

# H I G H S C H O O L N O T E S



## From the Principal

### Welcome back

The new school year got off to a smooth start this week. I trust staff, students and parents had a restful vacation. I am looking forward to another very productive year from our school community.

### Staff Changes

Ms Mimma Vosso has been appointed as our new HT LOTE – we all wish her well. Ms Isobel St Leon replaces Robbie Fleming as our German specialist. Janette Cook is back to teach French and Jenny Yang returns three days per week to teach Chinese. We welcome back Ed Pearson to English after his extended overseas trip. Vicky Dunk returns from maternity leave for two days per week and Anna Barry is here 4 days. Miri Jassy and Paul Wright are filling in for Amanda Kaye and Colleen Walles. In history, Ms Susy Perini has replaced Lisa Gowran. In science, Angela Karagiannis continues for three days per week. In social science, Megan Hamilton joins us for three days per week for Jocelyn Brewer. Claire Reemst is back again in visual arts and Jocelyne Isaacs has returned for three days per week. Mick Aldous is taking the extra periods in Industrial Arts for three days per week.



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### High Talent

Congratulations to Tim Burston, Julian Byrnes, Stephen Garofano and Anton Jerusevic who have been accepted into the Macquarie University School Partners Gifted and Talented Program. At the Junior Leaders course held at Holsworthy Barracks in January, Cadets Tony Silveira, Alex Saunders, Kevin Lu and Andrew Gong qualified for promotion to the rank of Corporal. Congratulations, boys!

### Rooming

Given the additional rooms required to accommodate the extra class in Year 9, 2008 as it progresses into Year 10, 2009, the decision was taken to move forward the building works to the long vacation 07-

08 rather than delay work until the long break in 08-09. Considerable unbudgeted expenditure was necessary. Over the holidays the work commenced in December was continued, adding two new classrooms and a large storage space. We will have three teaching spaces on the top of McDonald Wing instead of two. The McDonald Wing room numbers will be: Labs 701, 702; LOTE- 703; computer room 704; classroom 705; 'senior study section'; art rooms 706, 707. The new video editing/senior classroom will be 611. At this stage the construction work has been completed and the hardware purchased. We are currently having the cabling done. Students will need to bear with us for a few weeks until the rooms are fitted out for use. We expect the learning environment to be enhanced considerably when these rooms are operational.

### Weights Room

Students are invited to sign up for use of the weights room. The terms and conditions are the same as for last year except that a yearly subscription costs \$150 but the cost per term is now \$50. We want to encourage regular, committed trainers to use the facility. Top grade teams in several sports have weight training as a compulsory component for selection. Do yourselves a favour and join the weights room for a sport specific workout regime. It is exceptional value for money as Jason Tassell is a highly qualified and respected strength and fitness coach who provides professional advice and supervision for all participants.



### Playground Safety

Boys should be aware that work vehicles and delivery trucks may be on site during recess and lunch times, particularly at the beginning of the year and each term. Your cooperation is expected. Stay out of the path of traffic on the roadway to Macdonald Wing. Allow the tradesmen and drivers to do their jobs. Be especially careful of reversing vehicles because the drivers cannot see you behind them.

### Uncollected Reports

Make an effort to collect your report next week if you have not received it yet. Negative consequences await persistently uncooperative boys.

Dr K A Jaggar

### Did you know?

Did you know that since the Order of Australia was established in 1975, over 188 old boys of Sydney High have received awards recognising achievement or meritorious service? In the most recent Australia Day honours list three old boys were honoured: **Paul Hammond** (1939) OAM for service to the development and promotion of dance, particularly ballet, as a performer, choreographer and teacher; **Alfons Rosenstraus** (1942) OAM for service to medical research through the establishment and management of the Rebecca L Cooper Medical Research Foundation; and **Grahame Leonard** (1955) AM for service to the community as an executive member of a range of peak Jewish organisations.



**SHS Old Boys Union**  
[www.shsobu.org.au](http://www.shsobu.org.au)

### REMINDER TO PARENTS

#### School Drop Offs

When dropping off and picking up students before and after school do not drop off in Cleveland Street or Anzac Parade, please ensure you drive onto the school grounds.

Please refer to your child's school diary for further information.

