources which will be displayed at the May (read and donate the book) Book Fair are going up on a website as we write and will continue to do so until we have enough resources for every boy to purchase a book.

You can look these up on the linked website and click around and find book reviews and popularity ratings. Mrs Crothers spent the 2nd week of the holidays and after school this week, selecting books from Borders at Bondi Junction and putting them on her "Library Thing" website. Mrs Gordon is selecting books and has put in a day's research at the Children's Bookshop in-service to select resources for the new Senior Book Collection. At present there are approx 400 books up on the Website and more to go. Students can investigate the books and pick the best one to read themselves and later donate.

MOTHERS' DAY OFFER - EARLY BIRD BOOK FAIR

- Starts this coming week in time for Mothers' Day As a special offer to Sydney Boys High mothers Mrs Crothers has selected 200 of Border's latest women's books for boys to give Mum for Mothers' Day. These are now on the Book Fair website - follow the link from sydneyboyshigh.com. This is a 20% off purchase and is **NOT** a donation. Boys can attach their own "read and donate" book choice to the Mothers' Day offer if they wish – by selecting from the Website right now and filling in the downloadable form and taking it to the Library staff. Library staff will order the books for free and they will be delivered to the school for boys to pick up. For notification of arrival see the Library's noticeboards.

NEW JUNIOR FICTION

Ink Death, Cornelia Funke, Ink Spell, Cornelia Funke, Syren, (Septimus Heap Book Five), Angie Sage Mrs Crothers - Andrews Library

UNSW Network Schools Programme UNSW Year 10 Subject Selection and Information Evenings

This year UNSW is offering six Year 10 Subject Selection and Information Evenings - three of these dates are exclusively for Network Schools' students. The evenings exclusively for Network Schools' students have been designed to be smaller so that students and parents will have more of an opportunity to interact oneon-one with current UNSW students and Faculty Representatives. We encourage Year 10 students and their parents to attend these information packed evenings – even if they are unsure of what uni they want to attend. We pride ourselves on ensuring that the information provided is broad enough to not be solely applicable to UNSW but best practice for subject selection.

Presentations from UNSW's UAC Admissions, the Board of Studies, UNSW Co-op and Scholarships and a UNSW Student Ambassador are followed by the opportunity for students and parents to meet directly with current UNSW students and Faculty Representatives to ask any questions they may have on UNSW's programs, the study experience, etc. etc.

The dates for all six events, along with the specific registration details for each, are listed below. These evenings often fill to capacity - please encourage students or parents to register as soon as possible to avoid disappointment.

Monday, 3 May 2010 - Network Schools Year 10 **Subject Selection & Information Evening**

6:30pm - 8:30pm: UNSW Kensington Campus: Registration: www.networkschools.unsw.edu.au/year10

Monday, 10 May 2010 - All Schools

6:30pm – 9:00pm; UNSW Kensington Campus;

Registration: www.year10.unsw.edu.au

Wednesday, 12 May 2010 - All Schools

6:30pm – 9:00pm; UNSW Kensington Campus;

Registration: www.year10.unsw.edu.au

Tuesday, 17 May 2010 - All Schools

6:30pm – 9:00pm; Parramatta Riverside Theatre:

Registration: www.year10.unsw.edu.au

Tuesday, 18 May 2010 - Network Schools Year 10 **Subject Selection & Information Evening**

6:30pm – 8:30pm; Wahroonga (to be held at Abbotsleigh

School); Registration:

www.networkschools.unsw.edu.au/year10

Wednesday, 26 May 2010 - Network Schools Year 10 Subject Selection & Information Evening

6:30pm – 8:30pm; North Sydney (to be held at Wenona School); Registration:

www.networkschools.unsw.edu.au/year10

Medicine Information Evening for Year 12 Students

Wednesday, 28 April 2010; UNSW Kensington Campus; 6:30pm – 8:30pm; Registration:

www.networkschools.unsw.edu.au/medicine

Due to incredible demand, we had to open a second venue for this event. The evening will include presentations from the Medicine Faculty's Associate Dean (Education); the Medicine Faculty's Manager of Academic Programs and the Medicine Student Centre Manager. Following the formal presentation, a panel of five (including two current UNSW Medicine students) will answer questions from the audience. There will also be time following the official program for students to ask questions of other current UNSW medicine students.

There are still a limited number of seats available in the additional venue (connected via two way audio and video). If you have any current Year 12 students interested in attending, please have them register no later than Friday, 23 April.

Registration can be completed at: www.networkschools.unsw.edu.au/medicine

Lots, Lots More!

