

The Weekly Newsletter of Sydney Boys High School

Vol 9 No 3 February 15 2008

From the Principal

Swimming Carnival

I was most impressed with the attendance by boys at the Swimming Carnival last Friday. Despite threatening weather and given a venue with minimal shelter, over 800 boys still showed great school spirit and attended. The participation rates in events were good and the atmosphere friendly. There was an initial delay as boys swiped on their attendance, using their ID cards, but thereafter the carnival ran smoothly. Using bar code readers, we are now able to accurately record participation by students in events at carnivals and the electronic

record will be downloaded to appear on

student reports. My thanks go to Mr Ockert

for his organisation and to all the staff

members who played their part in making

School Uniform

the day a success.

Students and their families are reminded that this is a full uniform school. The new uniform for the senior school includes a white shirt with a logo on the pocket. obtainable only from the High Store. The new uniform is being phased in 2008-10 so that by 2010 all students will be wearing shirts with logos. Students in Year 11 this year are not expected to replace their existing white shirts but if they outgrow them or they wear out we do expect a shirt with logo to be purchased. Similarly, students in Year 8 are not required to change immediately to blue shirts with logos. I exhort students who have not yet made the change to the new uniform to respect the new policy and those who have made the effort to comply with it. Boys are reminded that the dress code includes having shirts tucked in and ties knotted and drawn up so as to close the shirt collar at the neck.

Chinese New Year Function

The Sydney High Development Committee



has really put in a lot of effort to line up great food and entertainment to celebrate the Year of the Rat. This will be a

great opportunity for more people in the

High community to get to know one another socially as well as to recognise a significant event on the multicultural calendar. As one born in the year of the rat, I can identify with the occasion. I have bought tickets for my family, have you?

Early Bird Payment Discount

Thank you to the large number of families who have taken advantage of our early bird payment offer to secure a 10% discount on the general service contributions. Parents deduct the 10% when ticking the 'payment in full' option on the statement. The offer is available to people who pay in full all the contributions to the school that we invoice. We appreciate your support. The last day to secure this deduction is 29 February. Thereafter, the full amount for contributions will be charged.

Year 10 on Thursday Afternoons

As a consequence of the School Within a School program, Year 10 is being treated differently in Values Education. The idea is that Year 10 can manage a senior school delivery of certain content and can acquire skills in a mature way. We have set aside period 6 each Thursday for whole group lectures. vocational education speakers presentations. guest workshops of various kinds. Our Careers Adviser, Mr Ayre, has certain mandatory tasks for Year 10 to complete. Mr Walker, Head Teacher Welfare, has an agenda for welfare related activities. Mr Codey, Year Adviser, and Ms Trompetter, Literacy Coordinator, have workshops and selfmanagement strategies for targeted boys. The calendar for the whole year is being worked out and will be firmed up soon. It is our intention that unless a program or workshop is scheduled for an individual then he is free to go to the senior study if he has a card or to go home early on that day. I remain optimistic that if boys are treated more like adults that they will increasingly come to behave more like them.

Dr K A Jaggar

SYDNEY BOYS HIGH SCHOOL: THE FOUNDATION YEARS

The Inauguration of the School

The High Schools' entrance examination was held in Sydney on 20 September 1883. It tested prospective students in reading, dictation, grammar, arithmetic, algebra, Euclid and Latin. Fifty four boys qualified for Sydney Boys High School. Forty six enrolled on the first day of studies, 1 October 1883, in Castlereagh Street, in a venerable building previously occupied for many years by the St James' denominational school.

A week after work commenced in the boys' school, on 8



October 1883, the Sydney High Schools were inaugurated in a ceremony conducted on the ground floor of the Castlereagh Street school building. The

Minister for Education at the time was George Houston Reid, later a Prime Minister of Australia.

The press reported that Reid delivered a brief speech in which he noted that when he took office, believing that high schools would be a most valuable link uniting the lower and higher system of public instruction he was determined to bring them into operation without delay.

However, Reid yielded pride of place on the occasion to a great scholar, the Rev Professor Charles Badham (1813-1884). Badham was Professor of Classics at Sydney University, the finest textual critic of his generation and the friend of the writer William Makepeace Thackeray (1811-1863), the biologist Thomas Huxley (1825-1895), and of the great English theologians John Henry Newman (1801-1890) and Frederick Maurice (1805-1872).

It was appropriate that Professor Badham was given the honour of addressing the gathering, for he more than anyone was responsible for the movement that had brought them there that day. For many years he had urged the creation of an effective high school system to link the elementary public schools with the University.

The speech, the last oration that Professor Badham delivered before he died in January 1884, was a masterpiece of oratory and covered some of the themes that might arise in relation to the provision of a "liberal" education to children of the emerging middle classes:

but you are entering upon a course which, if maintained with perseverance, will, after a few years, enable you to say that you belong to the rank of educated men and women. I call this higher

education "a rank." Do not understand by that, that it is intended you should necessarily enter upon any higher occupations than were first intended for you. Some of you may indeed rise to callings which, in the estimation of the world, command more respect than others; but even those who follow the occupation of their fathers will have acquired a dignity, a place in the world, which can be gained by no amount of wealth, and which no trade or calling, however humble, can rob them of. The time is coming, and perhaps you may live to glory in its being come, when the only thing which ennobles a man in the estimation of his fellows is a cultivated mind.

And so now I say to you, children of New South Wales, that you are beginning on this day a career which will lead you, not only to knowledge, but also to the rank which higher education confers. And to whom are you indebted for all the contrivances which are to give you this blessing of higher education? To your country – to the public opinion of New South Wales, as expressed by its Parliament....