OH&S Committee

### Academic Achievement List – Year 9 2007

Congratulations to the following boys in Year 9 whose excellent academic achievements in Semester 2 are recognised.



Kevin Sheng  
Justin Chan  
Stephen Yoon  
Andrew Wu  
Michael Wang  
Nikita slinko  
Antony Paul  
Gareth Chan  
Hugh Huang  
Rafat Kamal  
Patrick Hsiao  
Dale Chen  
Joseph Braverman  
Jeremy Rajendram  
Yixin Liu  
Adrian Zhang  
Tony Silveirfa  
Robert Ma  
Shejil Kumar  
Adarsh George  
Christopher Tin-Loi  
Mario Moreno  
Benjamin Li  
Paul Simos  
Sameep Sandhu  
Ivan Li  
Nelson Wang  
Nohit Tugnait  
Joshua Sutton  
John Lee  
Kieran Taylor  
Andy Liu  
Frank Li  
Clinton Jiang  
James Han  
Brendan Cheung  
Puneet Baweja  
Ankush Thyagaraju  
Jeffrey Lam  
Michael Do  
Oliver Fio

## From PDHPE:

At the PDHPE faculty day 2007 held on the 7<sup>th</sup> of December a number of decisions were made affecting the way PDHPE will be assessed and reported in 2008.

### PDHPE assessment policies 2008

The assessment weightings for Years 7 – 9 will be 67% for the practical assessment + 33% for the theory assessment. This will make our assessment consistent across the junior school.

### 1.6Km assessment, benchmarks and reporting

There will be four 1.6Km run assessments for all Years 7 – 10 which will bring Year 7 in line with the other year groups.



The assessment dates will be Term 1 Week 2, Term 2 Week 1, Term 3 Week 1 and Term 3 Week 9. These dates will be posted on the PDHPE office window and in Room 901.

The 1.6Km run benchmark times for Years 7 and 10 in 2008 will be reduced. Year 7 from 10 minutes → 9m 45s. Year 10 from 7m 15s → 7 minutes. Years 8 and 9 will remain the same as 2007. Year 8 = 8m 45s. Year 9 = 7m 45s. Students who do not satisfy the benchmark times may be allocated Mandatory Fitness as their Wednesday/Thursday afternoon sport choice. These students will still be eligible for Winter GPS Saturday sport, by attending the scheduled after school training sessions for rugby, soccer or volleyball.

The increased emphasis on cardiovascular fitness will be reflected in the PDHPE reports. There will be a specific 1.6Km outcome, comment and mark out of 10 in 2008 reports.

### GPS 10% extra credit change

The GPS sports participation 10% extra credit will be replaced by a strength/speed/endurance/athletic training 10% extra credit. To be eligible for the extra credit towards the Yearly assessment a student must have satisfactorily completed the appropriate training program, have the 10% extra credit form signed by Jason Tassell (strength/speed/endurance) or Mr. Devlin (Athletics) and presented to his class teacher before the due date. The due date for Year 7 is 4/11/08, for Year 8 is 25/11/08, for Year 9 is 18/11/08 and for Year 10 is 11/11/08. For the 2008 Yearly assessment, courses completed in Term 4 2007 to Term 3 2008 inclusive will be accepted.

G. Stein  
HT PDHPE



**Year 12 Parents 2008**  
are invited to

## **Surviving the HSC**

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a presentation for parents  
by Jane Sleeman on  
understanding and helping our sons  
through their HSC year

**Tuesday 11 March 2008**  
in the Great Hall

6:15pm	drinks and finger food
<b>7pm sharp</b>	<b>presentation begins</b>
8:15pm	drinks and finger food

**\$10 per person payable at the door**  
(to cover catering costs)

Jane is a school counsellor and a psychologist in private practice specialising in anxiety and depression in young people and adults. She gives presentations to a wide variety of audiences and is a facilitator with the Black Dog Institute. Most importantly to Jane she is the mother of three adolescents including one currently doing the HSC.

We are grateful to SBHS for funding the speaker.

**RSVP: 4 March 2008**  
Barbara Taylor [admin@gtmanagement.com.au](mailto:admin@gtmanagement.com.au)  
phone: 0410 268 444

## FROM THE CANTEEN



### Calling all new Sydney High parents....(and the old hands too!)

Thanks to all you wonderful canteen volunteers for helping us out by putting your hands up early for rostered spots. This means we already have a pretty good roster situation.