In the month of June we have more than 10 activities on offer. Please let the careers adviser know as soon as possible if you would like to attend the *A Day @ UNSW* program on 17 June (Years 10, 11 or 12). Also please keep in mind these other opportunities

THANK YOU from the Art Staff

Thank you from Visual Arts to everyone who kindly offered TVs and DVD/video player.

We have had our needs well satisfied thanks to the Rudd family and another anonymous donor.

Art Department

All Students Lost Property

Please be advised that all lost property will be cleared by the end of school day on Friday. Please contact the lost property office in the McDonald Wing if you have any lost items. Thank You

Letters Re Absence/Lateness/ Early Leave



When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or quardian. If your son is going to be late

for school a note is also required. Alternatively you may contact the school by phone on 9361 6910 and dial "4" for the absentee line.

If your son has an early leave note he is required to have his note signed by either Mr Barris, Mr Dowdell or Mr Prorellis **before 8:55 am** and handed in to the Main Office immediately after. Each letter should be signed by a parent or guardian with the <u>name date</u> and <u>roll class</u> of your son <u>printed clearly</u>. Your son needs to pick up a leave pass from the Main Office before he leaves the school.

Leave

If you require leave for your son please, apply in writing and address your application to the Principal, Dr Jaggar, stating the reason and length of time of the leave. Your son must then present this application to Dr Jaggar for permission for the leave. Please remember to apply before the leave and not after.

The Principal must approve all leave applications.

As a service to the High Family



A FULL PAGE ADVERTISEMENT

can be placed for a fee of \$35.00 (GST incl.) for a full page ad in two weeks publication. Whether it be a business service, educational course/s or something for sale.

Contact : Cathy Northey High Notes Editor Ph:9361 6910 F:9361 6206

Email:highnotes@sydneyboys-h.schools.nsw.edu.au

N.B. Content is subject to approval



WELCOME BACK! Coaching starts again for all boys this Friday and continues until the end of Term 2

COMPETITIONS

After a stellar Term 1 performance Debating is starting again for Term 2.

This term sees our two social competitions: Eastside and Friday Evening Debating wrapping up with semi finals starting for Eastside NEXT WEEK!

Eastside Semi Finals Draw

Year 12 SBHS vs Grammar

Year 11 Grammar vs SBHS

Year 10 SBHS vs SGHS

Year 9, Year 8 & Year 7 – unfortunately did not make semis

Teams will be announced via email and confirmed at coaching. Best of luck to all teams!

All Eastside debates will be held at Reddam Woollahra Campus.

The Eastside Grand Final will be Friday May 7

FED Debating also resumes next Friday on the Topic Area - Sport



Tuesday April 27th 6.30pm Staff Common Room

Join us to meet other parents involved in debating, discuss the events of Term 1 and prepare for Term 2. New parents especially encouraged to join in – ask questions and find out more. **See you there!**

More information can be found at www.sydneyhigh.org.au/debating and will be emailed to you on a weekly basis.

Please CHECK YOUR EMAIL regularly and ensure we have current contact details for both students and parents. PARENTS: If you are not receiving weekly emails about debating please email us at sbhsdebating@gmail.com and ask to be added to the parent group for your child's year.

SCHOOL ATHLETICS CARNIVAL 2010



Over two great days late last term the School Athletics Carnival was held at nearby ES Marks field. The Carnival is designed to cater for all standards and boys are encouraged to participate in at least three events on the day. The Carnival went very smoothly thanks to the efforts of staff, student volunteers and willing competitors. Particular thanks once again to our Data Team consisting of James Rudd, David Chan, Nicholas Costa, Brendan Leo and Wen Jia Liu who donated their skill and computer expertise over two days. Our Carnival is now one of only a few large school Carnivals held

at the track and it continues to be a great spectacle when it is in full swing. Senior boys in particular seem to appreciate what, for most of them, will be the last such event they participate in. Our new Deputy Principal, Mr Barris, started a new initiative this year with the first Tug O War contest. This helped to create a fun atmosphere at the carnival and we will develop the concept further next year.