But enough of warnings and preachings, for this is the time for joyful hope. Be full of hope, my young friends; for hope is the only soil in which good resolutions can grow; and we, too, will hope with you, and for you, and the utterance of our hope shall be in devout and loving wishes for your success and happiness.



The Rev Professor Charles Badham, Professor of Classics at Sydney University, 1867-1884.



SHS Old Boys Union www.shsobu.org.au

ENGLISH

Now that 2008 is under way the English faculty would like to extend a warm welcome to our Year 7 students and parents as well as to those new students who are settling in to Years 9 and 11. If you have any queries regarding the program of English your son is undertaking this year please contact either your son's English Teacher or Ms Trompetter for assistance.

I am sure that you will all agree that confident and



articulate skills in the key English areas of reading, writing, listening and speaking are critical not only for the achievement of academic excellence but vital for success in

both tertiary and work contexts. To this extent we particularly appreciate your support in the following areas - wide reading and homework. In lives that are increasingly frenetic and framed by technology the quiet act of reading books for pleasure is sometimes lost and this loss has a very real impact, not just on our appreciation of an increasingly complex world, but also on the development of sophisticated analytical and creative writing skills. The English staff are committed to encouraging wide-reading and reading suggestions will be distributed to all students in Years 7-10. Your help in ensuring that your son is reading regularly and often at home will assist our faculty focus on widereading this year. Newspapers, magazines, biographies, novels ... make it a family affair ... a point of family debate and conversation.

In addition to encouraging wide-reading we expect all students to complete English homework regularly, thoroughly and with due regard to given deadlines. This homework may take the form of specific assignments or consist of the completion of class writing tasks.

All Year 7 students are undertaking a short diagnostic literacy test. This test will be administered by their English teacher and will assist us in identifying students with specific literacy needs and providing appropriate intervention. Most Year 7 classes have already completed this test.

The following opportunities are available for Year 12 Extension 2 students to refine their writing skills and gain valuable insights into the production of their Major Works:

- Extension 2 Study Day and Workshops on Sunday 16th March Newington College -see Ms Trompetter for registration details.
- Extension 2 writing seminar University of Sydney
 see Ms Trompetter for further information.

 Ext 1 Year 12 Study Day Sunday 18th May St Andrew's cathedral School – see Ms Trompetter for further details if you are interested in attending.

'WriteNow' is a creative writing competition for students in Years 7-9 – entries close April 11. Information and entries are available from the English faculty. This competition is sponsored by the Sydney Morning Herald and the Sydney Writers Festival and we would like to encourage as many students as possible to enter. Details are posted on the English notice board.

A reading suggestion.....in line with our passion for reading we will use this forum to suggest powerful, interesting, entertaining, provoking, moving, challenging books for you and our boys to read. These suggestions may come from the English staff or they may come from the boys themselves.....and so to start our year of reading the following wonderful novel is a recommended read:

'Mister Pip' by Lloyd Jones – winner of the Commonwealth Writers' prize and short listed for the Booker Prize. This is a compelling and profoundly moving contemporary transformation of Charles Dickens 'Great Expectations'. It may also

inspire you to read or re-visit the latter – it certainly had this effect on me!

Finally, in this very significant week when our democratically elected Government has chosen to express our collective humanity through the word "sorry" I am once again reminded of the power of language to open a door and invite in the possibility of something better......such is the power of the pen!

Marina Trompetter (Head of English)

YEAR 8 PARENT GROUP

An Invitation to Year 8 Parents

Our 1st Meeting of the Year 8 Parent Group

for 2008 will be held on

Wednesday 20th February at 6:30pm to 7:30pm

in the Staff Common Room (near the School Office)

Everyone is welcome and encouraged to attend

Parent Group meetings are an ideal opportunity to meet other parents in your son's Year, raise questions, make suggestions and discuss any concerns you may have.

For this meeting we will need to discuss the New Parents Cocktail Party.

If there is any other specific item that you may wish to discuss at this meeting please e-mail

ktc777@gmail.com no later than 19th February.

We look forward to seeing you there!

GEOGRAPHY FIELDWORK

Fieldwork is integral to Geography and some of the best work can be done on excursions. The aim is to get the best experience where students can both learn and see more of their locale. Two trips, both new, sought to bring a practical slant to key questions.

Towards the end of last term Year 9 students carried out work in The Rocks area. The aim was to study the physical geography of the area and to gain skills in fieldwork such as field sketching. The Harbour in its present state is only about 6000 years old and it was interesting to consider how the area might have looked and how it's changed (and then to see what might happen under a global warming scenario. After this we looked at the development of the area and especially its tourist functions. Transects of the area showed a considerable decline in tourist facilities away from Circular Quay. Details like this, often taken for granted, are crucial if we are to understand urban planning. Such an insight is a key part of the Years 9 and 10 syllabus.

The HSC Geography students were looking at another



part of the urban puzzle and the question of sustainable development. Apart from the syllabus requirements this is shaping up to be one of the most

important questions we are likely to face in the short term. We were fortunate to be able to get 3 leading speakers to give talks about their areas of expertise. The first stop on the tour was to examine the role of sustainable design in housing and the questions we need to take into account. This was followed by a tour of Lend Lease, a world leader in sustainable business practice. The advantage here was that we got to listen to a key worker as well as get a tour around the muchpraised 'Bond' building. The final stop of the day was the City of Sydney council where the team involved in the 'Sustainable Sydney 2030' gave us a thorough examination of their plans and how they saw the way forward. Each of the three examined a different part of the sustainability puzzle – together they gave us a great overview of how we might put this together.