**However**, there are some specific days on which we are particularly short (**listed below**). Karen and Tracey need volunteers help **every day** to enable them to run the Canteen most efficiently and profitably. We also need a reserve of volunteers to help out in times of illness or incapacity. Remember – the profits are used entirely for the benefit of the boys!

**First Wednesday of the month** (Dates: 6/2, 5/3, 2/4, 7/5, 4/6, 2/7, 6/8, 3/9, 5/11, 3/12)

**First Thursday of the month** ( Dates: 7/2, 6/3, 3/4 , 1/5, 5/6, 3/7, 7/8, 4/9, 6/11, 4/12)

**Third Thursday of the month** (Dates: 21/2, 20/3, 15/5, 19/6, 21/8, 18/9, 16/10, 20/11,18/12)

**Fourth Monday of the month** (Dates: 25/2, 26/5, 23/6, 28/7, 25/8, 22/9, 27/10, 24/11)

**Fifth Monday of the month** (Dates: 31/3, 30/6)

**Fifth Tuesday of the month** (Dates: 29/4, 29/7)

**Fifth Wednesday of the month** (Dates: 30/1, 30/4, 30/7, 29/10)

**Fifth Thursday of the month** (Dates: 31/1, 29/5, 31/7, 30/10)

If the day of the month that suits you best doesn't appear on the above list **don't be put off!!** We can always fit you in somewhere. Please ring Karen or Tracey in the Canteen on **9360 4027** and introduce yourself. Or come along to the Canteen and find out how it all works. **We'll be very glad to see you!**

From the Canteen Team

### Letters Re Absence/Lateness/ Early Leave



When your son returns to school from being absent he is required to provide a letter of explanation signed by a parent or guardian. If your son is going to be late for school a note is also required.

If your son has an early leave note he is required to have his note signed by either Mr Beringer, Mr Dowdell or Mr Prorellis **before 8:55 am** and handed in to the Main Office immediately after. Each letter should be signed by a parent or guardian with the name date

and roll class of your son printed clearly. Your son needs to pick up a leave pass from the Main Office before he leaves the school.

### Leave

If you require leave for your son please, apply in writing and address your application to the Principal, Dr Jaggar, stating the reason and length of time of the leave. Your son must then present this application to Dr Jaggar for permission for the leave. **Please remember to apply before the leave and not after.**

**The Principal must approve all leave applications.**

### Another email service for parents

Parents who supply the school with an email address can now have an updated report on their son's attendance record can sent to them on a daily or weekly basis.

If you would like to have your son's attendance record sent to you send your email address to [dowdellb@sydneyboys-h.schools.nsw.edu.au](mailto:dowdellb@sydneyboys-h.schools.nsw.edu.au). Please include your son's name and date of birth in the email.

## IS YOUR CHILD SHORT-SIGHTED?

Parents of children who are short-sighted (myopic) often ask if it's possible to stop the progression of short-sightedness. At the Institute for Eye Research we've been asking the same question.

The Institute, one of the leading research facilities for eye care in the world, is currently conducting trials on methods that may control the progression of short-sightedness.

If your child is short-sighted, 6-17 years of age and you're interested in finding out more about these exciting new trials, we'd like to speak to you.

### Contact the Institute for Eye Research

Kensington, Sydney

Phone: 1300 651 663

Email: [enquiry@ier.org.au](mailto:enquiry@ier.org.au)

[www.ier.org.au](http://www.ier.org.au)



# **SBHS Chinese New Year Dinner**

**When: 6.30 pm Saturday 23 February 2008**

**Where: Great Hall, Sydney Boys High School**

**Cost: \$25 per adult & high school student  
\$20 per primary school student  
Free for children 5 & under  
\$100 for family of 5 or 6 people**