Congratulations also to the Age Champions – James Tinker (12 Years), Joshua Lee (13 Years), Anton Brokman (14 Years), Patrick Krakovsky (15 Years) and Scott Renzenbrink (16 Years)

Special Awards from the Carnival include

The AM Eedy Cup for 100m Champion : Brian Kelly The McArthur Memorial Cup for 1500m : Francis Torok

The Frank Albert Cup for Senior Athletics Champion: Maximillian Kite

Full results of the Carnival are published herein. Ruby was the winning House this year

GRAND TOTAL for the SBHS Athletics Carnival

1	Ruby	1157
2	Eedy	1042
3	Fairland	1042
4	Mckay	1035
5	Torrington	1004
6	Saxby	956

Annual Athletics Carnival Results

EVENI	FIRST	SECOND	THIRD	TIL 15 (D.10T
				TIME/DIST
12 YEARS				
400.11		0 1 1 71		11.10
100 M	Johnson Tran	Calvin Zhou	Kevin Robinson	14.42 s
200 M	Calvin Zhou	James Tinker	Kazuo Nakamura	31.45 s
400 M	James Tinker	Chris Lee	Andrew Nam	1'18.90 m
800 M	James Tinker	Kelvin Liang	William Chang	2'54.80 m
90	Chris Lee	James Tinker	Kevin Robinson	18.46 s
Hurdles				
High	Chris Lee	Kevin Robinson		1.18 m
Jump				
Long	Kazuo Nakamura	Johnson Tran	Bill Zhuang	4.08 m
Jump				
Shot Put	Tyson Zhang	Bennett Jiang	Aashray Narula	6.81 m
House	Saxby	Eedy	Ruby	61.02 s
Relay	,	•	·	
Champion	James Tinker			
•				

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100 M 200 M 400 M 800 M 90 Hurdles	Anthony Chen Joshua Lee Joshua Lee Joshua Lee Joshua Lee	Joshua Lee Leonard Mah Philip Lam Henry Feng Leonard Mah	Philip Lam Anthony Chen Leonard Mah Luke Hoad Carl Yang	13.17 s 27.71 s 1'05.20 m 2'37.00 m 16.30 s
High Jump	Henry Feng	James Lian		1.31m
Discuss Javelin Long Jump	Andrew Liu Martin Lam Joshua Lee	Tyson Zhang Andrew Liu Henry Feng	Rex Yi Wei Li Zhuang William Wu	19.10 m 17.70 m 4.44 m
Shot Put House Relay Champion	Rex Yi Ruby Joshua Lee	Anthony Chen McKay	Leonard Mah Torrington	9.58 m 57.26 s

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100 M 200 M 400 M 800 M 1500 M 100 Hurdles	Terence Pham Anton Brokman Anton Brokman Anton Brokman Anton Brokman Dominic Mah	Maurice Lam Maurice Lam Eugene Lee Eugene Lee Ned Anson Eugene Lee	Anton Brokman Vasu Bhakri Dominic Mah Ned Anson Steve Comninos Kenny Liu	12.27 s 25.27 s 1'02.30m 2'19.00m 5'02.99m 14.51 s
High Jump	Terence Pham	Dominic Mah		1.50 m
Discuss Javelin Long Jump	Brendan Guan Brendan Guan Maurice Lam	Terence Pham Chris Mao Anton Brokman	Steve Comninos Allen Chen Byron Chen	29.26 m 24.73 m 4.95 m
Shot Put House Relay Champion	Steve Comninos Saxby Anton Brokman	Howjer Gu Eedy	Ray Fang Ruby	9.57 m 53.80 s

100 M 200 M 400 M 800 M 1500 M 100	Edward Zhang Ming Chin Lloyd Perris Lloyd Perris Lloyd Perris Ivor Metcalf	Ollie Meroni Ollie Meroni Lahiru Katupitiya Ollie Meroni Ollie Meroni Patrick Krakovsky	Ming Chin Edward Zhang Ming Chin Siddharth Sethi Oliver Kirk Jonathan Clements-	11.99 s 24.61 s 59.04 s 2'17.20 m 4'40.06 m 14.42 s
Hurdles High Jump	Ivor Metcalf	Harry Heo	Lendrum Patrick Krakovsky	1.70m
Discuss Javelin Long	Eamon Kelly Jaspar Garay Patrick Krakovsky	Tony Li Allen Fu Ivor Metcalf	Jaspar Garay Dennis Duong Harry Heo	25.11 m 27.30 m 5.44 m
Jump Triple Jump	Patrick Krakovsky	Ivor Metcalf	Anton Brokman	11.38 m
Shot Put House Relay	Eamon Kelly McKay	Dennis Duong Saxby	Jaspar Garay Ruby	11.33 m 50.23 s
Champion	Patrick Krakovsky			