Paul Ganderton Social Science

Auditions Feb



South Eastern Musicals

An opportunity for: 6yrs-18yrs
[Males and Females]
Receive excellent guidance and experience!
For Fun & excitement!

Full training and coaching provided.

Phone Natalie now on 0402787905 or 93497888 for more details.

Website: www.rfts.com.au

Letters Re Absence/Lateness/ Early Leave

When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or guardian. If your son is going to be late for school a note is also required.

If your son has an early leave note he is required to have his note signed by either Mr Beringer, Mr Dowdell or Mr Prorellis before 8:55 am and handed in to the Main Office immediately after. Each letter should be signed by a parent or guardian with the <u>name date</u> and <u>roll class</u> of your son <u>printed clearly</u>. Your son needs to pick up a leave pass from the Main Office before he leaves the school.



SYDNEY BOYS HIGH CRICKET



www.sydneyboyscricket.info

The weather was the winner last Saturday and we are hopeful that we get the opportunity to further improve our position in all age groups this weekend. It is frustrating to all of us including mums and dads who provide transport, for the players who miss another week of cricket and of course to the coaches who are keen to see the boys put into play the skills they practised at sport afternoons. However at the time of compiling High Notes the forecast is encouraging for this coming Saturday and we are seeking some overdue results from our Group 1 teams from the 14As, 15As and 16As in the rescheduled One Day fixtures. Good luck to all

SOME AAGPS BACKGROUND:

To our new parents and players I would like to illustrate the reason that cancellations occur. Schools such as Kings, Riverview, St Joseph's have in the main, a majority of Turf (grass) wickets, and Grammar and Newington Schools (to a lesser degree) with Turf wickets accounting for approximately 50% of their wickets. High and Scots are limited due to their locations which completes the list of Schools in the AAGPS competitions. Only the Turf wickets to be used by the 1st and 2nd XIs must be covered overnight prior to the match providing they had sufficient time for preparation during the week. All other wickets are left to the elements and with rain in days leading up to Saturdays and overnight Friday nights, they are too soft to prepare and unfit to play on, hence last minute cancellations, at times. All other Turf wickets are not covered due to the cost of covers.

Each week the Sport Masters meet and allocate grounds with the "Home Team (School) conducting Group 1 (2 Day fixtures) and the "Away School" committed to provide wickets for the Group 2 (One day fixtures) so that the load is shared. Once that is completed it is passed to the Cricket Co-ordinator who puts in place the administration support elements. In High's case we have 16 teams and most Saturdays 8 will play at our grounds at McKay, Moore Park West and Kippax Lake. Location maps and directions to travel to other schools are displayed on the cricket Website. Please use this source for your enquiries regarding ground locations

COMMITTEE and GENERAL MEETING – Next Wednesday 20th FEB 2008 Change of Location.

The Cricket Committee and General meeting will now be held in Room 901 on the first floor of the gymnasium (adjacent to the PE Office) commencing at 6-0pm. Coaches will be present and would be happy to meet interested parents from the teams they train and answer any questions you may have. Parents are welcome.

CRICKET EQUIPMENT - AT SCHOOL and MATCHES

At High the school supplies cricket kits to all teams unlike some of the private schools who require players to provide the bulk of their kit. I have been disappointed recently with the lack of care when repacking kits at practice and at games and the careless way the kits are mishandled when being returned to the cricket store. I regularly observe boys who have their own equipment take pride in keeping it clean, in good order and look after it at all times at practice and games. The same applies to our school cricket equipment and we have now put in place the responsibility of Coaches and team captains to supervise the collection, use, maintenance, repacking of training and match gear by their teams before departing practice and match locations.

CRICKET DINNER - FRIDAY 4th APRIL 2008

The Cricket Dinner will be held on Friday 4th April 2008 in the Great Hall, Sydney Boys High from 6:30pm for 7:00pm (sharp). The cost will be \$25-00 per person and is payable directly to the Cricket Sub Committee. Door

prizes, trivia and the multi choice raffle will also be conducted on the night. The first presentation of Awards will commence at 7:00pm (sharp) and we urge you to be seated at this time.

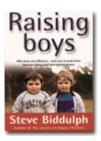
PRESENTATION AWARDS

Qualifications for Awards are displayed on the Cricket Website and all players are directed to that area. Where there have been disruptions in the season due to weather or ground considerations, the qualifying guidelines are reviewed to address the loss of opportunities for players to improve their Player of the Season points.

Points are allocated on the basis of 1 pt per run; 10pts per catch; 20pts per wicket; 5pts per run-out; 5pts for attendance. It is important that all players check the scorebook to see that their result is correct before leaving the match each week, as the scorebooks are our only record of performances and it is important that all team members are aware of the need to have the book completed each week. Unfortunately, if players do not do take the responsibility to check, they may miss being in the running for a team award.

Laurie Heil - MIC Cricket

Steve Biddulph @ Sydney Boys High School On 'Raising Boys'



Playgroup NSW is pleased to announce that Australia's best known family therapist and parenting author Steve Biddulph will present a hilarious and helpful talk based on his best-selling book 'Raising Boys' in March at Sydney Boys High School.

Steve's books of Happy Children, Raising Boys, More Secrets and the acclaimed Manhood, are popular the world over and have contributed to changes in attitudes to the needs of children and methods of parenting.

Wednesday, 5 March 2008 at 7.30pm The Great Hall, Sydney Boys High School

Cost \$16.00 Playgroup members \$20.00 non members

Book on line www.playgroupnsw.com.au or phone 1800 171 882.