**Food: Delicious Chinese & Asian food by special Asian gourmet caterers**

**Drinks: BYO**

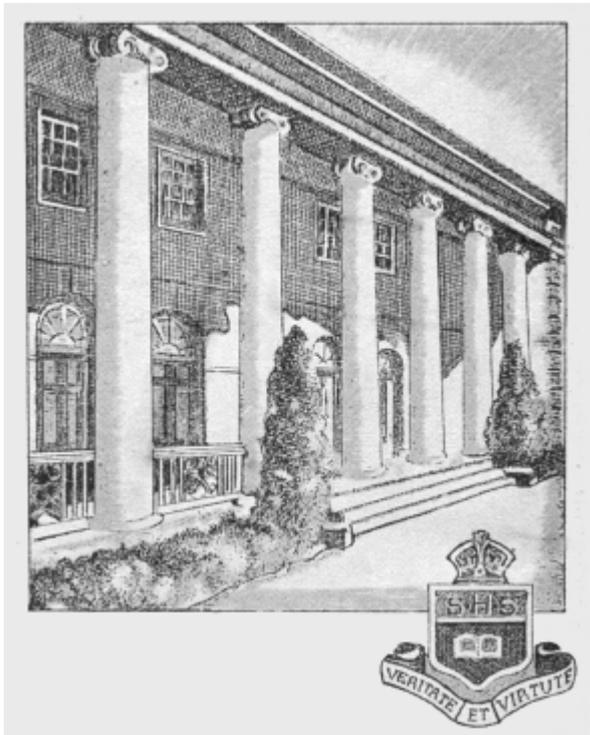
**Entertainment: Traditional Chinese Lion dance and Chinese music performance,  
Special Chinese decorations,  
Chinese New Year artwork display by Sydney High students  
Games, Lucky door prize, Raffle and Auction prizes**

Families and friends, past parents, teachers and Old Boys are all welcome

**Organised by SBHS Development Committee and P&C**

# SYDNEY HIGH SCHOOL OLD BOYS' UNION

## Life membership by instalments scheme



The Sydney High School Old Boys' Union (the OBU) was founded in 1892. Over the past 115 years, it has fostered and continued the friendships formed by students while at school and through this fellowship contributed something of value to the School's corporate spirit and well being.

Membership of the OBU will provide a lifetime of professional, social, sporting and academic connections with Sydney High, its network of old boys, and the alumni of other GPS schools.

Life membership can be secured by the payment of six small annual contributions throughout the passage from Year 7 to Year 12. Instalments are currently set at **\$44**.

If, for some reason, all six payments have not been made by the time of leaving, the OBU will contact you and allow a further 12 months to pay any outstanding instalments.

We trust that you will see fit to pay this year's instalment towards securing your son's life membership. Those of you who are already part of the scheme will know that the OBU posts copies of its quarterly magazine to all students who take part.

Please fill out and return the form below.

**PAYMENT ADVICE** (tax invoice)

Sydney High School Old Boys' Union Inc • ABN 22 652 291 509

Student's name: ..... Final year: .....

Postal address: .....

..... Postcode: .....

E-mail Address: .....