	-	7 A W	

100 M 200 M 400 M 800 M 1500 M 110 Hurdles High Jump	Scott Renzenbrink Scott Renzenbrink Michael Phung Adam Booth Adam Booth Kumudika Gunaratne Scott Renzenbrink	Michael Phung Michael Phung Andrew Fong Pasan Pannila Pasan Pannila Jesse Moffat Jesse Moffat	Andrew Fong Andrew Fong Prashan Prabaharan Jeremy Dobrowolski Jeremy Dobrowolski Andrew Fong	11.71 s 23.42 s 57.70 s 2'11.70 m 4'39.50 m 15.24 s 1.60 m
Discuss	Scott Renzenbrink	Ben Wilcox	Sangeeth Subramaniam	24.00 m
Javelin	Jeremy Dobrowolski	Scott Renzenbrink	Benjamin Laird	28.80 m
Long Jump	Scott Renzenbrink	Tian Ling	Michael Phung	5.63 m
Triple Jump	Scott Renzenbrink	Tian Ling	Kumudika Gunaratne	10.51 m
Shot Put	Danny Chandra	Leo Lu	Jesse Moffat	11.24 m
House Relay	Fairland	Saxby	Eedy	50.24 s
Champion	Scott Renzenbrink			

OPENS				
100 M	Brian Kelly	Jeremy Rajendram	Anosh	11.58 s
			Kanagaratnam	
200 M	Jeremy Rajendram	Brian Kelly	Anosh	23.55 s
			Kanagaratnam	
400 M	Anosh	Jeremy Rajendram	Francis Torok	56.10 s
	Kanagaratnam			
800 M	Francis Torok	Samuel Lane	Laurence Liu	2'12.10 m
1500 M	Francis Torok	Samual Lane	Lachlan Perris	4'25.80 m
110	Christopher Morrow	Stephen Yoon	Austyn Guo	15.92 s
Hurdles				
High	Christopher Morrow	Andrew Huynh	Maximillian Kite	1.85 m
Jump				
Discuss	Maximillian Kite	Alex Feng	Mohit Tugnait	35.94 m
Javelin	Maximillian Kite	Raghib Siddiquee	James Han	30.02 m
Long	Tony Xiao	Jeremy Rajendram	Anosh	5.85 m
Jump			Kanagaratnam	
Triple	Christopher Morrow	Maximillian Kite	Anosh	12.33 m
Jump			Kanagaratnam	
Shot Put	Maximillian Kite	Jack Musgrove	Iftiar Khan	13.80 m
House	Ruby	Torrington	Fairland	48.8 s
Relay				
Champion	Maximillian Kite			

The Zone Carnival team will be published next week.

R.Devlin: MIC Athletics



GPS sports competition is very demanding on people and resources. At High we have ongoing needs for facilities development, equipment and development through expert coaching. If you would like to help through a tax deductible donation for a particular sport, the appropriate form can be posted to you by calling 9361 6910. Alternatively, you can go to our website www.sydneyboyshigh.com click on Sport /Sports Donations to download either *Development Donation Form* or *Equipment and Facility Donation Form*.

LAGOR DINNS

Sydney Girls High School

Sydney Boys High School



Anzac Parade Surry Hills NSW 2010 Telephone (02) 9331 2336 / 9331 1637 Fax: (02) 9360 9702

Email: administration@sghs.nsw.edu.au

20 April 2010

Moore Park Surry Hills NSW 2010 Telephone (02) 9361 6910 / 9361 6970 Fax: (02) 9361 6206

Email: office@sydneyboys-h.schools.nsw.edu.au

Junior Dance

Dear Year 7/8/9 Parents,

There will be a school dance for Year 7/8/9 students held in the School Hall, Sydney Girls High School on Monday, 3rd May from 7:00 pm - 10:00 pm. This function is only for **CURRENT** students at Sydney Boys and Sydney Girls. No other people will be permitted.

Staff and security guards will provide supervision and students will only be allowed to leave before 10:00 pm if we can contact parents for permission. Drinks and chips will be on sale in the Cleveland Quadrangle. Students will be allowed to go into the Cleveland Quad from the School Hall and all this area will be secure.

We do request that parents are prompt to collect their daughter/son at 10:00 pm. Boys are to be collected in the Boys School Car Park and girls in the Girls School so as to reduce congestion. Please do not allow them to make their own way home at this time of night.

Students need to be fully aware of the expectations we have for them regarding acceptable behavior. Should any incident occur parents will be contacted to collect their child. The NSW Department of Education Guidelines are the framework for conduct of this, and all other social events.

Please contact Mr Thomsen (Sydney Girls High School) or Mr Barris (Sydney Boys High School) if you need clarification.

We look forward to a successful evening.

Best wishes,

Ms Andrea Connell

Principal

Sydney Girls High School

Dr Kim Jaggar

Principal

Sydney Boys High School



New Parent Friendly Fitness Centre in Rosebery! CROSSFIT GYM ROSEBERY

Located at 55 Mentmore Avenue Rosebery, on the Corner of Morley St CrossFit Gym Rosebery boasts over 15 years experience in the fitness industry.