**We regret babies and children cannot be admitted to the talks.

ROWING NEWS

The season is rushing past as the regatta season is in full swing. Last weekend the Year 10 VIIIs had another successful campaign on the Yarra River against Melbourne High. The racing was well contested but with the cool headed stroke play of George Denny-Smith and the tactical coxing skill of Gareth Deacon our firsts triumphed. Unfortunately Melbourne did not field a seconds crew but our Nam inspired seconds improved dramatically on the tight racing of the Yarra.

Also the St Joseph's College Regatta was held on Iron Cove and this did not suit our lighter crews in the heavy head wind conditions. Our VIII closed the gap on first but it is a very tight field this year. Welcome to Tom Peters our newest rower to the school and we now have a third four which we hope will be good enough to row at Penrith on March 19.

This weekend the 1st & 2nd VIIIs & 1st IV will contest the State Championships, while the 2nd & 3rd IV will continue training on the Parramatta. All the other crews, Year 10 VIIIs included, will race in the Shore School regatta on the Hen & Chicken course.

Crews will soon be selected for the age based CHS Championships to be held at Penrith after the GPS regatta. Daniel O'Keefe our Captain of Boats and top sculler is well placed for a strong performance in the prestigious Champion CHS sculling event. We will contest all the boys sculling events.

Below is the Calendar for the remainder of the season.

	S.H.S.Rowing Calendar 2007-8	
FEBRUARY		
Sat 16	Shore Junior Regatta (includes year 10 VIIIs)	Hen & Chicken
	State Championships	SIRC
Mon 18	Senior A Camp	Abbotsford
Thurs 21	Senior A & B Camp	Abbotsford
Sat 23	Newington Regatta	Hen & Chicken
Mon 25	Shed Run	Coogee
Thurs 28	Senior A & C Camp	Abbotsford
<u>MARCH</u>		
Sat 1	Grammar Junior Regatta	Hen & Chicken
Sat 1	King / PLC Regatta (includes year 10 VIIIs)	SIRC
Mon 3	Senior A & C Camp	Abbotsford
Thurs 6		
	Nationals	SIRC
	Junior Photos	Abbotsford
Sat 8	Newington Regatta	Hen & Chicken
	Nationals	SIRC
Sun 9	Nationals	SIRC
Mon 10	Senior A & B Camp	Abbotsford
Wed 12	Boatshed Dinner 6.30pm	Great Hall
Thurs 13	Senior A & C Camp	Abbotsford
Sat 15	Gold Cup Regatta	Lane Cove
Mon 17	Senior A Camp	Abbotsford
Tues 18	Senior A Camp	Nepean Shores
	Senior B & C Camp	Abbotsford
	Rowing Assembly 11.30am (parents welcome)	Great Hall
Wed 19	GPS Head of The River	SIRC
Mon 31	CHS Championships	SIRC
<u>APRIL</u>		
Tues 1	CHS Championships	SIRC

Year 12 Parents 2008 are invited to

Surviving the HSC

a presentation for parents by Jane Sleeman on understanding and helping our sons through their HSC year

Tuesday 11 March 2008 in the Great Hall

6:15pm drinks and finger food **7pm sharp** presentation begins 8:15pm drinks and finger food

\$10 per person payable at the door

(to cover catering costs)

Jane is a school counsellor and a psychologist in private practice specialising in anxiety and depression in young people and adults. She gives presentations to a wide variety of audiences and is a facilitator with the Black Dog Institute. Most importantly to Jane she is the mother of three adolescents including one currently doing the HSC.

We are grateful to SBHS for funding the speaker.

RSVP: 4 March 2008

Barbara Taylor admin@gtmanagement.com.au phone: 0410 268 444

IS YOUR CHILD SHORT-SIGHTED?

Parents of children who are short-sighted (myopic) often ask if it's possible to stop the progression of short-sightedness. At the Institute for Eye Research we've been asking the same question.

The Institute, one of the leading research facilities for eye care in the world, is currently conducting trials on methods that may control the progression of short-sightedness.

If your child is short-sighted, 6-17 years of age and you're interested in finding out more about these exciting new trials, we'd like to speak to you.

Institute for Eye Research

Contact the Institute for Eye Research Kensington, Sydney Phone: 1300 651 663

Email: enquiry@ier.org.au Website: www.ier.org.au



High VS Kings

<u>Term 4 2007</u>-(last time)- <u>Term 1 2008</u>-(This week)-

<u> 2007</u> -(iusi	unie j-	10
RESULT	SCORE	TOP SCORER
LOSS	96-60	S.DONG 16
LOSS	55-40	J.RAJENDRAM 8
WIN	35-25	C.TANG 8
WIN	42-25	B.YANG 8
WIN	27-22	J.LEE 8
RAIN		
RAIN		
RAIN		
LOSS	25-36	
LOSS	27-29	
LOSS	26-35	A.YE 9
LOSS	22-23	A.JAIN 7
RAIN		
RAIN		
5E RAIN		
LOSS	22-33	S.REZENBRIN K 6
LOSS	10-17	TEAM EFFORT
LOSS	23-33	H.LIN 8
LOSS	12-13	B.LAIRD 4, T.HUANG
LOSS	22-24	W.HO 6
WIN	26-21	B.LEE 10
	RESULT LOSS LOSS WIN WIN WIN RAIN RAIN LOSS LOSS LOSS LOSS RAIN RAIN RAIN LOSS LOSS	LOSS 96-60 LOSS 55-40 WIN 35-25 WIN 42-25 WIN 27-22 RAIN RAIN LOSS 25-36 LOSS 27-29 LOSS 26-35 LOSS 22-23 RAIN RAIN RAIN LOSS 22-33 LOSS 10-17 LOSS 23-33 LOSS 12-13 LOSS 22-24