Payment of \$44.00 by

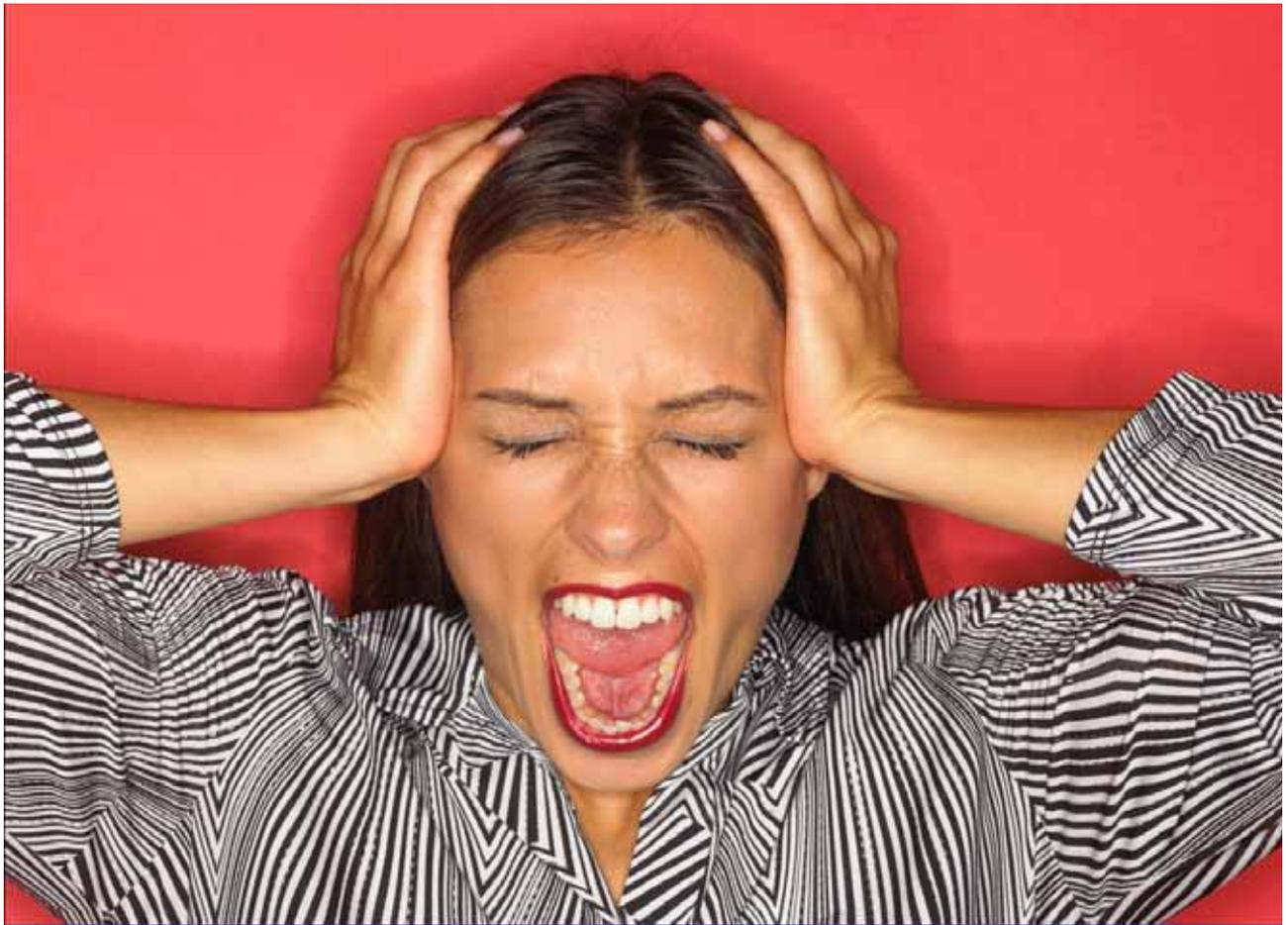
- i. Cheque
- ii. Visa/MasterCard/Amex

Complete if paying by credit card: \_ \_ \_ | \_ \_ \_ | \_ \_ \_ | \_ \_ \_ Expiry Date: \_ \_ / \_ \_

Name on card: .....

Signature: .....

**Please return to** SHSOBU, PO Box 1546, DARLINGHURST NSW 1300



## COVERING SCHOOL BOOKS?

Does covering your child's school books leave you stressed out?  
Join the experts at Randwick City Library Service for hands-on assistance  
with covering books with library grade "contact".

*Friday 1 February and Thursday 7 February 2008*  
Bowen Library, 669 - 673 Anzac Parade, Maroubra  
10:30am - 11:30am

Bring the books you need to cover. The first two books you cover are free.  
Thereafter each book costs 50c. Bookings: 9314 4888.





**FREE program to be run at The Hills Community Health Centre and at Ashfield Municipal Council Civic Centre in school term 1, 2008. Starting the week of 3<sup>rd</sup> March 2008. Bookings essential by 15th February 2008**

range of medical problems (e.g. asthma, sleep apnoea and diabetes). There are few health services currently available that are specially targeted to help young people who are overweight or obese.