Our experience has allowed us to develop a training system that accommodates all levels, from absolute beginners through to the advanced athlete.

2 PERSONAL TRAINING (1 HOUR) SESSIONS \$50 PER WEEK!!

*Quote the name of your school and get a further week for free when you sign up - that's an extra \$50 worth of training!

& MUM'S ONLY SPECIAL OFF-PEAK MEMBERSHIP

We know that being a mum means that your time is always precious.

We've got the perfect time for you to work out, when the gym isn't too busy, allowing us to give you the personal attention that you need.

So why not drop your kids off in our fantastic new Creche facility and have a Supervised Training Session, Ultimate Cardio,

Boxing & Ab's, Spinning, Yoga or Circuit Class with some of the other mums in the area!

To make a booking call us on 9313 6226 or go to www.xfitgym.com.au for further info.

			1 -	_, -			23-04-2010
Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 B	26 Anzac Day - Public Holiday	Year 12 Assessment Exams Year 9 Half Yearly Exams Year 8 Geography / History Excursion Debating Supporter's Group Meeting, 6:30pm Common Room Music Tour	Year 12 Assessment Exams Year 9 Half Yearly Exams Year 8 Science Excursion, Long Reef Music Tour returns Swimming: CIS Carnival, Homebush Rugby: Committee Meeting, Staff Common Room, 6pm	29 Year9 Half Yearly Exams Swimming: CIS Carnival, Homebush	30 Year 9 Half Yearly Exams Basketball: CIS Trials Mufti Day BBQ - Oasis Fundraising Debating: Eastside Semi-final, Reddam FED: SHS v NC Rugby Camp, Outterside Centre	1 Rugby: SHS v Scots Bathurst Cross Country: CS/SAC Invitation, Sydney Park, 10am Fencing: School Championships Parking - Swans v Brisbane Lions (Rugby)	Pootball: GPS Trials for CIS selection, Riverview
3 A	Year 10 Half Yearly Exams HSC Exam Timetable available on BoS website Swimming: NSW All Schools Championships Year 7 Seminar Evening, Common Room Years 7, 8 and 9 Dance, SBHS and SGHS, Multi-Purpose Hall (SGHS), 7pm-10pm			Year 10 Half Yearly Exams Australian Economics Competition	Year 10 Half Yearly Exams Year 12 Geography excursion, Hunter Valley, all day Great Hall Booking Debating: Eastside Grand final, Reddam FED: BC v SHS Sailing: NSW Secondary Schools Teams Racing Regatta, Woollarah Sailing Club, Rose Bay Rugby Camp, Outterside	Augustine's Cross Country: SIC Invitation, Riverview (10:00 am) Fencing: School Championships Sailing: NSW Secondary Schools Teams Racing Regatta, Woollarah Sailing Club, Rose Bay	Mothers' Day Sailing: NSW Secondary Schools Teams Racing Regatta, Woollarah Sailing Club, Rose Bay
4 B	10 Year 11 Half Yearly Exams Year 10 Half Yearly Exams Year 8 Half Yearly Exams P and C Executive Meeting Parking: Sydney Roosters v Cowboys (Tennis)	Year 7 National Assessment Exams	12 Year 7 National Assessment Exams Reading (P1 and 2) Year 9 National Assessment Exams Reading (P3 and 4) Year 8 Half Yearly Exams Football: CIS Trials, Glenwood Meet the Music Concert, SOH, 6:30pm	Numeracy (P1 and 2) Year 9 National	14 Year 8 Half Yearly Exams Year 9 Geography Excursion, Pyrmont - Ultimo Rugby Camp, Outterside Centre Parking - Waratahs v Hurricanes (Soccer)	Rugby: SHS v Melbourne High School, Internal trials Football: Trials Cross Country: KGS Invitation, St Ives Showground (10:00 am) Fencing: School Championships	16
5 A	17 Attendance and Progress Review (all Years) Year 7 Half Yearly Exams Year 12 Poetry Workshop, Great Hall and McDonald Library pds 5 and 6	18 Year 7 Half Yearly Exams Foundation Meeting, Board Room, 6:30pm	19 Year 7 Half Yearly Exams School Council Meeting, Board Room, 6:00pm	Year 7 Half Yearly Exams Cross Country: Eastern Suburbs Zone Carnival, Centennial Park, 11am - 3:15pm Theatresports School Challenge, Great Hall, 7pm	21 Embedding ICT in Year 8 History Program, History Faculty, JP to cover 473-260 Travel to Armidale	Sport TAS v SHS (Rugby) Cross Country: SJC Invitation, Macquarie Hospital (10:00 am) Parking - Swans v Fremantle (P and C)	23