	is week)	1	
TEAM	RESULT	SCORE	TOP SCORER
1st	WIN	88-61	S.LLEWELLYN 34
2nd	WIN	51-46	P.DU 13
3rd	WIN	51-20	D.PENG 14
4th	WIN	KINGS	FORFEIT
5th	LOSS	29-31	
6th	WIN	21-19	
7th	WIN	27-19	
8th	WIN	31-2	(YES TWO!!?)
16A	LOSS	28-33	TEAM EFFORT
16B	WIN	26-22	N.WANG 15
16C	WIN	24-21	TEAM EFFORT
16D	WIN	38-10	S.YUNG 24
16E	WIN	21-18	C.JIANG 7
15A	RAIN		
15B	RAIN		
15C	RAIN		
15D	RAIN		
15E	RAIN		
14A	LOSS	26-19	S.REZENBRINK 10
14B	WIN	23-21	TEAM EFFORT
14C	WIN	40-26	TEAM EFFORT
14D	WIN	20-7	LYMAN 8
14E	LOSS	11-37	TEAM EFFORT
14F	WIN	30-11	B.CHAU 10

HIGH Consistently on the RISE!!

Congratulations to every team who achieved a win this week. The effort that you've put in is finally paying off with losses turning into narrow losses or wins and narrow losses turning into wins! This result is especially showing in the 1sts and 2nds division, achieving another double win this week! **Boys playing near Joeys or who have their venues rained out are asked to come and support our 1sts and 2nds at their Gym this weekend.**

MR HAYMAN'S PLAYER OF THE WEEK: PING DU (2ND GRADE)

Ping is well respected by his peers because of his genuine nature. He has had a positive impact on all the members of the second grade side still representing the school at the highest level. His leadership on Saturday got his mighty second grade side across the line in dramatic fashion with a HUGE defensive rebound, a perfect free throw percentage for the game and some inspiring POSITIVE HUDDLES.

So you wake up on Saturday morning and it is raining...

When it is raining students are encouraged to attend the venue and games will be called at the venue. If their game is cancelled they can often still support the first and second grade games. An update of games cancelled can be found on the SBHS website. Mr Ayre/Mr Dowdell edits the site as he hears from the opposing school Sports master or when he makes a decision himself about our venues. Alternatively the opposition schools wet weather phone line/internet site would have details when we are away.

B.Hayman (MIC)

To team captains:

Please send in match reports to Mr Hayman by lunch time Monday. I'm hoping to receive reports containing highlights or what the team did very well during each weekend.

Documents should be sent electronically so by USB preferably. Thanks.





1ST GRADE VS KINGS

Score: 88-61 (WIN) Top Scorer: S. Llewellyn 34pts



1st grade started off quite even against Kings, exchanging baskets at the start. It was soon noticed that High was gradually pulling away from Kings. For every easy basket Kings put in, High seemed to be shooting a 3pointer back just as comfortably. This slowly shaped out High's momentum and before the end of first quarter High was well in the lead.

2nd quarter didn't see Spencer and Sam Higgins' 3pointers stop and the lead gradually pulled to over 16pts. However Kings' larger players managed to pull the game back to within 10pts at a stage until Spencer's jump shots were just too much for Kings defence and broke apart the tense game, keeping the lead through the remainder of the game and ensuring their second straight victory for this season.

This game's a great turn around from the 96-60 lost from last season and means High deserves a higher position than what it stands currently in the standings. Those who came on Saturday saw High's potential of winning over 50% of their games this season with most of their players only in Year 11! Special mentioning must go to Spencer's highly accurate jump shot and insane drives pulling off many 'and-ones' in the game. Also to Sam's precision at shooting behind the arc, Justin Chow and Jackson Meaney's coast to coast drives, Matt Jones and Ding Hua Xiao's massive presence under the basket – grabbing numerous offensive and defensive rebounds.

Also great thanks to everyone who turned up and cheered for the game. -----J.Shih and B.Hayman

LEARN TO ROW PROGRAM



When: Sunday, 17 February – 30 March 2008 (No Rowing Easter Sunday 23 March 2008)

Time: 7.00am – 9.00am Duration6: Sessions of 2 hours

Cost \$275.00 incl. GST

Coach Ross Bowey

Venue The Outterside Centre, 5 Teviot Avenue, Abbotsford

If you want to learn Rowing in Sydney, then this course of 6 classes is for you. Whether you are a complete novice or have some previous experience, come and learn the skills of rowing. Rowing is the ideal aerobic sport for the entire body as it is low impact and low injury. You'll enjoy the ultimate team activity as well as the magic moments of early mornings on the water.

Agenda - Beginners

Week 1:

Orientation to the pontoon area

Racing shell setup

Safety precautions

Fundamental rowing technique

Week 2 - 6:

Development of rowing technique Style correction

Crew rowing

Learning Outcomes

At the completion of the course participants will possess the following skills and knowledge:

- Basic knowledge of rowing style and boat rigging
- Basic navigation rules and river etiquette
- Ability to row with a crew in a racing shell

Agenda -Continuing

The focus will be on developing teamwork within the boat and expand on the basic knowledge from the Beginners Level.

Safety Note: Participants must be able to swim 50 metres and tread water as a safety requirement. All participants must sign The Sydney High Foundation's Indemnity Form, stating swimming ability, before they are allowed on the water.