We work at The Children's Hospital at Westmead. Prof Louise Baur is a consultant paediatrician and specialist in clinical nutrition who works in weight management at the hospital. Mrs Janice O'Connor, Mrs Vanessa Shrewsbury and Ms Anthea Lee are dietitians. We and others have designed a weight management program for young people. Details of the program are as follows:

**Loozit® weight management study for young people aged 13-16 years**

- Conducted at the Hills Community Health Centre, Excelsior Ave, Castle Hill and at Ashfield Municipal Council Civic Centre, Liverpool Rd, Ashfield in school term 1, 2008.
- Nine weekly group meetings in the late afternoon followed by some reunions over the following months.
- First meeting during the week of 3<sup>rd</sup> March, 2008.
- Group sessions will include fun games and an opportunity to get to know other young people with similar concerns.
- Group sessions empower young people with skills, knowledge and confidence to get more fun out of life!
- Together, the young people look at self-esteem, setting goals, becoming more active, healthy eating and dealing with stress.
- Parents are also invited to attend separate sessions with other parents.

Our study has been **approved by the Ethics Committees of Sydney West Area Health Service and Sydney South West Area Health Service**. All queries from interested young people are directed to the Loozit study at The Children's Hospital at Westmead to protect the young people's privacy.

***(Prof) Louise A Baur BSc (Med), MBBS, PhD, FRACP***

Consultant Paediatrician, Uni of Sydney Discipline of Paediatrics & Child Health,  
The Children's Hospital at Westmead  
Tel: 9845-3382  
Email: [LouiseB3@chw.edu.au](mailto:LouiseB3@chw.edu.au)

***(Mrs) Janice O'Connor BSc (Hons), Dip Ed, MND***

Dietitian  
Clinical School, The Children's Hospital at Westmead  
Tel: 9845-1291  
Email: [JaniceO@chw.edu.au](mailto:JaniceO@chw.edu.au)

***(Mrs) Vanessa Shrewsbury BHSc (Nutr & Diet)***

PhD Candidate,  
Clinical School, The Children's Hospital at Westmead  
Tel: 9845-3015  
Email: [VanessS2@chw.edu.au](mailto:VanessS2@chw.edu.au)

***(Ms) Anthea Lee BSc (Hons) MND***

Dietitian  
Clinical School, The Children's Hospital at Westmead  
Tel: 9845-1224  
Email: [antheal@chw.edu.au](mailto:antheal@chw.edu.au)



## School Of Golf - Classes from as little as \$25 per lesson

Moore Park Golf welcomes children of all ages and abilities to join the fun of learning how to play the game with qualified instructors.

- Junior Programs and Kids Classes (school terms and school holidays)
- Your child will interact with other children of similar ages and abilities
- Junior programs uniquely tailored to each child

### FREE BUCKET OF BALLS

Present this coupon to School of Golf staff and parents will receive a **FREE** bucket of balls for the driving range at your child's first lesson.

Complete details below to go into the Major Prize Giveaway (entry box at the School of Golf). All children participating in classes between 20 December 2007 - 28 April 2008 will go into the draw to **WIN** a Deluxe Aussie Pro Set (valued at **\$250**).

Adult's Name: \_\_\_\_\_ Ph: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

For more information please call School of Golf on: (02) 9663 1064 or visit [www.mooreparkgolf.com.au](http://www.mooreparkgolf.com.au)