Under 18's must be accompanied by a participating adult.

To make a booking or for more information: Please contact Judith Shuttleworth, Foundation Venues Manager, on 0427 070 569 or at sales@shsfoundation.org.au



We don't make super sized bars, because we don't want supersized kids.



RICHER RIPER RIPPER

SBHS Chinese New Year Dinner

When: 6.30 pm Saturday 23 February 2008

Where: Great Hall, Sydney Boys High School

Cost:\$25 per adult & high school student \$20 per primary school student Free for children 5 & under \$100 for family of 5 or 6 people

Food: Delicious Chinese & Asian food by special Asian gourmet caterers

Drinks: BYO

Entertainment: Traditional Chinese Lion dance and Chinese music performance,
Special Chinese decorations,
Chinese New Year artwork display by Sydney High students
Games, Lucky door prize, Raffle and Auction prizes

Families and friends, past parents, teachers and Old Boys are all welcome

Organised by SBHS Development Committee and P&C

PLEASE NOTE: PAYMENT MUST BE RECEIVED AT THE SCHOOL OFFICE BY LUNCHTIME ON 15 FEBRUARY 08.

UNFORTUNATELY THERE WILL BE NO ADMISSION ON THE NIGHT WITHOUT PREPAYMENT BECAUSE OF CATERING NEEDS

For enquiries ring Charles Ovadia on 9386 1221

SYDNEY BOYS HIGH CANTEEN PRICE LIST 2008

CAKES/MUFFINS/FRUIT		DRINKS		
Banana Bread	\$1.50	300ml Plain Milk	\$1.10	
Chelsea Bun/Cup Cake	\$2.00	300ml Flavoured Milk	\$1.70	
Choc Chip/Anzac Cookie	\$1.00	600ml Plain Milk	\$1.70	
Custard Ball Doughnut	\$2.60	600 ml Flavoured Milk	\$2.40	
Custard Tart	\$2.20	Up & Go	\$2.00	
Danish	\$2.60	Spring Water	\$1.40	
Doughnut	\$2.20	Pumped Water	\$2.40	
Fruit-Apple/Orange/Banana	\$0.80	Deep Spring Mineral Water	\$2.00	
Fruit Salad	\$2.20	300ml Berri Long Life Juices	\$1.80	
Finger Bun	\$1.80	375ml Cans	\$1.80	
Muffins	\$2.60	600ml Bottled Diet Coke	\$2.60	
		Arona Carbonated Water	\$1.70	
HOT FOOD		Powerade/Iced Tea	\$3.00	
Chicken Fingers	\$1.40			
Cheese & Spinach Puffs	\$2.50	SANDWICHES & ROLLS		
Chicken & Corn Rolls	\$1.40	O, III MOLLO & ROLLO	S/wich	Rolls
Chicken Burger	\$4.00	Buttered Roll	3/11/01/	\$1.20
Chicken Puff	\$2.70	Cheese & Tomato	\$1.50	\$2.00
Chicken Mayo S/wich (Hot)	\$3.00	Cheese & Salad	\$2.20	\$2.80
Chicken Mayo Roll (Hot)	\$3.80	Chicken & Coleslaw	\$3.00	\$3.80
Foccacia	\$3.80	Chicken & Lettuce	\$3.00	\$3.80
Garlic Bread	\$1.50	Chicken & Salad	\$3.40	\$4.00
Lasagne/Ravioli/Twista/Macaroni Cheese	\$3.00	Corned Beef & Tomato	\$2.60	\$3.00
Noodles in a Cup	\$2.20	Corned Beef & Pickle	\$2.60	\$3.00
Pasta Box – Homemade	\$4.50	Corned Beef & Salad	\$2.80	\$3.50
Pie - Meat (Sauce + 20c)	\$2.70	Curried Egg & Lettuce/ Egg & Lettuce	\$2.20	\$2.50
Pie – Chicken <i>or</i> Chilli	\$3.50	Dagwood Roll		\$3.00
Pie – Beef & Mushroom <i>or</i> Beef & Potato	\$3.50	Egg & Salad	\$2.50	\$3.00
Pie – Pizza	\$3.10	Ham & Tomato	\$2.60	\$3.00
Pizza Pocket	\$1.60	Ham & Salad	\$2.80	\$3.50
Pizza Rounda	\$1.80	Roast Beef & Tomato	\$2.60	\$3.00
Pizza Slab	\$2.30	Roast Beef, Lettuce & Mustard	\$2.60	\$3.00
Rice Box – Homemade	\$4.50	Roast Beef & Salad	\$3.00	\$3.50
Sausage Roll	\$1.80	Salad	\$2.00	\$2.50
Sweet Chilli Chicken Sub/Wrap	\$3.80	Salmon & Salad	\$3.00	\$3.80
Chicken Schnitzel Roll	\$3.80	Vegemite	\$1.20	\$1.50
BREAKFAST		TREATS		
Cereal Bowl	\$2.00	Frogs	\$0.50	
Hot Chocolate	\$1.00	Pythons	\$0.80	
Cheese Toast	\$1.20	Starburst, Milo Bars, Boost	\$2.10	
Cheese & Tomato Toast	\$1.50	Ovalteenies	\$0.90	
Cheese & Bacon Roll	\$2.30	Chips	\$2.20	
Croissant – Ham & Cheese	\$2.50	Summer Roll/Sesame/Nougat	\$2.10	
Raisin Toast	\$1.20			
Bacon & Egg Muffin	\$3.00	ICE CREAMS		
		Calypo Mini	\$1.00	
MISCELLANEOUS ITEMS		Chocolate Thick Shake	\$2.40	
Salad Boxes	\$4.50	Cyclone	\$1.80	
Wraps	\$3.00	Frozen Yoghurt	\$1.30	
Sushi	\$2.60	Fruit Tube	\$0.40	
Anticol/Butter Menthols	\$1.50	Paddle Pop	\$1.40	
Tissues	\$0.60	Splice	\$2.00	
		school via the P&C for the benefit of the bo		

As you know all Canteen profits are returned to the school via the P&C for the benefit of the boys. We try to keep prices as low as possible, whilst providing a variety of healthy choices. However, cost increases from our suppliers have made a few price increases unavoidable.

Invitation

You are cordially invited to attend the Sydney Boys High School

New Parents Welcome Party 2008

To be held in the Great Hall, Sydney Boys High School

Tuesday 26th February 2008 6.30pm to 8.30pm

This will be a great opportunity for new parents to meet each other and to meet other members of the School Family.

Please note this is a function for the parents, not children, so please leave them at home.

For catering purposes please RSVP by 19th February 2008 by completing the form below and returning it to the School Office.

(If you have previously responded to the invitation recently posted to you, there is no need to complete the RSVP form below.)

RSVP - Welcome Party

I/we will be able to attend the Welcome Party for the Parents of New students 2008 to be held on Tuesday February 26th 6.30pm in the Great Hall, Sydney Boys High.

Please print below names of persons attending and your son's name and class.

Mother's name:

Father's name:

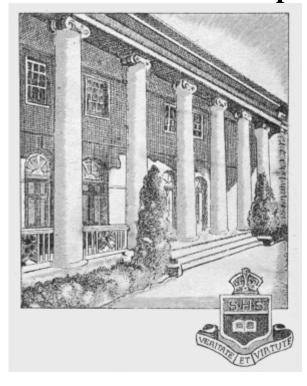
Son's name:

Son's Class:

Please return to school Office by February 19th in an envelope marked WELCOME PARTY RSVP

SYDNEY HIGH SCHOOL OLD BOYS' UNION

Life membership by instalments scheme



The Sydney High School Old Boys' Union (the OBU) was founded in 1892. Over the past 115 years, it has fostered and continued the friendships formed by students while at school and through this fellowship contributed something of value to the School's corporate spirit and well being.

Membership of the OBU will provide a lifetime of professional, social, sporting and academic connections with Sydney High, its network of old boys, and the alumni of other GPS schools.

Life membership can be secured by the payment of six small annual contributions throughout the passage from Year 7 to Year 12. Instalments are currently set at \$44.

If, for some reason, all six payments have not been made by the time of leaving, the OBU will contact you and allow a further 12 months to pay any outstanding instalments.

We trust that you will see fit to pay this year's instalment towards securing your son's life membership. Those of you who are already part of the scheme will know that the OBU posts copies of its quarterly magazine to all students who take part.

Please fill out and return the form below.

PAYMENT ADVICE (tax invoice) Sydney High School Old Boys' Union Inc •	ABN 22 652 291 509
Student's name:	Final year:
Postal address:	
	Postcode:
E-mail Address:	
Payment of \$44.00 by i. Cheque □ ii. Visa/Mastercard/Amex □	
Complete if paying by credit card:	Expiry Date: /
Name on card:	
Signature:	
Please return to SHSOBU, PO Box 1546, DARLINGHURST NSW 1300	



FREE program to be run at The Hills Community Health Centre and at Ashfield Municipal Council Civic Centre in school term 1, 2008. Starting the week of 3rd March 2008. Bookings essential by 15th February 2008

For a range of medical problems (e.g. asthma, sleep apnoea and diabetes). There are few health services currently available that are specially targeted to help young people who are overweight or obese.

We work at The Children's Hospital at Westmead. Prof Louise Baur is a consultant paediatrician and specialist in clinical nutrition who works in weight management at the hospital. Mrs Janice O'Connor, Mrs Vanessa Shrewsbury and Ms Anthea Lee are dietitians. We and others have designed a weight management program for young people. Details of the program are as follows:

Loozit® weight management study for young people aged 13-16 years

- Conducted at the Hills Community Health Centre, Excelsior Ave, Castle Hill and at Ashfield Municipal Council Civic Centre, Liverpool Rd, Ashfield in school term 1, 2008.
- Nine weekly group meetings in the late afternoon followed by some reunions over the following months.
- First meeting during the week of 3rd March, 2008.
- Group sessions will include fun games and an opportunity to get to know other young people with similar concerns.
- Group sessions empower young people with skills, knowledge and confidence to get more fun out of life!
- Together, the young people look at self-esteem, setting goals, becoming more active, healthy eating and dealing with stress.
- Parents are also invited to attend separate sessions with other parents.

Our study has been approved by the Ethics Committees of Sydney West Area Health Service and Sydney South West Area Health Service. All queries from interested young people are directed to the Loozit study at The Children's Hospital at Westmead to protect the young people's privacy.