# February/March 2008

01-02-2008

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>2 A</b>	<p>4</p> <p>Year 7 Music Recruitment Night, Great Hall, 6:30pm Music Supporters Group Meeting, Common Room, 7:30pm Senior A Camp, Abbotsford</p>	<p>5</p> <p>Peer Mediation Training Day for Year 11 Debating Supporters Group, Common Room, 6:30pm - Introduction, 7:30pm - Committee Swimming: GPS Captains Dinner, Shore</p>	<p>6</p> <p>Year 10 Rowing trip to Melbourne Row B</p>	<p>7</p> <p>Year 10 Rowing trip to Melbourne Year 10 Brainstorm Productions (Wired), Great Hall, 1:20pm Senior A Camp, Abbotsford Row D, E, F Parking - Waratahs v Crusaders (Rotomahana Challenge)</p>	<p>8</p> <p>SHS Swimming Carnival, Prince Alfred Park, Surry Hills, 8:45am-2:30pm Year 10 Rowing trip to Melbourne Parking - Australia v Sri Lanka - Comm Bank Series (D/N) (School) GPS Swimming Carnival 1, Newington, 7pm</p>	<p>9</p> <p>Sport Groups 1 &amp; 2 - SHS v TKS SJC Regatta, Iron Cove Year 10 Rowing trip to Melbourne Sailing Tri-Series, Woollahra</p>	<p>10</p>
<b>3 B</b>	<p>11</p> <p>Year 7 Camp, Academy of Sport, Narrabeen Impact Student Leadership Conference (SRC) Tennis: Sydney East CHS Individuals Trials Senior A Camp, Abbotsford P&amp;C Executive Meeting Year 12 LS Assessment Tasks - 12B LS period 5; 12A LS, period 6.</p>	<p>12</p> <p>Year 7 Camp, Academy of Sport, Narrabeen OCMC meeting, Board Room, 5:30pm Rowing Committee Meeting, Common Room, 7:30pm</p>	<p>13</p> <p>Year 7 Camp, Academy of Sport, Narrabeen Row B, C Yera 9 parent group meeting in Staff Common Room from 6:30 pm</p>	<p>14</p> <p>Baseball: Sydney East CHS Trials, Sylvania Waters Senior A &amp; C Camp, Abbotsford Row D, E, F</p>	<p>15</p> <p>GPS Swimming Carnival 2, Riverview, 7pm</p>	<p>16</p> <p>Sport Group 1 - SHS v TKS Group 2 - SJC v SHS Shore Junior Regatta, Hen and Chicken Bay State Championships, SIRC Sailing Tri-Series, Woollahra Parking - Waratahs v Hurricanes (Basketball)</p>	<p>17</p> <p>Cricket: GPS Selection Trial, NC</p>
<b>4 A</b>	<p>18</p> <p>Rowing/Swimming Skills, Abbotsford, 7E and 7F Senior A Camp, Abbotsford</p>	<p>19</p> <p>Rowing/Swimming Skills, Abbotsford, 7M and 7R Foundation Meeting, Randwick Rugby Club, 6pm Speech Night, Great Hall, 7:30pm</p>	<p>20</p> <p>Rowing/Swimming Skills, Abbotsford, 7S and 7T Row B, C School Council Meeting, Board Room, 5:30pm P&amp;C Meeting, Common Room, 7:30pm</p>	<p>21</p> <p>Mufti Day - Boggabilla CS [Year 9] Row D, E, F Senior A &amp; B Camp, Abbotsford</p>	<p>22</p> <p>Years 7, 8 and 9 Awards Assembly, Period 2 Years 10, 11 and 12 Awards Assembly, Period 3 GPS Swimming Carnival 3, SAC, Homebush, 7:00pm Years 9, 10 drama excursion to 'Short &amp; Sweet' at Seymour Centre 7:30 pm</p>	<p>23</p> <p>Sport Groups 1 &amp; 2 - SIC v SHS NC Regatta P&amp;C Chinese New Year event in the Great Hall Parking - Roosters v Tigers (Foundation Cup) (Debating)</p>	<p>24</p> <p>Parking - Australia v India - Comm Bank Series (D/N) (Rowing)</p>
<b>5 B</b>	<p>25</p> <p>Attendance and Progress Review (all Years) Year 8 History/Geography excursions Year 11 Geography excursion (Mangrove ecology) All Schools Water Polo, SOPAC Shed Run, Coogee</p>	<p>26</p> <p>Sports Council Meeting, Board Room, 5:30pm P&amp;C Cocktail Party to Welcome New Parents, Great Hall, 6:30pm-8:30pm</p>	<p>27</p> <p>Year 11 Study Skills Morning, Great Hall, 9am-12:30pm Tennis CIS Trials UNSW Invitational Debating Row B, C Rugby Committee Meeting, Room 901, 6pm Meet the Music Concert, SOH, 6:30pm</p>	<p>28</p> <p>Row D, E, F Senior A &amp; C Camp, Abbotsford</p>	<p>29</p> <p>Sydney East Regional Volleyball Trials, 1:45pm at SBHS Eastside Debating Competition, Round 1, TSC v SHS Friday Evening Debating, Round 1, SHS v KGS</p>	<p>1</p> <p>Sport Group 1 - SIC v SHS Group 2 - Shore v SHS SGS Junior Regatta TKS/PLC Regatta, SIRC Sailing Tri-Series, Woollahra</p>	<p>2</p> <p>Cricket: GPS v Ex GPS Parking - First Final Comm Bank Series (D/N) (Cricket)</p>