(Prof) Louise A Baur BSc (Med), MBBS, PhD, FRACP

Consultant Paediatrician, Uni of Sydney Discipline of Paediatrics & Child Health,

The Children's Hospital at Westmead

Tel: 9845-3382

Email: LouiseB3@chw.edu.au

(Mrs) Janice O'Connor BSc (Hons), Dip Ed, MND

Dietitian

Clinical School, The Children's Hospital at Westmead

Tel: 9845-1291

Email: JaniceO@chw.edu.au

(Mrs) Vanessa Shrewsbury BHSc (Nutr & Diet)

PhD Candidate,

Clinical School, The Children's Hospital at Westmead

Tel: 9845-3015

Email: VanessS2@chw.edu.au

(Ms) Anthea Lee BSc (Hons) MND

Dietitian

Clinical School, The Children's Hospital at Westmead

Tel: 9845-1224

Email: antheal@chw.edu.au



Theatre Sports for Teens

Wednesday 20 February &

Wednesday 26 March
4:30pm - 6:00pm

12 to 18 years - FREE

Fun filled, high energy sessions focusing on improvisation.

Improve your self confidence, public speaking and interaction skills.

Bookings essential - Ph: 9314 4888 Bowen Library, 669 - 673 Anzac Parade, Maroubra 2035



Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	18	19	20	21	22	23	24
4 A	Rowing/Swimming Skills, Abbotsford, 7E and 7F Prefects' morning tea to welcome new staff, recess, Staff Common Room Senior A Camp, Abbotsford	Rowing/Swimming Skills, Abbotsford, 7M and 7R Foundation Meeting, Randwick Rugby Club, 6pm Speech Night, Great Hall, 7:30pm	Rowing/Swimming Skills, Abbotsford, 7S and 7T Row B, C	Mufti Day - Boggabilla CS [Year 9] Row D, E, F Senior A & B Camp, Abbotsford		Sport Groups 1 & 2 - SIC v SHS NC Regatta Rifle Committee meeting, Clubhouse, Malabar, 12:30pm P&C Chinese New Year event in the Great Hall Parking - Roosters v	Parking - Australia v India - Comm Bank Series (D/N) (Rowing)
5 B	25 Attendance and Progress Review (all Years) Year 8 History/Geography excursions Year 11 Geography excursion (Mangrove ecology) All Schools Water Polo, SOPAC Shed Run, Coogee	26 Period 2 Year 10 Visual Arts incursion Sports Council Meeting, Board Room, 5:30pm P&C Cocktail Party to Welcome New Parents, Great Hall, 6:30pm-8:30pm	27 Year 11 Study Skills Morning, Great Hall, 9am-12:30pm Tennis CIS Trials UNSW Invitational Debating Row B, C Rugby Committee Meeting, Room 901, 6pm Meet the Music Concert, SOH, 6:30pm	28 Row D, E, F Senior A & C Camp, Abbotsford	29 Sydney East Regional Volleyball Trials, 1:45pm at SBHS Eastside Debating Competition, Round 1, TSC v SHS Friday Evening Debating, Round 1, SHS v KGS	1 Sport Group 1 - SIC v SHS Group 2 - Shore v SHS SGS Junior Regatta TKS/PLC Regatta, SIRC Sailing Tri-Series, Woollahra	Cricket: GPS v Ex GPS Parking - First Final Comm Bank Series (D/N) (Cricket)
6 A	3 Senior A & B Camp, Abbotsford P&C Executive Meeting	4 Eastern Suburbs Zone Swimming Carnival, Des Renford Aquatic Centre, Maroubra, 8:30am-3:15pm Debating Supporters Group, Common Room, 6:30pm Rowing Committee Meeting, Common Room, 7:30pm	S Row B, C Fencing Supporters Meeting, Staff Common Room, 6pm Steve Biddulph presentation in the Great Hall from 7:00pm	Mational Rowing Championships, SIRC Junior Rowing Photos, Abbotsford Senior A & B Camp, Abbotsford Row D, E, F	National Rowing Championships, SIRC Eastside Debating Competition, Round 2, Reddam v SHS Friday Evening Debating, Round 2, SHS v NC GPS Swimming Carnival 4, SAC, Homebush, 7:00pm Parking - Waratahs v Brumbies (Rugby)	Sport Groups 1 & 2 - SHS v NC TSC Regatta National Rowing Championships, SIRC	9 National Rowing Champs, SIRC Cricket: GPS Final Practice, Team Dinner, SJC
7 B	10 Year 8 Science Excursion to Botanical Gardens/Centennial Park pds 1 to 4 NSW Cricket Association Championships CHS Baseball Championships Senior A and C Camp, Abbotsford ENCORE Concert, SOH, 7:30pm	11 *** Year 8 Science Excursion to Botanical Gardens/Centennial Park pds 1 to 4 NSW Cricket Association Championships CHS Baseball Championships Tennis: CHS Individuals, Penrith OCMC meeting, Board Room, 5:30pm HSC parents - Ms Jane Sleeman: 'Surviving the	12 *** Last day of Summer Sport Summer Sports Photos, 9:00am-12:30pm Summer Sport Reports to be submitted to Record Committee Year 7 English excursion to AGNSW and State Library periods 3 - 6 NSW Cricket Association Championships CHS Baseball Championships Tennis: CHS Individuals,	13 *** Selective Schools Entrance Test for Year 7 2009, Great Hall Last day of Summer Sport Summer Sport Reports to be submitted to Record Committee NSW Cricket Association Championships CHS Baseball Championships Tennis: CHS Individuals, Penrith Row D, E, F	14 Mufti Day - Youth off the Streets [Year 12] NSW Cricket Association Championships MUNA, St Catherine's Chess selection trials in the Great Hall, all day Eastside Debating Competition, Round 3, SHS v SGS Friday Evening Debating, Round 3, BC v SHS GPS Swimming Carnival 5, SAC, Homebush, 7:00pm	Group 2 - SHS v TSC Gold Cup Regatta State debating trials, all day	16 State debating trials, all day